

# MANCHESTER AREA CROSS COUNTRY LEAGUE

## 2017/2018 TEAM POINTS & POSITIONS

### MATCH ONE – HEATON PARK – 14 OCTOBER 2017

## TEAM RESULTS

Under 13 Girls	<i>page 2</i>
Under 13 Boys <i>[continued on p.3]</i>	
Under 15 Girls	<i>page 3</i>
Under 15 Boys <i>[continued on p.4]</i>	
Under 17 Girls	<i>page 4</i>
Under 17 Boys	
Senior Women – Division One	<i>page 5</i>
Senior Women – Division Two	
Senior Women – Division Three	
Senior Women – B Teams	
Senior Women – C Plus Teams	<i>page 6</i>
Veteran Women – Division One	
Veteran Women – Division Two	
Veteran Women – Division Three	
Veteran Women – B Teams	<i>page 7</i>
Veteran Women – C Plus Teams	
Under 20 Women	<i>page 8</i>
Under 20 Men	
Senior Men – Division One	<i>page 9</i>
Senior Men – Division Two	
Senior Men – Division Three	
Senior Men – B Teams <i>[cont'd on p.10]</i>	
Senior Men – C Plus Teams	<i>page 10</i>
Veteran Men – Division One	
Veteran Men – Division Two	<i>page 11</i>
Veteran Men – Division Three	
Veteran Men – B Teams	
Veteran Men – C Plus Teams	<i>page 12</i>
Notes	

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## 2017/2018 TEAM POINTS & POSITIONS

### MATCH ONE – HEATON PARK – 14 OCTOBER 2017

## UNDER 13 GIRLS

#### GIRLS UNDER 13 – 3 to score – max points 11\* [best four from five to count]

1	SALE H MANCHESTER AC	1	2	7	10	11
2	SALFORD H & AC	6	8	23	37	10
3	ALTRINCHAM & DISTRICT AC	5	10	29	44	9
4	LIVERPOOL H & AC	15	16	20	51	8
5	STOCKPORT H & AC	4	14	36	54	7
6	WARRINGTON AC	3	25	27	55	6
7	EAST CHESHIRE H & TAMESIDE AC	13	19	52	84	5
8	HALTON & FRODSHAM HARRIERS	9	11	73	93	4
9	TRAFFORD AC	26	31	46	103	3
10	MACCLESFIELD H & AC	18	49	68	135	2
11	MANCHESTER H & AC	17	61	62	140	1

*\*should there be more teams at subsequent matches, the maximum points will be increased and the above points will be adjusted accordingly.*

#### GIRLS UNDER 13 – B & C TEAMS – for interest only

	SALE H MANCHESTER AC – B	12	22	28	62
	LIVERPOOL H & AC – B	24	30	32	86
	LIVERPOOL H & AC – C	35	38	47	120
	WARRINGTON AC – B	34	42	45	121
	STOCKPORT H & AC – B	40	41	43	124
	STOCKPORT H & AC – C	44	54	64	162
	SALFORD H & AC – B	48	53	63	164
	SALE H MANCHESTER AC – C	39	57	69	165
	TRAFFORD AC – B	58	66	76	200
	WARRINGTON AC – C	59	71	75	205
	EAST CHESHIRE H & TAMESIDE AC – B	60	67	81	208

## UNDER 13 BOYS

#### BOYS UNDER 13 – 3 to score - max points 8\* [best four from five to count]

1	STOCKPORT H & AC	1	5	6	12	8
2	SALE H MANCHESTER AC	3	4	11	18	7
3	SALFORD H & AC	9	10	13	32	6
4	MACCLESFIELD H & AC	15	18	28	61	5
5	EAST CHESHIRE H & TAMESIDE AC	23	25	34	82	4
6	TRAFFORD AC	19	31	44	94	3
7	BUXTON AC	33	50	57	140	2
8	SALFORD METROPOLITAN AC	46	62	63	171	1

*\*should there be more teams at subsequent matches, the maximum points will be increased and the above points will be adjusted accordingly.*

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### MATCH ONE – HEATON PARK – 14 OCTOBER 2017

#### BOYS UNDER 13 – B TEAMS – *for interest only*

SALE H MANCHESTER AC – B	14	16	17	<b>47</b>	
SALE H MANCHESTER AC – C	21	26	29	<b>76</b>	
STOCKPORT H & AC – B	20	24	39	<b>83</b>	
EAST CHESHIRE H & TAMESIDE AC - B	41	43	47	<b>131</b>	
MACCLESFIELD H & AC - B	32	48	54	<b>134</b>	
SALE H MANCHESTER AC – D	36	42	64	<b>142</b>	
TRAFFORD AC – B	45	51	69	<b>165</b>	
EAST CHESHIRE H & TAMESIDE AC – B	52	55	67	<b>174</b>	

## UNDER 15 GIRLS

#### GIRLS UNDER 15 – 3 to score – max points 8\* [*best four from five to count*]

<b>1</b>	STOCKPORT H & AC	2	3	8	<b>13</b>	<b>8</b>
<b>2</b>	SALE H MANCHESTER AC	1	5	12	<b>18</b>	<b>7</b>
<b>3</b>	SALFORD H & AC	4	6	9	<b>19</b>	<b>6</b>
<b>4</b>	EAST CHESHIRE H & TAMESIDE AC	23	25	42	<b>90</b>	<b>5</b>
<b>5</b>	BUXTON AC	27	29	49	<b>105</b>	<b>4</b>
<b>6</b>	LIVERPOOL H & AC	26	31	54	<b>111</b>	<b>3</b>
<b>7</b>	OLDHAM & ROYTON H & AC	36	38	39	<b>113</b>	<b>2</b>
<b>8</b>	WARRINGTON AC	19	57	59	<b>135</b>	<b>1</b>

*\*should there be more teams at subsequent matches, the maximum points will be increased and the above points will be adjusted accordingly.*

#### GIRLS UNDER 15 – B, C & D TEAMS – *for interest only*

SALFORD H & AC – B	11	14	15	<b>40</b>	
STOCKPORT H & AC – B	10	13	21	<b>44</b>	
SALFORD H & AC – C	16	20	30	<b>66</b>	
SALE H MANCHESTER AC – B	17	24	32	<b>73</b>	
STOCKPORT H & AC – C	22	28	33	<b>83</b>	
SALE H MANCHESTER AC – C	34	40	45	<b>119</b>	
STOCKPORT H & AC – D	35	43	47	<b>125</b>	
OLDHAM & ROYTON H & AC - B	41	56	58	<b>155</b>	

## UNDER 15 BOYS

#### BOYS UNDER 15 – 3 to score - max points 6\* [*best four from five to count*]

<b>1</b>	TRAFFORD AC	3	5	8	<b>16</b>	<b>6</b>
<b>2</b>	SALFORD H & AC	7	9	10	<b>26</b>	<b>5</b>
<b>3</b>	MACCLESFIELD H & AC	1	11	15	<b>27</b>	<b>4</b>
<b>4</b>	STOCKPORT H & AC	6	12	25	<b>43</b>	<b>3</b>
<b>5</b>	ST HELENS SUTTON AC	16	28	41	<b>85</b>	<b>2</b>
<b>6</b>	MANCHESTER H & AC	18	37	40	<b>95</b>	<b>1</b>

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## 2017/2018 TEAM POINTS & POSITIONS

### MATCH ONE – HEATON PARK – 14 OCTOBER 2017

#### BOYS UNDER 15 – B TEAMS – *for interest only*

	SALFORD H & AC – B	13	26	27	<b>66</b>	
	TRAFFORD AC – B	22	23	24	<b>69</b>	
	MACCLESFIELD H & AC – B	20	29	38	<b>87</b>	
	STOCKPORT H & AC - B	30	31	34	<b>95</b>	

## UNDER 17 GIRLS

#### GIRLS UNDER 17 – 3 to score - maximum points 2\* [best four from five to count]

<b>1</b>	SALE H MANCHESTER AC	1	2	5	8	<b>2</b>
<b>2</b>	MANCHESTER H & AC	4	7	17	28	<b>1</b>

*\*should there be more teams at subsequent matches, the maximum points will be increased and the above points will be adjusted accordingly.*

## UNDER 17 BOYS

#### BOYS UNDER 17 – 3 to score - max points 7\* [best four from five to count]

<b>1</b>	WARRINGTON AC	5	6	14	25	<b>7</b>
<b>2</b>	TRAFFORD AC	4	8	16	28	<b>6</b>
<b>3</b>	OLDHAM & ROYTON H & AC	7	15	20	42	<b>5</b>
<b>4</b>	EAST CHESHIRE H & TAMESIDE AC	1	18	23	42	<b>4</b>
<b>5</b>	MACCLESFIELD H & AC	9	13	29	51	<b>3</b>
<b>6</b>	BUXTON AC	10	19	30	59	<b>2</b>
<b>7</b>	SALFORD H & AC	17	21	27	65	<b>1</b>

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## SENIOR WOMEN – DIVISION ONE

#### 4 to score - max points 10 [overall - best four from five to count]

<b>1</b>	SALE H MANCHESTER AC	2	14	16	38	<b>70</b>	<b>10</b>
<b>2</b>	UNIVERSITY OF MANCHESTER CCC	5	8	36	37	<b>86</b>	<b>9</b>
<b>3</b>	STOCKPORT H & AC	10	11	29	55	<b>105</b>	<b>8</b>
<b>4</b>	MANCHESTER TRIATHLON	18	24	51	56	<b>149</b>	<b>7</b>
<b>5</b>	TRAFFORD AC	13	32	46	59	<b>150</b>	<b>6</b>
<b>6</b>	SALFORD H & AC	7	28	52	88	<b>175</b>	<b>5</b>
<b>7</b>	CHORLTON RUNNERS	25	39	54	76	<b>194</b>	<b>4</b>
<b>8</b>	WILMSLOW RC	4	30	58	108	<b>200</b>	<b>3</b>
<b>9</b>	EAST CHESHIRE H & TAMESIDE AC	20	27	68	86	<b>201</b>	<b>2</b>
<b>10</b>	MACCLESFIELD H & AC	1	75	87	120	<b>283</b>	<b>1</b>

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# MANCHESTER AREA CROSS COUNTRY LEAGUE

## 2017/2018 TEAM POINTS & POSITIONS

### MATCH ONE – HEATON PARK – 14 OCTOBER 2017

## SENIOR WOMEN – DIVISION TWO

<i>4 to score - max points 11 [overall - best four from five to count]</i>							
1	WIRRAL AC	15	40	49	73	177	11
2	ALTRINCHAM & DISTRICT AC	17	57	70	77	221	10
3	VALE ROYAL AC	22	42	111	114	289	9
4	SWINTON RC	31	66	81	113	291	8
5	BRAMHALL RUNNERS	45	53	85	118	301	7
6	BELLE VUE RACERS	48	90	92	133	363	6
7	MANCHESTER FRONTRUNNERS	23	74	110	175	382	5
8	MANCHESTER YMCA HARRIERS	72	89	145	159	465	4
9	GOYT VALLEY STRIDERS	100	149	181	213	643	3
-	GLOSSOPDALE HARRIERS	-	-	-	-	-	-
-	KNUTSFORD TRI CLUB	-	-	-	-	-	-

## SENIOR WOMEN – DIVISION THREE

<i>4 to score - max points 10* [overall - best 4 from 5 to count]</i>							
1	HORWICH RMI HARRIERS	26	34	35	63	158	10
2	DRAGONS RC SALE	19	21	80	151	271	9
3	SALFORD METROPOLITAN AC	71	91	99	124	385	8
4	MIDDLETON HARRIERS AC	33	82	143	157	415	7
5	MANCHESTER H & AC	43	112	165	191	511	6
6	STOCKPORT TRI CLUB	152	153	158	193	656	5
7	WINSTON RUNNERS	116	177	196	198	687	4
8	BUXTON AC	144	148	169	232	693	3
9	MARPLE RUNNERS	125	189	201	220	735	2
10	ST HELENS TRI	121	182	218	225	746	1

*\*should there be more teams at subsequent matches, the maximum points will be increased and the above points will be adjusted accordingly.*

## SENIOR WOMEN – B TEAMS

<i>4 to score - max points 11* [overall - best 4 from 5 to count]</i>							
1	SALE H MANCHESTER AC - B	41	44	47	64	196	11
2	TRAFFORD AC - B	61	62	65	69	257	10
3	MANCHESTER TRIATHLON – B	67	98	109	128	402	9
4	STOCKPORT H & AC – B	94	95	105	117	411	8
5	CHORLTON RUNNERS – B	84	102	119	136	441	7
6	MACCLESFIELD H & AC – B	127	146	155	162	590	6
7	SWINTON RC – B	138	142	186	187	653	5
8	BELLE VUE RACERS – B	154	180	205	209	748	4
9	MIDDLETON HARRIERS AC – B	167	188	202	214	771	3
10	WIRRAL AC – B	172	173	211	228	784	2
11	BRAMHALL RUNNERS – B	134	207	236	239	816	1

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# MANCHESTER AREA CROSS COUNTRY LEAGUE

## 2017/2018 TEAM POINTS & POSITIONS

### MATCH ONE – HEATON PARK – 14 OCTOBER 2017

#### SENIOR WOMEN – C PLUS TEAMS

<i>4 to score - max points 8* [overall - best 4 from 5 to count]</i>							
<b>1</b>	SALE H MANCHESTER AC – C	79	93	96	101	<b>369</b>	<b>8</b>
<b>2</b>	STOCKPORT H & AC – C	123	131	132	160	<b>548</b>	<b>7</b>
<b>3</b>	MANCHESTER TRIATHLON – C	130	137	147	166	<b>580</b>	<b>6</b>
<b>4</b>	CHORLTON RUNNERS – C	139	168	170	174	<b>651</b>	<b>5</b>
<b>5</b>	MANCHESTER TRIATHLON = D	179	184	192	199	<b>754</b>	<b>4</b>
<b>6</b>	CHORLTON RUNNERS – D	178	194	203	216	<b>791</b>	<b>3</b>
<b>7</b>	CHORLTON RUNNERS – E	219	227	235	249	<b>930</b>	<b>2</b>
<b>8</b>	BRAMHALL RUNNERS – C	242	244	246	247	<b>979</b>	<b>1</b>

*\*should there be more teams at subsequent matches, the maximum points will be increased and the above points will be adjusted accordingly.*

#### VETERAN WOMEN – DIVISION ONE

<i>3 to score - maximum points 10 [best 4 from 5 to count]</i>						
<b>1</b>	SALE H MANCHESTER AC	4	14	17	<b>35</b>	<b>10</b>
<b>2</b>	WILMSLOW RC	2	9	27	<b>38</b>	<b>9</b>
<b>3</b>	WIRRAL AC	3	16	23	<b>42</b>	<b>8</b>
<b>4</b>	TRAFFORD AC	11	21	28	<b>60</b>	<b>7</b>
<b>5</b>	ALTRINCHAM & DISTRICT AC	5	26	34	<b>65</b>	<b>6</b>
<b>6</b>	SWINTON RC	10	31	42	<b>83</b>	<b>5</b>
<b>7</b>	BRAMHALL RUNNERS	20	24	45	<b>89</b>	<b>4</b>
<b>8</b>	MANCHESTER TRIATHLON	7	32	51	<b>90</b>	<b>3</b>
<b>9</b>	CHORTON RUNNERS	15	25	77	<b>117</b>	<b>2</b>
<b>10</b>	SALFORD METROPOLITAN AC	35	52	67	<b>154</b>	<b>1</b>

#### VETERAN WOMEN – DIVISION TWO

<i>3 to score - maximum points 9 [best 4 from 5 to count]</i>						
<b>1</b>	MIDDLETON HARRIERS AC	12	43	83	<b>138</b>	<b>9</b>
<b>2</b>	VALE ROYAL AC	18	59	62	<b>139</b>	<b>8</b>
<b>3</b>	BELLE VUE RACERS	22	47	76	<b>145</b>	<b>7</b>
<b>4</b>	STOCKPORT HARRIERS & AC	49	54	63	<b>166</b>	<b>6</b>
<b>5</b>	MACCLESFIELD HARRIERS & AC	38	64	70	<b>172</b>	<b>5</b>
<b>6</b>	MANCHESTER HARRIERS & AC	19	60	120	<b>199</b>	<b>4</b>
<b>7</b>	MANCHESTER FRONTRUNNERS	37	58	128	<b>223</b>	<b>3</b>
<b>8</b>	BUXTON AC	84	88	106	<b>278</b>	<b>2</b>
<b>9</b>	EAST CHESHIRE HARRIERS & TAMESIDE AC	46	159	162	<b>367</b>	<b>1</b>

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### MATCH ONE – HEATON PARK – 14 OCTOBER 2017

## VETERAN WOMEN – DIVISION THREE

<i>3 to score - maximum points 8* [best 4 from 5 to count]</i>						
<b>1</b>	HORWICH RMI HARRIERS	8	13	72	<b>93</b>	<b>8</b>
<b>2</b>	DRAGONS RC SALE	6	41	90	<b>137</b>	<b>7</b>
<b>3</b>	STOCKPORT TRI CLUB	91	92	97	<b>280</b>	<b>6</b>
<b>4</b>	MARPLE RUNNERS	68	118	129	<b>315</b>	<b>5</b>
<b>5</b>	MANCHESTER YMCA HARRIERS	85	98	136	<b>319</b>	<b>4</b>
<b>6</b>	ST HELENS TRI	65	115	143	<b>323</b>	<b>3</b>
<b>7</b>	GOYT VALLEY STRIDERS	89	114	138	<b>341</b>	<b>2</b>
<b>8</b>	WINSTON RUNNERS	111	126	145	<b>382</b>	<b>1</b>

*\*should there be more teams at subsequent matches, the maximum points will be increased and the above points will be adjusted accordingly.*

## VETERAN WOMEN – B TEAMS

<i>3 to score - maximum points 15* [best 4 from 5 to count]</i>						
<b>1</b>	TRAFFORD AC – B	29	33	40	<b>102</b>	<b>15</b>
<b>2</b>	ALTRINCHAM & DISTRICT AC – B	39	44	55	<b>138</b>	<b>14</b>
<b>3</b>	SALE H MANCHESTER AC – B	30	48	116	<b>194</b>	<b>13</b>
<b>4</b>	MANCHESTER TRIATHLON – B	57	71	73	<b>201</b>	<b>12</b>
<b>5</b>	STOCKPORT H & AC – B	66	74	75	<b>215</b>	<b>11</b>
<b>6</b>	SWINTON RC – B	61	78	82	<b>221</b>	<b>10</b>
<b>7</b>	WIRRAL AC – B	36	108	109	<b>253</b>	<b>9</b>
<b>8</b>	WILMSLOW RC – B	56	81	119	<b>256</b>	<b>8</b>
<b>9</b>	SALFORD METROPOLITAN AC – B	80	95	100	<b>275</b>	<b>7</b>
<b>10</b>	CHORLTON RUNNERS – B	79	105	110	<b>294</b>	<b>6</b>
<b>11</b>	MIDDLETON HARRIERS AC – B	96	104	117	<b>317</b>	<b>5</b>
<b>12</b>	BELLE VUE RACERS – B	93	113	132	<b>338</b>	<b>4</b>
<b>13</b>	STOCKPORT TRI CLUB – B	122	125	134	<b>381</b>	<b>3</b>
<b>14</b>	MARPLE RUNNERS – B	147	150	168	<b>465</b>	<b>2</b>
<b>15</b>	BRAMHALL RUNNERS – B	157	160	163	<b>480</b>	<b>1</b>

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## VETERAN WOMEN – C PLUS TEAMS

<i>3 to score - maximum points 8* [best 4 from 5 to count]</i>						
<b>1</b>	MANCHESTER TRIATHLON – C	87	103	121	<b>311</b>	<b>8</b>
<b>2</b>	STOCKPORT HARRIERS & AC – C	99	107	124	<b>330</b>	<b>7</b>
<b>3</b>	CHORLTON RUNNERS – C	112	123	131	<b>366</b>	<b>6</b>
<b>4</b>	MIDDLETON HARRIERS AC – C	130	139	140	<b>409</b>	<b>5</b>
<b>5</b>	WIRRAL AC – C	137	149	151	<b>437</b>	<b>4</b>
<b>6</b>	CHORLTON RUNNERS – D	141	144	156	<b>441</b>	<b>3</b>
<b>7</b>	BRAMHALL RUNNERS – C	165	166	167	<b>498</b>	<b>2</b>
<b>8</b>	CHORLTON RUNNERS – E	169	170	171	<b>510</b>	<b>1</b>

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## UNDER 20 WOMEN

<b>UNDER 20 WOMEN – 3 to score [best four from five to count]</b>						
	<b>NO QUALIFYING TEAMS</b>					

## UNDER 20 MEN

<b>UNDER 20 MEN – 3 to score – max points 1* [best four from five to count]</b>						
<b>1</b>	ALTRINCHAM & DISTRICT AC	3	8	15	<b>26</b>	<b>1</b>

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## SENIOR MEN – DIVISION ONE

<i>6 to score - maximum points 10 [best 4 from 5 to count]</i>									
<b>1</b>	SALE H MANCHESTER AC	3	5	8	9	17	19	<b>61</b>	<b>10</b>
<b>2</b>	SALFORD HARRIERS & AC	7	12	20	22	23	30	<b>114</b>	<b>9</b>
<b>3</b>	TRAFFORD AC	11	31	33	38	48	60	<b>221</b>	<b>8</b>
<b>4</b>	CHORLTON RUNNERS	21	28	39	50	55	56	<b>249</b>	<b>7</b>
<b>5</b>	STOCKPORT HARRIERS & AC	1	26	89	92	97	100	<b>405</b>	<b>6</b>
<b>6</b>	WILMSLOW RC	24	29	71	74	95	112	<b>405</b>	<b>5</b>
<b>7</b>	ALTRINCHAM & DISTRICT AC	6	16	49	102	127	131	<b>431</b>	<b>4</b>
<b>8</b>	MANCHESTER TRIATHLON	53	80	81	88	106	107	<b>515</b>	<b>3</b>
<b>9</b>	MACCLESFIELD H & AC	18	76	130	194	223	239	<b>880</b>	<b>2</b>
<b>10</b>	HORWICH RMI HARRIERS	47	98	119	135	208	286	<b>893</b>	<b>1</b>

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CITY OF MANCHESTER ATHLETICS and COLGATE-PALMOLIVE'S DENTAL HEALTH UNIT*



# MANCHESTER AREA CROSS COUNTRY LEAGUE

## 2017/2018 TEAM POINTS & POSITIONS

### MATCH ONE – HEATON PARK – 14 OCTOBER 2017

#### SENIOR MEN – DIVISION TWO

<i>6 to score - maximum points 10 [best 4 from 5 to count]</i>									
<b>1</b>	E CHESHIRE H & TAMESIDE AC	2	10	27	40	54	93	<b>226</b>	<b>10</b>
<b>2</b>	VALE ROYAL AC	4	14	115	187	188	213	<b>721</b>	<b>9</b>
<b>3</b>	MANCHESTER FRONTRUNNERS	64	86	87	158	184	204	<b>783</b>	<b>8</b>
<b>4</b>	BRAMHALL RUNNERS	69	124	126	137	153	205	<b>814</b>	<b>7</b>
<b>5</b>	MANCHESTER H & AC	42	65	118	121	264	282	<b>892</b>	<b>6</b>
<b>6</b>	GLOSSOPDALE HARRIERS	61	83	128	189	227	293	<b>981</b>	<b>5</b>
<b>7</b>	MANCHESTER YMCA HARRIERS	113	165	171	335	340	351	<b>1475</b>	<b>4</b>
-	BELLE VUE RACERS	-	-	-	-	-	-	-	-
-	DRAGONS RC SALE	-	-	-	-	-	-	-	-
-	UNIVERSITY OF MANCHESTER	-	-	-	-	-	-	-	-

#### SENIOR MEN – DIVISION THREE

<i>6 to score - maximum points 9* [best 4 from 5 to count]</i>									
<b>1</b>	SWINTON RC	46	75	84	111	156	161	<b>632</b>	<b>9</b>
<b>2</b>	ST HELENS TRI	114	129	134	140	144	157	<b>818</b>	<b>8</b>
<b>3</b>	SALFORD METROPOLITAN AC	73	105	150	174	219	230	<b>951</b>	<b>7</b>
<b>4</b>	BUXTON AC	44	169	173	186	198	216	<b>986</b>	<b>6</b>
<b>5</b>	KNUTSFORD TRI CLUB	45	77	180	231	247	252	<b>1032</b>	<b>5</b>
<b>6</b>	STOCKPORT TRI CLUB	43	52	132	325	336	371	<b>1259</b>	<b>4</b>
<b>7</b>	WIRRAL AC	34	145	178	202	369	375	<b>1303</b>	<b>3</b>
<b>8</b>	MARPLE RUNNERS	212	214	235	268	270	299	<b>1498</b>	<b>2</b>
<b>9</b>	MIDDLETON HARRIERS AC	63	262	272	292	304	330	<b>1523</b>	<b>1</b>

*\*should there be more teams at subsequent matches, the maximum points will be increased and the above points will be adjusted accordingly.*

#### SENIOR MEN – B TEAMS

<i>6 to score – maximum points 15* [best 4 from 5 to count]</i>									
<b>1</b>	SALE H MANCHESTER AC – B	25	32	35	36	51	58	<b>237</b>	<b>15</b>
<b>2</b>	SALFORD HARRIERS & AC – B	57	66	67	70	91	101	<b>452</b>	<b>14</b>
<b>3</b>	CHORLTON RUNNERS – B	78	79	82	85	117	139	<b>580</b>	<b>13</b>
<b>4</b>	TRAFFORD AC – B	90	99	103	104	143	203	<b>742</b>	<b>12</b>
<b>5</b>	STOCKPORT H & AC – B	110	136	142	152	166	196	<b>902</b>	<b>11</b>
<b>6</b>	MANCHESTER TRIATHLON – B	125	160	170	190	207	209	<b>1061</b>	<b>10</b>

*Senior Men – B Teams – continued overleaf*

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# MANCHESTER AREA CROSS COUNTRY LEAGUE

## 2017/2018 TEAM POINTS & POSITIONS

### MATCH ONE – HEATON PARK – 14 OCTOBER 2017

<i>Senior Men – B Teams – continued .....</i>									
<b>7</b>	ALTRINCHAM & DISTRICT AC – B	148	168	182	192	199	222	<b>1111</b>	<b>9</b>
<b>8</b>	ST HELENS TRI – B	159	177	191	224	233	263	<b>1247</b>	<b>8</b>
<b>9</b>	E CHESH H & TAMESIDE AC - B	147	167	176	244	313	390	<b>1437</b>	<b>7</b>
<b>10</b>	BRAMHALL RUNNERS – B	211	220	243	253	274	276	<b>1477</b>	<b>6</b>
<b>11</b>	SWINTON RC – B	185	226	254	283	290	301	<b>1539</b>	<b>5</b>
<b>12</b>	MANCHESTER FRONTRUNNERS - B	267	271	281	303	310	328	<b>1760</b>	<b>4</b>
<b>13</b>	SALFORD MET AC – B	269	297	300	314	358	361	<b>1899</b>	<b>3</b>
<b>14</b>	KNUTSFORD TRI CLUB – B	273	302	311	342	343	393	<b>1964</b>	<b>2</b>
<b>15</b>	MANCHESTER H & AC – B	294	322	327	341	356	368	<b>2008</b>	<b>1</b>

*\*should there be more teams at subsequent matches, the maximum points will be increased and the above points will be adjusted accordingly.*

## SENIOR MEN – C PLUS TEAMS

<i>6 to score - maximum points 10* [best 4 from 5 to count]</i>									
<b>1</b>	SALE H MANCHESTER AC – C	59	62	72	96	151	156	<b>596</b>	<b>10</b>
<b>2</b>	SALFORD HARRIERS & AC – C	109	116	120	123	163	164	<b>795</b>	<b>9</b>
<b>3</b>	CHORLTON RUNNERS – C	141	149	193	197	210	250	<b>1140</b>	<b>8</b>
<b>4</b>	SALE H MANCHESTER AC – D	175	179	200	234	246	251	<b>1285</b>	<b>7</b>
<b>5</b>	MANCHESTER TRIATHLON – C	236	238	241	249	257	265	<b>1486</b>	<b>6</b>
<b>6</b>	STOCKPORT H & AC – C	218	221	228	258	277	323	<b>1525</b>	<b>5</b>
<b>7</b>	MANCHESTER TRIATHLON – D	266	285	287	289	298	318	<b>1743</b>	<b>4</b>
<b>8</b>	BRAMHALL RUNNERS – C	278	279	280	284	305	339	<b>1765</b>	<b>3</b>
<b>9</b>	CHORLTON RUNNERS – D	256	308	333	380	383	397	<b>2057</b>	<b>2</b>
<b>10</b>	MANCHESTER TRIATHLON – E	321	326	372	388	395	400	<b>2202</b>	<b>1</b>

*\*should there be more teams at subsequent matches, the maximum points will be increased and the above points will be adjusted accordingly.*

## VETERAN MEN – DIVISION ONE

<i>4 to score - max points 10 [best four from five to count]</i>							
<b>1</b>	SALE H MANCHESTER AC	1	2	10	17	<b>30</b>	<b>10</b>
<b>2</b>	SALFORD H & AC	6	8	16	19	<b>49</b>	<b>9</b>
<b>3</b>	CHORLTON RUNNERS	14	15	24	25	<b>78</b>	<b>8</b>
<b>4</b>	WILMSLOW RC	7	20	21	32	<b>80</b>	<b>7</b>
<b>5</b>	TRAFFORD AC	9	13	28	38	<b>88</b>	<b>6</b>
<b>6</b>	STOCKPORT H & AC	27	30	35	43	<b>135</b>	<b>5</b>
<b>7</b>	MANCHESTER TRIATHLON	26	40	50	71	<b>187</b>	<b>4</b>
<b>8</b>	BRAMHALL RUNNERS	18	51	58	67	<b>194</b>	<b>3</b>
<b>9</b>	ALTRINCHAM & DISTRICT AC	37	52	55	64	<b>208</b>	<b>2</b>
<b>10</b>	HORWICH RMI HARRIERS	12	34	99	152	<b>297</b>	<b>1</b>

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# MANCHESTER AREA CROSS COUNTRY LEAGUE

## 2017/2018 TEAM POINTS & POSITIONS

### MATCH ONE – HEATON PARK – 14 OCTOBER 2017

#### VETERAN MEN – DIVISION TWO

<i>4 to score – max points 8 [best 4 from 5 to count]</i>							
1	SWINTON RC	11	22	44	68	145	8
2	MACCLESFIELD H & AC	5	23	54	111	193	7
3	VALE ROYAL AC	4	46	86	87	223	6
4	EAST CHESHIRE H & TAMESIDE AC	31	63	75	80	249	5
5	MARPLE RUNNERS	101	103	118	138	460	4
6	KNUTSFORD TRI CLUB	82	130	142	165	519	3
7	MANCHESTER H & AC	149	159	181	186	675	2
8	MANCHESTER YMCA HARRIERS	193	203	223	251	870	1

#### VETERAN MEN – DIVISION THREE

<i>4 to score – max points 6* (updated from 4 following Match 3)* [best 4 from 5 to count]</i>							
1	ST HELENS TRI	45	61	112	136	354	6
2	BUXTON AC	85	92	105	217	499	5
3	GLOSSOPDALE HARRIERS	53	114	158	187	512	4
4	SALFORD METROPOLITAN AC	108	116	139	161	524	3
5	WIRRAL AC	62	81	219	224	586	2
6	MIDDLETON HARRIERS AC	141	157	192	198	688	1

*\*should there be more teams at subsequent matches, the maximum points will be increased and the above points adjusted accordingly.*

#### VETERAN MEN – B TEAMS

<i>4 to score – max points 14* [best 4 from 5 to count]</i>							
1	SALFORD H & AC – B	29	36	42	47	154	14
2	SALE H MANCHESTER AC – B	33	65	69	79	246	13
3	STOCKPORT H & AC – B	57	60	66	74	257	12
4	WILMSLOW RC – B	48	56	90	124	318	11
5	MANCHESTER TRIATHLON – B	77	98	100	119	394	10
6	ALTRINCHAM & DISTRICT AC – B	76	88	110	120	394	9
7	CHORLTON RUNNERS – B	59	89	133	169	450	8
8	BRAMHALL RUNNERS – B	96	109	125	131	461	7
9	SWINTON RC – B	84	132	150	164	530	6
10	VALE ROYAL AC – B	102	104	154	209	569	5
11	MACCLESFIELD H & AC – B	121	135	188	210	654	4
12	MARPLE RUNNERS – B	162	171	175	207	715	3
13	EAST CHESHIRE H & TAMESIDE AC - B	126	172	239	245	782	2
14	KNUTSFORD TRI CLUB – B	170	195	196	242	803	1

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# MANCHESTER AREA CROSS COUNTRY LEAGUE

## 2017/2018 TEAM POINTS & POSITIONS

### MATCH ONE – HEATON PARK – 14 OCTOBER 2017

#### VETERAN MEN – C PLUS TEAMS

<i>4 to score – max points 9* [best 4 from 5 to count]</i>							
<b>1</b>	STOCKPORT H & AC – C	91	107	115	134	<b>447</b>	<b>9</b>
<b>2</b>	SALFORD H & AC – C	49	73	183	213	<b>518</b>	<b>8</b>
<b>3</b>	MANCHESTER TRIATHLON – C	123	128	137	153	<b>541</b>	<b>7</b>
<b>4</b>	SALE H MANCHESTER AC – C	93	129	160	174	<b>556</b>	<b>6</b>
<b>5</b>	BRAMHALL RUNNERS – C	143	144	146	147	<b>580</b>	<b>5</b>
<b>6</b>	BRAMHALL RUNNERS – D	148	151	166	199	<b>664</b>	<b>4</b>
<b>7</b>	MANCHESTER TRIATHLON – D	155	177	180	185	<b>697</b>	<b>3</b>
<b>8</b>	STOCKPORT H & AC – D	145	182	189	215	<b>731</b>	<b>2</b>
<b>9</b>	MANCHESTER TRIATHLON – E	237	243	246	252	<b>978</b>	<b>1</b>

*\*should there be more teams at subsequent matches, the maximum points will be increased and the above points adjusted accordingly.*

#### SCORING IN THE EVENT OF A TIE

Where two teams score the same number of points, the team whose last counter finished closest to the winner takes the higher number of points.

Taking the best 4\* races, if one team finishes higher 3 times, that team will win. If both teams finish higher twice, the positions of the last counting runners in each of the 4 races will determine the winning team. (\*UII's is best 3 races.)

For vet teams the positions gained in the vet race will be used.

*Senior & Vet Teams:* The number of achievable points is determined by the number of competing teams. For example, if there were 12 Vet Mens B Teams in Match One, 12 is the number of points awarded to the first team. If more teams finish in subsequent matches, the number of points are changed accordingly and the previous match points are updated. If fewer teams compete, the points do not change.

#### INDIVIDUALS – FINAL POINTS

In the event that two runners finish on the same number of points: if one runner finishes higher 3 times, that runner wins. If both runners finish higher twice, the winner will be determined by their positions in relation to the winner of each race. For vets the positions gained in the vet race are used.

*Any queries please contact Brenda*

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