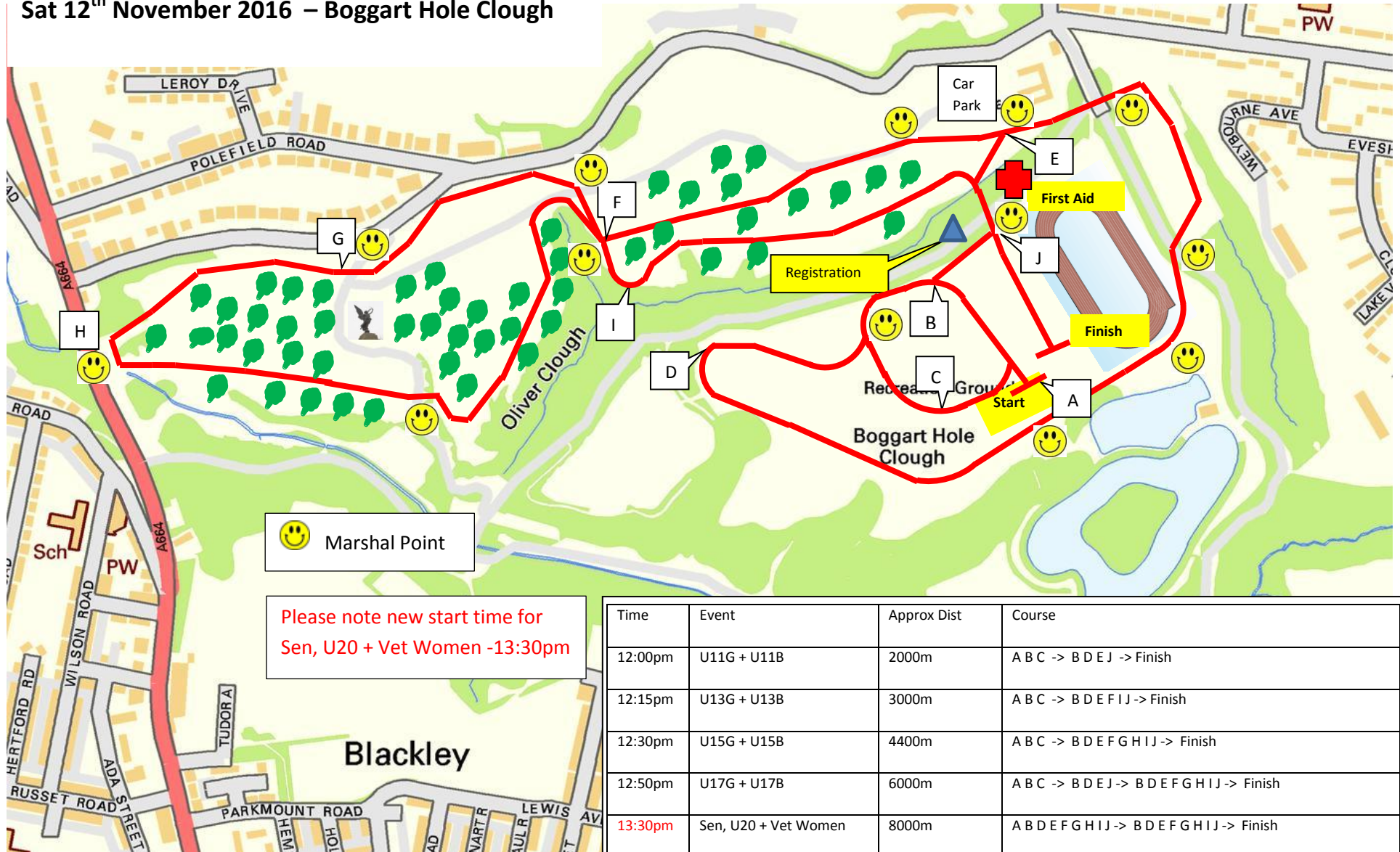


Manchester Area Cross Country League

Sat 12th November 2016 – Boggart Hole Clough



| Time | Event | Approx Dist | Course |
|---------|----------------------|-------------|---|
| 12:00pm | U11G + U11B | 2000m | ABC -> BDEJ -> Finish |
| 12:15pm | U13G + U13B | 3000m | ABC -> BDEFIJ -> Finish |
| 12:30pm | U15G + U15B | 4400m | ABC -> BDEFGHIJ -> Finish |
| 12:50pm | U17G + U17B | 6000m | ABC -> BDEJ -> BDEFGHIJ -> Finish |
| 13:30pm | Sen, U20 + Vet Women | 8000m | ABDEFGHIJ -> BDEFGHIJ -> Finish |
| 14:30pm | Sen, U20 + Vet Men | 9600m | ABDEJ -> BDEFGHIJ -> BDEFGHIJ -> Finish |