

MANCHESTER AREA CROSS COUNTRY LEAGUE
2019/2020 TEAM POINTS & POSITIONS – MATCH THREE
ARROWE PARK, BIRKENHEAD - 8 DECEMBER 2019

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*In partnership with Run North West and supported by: ATHLETE MATTERS,
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UNDER 11 GIRLS

GIRLS UNDER 11 – 3 to score – max points 12* [best four from five to count]

<i>Psn</i>		<i>Positions</i>			<i>Total</i>	<i>Points</i>
1	WESPA FIRE ATHLETICS	1	2	5	8	12
2	LIVERPOOL H & AC	4	8	9	21	11
3	WIRRAL AC	6	10	15	31	10
4	SALE H MANCHESTER AC	11	12	17	40	9
5	SALFORD H & AC	14	20	31	65	8
6	EAST CHESHIRE H & TAMESIDE AC	26	34	36	96	7
7	VALE ROYAL AC	16	28	54	98	6
8	WARRINGTON AC	35	51	53	139	5

**should there be more teams at subsequent matches, the maximum points will be increased and the above points will be adjusted accordingly.*

GIRLS UNDER 11 – B, C & D TEAMS – for interest only

<i>Psn</i>		<i>Positions</i>			<i>Total</i>
1	<i>LIVERPOOL H & AC – B</i>	13	18	19	50
2	<i>WIRRAL AC – B</i>	27	29	30	86
3	<i>WESPA FIRE ATHLETICS – B</i>	21	32	43	96
4	<i>SALFORD HARRIERS & AC – B</i>	33	39	45	117
5	<i>LIVERPOOL H & AC – C</i>	42	46	48	136
6	<i>LIVERPOOL H & AC – D</i>	49	50	52	151

UNDER 11 BOYS

BOYS UNDER 11 – 3 to score - max points 11* [best four from five to count]

<i>Psn</i>		<i>Positions</i>			<i>Total</i>	<i>Points</i>
1	SALE H MANCHESTER AC	1	4	9	14	11
2	WIRRAL AC	3	8	14	25	10
3	STOCKPORT H & AC	6	22	23	51	9
4	MACCLESFIELD H & AC	5	13	38	56	8
5	EAST CHESHIRE H & TAMESIDE AC	12	24	32	68	7
6	SALFORD H & AC	2	33	45	80	6
7	VALE ROYAL AC	25	29	37	91	5
8	WARRINGTON AC	27	28	43	98	4
9	TRAFFORD AC	18	48	49	115	3
10	ST HELENS SUTTON AC	34	42	47	123	2

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BOYS UNDER 11 – B TEAMS – for interest only

<i>Psn</i>		<i>Positions</i>			<i>Total</i>
1	SALE H MANCHESTER AC – B	10	16	19	45
2	WIRRAL AC – B	17	36	39	92

UNDER 13 GIRLS

GIRLS UNDER 13 – 3 to score - max points 12* [best 4 from 5 to count]

<i>Psn</i>		<i>Positions</i>			<i>Total</i>	<i>Points</i>
1	WEST CHESHIRE AC	4	5	8	17	12
2	SALFORD H & AC	7	9	11	27	11
3	STOCKPORT H & AC	1	12	16	29	10
4	WIRRAL AC	10	13	24	47	9
5	EAST CHESHIRE H & TAMESIDE AC	2	28	31	61	8
6	LIVERPOOL H & AC	14	20	40	74	7
7	MACCLESFIELD H & AC	18	27	36	81	6
8	VALE ROYAL AC	33	35	42	110	5
9	ST HELENS SUTTON AC	41	49	50	140	4

**points increased from 11. Should there be more teams at subsequent matches, the maximum points will be increased and the above points and those for M1 will be adjusted accordingly.*

GIRLS UNDER 13 – B TEAMS – for interest only

<i>Psn</i>		<i>Positions</i>			<i>Total</i>
1	STOCKPORT H & AC – B	17	19	22	58
2	WIRRAL AC – B	25	30	38	93

UNDER 13 BOYS

BOYS UNDER 13 – 3 to score – max points 11* [best four from five to count]

<i>Psn</i>		<i>Positions</i>			<i>Total</i>	<i>Points</i>
1	WIRRAL AC	1	4	5	10	11
2	LIVERPOOL H & AC	7	8	14	29	10
3	SALE H MANCHESTER AC	3	11	23	37	9
4	EAST CHESHIRE H & TAMESIDE AC	6	21	27	54	8
5	TRAFFORD AC	10	15	37	62	7
6	MACCLESFIELD H & AC	19	20	29	68	6
7	STOCKPORT H & AC	18	30	31	79	5
8	ST HELENS SUTTON AC	16	26	38	80	4

**should there be more teams at subsequent matches, the maximum points will be increased and the above points will be adjusted accordingly.*

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BOYS UNDER 13 – B TEAMS – for interest only						
<i>Psn</i>		<i>Positions</i>			<i>Total</i>	
1	LIVERPOOL H & AC – B	17	22	32	71	
2	EAST CHESHIRE H & TAMESIDE AC – B	28	36	44	108	

UNDER 15 GIRLS

GIRLS UNDER 15 – 3 to score – max points 11* [best four from five to count]						
<i>Psn</i>		<i>Positions</i>			<i>Total</i>	<i>Points</i>
1	SALE H MANCHESTER AC	1	4	6	11	11
2	LIVERPOOL H & AC	5	7	12	24	10
3	WIRRAL AC	10	11	15	36	9
4	EAST CHESHIRE H & TAMESIDE AC	3	14	22	39	8
5	TRAFFORD AC	9	17	18	44	7
6	STOCKPORT H & AC	16	20	32	68	6

**should there be more teams at subsequent matches, the maximum points will be increased and the above points will be adjusted accordingly.*

GIRLS UNDER 15 – B TEAMS – for interest only						
<i>Psn</i>		<i>Positions</i>			<i>Total</i>	
1	WIRRAL AC – B	19	23	26	68	
2	TRAFFORD AC – B	29	31	34	94	

UNDER 15 BOYS

BOYS UNDER 15 – 3 to score - max points 7* [best four from five to count]						
<i>Psn</i>		<i>Positions</i>			<i>Total</i>	<i>Points</i>
1	WIRRAL AC	1	2	3	6	7
2	STOCKPORT H & AC	5	6	16	27	6
3	SALE H MANCHESTER AC	7	10	15	32	5
4	WEST CHESHIRE AC	4	9	19	32	4
5	TRAFFORD AC	14	24	30	68	3

**should there be more teams at subsequent matches, the maximum points will be increased and the above points will be adjusted accordingly.*

BOYS UNDER 15 – B TEAM – for interest only						
<i>Psn</i>		<i>Positions</i>			<i>Total</i>	
1	WIRRAL AC – B	8	11	29	48	

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UNDER 17 GIRLS

GIRLS UNDER 17 – 3 to score - maximum points 5* [best four from five to count]						
<i>Psn</i>		<i>Positions</i>			<i>Total</i>	<i>Points</i>
1	SALE H MANCHESTER AC	3	6	13	22	5
<i>*should there be more teams at subsequent matches, the maximum points will be increased and the above points will be adjusted accordingly.</i>						

UNDER 17 BOYS

BOYS UNDER 17 – 3 to score - max points 7* [best four from five to count]						
<i>Psn</i>		<i>Positions</i>			<i>Total</i>	<i>Points</i>
1	STOCKPORT H & AC	5	9	12	26	7
2	TRAFFORD AC	7	10	14	31	6
<i>*points increased from 6 at M1. Should there be more teams at subsequent matches, the max points will be increased and the above points and those for M1 will be adjusted accordingly.</i>						

SENIOR WOMEN – DIVISION ONE

SNR WOMEN – DIV 1 - 4 to score - max points 10 [overall - best four from five to count]							
<i>Psn</i>		<i>Positions</i>				<i>Total</i>	<i>Points</i>
1	CHORLTON RUNNERS	13	14	17	26	70	10
2	STOCKPORT H & AC	1	22	23	28	74	9
3	SALFORD H & AC	5	8	11	55	79	8
4	SALE H MANCHESTER AC	19	24	25	30	98	7
5	MACCLESFIELD H & AC	6	18	40	49	113	6
6	MANCHESTER TRIATHLON CLUB	15	20	54	68	157	5
7	EAST CHESHIRE H & TAMESIDE AC	9	27	56	121	213	4
8	TRAFFORD AC	31	47	66	86	230	3
9	WILMSLOW RC	21	35	71	128	255	2
-	UNIVERSITY OF MANCHESTER A & CCC	<i>no complete team</i>				-	-

SENIOR WOMEN – DIVISION TWO

SNR WOMEN – DIV 2 - 4 to score - max points 11 [overall - best four from five to count]							
<i>Psn</i>		<i>Positions</i>				<i>Total</i>	<i>Points</i>
1	ALTRINCHAM & DISTRICT AC	32	37	42	61	172	11
2	WIRRAL AC	7	44	63	84	198	10
3	SWINTON RC	41	50	65	102	258	9
4	SALFORD METROPOLITAN AC	16	39	51	168	274	8
5	STOCKPORT TRI CLUB	83	88	100	129	400	7
6	MANCHESTER FRONTRUNNERS	72	77	116	154	419	6
<i>..... Senior Women – Division Two continued on page 6</i>							

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..... Senior Women – Division Two continued.....

<i>Psn</i>		<i>Positions</i>				<i>Total</i>	<i>Points</i>
7	VALE ROYAL AC	29	131	140	170	470	5
8	MANCHESTER H & AC	120	151	165	174	610	4
-	BELLE VUE RACERS	<i>no complete team</i>				-	-
-	BUXTON AC	<i>no complete team</i>				-	-
-	MANCHESTER YMCA H	<i>no complete team</i>				-	-

SENIOR WOMEN – DIVISION THREE

<i>SNR WOMEN – DIV 3 - 4 to score - max points 9* [overall - best 4 from 5 to count]</i>							
<i>Psn</i>		<i>Positions</i>				<i>Total</i>	<i>Points</i>
1	DIDSBURY RUNNERS	48	67	73	90	278	9
2	WEST CHESHIRE AC	52	75	95	98	320	8
3	BRAMHALL RUNNERS	46	91	93	117	347	7
4	MIDDLETON HARRIERS AC	43	119	135	136	433	6
5	MARPLE RUNNERS	96	115	118	144	473	5

**should there be more teams at subsequent matches, the maximum points will be increased and the above points will be adjusted accordingly.*

SENIOR WOMEN – B TEAMS

<i>SNR WOMEN – B TEAMS - 4 to score - max points 15* [overall - best 4 from 5 to count]</i>							
<i>Psn</i>		<i>Positions</i>				<i>Total</i>	<i>Points</i>
1	CHORLTON RUNNERS – B	34	38	45	69	186	15
2	STOCKPORT H & AC – B	33	57	59	62	211	14
3	SALE H MANCHESTER AC – B	36	53	76	79	244	13
4	MACCLESFIELD H & AC – B	64	104	106	108	382	12
5	MANCHESTER TRIATHLON CLUB – B	81	125	141	145	492	11
6	SWINTON RC – B	126	150	163	172	611	10
7	MARPLE RUNNERS – B	169	173	175	176	693	9

**points increased from 13 at M1. Should there be more teams at subsequent matches, the max points will be increased and the above points and those for M1 will be adjusted accordingly.*

SENIOR WOMEN – C PLUS TEAMS

<i>SNR WOMEN C+ TEAMS - 4 to score - max points 22* [overall - best 4 from 5 to count]</i>							
<i>Psn</i>		<i>Positions</i>				<i>Total</i>	<i>Points</i>
1	CHORLTON RUNNERS – C	70	74	78	111	333	22
2	SALE H MANCHESTER AC – C	82	92	103	122	399	21
3	STOCKPORT H & AC – C	80	89	137	161	467	20
4	CHORLTON RUNNERS – D	123	130	132	134	519	19
5	CHORLTON RUNNERS – E	138	156	159	166	619	18

**points increased from 14 at M1. Should there be more teams at subsequent matches, the max points will be increased and the above points and those for M1 will be adjusted accordingly.*

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UNDER 20 WOMEN

UNDER 20 WOMEN – 3 to score – max points 1* [best four from five to count]						
<i>Psn</i>		<i>Positions</i>			<i>Total</i>	<i>Points</i>
	NO COMPLETE TEAMS					
<i>*should there be more teams at subsequent matches, the maximum points will be increased and the above point will be adjusted accordingly.</i>						

VETERAN WOMEN – DIVISION ONE

VET WOMEN-DIV ONE 3 to score - maximum points 10 [best 4 from 5 to count]						
<i>Psn</i>		<i>Positions</i>			<i>Total</i>	<i>Points</i>
1	CHORLTON RUNNERS	3	4	12	19	10
2	SALE H MANCHESTER AC	7	10	11	28	9
3	STOCKPORT H & AC	9	14	17	40	8
4	ALTRINCHAM & DISTRICT AC	16	19	22	57	7
5	WIRRAL AC	1	24	36	61	6
6	TRAFFORD AC	15	39	52	106	5
7	MACCLESFIELD H & AC	37	66	67	170	4
8	VALE ROYAL AC	84	90	116	290	3
-	BUXTON AC	<i>no complete team</i>			-	-
-	WILMSLOW RC	<i>no complete team</i>			-	-

VETERAN WOMEN – DIVISION TWO

VET WOMEN-DIV TWO - 3 to score - maximum points 9 [best 4 from 5 to count]						
<i>Psn</i>		<i>Positions</i>			<i>Total</i>	<i>Points</i>
1	MANCHESTER TRIATHLON CLUB	5	8	40	53	9
2	SALFORD METROPOLITAN AC	6	20	28	54	8
3	SWINTON RC	21	27	38	86	7
4	EAST CHESHIRE H & TAMESIDE AC	13	32	76	121	6
5	MANCHESTER FRONTRUNNERS	43	46	72	161	5
6	STOCKPORT TRI CLUB	49	54	64	167	4
7	MIDDLETON H AC	23	74	88	185	3
8	MANCHESTER H & AC	75	99	120	294	2
-	ST HELENS TRI	<i>no complete team</i>			-	-

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VETERAN WOMEN – DIVISION THREE

VET WOMEN-DIV THREE - 3 to score - maximum points 12* [best 4 from 5 to count]						
<i>Psn</i>		<i>Positions</i>			<i>Total</i>	<i>Points</i>
1	WEST CHESHIRE AC	29	44	59	132	12
2	BRAMHALL RUNNERS	25	55	57	137	11
3	MARPLE RUNNERS	60	71	73	204	10
4	DRAGONS RC (SALE)	69	96	111	276	9

**points increased from 8 at M1. Should there be more teams at subsequent matches, the max points will be increased and the above points and those for M1 will be adjusted accordingly.*

VETERAN WOMEN – B TEAMS

VET WOMEN-B TEAMS - 3 to score - maximum points 18* [best 4 from 5 to count]						
<i>Psn</i>		<i>Positions</i>			<i>Total</i>	<i>Points</i>
1	SALE H MANCHESTER AC – B	30	45	56	131	18
2	ALTRINCHAM & DISTRICT AC – B	34	51	63	148	17
3	CHORLTON RUNNERS – B	41	47	78	166	16
4	STOCKPORT H & AC – B	35	48	108	191	15
5	SWINTON RC – B	65	81	98	244	14
6	MANCHESTER TRIATHLON CLUB – B	80	94	100	274	13
7	MIDDLETON HARRIERS AC – B	89	91	97	277	12
8	BRAMHALL RUNNERS – B	82	103	117	302	11
9	MARPLE RUNNERS – B	93	115	119	327	10

**points increased from 16 at M1. Should there be more teams at subsequent matches, the max points will be increased and the above points and those for M1 will be adjusted accordingly.*

VETERAN WOMEN – C PLUS TEAMS

VET WOMEN-C+ TEAMS - 3 to score - maximum points 23* [best 4 from 5 to count]						
<i>Psn</i>		<i>Positions</i>			<i>Total</i>	<i>Points</i>
1	CHORLTON RUNNERS – C	85	87	104	276	23
2	MARPLE RUNNERS – C	121	122	123	366	22

**points increased from 16 at M1. Should there be more teams at subsequent matches, the max points will be increased and the above points and those for M1 will be adjusted accordingly.*

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UNDER 20 MEN

UNDER 20 MEN – 3 to score – max points 5* [best four from five to count]									
<i>Psn</i>		<i>Positions</i>						<i>Total</i>	<i>Points</i>
	NO COMPLETE TEAMS								
<i>*should there be more teams at subsequent matches, the maximum points will be increased and the above points will be adjusted accordingly.</i>									

SENIOR MEN – DIVISION ONE

SENIOR MEN–DIV ONE - 6 to score - maximum points 10 [best 4 from 5 to count]									
<i>Psn</i>		<i>Positions</i>						<i>Total</i>	<i>Pts</i>
1	SALE H MANCHESTER AC	2	3	4	7	8	14	38	10
2	CHORLTON RUNNERS	9	12	18	25	41	46	151	9
3	TRAFFORD AC	15	17	20	30	35	53	170	8
4	SALFORD H & AC	10	13	28	38	49	51	189	7
5	STOCKPORT H & AC	5	22	29	69	75	77	277	6
6	HORWICH RMI	16	39	44	54	94	131	378	5
7	ALTRINCHAM & DISTRICT AC	31	34	59	68	100	116	408	4
8	WILMSLOW RC	19	42	70	99	115	142	487	3
9	MANCHESTER TRI CLUB	11	79	91	106	126	135	548	2
-	BUXTON AC	<i>no complete team</i>						-	-

SENIOR MEN – DIVISION TWO

SENIOR MEN–DIV TWO - 6 to score - maximum points 10 [best 4 from 5 to count]									
<i>Psn</i>		<i>Positions</i>						<i>Total</i>	<i>Pts</i>
1	MACCLESFIELD H & AC	26	37	58	62	66	105	354	10
2	MANCHESTER YMCA H	24	76	78	132	139	172	621	9
3	EAST CHESHIRE H & TAC	55	63	74	82	140	212	626	8
4	VALE ROYAL AC	40	83	117	138	165	199	742	7
5	SALFORD METROPOLITAN AC	57	120	155	169	194	208	903	6
6	BRAMHALL RUNNERS	45	143	151	159	215	220	933	5
7	SWINTON RC	88	108	141	188	189	223	937	4
8	STOCKPORT TRI CLUB	56	175	177	205	235	244	1092	3
-	MANCHESTER H & AC	<i>no complete team</i>						-	-
-	UNIVERSITY OF MANCHESTER	<i>no complete team</i>						-	-

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SENIOR MEN – DIVISION THREE

SENIOR MEN-DIV THREE - 6 to score - maximum points 12* [best 4 from 5 to count]									
Psn		Positions						Total	Pts
1	WEST CHESHIRE AC	48	84	123	130	154	232	771	12
2	DIDSBURY RUNNERS	73	87	96	146	168	226	796	11
3	MIDDLETON HARRIERS AC	97	107	111	127	162	230	834	10
4	MANCHESTER FRONTRUNNERS	43	137	152	153	191	196	872	9
5	WIRRAL AC	36	98	134	157	190	272	887	8
6	ST HELENS TRI	64	122	149	158	181	222	896	7
7	MARPLE RUNNERS	148	164	236	240	260	262	1310	6

**points increased from 10 at M1. Should there be more teams at subsequent matches, the max points will be increased and the above points and those for M1 will be adjusted accordingly.*

SENIOR MEN – B TEAMS

SENIOR MEN-B TEAMS - 6 to score – maximum points 15* [best 4 from 5 to count]									
Psn		Positions						Total	Points
1	SALE H MANCHESTER AC – B	21	23	47	65	90	95	341	15
2	CHORLTON RUNNERS – B	50	52	61	72	81	119	435	14
3	STOCKPORT H & AC – B	80	85	89	109	114	150	627	13
4	SALFORD H & AC – B	60	67	92	112	192	193	716	12
5	MANCHESTER TRI CLUB – B	145	167	171	173	174	195	1025	11
6	MACCLESFIELD H & AC – B	129	136	187	209	217	218	1096	10
7	ALTRINCHAM & DISTRICT - B	124	163	182	201	206	231	1107	9
8	BRAMHALL RUNNERS – B	228	234	246	248	249	250	1455	8
9	SALFORD METROPOLITAN-B	214	216	238	251	267	276	1462	7
10	MARPLE RUNNERS	265	271	274	277	279	283	1649	6

**points increased from 12 at M1. Should there be more teams at subsequent matches, the max points will be increased and the above points and those for M1 will be adjusted accordingly.*

SENIOR MEN – C PLUS TEAMS

SENIOR MEN-C+ TEAMS - to score - maximum points 21* [best 4 from 5 to count]									
Psn		Positions						Total	Pts
1	CHORLTON RUNNERS – C	121	125	161	166	170	176	919	21
2	SALE H MANCHESTER AC – C	101	113	144	147	210	253	968	20
3	STOCKPORT H & AC – C	156	203	204	221	233	243	1260	19
4	CHORLTON RUNNERS – D	198	225	239	245	259	266	1432	18

**points increased from 11 at M1. Should there be more teams at subsequent matches, the max points will be increased and the above points and those for M1 will be adjusted accordingly.*

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MANCHESTER AREA CROSS COUNTRY LEAGUE
2019/2020 TEAM POINTS & POSITIONS – MATCH THREE
ARROWE PARK, BIRKENHEAD - 8 DECEMBER 2019

VETERAN MEN – DIVISION ONE

VETERAN MEN-DIV ONE - 4 to score - max points 10 [best four from five to count]							
<i>Psn</i>		<i>Positions</i>				<i>Total</i>	<i>Pts</i>
1	CHORLTON RUNNERS	2	16	20	25	63	10
2	SALFORD H & AC	10	13	21	24	68	9
3	SALE H MANCHESTER AC	3	7	28	44	82	8
4	STOCKPORT H & AC	6	11	34	35	86	7
5	HORWICH RMI H	14	18	22	43	97	6
6	WILMSLOW RC	4	17	31	55	107	5
7	EAST CHESHIRE H & TAMESIDE AC	27	33	38	123	221	4
8	MANCHESTER TRI CLUB	37	49	66	73	225	3
9	ALTRINCHAM & DISTRICT AC	30	45	86	99	260	2
-	TRAFFORD AC	<i>no complete team</i>				-	-

VETERAN MEN – DIVISION TWO

VETERAN MEN-DIV TWO 4 to score – max points 8 [best 4 from 5 to count]							
<i>Psn</i>		<i>Positions</i>				<i>Total</i>	<i>Pts</i>
1	MACCLESFIELD H & AC	9	23	26	63	121	8
2	VALE ROYAL AC	15	56	68	88	227	7
3	ST HELENS TRI	60	75	82	98	315	6
4	SWINTON RC	50	69	104	160	383	5
5	STOCKPORT TRI CLUB	94	96	117	138	445	4
-	BUXTON AC	<i>no complete team</i>				-	-
-	GOYT VALLEY STRIDERS	<i>no complete team</i>				-	-
-	MANCHESTER H & AC	<i>no complete team</i>				-	-

VETERAN MEN – DIVISION THREE

VETERAN MEN-DIV THREE 4 to score – max points 10* [best 4 from 5 to count]							
<i>Psn</i>		<i>Positions</i>				<i>Total</i>	<i>Pts</i>
1	WEST CHESHIRE AC	39	61	64	79	243	10
2	BRAMHALL RUNNERS	19	71	77	83	250	9
3	WIRRAL AC	12	81	105	171	369	8
4	MANCHESTER FRONTRUNNERS	67	78	106	130	381	7
5	SALFORD METROPOLITAN AC	58	108	120	125	411	6
6	MARPLE RUNNERS	74	87	139	142	442	5
7	MIDDLETON HARRIERS AC	85	133	144	172	534	4

**points increased from 9 at M1. Should there be more teams at subsequent matches, the max points will be increased and the above points and those for M1 will be adjusted accordingly.*

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VETERAN MEN – B TEAMS

VETERAN MEN-B TEAMS - 4 to score – max points 14* [best 4 from 5 to count]							
<i>Psn</i>		<i>Positions</i>				<i>Total</i>	<i>Pts</i>
1	STOCKPORT H & AC – B	40	42	51	54	187	14
2	CHORLTON RUNNERS – B	57	59	95	110	321	13
3	MANCHESTER TRIATHLON – B	89	91	92	93	365	12
4	SALE H MANCHESTER AC – B	46	72	122	154	394	11
5	HORWICH RMI H – B	65	97	119	153	434	10
6	BRAMHALL RUNNERS – B	124	128	132	137	521	9
7	ST HELENS TRI – B	129	148	156	162	595	8
8	SALFORD METROPOLITAN AC – B	141	152	166	174	633	7
9	MARPLE RUNNERS – B	159	161	164	170	654	6
<i>*points increased from 12 at M1. Should there be more teams at subsequent matches, the max points will be increased and the above points and those for M1 will be adjusted accordingly.</i>							

VETERAN MEN – C PLUS TEAMS

VETERAN MEN-C+ TEAMS - 4 to score – max points 17* [best 4 from 5 to count]							
<i>Psn</i>		<i>Positions</i>				<i>Total</i>	<i>Pts</i>
1	STOCKPORT H & AC – C	76	80	115	116	387	17
2	BRAMHALL RUNNERS – C	147	149	150	151	597	16
<i>*points increased from 12 at M1. Should there be more teams at subsequent matches, the max points will be increased and the above points and those for M1 will be adjusted accordingly.</i>							

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SCORING IN THE EVENT OF A TIE

Where two teams score the same number of points:

the team whose last counter finished closest to the winner takes the higher number of points.

Taking the best 4* races:

if one team finishes higher 3 times, that team will win;
if both teams finish higher twice, the positions of the last counting runners in each of the 4 races will determine the winning team.

*(*U11's is best 3 races.)*

For vet teams the positions gained in the vet race will be used.

Senior & Vet Teams:

The number of achievable points is determined by the number of competing teams. For example, if there were 12 Vet Mens B Teams in Match One, 12 is the number of points awarded to the first team. If more teams finish in subsequent matches, the number of points are changed accordingly and the previous match points are updated. If fewer teams compete, the points do not change.

INDIVIDUALS – FINAL POINTS

In the event that two runners finish on the same number of points:

if one runner finishes higher 3 times, that runner wins;
if both runners finish higher twice, the winner will be determined by their positions in relation to the winner of each race.

For vets the positions gained in the vet race are used.

MANCHESTER AREA CROSS COUNTRY LEAGUE
2019/2020 TEAM POINTS & POSITIONS – MATCH THREE
ARROWE PARK, BIRKENHEAD - 8 DECEMBER 2019

Next Match.....

Saturday 11 January 2020

at

Tatton Park

Knutsford

Any queries please contact Brenda

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