

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2016/2017 - ROLL OF HONOUR**

SENIOR TEAMS

2016/2017	SENIOR MEN – DIV 1	SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC
2014/2015		SALE HARRIERS MANCHESTER AC
2013/2014		SALFORD HARRIERS & AC
2012/2013		SALE HARRIERS MANCHESTER AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		TRAFFORD AC
2009/2010		TRAFFORD AC
2008/2009	<i>no divisions</i>	TRAFFORD AC
2007/2008	<i>no divisions</i>	TRAFFORD AC
2006/2007	<i>no divisions</i>	SALE HARRIERS MANCHESTER AC

2016/2017	SENIOR MEN – DIV 2	MANCHESTER TRIATHLON
2015/2016		EAST CHESHIRE H & TAMESIDE AC
2014/2015		SALE HARRIERS MANCHESTER AC
2013/2014		EAST CHESHIRE H & TAMESIDE AC
2012/2013		SWINTON RC
2011/2012		EAST CHESHIRE H & TAMESIDE AC
2010/2011		SALFORD HARRIERS & AC
2009/2010		TRAFFORD AC - B

2016/2017	SENIOR MEN – DIV 3	ST HELENS TRI
2015/2016		HORWICH RMI

2016/2017	SENIOR MEN - B	SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC

2016/2017	SENIOR MEN – C+	SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC

2016/2017	SENIOR WOMEN - DIV 1	SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC
2014/2015		SALE HARRIERS MANCHESTER AC
2013/2014		WILMSLOW RC
2012/2013		WILMSLOW RC
2011/2012		TRAFFORD AC
2010/2011		WILMSLOW RC
2009/2010		TRAFFORD AC
2008/2009	<i>no divisions</i>	TRAFFORD AC
2007/2008	<i>no divisions</i>	MACCLESFIELD HARRIERS & AC
2006/2007	<i>no divisions</i>	MACCLESFIELD HARRIERS & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2016/2017 - ROLL OF HONOUR**

SENIOR TEAMS - continued

2016/2017	SENIOR WOMEN - DIV 2	SALFORD H & AC
2015/2016		UNIVERSITY OF MANCHESTER CCC
2014/2015		SALFORD HARRIERS & AC
2013/2014		WIRRAL AC
2012/2013		WILMSLOW RC - B
2011/2012		MANCHESTER TRIATHLON
2010/2011		SALE HARRIERS MANCHESTER AC } <i>joint</i> WILMSLOW RC - B } <i>winners</i>
2009/2010		TRAFFORD AC - B

2016/2017	SENIOR WOMEN - DIV 3	GOYT VALLEY STRIDERS
2015/2016		WIRRAL AC

2016/2017	SENIOR WOMEN - B	SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC

2016/2017	SENIOR WOMEN - C+	SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC

VETERAN TEAMS

2016/2017	VETERAN MEN - DIV 1	WILMSLOW RC
2015/2016		TRAFFORD AC
2014/2015		SALE HARRIERS MANCHESTER AC
2013/2014		WILMSLOW RC
2012/2013		WILMSLOW RC
2011/2012		WILMSLOW RC
2010/2011		WILMSLOW RC
2009/2010		WILMSLOW RC
2008/2009	<i>no divisions</i>	WILMSLOW RC
2007/2008	<i>no divisions</i>	WILMSLOW RC
2006/2007	<i>no divisions</i>	WILMSLOW RC

2016/2017	VETERAN MEN - DIV 2	HORWICH RMI
2015/2016		MANCHESTER TRI
2014/2015		ALTRINCHAM & DISTRICT AC
2013/2014		ST HELENS SUTTON AC
2012/2013		ALTRINCHAM & DISTRICT AC
2011/2012		MACCLESFIELD HARRIERS & AC
2010/2011		SALFORD HARRIERS & AC
2009/2010		WILMSLOW RC - B

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2016/2017 - ROLL OF HONOUR**

VETERAN TEAMS - continued

2016/2017	<i>VETERAN MEN – DIV 3</i>	MARPLE RUNNERS
2015/2016		HORWICH RMI

2016/2017	<i>VETERAN MEN – B</i>	SALE H MANCHESTER AC
2015/2016		STOCKPORT HARRIERS & AC

2016/2017	<i>VETERAN MEN – C+</i>	SALE H MANCHESTER AC
2015/2016		STOCKPORT HARRIERS & AC

2016/2017	<i>VETERAN WOMEN – DIV 1</i>	SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC
2014/2015		WILMSLOW RC
2013/2014		WILMSLOW RC
2012/2013		WILMSLOW RC
2011/2012		WILMSLOW RC
2010/2011		WILMSLOW RC
2009/2010		STOCKPORT HARRIERS & AC
2008/2009	<i>no divisions</i>	STOCKPORT HARRIERS & AC
2007/2008	<i>no divisions</i>	MACCLESFIELD HARRIERS & AC
2006/2007	<i>no divisions</i>	MACCLESFIELD HARRIERS & AC

2016/2017	<i>VETERAN WOMEN – DIV 2</i>	WIRRAL AC
2015/2016		ALTRINCHAM & DISTRICT AC
2014/2015		STOCKPORT HARRIERS & AC
2013/2014		WIRRAL AC
2012/2013		VALE ROYAL AC
2011/2012		MACCLESFIELD HARRIERS & AC
2010/2011		WILMSLOW RC – B
2009/2010		STOCKPORT HARRIERS & AC - B

2016/2017	<i>VETERAN WOMEN – DIV 3</i>	VALE ROYAL AC
2015/2016		WIRRAL AC

2016/2017	<i>VETERAN WOMEN – B</i>	SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC

2016/2017	<i>VETERAN WOMEN – C+</i>	SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2016/2017 - ROLL OF HONOUR**

UNDER 20 TEAMS

2013-2017	<i>UNDER 20 MEN</i>	<i>no qualifying teams</i>
2012/2013		SALE HARRIERS MANCHESTER AC
2009-2012		<i>no qualifying teams</i>
2008/2009		WEST CHESHIRE AC
2007/2008		<i>no qualifying teams</i>
2006/2007		SALE HARRIERS MANCHESTER AC

2016-2017	<i>UNDER 20 WOMEN</i>	<i>no qualifying teams</i>
2015/2016		UNIVERSITY OF MANCHESTER CCC
2007-2015		<i>no qualifying teams</i>

JUNIOR TEAMS

2016/2017	<i>UNDER 17 BOYS</i>	MANCHESTER HARRIERS & AC
2015/2016		EAST CHESHIRE H & TAMESIDE AC
2014/2015		STOCKPORT HARRIERS & AC
2013/2014		SALE HARRIERS MANCHESTER AC
2012/2013		LIVERPOOL HARRIERS & AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		SALE HARRIERS MANCHESTER AC
2009/2010		ST HELENS SUTTON AC
2008/2009		SALE HARRIERS MANCHESTER AC
2007/2008		SALE HARRIERS MANCHESTER AC
2006/2007		STOCKPORT HARRIERS & AC

2016/2017	<i>UNDER 17 GIRLS</i>	STOCKPORT HARRIERS & AC
2015/2016		STOCKPORT HARRIERS & AC
2014/2015		SALE HARRIERS MANCHESTER AC
2013/2014		RIBBLE VALLEY AC
2012/2013		STOCKPORT HARRIERS & AC
2011/2012		WIRRAL AC
2010/2011		STOCKPORT HARRIERS & AC
2009/2010		SALE HARRIERS MANCHESTER AC
2008/2009		ST HELENS SUTTON AC
2007/2008		<i>no qualifying teams</i>
2006/2007		SALE HARRIERS MANCHESTER AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2016/2017 - ROLL OF HONOUR**

JUNIOR TEAMS - continued

2016/2017	<i>UNDER 15 BOYS</i>	WARRINGTON AC
2015/2016		SALE HARRIERS MANCHESTER AC
2014/2015		MANCHESTER HARRIERS & AC
2013/2014		LIVERPOOL HARRIERS & AC
2012/2013		MANCHESTER HARRIERS & AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		EAST CHESHIRE H & TAMESIDE AC
2009/2010		SALE HARRIERS MANCHESTER AC
2008/2009		WARRINGTON AC
2007/2008		ST HELENS SUTTON AC
2006/2007		SALE HARRIERS MANCHESTER AC

2016/2017	<i>UNDER 15 GIRLS</i>	MACCLESFIELD HARRIERS & AC
2015/2016		LIVERPOOL HARRIERS & AC
2014/2015		STOCKPORT HARRIERS & AC
2013/2014		STOCKPORT HARRIERS & AC
2012/2013		STOCKPORT HARRIERS & AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		STOCKPORT HARRIERS & AC
2009/2010		STOCKPORT HARRIERS & AC
2008/2009		ALTRINCHAM & DISTRICT AC
2007/2008		ALTRINCHAM & DISTRICT AC
2006/2007		SALE HARRIERS MANCHESTER AC

2016/2017	<i>UNDER 13 BOYS</i>	SALFORD HARRIERS & AC
2015/2016		SALFORD HARRIERS & AC
2014/2015		STOCKPORT HARRIERS & AC
2013/2014		WIRRAL AC
2012/2013		MANCHESTER HARRIERS & AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		SALE HARRIERS MANCHESTER AC
2009/2010		STOCKPORT HARRIERS & AC
2008/2009		EAST CHESHIRE H & TAMESIDE AC
2007/2008		WARRINGTON AC
2006/2007		STOCKPORT HARRIERS & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2016/2017 - ROLL OF HONOUR**

JUNIOR TEAMS - continued

2016/2017	<i>UNDER 13 GIRLS</i>	SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC
2014/2015		SALE HARRIERS MANCHESTER AC
2013/2014		LIVERPOOL HARRIERS & AC
2012/2013		SALE HARRIERS MANCHESTER AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		STOCKPORT HARRIERS & AC
2009/2010		EAST CHESHIRE H & TAMESIDE AC
2008/2009		STOCKPORT HARRIERS & AC
2007/2008		STOCKPORT HARRIERS & AC
2006/2007		SALE HARRIERS MANCHESTER AC

2016/2017	<i>UNDER 11 BOYS</i>	SALFORD HARRIERS & AC
2015/2016		SALE HARRIERS MANCHESTER AC
2014/2015		SALFORD HARRIERS & AC
2013/2014		SALFORD HARRIERS & AC
2012/2013		STOCKPORT HARRIERS & AC
2011/2012		WIRRAL AC
2010/2011		WIRRAL AC
2009/2010		SALE HARRIERS MANCHESTER AC
2008/2009		SALE HARRIERS MANCHESTER AC
2007/2008		MACCLESFIELD HARRIERS & AC
2006/2007		STOCKPORT HARRIERS & AC

2016/2017	<i>UNDER 11 GIRLS</i>	SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC
2014/2015		SALFORD HARRIERS & AC
2013/2014		SALE HARRIERS MANCHESTER AC
2012/2013		LIVERPOOL HARRIERS & AC
2011/2012		MANCHESTER HARRIERS & AC
2010/2011		SALE HARRIERS MANCHESTER AC
2009/2010		STOCKPORT HARRIERS & AC
2008/2009		WARRINGTON AC
2007/2008		MANCHESTER HARRIERS & AC
2006/2007		STOCKPORT HARRIERS & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2016/2017 - ROLL OF HONOUR**

INDIVIDUAL WINNERS

SPECIAL MERIT AWARD

2016/2017	LYNDA GUY	BELLE VUE RACERS
2015/2016	DEBBIE BERESFORD	MANCHESTER HARRIERS & AC
2014/2015	BOB TOWELL	SALFORD HARRIERS & AC
2013/2014	JONO GUILDFORD	MANCHESTER FRONTRUNNERS

INDIVIDUALS - MALES

2016/2017	<i>OVERALL CHAMPION</i>	JACK MORRIS – STOCKPORT H & AC
2015/2016		DAVE NORMAN – ALTRINCHAM & DISTRICT AC
2014/2015		DAVE NORMAN – ALTRINCHAM & DISTRICT AC
2013/2014		JACK MORRIS – STOCKPORT HARRERS & AC
2012/2013		ALEX LAWTON – MANCHESTER TRIATHLON
2011/2012		DAVID NORMAN – ALTRINCHAM & DISTRICT AC
2010/2011		DAVID NORMAN – ALTRINCHAM & DISTRICT AC
2009/2010		DAVID NORMAN – ALTRINCHAM & DISTRICT AC
2008/2009		IAN SALISBURY – TRAFFORD AC
2007/2008		IAN SALISBURY – TRAFFORD AC
2006/2007		CARL HARDMAN – SALFORD H & AC

2016/2017	<i>SENIOR CHAMPION</i>	JACK MORRIS – STOCKPORT H & AC
2015/2016		DAVE NORMAN – ALTRINCHAM & DISTRICT AC
2014/2015		DAVE NORMAN – ALTRINCHAM & DISTRICT AC
2013/2014		JACK MORRIS – STOCKPORT HARRIERS & AC
2012/2013		ALEX LAWTON – MANCHESTER TRIATHLON
2011/2012		DAVID NORMAN – ALTRINCHAM & DISTRICT AC
2010/2011		DAVID NORMAN – ALTRINCHAM & DISTRICT AC
2009/2010		DAVID NORMAN – ALTRINCHAM & DISTRICT AC
2008/2009		IAN SALISBURY – TRAFFORD AC
2007/2008		IAN SALISBURY – TRAFFORD AC
2006/2007		CARL HARDMAN – SALFORD H & AC

2016/2017	<i>VETERAN CHAMPION</i>	PAUL GREEN – SALE H MANCHESTER AC
2015/2016		CHRIS LEIGH – TRAFFORD AC
2014/2015		PAUL GREEN – SALE H MANCHESTER AC
2013/2014		ROB DOWNS – WILMSLOW RC
2012/2013		ROB DOWNS – WILMSLOW RC
2011/2012		ROB DOWNS – WILMSLOW RC
2010/2011		MARK RUSSELL – SALFORD H & AC
2009/2010		WILLIAM CROWTHER – ALTRINCHAM & DISTRICT
2008/2009		MALCOLM FOWLER – WILMSLOW RC
2007/2008		MALCOLM FOWLER – WILMSLOW RC
2006/2007		MALCOLM FOWLER – WILMSLOW RC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2016/2017 - ROLL OF HONOUR**

INDIVIDUAL MALES - continued

2016/2017	<i>UNDER 20</i>	DONNACHA MAGUIRE – MANCHESTER H & AC
2015/2016		TOM McGUINNESS – E CHESHIRE H & TAMESIDE
2014/2015		RICHARD McGEACHIE – HALTON & FRODSHAM
2013/2014		JACK NIXON – STOCKPORT HARRIERS & AC
2012/2013		RICHARD POWELL – TRAFFORD AC
2011/2012		JACK MORRIS – STOCKPORT H & AC
2010/2011		JOHN ASHCROFT – ST HELENS SUTTON AC
2009/2010		RYAN WORLAND SALE H MANCHESTER AC
2008/2009		ALEC BEANEY WEST CHESHIRE AC
2007/2008		DANIEL BROCKLEHURST – TRAFFORD AC
2006/2007		DAVID MARSH - SALE H MANCHESTER AC

2016/2017	<i>VETERAN 40</i>	PAUL GREEN – SALE H MANCHESTER AC
2015/2016		CHRIS LEIGH – TRAFFORD AC
2014/2015		PAUL GREEN – SALE H MANCHESTER AC
2013/2014		IAN SALISBURY - TRAFFORD AC
2012/2013		ED FAZAKERLEY – MANCHESTER H & AC
2011/2012		CHRIS LEIGH – TRAFFORD AC
2010/2011		MARK RUSSELL – SALFORD H & AC
2009/2010		WILLIAM CROWTHER – ALTRINCHAM&DISTRICT
2008/2009		ROB DOWNS – WILMSLOW RC
2007/2008		MALCOLM FOWLER – WILMSLOW RC
2006/2007		MALCOLM FOWLER – WILMSLOW RC

2016/2017	<i>VETERAN 45</i>	DAVID JACKSON – HORWICH RMI
2015/2016		IAN GRIME – SALFORD HARRIERS & AC
2014/2015		IAN WETHERALL – SALE H MANCHESTER AC
2013/2014		ROB DOWNS – WILMSLOW RC
2012/2013		ROB DOWNS – WILMSLOW RC
2011/2012		ROB DOWNS – WILMSLOW RC
2010/2011		MALCOLM FOWLER – WILMSLOW RC
2009/2010		MALCOLM FOWLER – WILMSLOW RC
2008/2009		MALCOLM FOWLER – WILMSLOW RC
2007/2008		GARY MATTHEWS – EAST CHESHIRE&TAMESIDE
2006/2007		STEVE HAYLOCK – STOCKPORT H & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2016/2017 - ROLL OF HONOUR**

INDIVIDUAL MALES - *continued*

2016/2017	VETERAN 50	RICHARD JOHNSON - ALTRINCHAM & DISTRICT AC
2015/2016		ROB DOWNS - WILMSLOW RC
2014/2015		ROB DOWNS - WILMSLOW RC
2013/2014		DEREK CREWE - SALFORD HARRIERS & AC
2012/2013		GRAHAM MacNEILL - WILMSLOW RC
2011/2012		STEPHEN ROBINSON - EAST CHESHIRE & TAMESIDE
2010/2011		CARL PRICE - SWINTON RC
2009/2010		TOM McGAFF - WILMSLOW RC
2008/2009		TOM McGAFF - WILMSLOW RC
2007/2008		TOM McGAFF - WILMSLOW RC
2006/2007		DAVE GEE - MANCHESTER H & AC

2016/2017	VETERAN 55	TREVOR MORRIS - WILMSLOW RC
2015/2016		GARY MATTHEWS - E CHESHIRE H & TAMESIDE
2014/2015		TOM McGAFF - WILMSLOW RC
2013/2014		TOM McGAFF - WILMSLOW RC
2012/2013		TOM McGAFF - WILMSLOW RC
2011/2012		TOM McGAFF - WILMSLOW RC
2010/2011		TOM McGAFF - WILMSLOW RC
2009/2010		LEN BEST - STOCKPORT H & AC
2008/2009		LEN BEST - STOCKPORT H & AC
2007/2008		LEN BEST - STOCKPORT H & AC
2006/2007		GAVIN MENDHAM - WILMSLOW RC

2016/2017	VETERAN 60	STANLEY OWEN - SALFORD H & AC
2015/2016		TOM McGAFF - WILMSLOW RC
2014/2015		STANLEY OWEN - SALFORD H & AC
2013/2014		ROB TAYLOR - STOCKPORT H & AC
2012/2013		ROB TAYLOR - STOCKPORT H & AC
2011/2012		ROB TAYLOR - STOCKPORT H & AC
2010/2011		ROB TAYLOR - STOCKPORT H & AC
2009/2010		ROB TAYLOR - STOCKPORT H & AC
2008/2009		BARRY BLYTH - MACCLESFIELD H & AC
2007/2008		BARRY BLYTH - MACCLESFIELD H & AC
2006/2007		MICHAEL CUNNINGHAM - MANCHESTER H & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2016/2017 - ROLL OF HONOUR**

INDIVIDUAL MALES - continued

2016/2017	VETERAN 65	MIKE CURLEY – SALE H MANCHESTER AC
2015/2016		ROB TAYLOR – STOCKPORT H & AC
2014/2015		ROB TAYLOR – STOCKPORT H & AC
2013/2014		MICHAEL CUNNINGHAM – MANCHESTER H & AC
2012/2013		TONY HULME – WILMSLOW RC
2011/2012		MICHAEL CUNNINGHAM – MANCHESTER H & AC
2010/2011		MICHAEL CUNNINGHAM – MANCHESTER H & AC
2009/2010		DAVID GREGORY – MANCHESTER H & AC
2008/2009		TREVOR FAULKNER – WILMSLOW RC
2007/2008		TREVOR FAULKNER – WILMSLOW RC

2016/2017	VETERAN 70	MICHAEL CUNNINGHAM – MANCHESTER H & AC
2015/2016		JEFF NORMAN – ALTRINCHAM & DISTRICT AC
2014/2015		COLIN RATHBONE – VALE ROYAL AC
2013/2014		VINCENT MURPHY – SALFORD HARRIERS & AC
2012/2013		TREVOR FAULKNER – WILMSLOW RC
2011/2012		CHRIS BRYANS – STOCKPORT H & AC

2015/2016	VETERAN 75	CHRIS BRYANS – STOCKPORT H & AC
-----------	-------------------	---------------------------------

2016/2017	UNDER 17 BOYS	KEENAN OWEN – EAST CHESHIRE H & TAMESIDE AC
2015/2016		CHRIS LARKIN – HALTON & FRODSHAM AC
2014/2015		LUKE PIPER – EAST CHESHIRE H & TAMESIDE AC
2013/2014		TOM McGUINNESS – EAST CHESHIRE H & TAMESIDE AC
2012/2013		DANIEL JARVIS – LIVERPOOL H & AC
2011/2012		HENRY BUTTRESS – WARRINGTON AC
2010/2011		JAMES BUNDRED – TRAFFORD AC
2009/2010		JOHN ASHCROFT – ST HELENS SUTTON AC
2008/2009		RYAN WORLAND – SALE H MANCHESTER AC
2007/2008		NIALL BROOKE – SALE H MANCHESTER AC
2006/2007		MATTHEW JACKSON – WARRINGTON AC

2016/2017	UNDER 15 BOYS	LUCAS PARKER – MACCLESFIELD H & AC
2015/2016		KEENAN OWEN – E CHESHIRE H & TAMESIDE AC
2014/2015		JOSEPH FORD – LIVERPOOL HARRIERS & AC
2013/2014		JOSEPH FORD – LIVERPOOL HARRIERS & AC
2012/2013		DONNACHA MAGUIRE – MANCHESTER H & AC
2011/2012		SAM MAYON – SALE H MANCHESTER AC
2010/2011		MATT SHIRLING – ST HELENS SUTTON AC
2009/2010		LEON GREGORY – EAST CHESHIRE & TAMESIDE
2008/2009		LIAM RENTON – WEST CHESHIRE AC
2007/2008		JACK MORRIS – STOCKPORT H & AC
2006/2007		MICHAEL LOGUE – STOCKPORT H & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2016/2017 - ROLL OF HONOUR**

INDIVIDUAL MALES - continued

2016/2017	<i>UNDER 13 BOYS</i>	ALEX JAMES – SALE H MANCHESTER AC
2015/2016		SAM HOPKINS – SALFORD HARRIERS & AC
2014/2015		JORDAN JONES – WARRINGTON AC
2013/2014		SAM EVANS – WARRINGTON AC
2012/2013		CONNOR FAZAKERLEY – MANCHESTER H & AC
2011/2012		GEORGE LEWIS – EAST CHESHIRE & TAMESIDE
2010/2011		CHRISTOPHER WILSON – MOSTON & DISTRICT
2009/2010		CHRISTY O'BRIEN – SALE H MANCHESTER AC
2008/2009		JOE STEWARD – EAST CHESHIRE & TAMESIDE
2007/2008		ADAM SIXSMITH – TRAFFORD AC
2006/2007		BRADLEY EDWARDS – WEST CHESHIRE AC

2016/2017	<i>UNDER 11 BOYS</i>	ALEX POULSTON – WIRRAL AC
2015/2016		LOUIE McCORMACK – TRAFFORD AC
2014/2015		SAM HOPKINS – SALFORD HARRIERS & AC
2013/2014		SAM HOPKINS – SALFORD HARRIERS & AC
2012/2013		SAM EVANS – WARRINGTON AC
2011/2012		SAM EVANS – WARRINGTON AC
2010/2011		JOSH HINCHLY – WEST CHESHIRE AC
2009/2010		MICHAEL QUINN – SALE H MANCHESTER AC
2008/2009		CHRISTY O'BRIEN – SALE H MANCHESTER AC
2007/2008		DANIEL LAWTON – STOCKPORT H & AC
2006/2007		LIAM BURTHEM – WARRINGTON AC

INDIVIDUALS - FEMALES

2016/2017	<i>OVERALL CHAMPION</i>	RUTH JONES – SALFORD H & AC
2015/2016		ANN KENCHINGTON – UNIVERSITY OF M/CR
2014/2015		ELIZABETH APSLEY – STOCKPORT H & AC
2013/2014		DIANE McVEY – WILMSLOW RC
2012/2013		BEV JENKINS – SALFORD H & AC
2011/2012		GEMMA CONNOLLY – ST HELENS SUTTON AC
2010/2011		OLIVIA WALWYN – ALTRINCHAM & DISTRICT AC
2009/2010		SAMANTHA BRIGGS – SALFORD H & AC
2008/2009		CLAIRE STEVINSON – WILMSLOW RC
2007/2008		ANNE FARMER – MACCLESFIELD H & AC
2006/2007		BRIGIT COOKE – SALE H MANCHESTER AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2016/2017 - ROLL OF HONOUR**

INDIVIDUALS - FEMALES - continued

2016/2017	SENIOR CHAMPION	RUTH JONES – SALFORD H & AC
2015/2016		CAITLIN RICE – GLOSSOPDALE HARRIERS
2014/2015		GEMMA CONNOLLY – ST HELENS SUTTON AC
2013/2014		GEMMA CONNOLLY – ST HELENS SUTTON AC
2012/2013		BEV JENKINS – SALFORD H & AC
2011/2012		GEMMA CONNOLLY – ST HELENS SUTTON AC
2010/2011		OLIVIA WALWYN – ALTRINCHAM & DISTRICT AC
2009/2010		SAMANTHA BRIGGS – SALFORD H & AC
2008/2009		CLAIRE STEVINSON – WILMSLOW RC
2007/2008		ANNE FARMER – MACCLESFIELD H & AC
2006/2007		BRIGIT COOKE – SALE H MANCHESTER AC

2016/2017	VETERAN CHAMPION	DIANE McVEY – WILMSLOW RC
2015/2016		SARAH KEARNEY – WIRRAL AC
2014/2015		BEV SIMONS – SALFORD H & AC
2013/2014		DIANE McVEY – WILMSLOW RC
2012/2013		BEV JENKINS – SALFORD H & AC
2011/2012		CLAIRE STEVINSON – WILMSLOW RC
2010/2011		SARAH KEARNEY – WIRRAL AC
2009/2010		ALISON DRASDO – TRAFFORD AC
2008/2009		ALISON DRASDO – TRAFFORD AC
2007/2008		RACHEL CHATWIN – STOCKPORT H & AC
2006/2007		ANNA VERGES – TRAFFORD AC

2016/2017	UNDER 20	LOUISE WHITTINGHAM – MACCLESFIELD H & AC
2015/2016		ANN KENCHINGTON – UNIVERSITY OF M/CR
2014/2015		ELIZABETH APSLEY – STOCKPORT H & AC
2013/2014		EMILY KEARNEY – WIRRAL AC
2012/2013		KATE MOULDS – VALE ROYAL AC
2011/2012		OLIVIA McDERMOTT – SALFORD MET AC
2010/2011		OLIVIA McDERMOTT – SALFORD MET AC
2009/2010		RUTH JENYON – STOCKPORT H & AC
2008/2009		AMY TALBOT – WARRINGTON AC
2007/2008		<i>no qualifiers</i>
2006/2007		CARLA STANSFIELD – STOCKPORT H & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2016/2017 - ROLL OF HONOUR**

INDIVIDUALS - FEMALES - continued

2016/2017	VETERAN 35	DIANE McVEY – WILMSLOW RC
2015/2016		KATHY WELLAM – SALE H MANCHESTER AC
2014/2015		KRISTY GILL – MACCLESFIELD H & AC
2013/2014		DIANE McVEY – WILMSLOW RC
2012/2013		SARAH KEARNEY – WTRRAL AC
2011/2012		CLAIRE STEVINSON – WILMSLOW RC
2010/2011		SARAH KEARNEY – WTRRAL AC
2009/2010		ANNA VERGES – TRAFFORD AC
2008/2009		CATH CARNEY – BELLE VUE RACERS
2007/2008		RACHEL CHATWIN – STOCKPORT H & AC
2006/2007		ANNA VERGES – TRAFFORD AC

2016/2017	VETERAN 40	HELEN ARMITAGE – SALE H MANCHESTER AC
2015/2016		SARAH KEARNEY – WTRRAL AC
2014/2015		BEV SIMONS – SALFORD H & AC
2013/2014		SHARON JOHNSTONE – WILMSLOW RC
2012/2013		BEV JENKINS – SALFORD H & AC
2011/2012		ALISON DRASDO – TRAFFORD AC
2010/2011		ALISON DRASDO – TRAFFORD AC
2009/2010		ALISON DRASDO – TRAFFORD AC
2008/2009		ALISON DRASDO – TRAFFORD AC
2007/2008		ALISON HARTOPP – MACCLESFIELD H & AC
2006/2007		JANET HATTON – MACCLESFIELD H & AC

2016/2017	VETERAN 45	HELEN SMITH – VALE ROYAL AC
2015/2016		MICHELLE HUSHION – MIDDLETON H AC
2014/2015		ALISON DRASDO – TRAFFORD AC
2013/2014		ALISON DRASDO – TRAFFORD AC
2012/2013		HELEN WALCH – STOCKPORT H & AC
2011/2012		KERRIE WOOD-DOYLE – STOCKPORT H & AC
2010/2011		HELEN WALCH – STOCKPORT H & AC
2009/2010		HELEN WALCH – STOCKPORT H & AC
2008/2009		ALISON VESEY – ALTRINCHAM & DISTRICT AC
2007/2008		ALISON VESEY – ALTRINCHAM & DISTRICT AC
2006/2007		KATHERINE HARVEY – ALTRINCHAM & DISTRICT

2016/2017	VETERAN 70	LIZ SPENSLEY – ST HELENS TRI
2015/2016		LIZ SPENSLEY – ST HELENS TRI

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2016/2017 - ROLL OF HONOUR**

INDIVIDUALS - FEMALES - continued

2016/2017	VETERAN 50	LESLEY SINCLAIR – STOCKPORT H & AC
2015/2016		BEV GANOSE – ALTRINCHAM & DISTRICT AC
2014/2015		JANINE RIDGARD – EAST CHESHIRE H & TAMESIDE AC
2013/2014		ALISON VESEY – ALTRINCHAM & DISTRICT AC
2012/2013		JACKY THORN – VALE ROYAL AC
2011/2012		JACKIE CORDINGLEY – SALE H MANCHESTER
2010/2011		KATHERINE HARVEY – ALTRINCHAM & DISTRICT
2009/2010		KATHERINE HARVEY – ALTRINCHAM & DISTRICT
2008/2009		JACKIE CORDINGLEY – SALE H MANCHESTER
2007/2008		JOAN HOWE – TRAFFORD AC
2006/2007		ANNIE HIRSCH – BELLE VUE RACERS

2016/2017	VETERAN 55	JACKIE CORDINGLEY – SALE H MANCHESTER AC
2015/2016		ANNIE HIRSCH – BELLE VUE RACERS
2014/2015		JACKIE CORDINGLEY – SALE H MANCHESTER AC
2013/2014		NICKY MOWAT – WILMSLOW RC
2012/2013		ANN-MARIE JONES – ALTRINCHAM & DISTRICT
2011/2012		ANNIE HIRSCH – BELLE VUE RACERS
2010/2011		PAULINE DAVIES – VALE ROYAL AC
2009/2010		SUE EXON – TRAFFORD AC
2008/2009		ALEXIS DINSMOR – STOCKPORT H & AC
2007/2008		ALEXIS DINSMOR – STOCKPORT H & AC
2006/2007		LYNDA CHEETHAM – BELLE VUE RACERS

2016/2017	VETERAN 60	ANN-MARIE JONES – ALTRINCHAM & DISTRICT AC
2015/2016		ANN-MARIE JONES – ALTRINCHAM & DISTRICT AC
2014/2015		ANN-MARIE JONES – ALTRINCHAM & DISTRICT AC
2013/2014		ANN-MARIE JONES – ALTRINCHAM & DISTRICT AC
2012/2013		ANGELA OLDHAM – E. CHESHIRE H & TAMPSIDE
2011/2012		ALEXIS DINSMOR – STOCKPORT H & AC
2010/2011		ALEXIS DINSMOR – STOCKPORT H & AC
2009/2010		ALEXIS DINSMOR – STOCKPORT H & AC
2008/2009		JEAN SKITT – MANCHESTER H & AC
2007/2008		JEAN SKITT – MANCHESTER H & AC

2016/2017	VETERAN 65	ALEXIS DINSMOR – STOCKPORT H & AC
2015/2016		ALEXIS DINSMOR – STOCKPORT H & AC
2014/2015		ALEXIS DINSMOR – STOCKPORT H & AC
2013/2014		CHRISTINE ECKERSLEY – MIDDLETON H AC
2012/2013		PAULINE LYNCH – MACCLESFIELD H & AC
2011/2012		MAVIS GREGORY – MANCHESTER H & AC
2010/2011		PAULINE LYNCH – MACCLESFIELD H & AC
2009/2010		JEAN SKITT – MANCHESTER H & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2016/2017 - ROLL OF HONOUR**

INDIVIDUALS - FEMALES - continued

2016/2017	<i>UNDER 17 GIRLS</i>	LAUREN FERRIS – WARRINGTON AC
2015/2016		KATY WHITEOAK – STOCKPORT H & AC
2014/2015		ALICE BRUCE – SALE H MANCHESTER AC
2013/2014		ELLEN DOWNS – STOCKPORT H & AC
2012/2013		ELIZABETH APSLEY – STOCKPORT H & AC
2011/2012		DANIELLE WALLIS – MACCLESFIELD H & AC
2010/2011		DANIELLE WALLIS – MACCLESFIELD H & AC
2009/2010		LUCY SMITH – ALTRINCHAM & DISTRICT AC
2008/2009		SARAH GRIFFITHS – WARRINGTON AC
2007/2008		LEAH KAY – STOCKPORT H & AC
2006/2007		LEAH KAY – STOCKPORT H & AC

2016/2017	<i>UNDER 15 GIRLS</i>	SIAN HESLOP – MACCLESFIELD H & AC
2015/2016		ELLA McNIVEN – LIVERPOOL H & AC
2014/2015		JESSICA COOK – LIVERPOOL H & AC
2013/2014		KATIE LOWERY – MACCLESFIELD H & AC
2012/2013		KATIE WHITEOAK – STOCKPORT H & AC
2011/2012		MEGAN ASHELBY – EAST CHESHIRE & TAMESIDE
2010/2011		MOLLIE WILLIAMS – STOCKPORT H & AC
2009/2010		DANIELLE WALLIS – MACCLESFIELD H & AC
2008/2009		DANIELLE WALLIS – MACCLESFIELD H & AC
2007/2008		LUCY SMITH – ALTRINCHAM & DISTRICT AC
2006/2007		HANNAH PETHO – MACCLESFIELD H & AC

2016/2017	<i>UNDER 13 GIRLS</i>	ISABELLE BURKE – SALE H MANCHESTER AC
2015/2016		LARA CRAWFORD – SALE H MANCHESTER AC
2014/2015		ELLA McNIVEN – LIVERPOOL H & AC
2013/2014		LUCY MILLER – LIVERPOOL H & AC
2012/2013		AINE CUNNINGHAM – SALE H MANCHESTER
2011/2012		DANIELLE STRINGER – MANCHESTER H & AC
2010/2011		BETH DONNELLY – EAST CHESHIRE & TAMESIDE
2009/2010		BETH DONNELLY – EAST CHESHIRE & TAMESIDE
2008/2009		CHELSEA JARVIS – ST HELENS SUTTON AC
2007/2008		DANIELLE WALLIS – MACCLESFIELD H & AC
2006/2007		LUCY SMITH – ALTRINCHAM & DISTRICT AC

MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2016/2017 - ROLL OF HONOUR

INDIVIDUALS - FEMALES - continued

2016/2017	<i>UNDER 11 GIRLS</i>	JASMINE REED - STOCKPORT H & AC
2015/2016		HOLLY WEEDALL - VALE ROYAL AC
2014/2015		ASHLEY NEMITS - WARRINGTON AC
2013/2014		CHLOE ROGERS - STOCKPORT H & AC
2012/2013		KATIE MILLER - LIVERPOOL H & AC
2011/2012		ELEANOR KENNY - MANCHESTER H & AC
2010/2011		ELLIE TWITE - SALE H MANCHESTER AC
2009/2010		LUCY DONAGHY - STOCKPORT H & AC
2008/2009		LUCY DONAGHY - MANCHESTER H & AC
2007/2008		MOLLIE WILLIAMS - MANCHESTER H & AC
2006/2007		CHELSEA JARVIS - ST HELENS SUTTON AC

***Manchester Area
Cross Country League***

*Queries to Brenda Bradshaw
email: arnoldbradshaw@btinternet.com*