

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
MEN					Page No.
1		ALTRINCHAM & DISTRICT AC			2+3
2		BELLE VUE RACERS			4
3		BRAMHALL RUNNERS			5
4		BUXTON AC			6
5		CHORLTON RUNNERS			7+8
6		DRAGONS RC (SALE)			9
7		EAST CHESHIRE H & TAMESIDE AC			10
8		GLOSSOPDALE HARRIERS			11
9		GOYT VALLEY STRIDERS			12
10		HALTON & FRODSHAM H			13
11		HIGH PEAK AC (<i>new</i>)			-
12		HORWICH RMI HARRIERS			14
13		HYDE VILLAGE STRIDERS			15
14		KNUTSFORD HARRIERS & AC (<i>new</i>)			-
15		KNUTSFORD TRI CLUB			16
16		LIVERPOOL HARRIERS & AC			17
17		MACCLESFIELD H & AC			18
18		MANCHESTER FRONTRUNNERS			19
19		MANCHESTER HARRIERS & AC			20
20		MANCHESTER METROPOLITAN UNIVERSITY AC			21
21		MANCHESTER TRIATHLON CLUB			22+23
22		MANCHESTER YMCA H			24
23		MARPLE RUNNERS			25
24		MIDDLETON H AC			26
25		OLDHAM & ROYTON HARRIERS & AC			27
26		QUAYS RUNNING CLUB (<i>new</i>)			28
27		SALE H MANCHESTER AC			29-31
28		SALFORD H & AC			32+33
29		SALFORD MET AC			34
30		ST HELENS SUTTON AC			35
31		ST HELENS TRI CLUB			36
32		STOCKPORT HARRIERS & AC			37+38
33		STOCKPORT TRIATHLON CLUB			39
34		SWINTON RC			40
35		TRAFFORD AC			41
36		UNIV. OF MANCHESTER CCC			42
37		VALE ROYAL AC			43
38		WARRINGTON AC			44
39		WESPA FIRE ATHLETICS (<i>new</i>)			-
40		WEST CHESHIRE AC			45
41		WILMSLOW RC			46
42		WILMSLOW STRIDERS (<i>new</i>)			47
43		WINSTON RUNNERS			48
44		WIRRAL AC			49

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No.	First Name	Last Name	Age	Race	Club
1	Paul	Abraham	46	Senior Men	Altrincham & District AC Ltd
2	Peter	Abraham	46	Senior Men	Altrincham & District AC Ltd
3	David	Ainsworth	59	Senior Men	Altrincham & District AC Ltd
4	Hayden	Alcock	32	Senior Men	Altrincham & District AC Ltd
5	Michael	Berks	35	Senior Men	Altrincham & District AC Ltd
6	Ed	Buckley	43	Senior Men	Altrincham & District AC Ltd
7	Nick	Bugler	29	Senior Men	Altrincham & District AC Ltd
8	Nick	Burke	50	Senior Men	Altrincham & District AC Ltd
9	Sean	Butler	60	Senior Men	Altrincham & District AC Ltd
10	Akkeal	Chambers	20	Senior Men	Altrincham & District AC Ltd
1139	Duncan	Dickinson	53	Senior Men	Altrincham & District AC Ltd
11	Bill	Egan	50	Senior Men	Altrincham & District AC Ltd
12	Nathan	Egan	18	Senior Men	Altrincham & District AC Ltd
13	Richard	Evans	55	Senior Men	Altrincham & District AC Ltd
14	Adrian	Fuller	44	Senior Men	Altrincham & District AC Ltd
15	Matt	Gawne	28	Senior Men	Altrincham & District AC Ltd
16	Adam	Gooch	29	Senior Men	Altrincham & District AC Ltd
17	Colin	Hammond	54	Senior Men	Altrincham & District AC Ltd
18	Graham	Harrison	58	Senior Men	Altrincham & District AC Ltd
19	Andrew	Holloway	52	Senior Men	Altrincham & District AC Ltd
20	Mark	Hunter	61	Senior Men	Altrincham & District AC Ltd
1140	Shaun	Jackson	47	Senior Men	Altrincham & District AC Ltd
21	Richard	Jellyman	34	Senior Men	Altrincham & District AC Ltd
22	Brad	Johnson	43	Senior Men	Altrincham & District AC Ltd
23	Richard	Johnson	52	Senior Men	Altrincham & District AC Ltd
24	Mark	Jutzenka	59	Senior Men	Altrincham & District AC Ltd
25	Richard	Kennaugh	51	Senior Men	Altrincham & District AC Ltd
26	Richard	Lane	45	Senior Men	Altrincham & District AC Ltd
27	David	Livingstone	48	Senior Men	Altrincham & District AC Ltd
28	Dan	Martell	30	Senior Men	Altrincham & District AC Ltd
29	Kristan	Matuszczak	34	Senior Men	Altrincham & District AC Ltd
30	Hugh	McKenna	69	Senior Men	Altrincham & District AC Ltd
31	Rob	Metcalfe	38	Senior Men	Altrincham & District AC Ltd
32	Gordon	Nicoll	56	Senior Men	Altrincham & District AC Ltd
33	Andrew	Norman	38	Senior Men	Altrincham & District AC Ltd
34	David	Norman	39	Senior Men	Altrincham & District AC Ltd
35	Jeff	Norman	73	Senior Men	Altrincham & District AC Ltd
36	Mark	Offord	38	Senior Men	Altrincham & District AC Ltd
37	Malcolm	Orrell	30	Senior Men	Altrincham & District AC Ltd
1056	Matt	Page	42	Senior Men	Altrincham & District AC Ltd
1141	Craig	Partridge	50	Senior Men	Altrincham & District AC Ltd
38	Andrew	Paton-Crockett	35	Senior Men	Altrincham & District AC Ltd
1057	James	Pattison	37	Senior Men	Altrincham & District AC Ltd
39	Andy	Pickford	45	Senior Men	Altrincham & District AC Ltd

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No.	First Name	Last Name	Age	Race	Club
40	Peter	Pickwell	66	<i>Senior Men</i>	Altrincham & District AC Ltd
41	Roger	Preece	54	<i>Senior Men</i>	Altrincham & District AC Ltd
42	Daniel	Racle	18	<i>Senior Men</i>	Altrincham & District AC Ltd
43	George	Raffle	22	<i>Senior Men</i>	Altrincham & District AC Ltd
44	Tim	Raffle	55	<i>Senior Men</i>	Altrincham & District AC Ltd
45	Arthur	Raffle	19	<i>Senior Men</i>	Altrincham & District AC Ltd
46	Steven	Renny	49	<i>Senior Men</i>	Altrincham & District AC Ltd
47	Andrew	Spencer	43	<i>Senior Men</i>	Altrincham & District AC Ltd
48	Gareth	Turner	32	<i>Senior Men</i>	Altrincham & District AC Ltd
49	David	Vaughan	39	<i>Senior Men</i>	Altrincham & District AC Ltd
50	Neil	Walker	39	<i>Senior Men</i>	Altrincham & District AC Ltd
51	Duncan	Wilson	39	<i>Senior Men</i>	Altrincham & District AC Ltd

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No.	First Name	Last Name	Age	Race	Club
1142	Andrew	Armstrong	49	<i>Senior Men</i>	Belle Vue Racers
52	Dave	Cole	35	<i>Senior Men</i>	Belle Vue Racers
53	James	Corrigan	42	<i>Senior Men</i>	Belle Vue Racers
54	Ian	Kramer	50	<i>Senior Men</i>	Belle Vue Racers
55	Phil	Lee	43	<i>Senior Men</i>	Belle Vue Racers
56	Paul	Minton	33	<i>Senior Men</i>	Belle Vue Racers
57	Patrick	O'Brien	62	<i>Senior Men</i>	Belle Vue Racers
58	Andrew	Taylor	41	<i>Senior Men</i>	Belle Vue Racers
59	Damien	Tolan	41	<i>Senior Men</i>	Belle Vue Racers
60	Vic	Walsh	40	<i>Senior Men</i>	Belle Vue Racers
61	Phil	Wilcoxon	59	<i>Senior Men</i>	Belle Vue Racers

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No.	First Name	Last Name	Age	Race	Club
62	Richard	Adams	41	Senior Men	Bramhall Runners
63	Sarmid	Al-Kamil	53	Senior Men	Bramhall Runners
64	Michael	Barry	46	Senior Men	Bramhall Runners
65	Paul	Beckett	54	Senior Men	Bramhall Runners
66	Adam	Bird	41	Senior Men	Bramhall Runners
67	Adam	Brown	50	Senior Men	Bramhall Runners
68	James	Cooper	46	Senior Men	Bramhall Runners
69	Andy	Cordes	50	Senior Men	Bramhall Runners
70	Paul	Cowell	50	Senior Men	Bramhall Runners
72	Matthew	Deschoolmeester	45	Senior Men	Bramhall Runners
73	Phil	Evans	32	Senior Men	Bramhall Runners
74	Steve	Fairclough	53	Senior Men	Bramhall Runners
1058	Simon	Fennell	50	Senior Men	Bramhall Runners
75	Simon	Gebbett	47	Senior Men	Bramhall Runners
76	Mark	Grundy	58	Senior Men	Bramhall Runners
77	Richard	Hall	51	Senior Men	Bramhall Runners
78	Simon	Harlow	32	Senior Men	Bramhall Runners
79	Barry	Heap	52	Senior Men	Bramhall Runners
80	Nicholas	Heaton	48	Senior Men	Bramhall Runners
81	Michael	Hodson	47	Senior Men	Bramhall Runners
82	Steve	Hughes	55	Senior Men	Bramhall Runners
1059	Lee	Jones	46	Senior Men	Bramhall Runners
83	Ian	Keeling	49	Senior Men	Bramhall Runners
84	Jason	Lawler	50	Senior Men	Bramhall Runners
85	Lok	Li	48	Senior Men	Bramhall Runners
86	Matthew	Moran	37	Senior Men	Bramhall Runners
87	Darren	Nelson-Hall	34	Senior Men	Bramhall Runners
88	Michael	Pease	44	Senior Men	Bramhall Runners
89	Andy	Pennell	54	Senior Men	Bramhall Runners
90	Frank	Podd	48	Senior Men	Bramhall Runners
91	Andy	Porter	50	Senior Men	Bramhall Runners
92	Phil	Ramsey	43	Senior Men	Bramhall Runners
1060	Lee	Smith	42	Senior Men	Bramhall Runners
93	Russell	Sutton	44	Senior Men	Bramhall Runners
94	Paul	Taylor	45	Senior Men	Bramhall Runners
1061	Chris	Trask	45	Senior Men	Bramhall Runners
95	John	Williams	36	Senior Men	Bramhall Runners
96	John	Williams	43	Senior Men	Bramhall Runners
97	Benjamin	Wolstenholme	33	Senior Men	Bramhall Runners

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No.	First Name	Last Name	Age	Race	Club
98	Rick	Aldred	43	Senior Men	Buxton AC
99	Peter	Bailey	57	Senior Men	Buxton AC
100	Richard	Bouglas	37	Senior Men	Buxton AC
101	Jason	Burgess	42	Senior Men	Buxton AC
1062	Alasdair	Campbell	27	Senior Men	Buxton AC
102	David	Fryer-Winder	20	Senior Men	Buxton AC
103	Richard	Goff	38	Senior Men	Buxton AC
104	Matt	Hawtin	44	Senior Men	Buxton AC
105	Daniel	Latham	25	Senior Men	Buxton AC
106	Stefan	Ledin	57	Senior Men	Buxton AC
107	Andy	Lidstone	53	Senior Men	Buxton AC
108	Benjamin	Light	32	Senior Men	Buxton AC
109	Jacob	Miller	17	Senior Men	Buxton AC
110	Neil	Pearsons	53	Senior Men	Buxton AC
111	Mark	Pursell	43	Senior Men	Buxton AC
112	Tim	Rolfe	45	Senior Men	Buxton AC
113	Jonathan	Sewell	45	Senior Men	Buxton AC
114	Dave	Soles	56	Senior Men	Buxton AC
115	Daniel	Soles	17	Senior Men	Buxton AC
116	Mark	Thorogood	48	Senior Men	Buxton AC
117	Steve	Watson	54	Senior Men	Buxton AC
118	Andrew	Wearden	49	Senior Men	Buxton AC
119	Robert	White	44	Senior Men	Buxton AC
120	Nathaniel	Winfield	38	Senior Men	Buxton AC
121	Jacob	Winfield	17	Senior Men	Buxton AC

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No.	First Name	Last Name	Age	Race	Club
122	Peter	Adams	45	Senior Men	Chorlton Runners
123	Paul	Adams	55	Senior Men	Chorlton Runners
124	David	Alderson	46	Senior Men	Chorlton Runners
125	Andy	Baguley	40	Senior Men	Chorlton Runners
126	Colin	Banno-Thornton	45	Senior Men	Chorlton Runners
127	Julian	Beach	55	Senior Men	Chorlton Runners
128	Oliver	Bernstein	28	Senior Men	Chorlton Runners
129	Tim	Blackwell	44	Senior Men	Chorlton Runners
130	Warren	Bowden	51	Senior Men	Chorlton Runners
1063	Adam	Brant	40	Senior Men	Chorlton Runners
131	Peter	Bray	25	Senior Men	Chorlton Runners
132	Christopher	Bridges	39	Senior Men	Chorlton Runners
1064	Paul	Brown	35	Senior Men	Chorlton Runners
1041	John	Burgess	51	Senior Man	Chorlton Runners
133	Luke	Carter	30	Senior Men	Chorlton Runners
134	Chris	Clarke	32	Senior Men	Chorlton Runners
135	Simon	Clarke	37	Senior Men	Chorlton Runners
136	Justin	Cleary	32	Senior Men	Chorlton Runners
137	Terry	Crowther	43	Senior Men	Chorlton Runners
138	Steven	Curley	36	Senior Men	Chorlton Runners
1065	Gary	Daniels	40	Senior Men	Chorlton Runners
1166	Matthew	Devlin	34	Senior Men	Chorlton Runners
139	Euan	Doak	53	Senior Men	Chorlton Runners
140	Anthony	Everitt	31	Senior Men	Chorlton Runners
141	Tim	Fletcher	41	Senior Men	Chorlton Runners
142	Will	Fossard	36	Senior Men	Chorlton Runners
143	Mark	Gamblin	51	Senior Men	Chorlton Runners
1148	Ross	Giles	37	Senior Men	Chorlton Runners
144	Paul	Griffiths	46	Senior Men	Chorlton Runners
145	Andrew	Haney	43	Senior Men	Chorlton Runners
146	Michael	Hargreaves	35	Senior Men	Chorlton Runners
147	David	Hargreaves	34	Senior Men	Chorlton Runners
148	Jonathon	Harris	32	Senior Men	Chorlton Runners
149	David	Heywood	27	Senior Men	Chorlton Runners
150	Ben	Hobson	31	Senior Men	Chorlton Runners
151	Stuart	Holliday	42	Senior Men	Chorlton Runners
152	Keith	Holman	35	Senior Men	Chorlton Runners
153	Christian	Hook	44	Senior Men	Chorlton Runners
154	Etienne	Humphries	36	Senior Men	Chorlton Runners
155	Richard	Hutson	29	Senior Men	Chorlton Runners
1066	Ian	Jameson	43	Senior Men	Chorlton Runners
156	Philip	Jenkinson	39	Senior Men	Chorlton Runners
157	Nick	Jones	38	Senior Men	Chorlton Runners
158	Luke	Kelly	31	Senior Men	Chorlton Runners

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No.	First Name	Last Name	Age	Race	Club
159	Eamonn	Keogh	39	Senior Men	Chorlton Runners
160	Tim	Knowles	23	Senior Men	Chorlton Runners
161	Jonathan	Lancaster	28	Senior Men	Chorlton Runners
162	Sean	Lord	46	Senior Men	Chorlton Runners
163	Fraser	MacDonald Oulds	27	Senior Men	Chorlton Runners
164	Peter	Mainwaring	45	Senior Men	Chorlton Runners
1067	Peter	Marks	35	Senior Men	Chorlton Runners
165	Thomas	Marler	33	Senior Men	Chorlton Runners
166	Ben	McCormack	43	Senior Men	Chorlton Runners
167	Paul	McKenna	45	Senior Men	Chorlton Runners
168	Paul	Molloy	28	Senior Men	Chorlton Runners
1068	Ross	Murdoch	31	Senior Men	Chorlton Runners
169	Mark	Norman	38	Senior Men	Chorlton Runners
170	Nick	Parrott	40	Senior Men	Chorlton Runners
171	Chris	Peachey	52	Senior Men	Chorlton Runners
172	Russell	Price	34	Senior Men	Chorlton Runners
173	Christopher	Rayner	45	Senior Men	Chorlton Runners
174	Gareth	Rustigini	36	Senior Men	Chorlton Runners
175	James	Savage	36	Senior Men	Chorlton Runners
176	Drew	Savage	43	Senior Men	Chorlton Runners
177	Russell	Scott	34	Senior Men	Chorlton Runners
178	Gary	Scott	40	Senior Men	Chorlton Runners
179	Ian	Sharpe	48	Senior Men	Chorlton Runners
1161	Matthew	Shaw for M3.M4,M5	40	Senior Men	Chorlton Runners
180	Adam	Sheppard	39	Senior Men	Chorlton Runners
181	Stephen	Smith	29	Senior Men	Chorlton Runners
182	Jerry	Smith	64	Senior Men	Chorlton Runners
183	Jamie	Stewart	32	Senior Men	Chorlton Runners
184	Nick	Syrett	43	Senior Men	Chorlton Runners
185	Nick	Taylor	38	Senior Men	Chorlton Runners
186	Jonathan	Tout	24	Senior Men	Chorlton Runners
187	Mark	Tucker	45	Senior Men	Chorlton Runners
188	Mark	Turner	51	Senior Men	Chorlton Runners
1069	Daniel	Vasey	30	Senior Men	Chorlton Runners
189	Neal	Wainwright	35	Senior Men	Chorlton Runners
190	Oliver	Wallace	35	Senior Men	Chorlton Runners
191	Chris	Ward	31	Senior Men	Chorlton Runners
192	Guy	Weaver	40	Senior Men	Chorlton Runners
193	Steven	Welch	33	Senior Men	Chorlton Runners
1147	Francis	Wooff	55	Senior Men	Chorlton Runners
194	John	Wright	70	Senior Men	Chorlton Runners
195	David	Wyeth	37	Senior Men	Chorlton Runners

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No.	First Name	Last Name	Age	Race	Club
1070	Brendan	Broderick	49	<i>Senior Men</i>	Dragons RC (Sale)
196	John	Gay	40	<i>Senior Men</i>	Dragons RC (Sale)
197	Richard	Healy	44	<i>Senior Men</i>	Dragons RC (Sale)
198	Alan	Lamb	49	<i>Senior Men</i>	Dragons RC (Sale)
199	Tristan	Pocock	46	<i>Senior Men</i>	Dragons RC (Sale)
1167	Andy	Redford	44	<i>Senior Men</i>	Dragons RC (Sale)
200	Rob	Todd	57	<i>Senior Men</i>	Dragons RC (Sale)
201	Ian	Wood	55	<i>Senior Men</i>	Dragons RC (Sale)

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No.	First Name	Last Name	Age	Race	Club
202	Hailemariam	Abraham	17	<i>Senior Men</i>	East Cheshire H & Tameside AC
203	Gavin	Browne	30	<i>Senior Men</i>	East Cheshire H & Tameside AC
204	Liam	Browne	33	<i>Senior Men</i>	East Cheshire H & Tameside AC
205	Thomas	Clarke	48	<i>Senior Men</i>	East Cheshire H & Tameside AC
206	James	Fairfield	49	<i>Senior Men</i>	East Cheshire H & Tameside AC
207	Ian	Fraser	53	<i>Senior Men</i>	East Cheshire H & Tameside AC
208	Timothy	Greenald	45	<i>Senior Men</i>	East Cheshire H & Tameside AC
209	Matthew	Gush	39	<i>Senior Men</i>	East Cheshire H & Tameside AC
210	James	Hartshorne	36	<i>Senior Men</i>	East Cheshire H & Tameside AC
211	Barry	Hirst	56	<i>Senior Men</i>	East Cheshire H & Tameside AC
212	Robin	Horner	40	<i>Senior Men</i>	East Cheshire H & Tameside AC
213	Joseph	Hudak	25	<i>Senior Men</i>	East Cheshire H & Tameside AC
214	Derek	Hughes	57	<i>Senior Men</i>	East Cheshire H & Tameside AC
215	Christopher	Johnson	72	<i>Senior Men</i>	East Cheshire H & Tameside AC
216	Mussie	Kassa	18	<i>Senior Men</i>	East Cheshire H & Tameside AC
217	Alan	Kennedy	55	<i>Senior Men</i>	East Cheshire H & Tameside AC
218	Scott	Matthews	28	<i>Senior Men</i>	East Cheshire H & Tameside AC
219	Gary	Matthews	58	<i>Senior Men</i>	East Cheshire H & Tameside AC
220	Stephen	Roberts	50	<i>Senior Men</i>	East Cheshire H & Tameside AC
221	David	Salmon	72	<i>Senior Men</i>	East Cheshire H & Tameside AC
222	Darren	Smith	42	<i>Senior Men</i>	East Cheshire H & Tameside AC
223	Michael	Stansfield	42	<i>Senior Men</i>	East Cheshire H & Tameside AC
1162	Joe	Steward	22	<i>Senior Men</i>	East Cheshire H & Tameside AC
224	Jacob	Taylor	17	<i>Senior Men</i>	East Cheshire H & Tameside AC
225	Dennis	Thomas	44	<i>Senior Men</i>	East Cheshire H & Tameside AC

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No.	First Name	Last Name	Age	Race	Club
226	Tim	Budd	38	<i>Senior Men</i>	Glossopdale Harriers
227	Andrew	Burnett	53	<i>Senior Men</i>	Glossopdale Harriers
228	David	Chrystie-Lowe	61	<i>Senior Men</i>	Glossopdale Harriers
229	Matt	Crompton	41	<i>Senior Men</i>	Glossopdale Harriers
230	Steve	Crossman	51	<i>Senior Men</i>	Glossopdale Harriers
231	Peter	Daly	50	<i>Senior Men</i>	Glossopdale Harriers
232	Frank	Fielding	67	<i>Senior Men</i>	Glossopdale Harriers
233	Jamie	Helmer	42	<i>Senior Men</i>	Glossopdale Harriers
234	Chris	Jackson	32	<i>Senior Men</i>	Glossopdale Harriers
235	Steve	Knowles	47	<i>Senior Men</i>	Glossopdale Harriers
236	Nick	Lord	36	<i>Senior Men</i>	Glossopdale Harriers
1071	Neil	McGraw	45	<i>Senior Men</i>	Glossopdale Harriers
237	Ian	Oates	52	<i>Senior Men</i>	Glossopdale Harriers
238	Sean	Phillips	28	<i>Senior Men</i>	Glossopdale Harriers
239	John	Stephenson	61	<i>Senior Men</i>	Glossopdale Harriers
240	Daniel	Stinton	39	<i>Senior Men</i>	Glossopdale Harriers
241	Greg	Wasinski	40	<i>Senior Men</i>	Glossopdale Harriers
242	Simon	Watts	33	<i>Senior Men</i>	Glossopdale Harriers
243	Chris	Webb	38	<i>Senior Men</i>	Glossopdale Harriers

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No.	First Name	Last Name	Age	Race	Club
1158	Colin	Allott	37	Senior Men	Goyt Valley Striders
244	Kevin	Day	53	Senior Men	Goyt Valley Striders
1044	Fotheringham	Peter	50	Senior Men	Goyt Valley Striders
245	Aidan	Grant	43	Senior Men	Goyt Valley Striders
246	Steve	Hennessey	61	Senior Men	Goyt Valley Striders
247	James	Hobson	38	Senior Men	Goyt Valley Striders
248	Paul	Hunt	54	Senior Men	Goyt Valley Striders
1072	Thomas	Jackson	29	Senior Men	Goyt Valley Striders
249	Lucas	Jones	44	Senior Men	Goyt Valley Striders
250	Matthew	King	42	Senior Men	Goyt Valley Striders
251	Robin	Leathley	30	Senior Men	Goyt Valley Striders
252	Connor	Lomax	44	Senior Men	Goyt Valley Striders
253	Rob	McNeil	27	Senior Men	Goyt Valley Striders
254	Paul	Oakley	54	Senior Men	Goyt Valley Striders
255	Steven	Pearson	30	Senior Men	Goyt Valley Striders
256	Nathan	Porter	28	Senior Men	Goyt Valley Striders
257	James	Rees	40	Senior Men	Goyt Valley Striders
258	Mark	Ruston	42	Senior Men	Goyt Valley Striders
259	Stephen	Sanders	64	Senior Men	Goyt Valley Striders
260	Thomas	Screen	44	Senior Men	Goyt Valley Striders
261	Chris	Tetley	61	Senior Men	Goyt Valley Striders
262	Mark	Whelan	51	Senior Men	Goyt Valley Striders
1073	Roy	Whittle	43	Senior Men	Goyt Vallet Striders
1045	Pete	Woodhead	43	Senior Men	Goyt Valley Striders

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
263	Chris	Ashbrook	42	<i>Senior Men</i>	Halton & Frodsham Harriers
264	Matthew	Larkin	46	<i>Senior Men</i>	Halton & Frodsham Harriers
265	Christopher	Larkin	18	<i>Senior Men</i>	Halton & Frodsham Harriers

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
266	Martyn	Bell	49	Senior Men	Horwich RMI Harriers
267	Gareth	Booth	47	Senior Men	Horwich RMI Harriers
268	Jonathan	Bruton	30	Senior Men	Horwich RMI Harriers
269	Michael	Chadderton	28	Senior Men	Horwich RMI Harriers
270	Gary	Chadderton	57	Senior Men	Horwich RMI Harriers
271	Ian	Conroy	37	Senior Men	Horwich RMI Harriers
272	Andrew	Crickmore	24	Senior Men	Horwich RMI Harriers
273	Christopher	Essex-Crosby	42	Senior Men	Horwich RMI Harriers
274	Douglas	Fleming	59	Senior Men	Horwich RMI Harriers
275	Andy	Ford	36	Senior Men	Horwich RMI Harriers
276	Alex	Fowler	28	Senior Men	Horwich RMI Harriers
277	Daniel	Gilbert	43	Senior Men	Horwich RMI Harriers
1074	Richard	Howarth	44	Senior Men	Horwich RMI Harriers
278	David	Jackson	48	Senior Men	Horwich RMI Harriers
279	James	Jordan	35	Senior Men	Horwich RMI Harriers
280	James	Kevan	31	Senior Men	Horwich RMI Harriers
281	Nick	Leigh	42	Senior Men	Horwich RMI Harriers
282	Andrew	Lloyd	48	Senior Men	Horwich RMI Harriers
283	Phil	Marsden	37	Senior Men	Horwich RMI Harriers
284	Alastair	Murray	43	Senior Men	Horwich RMI Harriers
285	Lawrence	Pinnell	51	Senior Men	Horwich RMI Harriers
286	Simon	Pymm	30	Senior Men	Horwich RMI Harriers
287	Graham	Schofield	62	Senior Men	Horwich RMI Harriers
288	James Steven	Scott-Farrington	23	Senior Men	Horwich RMI Harriers
1170	Mark	Walsh	50	Senior Men	Horwich RMI Harriers
1075	Sam	Wardle	19	Senior Men	Horwich RMI Harriers

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
1043	Howard	Bamber	64	<i>Senior Men</i>	Hyde Village Striders
289	Jamie	Briggs	31	<i>Senior Men</i>	Hyde Village Striders
290	Shaun	Chambers	52	<i>Senior Men</i>	Hyde Village Striders
291	Sudam	Gamage	35	<i>Senior Men</i>	Hyde Village Striders
292	Gareth John	Hurfurt	49	<i>Senior Men</i>	Hyde Village Striders
293	Jon	Kerr	53	<i>Senior Men</i>	Hyde Village Striders
294	Steve	Lyons	52	<i>Senior Men</i>	Hyde Village Striders
295	Dominic	Sexton	53	<i>Senior Men</i>	Hyde Village Striders
296	Ryan	Sproat	31	<i>Senior Men</i>	Hyde Village Striders

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
297	Luke	Ainsworth	36	Senior Men	Knutsford Tri Club
298	Richard	Brown	39	Senior Men	Knutsford Tri Club
299	Sean	Connon	30	Senior Men	Knutsford Tri Club
300	Andy	Dines	54	Senior Men	Knutsford Tri Club
301	Darren	Edale	44	Senior Men	Knutsford Tri Club
302	Jeff	Fidler	53	Senior Men	Knutsford Tri Club
303	Adam	Fleming	42	Senior Men	Knutsford Tri Club
304	John	Goggins	41	Senior Men	Knutsford Tri Club
305	Andy	Gray	44	Senior Men	Knutsford Tri Club
306	Ben	Hagger	41	Senior Men	Knutsford Tri Club
1076	Steve	Handley	54	Senior Men	Knutsford Tri Club
1077	Ewan	Holton	41	Senior Men	Knutsford Tri Club
307	Arran	McCloskey	22	Senior Men	Knutsford Tri Club
308	Kevin	McCloskey	52	Senior Men	Knutsford Tri Club
309	Matthew	Mollart	36	Senior Men	Knutsford Tri Club
310	Andrew	Orme	47	Senior Men	Knutsford Tri Club
311	Jose	Perez	47	Senior Men	Knutsford Tri Club
312	Peter	Price	48	Senior Men	Knutsford Tri Club
313	Paul	Stubbs Jefferies	58	Senior Men	Knutsford Tri Club
314	Edward	Taylor	49	Senior Men	Knutsford Tri Club
315	James	Upton	44	Senior Men	Knutsford Tri Club
316	Matthew	Wackett	28	Senior Men	Knutsford Tri Club
317	Rob	Wilson	51	Senior Men	Knutsford Tri Club

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
1078	Max	Brame	17	<i>Senior Men</i>	Liverpool H & AC
318	Liam	Burthem	21	<i>Senior Men</i>	Liverpool H & AC
1079	Lyndon	Easthope	43	<i>Senior Men</i>	Liverpool H & AC
1080	Thomas	Rogerson	19	<i>Senior Men</i>	Liverpool H & AC
1081	Lee	Siemaszko	48	<i>Senior Men</i>	Liverpool H & AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
319	Patrick	Ahern	56	Senior Men	Macclesfield H & AC
320	Richard	Applewhite	44	Senior Men	Macclesfield H & AC
321	Richard	Brown	48	Senior Men	Macclesfield H & AC
322	Julian	Brown	53	Senior Men	Macclesfield H & AC
323	Mark	Burley	31	Senior Men	Macclesfield H & AC
324	Joe	De Sousa	51	Senior Men	Macclesfield H & AC
325	Ewan	Edmondson	32	Senior Men	Macclesfield H & AC
326	Chris	Goodfellow	47	Senior Men	Macclesfield H & AC
327	Robert	Hasler	37	Senior Men	Macclesfield H & AC
328	Billy	Hicks	27	Senior Men	Macclesfield H & AC
329	Oliver	Higby	34	Senior Men	Macclesfield H & AC
330	David	Larkin	43	Senior Men	Macclesfield H & AC
331	Tim	Marsh	46	Senior Men	Macclesfield H & AC
332	Steven	Millar	45	Senior Men	Macclesfield H & AC
333	James	Noakes	51	Senior Men	Macclesfield H & AC
334	Ray	O'Keefe	53	Senior Men	Macclesfield H & AC
335	Robbie	Peal	19	Senior Men	Macclesfield H & AC
336	Neil	Pettie	45	Senior Men	Macclesfield H & AC
337	Jimmy	Sheldon	29	Senior Men	Macclesfield H & AC
338	David	Shoesmith	65	Senior Men	Macclesfield H & AC
339	Barrie	Thomason	51	Senior Men	Macclesfield H & AC
340	Mark	Walker	40	Senior Men	Macclesfield H & AC
341	Michael	Walton	42	Senior Men	Macclesfield H & AC
342	Mark	Wheelton	59	Senior Men	Macclesfield H & AC
343	Brian	Whitlock	45	Senior Men	Macclesfield H & AC
344	Shaun	Wilde	54	Senior Men	Macclesfield H & AC
345	Gary	Willcock	56	Senior Men	Macclesfield H & AC
346	Dave	Wilson	51	Senior Men	Macclesfield H & AC
1157	Scott	Wilson	30	Senior Men	Macclesfield H & AC
347	Ben	Wood	43	Senior Men	Macclesfield H & AC
1049	James	Wood	41	Senior Men	Macclesfield H & AC
348	Alex	Wright	40	Senior Men	Macclesfield H & AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
1082	Mehmet	Agdiran	35	Senior Men	Manchester Frontrunners
349	Tom	Bardwell	32	Senior Men	Manchester Frontrunners
350	Gregory	Beck	33	Senior Men	Manchester Frontrunners
351	Chris	Benn	27	Senior Men	Manchester Frontrunners
352	Thomas	Blackburn	28	Senior Men	Manchester Frontrunners
353	David	Chambers	33	Senior Men	Manchester Frontrunners
354	John	Clark	46	Senior Men	Manchester Frontrunners
355	Paul	Crowe	39	Senior Men	Manchester Frontrunners
356	Martin	Dunn	31	Senior Men	Manchester Frontrunners
357	Andrew	Fergusson	32	Senior Men	Manchester Frontrunners
358	James	Fox	40	Senior Men	Manchester Frontrunners
359	Greig	Frankland	35	Senior Men	Manchester Frontrunners
1083	Nico	Gibert	44	Senior Men	Manchester Frontrunners
360	Jono	Guildford	41	Senior Men	Manchester Frontrunners
361	Steve	Hatton	39	Senior Men	Manchester Frontrunners
362	Joe	Jarvis	30	Senior Men	Manchester Frontrunners
363	Kunaal	Kharbanda	34	Senior Men	Manchester Frontrunners
364	Carl	Lane	36	Senior Men	Manchester Frontrunners
365	John	Lowe	44	Senior Men	Manchester Frontrunners
366	Nick	Markley	37	Senior Men	Manchester Frontrunners
367	Jordan	Millar	31	Senior Men	Manchester Frontrunners
368	James	Moles	44	Senior Men	Manchester Frontrunners
369	Paul	O'Neill	38	Senior Men	Manchester Frontrunners
370	Andrew	Porter	30	Senior Men	Manchester Frontrunners
371	Roberto	Raso	54	Senior Men	Manchester Frontrunners
372	Stephen	Weigh	38	Senior Men	Manchester Frontrunners
373	Kieran	Welsh	41	Senior Men	Manchester Frontrunners
374	Dan	Whittaker	46	Senior Men	Manchester Frontrunners
375	Edmund	Woodfield	28	Senior Men	Manchester Frontrunners
376	Joe	Yang	40	Senior Men	Manchester Frontrunners

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
377	Matt	Atkinson	33	Senior Men	Manchester H & AC
378	Lloyd	Barlow	49	Senior Men	Manchester H & AC
379	Arnold	Bradshaw	71	Senior Men	Manchester H & AC
380	Jason	Brogan	48	Senior Men	Manchester H & AC
1084	James	Bryson	24	Senior Men	Manchester H & AC
381	Darren	Cooper	38	Senior Men	Manchester H & AC
382	Michael	Cunningham	73	Senior Men	Manchester H & AC
383	Luke	Doleman	19	Senior Men	Manchester H & AC
384	David	Dyer	47	Senior Men	Manchester H & AC
385	Ed	Fazakerley	49	Senior Men	Manchester H & AC
386	Glen	Gandy	52	Senior Men	Manchester H & AC
387	David	Gee	65	Senior Men	Manchester H & AC
388	John	Halliwell	55	Senior Men	Manchester H & AC
389	Paul	Heron	35	Senior Men	Manchester H & AC
390	Chris	Hibbert	51	Senior Men	Manchester H & AC
391	James	Hinde	44	Senior Men	Manchester H & AC
392	Charlie	Johnson	21	Senior Men	Manchester H & AC
393	Mark	Jones	38	Senior Men	Manchester H & AC
394	Martin	Joyce	56	Senior Men	Manchester H & AC
395	Denis	Kelly	51	Senior Men	Manchester H & AC
396	Mike	Long	54	Senior Men	Manchester H & AC
397	Alex	Masidlover	40	Senior Men	Manchester H & AC
398	Steve	McCall	59	Senior Men	Manchester H & AC
399	Kevin	O Hara	42	Senior Men	Manchester H & AC
400	Andrew	Parsonage	25	Senior Men	Manchester H & AC
401	Neil	Ryan	37	Senior Men	Manchester H & AC
402	Chris	Sewart	43	Senior Men	Manchester H & AC
403	Ben	Skertchly	18	Senior Men	Manchester H & AC
404	Richard	Skitt	35	Senior Men	Manchester H & AC
405	Jonathon	Stewart	22	Senior Men	Manchester H & AC
406	Craig	Turner	52	Senior Men	Manchester H & AC
407	Victor	Van Velzen	40	Senior Men	Manchester H & AC
408	Marcus	Walker	61	Senior Men	Manchester H & AC
409	Robert	Weston	29	Senior Men	Manchester H & AC
1085	Rocco	Zaman-Browne	17	Senior Men	Manchester H & AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
1143	Isaac	Blackshaw	21	<i>Senior Men</i>	Manchester Metropolitan University AC
543	Reis	Brooke	19	<i>Senior Men</i>	Manchester Metropolitan University AC
1087	Padraig	Goggin	25	<i>Senior Meen</i>	Manchester Metropolitan University AC
1046	Lionel	Heilmann	20	<i>Senior Men</i>	Manchester Metropolitan University AC
544	Jonny	Hill	21	<i>Senior Men</i>	Manchester Metropolitan University AC
1086	Amine	Khelifi	26	<i>Senior Men</i>	Manchester Metropolitan University AC
1047	Nathan Andrew	Mahawi	18	<i>Senior Men</i>	Manchester Metropolitan University AC
545	William	Rawson	22	<i>Senior Men</i>	Manchester Metropolitan University AC
546	Dillan	Roberts	19	<i>Senior Men</i>	Manchester Metropolitan University AC
1088	Francis	Twumasi	27	<i>Senior Men</i>	Manchester Metropolitan University AC
1048	Liban	Van Haren	21	<i>Senior Men</i>	Manchester Metropolitan University AC
547	Rakesh	Yadav	18	<i>Senior Men</i>	Manchester Metropolitan University AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
410	Andy	Adkin	41	Senior Men	Manchester Triathlon Club
411	Robert	Anthony	39	Senior Men	Manchester Triathlon Club
412	Damian	Aspin	44	Senior Men	Manchester Triathlon Club
413	Lee	Benson	55	Senior Men	Manchester Triathlon Club
414	Lee	Bibby	46	Senior Men	Manchester Triathlon Club
415	Brian	Biggar	45	Senior Men	Manchester Triathlon Club
416	Ronan	Brennan	49	Senior Men	Manchester Triathlon Club
417	Phil	Brydges	47	Senior Men	Manchester Triathlon Club
418	Tim	Condon	30	Senior Men	Manchester Triathlon Club
419	Stephen	Cordiner	37	Senior Men	Manchester Triathlon Club
420	Jack	Davy	27	Senior Men	Manchester Triathlon Club
421	Alex	Dickinson	26	Senior Men	Manchester Triathlon Club
422	Andrew	Dow	48	Senior Men	Manchester Triathlon Club
423	Lewis	Eccleston	25	Senior Men	Manchester Triathlon Club
424	Christopher	Ellett	41	Senior Men	Manchester Triathlon Club
425	Dean	Evans	42	Senior Men	Manchester Triathlon Club
426	Eduardo	Fe	43	Senior Men	Manchester Triathlon Club
427	Thomas	Galvin	35	Senior Men	Manchester Triathlon Club
428	Christopher	Garratt	37	Senior Men	Manchester Triathlon Club
429	Shaun	Gilmour	36	Senior Men	Manchester Triathlon Club
430	Daniel	Green	32	Senior Men	Manchester Triathlon Club
431	Rob	Harper	41	Senior Men	Manchester Triathlon Club
1089	Chris	Hay	35	Senior Men	Manchester Triathlon Club
432	Tom	Hogan	45	Senior Men	Manchester Triathlon Club
433	Bryan	Hopwood	53	Senior Men	Manchester Triathlon Club
434	Scott	Houston	30	Senior Men	Manchester Triathlon Club
435	Peter	Hulme	47	Senior Men	Manchester Triathlon Club
436	Richard	Hyder	40	Senior Men	Manchester Triathlon Club
437	Andrew	Hynes	42	Senior Men	Manchester Triathlon Club
438	Tim	Johns	51	Senior Men	Manchester Triathlon Club
439	Christopher	Jones	41	Senior Men	Manchester Triathlon Club
440	Brendan	Kennedy	31	Senior Men	Manchester Triathlon Club
441	Alex	Lawton	30	Senior Men	Manchester Triathlon Club
442	Adrian	Leeming	51	Senior Men	Manchester Triathlon Club
1149	Alan	Leonard	45	Senior Men	Manchester Triathlon Club
443	Arek	Majdanski	41	Senior Men	Manchester Triathlon Club
444	Phil	Mayall	45	Senior Men	Manchester Triathlon Club
445	Simon	McGlone	33	Senior Men	Manchester Triathlon Club
446	Stewart	Moore	30	Senior Men	Manchester Triathlon Club
447	John	Murray	46	Senior Men	Manchester Triathlon Club
448	Matt	Newell	36	Senior Men	Manchester Triathlon Club
449	Tom	Pickering	26	Senior Men	Manchester Triathlon Club
450	Stephen	Pollard	40	Senior Men	Manchester Triathlon Club
1150	Paul	Radford	28	Senior Men	Manchester Triathlon Club

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
451	Graham	Rands	37	<i>Senior Men</i>	Manchester Triathlon Club
452	Robert	Russell	25	<i>Senior Men</i>	Manchester Triathlon Club
453	Aaron	Saxton	37	<i>Senior Men</i>	Manchester Triathlon Club
454	Paul	Schofield	51	<i>Senior Men</i>	Manchester Triathlon Club
455	Alex	Smith	30	<i>Senior Men</i>	Manchester Triathlon Club
456	Ben	Strutt	51	<i>Senior Men</i>	Manchester Triathlon Club
457	Murray	Taylor	33	<i>Senior Men</i>	Manchester Triathlon Club
458	Nick	Taylor	39	<i>Senior Men</i>	Manchester Triathlon Club
459	Stephen	Taylor	50	<i>Senior Men</i>	Manchester Triathlon Club
460	Richard	Tennant	23	<i>Senior Men</i>	Manchester Triathlon Club
461	Stewart	Tennant	54	<i>Senior Men</i>	Manchester Triathlon Club
462	Roger	Thomas	47	<i>Senior Men</i>	Manchester Triathlon Club
463	Harry	Vaneris	38	<i>Senior Men</i>	Manchester Triathlon Club
464	Cliff	Veighey	44	<i>Senior Men</i>	Manchester Triathlon Club
465	Chris	Watson	49	<i>Senior Men</i>	Manchester Triathlon Club
466	Thomas	Webster	34	<i>Senior Men</i>	Manchester Triathlon Club
467	Steven	Wynne	44	<i>Senior Men</i>	Manchester Triathlon Club

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
468	David	Ashton	69	<i>Senior Men</i>	Manchester YMCA Harriers
469	Richard	Brierley	30	<i>Senior Men</i>	Manchester YMCA Harriers
470	Tony	Brierley	65	<i>Senior Men</i>	Manchester YMCA Harriers
471	Peter	Flew	34	<i>Senior Men</i>	Manchester YMCA Harriers
472	David	Garner	54	<i>Senior Men</i>	Manchester YMCA Harriers
473	Mark	Griffiths	37	<i>Senior Men</i>	Manchester YMCA Harriers
474	Joseph	Hayes	30	<i>Senior Men</i>	Manchester YMCA Harriers
475	Stephen	Ingham	60	<i>Senior Men</i>	Manchester YMCA Harriers
476	Craig	Jones	39	<i>Senior Men</i>	Manchester YMCA Harriers
477	Robert	Kedian	42	<i>Senior Men</i>	Manchester YMCA Harriers
478	Jonathan	Lavery	32	<i>Senior Men</i>	Manchester YMCA Harriers
479	Josh	Makin	26	<i>Senior Men</i>	Manchester YMCA Harriers
480	Chris	March	34	<i>Senior Men</i>	Manchester YMCA Harriers
481	Michael	Obrien	61	<i>Senior Men</i>	Manchester YMCA Harriers
482	Jon	Paramor	67	<i>Senior Men</i>	Manchester YMCA Harriers
483	Martin	Rimmer	25	<i>Senior Men</i>	Manchester YMCA Harriers
484	Tim	Shanker	51	<i>Senior Men</i>	Manchester YMCA Harriers
485	Bernard	Stricker	29	<i>Senior Men</i>	Manchester YMCA Harriers
486	Philip	Tomkinson	31	<i>Senior Men</i>	Manchester YMCA Harriers
487	Graeme	Wilkinson	36	<i>Senior Men</i>	Manchester YMCA Harriers
488	Matthew	Wright	29	<i>Senior Men</i>	Manchester YMCA Harriers

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
489	John	Bailey	38	Senior Men	Marple Runners
490	James	Banks	51	Senior Men	Marple Runners
491	Thomas John	Callaghan	48	Senior Men	Marple Runners
492	Oliver	Coburn	25	Senior Men	Marple Runners
493	James	Deighton	45	Senior Men	Marple Runners
494	David	Farrington	37	Senior Men	Marple Runners
495	Simeon	Farrington-Newman	44	Senior Men	Marple Runners
496	Richard	Furniss	54	Senior Men	Marple Runners
497	Ian	Galloway	47	Senior Men	Marple Runners
498	Simon	Harding	40	Senior Men	Marple Runners
499	Mark	Harrison	28	Senior Men	Marple Runners
500	Rob	Heywood	53	Senior Men	Marple Runners
501	Andrew	Hodson	48	Senior Men	Marple Runners
502	Dave	Hughes	30	Senior Men	Marple Runners
503	Simon	Hughes	36	Senior Men	Marple Runners
504	Andy	Jackson	33	Senior Men	Marple Runners
505	Alistair	Jordan	55	Senior Men	Marple Runners
506	Mike	Kelly	48	Senior Men	Marple Runners
507	James	Kemp	50	Senior Men	Marple Runners
1171	Lee	Leston-Jones	46	Senior Men	Marple Runners
508	Andrew	Lord	55	Senior Men	Marple Runners
509	Mark	Lynch	50	Senior Men	Marple Runners
510	Rob	McCarthy	46	Senior Men	Marple Runners
511	Graham	Murray	57	Senior Men	Marple Runners
512	Pete	Ogley	45	Senior Men	Marple Runners
513	Darren	Peatfield	48	Senior Men	Marple Runners
514	Tony	Pratt	52	Senior Men	Marple Runners
515	Simon	Rushton	53	Senior Men	Marple Runners
516	Adrian	Thomas	54	Senior Men	Marple Runners
517	Martin	Townsend	59	Senior Men	Marple Runners
518	John	Waiting	32	Senior Men	Marple Runners
519	Jeremy	Woodham	45	Senior Men	Marple Runners

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
520	Robert	Ashton	60	Senior Men	Middleton H AC
521	Rob	Bishop	39	Senior Men	Middleton H AC
522	Jorden	Burke	38	Senior Men	Middleton H AC
523	Leo	Cain	40	Senior Men	Middleton H AC
524	Tony	Campbell	39	Senior Men	Middleton H AC
525	Colin Allen	Carter	51	Senior Men	Middleton H AC
526	Alan	Garvey	64	Senior Men	Middleton H AC
527	Michael	Griffin	43	Senior Men	Middleton H AC
528	Mike	Grimshaw	46	Senior Men	Middleton H AC
529	Jason	Harling	32	Senior Men	Middleton H AC
530	Jordan	Hughes	31	Senior Men	Middleton H AC
531	Chris	Humble	33	Senior Men	Middleton H AC
532	John	Humphreys	34	Senior Men	Middleton H AC
533	Graham	Jordan	40	Senior Men	Middleton H AC
534	Keith	Knott	36	Senior Men	Middleton H AC
1090	Anthony	Lowe	59	Senior Men	Middleton H AC
535	Stephen	Lowe	39	Senior Men	Middleton H AC
1091	Ryan	Lyndsey	38	Senior Men	Middleton H AC
536	Bryan	O'Neill	44	Senior Men	Middleton H AC
537	Paul	Quine	35	Senior Men	Middleton H AC
538	Roland	Robson	61	Senior Men	Middleton H AC
539	Martin	Sampson	39	Senior Men	Middleton H AC
540	Craig	Sutherland	61	Senior Men	Middleton H AC
541	Graham	Turner	46	Senior Men	Middleton H AC
1092	John	Weaver	35	Senior Men	Middleton H AC
542	Leon	Wint	31	Senior Men	Middleton H AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
548	Paul	Bartholomew	41	<i>Senior Men</i>	Oldham & Royton H & AC
549	David	Carroll	37	<i>Senior Men</i>	Oldham & Royton H & AC
550	Connor	Colleavy	22	<i>Senior Men</i>	Oldham & Royton H & AC
551	Trevor	Davies	47	<i>Senior Men</i>	Oldham & Royton H & AC
552	Nathan	Hilditch	21	<i>Senior Men</i>	Oldham & Royton H & AC
553	John	Hudson	68	<i>Senior Men</i>	Oldham & Royton H & AC
554	Michael	Mannings	30	<i>Senior Men</i>	Oldham & Royton H & AC
555	Lee	Robinson	42	<i>Senior Men</i>	Oldham & Royton H & AC
556	David James	Smith	56	<i>Senior Men</i>	Oldham & Royton H & AC
557	Robert	Smyk	17	<i>Senior Men</i>	Oldham & Royton H & AC
1050	Daniel	Timperley	31	<i>Senior Men</i>	Oldham & Royton H & AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
1093	Lee	Dunn	48	<i>Senior Men</i>	Quays Running Club
1151	Stuart	Farmer	42	<i>Senior Men</i>	Quays Running Club
1094	Phil	Pennall	35	<i>Senior Men</i>	Quays Running Club
1051	Stephen	Symons	52	<i>Senior Men</i>	Quays Running Club

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
558	Danny	Appleby	38	Senior Men	Sale Harriers Manchester
559	Miran	Aprahamian	64	Senior Men	Sale Harriers Manchester
560	Mike	Ashby	39	Senior Men	Sale Harriers Manchester
561	Sam	Aspinwall	30	Senior Men	Sale Harriers Manchester
562	Matthew	Barnes	41	Senior Men	Sale Harriers Manchester
563	Paul	Barrett	38	Senior Men	Sale Harriers Manchester
564	Nicholas	Barry	32	Senior Men	Sale Harriers Manchester
565	Gaurav	Batra	47	Senior Men	Sale Harriers Manchester
566	Matthew	Bell	42	Senior Men	Sale Harriers Manchester
1095	Luke	Betts	24	Senior Men	Sale Harriers Manchester
567	Jacob	Birtles	18	Senior Men	Sale Harriers Manchester
568	Jason	Bowers	44	Senior Men	Sale Harriers Manchester
569	Craig	Bradbury	43	Senior Men	Sale Harriers Manchester
570	Alex	Bradford	23	Senior Men	Sale Harriers Manchester
571	Brian	Bradshaw	58	Senior Men	Sale Harriers Manchester
1096	Mark	Brown	29	Senior Men	Sale Harriers Manchester
1152	Richard	Brown	49	Senior Men	Sale Harriers Manchester
572	Nathan	Cameron	42	Senior Men	Sale Harriers Manchester
573	Andrew	Carlin	32	Senior Men	Sale Harriers Manchester
574	Luke	Chesters	17	Senior Men	Sale Harriers Manchester
575	Hector	Chinoy	45	Senior Men	Sale Harriers Manchester
576	Richard	Clancy	42	Senior Men	Sale Harriers Manchester
577	Frank	Cordingley	57	Senior Men	Sale Harriers Manchester
578	Michael	Curley	69	Senior Men	Sale Harriers Manchester
579	Ibrahima	Diallo	21	Senior Men	Sale Harriers Manchester
580	Chris	Donnelly	40	Senior Men	Sale Harriers Manchester
581	Robert	Dunn	35	Senior Men	Sale Harriers Manchester
582	Richard	Edwards	41	Senior Men	Sale Harriers Manchester
583	Rob	Fairbanks	40	Senior Men	Sale Harriers Manchester
584	Kevin	Foster	30	Senior Men	Sale Harriers Manchester
585	Mark	Fox	39	Senior Men	Sale Harriers Manchester
1097	George	Frost	28	Senior Men	Sale Harriers Manchester
586	Olivier	Gaillemin	45	Senior Men	Sale Harriers Manchester
587	Duane	Gaunt	28	Senior Men	Sale Harriers Manchester
588	Steven	Gavin	48	Senior Men	Sale Harriers Manchester
589	Shaun	Gee	18	Senior Men	Sale Harriers Manchester
590	Euan	Gilchrist	20	Senior Men	Sale Harriers Manchester
591	Paul	Green	46	Senior Men	Sale Harriers Manchester
592	Chris	Green	46	Senior Men	Sale Harriers Manchester
1098	Rob	Halfpenny	30	Senior Men	Sale Harriers Manchester
593	Nathan	Harrison	28	Senior Men	Sale Harriers Manchester
594	Matthew	Harrison	41	Senior Men	Sale Harriers Manchester
1099	Najib Ali	Hassan	17	Senior Men	Sale Harriers Manchester
595	Steven	Henderson	34	Senior Men	Sale Harriers Manchester

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
596	Gavin	Hill	33	Senior Men	Sale Harriers Manchester
597	Duncan	Hill	45	Senior Men	Sale Harriers Manchester
598	Kenneth	Hunt	34	Senior Men	Sale Harriers Manchester
599	Noel	Irwin	54	Senior Men	Sale Harriers Manchester
600	Ken	James	53	Senior Men	Sale Harriers Manchester
601	Dominic	Jones	31	Senior Men	Sale Harriers Manchester
602	Damien	Jones	34	Senior Men	Sale Harriers Manchester
1100	Daniel	Kashi	27	Senior Men	Sale Harriers Manchester
603	Lee	Kaufman	49	Senior Men	Sale Harriers Manchester
604	Tim	Kennedy	37	Senior Men	Sale Harriers Manchester
605	Scott	Lally	47	Senior Men	Sale Harriers Manchester
606	Simon	Latham	33	Senior Men	Sale Harriers Manchester
607	Ashley	Lindsey	48	Senior Men	Sale Harriers Manchester
608	Kian	Lindsey	17	Senior Men	Sale Harriers Manchester
1101	Patrick	Magner	19	Senior Men	Sale Harriers Manchester
609	Rob	Marsden	36	Senior Men	Sale Harriers Manchester
610	David	Marsh	31	Senior Men	Sale Harriers Manchester
611	Nigel	Martin	31	Senior Men	Sale Harriers Manchester
612	Stephen	McCarron	44	Senior Men	Sale Harriers Manchester
613	Ben	McIntyre	39	Senior Men	Sale Harriers Manchester
1102	Andrew	Mooney	33	Senior Men	Sale Harriers Manchester
614	John	Morris	37	Senior Men	Sale Harriers Manchester
615	Matthew	Oldham	40	Senior Men	Sale Harriers Manchester
616	Peter	O'Neill	38	Senior Men	Sale Harriers Manchester
617	Stephen	Parry	57	Senior Men	Sale Harriers Manchester
618	Aidan	Raftery	59	Senior Men	Sale Harriers Manchester
619	Timothy	Rainey	53	Senior Men	Sale Harriers Manchester
620	Gareth	Raven	44	Senior Men	Sale Harriers Manchester
621	Philip	Robertson	25	Senior Men	Sale Harriers Manchester
622	Paul	Rowley	38	Senior Men	Sale Harriers Manchester
623	Callum	Rowlinson	25	Senior Men	Sale Harriers Manchester
624	Gary	Rowlinson	55	Senior Men	Sale Harriers Manchester
625	David	Safranauskas	51	Senior Men	Sale Harriers Manchester
626	Glen	Savage	56	Senior Men	Sale Harriers Manchester
1144	Adam	Sciacca	23	Senior Men	Sale Harriers Manchester
627	Adam	Spilsbury	19	Senior Men	Sale Harriers Manchester
628	Jake	Spilsbury	19	Senior Men	Sale Harriers Manchester
629	Matthew	Spragg	44	Senior Men	Sale Harriers Manchester
1103	Aaron	Steele	33	Senior Men	Sale Harriers Manchester
630	Jon	Terry	48	Senior Men	Sale Harriers Manchester
631	Brad	Thornton	20	Senior Men	Sale Harriers Manchester
1104	Steven	Townley	35	Senior Men	Sale Harriers Manchester
632	Nicholas	Tynan	32	Senior Men	Sale Harriers Manchester
633	Gareth	Webb	41	Senior Men	Sale Harriers Manchester

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
634	Michael	Wharton	42	<i>Senior Men</i>	Sale Harriers Manchester
1105	James	Wignall	26	<i>Senior Men</i>	Sale Harriers Manchester
635	Gareth	Wilkinson	46	<i>Senior Men</i>	Sale Harriers Manchester
636	Jack	Williamson	17	<i>Senior Men</i>	Sale Harriers Manchester
637	Michael	Wymer	46	<i>Senior Men</i>	Sale Harriers Manchester

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
638	Joseph	Bailey	30	Senior Men	Salford H & AC
639	Tommi	Baker	28	Senior Men	Salford H & AC
640	Paul	Bannister	32	Senior Men	Salford H & AC
641	Will	Beauchamp	32	Senior Men	Salford H & AC
642	Glyn	Billington	45	Senior Men	Salford H & AC
643	Paul	Birkett	53	Senior Men	Salford H & AC
644	Roland	Bowness	72	Senior Men	Salford H & AC
645	Daniel	Brocklehurst	29	Senior Men	Salford H & AC
646	Richard	Brook	43	Senior Men	Salford H & AC
647	Marc	Brown	26	Senior Men	Salford H & AC
648	Robert	Clarke	26	Senior Men	Salford H & AC
649	Jeremy	Cosway	34	Senior Men	Salford H & AC
650	Paul	Creighton	39	Senior Men	Salford H & AC
651	Derek	Crewe	57	Senior Men	Salford H & AC
652	Adam	Curtis	17	Senior Men	Salford H & AC
653	Tommy	Daniels	70	Senior Men	Salford H & AC
654	Gwyn	Davies	65	Senior Men	Salford H & AC
655	Christopher	Dawson	38	Senior Men	Salford H & AC
656	Mathew	Dickinson	39	Senior Men	Salford H & AC
657	Charles	Foster	47	Senior Men	Salford H & AC
658	Michael	Grace	45	Senior Men	Salford H & AC
659	Ian	Grime	48	Senior Men	Salford H & AC
660	Grant	Gunn-Anderson	31	Senior Men	Salford H & AC
661	Carl	Hardman	35	Senior Men	Salford H & AC
662	Michael	Heaney	36	Senior Men	Salford H & AC
663	Mathew	Holt	42	Senior Men	Salford H & AC
664	Stewart	Hudson	34	Senior Men	Salford H & AC
665	David	Hudson	43	Senior Men	Salford H & AC
666	Robert	Hughes	39	Senior Men	Salford H & AC
667	James	Kovacs	44	Senior Men	Salford H & AC
668	Philip	Leybourne	51	Senior Men	Salford H & AC
669	Bruno	Lima	36	Senior Men	Salford H & AC
1106	Chris	Livesey	38	Senior Men	Salford H & AC
670	John	Lloyd	41	Senior Men	Salford H & AC
671	David	Lockett	52	Senior Men	Salford H & AC
672	Andrew	Marsden	39	Senior Men	Salford H & AC
673	Andrew	Martin	37	Senior Men	Salford H & AC
674	Billy	McCartney	42	Senior Men	Salford H & AC
675	Daniel	McManus	30	Senior Men	Salford H & AC
676	James	O'Connor	49	Senior Men	Salford H & AC
677	Stanley	Owen	65	Senior Men	Salford H & AC
678	Steve	Pennington	50	Senior Men	Salford H & AC
679	Phillip	Quibell	63	Senior Men	Salford H & AC
1107	Trevor	Rayner	55	Senior Men	Salford H & AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
680	David	Rigby	30	<i>Senior Men</i>	Salford H & AC
1109	Benjamin	Rix	30	<i>Senior Men</i>	Salford H & AC
681	Stuart	Robinson	38	<i>Senior Men</i>	Salford H & AC
682	Mark	Russell	50	<i>Senior Men</i>	Salford H & AC
683	John	Seed	26	<i>Senior Men</i>	Salford H & AC
684	Matthew	Shaw <i>for M1 & M2</i>	40	<i>Senior Men</i>	Salford H & AC
685	Paul	Simons	54	<i>Senior Men</i>	Salford H & AC
686	Adam	Slodowicz	32	<i>Senior Men</i>	Salford H & AC
687	Paul	Stephens	34	<i>Senior Men</i>	Salford H & AC
688	Sam	Swindells	28	<i>Senior Men</i>	Salford H & AC
689	Tony	Taylor	44	<i>Senior Men</i>	Salford H & AC
690	Fileman	Teklehaimanot	18	<i>Senior Men</i>	Salford H & AC
691	Thomas	Temple	65	<i>Senior Men</i>	Salford H & AC
692	Gary	Thomason	61	<i>Senior Men</i>	Salford H & AC
693	Josh	Tighe	31	<i>Senior Men</i>	Salford H & AC
694	Chris	Tully	40	<i>Senior Men</i>	Salford H & AC
695	Philip	West	45	<i>Senior Men</i>	Salford H & AC
696	James	Williams	43	<i>Senior Men</i>	Salford H & AC
697	Glyn	Williams	51	<i>Senior Men</i>	Salford H & AC
698	Luke	Wordsworth	33	<i>Senior Men</i>	Salford H & AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
699	Keith	Bardsley	42	Senior Men	Salford Metropolitan AC
700	Simon	Bond	45	Senior Men	Salford Metropolitan AC
701	Oliver	Brereton	23	Senior Men	Salford Metropolitan AC
702	Paul	Connolly	38	Senior Men	Salford Metropolitan AC
703	Dave	Cornes	34	Senior Men	Salford Metropolitan AC
704	Ray	Devine	50	Senior Men	Salford Metropolitan AC
705	Ben	Farrelly	36	Senior Men	Salford Metropolitan AC
706	Patrick	Farrelly	63	Senior Men	Salford Metropolitan AC
707	Paul	Gee	47	Senior Men	Salford Metropolitan AC
708	Matthew	Gibbins	44	Senior Men	Salford Metropolitan AC
709	Aaron	Givens	29	Senior Men	Salford Metropolitan AC
710	Matthew	Hill	27	Senior Men	Salford Metropolitan AC
711	David	Hughes	40	Senior Men	Salford Metropolitan AC
712	Chris	Jones	52	Senior Men	Salford Metropolitan AC
713	Michal	Kaczmarek	28	Senior Men	Salford Metropolitan AC
714	Michael	Lim	41	Senior Men	Salford Metropolitan AC
715	Stuart	Mairs	40	Senior Men	Salford Metropolitan AC
716	Dougal	McDermott	17	Senior Men	Salford Metropolitan AC
717	Steve	Mercer	46	Senior Men	Salford Metropolitan AC
718	Gary	Oakly	33	Senior Men	Salford Metropolitan AC
719	Girish	Patel	51	Senior Men	Salford Metropolitan AC
720	Matthew	Pollard	52	Senior Men	Salford Metropolitan AC
721	William	Prout	62	Senior Men	Salford Metropolitan AC
722	Mike	Race	59	Senior Men	Salford Metropolitan AC
723	Anthony	Salih	33	Senior Men	Salford Metropolitan AC
724	Daniel	Sate	37	Senior Men	Salford Metropolitan AC
725	Joe	Sate	66	Senior Men	Salford Metropolitan AC
726	Mark	Shuttleworth	51	Senior Men	Salford Metropolitan AC
727	Paul	Stevenson	57	Senior Men	Salford Metropolitan AC
728	Liam	Towers	23	Senior Men	Salford Metropolitan AC
729	Stephen	Townsend	33	Senior Men	Salford Metropolitan AC
730	Chris	Trenchard	50	Senior Men	Salford Metropolitan AC
731	Darren	Tyldesley	52	Senior Men	Salford Metropolitan AC
732	Adam	Unsworth	41	Senior Men	Salford Metropolitan AC
733	Ian	Wallwork	64	Senior Men	Salford Metropolitan AC
1168	Kevin	Waterhouse	37	Senior Men	Salford Metropolitan AC
734	Shane	Wolstencroft	47	Senior Men	Salford Metropolitan AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
1172	Steve	Anders	39	<i>Senior Men</i>	St Helens Sutton AC
1173	Thomas	Griffiths	30	<i>Senior Men</i>	St Helens Sutton AC
735	Andrew	O'Connor	58	<i>Senior Men</i>	St Helens Sutton AC
736	Ian	Roberts	45	<i>Senior Men</i>	St Helens Sutton AC
1136	Raymond	Vose	55	<i>Senior Men</i>	St Helens Sutton AC
1137	Andrew	Wilson	47	<i>Senior Men</i>	St Helens Sutton AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
737	Craig	Abbot	40	Senior Men	St Helens Tri
738	Mal	Balmer	54	Senior Men	St Helens Tri
739	Garry	Banks	55	Senior Men	St Helens Tri
740	Terry	Bates	60	Senior Men	St Helens Tri
741	Gary	Birch	40	Senior Men	St Helens Tri
742	Paul	Booth	36	Senior Men	St Helens Tri
743	Andrew	Bridge	54	Senior Men	St Helens Tri
744	Rob	Chesters	33	Senior Men	St Helens Tri
745	Andy	Devaynes	37	Senior Men	St Helens Tri
746	Colin	Dobbs	42	Senior Men	St Helens Tri
747	Kevin	Dudley	32	Senior Men	St Helens Tri
748	Kevin	Dunbar	40	Senior Men	St Helens Tri
749	Mark	Eccleston	39	Senior Men	St Helens Tri
750	Michael	Forber	46	Senior Men	St Helens Tri
751	Dave	Gaskell	50	Senior Men	St Helens Tri
752	Andrew	Gaskell	50	Senior Men	St Helens Tri
753	Mark	Glynn	49	Senior Men	St Helens Tri
754	Dean	Golba	31	Senior Men	St Helens Tri
1110	Mike	Gregory	33	Senior Men	St Helens Tri
755	Eddie	Hirst	43	Senior Men	St Helens Tri
756	Neil	Hunter	45	Senior Men	St Helens Tri
757	David	Issac	40	Senior Men	St Helens Tri
758	Pete	Leadbeater	53	Senior Men	St Helens Tri
1111	Alan	McKeegan	37	Senior Men	St Helens Tri
759	Ben	Mason	37	Senior Men	St Helens Tri
760	Danny	Moran	33	Senior Men	St Helens Tri
761	Chris	Murphy	49	Senior Men	St Helens Tri
762	Patrick	Neill	39	Senior Men	St Helens Tri
763	Ian	Orford	38	Senior Men	St Helens Tri
764	Adam	O'Shea	32	Senior Men	St Helens Tri
765	Robert	O'Shea	33	Senior Men	St Helens Tri
766	Rob	Preston	46	Senior Men	St Helens Tri
767	Peter	Rawlinson	48	Senior Men	St Helens Tri
768	Dave	Shearman	41	Senior Men	St Helens Tri
769	Lee	Stinch	48	Senior Men	St Helens Tri
770	Azzam	Taktak	52	Senior Men	St Helens Tri
771	Marko	Turner	27	Senior Men	St Helens Tri
772	Tony	Waine	57	Senior Men	St Helens Tri
1112	Ian	Wright	48	Senior Men	St Helens Tri

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
773	Kevin	Acton	22	Senior Men	Stockport H & AC
1169	Paul	Brooks	43	Senior Men	Stockport H & AC
774	Matthew	Brown	38	Senior Men	Stockport H & AC
775	Stephen	Brown	49	Senior Men	Stockport H & AC
776	Mark Andrew	Brown	65	Senior Men	Stockport H & AC
777	Philip	Burns	39	Senior Men	Stockport H & AC
778	Andrew	Carpenter	34	Senior Men	Stockport H & AC
1113	Phil	Carpenter	34	Senior Men	Stockport H & AC
779	Robert Stephen	Cawley	55	Senior Men	Stockport H & AC
780	George	Cooke	19	Senior Men	Stockport H & AC
781	James	Corden	47	Senior Men	Stockport H & AC
782	Paul	Corner	48	Senior Men	Stockport H & AC
783	Stephen	Crook	41	Senior Men	Stockport H & AC
784	Christian	Eagle	43	Senior Men	Stockport H & AC
785	Luke	Farrant	17	Senior Men	Stockport H & AC
786	Alec	Francis	27	Senior Men	Stockport H & AC
787	Bradley	Freeman	18	Senior Men	Stockport H & AC
788	Kevan	Garner	52	Senior Men	Stockport H & AC
789	Paul	Haines	47	Senior Men	Stockport H & AC
790	Tim	Hargreaves	61	Senior Men	Stockport H & AC
791	John Christopher	Hughes	54	Senior Men	Stockport H & AC
792	David Graham	Hulley	43	Senior Men	Stockport H & AC
1114	Malcolm	Johnson	44	Senior Men	Stockport H & AC
793	Sam	Johnson	17	Senior Men	Stockport H & AC
1115	Patrick	Martin	33	Senior Men	Stockport H & AC
794	Nathan	Mayoh	46	Senior Men	Stockport H & AC
795	Ged	McGrath	44	Senior Men	Stockport H & AC
796	Jack	Morris	25	Senior Men	Stockport H & AC
797	Ian Thomas	Mulligan	51	Senior Men	Stockport H & AC
798	Ian	Murdoch	44	Senior Men	Stockport H & AC
1116	Andrew	Nixon	30	Senior Men	Stockport H & AC
799	Jack	Nixon	24	Senior Men	Stockport H & AC
800	Simon	Pickard	47	Senior Men	Stockport H & AC
801	James	Pratt	26	Senior Men	Stockport H & AC
802	Gary	Richardson	50	Senior Men	Stockport H & AC
803	Nick	Roberts	51	Senior Men	Stockport H & AC
1117	Michael	Sawrey	32	Senior Men	Stockport H & AC
804	James	Scott-Buccleuch	40	Senior Men	Stockport H & AC
805	Steve	Shaughnessy	62	Senior Men	Stockport H & AC
1118	Mike	Shaw	54	Senior Men	Stockport H & AC
806	Peter	Sinclair	58	Senior Men	Stockport H & AC
807	Mark	Smith	47	Senior Men	Stockport H & AC
808	Ben	Snell	37	Senior Men	Stockport H & AC
1055	Karl	Taylor	17	Senior Men	Stockport H & AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
809	Robert	Taylor	69	<i>Senior Men</i>	Stockport H & AC
810	Matthew	Townley	44	<i>Senior Men</i>	Stockport H & AC
811	Chris	Turner	29	<i>Senior Men</i>	Stockport H & AC
812	Steven	Vernon	37	<i>Senior Men</i>	Stockport H & AC
813	George	Walker	66	<i>Senior Men</i>	Stockport H & AC
814	Geoff	Wells	55	<i>Senior Men</i>	Stockport H & AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
815	Paul	Adkins	65	<i>Senior Men</i>	Stockport Tri Club
816	Scott	Armstrong	46	<i>Senior Men</i>	Stockport Tri Club
817	Alec	Austin	38	<i>Senior Men</i>	Stockport Tri Club
818	Mike	Bevan	50	<i>Senior Men</i>	Stockport Tri Club
819	Paul	Carrington	49	<i>Senior Men</i>	Stockport Tri Club
1119	Nick	Chick	45	<i>Senior Men</i>	Stockport Tri Club
820	David	Colley	60	<i>Senior Men</i>	Stockport Tri Club
821	Jonathan	Currie	30	<i>Senior Men</i>	Stockport Tri Club
822	Mike	Dewsbury	46	<i>Senior Men</i>	Stockport Tri Club
823	Paul	Farrington	45	<i>Senior Men</i>	Stockport Tri Club
824	Ricardo	Franco	37	<i>Senior Men</i>	Stockport Tri Club
825	James	Garner	39	<i>Senior Men</i>	Stockport Tri Club
826	Paul	Graveney	45	<i>Senior Men</i>	Stockport Tri Club
827	Nigel	Harrison	54	<i>Senior Men</i>	Stockport Tri Club
828	Phil	Hartley	45	<i>Senior Men</i>	Stockport Tri Club
829	Martyn	Jones	39	<i>Senior Men</i>	Stockport Tri Club
830	Carl	Krystek	38	<i>Senior Men</i>	Stockport Tri Club
1120	Kevin	McCarthy	41	<i>Senior Men</i>	Stockport Tri Club
831	Andy	Mainwaring	44	<i>Senior Men</i>	Stockport Tri Club
832	Simon	Phillips	57	<i>Senior Men</i>	Stockport Tri Club
833	Paul	Plummer	47	<i>Senior Men</i>	Stockport Tri Club
834	Charlie	Podolanski	18	<i>Senior Men</i>	Stockport Tri Club
835	Colin	Shore	46	<i>Senior Men</i>	Stockport Tri Club
836	Gordon	Wilson	51	<i>Senior Men</i>	Stockport Tri Club

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
837	Craig	Ansell	44	Senior Men	Swinton RC
838	Simon	Atkin	43	Senior Men	Swinton RC
1121	Mark	Barton	56	Senior Men	Swinton RC
839	David	Batty	54	Senior Men	Swinton RC
840	Daniel	Bird	27	Senior Men	Swinton RC
841	David	Burke	66	Senior Men	Swinton RC
842	Steffan	Chandler	48	Senior Men	Swinton RC
843	Ian	Cronshaw	33	Senior Men	Swinton RC
844	David	Curry	67	Senior Men	Swinton RC
845	Ani	Das	39	Senior Men	Swinton RC
846	Barry	Deakin	46	Senior Men	Swinton RC
847	Steven	Doxey	58	Senior Men	Swinton RC
848	Elliott	Drummond	25	Senior Men	Swinton RC
849	Chris	Edwards	47	Senior Men	Swinton RC
1164	Neal	Emmerson	37	Senior Men	Swinton RC
850	George	Fielding	62	Senior Men	Swinton RC
851	Simon	Finch	47	Senior Men	Swinton RC
852	Tony	Flanagan	52	Senior Men	Swinton RC
853	Chris	Grieve	36	Senior Men	Swinton RC
854	Chris	Hamilton-Dardis	31	Senior Men	Swinton RC
855	Geoff	Kay	65	Senior Men	Swinton RC
856	David	Kerrigan	40	Senior Men	Swinton RC
857	Jonathan	Leech	39	Senior Men	Swinton RC
858	Chris	Lomax	50	Senior Men	Swinton RC
859	Stephen	Longdon	63	Senior Men	Swinton RC
860	Rob	McGibbon	34	Senior Men	Swinton RC
861	Jonathon	Mellor	45	Senior Men	Swinton RC
862	Mark	Moran	41	Senior Men	Swinton RC
863	Andy	Morley	43	Senior Men	Swinton RC
864	William	Rowley	26	Senior Men	Swinton RC
865	Paul	Rutherford	54	Senior Men	Swinton RC
866	Kevin	Ryan	40	Senior Men	Swinton RC
867	Jonathan	Sides	50	Senior Men	Swinton RC
868	Andy	Smith	43	Senior Men	Swinton RC
869	Colin	Stephens	49	Senior Men	Swinton RC
870	Dan	Sutton	26	Senior Men	Swinton RC
871	Jordan	Thacker	18	Senior Men	Swinton RC
872	Guy	Thompson	41	Senior Men	Swinton RC
873	Stuart	Tucker	43	Senior Men	Swinton RC
874	Richard	Waring	51	Senior Men	Swinton RC
875	David	Williamson	51	Senior Men	Swinton RC
876	Paul	Wilson	46	Senior Men	Swinton RC
877	Kevin	Woodward	43	Senior Men	Swinton RC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
878	Dan	Atkinson	38	Senior Men	Trafford AC
879	Matt	Berry	35	Senior Men	Trafford AC
880	Nicholas	Brown	36	Senior Men	Trafford AC
881	Richard	Byers	54	Senior Men	Trafford AC
882	Patrick	Cusack	17	Senior Men	Trafford AC
1165	Tony	Davenport	40	Senior Men	Trafford AC
883	Greg	Emmerson	30	Senior Men	Trafford AC
884	Mark	Evans	57	Senior Men	Trafford AC
885	Connor	Fazakerley	17	Senior Men	Trafford AC
886	Jay	Ferns	20	Senior Men	Trafford AC
887	Mike	Harris	56	Senior Men	Trafford AC
888	Daniel	Hayes	36	Senior Men	Trafford AC
889	Dan	Hill	44	Senior Men	Trafford AC
890	Graham	Hogg	29	Senior Men	Trafford AC
891	Graham	Holbrook	45	Senior Men	Trafford AC
892	Michael	Hutchinson	53	Senior Men	Trafford AC
893	Alex	Jones	23	Senior Men	Trafford AC
894	Greg	Kelly	34	Senior Men	Trafford AC
895	Benjamin	Langley	33	Senior Men	Trafford AC
896	Christopher	Leigh	47	Senior Men	Trafford AC
897	Joe	Lyne	22	Senior Men	Trafford AC
898	David	Maher	44	Senior Men	Trafford AC
899	Paul	Mannion	54	Senior Men	Trafford AC
900	Greg	Marcroft	29	Senior Men	Trafford AC
901	Xavier	O'Hare	17	Senior Men	Trafford AC
902	Mac	O'Malley	19	Senior Men	Trafford AC
903	Simon	O'Meara	29	Senior Men	Trafford AC
904	Bruce	Penhale	57	Senior Men	Trafford AC
905	Richard	Powell	23	Senior Men	Trafford AC
906	Jeff	Prest	45	Senior Men	Trafford AC
907	Darren	Russell	41	Senior Men	Trafford AC
908	Ian	Salisbury	47	Senior Men	Trafford AC
909	Christopher	Small	35	Senior Men	Trafford AC
910	Matthew	Sutton	20	Senior Men	Trafford AC
911	Steve	Taylor	60	Senior Men	Trafford AC
1153	Gavin	Tomlinson	38	Senior Men	Trafford AC
912	Richard	Turner	53	Senior Men	Trafford AC
913	James	Wall	38	Senior Men	Trafford AC
914	Richard	Wallace	56	Senior Men	Trafford AC
915	Craig	Wheeler	42	Senior Men	Trafford AC
916	Jack	Wilkinson	17	Senior Men	Trafford AC
917	Gary	Wolstencroft	47	Senior Men	Trafford AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
918	Joe	Bridge	19	<i>Senior Men</i>	Univ of Manchester A & CCC
1122	Harry	Brown	18	<i>Senior Men</i>	Univ of Manchester A & CCC
919	Ben	Brunswick	21	<i>Senior Men</i>	Univ of Manchester A & CCC
920	Sam	Dawes	20	<i>Senior Men</i>	Univ of Manchester A & CCC
921	Edvard	Holden	22	<i>Senior Men</i>	Univ of Manchester A & CCC
922	Joseph	Howe	21	<i>Senior Men</i>	Univ of Manchester A & CCC
923	James	Lawton	21	<i>Senior Men</i>	Univ of Manchester A & CCC
924	Nathan	Leung	20	<i>Senior Men</i>	Univ of Manchester A & CCC
1123	Arlo	Ludewick	18	<i>Senior Men</i>	Univ of Manchester A & CCC
925	Daniel	Lynch	23	<i>Senior Men</i>	Univ of Manchester A & CCC
926	Alex	McKail	21	<i>Senior Men</i>	Univ of Manchester A & CCC
927	Charlie	McVickers	21	<i>Senior Men</i>	Univ of Manchester A & CCC
928	Michael	Melarkey	21	<i>Senior Men</i>	Univ of Manchester A & CCC
929	Harry	Parker	19	<i>Senior Men</i>	Univ of Manchester A & CCC
930	Marcus	Preedy	20	<i>Senior Men</i>	Univ of Manchester A & CCC
931	George	Rollason	23	<i>Senior Men</i>	Univ of Manchester A & CCC
932	Laurence	Skidmore	21	<i>Senior Men</i>	Univ of Manchester A & CCC
933	Alex	Sutton	19	<i>Senior Men</i>	Univ of Manchester A & CCC
1124	Louis	Wardle	18	<i>Senior Men</i>	Univ of Manchester A & CCC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
934	Tony	Archer	64	Senior Men	Vale Royal AC
935	Zack	Bamber	23	Senior Men	Vale Royal AC
936	Scott	Bamber	51	Senior Men	Vale Royal AC
937	Chris	Beard	50	Senior Men	Vale Royal AC
1174	Lewis	Brown	20	Senior Men	Vale Royal AC
938	Lee	Carrington	33	Senior Men	Vale Royal AC
939	Barry	Chambers	66	Senior Men	Vale Royal AC
940	John	Clarke	64	Senior Men	Vale Royal AC
941	Bob	Corinaldi	50	Senior Men	Vale Royal AC
942	Mark	Crabtree	40	Senior Men	Vale Royal AC
943	Stuart	Doyle	47	Senior Men	Vale Royal AC
944	James	Edwards	60	Senior Men	Vale Royal AC
945	David	Haines	48	Senior Men	Vale Royal AC
946	Matthew	Hough	46	Senior Men	Vale Royal AC
1159	Nick	Mort	56	Senior Men	Vale Royal AC
947	Richard	Murray	52	Senior Men	Vale Royal AC
948	Richard	Pettitt	58	Senior Men	Vale Royal AC
949	Mark	Pilliner	50	Senior Men	Vale Royal AC
950	Colin	Rathbone	74	Senior Men	Vale Royal AC
1125	Gary	Richardson	44	Senior Men	Vale Royal AC
951	David	Roberts	45	Senior Men	Vale Royal AC
952	Robert	Roe	40	Senior Men	Vale Royal AC
953	Matthew	Scott	47	Senior Men	Vale Royal AC
954	Craig	Sephton	47	Senior Men	Vale Royal AC
955	Stephen	Thompson	55	Senior Men	Vale Royal AC
1160	Craig	Todhunter	48	Senior Men	Vale Royal AC
956	Chris	Weedall	40	Senior Men	Vale Royal AC
957	Gareth	Williams	50	Senior Men	Vale Royal AC
1175	Nathan	Williams	20	Senior Men	Vale Royal AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
958	Paul	Bagan	40	Senior Men	Warrington AC
959	Colin	Bishop	58	Senior Men	Warrington AC
960	Stephen	Burthem	58	Senior Men	Warrington AC
961	Daniel	Fox	18	Senior Men	Warrington AC
962	Luke	Gamble	18	Senior Men	Warrington AC
963	David	Gill	60	Senior Men	Warrington AC
964	Tom	Greaves	23	Senior Men	Warrington AC
965	Daniel	Newman	51	Senior Men	Warrington AC
966	David	Norman	58	Senior Men	Warrington AC
967	Jack	Stubblings	18	Senior Men	Warrington AC
1042	Charlie	Turnbull	17	Senior Men	Warrington AC
968	Stephen	Watmough	56	Senior Men	Warrington AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
969	Dave	Alexander	49	<i>Senior Men</i>	West Cheshire AC
970	Andrew	Carter	48	<i>Senior Men</i>	West Cheshire AC
971	Andrew	Clague	50	<i>Senior Men</i>	West Cheshire AC
972	Mark	Duffey	58	<i>Senior Men</i>	West Cheshire AC
973	Neil	Field	45	<i>Senior Men</i>	West Cheshire AC
974	Jac	Goodall	18	<i>Senior Men</i>	West Cheshire AC
975	Richard	Hayes	47	<i>Senior Men</i>	West Cheshire AC
976	Danny	Paddock	30	<i>Senior Men</i>	West Cheshire AC
977	Peter	Smith	56	<i>Senior Men</i>	West Cheshire AC
978	Stuart	Thomas	40	<i>Senior Men</i>	West Cheshire AC
979	Antony	Woodall	46	<i>Senior Men</i>	West Cheshire AC
980	Philip	Woodley	31	<i>Senior Men</i>	West Cheshire AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
981	Barry	Archbold	45	Senior Men	Wilmslow RC
982	Ian	Ashcroft	72	Senior Men	Wilmslow RC
1052	Mark	Bale	43	Senior Men	Wilmslow RC
1126	Tim	Billington	55	Senior Men	Wilmslow RC
1127	Vincent	Booth	55	Senior Men	Wilmslow RC
983	Daniel	Bundred	18	Senior Men	Wilmslow RC
1138	Colin	Caisley	45	Senior Men	Wilmslow RC
984	Chris	Cannon	62	Senior Men	Wilmslow RC
985	Jonathan	Cheshire	37	Senior Men	Wilmslow RC
986	Andrew	Cleal	38	Senior Men	Wilmslow RC
987	Richard	Coen	40	Senior Men	Wilmslow RC
988	Mark	Crossland	50	Senior Men	Wilmslow RC
989	Rob	Downs	54	Senior Men	Wilmslow RC
1128	Graham	Duce	48	Senior Men	Wilmslow RC
1163	James	Eyre	42	Senior Men	Wilmslow RC
990	Malcolm	Fowler	55	Senior Men	Wilmslow RC
1129	Patrick	Grannan	67	Senior Men	Wilmslow RC
991	Robin	Hall	40	Senior Men	Wilmslow RC
992	Richard	Harrison	46	Senior Men	Wilmslow RC
1154	Paul	Hawkins	37	Senior Men	Wilmslow RC
993	Mike	Hill	52	Senior Men	Wilmslow RC
994	Richard	Hirons	54	Senior Men	Wilmslow RC
995	Jarrold	Homer	51	Senior Men	Wilmslow RC
996	Craig	Hunt	48	Senior Men	Wilmslow RC
997	Robert	Jackson	33	Senior Men	Wilmslow RC
998	Nick	Jackson	51	Senior Men	Wilmslow RC
999	Richard	Lawson	46	Senior Men	Wilmslow RC
1000	James	MacDonald	48	Senior Men	Wilmslow RC
1001	Allan	McCormick	38	Senior Men	Wilmslow RC
1002	Tom	McGaff	63	Senior Men	Wilmslow RC
1003	Trevor	Morris	57	Senior Men	Wilmslow RC
1004	Adam	Neale	46	Senior Men	Wilmslow RC
1005	Damian	Nicholls	37	Senior Men	Wilmslow RC
1006	Paul	Norris	61	Senior Men	Wilmslow RC
1007	Stuart	Parrott	55	Senior Men	Wilmslow RC
1008	Jim	Pendrill	48	Senior Men	Wilmslow RC
1155	Rob	Platt	37	Senior Men	Wilmslow RC
1053	John	Porteous	65	Senior Men	Wilmslow RC
1009	Roy	Pownall	69	Senior Men	Wilmslow RC
1010	Peter	Speake	42	Senior Men	Wilmslow RC
1130	James	Speedie	35	Senior Men	Wilmslow RC
1054	Pete	Stock	62	Senior Men	Wilmslow RC
1131	Julian	Stott	37	Senior Men	Wilmslow RC
1011	Colin	Walton	56	Senior Men	Wilmslow RC
1012	Andy	Watts	68	Senior Men	Wilmslow RC
1013	Andrew	Whittingham	49	Senior Men	Wilmslow RC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
1014	Jim	Banks	39	<i>Senior Men</i>	Wilmslow Striders
1015	Andrew	Dodd	47	<i>Senior Men</i>	Wilmslow Striders
1016	Paul	Doyle	42	<i>Senior Men</i>	Wilmslow Striders
1017	Aron	Myers	38	<i>Senior Men</i>	Wilmslow Striders
1018	Gary	Myers	42	<i>Senior Men</i>	Wilmslow Striders
1145	Jonny	Nicholls	33	<i>Senior Men</i>	Wilmslow Striders
1019	Jason	Stott	49	<i>Senior Men</i>	Wilmslow Striders
1021	Ben	Thompson	34	<i>Senior Men</i>	Wilmslow Striders
1022	Peter	Williams	26	<i>Senior Men</i>	Wilmslow Striders

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
1146	Ron	Carter	59	<i>Senior Men</i>	Winston Runners
1132	Roy	Fetherstone	64	<i>Senior Men</i>	Winston Runners
1023	Ben	Gent	45	<i>Senior Men</i>	Winston Runners
1133	Anthony	Harrison	56	<i>Senior Men</i>	Winston Runners
1134	Matt	Herbert	39	<i>Senior Men</i>	Winston Runners
1024	Mark	Jones	52	<i>Senior Men</i>	Winston Runners
1025	Paul	Lockett	42	<i>Senior Men</i>	Winston Runners
1026	Paul	Muldoon	32	<i>Senior Men</i>	Winston Runners
1027	Colm	Mulhern	43	<i>Senior Men</i>	Winston Runners
1028	Antoni	Ozdowski	40	<i>Senior Men</i>	Winston Runners
1135	Mark	Ratcliffe	56	<i>Senior Men</i>	Winston Runners
1029	John	Ross	50	<i>Senior Men</i>	Winston Runners
1030	Peter	Walters	62	<i>Senior Men</i>	Winston Runners
1031	Jason	Wood	47	<i>Senior Men</i>	Winston Runners

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - MEN

No.	First Name	Last Name	Age	Race	Club
1032	James	Atkin	62	<i>Senior Men</i>	Wirral AC
1033	Simon	Dunk	33	<i>Senior Men</i>	Wirral AC
1034	William	Ferguson	31	<i>Senior Men</i>	Wirral AC
1035	Simon	Fox	53	<i>Senior Men</i>	Wirral AC
1176	Rob	Grantham	45	<i>Senior Men</i>	Wirral AC
1036	John	Heap	47	<i>Senior Men</i>	Wirral AC
1156	Mark	Hulmston	43	<i>Senior Men</i>	Wirral AC
1037	Ronan	Kearney	47	<i>Senior Men</i>	Wirral AC
1038	Arran	Kearney	17	<i>Senior Men</i>	Wirral AC
1039	Alan	Robertson	41	<i>Senior Men</i>	Wirral AC
1040	Stephen	Spence	49	<i>Senior Men</i>	Wirral AC