

# MANCHESTER AREA CROSS COUNTRY LEAGUE 2016/17 CUMULATIVE TEAM POINTS & POSITIONS

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# MANCHESTER AREA CROSS COUNTRY LEAGUE 2016/17 CUMULATIVE TEAM POINTS & POSITIONS

## UNDER 11 TEAMS *[last runner positions shown under points]*

<b>GIRLS UNDER 11</b> – <i>best three races to count</i>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	ALTRINCHAM & DISTRICT AC		12 13				<b>12</b>
2	STOCKPORT H & AC		11 36				<b>11</b>
3	SALFORD H & AC		10 17				<b>10</b>
4	SALE H MANCHESTER AC		9 23				<b>9</b>
5	LIVERPOOL H & AC		8 35				<b>8</b>
6	WARRINGTON AC		7 27				<b>7</b>
7	EAST CHESHIRE H & TAMESIDE AC		6 37				<b>6</b>
8	MACCLESFIELD H & AC		5 34				<b>5</b>
9	HALTON & FRODSHAM H		4 42				<b>4</b>
10	WIRRAL AC		3 64				<b>3</b>
11	VALE ROYAL AC		2 65				<b>2</b>
12	TRAFFORD AC		1 69				<b>1</b>

<b>BOYS UNDER 11</b> – <i>best three races to count</i>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	MACCLESFIELD H & AC		10 8				<b>10</b>
2	SALE H MANCHESTER AC		9 11				<b>9</b>
3	EAST CHESHIRE H & TAMESIDE AC		8 16				<b>8</b>
4	SALFORD H & AC		7 30				<b>7</b>
5	VALE ROYAL AC		6 29				<b>6</b>
6	MANCHESTER TRIATHLON		5 27				<b>5</b>

## UNDER 13 TEAMS *[last runner positions shown under points]*

<b>GIRLS UNDER 13</b> – <i>best four races to count</i>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	SALE H MANCHESTER AC	10 4	10 13				<b>20</b>
2	SALFORD H & AC	8 14	9 11				<b>17</b>
3	STOCKPORT H & AC	9 20	6 50				<b>15</b>
4	EAST CHESHIRE H & TAMESIDE AC	6 29	8 18				<b>14</b>
5	LIVERPOOL H & AC	4 28	7 24				<b>11</b>
<i>continued overleaf.....</i>							

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# MANCHESTER AREA CROSS COUNTRY LEAGUE 2016/17 CUMULATIVE TEAM POINTS & POSITIONS

<i>Girls Under 13 continued .....</i>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
6	MANCHESTER H & AC	3 <small>35</small>	5 <small>30</small>				<b>8</b>
7	MACCLESFIELD H & AC	7 <small>19</small>	-				<b>7</b>
8	WIRRAL AC	5 <small>54</small>	-				<b>5</b>
9	WARRINGTON AC	-	4 <small>34</small>				<b>4</b>
10	BUXTON AC	-	3 <small>58</small>				<b>3</b>

<b>BOYS UNDER 13</b> – <i>best four races to count</i>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	STOCKPORT H & AC	9 <small>11</small>	10 <small>10</small>				<b>19</b>
2	TRAFFORD AC	10 <small>8</small>	9 <small>12</small>				<b>19</b>
3	SALFORD H & AC	8 <small>20</small>	7 <small>20</small>				<b>15</b>
4	SALE H MANCHESTER AC	7 <small>22</small>	8 <small>13</small>				<b>15</b>
5	MACCLESFIELD H & AC	6 <small>29</small>	6 <small>50</small>				<b>12</b>
6	MANCHESTER H & AC	5 <small>36</small>	5 <small>35</small>				<b>10</b>
7	ST HELENS SUTTON AC	-	4 <small>54</small>				<b>4</b>
8	EAST CHESHIRE H & TAMESIDE AC	-	3 <small>51</small>				<b>3</b>

## **UNDER 15 TEAMS** - *last runner positions shown under points*

<b>GIRLS UNDER 15</b> – <i>best four races to count</i>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	MACCLESFIELD H & AC	10 <small>4</small>	10 <small>5</small>				<b>20</b>
2	SALE H MANCHESTER AC	9 <small>8</small>	9 <small>13</small>				<b>18</b>
3	SALFORD H & AC	8 <small>19</small>	6 <small>23</small>				<b>14</b>
4	STOCKPORT H & AC	7 <small>24</small>	7 <small>20</small>				<b>14</b>
5	SALFORD METROPOLITAN AC	5 <small>42</small>	4 <small>42</small>				<b>9</b>
6	EAST CHESHIRE H & TAMESIDE AC	-	8 <small>16</small>				<b>8</b>
7	WIRRAL AC	6 <small>29</small>	-				<b>6</b>
8	WARRINGTON AC	-	5 <small>40</small>				<b>5</b>

# MANCHESTER AREA CROSS COUNTRY LEAGUE 2016/17 CUMULATIVE TEAM POINTS & POSITIONS

<b>BOYS UNDER 15</b> – best four races to count		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
<b>1</b>	WARRINGTON AC	<b>10</b> <small>13</small>	<b>10</b> <small>11</small>				<b>20</b>
<b>2</b>	MACCLESFIELD H & AC	<b>9</b> <small>15</small>	<b>9</b> <small>12</small>				<b>18</b>
<b>3</b>	STOCKPORT H & AC	<b>8</b> <small>14</small>	<b>8</b> <small>17</small>				<b>16</b>
<b>4</b>	TRAFFORD AC	<b>7</b> <small>17</small>	<b>7</b> <small>20</small>				<b>14</b>
<b>5</b>	SALFORD H & AC	<b>6</b> <small>19</small>	<b>6</b> <small>16</small>				<b>12</b>
<b>6</b>	EAST CHESHIRE H & TAMESIDE AC	<b>5</b> <small>24</small>	<b>5</b> <small>24</small>				<b>10</b>
<b>7</b>	ST HELENS SUTTON AC	<b>4</b> <small>36</small>	<b>4</b> <small>36</small>				<b>8</b>

## UNDER 17 TEAMS

*last runner positions shown under points*

<b>GIRLS UNDER 17</b> – best four races to count		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
<b>1</b>	STOCKPORT H & AC	<b>10</b> <small>12</small>	<b>10</b> <small>9</small>				<b>20</b>
<b>2</b>	SALFORD H & AC	<b>7</b> <small>17</small>	<b>9</b> <small>15</small>				<b>16</b>
<b>3</b>	SALE H MANCHESTER AC	<b>9</b> <small>14</small>	-				<b>9</b>
<b>4</b>	MANCHESTER H & AC	<b>8</b> <small>19</small>	-				<b>8</b>

<b>BOYS UNDER 17</b> – best four races to count		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
<b>1</b>	WARRINGTON AC	<b>10</b> <small>4</small>	<b>9</b> <small>13</small>				<b>19</b>
<b>2</b>	TRAFFORD AC	<b>8</b> <small>24</small>	<b>10</b> <small>11</small>				<b>18</b>
<b>3</b>	MANCHESTER H & AC	<b>9</b> <small>9</small>	<b>7</b> <small>23</small>				<b>16</b>
<b>4</b>	SALFORD H & AC	<b>7</b> <small>28</small>	<b>6</b> <small>31</small>				<b>13</b>
<b>5</b>	EAST CHESHIRE H & TAMESIDE AC	-	<b>8</b> <small>22</small>				<b>8</b>
<b>6</b>	SALE H MANCHESTER AC	<b>6</b> <small>26</small>	-				<b>6</b>
<b>7</b>	STOCKPORT H & AC	<b>5</b> <small>31</small>	-				<b>5</b>

## UNDER 20 WOMEN

*[last runner positions shown under pts – max 10 points per match]*

<b>UNDER 20 WOMEN</b> – best four races to count		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
<b>1</b>	UNIVERSITY OF MANCHESTER CCC	<b>10</b> <small>10</small>	-				<b>10</b>

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# MANCHESTER AREA CROSS COUNTRY LEAGUE 2016/17 CUMULATIVE TEAM POINTS & POSITIONS

## SENIOR WOMEN – DIVISION ONE

*[last runner positions shown under pts – max 10 points per match]*

<b>SNR WOMEN DIV ONE – best 4 races</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
<i>1</i>	SALE H MANCHESTER AC	8 <i>24</i>	10 <i>22</i>				<b>18</b>
<i>2</i>	TRAFFORD AC	9 <i>17</i>	9 <i>39</i>				<b>18</b>
<i>3</i>	STOCKPORT H & AC	10 <i>8</i>	8 <i>40</i>				<b>18</b>
<i>4</i>	CHORLTON RUNNERS	4 <i>84</i>	6 <i>54</i>				<b>10</b>
<i>5</i>	WILMSLOW RC	5 <i>55</i>	5 <i>86</i>				<b>10</b>
<i>6</i>	ALTRINCHAM & DISTRICT AC	6 <i>54</i>	4 <i>102</i>				<b>10</b>
<i>7</i>	EAST CHESHIRE H & TAMESIDE AC	3 <i>114</i>	7 <i>51</i>				<b>10</b>
<i>8</i>	UNIV. OF MANCHESTER A & CCC	7 <i>71</i>	-				<b>7</b>
<i>9</i>	SWINTON RC	2 <i>136</i>	3 <i>117</i>				<b>5</b>
-	GLOSSOPDALE H	-	-				-

## SENIOR WOMEN – DIVISION TWO

*[last runner position shown under pts – max 11 points per match]*

<b>SNR WOMEN DIV 2 – best four races to count</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
<i>1</i>	SALFORD H & AC	10 <i>57</i>	11 <i>35</i>				<b>21</b>
<i>2</i>	MANCHESTER TRIATHLON	11 <i>33</i>	10 <i>77</i>				<b>21</b>
<i>3</i>	MACCLESFIELD H & AC	9 <i>129</i>	9 <i>124</i>				<b>18</b>
<i>4</i>	BRAMHALL RUNNERS	8 <i>95</i>	7 <i>69</i>				<b>15</b>
<i>5</i>	WIRRAL AC	7 <i>195</i>	6 <i>217</i>				<b>13</b>
<i>6</i>	MANCHESTER FRONTRUNNERS	4 <i>176</i>	8 <i>88</i>				<b>12</b>
<i>7</i>	BELLE VUE RACERS	5 <i>146</i>	4 <i>154</i>				<b>9</b>
<i>8</i>	MANCHESTER YMCA H	6 <i>201</i>	3 <i>241</i>				<b>9</b>
<i>9</i>	MIDDLETON H AC	1 <i>179</i>	5 <i>162</i>				<b>6</b>
<i>10</i>	MANCHESTER H & AC	3 <i>162</i>	-				<b>3</b>
<i>11</i>	ST HELENS TRI	2 <i>206</i>	-				<b>2</b>

# MANCHESTER AREA CROSS COUNTRY LEAGUE 2016/17 CUMULATIVE TEAM POINTS & POSITIONS

## SENIOR WOMEN – DIVISION THREE

[last runner positions shown under points – max 8 points per match]

<b>SNR WOMEN DIV 3 – best four races to count</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	VALE ROYAL AC	7 127	8 137				<b>15</b>
2	KNUTSFORD TRI CLUB	8 126	7 192				<b>15</b>
3	GOYT VALLEY STRIDERS	6 143	4 157				<b>10</b>
4	SALFORD METROPOLITAN AC	5 153	5 178				<b>10</b>
5	BUXTON AC	4 207	3 141				<b>7</b>
6	HYDE VILLAGE STRIDERS	-	6 183				<b>6</b>
7	STOCKPORT TRI CLUB	-	2 201				<b>2</b>
8	MARPLE RUNNERS	-	1 240				<b>1</b>

## SENIOR WOMEN – B TEAMS

[last runner positions shown under points – max 17 points per match]

<b>SNR WOMEN B TEAMS – best four races to count</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	SALE H MANCHESTER AC – B	11 60	12 38				<b>23</b>
2	TRAFFORD AC – B	10 66	10 89				<b>20</b>
3	STOCKPORT H & AC – B	12 49	8 115				<b>20</b>
4	CHORLTON RUNNERS - B	6 147	11 71				<b>17</b>
5	MANCHESTER TRIATHLON – B	9 138	6 160				<b>15</b>
6	BRAMHALL RUNNERS – B	8 125	5 181				<b>13</b>
7	EAST CHESHIRE H & TAMESIDE AC – B	-	9 120				<b>9</b>
8	UNIV. OF MANCHESTER A & CCC – B	7 135	-				<b>7</b>
9	WILMSLOW RCC – B	-	7 158				<b>7</b>
10	SWINTON RC – B	4 197	3 175				<b>7</b>
11	BELLE VUE RACERS – B	3 216	2 203				<b>5</b>
12	ALTRINCHAM & DISTRICT AC – B	5 217	-				<b>5</b>
13	MANCHESTER FRONTRUNNERS – B	-	4 150				<b>4</b>
14	MIDDLETON H AC – B	2 196	1 215				<b>3</b>

# MANCHESTER AREA CROSS COUNTRY LEAGUE 2016/17 CUMULATIVE TEAM POINTS & POSITIONS

## SENIOR WOMEN – C PLUS TEAMS

*[last runner positions shown under points – max 14 points per match]*

<b>SNR WOMEN C PLUS – best four races to count</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	SALE H MANCHESTER AC – C	14 <small>85</small>	14 <small>78</small>				<b>28</b>
2	SALE H MANCHESTER AC – D	12 <small>122</small>	12 <small>108</small>				<b>24</b>
3	STOCKPORT H & AC – C	13 <small>116</small>	10 <small>170</small>				<b>23</b>
4	CHORLTON RUNNERS – C	9 <small>170</small>	13 <small>93</small>				<b>22</b>
5	CHORLTON RUNNERS – D	6 <small>221</small>	11 <small>134</small>				<b>17</b>
6	SALE H MANCHESTER AC – E	8 <small>190</small>	8 <small>193</small>				<b>16</b>
7	MANCHESTER TRIATHLON – C	10 <small>209</small>	6 <small>218</small>				<b>16</b>
8	STOCKPORT H & AC – D	11 <small>156</small>	-				<b>11</b>
9	BRAMHALL RUNNERS – C	7 <small>194</small>	4 <small>212</small>				<b>11</b>
10	CHORLTON RUNNERS – E	-	9 <small>166</small>				<b>9</b>
11	CHORLTON RUNNERS – F	-	7 <small>185</small>				<b>7</b>
12	BRAMHALL RUNNERS – D	5 <small>212</small>	2 <small>233</small>				<b>7</b>
13	CHORLTON RUNNERS – G	-	5 <small>204</small>				<b>5</b>
14	BRAMHALL RUNNERS – E	4 <small>227</small>	1 <small>238</small>				<b>5</b>
15	CHORLTON RUNNERS – H	-	3 <small>211</small>				<b>3</b>

## VETERAN WOMEN – DIVISION ONE

*[last runner positions shown under points – max 10 points per match]*

<b>VET WOMEN DIV ONE – best four races to count</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	SALE H MANCHESTER AC	10 <small>12</small>	10 <small>9</small>				<b>20</b>
2	WILMSLOW RC	8 <small>20</small>	8 <small>21</small>				<b>16</b>
3	ALTRINCHAM & DISTRICT AC	7 <small>22</small>	9 <small>33</small>				<b>16</b>
4	BRAMHALL RUNNERS	5 <small>37</small>	7 <small>27</small>				<b>12</b>
5	SWINTON RC	6 <small>51</small>	5 <small>42</small>				<b>11</b>
6	STOCKPORT H & AC	9 <small>16</small>	2 <small>57</small>				<b>11</b>
7	TRAFFORD AC	3 <small>88</small>	6 <small>41</small>				<b>9</b>
8	EAST CHESHIRE H & TAMESIDE AC	4 <small>60</small>	4 <small>52</small>				<b>8</b>
9	MANCHESTER TRIATHLON	2 <small>133</small>	3 <small>64</small>				<b>5</b>
10	MIDDLETON H AC	1 <small>107</small>	1 <small>87</small>				<b>2</b>

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# MANCHESTER AREA CROSS COUNTRY LEAGUE 2016/17 CUMULATIVE TEAM POINTS & POSITIONS

## VETERAN WOMEN – DIVISION TWO

*[last runner positions shown under points – max 9 points per match]*

<b>VET WOMEN DIV TWO</b> – best four races to count		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	CHORLTON RUNNERS	8 <small>79</small>	9 <small>44</small>				<b>17</b>
2	WIRRAL AC	9 <small>66</small>	8 <small>107</small>				<b>17</b>
3	SALFORD METROPOLITAN AC	6 <small>77</small>	7 <small>110</small>				<b>13</b>
4	BELLE VUE RACERS	5 <small>84</small>	6 <small>92</small>				<b>11</b>
5	MANCHESTER H & AC	7 <small>91</small>	4 <small>143</small>				<b>11</b>
6	MACCLESFIELD H & AC	3 <small>122</small>	5 <small>106</small>				<b>8</b>
7	ST HELENS TRI	4 <small>98</small>	-				<b>4</b>
-	GLOSSOPDALE H	-	-				-
-	MANCHESTER YMCA H	-	-				-

## VETERAN WOMEN – DIVISION THREE

*[last runner positions shown under points – maximum 7 points per match]*

<b>VET WOMEN DIV THREE</b> – best four races to count		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	MANCHESTER FRONTRUNNERS	6 <small>71</small>	7 <small>40</small>				<b>13</b>
2	VALE ROYAL AC	7 <small>63</small>	5 <small>78</small>				<b>12</b>
3	KNUTSFORD TRI CLUB	5 <small>69</small>	4 <small>118</small>				<b>9</b>
4	BUXTON AC	3 <small>129</small>	6 <small>74</small>				<b>9</b>
5	GOYT VALLEY STRIDERS	4 <small>81</small>	-				<b>4</b>
6	STOCKPORT TRI CLUB	-	3 <small>90</small>				<b>3</b>
7	HYDE VILLAGE STRIDERS	-	2 <small>145</small>				<b>2</b>
8	MARPLE RUNNERS	-	1 <small>151</small>				<b>1</b>

## VETERAN WOMEN – B TEAMS

*[last runner positions shown under points – max 10 points per match]*

<b>VET WOMEN B TEAMS</b> – best four races to count		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	SALE H MANCHESTER AC – B	10 <small>34</small>	10 <small>31</small>				<b>20</b>
2	STOCKPORT H & AC – B	8 <small>62</small>	8 <small>75</small>				<b>16</b>
3	BRAMHALL RUNNERS – B	7 <small>67</small>	9 <small>101</small>				<b>16</b>
4	SWINTON RC – B	6 <small>94</small>	7 <small>82</small>				<b>13</b>
5	ALTRINCHAM & DISTRICT AC – B	9 <small>56</small>	-				<b>9</b>

*continued overleaf.....*

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# MANCHESTER AREA CROSS COUNTRY LEAGUE 2016/17 CUMULATIVE TEAM POINTS & POSITIONS

<i>VET WOMEN B TEAMS – continued.....</i>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<i>Points</i>
6	CHORLTON RUNNERS – B	5 <small>112</small>	4 <small>94</small>				<b>9</b>
7	BELLE VUE RACERS – B	4 <small>135</small>	3 <small>121</small>				<b>7</b>
8	WILMSLOW RC – B	-	6 <small>96</small>				<b>6</b>
9	MANCHESTER FRONTRUNNERS – B	-	5 <small>88</small>				<b>5</b>
10	MIDDLETON H AC – B	3 <small>117</small>	1 <small>123</small>				<b>4</b>
11	BUXTON AC – B	-	2 <small>137</small>				<b>2</b>

## VETERAN WOMEN – C PLUS TEAMS

*[last runner positions shown under points – max 10 points per match]*

<b>VET WOMEN C PLUS</b> – <i>best four races to count</i>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<i>Points</i>
1	SALE H MANCHESTER AC – C	9 <small>52</small>	9 <small>51</small>				<b>18</b>
2	SALE H MANCHESTER AC – D	7 <small>104</small>	8 <small>112</small>				<b>15</b>
3	BRAMHALL RUNNERS – C	6 <small>105</small>	5 <small>136</small>				<b>11</b>
4	CHORLTON RUNNERS – C	3 <small>140</small>	7 <small>114</small>				<b>10</b>
5	STOCKPORT H & AC – C	8 <small>92</small>	-				<b>8</b>
6	BRAMHALL RUNNERS – D	5 <small>124</small>	2 <small>148</small>				<b>7</b>
7	CHORLTON RUNNERS – D	-	6 <small>128</small>				<b>6</b>
8	CHORLTON RUNNERS – E	-	4 <small>133</small>				<b>4</b>
9	MIDDLETON H AC – C	4 <small>144</small>	-				<b>4</b>
10	BELLE VUE RACERS – C	-	3 <small>152</small>				<b>3</b>
11	BRAMHALL RUNNERS – E	2 <small>141</small>	1 <small>155</small>				<b>3</b>
12	BRAMHALL RUNNERS – F	1 <small>146</small>	-				<b>1</b>

## UNDER 20 MEN

*[last runner positions shown under points – max 2 points per match]*

<b>UNDER 20 MEN</b> – <i>best four races to count</i>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<i>Points</i>
1	TRAFFORD AC	2 <small>9</small>	2 <small>10</small>				<b>4</b>
2	UNIV OF MANCHESTER A & CCC	1 <small>12</small>	-				<b>1</b>

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# MANCHESTER AREA CROSS COUNTRY LEAGUE 2016/17 CUMULATIVE TEAM POINTS & POSITIONS

## SENIOR MEN – DIVISION ONE

*[last runner positions shown under points – max 10 points per match]*

<b>DIV ONE SENIOR MEN</b> – best four races to count		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
<i>1</i>	SALE H MANCHESTER AC	<i>10</i> 25	<i>10</i> 27				<b>20</b>
<i>2</i>	STOCKPORT H & AC	<i>8</i> 61	<i>9</i> 64				<b>17</b>
<i>3</i>	TRAFFORD AC	<i>9</i> 38	<i>5</i> 136				<b>14</b>
<i>4</i>	CHORLTON RUNNERS	<i>6</i> 64	<i>7</i> 95				<b>13</b>
<i>5</i>	SALFORD H & AC	<i>4</i> 117	<i>8</i> 80				<b>12</b>
<i>6</i>	WILMSLOW RC	<i>2</i> 135	<i>6</i> 90				<b>8</b>
<i>7</i>	EAST CHESHIRE H & TAMESIDE AC	<i>5</i> 80	<i>3</i> 251				<b>8</b>
<i>8</i>	UNIV OF MANCHESTER A & CCC	<i>7</i> 91	-				<b>7</b>
<i>9</i>	ALTRINCHAM & DISTRICT AC	<i>3</i> 140	<i>4</i> 110				<b>7</b>
<i>10</i>	MANCHESTER YMCA H	-	<i>2</i> 260				<b>2</b>

## SENIOR MEN – DIVISION TWO

*[last runner positions shown under points – max 10 points per match]*

<b>SNR MEN DIV TWO</b> – best four races to count		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
<i>1</i>	MANCHESTER TRIATHLON	<i>10</i> 87	<i>9</i> 88				<b>19</b>
<i>2</i>	HORWICH RMI	<i>9</i> 149	<i>10</i> 37				<b>19</b>
<i>3</i>	MACCLESFIELD H & AC	<i>8</i> 154	<i>8</i> 150				<b>16</b>
<i>4</i>	BRAMHALL RUNNERS	<i>6</i> 166	<i>5</i> 158				<b>11</b>
<i>5</i>	VALE ROYAL AC	<i>7</i> 209	<i>4</i> 285				<b>11</b>
<i>6</i>	MANCHESTER FRONTRUNNERS	<i>4</i> 294	<i>7</i> 174				<b>11</b>
<i>7</i>	MANCHESTER H & AC	<i>3</i> 226	<i>6</i> 196				<b>9</b>
<i>8</i>	MIDDLETON H AC	<i>5</i> 290	<i>3</i> 317				<b>8</b>
<i>9</i>	SWINTON RC	<i>2</i> 301	<i>1</i> 292				<b>3</b>
<i>10</i>	SALFORD METROPOLITAN AC	<i>1</i> 325	<i>2</i> 312				<b>3</b>

# MANCHESTER AREA CROSS COUNTRY LEAGUE 2016/17 CUMULATIVE TEAM POINTS & POSITIONS

## SENIOR MEN – DIVISION THREE

*[last runner positions shown under points – max 7 points per match]*

<b>SNR MEN DIV THREE</b> – best four races to count		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	KNUTSFORD TRI CLUB	7 <small>283</small>	5 <small>278</small>				<b>12</b>
2	BELLE VUE RACERS	5 <small>343</small>	6 <small>294</small>				<b>11</b>
3	BUXTON AC	-	8 <small>216</small>				<b>8</b>
4	WARRINGTON TRI CLUB	8 <small>332</small>	-				<b>8</b>
5	ST HELENS SUTTON AC	-	7 <small>296</small>				<b>7</b>
6	HYDE VILLAGE STRIDERS	6 <small>272</small>	1 <small>345</small>				<b>7</b>
7	ST HELENS TRI	-	4 <small>329</small>				<b>4</b>
8	GOYT VALLEY STRIDERS	-	3 <small>382</small>				<b>3</b>
9	MARPLE RUNNERS	-	2 <small>361</small>				<b>2</b>

## SENIOR MEN – B TEAMS

*[last runner positions shown under points – max 13 pts per match]*

<b>SNR MEN B TEAMS</b> – best four races to count		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	SALE H MANCHESTER AC – B	13 <small>63</small>	13 <small>75</small>				<b>26</b>
2	STOCKPORT H & AC – B	11 <small>153</small>	12 <small>137</small>				<b>23</b>
3	MANCHESTER TRIATHLON – B	9 <small>164</small>	10 <small>153</small>				<b>19</b>
4	CHORLTON RUNNERS – B	10 <small>151</small>	9 <small>170</small>				<b>19</b>
5	SALFORD H & AC – B	6 <small>237</small>	11 <small>176</small>				<b>17</b>
6	ALTRINCHAM & DISTRICT AC – B	7 <small>219</small>	6 <small>180</small>				<b>13</b>
7	TRAFFORD AC – B	12 <small>121</small>	-				<b>12</b>
8	WILMSLOW RC – B	4 <small>341</small>	7 <small>204</small>				<b>11</b>
9	BRAMHALL RUNNERS – B	5 <small>303</small>	5 <small>209</small>				<b>10</b>
10	UNIV OF MANCHESTER A & CCC – B	8 <small>271</small>	-				<b>8</b>
11	HORWICH RMI – B	-	8 <small>321</small>				<b>8</b>
12	MANCHESTER FRONTRUNNERS – B	-	4 <small>265</small>				<b>4</b>
13	MACCLESFIELD H & AC – B	2 <small>317</small>	2 <small>376</small>				<b>4</b>
14	MANCHESTER H & AC – B	-	3 <small>281</small>				<b>3</b>
15	E CHESHIRE H & TAMESIDE AC – B	3 <small>340</small>	-				<b>3</b>
16	VALE ROYAL AC – B	1 <small>365</small>	-				<b>1</b>
17	MIDDLETON H AC – B	-	1 <small>386</small>				<b>1</b>

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# MANCHESTER AREA CROSS COUNTRY LEAGUE 2016/17 CUMULATIVE TEAM POINTS & POSITIONS

## SENIOR MEN – C PLUS TEAMS

*[last runner positions shown under points – max 12 points per match]*

<b>SNR MEN C PLUS TEAMS – best four races to count</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
<i>1</i>	SALE H MANCHESTER AC – C	<i>12</i> <small>99</small>	<i>12</i> <small>125</small>				<b>24</b>
<i>2</i>	SALE H MANCHESTER AC – D	<i>11</i> <small>165</small>	<i>11</i> <small>201</small>				<b>22</b>
<i>3</i>	MANCHESTER TRIATHLON – C	<i>10</i> <small>221</small>	<i>9</i> <small>255</small>				<b>19</b>
<i>4</i>	CHORLTON RUNNERS – C	<i>8</i> <small>240</small>	<i>10</i> <small>248</small>				<b>18</b>
<i>5</i>	STOCKPORT H & AC – C	<i>9</i> <small>235</small>	<i>8</i> <small>295</small>				<b>17</b>
<i>6</i>	SALE H MANCHESTER AC – E	<i>7</i> <small>281</small>	<i>7</i> <small>341</small>				<b>14</b>
<i>7</i>	CHORLTON RUNNERS – D	<i>6</i> <small>296</small>	<i>5</i> <small>310</small>				<b>11</b>
<i>8</i>	MANCHESTER TRIATHLON – D	<i>5</i> <small>318</small>	<i>4</i> <small>320</small>				<b>9</b>
<i>9</i>	BRAMHALL RUNNERS – C	-	<i>6</i> <small>340</small>				<b>6</b>
<i>10</i>	ALTRINCHAM & DISTRICT AC – C	-	<i>3</i> <small>362</small>				<b>3</b>
<i>11</i>	MANCHESTER FRONTRUNNERS – C	-	<i>2</i> <small>352</small>				<b>2</b>
<i>12</i>	BRAMHALL RUNNERS – D	-	<i>1</i> <small>379</small>				<b>1</b>

## VETERAN MEN – DIVISION ONE

*[last runner positions shown under points – max 10 points per match]*

<b>VETERAN MEN DIV ONE – best four races to count</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
<i>1</i>	WILMSLOW RC	<i>8</i> <small>37</small>	<i>9</i> <small>30</small>				<b>17</b>
<i>2</i>	SALE H MANCHESTER AC	<i>9</i> <small>18</small>	<i>8</i> <small>39</small>				<b>17</b>
<i>3</i>	SALFORD H & AC	<i>7</i> <small>42</small>	<i>10</i> <small>28</small>				<b>17</b>
<i>4</i>	TRAFFORD AC	<i>10</i> <small>26</small>	<i>4</i> <small>161</small>				<b>14</b>
<i>5</i>	STOCKPORT H & AC	<i>6</i> <small>46</small>	<i>7</i> <small>35</small>				<b>13</b>
<i>6</i>	MANCHESTER TRIATHLON	<i>5</i> <small>65</small>	<i>6</i> <small>55</small>				<b>11</b>
<i>7</i>	BRAMHALL RUNNERS	<i>3</i> <small>56</small>	<i>5</i> <small>61</small>				<b>8</b>
<i>8</i>	EAST CHESHIRE H & TAMESIDE AC	<i>4</i> <small>85</small>	<i>2</i> <small>178</small>				<b>6</b>
<i>9</i>	MANCHESTER H & AC	<i>1</i> <small>145</small>	<i>3</i> <small>113</small>				<b>4</b>
<i>10</i>	SWINTON RC	<i>2</i> <small>148</small>	<i>1</i> <small>150</small>				<b>3</b>

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# MANCHESTER AREA CROSS COUNTRY LEAGUE 2016/17 CUMULATIVE TEAM POINTS & POSITIONS

## VETERAN MEN – DIVISION TWO

*[last runner positions shown under points – max 10 points per match]*

<b>VETERAN MEN DIV TWO</b> – best four races to count		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	HORWICH RMI	10 28	10 12				20
2	CHORLTON RUNNERS	9 58	9 75				18
3	ALTRINCHAM & DISTRICT AC	8 63	8 69				16
4	MACCLESFIELD H & AC	6 99	6 110				12
5	VALE ROYAL AC	7 84	5 115				12
6	KNUTSFORD TRI CLUB	5 164	4 139				9
7	MANCHESTER YMCA H	2 200	7 126				9
8	SALFORD METROPOLITAN AC	4 179	3 137				7
9	MIDDLETON H AC	3 172	2 171				5
10	ST HELENS SUTTON AC	-	-				-

## VETERAN MEN – DIVISION THREE

*[last runner positions shown under points – max 6 points per match]*

<b>VETERAN MEN DIV THREE</b> – best four races to count		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	MARPLE RUNNERS	4 184	6 148				10
2	HYDE VILLAGE STRIDERS	5 121	4 177				9
3	GLOSSOPDALE HARRIERS	6 168	-				6
4	MANCHESTER FRONTRUNNERS	-	5 160				5
5	WINSTON RUNNERS	3 161	-				3

## VETERAN MEN – B TEAMS

*[last runner positions shown under points – max 12 points per match]*

<b>VETERAN MEN B TEAMS</b> – best four races to count		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Points</b>
1	SALE H MANCHESTER HC - B	12 67	11 72				23
2	WILMSLOW RC - B	10 96	12 83				22
3	STOCKPORT H & AC - B	11 88	10 85				21
4	BRAMHALL RUNNERS – B	8 138	9 92				17
5	MANCHESTER TRIATHLON – B	9 102	7 149				16
6	ALTRINCHAM & DISTRICT – B	7 132	8 135				15

*continued overleaf.....*

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# MANCHESTER AREA CROSS COUNTRY LEAGUE 2016/17 CUMULATIVE TEAM POINTS & POSITIONS

<i>VETERAN MEN B TEAMS continued.....</i>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<i>Points</i>
7	CHORLTON RUNNERS – B	6 <small>123</small>	6 <small>124</small>				<b>12</b>
8	SALFORD H & AC – B	2 <small>191</small>	5 <small>217</small>				<b>7</b>
9	HORWICH RMI – B	5 <small>177</small>	-				<b>5</b>
10	MACCLESFIELD H & AC – B	1 <small>182</small>	4 <small>212</small>				<b>5</b>
11	EAST CHESHIRE H & TAMESIDE AC – B	4 <small>188</small>	-				<b>4</b>
12	VALE ROYAL AC – B	3 <small>165</small>	-				<b>3</b>

## VETERAN MEN – C PLUS TEAMS

*[last runner position shown under pts – max 11 points per match]*

<b>VETERAN MEN C PLUS</b> – <i>best four races to count</i>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<i>Points</i>
1	SALE H MANCHESTER AC – C	8 <small>155</small>	8 <small>123</small>				<b>16</b>
2	STOCKPORT H & AC – C	7 <small>125</small>	6 <small>152</small>				<b>13</b>
3	BRAMHALL RUNNERS – C	4 <small>198</small>	5 <small>167</small>				<b>9</b>
4	CHORLTON RUNNERS – C	6 <small>162</small>	3 <small>209</small>				<b>9</b>
5	WILMSLOW RC – C	-	7 <small>134</small>				<b>7</b>
6	MANCHESTER TRIATHLON – C	5 <small>170</small>	2 <small>193</small>				<b>7</b>
7	SALE H MANCHESTER – D	3 <small>194</small>	4 <small>199</small>				<b>7</b>
8	BRAMHALL RUNNERS – D	-	1 <small>211</small>				<b>1</b>

## SCORING IN THE EVENT OF A TIE

Where two teams score the same number of points, the team whose last counter finished closest to the winner takes the higher number of points.

Taking the best 4\* races, if one team finishes higher 3 times, that team will win. If both teams finish higher twice, the positions of the last counting runners in each of the 4 races will determine the winning team.

*(\*U11's = best 3 races.)*

For vet teams the positions gained in the vet race will be used.

*Senior & Vet Teams: The number of achievable points is determined by the number of competing teams. For example, if there were 12 Vet Mens B Teams in Match One, 12 is the number of points awarded to the first team. If more teams finish in subsequent matches, the number of points are changed accordingly and the previous match points are updated. If fewer teams compete, the points do not change.*

# MANCHESTER AREA CROSS COUNTRY LEAGUE 2016/17 CUMULATIVE TEAM POINTS & POSITIONS

## PROMOTION / RELEGATION

The bottom three teams from Division One will be relegated to Division Two

The top three teams from Division Two will be promoted to Division One

The bottom three teams from Division Two will be relegated to Division Three

The top three teams from Division Three will be promoted to Division Two

## AWARDS

### DIVISION ONE TEAMS

Medals will be awarded to the top three Clubs in Division One irrespective of the number of completing teams.

### DIVISION TWO, THREE, B & C PLUS TEAMS

Medals will be awarded to the top three Clubs in Divisions Two, Three, 'B' and 'C Plus' dependant on the number of completing teams,

i.e. 10 or more completing teams = First, Second, Third;

6 to 9 completing teams = First, Second;

5 or fewer teams = First.

In addition, awards will be given to the First placed Clubs in Divisions One, Two, Three, B and C Plus.

*Queries please to Brenda at  
arnoldbradshaw@btinternet.com*

**MANCHESTER AREA CROSS COUNTRY LEAGUE  
2016/17 CUMULATIVE TEAM POINTS & POSITIONS**

*WEBSITE:*

[www.maccl.co.uk](http://www.maccl.co.uk)

*PHOTOS:*

[www.hsphotos.co.uk](http://www.hsphotos.co.uk)

*TWITTER:*

*MACCL@ManAreaXC*

*All Results Queries to:*

*Brenda*

*arnoldbradshaw@btinternet.com*