

MACCL 2019/2020 SEASON

TEAM STRUCTURE – SENIOR MEN

DIVISION ONE (10)

Altrincham & District AC [P]
Buxton AC [P]
Chorlton Runners
Horwich RMI
Manchester Tri [P]
Sale H Manchester AC
Salford H & AC
Stockport H & AC
Trafford AC
Wilmslow RC

DIVISION TWO (10)

Bramhall Runners [R]
East Cheshire H & Tameside AC [R]
Macclesfield H & AC
Manchester H & AC
Manchester YMCA Harriers
Salford Metropolitan AC [P]
Stockport Tri Club [P]
Swinton RC
University of Manchester CCC [P]
Vale Royal AC [R]

DIVISION THREE (13)

Belle Vue Racers
Dragons RC (Sale)
Glossopdale Harriers [R]
Goyt Valley Striders
Knutsford Tri Club
Manchester Frontrunners [R]
Marple Runners
Middleton H AC
Oldham & Royton H & AC
St Helens Tri [R]
Warrington AC
Wilmslow Striders
Winston Runners
plus new teams

B TEAMS

All B Teams

C PLUS TEAMS

All C, D, E, F etc Teams

[P] denotes promoted; [R] denotes relegated

[NB: divisions don't mean separate races – all men compete together]

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TEAM STRUCTURE – SENIOR WOMEN

DIVISION ONE (10)

Chorlton Runners [P]
East Cheshire H & Tameside AC [P]
Macclesfield H & AC [P]
Manchester Triathlon
Sale H Manchester AC
Salford H & AC
Stockport H & AC
Trafford AC
University of Manchester CCC
Wilmslow RC

DIVISION TWO (11)

Altrincham & District AC [R]
Belle Vue Racers [P]
Buxton AC
Manchester Frontrunners [R]
Manchester H & AC [P]
Manchester YMCA H
Salford Metropolitan AC
Stockport Tri Club [P]
Swinton RC
Vale Royal AC
Wirral AC [R]

DIVISION THREE (10)

Bramhall Runners [R]
Glossopdale H
Goyt Valley Striders
Knutsford Tri Club [R]
Manchester Metropolitan University AC
Marple Runners
Middleton H AC [R]
St Helens Tri
Wilmslow Striders
Winston Runners
plus new teams

B TEAMS

All B Teams

C PLUS TEAMS

All C, D, E, F etc Teams

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MACCL 2019/2020 SEASON

TEAM STRUCTURE – VETERAN MEN

DIVISION ONE (10)

Altrincham & District AC
Chorlton Runners
East Cheshire H & Tameside AC [P]
Horwich RMI [P]
Manchester Tri [P]
Sale H Manchester AC
Salford H & AC
Stockport H & AC
Trafford AC
Wilmslow RC

DIVISION TWO (8)

Buxton AC
Goyt Valley Striders [P]
Macclesfield H & AC [R]
Manchester Harriers & AC [P]
St Helens Tri
Stockport Tri Club [P]
Swinton RC [R]
Vale Royal AC [R]

DIVISION THREE (13)

Belle Vue Racers
Bramhall Runners [R]
Dragons RC (Sale)
Glossopdale Harriers
Hyde Village Striders
Knutsford Tri Club
Manchester Frontrunners
Manchester YMCA H
Marple Runner [R]
Middleton H AC
Oldham & Royton H & AC
Salford Metropolitan AC [R]
Warrington AC
West Cheshire AC
Winston Runners
plus new teams

B TEAMS

All B Teams

C PLUS TEAMS

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MACCL 2019/2020 SEASON

TEAM STRUCTURE – VETERAN WOMEN

DIVISION ONE (10)

Altrincham & District AC
Buxton AC [P]
Chorlton Runners
Macclesfield H & AC [P]
Sale H Manchester AC
Stockport H & AC [P]
Trafford AC
Vale Royal AC
Wilmslow RC
Wirral AC

DIVISION TWO (9)

East Cheshire H & Tameside AC [P]
Manchester Frontrunners [R]
Manchester H & AC [P]
Manchester Triathlon [R]
Middleton H AC [R]
St Helens Tri [P]
Salford Metropolitan AC
Stockport Tri
Swinton RC

DIVISION THREE (10)

Belle Vue Racers
Bramhall Runners [R]
Dragons RC (Sale)
Glossopdale H & AC
Goyt Valley Striders
Knutsford Tri [R]
Manchester YMCA H [R]
Marple Runners
Salford H & AC
Winston Runners
plus new teams

B TEAMS

All B Teams

C PLUS TEAMS

All C, D, E, F etc Teams

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[NB: divisions don't mean separate races – all women compete together]