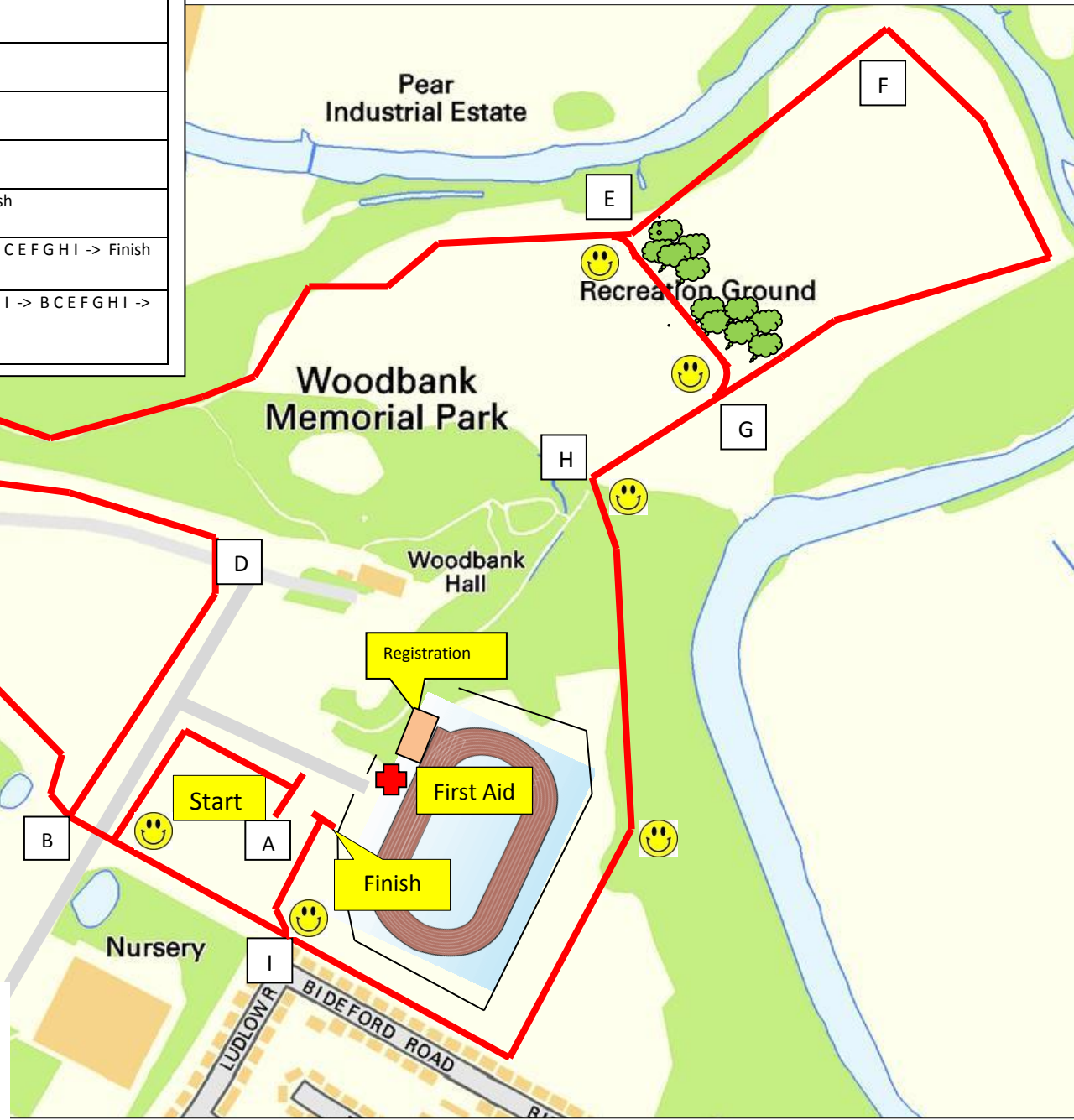


Time	Event	Approx Dist	Course
12:00pm	U11G + U11B	2400m	A B C E G H I -> Finish
12:15pm	U13G + U13B	3100m	A B C E F G H I -> Finish
12:30pm	U15G + U15B	4200m	A B C D -> B C E F G H I -> Finish
12:50pm	U17G + U17B	6200m	A B C E F G H I -> B C E F G H I -> Finish
<b>13:30pm</b>	U20, Sen + Vet Ladies	8400m	A B C D -> B C D -> B C E F G H I -> B C E F G H I -> Finish
14:30pm	U20, Sen + Vet Men	10400m	A B C D -> B C E F G H I -> B C E F G H I -> B C E F G H I -> Finish

Please note new start time for Sen, U20 + Vet Women -13:30pm



## Manchester Area Cross Country League

Sat 11<sup>th</sup> February 2017 – Woodbank Park