

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
WOMEN					Page No.
1		ALTRINCHAM & DISTRICT AC			2
2		BELLE VUE RACERS			3
3		BRAMHALL RUNNERS			4
4		BUXTON AC			5
5		CHORLTON RUNNERS			6+7
6		DRAGONS RC (SALE)			8
7		EAST CHESHIRE H & TAMESIDE AC			9
8		GLOSSOPDALE HARRIERS			10
9		GOYT VALLEY STRIDERS			11
10		HALTON & FRODSHAM H			12
11		HIGH PEAK AC (<i>new</i>)			-
12		HORWICH RMI HARRIERS			13
13		HYDE VILLAGE STRIDERS			14
14		KNUTSFORD HARRIERS & AC (<i>new</i>)			-
15		KNUTSFORD TRI CLUB			15
16		LIVERPOOL HARRIERS & AC			16
17		MACCLESFIELD H & AC			17
18		MANCHESTER FRONTRUNNERS			18
19		MANCHESTER HARRIERS & AC			19
20		MANCHESTER METROPOLITAN UNIVERSITY AC			20
21		MANCHESTER TRIATHLON CLUB			21+22
22		MANCHESTER YMCA H			23
23		MARPLE RUNNERS			24
24		MIDDLETON H AC			25
25		OLDHAM & ROYTON HARRIERS & AC			26
26		QUAYS RUNNING CLUB (<i>new</i>)			-
27		SALE H MANCHESTER AC			27+28
28		SALFORD H & AC			29
29		SALFORD MET AC			30
30		ST HELENS SUTTON AC			31
31		ST HELENS TRI			32
32		STOCKPORT HARRIERS & AC			33
33		STOCKPORT TRIATHLON CLUB			34
34		SWINTON RC			35
35		TRAFFORD AC			36
36		UNIV. OF MANCHESTER CCC			37
37		VALE ROYAL AC			38
38		WARRINGTON AC			39
39		WESPA FIRE ATHLETICS (<i>new</i>)			-
40		WEST CHESHIRE AC			40
41		WILMSLOW RC			41
42		WILMSLOW STRIDERS (<i>new</i>)			42
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44		WIRRAL AC			44

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No.	First Name	Last Name	Age	Race	Club
1	Katherine	Barker	30	<i>Senior Women</i>	Altrincham & District AC Ltd
2	Danielle	Beard	38	<i>Senior Women</i>	Altrincham & District AC Ltd
3	Lora	Blann	38	<i>Senior Women</i>	Altrincham & District AC Ltd
4	Margaret	Bullock	54	<i>Senior Women</i>	Altrincham & District AC Ltd
5	Fiona	Cosgrove	51	<i>Senior Women</i>	Altrincham & District AC Ltd
6	Lisa	Craig	30	<i>Senior Women</i>	Altrincham & District AC Ltd
7	Laura	Fairhurst <i>for M1,M2</i>	38	<i>Senior Women</i>	Altrincham & District AC Ltd
8	Carole	Harrison	53	<i>Senior Women</i>	Altrincham & District AC Ltd
671	Claire	Irons	35	<i>Senior Women</i>	Altrincham & District AC Ltd
9	Beverley	Jackson	54	<i>Senior Women</i>	Altrincham & District AC Ltd
10	Amanda	Navin	26	<i>Senior Women</i>	Altrincham & District AC Ltd
11	Jane	Nicholson	50	<i>Senior Women</i>	Altrincham & District AC Ltd
12	Steph	Thompson	50	<i>Senior Women</i>	Altrincham & District AC Ltd
13	Alison	Vesey	56	<i>Senior Women</i>	Altrincham & District AC Ltd

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No.	First Name	Last Name	Age	Race	Club
14	Ruth	Amin	40	<i>Senior Women</i>	Belle Vue Racers
15	Yana	Anderton	40	<i>Senior Women</i>	Belle Vue Racers
16	Karen	Charters	46	<i>Senior Women</i>	Belle Vue Racers
17	Lisa	Donnelly	43	<i>Senior Women</i>	Belle Vue Racers
18	Julia	Foy	48	<i>Senior Women</i>	Belle Vue Racers
19	Annie	Hirsch	62	<i>Senior Women</i>	Belle Vue Racers
20	Emma-louise	Kerwin	26	<i>Senior Women</i>	Belle Vue Racers
21	Catherine	McKenna	47	<i>Senior Women</i>	Belle Vue Racers
22	Philippa	Robinson	34	<i>Senior Women</i>	Belle Vue Racers
23	Rachel	Watson	43	<i>Senior Women</i>	Belle Vue Racers

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No.	First Name	Last Name	Age	Race	Club
24	Alyson	Adams	53	<i>Senior Women</i>	Bramhall Runners
672	Sarah	Beattie	45	<i>Senior Women</i>	Bramhall Runners
25	Dee	Beckett	38	<i>Senior Women</i>	Bramhall Runners
26	Sam	Blacow	33	<i>Senior Women</i>	Bramhall Runners
673	Lois	Brooks	31	<i>Senior Women</i>	Bramhall Runners
27	Helen	Brown	48	<i>Senior Women</i>	Bramhall Runners
28	Andrea	Buckingham	53	<i>Senior Women</i>	Bramhall Runners
29	Caroline	Canty	44	<i>Senior Women</i>	Bramhall Runners
30	Victoria	Chadwick-Dunbar	47	<i>Senior Women</i>	Bramhall Runners
665	Helen	Croft	43	<i>Senior Women</i>	Bramhall Runners
31	Kim	Crowther	49	<i>Senior Women</i>	Bramhall Runners
32	Anna	Dagnall	38	<i>Senior Women</i>	Bramhall Runners
33	Beverley	Denby	52	<i>Senior Women</i>	Bramhall Runners
34	Julie	Fairclough	53	<i>Senior Women</i>	Bramhall Runners
35	Clare	Finch	37	<i>Senior Women</i>	Bramhall Runners
36	Erika	Frame	51	<i>Senior Women</i>	Bramhall Runners
37	Leanne	Hackney	33	<i>Senior Women</i>	Bramhall Runners
38	Kathryn	Holmes	54	<i>Senior Women</i>	Bramhall Runners
39	Cath	Jones	57	<i>Senior Women</i>	Bramhall Runners
40	Sarah	Leatherbarrow	55	<i>Senior Women</i>	Bramhall Runners
41	Melanie	Li	49	<i>Senior Women</i>	Bramhall Runners
42	Nicola	Lloyd <i>M1,M2</i>	39	<i>Senior Women</i>	Bramhall Runners
43	Leoni	McCormack	27	<i>Senior Women</i>	Bramhall Runners
44	Vikki	Murphy	48	<i>Senior Women</i>	Bramhall Runners
45	Jo	Podolanski	49	<i>Senior Women</i>	Bramhall Runners
46	Claire	Rayner	35	<i>Senior Women</i>	Bramhall Runners
47	Helen	Rennie	32	<i>Senior Women</i>	Bramhall Runners
48	Clare	Taylor	46	<i>Senior Women</i>	Bramhall Runners
49	Emma	Young	46	<i>Senior Women</i>	Bramhall Runners

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No.	First Name	Last Name	Age	Race	Club
50	Wendy	Bainbridge	54	<i>Senior Women</i>	Buxton AC
51	Sheila	Bradley	61	<i>Senior Women</i>	Buxton AC
52	Rachel	Chatwin	47	<i>Senior Women</i>	Buxton AC
53	Amy	Clark	30	<i>Senior Women</i>	Buxton AC
54	Joanne	Cudahy	44	<i>Senior Women</i>	Buxton AC
55	Rachel	Dowle	48	<i>Senior Women</i>	Buxton AC
56	Heather	Fryer-Winder	53	<i>Senior Women</i>	Buxton AC
57	Beverley	Golden	41	<i>Senior Women</i>	Buxton AC
58	Ruth	Gowers	41	<i>Senior Women</i>	Buxton AC
59	Tracy	Gregory	53	<i>Senior Women</i>	Buxton AC
60	Debbie	Hope	47	<i>Senior Women</i>	Buxton AC
61	Sue	Jeff	58	<i>Senior Women</i>	Buxton AC
62	Kate	Ledin	58	<i>Senior Women</i>	Buxton AC
674	Lauren	McNeil	18	<i>Senior Women</i>	Buxton AC
63	Charlie	Narejko	37	<i>Senior Women</i>	Buxton AC
64	Elizabeth	Nocton	39	<i>Senior Women</i>	Buxton AC
65	Kate	Phillips	48	<i>Senior Women</i>	Buxton AC
66	Katie	Rolfe	41	<i>Senior Women</i>	Buxton AC
67	Fran	Ross	38	<i>Senior Women</i>	Buxton AC
68	Sarah	Soles	50	<i>Senior Women</i>	Buxton AC
69	Emma	Wentworth	43	<i>Senior Women</i>	Buxton AC
70	Tania	Wilson	54	<i>Senior Women</i>	Buxton AC

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No.	First Name	Last Name	Age	Race	Club
71	Hannah	Ahle	32	<i>Senior Women</i>	Chorlton Runners
675	Isobel	Atkinson	34	<i>Senior Women</i>	Chorlton Runners
72	Emma	Bannister	46	<i>Senior Women</i>	Chorlton Runners
73	Alison	Barbuti	40	<i>Senior Women</i>	Chorlton Runners
74	Rosemary	Barker	33	<i>Senior Women</i>	Chorlton Runners
75	Leona	Beaumont	34	<i>Senior Women</i>	Chorlton Runners
76	Rachel	Beckett	52	<i>Senior Women</i>	Chorlton Runners
676	Jude	Bek	37	<i>Senior Women</i>	Chorlton Runners
77	Stephanie	Bird	41	<i>Senior Women</i>	Chorlton Runners
78	Deborah	Brian	52	<i>Senior Women</i>	Chorlton Runners
79	Angelique	Bueler	43	<i>Senior Women</i>	Chorlton Runners
81	Ann	Carney	59	<i>Senior Women</i>	Chorlton Runners
677	Rachel	Cawley	30	<i>Senior Women</i>	Chorlton Runners
82	Rebecca	Chambers	46	<i>Senior Women</i>	Chorlton Runners
83	Gemma	Cleary	32	<i>Senior Women</i>	Chorlton Runners
84	Caroline	Croswell	43	<i>Senior Women</i>	Chorlton Runners
85	Nadia	Dahabiyeh	37	<i>Senior Women</i>	Chorlton Runners
86	Madeleine	Dickson	27	<i>Senior Women</i>	Chorlton Runners
678	Nicola	Dobra	24	<i>Senior Women</i>	Chorlton Runners
87	Emma	Flint	47	<i>Senior Women</i>	Chorlton Runners
88	Niamh	Gill	27	<i>Senior Women</i>	Chorlton Runners
89	Hannah	Greenlee	29	<i>Senior Women</i>	Chorlton Runners
90	Liz	Greenwood	35	<i>Senior Women</i>	Chorlton Runners
91	Samantha	Hartley	33	<i>Senior Women</i>	Chorlton Runners
92	Kate	Harvest	39	<i>Senior Women</i>	Chorlton Runners
93	Joanne	Hill	47	<i>Senior Women</i>	Chorlton Runners
94	Malika	Kapasi	39	<i>Senior Women</i>	Chorlton Runners
95	Olivia	Kempsey	32	<i>Senior Women</i>	Chorlton Runners
96	Lis	Kilcourse	29	<i>Senior Women</i>	Chorlton Runners
679	Claire	Knapp	31	<i>Senior Women</i>	Chorlton Runners
722	Gemma	Larkin	38	<i>Senior Women</i>	Chorlton Runners
97	Helen	Larkin	47	<i>Senior Women</i>	Chorlton Runners
98	Fiona	Leslie	52	<i>Senior Women</i>	Chorlton Runners
99	Kate	MacDonald	57	<i>Senior Women</i>	Chorlton Runners
100	Rosemary	Mallace	68	<i>Senior Women</i>	Chorlton Runners
101	Deborah	Maskell	46	<i>Senior Women</i>	Chorlton Runners
102	Katie	McInnes	31	<i>Senior Women</i>	Chorlton Runners
103	Catherine	Meredith	51	<i>Senior Women</i>	Chorlton Runners
104	Jenny	Miles	67	<i>Senior Women</i>	Chorlton Runners
105	Joanne	Moseley	41	<i>Senior Women</i>	Chorlton Runners
106	Sian	Norman	39	<i>Senior Women</i>	Chorlton Runners
107	Lorraine	Pang	34	<i>Senior Women</i>	Chorlton Runners
108	Jacqueline	Perrot	44	<i>Senior Women</i>	Chorlton Runners
109	Sarah	Renshaw	35	<i>Senior Women</i>	Chorlton Runners

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No.	First Name	Last Name	Age	Race	Club
110	Alexandra	Roskell	42	<i>Senior Women</i>	Chorlton Runners
680	Stephanie	Stevens	49	<i>Senior Women</i>	Chorlton Runners
111	Ingrid	Storm	34	<i>Senior Women</i>	Chorlton Runners
112	Katie	Syrett	42	<i>Senior Women</i>	Chorlton Runners
113	Victoria	Thompson	33	<i>Senior Women</i>	Chorlton Runners
114	Emma	Tollefson	28	<i>Senior Women</i>	Chorlton Runners
115	Alison	Wainwright	38	<i>Senior Women</i>	Chorlton Runners
116	Rosalyn	Webster	33	<i>Senior Women</i>	Chorlton Runners
117	Amy	Welch	33	<i>Senior Women</i>	Chorlton Runners
118	Marlene	White	41	<i>Senior Women</i>	Chorlton Runners
119	Chloe	Wilkinson	27	<i>Senior Women</i>	Chorlton Runners
681	Melanie	Williamson	41	<i>Senior Women</i>	Chorlton Runners
120	Hayley	Wood	30	<i>Senior Women</i>	Chorlton Runners
121	Siobhan	Woods	28	<i>Senior Women</i>	Chorlton Runners
122	Denise	Yarrow	34	<i>Senior Women</i>	Chorlton Runners
723	Andreja	Zevnik	33	<i>Senior Women</i>	Chorlton Runners

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No.	First Name	Last Name	Age	Race	Club
123	Michelle	Dobson	27	<i>Senior Women</i>	Dragons RC (Sale)
124	Joanne	Healy	45	<i>Senior Women</i>	Dragons RC (Sale)
125	Madeleine	Hill	44	<i>Senior Women</i>	Dragons RC (Sale)
126	Emily	Lenderyou	22	<i>Senior Women</i>	Dragons RC (Sale)
127	Sue	Strickland	57	<i>Senior Women</i>	Dragons RC (Sale)

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No.	First Name	Last Name	Age	Race	Club
128	Lucy	Buckley	32	<i>Senior Women</i>	East Cheshire H & Tameside AC
129	Catherine	Daley	41	<i>Senior Women</i>	East Cheshire H & Tameside AC
130	Andrea	Edwards	50	<i>Senior Women</i>	East Cheshire H & Tameside AC
131	Lisa	Kennedy	53	<i>Senior Women</i>	East Cheshire H & Tameside AC
132	Lily	McGuinness	19	<i>Senior Women</i>	East Cheshire H & Tameside AC
133	Bethany	McManus	27	<i>Senior Women</i>	East Cheshire H & Tameside AC
134	Angela	Oldham	66	<i>Senior Women</i>	East Cheshire H & Tameside AC
135	Hayley	Simpson	23	<i>Senior Women</i>	East Cheshire H & Tameside AC
136	Sally	Teague	29	<i>Senior Women</i>	East Cheshire H & Tameside AC
137	Michelle	Vaughan	47	<i>Senior Women</i>	East Cheshire H & Tameside AC

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No.	First Name	Last Name	Age	Race	Club
138	Joanne	Brack	52	<i>Senior Women</i>	Glossopdale Harriers
139	Kaylea	Haynes	28	<i>Senior Women</i>	Glossopdale Harriers
140	Sarah	Leah	46	<i>Senior Women</i>	Glossopdale Harriers
141	Charmayne	Lisa	51	<i>Senior Women</i>	Glossopdale Harriers
142	Jane	Mellor	53	<i>Senior Women</i>	Glossopdale Harriers
143	Kasia	Osipowicz	34	<i>Senior Women</i>	Glossopdale Harriers
144	Lindsay	Palmer	53	<i>Senior Women</i>	Glossopdale Harriers
145	Emma	Rettig	40	<i>Senior Women</i>	Glossopdale Harriers
146	Rebecca	Smith	47	<i>Senior Women</i>	Glossopdale Harriers
147	Lucy	Wasinski	35	<i>Senior Women</i>	Glossopdale Harriers

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No.	First Name	Last Name	Age	Race	Club
148	Anna	Aspinall	35	<i>Senior Women</i>	Goyt Valley Striders
149	Julia Marie	Carter	45	<i>Senior Women</i>	Goyt Valley Striders
656	Lucy	Cooke	40	<i>Senior Women</i>	Goyt Valley Striders
150	Julie	Ellison	43	<i>Senior Women</i>	Goyt Valley Striders
151	Sarah	Fanthorpe-Smith	39	<i>Senior Women</i>	Goyt Valley Striders
152	Rebecca	Glen	42	<i>Senior Women</i>	Goyt Valley Striders
153	Helen	Gray	53	<i>Senior Women</i>	Goyt Valley Striders
154	Moirra	Hunt	61	<i>Senior Women</i>	Goyt Valley Striders
155	Mary	Jones	48	<i>Senior Women</i>	Goyt Valley Striders
156	Megan	King	21	<i>Senior Women</i>	Goyt Valley Striders
157	Victoria	Pearson	31	<i>Senior Women</i>	Goyt Valley Striders
158	Linette	Ruston	43	<i>Senior Women</i>	Goyt Valley Striders
159	Tracy	Vernon	57	<i>Senior Women</i>	Goyt Valley Striders

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No.	First Name	Last Name	Age	Race	Club
682	Jane	Ashbrook	43	<i>Senior Women</i>	Halton & Frodsham Harriers
160	Sarah	Larkin	46	<i>Senior Women</i>	Halton & Frodsham Harriers

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No.	First Name	Last Name	Age	Race	Club
161	Clair	Cunningham	43	<i>Senior Women</i>	Horwich RMI Harriers
162	Rowen	Pymm	26	<i>Senior Women</i>	Horwich RMI Harriers
163	Janet	Rashleigh	57	<i>Senior Women</i>	Horwich RMI Harriers

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No.	First Name	Last Name	Age	Race	Club
164	Laura Suzanne	Coucill	34	<i>Senior Women</i>	Hyde Village Striders
655	Vicky	Wright	41	<i>Senior Women</i>	Hyde Village Striders

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No.	First Name	Last Name	Age	Race	Club
165	Amanda	Anderson-Holton	42	<i>Senior Women</i>	Knutsford Tri Club
166	Lauren	Carr	34	<i>Senior Women</i>	Knutsford Tri Club
167	Nikki	Chamberlain	48	<i>Senior Women</i>	Knutsford Tri Club
683	Natalie	Duncombe	29	<i>Senior Women</i>	Knutsford Tri Club
168	Sarah	Gleave	55	<i>Senior Women</i>	Knutsford Tri Club
169	Claire	Hebblethwaite	42	<i>Senior Women</i>	Knutsford Tri Club
669	Victoria	Keegan	36	<i>Senior Women</i>	Knutsford Tri Club
170	Mairi	McCloskey	52	<i>Senior Women</i>	Knutsford Tri Club
171	Iona	McRury	22	<i>Senior Women</i>	Knutsford Tri Club
172	Kate	Mills	42	<i>Senior Women</i>	Knutsford Tri Club
173	Helen	Murray	35	<i>Senior Women</i>	Knutsford Tri Club
174	Miranda	Taylor	50	<i>Senior Women</i>	Knutsford Tri Club
175	Verity	Wolstencroft	41	<i>Senior Women</i>	Knutsford Tri Club

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No.	First Name	Last Name	Age	Race	Club
176	Rachael	Burns	38	<i>Senior Women</i>	Liverpool H & AC
177	Jessica	Cook	17	<i>Senior Women</i>	Liverpool H & AC
178	Hannah	Delaney	20	<i>Senior Women</i>	Liverpool H & AC
179	Millie	Raine	17	<i>Senior Women</i>	Liverpool H & AC

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No.	First Name	Last Name	Age	Race	Club
180	Katrina	Barnes	40	<i>Senior Women</i>	Macclesfield H & AC
181	Emma	Beveridge	51	<i>Senior Women</i>	Macclesfield H & AC
182	Alannah	Birtwistle	24	<i>Senior Women</i>	Macclesfield H & AC
660	Anne	Farmer	42	<i>Senior Women</i>	Macclesfield H & AC
183	Heather	Galloway	27	<i>Senior Women</i>	Macclesfield H & AC
184	Kristy	Gill	43	<i>Senior Women</i>	Macclesfield H & AC
185	Sian	Gulliver	31	<i>Senior Women</i>	Macclesfield H & AC
186	Rachel	Hall	36	<i>Senior Women</i>	Macclesfield H & AC
187	Sarah	Harris	43	<i>Senior Women</i>	Macclesfield H & AC
188	Alison	Hartopp	52	<i>Senior Women</i>	Macclesfield H & AC
659	Saranya	Hasler	35	<i>Senior Women</i>	Macclesfield H & AC
189	Gail	Hill	46	<i>Senior Women</i>	Macclesfield H & AC
190	Ann-Marie	Jones	65	<i>Senior Women</i>	Macclesfield H & AC
684	Joanna	Miles	56	<i>Senior Women</i>	Macclesfield H & AC
191	Daisy	Pickles	27	<i>Senior Women</i>	Macclesfield H & AC
192	Melanie	Power	48	<i>Senior Women</i>	Macclesfield H & AC
193	Lindsay	Purdie	47	<i>Senior Women</i>	Macclesfield H & AC
685	Hanny	Stockman	54	<i>Senior Women</i>	Macclesfield H & AC
194	Olivia	Walwyn	35	<i>Senior Women</i>	Macclesfield H & AC
657	Hilary	West	61	<i>Senior Women</i>	Macclesfield H & AC
195	Catherine	Wilson	52	<i>Senior Women</i>	Macclesfield H & AC

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No.	First Name	Last Name	Age	Race	Club
196	Jacqui	Baines	37	<i>Senior Women</i>	Manchester Frontrunners
197	Kate	Brennan	53	<i>Senior Women</i>	Manchester Frontrunners
198	Emma	Burns	25	<i>Senior Women</i>	Manchester Frontrunners
199	Amy	Carr	31	<i>Senior Women</i>	Manchester Frontrunners
200	Lucy	Etchells	32	<i>Senior Women</i>	Manchester Frontrunners
201	Jane	Fletcher	41	<i>Senior Women</i>	Manchester Frontrunners
202	Mel	Johnson	41	<i>Senior Women</i>	Manchester Frontrunners
203	Rachel	Kenyon	36	<i>Senior Women</i>	Manchester Frontrunners
204	Paula	Medley	39	<i>Senior Women</i>	Manchester Frontrunners
205	Claire	Naylor	34	<i>Senior Women</i>	Manchester Frontrunners
206	Aleksandra	Piekarska	34	<i>Senior Women</i>	Manchester Frontrunners
207	Linda	Rix	54	<i>Senior Women</i>	Manchester Frontrunners
208	Teresa	Ryan	38	<i>Senior Women</i>	Manchester Frontrunners
209	Emma	Shale	33	<i>Senior Women</i>	Manchester Frontrunners
210	Ruth	Travis	46	<i>Senior Women</i>	Manchester Frontrunners
211	Claire	White	32	<i>Senior Women</i>	Manchester Frontrunners
212	Melissa	Whitworth	47	<i>Senior Women</i>	Manchester Frontrunners

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
213	Caroline	Baba	40	<i>Senior Women</i>	Manchester H & AC
214	Melanie	Barber	42	<i>Senior Women</i>	Manchester H & AC
215	Deborah	Beresford	53	<i>Senior Women</i>	Manchester H & AC
232	Emma	Brogan	30	<i>Senior Women</i>	Manchester H & AC
216	Cecilia	Cole	24	<i>Senior Women</i>	Manchester H & AC
217	Katie	Cooper	18	<i>Senior Women</i>	Manchester H & AC
218	Jacqueline	Ellison	44	<i>Senior Women</i>	Manchester H & AC
219	Lindsey	Farrelly	41	<i>Senior Women</i>	Manchester H & AC
220	Gail	Hebson	44	<i>Senior Women</i>	Manchester H & AC
221	Lucy	Hickey	58	<i>Senior Women</i>	Manchester H & AC
222	Cyanne	Holt	51	<i>Senior Women</i>	Manchester H & AC
653	Emily	Hughes	17	<i>Senior Women</i>	Manchester H & AC
223	Catherine	Jones	50	<i>Senior Women</i>	Manchester H & AC
224	Ann	McLaughlin	55	<i>Senior Women</i>	Manchester H & AC
225	Amanda	Morgan	38	<i>Senior Women</i>	Manchester H & AC
226	Jodie	Norton	41	<i>Senior Women</i>	Manchester H & AC
227	Freya	Peers	17	<i>Senior Women</i>	Manchester H & AC
228	Catherine	Poole	47	<i>Senior Women</i>	Manchester H & AC
229	Maria	Royal	60	<i>Senior Women</i>	Manchester H & AC
230	Orla	Smyth	49	<i>Senior Women</i>	Manchester H & AC
231	Jane	Stiles	52	<i>Senior Women</i>	Manchester H & AC
727	Lauren	Whitworth	33	<i>Senior Women</i>	Manchester H & AC
233	Barbara	Williams	49	<i>Senior Women</i>	Manchester H & AC
234	Wendy	Woodhead	37	<i>Senior Women</i>	Manchester H & AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
354	Rachel	Airriess	20	<i>Senior Women</i>	Manchester Metropolitan University AC
658	Maddie	Amer	21	<i>Senior Women</i>	Manchester Metropolitan University AC
355	Libby	Ball	19	<i>Senior Women</i>	Manchester Metropolitan University AC
356	Emily	Bullis	22	<i>Senior Women</i>	Manchester Metropolitan University AC
357	Anja	Cox Cunningham	18	<i>Senior Women</i>	Manchester Metropolitan University AC
358	Sophie	Harrison	18	<i>Senior Women</i>	Manchester Metropolitan University AC
359	Lauren	McCarthy	22	<i>Senior Women</i>	Manchester Metropolitan University AC
719	Georgina	Nadal-Fernandez	26	<i>Senior Women</i>	Manchester Metropolitan University AC
360	Georgia	Rafferty	19	<i>Senior Women</i>	Manchester Metropolitan University AC
361	Eleanor	Robinson	19	<i>Senior Women</i>	Manchester Metropolitan University AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
235	Gillian	Aspin	44	<i>Senior Women</i>	Manchester Triathlon Club
236	Cathy	Atkinson	48	<i>Senior Women</i>	Manchester Triathlon Club
237	Sophie	Barnett	40	<i>Senior Women</i>	Manchester Triathlon Club
238	Veronica	Barnsley	41	<i>Senior Women</i>	Manchester Triathlon Club
239	Rachel	Bibby	38	<i>Senior Women</i>	Manchester Triathlon Club
240	Fiona	Blagg	30	<i>Senior Women</i>	Manchester Triathlon Club
241	Siobhan	Brennan	48	<i>Senior Women</i>	Manchester Triathlon Club
242	Wanausha	Campbell	39	<i>Senior Women</i>	Manchester Triathlon Club
742	Abbey	Clephane-Wilson	41	<i>Senior Women</i>	Manchester Triathlon Club
243	Judith	Coker	47	<i>Senior Women</i>	Manchester Triathlon Club
244	Emma	Connolly	29	<i>Senior Women</i>	Manchester Triathlon Club
245	Letitia	Cooper	32	<i>Senior Women</i>	Manchester Triathlon Club
246	Claire	Deane	50	<i>Senior Women</i>	Manchester Triathlon Club
247	Sarah	Drake	33	<i>Senior Women</i>	Manchester Triathlon Club
248	Sarah	Eglinq	43	<i>Senior Women</i>	Manchester Triathlon Club
249	Lisa	Evans	43	<i>Senior Women</i>	Manchester Triathlon Club
250	Siobhan	Farmer	37	<i>Senior Women</i>	Manchester Triathlon Club
251	Katie	Gane	24	<i>Senior Women</i>	Manchester Triathlon Club
252	Bethan	Habron-James	53	<i>Senior Women</i>	Manchester Triathlon Club
253	Sonia	Harris	48	<i>Senior Women</i>	Manchester Triathlon Club
255	Mel	Hayes	50	<i>Senior Women</i>	Manchester Triathlon Club
725	Nanette	Heystek	25	<i>Senior Women</i>	Manchester Triathlon Club
256	Helen	Hiley	38	<i>Senior Women</i>	Manchester Triathlon Club
257	Helen	Hyder	40	<i>Senior Women</i>	Manchester Triathlon Club
258	Joanna	Knapman	37	<i>Senior Women</i>	Manchester Triathlon Club
259	Sarah	Mawbey-Jeffries	43	<i>Senior Women</i>	Manchester Triathlon Club
260	Oonagh	McCartan	38	<i>Senior Women</i>	Manchester Triathlon Club
261	Deirdre	McCarthy	37	<i>Senior Women</i>	Manchester Triathlon Club
262	Ailbhe	McMullin	36	<i>Senior Women</i>	Manchester Triathlon Club
263	Emma	Medus	30	<i>Senior Women</i>	Manchester Triathlon Club
264	Ella	Novakovic	33	<i>Senior Women</i>	Manchester Triathlon Club
265	Linzi	Nuttall	29	<i>Senior Women</i>	Manchester Triathlon Club
266	Gail	O'Hare	53	<i>Senior Women</i>	Manchester Triathlon Club
267	Kim	O'Neill	51	<i>Senior Women</i>	Manchester Triathlon Club
268	Patricia	Quirke	47	<i>Senior Women</i>	Manchester Triathlon Club
686	Lucy	Regan	51	<i>Senior Women</i>	Manchester Triathlon Club
269	Adele	Reynolds	31	<i>Senior Women</i>	Manchester Triathlon Club
270	Sarah	Roberts	30	<i>Senior Women</i>	Manchester Triathlon Club
271	Claudia	Robles-Morse	39	<i>Senior Women</i>	Manchester Triathlon Club
272	Sarah	Saxton	32	<i>Senior Women</i>	Manchester Triathlon Club
726	Emily	Sharp	26	<i>Senior Women</i>	Manchester Triathlon Club
273	Jacky	Taylor	51	<i>Senior Women</i>	Manchester Triathlon Club
274	Marianne	Veighey	47	<i>Senior Women</i>	Manchester Triathlon Club
275	Jude	Wall	46	<i>Senior Women</i>	Manchester Triathlon Club

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
277	Laura	Ward	34	<i>Senior Women</i>	Manchester Triathlon Club
278	Michelle	Wilder	51	<i>Senior Women</i>	Manchester Triathlon Club
279	Hayley	Winder	42	<i>Senior Women</i>	Manchester Triathlon Club
280	Naomi	Wright	32	<i>Senior Women</i>	Manchester Triathlon Club

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
281	Natasha	Addison	26	<i>Senior Women</i>	Manchester YMCA Harriers
282	Rebecca	Avanessian	44	<i>Senior Women</i>	Manchester YMCA Harriers
283	Hannah Jane	Brierley	32	<i>Senior Women</i>	Manchester YMCA Harriers
284	Sarah	Crandon	34	<i>Senior Women</i>	Manchester YMCA Harriers
285	Jennifer	Delaney	33	<i>Senior Women</i>	Manchester YMCA Harriers
286	Sarah	Donohoe	32	<i>Senior Women</i>	Manchester YMCA Harriers
287	Zulma	Edmondson	42	<i>Senior Women</i>	Manchester YMCA Harriers
288	Emma	Elmerhebi	45	<i>Senior Women</i>	Manchester YMCA Harriers
289	Stephanie	Goodchild	52	<i>Senior Women</i>	Manchester YMCA Harriers
290	Jenny	Gorman	28	<i>Senior Women</i>	Manchester YMCA Harriers
291	Jill	Guthrie	34	<i>Senior Women</i>	Manchester YMCA Harriers
292	Heather	Hughes	26	<i>Senior Women</i>	Manchester YMCA Harriers
293	Jane	McDonnell	39	<i>Senior Women</i>	Manchester YMCA Harriers
731	Elle	Mecrow	24	<i>Senior Women</i>	Manchester YMCA Harriers
687	Rachel	Meredith	26	<i>Senior Women</i>	Manchester YMCA Harriers
732	Sandra	Robinson	732	<i>Senior Women</i>	Manchester YMCA Harriers
294	Anne	Williams	47	<i>Senior Women</i>	Manchester YMCA Harriers

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
295	Laura	Ahern	35	<i>Senior Women</i>	Marple Runners
296	Karen	Andrew	53	<i>Senior Women</i>	Marple Runners
297	Anna	Ashton	60	<i>Senior Women</i>	Marple Runners
298	Emily	Bamford	39	<i>Senior Women</i>	Marple Runners
299	Claire	Bradley	43	<i>Senior Women</i>	Marple Runners
300	Jenny	Brown	53	<i>Senior Women</i>	Marple Runners
301	Amanada	Collinge	44	<i>Senior Women</i>	Marple Runners
302	Carol	Culley	63	<i>Senior Women</i>	Marple Runners
303	Elaine	De Fries	55	<i>Senior Women</i>	Marple Runners
304	Joanna	Dunn	54	<i>Senior Women</i>	Marple Runners
305	Elise	Evans	46	<i>Senior Women</i>	Marple Runners
306	Ann-marie	Fairclough	54	<i>Senior Women</i>	Marple Runners
307	Miranda	Galloway	50	<i>Senior Women</i>	Marple Runners
308	Taylor	Giacoma	39	<i>Senior Women</i>	Marple Runners
309	Rachel	Griffith	55	<i>Senior Women</i>	Marple Runners
310	Sian	Griffiths	57	<i>Senior Women</i>	Marple Runners
311	Rachel	Lord	22	<i>Senior Women</i>	Marple Runners
312	Emma	Loveridge	37	<i>Senior Women</i>	Marple Runners
313	Sarah	Mears	44	<i>Senior Women</i>	Marple Runners
314	Chelsea	Mears-Graham	33	<i>Senior Women</i>	Marple Runners
315	Cathryn	Melia	49	<i>Senior Women</i>	Marple Runners
316	Emma	Mooney	40	<i>Senior Women</i>	Marple Runners
317	Sarah	Morgan	31	<i>Senior Women</i>	Marple Runners
318	Nadine	Muller	35	<i>Senior Women</i>	Marple Runners
319	Tracy	Murray	50	<i>Senior Women</i>	Marple Runners
320	Rachel	Myers	32	<i>Senior Women</i>	Marple Runners
321	Collette	Rose	45	<i>Senior Women</i>	Marple Runners
322	Gillian	Scott	63	<i>Senior Women</i>	Marple Runners
323	Shirley	Skinner	57	<i>Senior Women</i>	Marple Runners
324	Sandra	Smith	48	<i>Senior Women</i>	Marple Runners
325	Clare	Smith	53	<i>Senior Women</i>	Marple Runners
326	Alison	Stephenson	48	<i>Senior Women</i>	Marple Runners
327	Sarah	Stutchfield	43	<i>Senior Women</i>	Marple Runners
328	Alice	Taylor	27	<i>Senior Women</i>	Marple Runners
329	Fiona	Thomas	51	<i>Senior Women</i>	Marple Runners
330	Catherine	Tombs	48	<i>Senior Women</i>	Marple Runners
331	Fay	Waiting	30	<i>Senior Women</i>	Marple Runners
332	Katie	Young	21	<i>Senior Women</i>	Marple Runners

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
333	Joanna	Adamson	43	<i>Senior Women</i>	Middleton H AC
334	Emma	Ball	45	<i>Senior Women</i>	Middleton H AC
335	Elaine	Blades	42	<i>Senior Women</i>	Middleton H AC
336	Fiona	Bolton	63	<i>Senior Women</i>	Middleton H AC
337	Melody	Cambridge	31	<i>Senior Women</i>	Middleton H AC
338	Christine	Eckersley	72	<i>Senior Women</i>	Middleton H AC
339	Melissa	Edwards	27	<i>Senior Women</i>	Middleton H AC
340	Shelley	Griffin	37	<i>Senior Women</i>	Middleton H AC
341	Karen	Hallett	47	<i>Senior Women</i>	Middleton H AC
342	Ruth	Hare	66	<i>Senior Women</i>	Middleton H AC
343	Liz	Harris	51	<i>Senior Women</i>	Middleton H AC
344	Teresa	Hollins	64	<i>Senior Women</i>	Middleton H AC
345	Julie	Jones	61	<i>Senior Women</i>	Middleton H AC
346	Janine	Jordan	36	<i>Senior Women</i>	Middleton H AC
347	Anne	Lowe	40	<i>Senior Women</i>	Middleton H AC
348	Jo	Lynch	32	<i>Senior Women</i>	Middleton H AC
349	Donna	McGuinness	45	<i>Senior Women</i>	Middleton H AC
350	Cathy	Murphy	51	<i>Senior Women</i>	Middleton H AC
351	Beverley	O'Neill	42	<i>Senior Women</i>	Middleton H AC
352	Rose	Rowson	60	<i>Senior Women</i>	Middleton H AC
353	Vicky	Stainthorpe	40	<i>Senior Women</i>	Middleton H AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
362	Janet	Appleyard	64	<i>Senior Women</i>	Oldham & Royton H & AC
661	Caroline	Bartholomew	38	<i>Senior Women</i>	Oldham & Royton H & AC
720	Sulekha	Mukhopadhyay	17	<i>Senior Women</i>	Oldham & Royton H & AC
363	Karen	Stuttard	52	<i>Senior Women</i>	Oldham & Royton H & AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
668	Carly	Appleby	39	<i>Senior Women</i>	Sale Harriers Manchester
364	Helen	Armitage	43	<i>Senior Women</i>	Sale Harriers Manchester
365	Hayley	Ashby	38	<i>Senior Women</i>	Sale Harriers Manchester
688	Fiona	Askew	28	<i>Senior Women</i>	Sale Harriers Manchester
366	Marinda	Breddy	49	<i>Senior Women</i>	Sale Harriers Manchester
367	Lydia	Briggs	25	<i>Senior Women</i>	Sale Harriers Manchester
689	Francesca	Brint	18	<i>Senior Women</i>	Sale Harriers Manchester
690	Hannah	Brown	23	<i>Senior Women</i>	Sale Harriers Manchester
368	Alice	Bruce	19	<i>Senior Women</i>	Sale Harriers Manchester
369	Luisa	Candioli	25	<i>Senior Women</i>	Sale Harriers Manchester
370	Helen	Carter	36	<i>Senior Women</i>	Sale Harriers Manchester
371	Anne	Chinoy	45	<i>Senior Women</i>	Sale Harriers Manchester
372	Beatrice	Cordingley	25	<i>Senior Women</i>	Sale Harriers Manchester
373	Victoria	Cordingley	34	<i>Senior Women</i>	Sale Harriers Manchester
374	Jacqueline	Cordingley	59	<i>Senior Women</i>	Sale Harriers Manchester
691	Claudia	Cowan	18	<i>Senior Women</i>	Sale Harriers Manchester
692	Aine	Cunningham	18	<i>Senior Women</i>	Sale Harriers Manchester
375	Megan	Davies	22	<i>Senior Women</i>	Sale Harriers Manchester
717	Franciska	De-Vries	40	<i>Senior Women</i>	Sale Harriers Manchester
667	Gill	Edmonson	46	<i>Senior Women</i>	Sale Harriers Manchester
693	Jenny	Evans	25	<i>Senior Women</i>	Sale Harriers Manchester
376	Danielle	Fegan	28	<i>Senior Women</i>	Sale Harriers Manchester
377	Sinead	Ferguson	43	<i>Senior Women</i>	Sale Harriers Manchester
378	Emma	Finney	36	<i>Senior Women</i>	Sale Harriers Manchester
666	Simone	Fisher	45	<i>Senior Women</i>	Sale Harriers Manchester
379	Amy	Gaillemin	44	<i>Senior Women</i>	Sale Harriers Manchester
694	Zoe	Gmerek	43	<i>Senior Women</i>	Sale Harriers Manchester
380	Sarah	Goulden	29	<i>Senior Women</i>	Sale Harriers Manchester
381	Olivia	Green	18	<i>Senior Women</i>	Sale Harriers Manchester
382	Harriet	Hamilton	38	<i>Senior Women</i>	Sale Harriers Manchester
695	Georgia	Haworth	17	<i>Senior Women</i>	Sale Harriers Manchester
383	Catherine	Jones	42	<i>Senior Women</i>	Sale Harriers Manchester
384	Amelie	Latham	37	<i>Senior Women</i>	Sale Harriers Manchester
385	Ruth	Lindsey	41	<i>Senior Women</i>	Sale Harriers Manchester
386	Clare	McCarron	43	<i>Senior Women</i>	Sale Harriers Manchester
387	Imani	Modahl	23	<i>Senior Women</i>	Sale Harriers Manchester
696	Cara	O'Brien	36	<i>Senior Women</i>	Sale Harriers Manchester
388	Carla	Ousey	45	<i>Senior Women</i>	Sale Harriers Manchester
389	Aimee	Pratt	21	<i>Senior Women</i>	Sale Harriers Manchester
390	Helen	Reagan	49	<i>Senior Women</i>	Sale Harriers Manchester
391	Julia	Reynolds	47	<i>Senior Women</i>	Sale Harriers Manchester
392	Sian	Rowley	40	<i>Senior Women</i>	Sale Harriers Manchester
393	Lynda	Rowlinson	57	<i>Senior Women</i>	Sale Harriers Manchester
394	Rachael	Rozhdestvenskaya	29	<i>Senior Women</i>	Sale Harriers Manchester

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
395	Suzanne	Smith	41	<i>Senior Women</i>	Sale Harriers Manchester
396	Joanne	Street	40	<i>Senior Women</i>	Sale Harriers Manchester
397	Lucinda	Summers	53	<i>Senior Women</i>	Sale Harriers Manchester
398	Tracey	Taylor	37	<i>Senior Women</i>	Sale Harriers Manchester
399	Wendy	Terry	44	<i>Senior Women</i>	Sale Harriers Manchester
400	Jane	Thomas	27	<i>Senior Women</i>	Sale Harriers Manchester
697	Zara	Thompson	19	<i>Senior Women</i>	Sale Harriers Manchester
401	Emma	Tilley	21	<i>Senior Women</i>	Sale Harriers Manchester
402	Louise	Tittensor	43	<i>Senior Women</i>	Sale Harriers Manchester
403	Margaret	Trickey	68	<i>Senior Women</i>	Sale Harriers Manchester
404	Katherine	Wellam	38	<i>Senior Women</i>	Sale Harriers Manchester
405	Caroline	Wheeler	33	<i>Senior Women</i>	Sale Harriers Manchester
406	Rebecca	Wilson	27	<i>Senior Women</i>	Sale Harriers Manchester
407	Katherine	Wood	23	<i>Senior Women</i>	Sale Harriers Manchester
670	Chiara	Young	18	<i>Senior Women</i>	Sale Harriers Manchester

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
408	Amelia	Beaman	22	<i>Senior Women</i>	Salford H & AC
409	Sinead	Bent	21	<i>Senior Women</i>	Salford H & AC
410	Kate	Cammish	44	<i>Senior Women</i>	Salford H & AC
411	Leanne	Carey	36	<i>Senior Women</i>	Salford H & AC
412	Sarah	Carroll	33	<i>Senior Women</i>	Salford H & AC
663	Julie	Cook	50	<i>Senior Women</i>	Salford H & AC
413	Carla	Davies	33	<i>Senior Women</i>	Salford H & AC
414	Liberty	Haywood-Percival	18	<i>Senior Women</i>	Salford H & AC
415	Catherine	Hooper	17	<i>Senior Women</i>	Salford H & AC
416	Marie	Jarvis	32	<i>Senior Women</i>	Salford H & AC
417	Ruth	Jones	22	<i>Senior Women</i>	Salford H & AC
418	Kate	Knox	34	<i>Senior Women</i>	Salford H & AC
419	Hayley	Kuter	40	<i>Senior Women</i>	Salford H & AC
420	Estelle	Malm	38	<i>Senior Women</i>	Salford H & AC
421	Rebecca	Mason	18	<i>Senior Women</i>	Salford H & AC
422	Ruth	Ollerenshaw	44	<i>Senior Women</i>	Salford H & AC
423	Marloes	Peeters	31	<i>Senior Women</i>	Salford H & AC
424	Becki	Robinson	34	<i>Senior Women</i>	Salford H & AC
425	Tessa	Robinson	39	<i>Senior Women</i>	Salford H & AC
426	Jaymie	Shenton	40	<i>Senior Women</i>	Salford H & AC
427	Beverley	Simons	48	<i>Senior Women</i>	Salford H & AC
698	Denise	Wakefield	64	<i>Senior Women</i>	Salford H & AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
429	Jaine	Brocklehurst	48	<i>Senior Women</i>	Salford Metropolitan AC
430	Karen	Burgoyne	30	<i>Senior Women</i>	Salford Metropolitan AC
431	Kate	Fowles	50	<i>Senior Women</i>	Salford Metropolitan AC
432	Amanda	Hurdall	43	<i>Senior Women</i>	Salford Metropolitan AC
433	Carolyn	Lewtas	34	<i>Senior Women</i>	Salford Metropolitan AC
434	Olivia	McDermott	25	<i>Senior Women</i>	Salford Metropolitan AC
435	Laura	Mercer	45	<i>Senior Women</i>	Salford Metropolitan AC
436	Belinda	Nield	42	<i>Senior Women</i>	Salford Metropolitan AC
437	Mica	Nottingham	27	<i>Senior Women</i>	Salford Metropolitan AC
438	Rhianna	Parkinson	27	<i>Senior Women</i>	Salford Metropolitan AC
439	Megan	Powell	25	<i>Senior Women</i>	Salford Metropolitan AC
440	Georgina	Powell	27	<i>Senior Women</i>	Salford Metropolitan AC
441	Theresa	Shaw	49	<i>Senior Women</i>	Salford Metropolitan AC
442	Alina	Stepanchuk	38	<i>Senior Women</i>	Salford Metropolitan AC
443	Mandy	Webber	52	<i>Senior Women</i>	Salford Metropolitan AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
444	Gemma	Connolly	36	<i>Senior Women</i>	St Helens Sutton AC
445	Rachel	McGoldrick	21	<i>Senior Women</i>	St Helens Sutton AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
446	Helen	Broderick	49	<i>Senior Women</i>	St Helens Tri
447	Carol	Clive	54	<i>Senior Women</i>	St Helens Tri
448	Bethany	Forber	20	<i>Senior Women</i>	St Helens Tri
449	Chris	Forber	47	<i>Senior Women</i>	St Helens Tri
450	Molli	Forber	17	<i>Senior Women</i>	St Helens Tri
451	Shirley	Fox	55	<i>Senior Women</i>	St Helens Tri
452	Myka	Heard	51	<i>Senior Women</i>	St Helens Tri
453	Lynette	Houghton	48	<i>Senior Women</i>	St Helens Tri
454	Jayne	Mason	35	<i>Senior Women</i>	St Helens Tri
455	Jennifer	Miller	47	<i>Senior Women</i>	St Helens Tri
456	Claire	Murphy	43	<i>Senior Women</i>	St Helens Tri
457	Cheryl	Pace	39	<i>Senior Women</i>	St Helens Tri
458	Debra	Rayment	46	<i>Senior Women</i>	St Helens Tri
459	Sheena	Shearman	40	<i>Senior Women</i>	St Helens Tri
460	Liz	Spensley	73	<i>Senior Women</i>	St Helens Tri
461	Diane	Taktak	50	<i>Senior Women</i>	St Helens Tri
462	Sarah	Taktak	17	<i>Senior Women</i>	St Helens Tri
463	Yvonne	Tinsley	51	<i>Senior Women</i>	St Helens Tri

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
464	Amy	Barter	38	Senior Women	Stockport H & AC
465	Rachael	Blight	42	Senior Women	Stockport H & AC
466	Fiona	Cooke	52	Senior Women	Stockport H & AC
467	Holly	Copeland	30	Senior Women	Stockport H & AC
468	Heather	Corden	18	Senior Women	Stockport H & AC
699	Lindsay	Crombleholme	46	Senior Women	Stockport H & AC
469	Alexis	Dinsmor	69	Senior Women	Stockport H & AC
700	Alison	Duckworth	44	Senior Women	Stockport H & AC
701	Emilia	Gajda	18	Senior Women	Stockport H & AC
470	Louise	Geldart	33	Senior Women	Stockport H & AC
471	Linden	Hiscock	46	Senior Women	Stockport H & AC
472	Amie-erika	Hughes	24	Senior Women	Stockport H & AC
473	Jennifer	Hulley	43	Senior Women	Stockport H & AC
474	Clara	Jarvis	17	Senior Women	Stockport H & AC
475	Fiona	Johnson	39	Senior Women	Stockport H & AC
702	Samantha	Jones	35	Senior Women	Stockport H & AC
476	Sally	Keigher	47	Senior Women	Stockport H & AC
477	Jayne	Lawton	49	Senior Women	Stockport H & AC
478	Rebecca	Livsey	25	Senior Women	Stockport H & AC
718	Nicola	Lloyd M3,M4,M5	39	Senior Women	Stockport H & AC
479	Estelle	McGuire	51	Senior Women	Stockport H & AC
703	Melanie	Mather	47	Senior Women	Stockport H & AC
480	Sally	Meats	45	Senior Women	Stockport H & AC
481	Jane	Mulryan	63	Senior Women	Stockport H & AC
482	Ruth	Murdoch	44	Senior Women	Stockport H & AC
483	Rachel	Nolan	50	Senior Women	Stockport H & AC
484	Imogen	Nutter	23	Senior Women	Stockport H & AC
704	Jennie	Pickard	46	Senior Women	Stockport H & AC
485	Nicola	Pickford	42	Senior Women	Stockport H & AC
486	Louise	Rudd	43	Senior Women	Stockport H & AC
487	Sophie	Seingier	46	Senior Women	Stockport H & AC
488	Ruth Emily	Sinclair	20	Senior Women	Stockport H & AC
489	Lesley	Sinclair	55	Senior Women	Stockport H & AC
490	Jill	Tavini	49	Senior Women	Stockport H & AC
491	Sofia	Tavini	18	Senior Women	Stockport H & AC
492	Sara	Taylor	44	Senior Women	Stockport H & AC
493	Samantha	Thomas	45	Senior Women	Stockport H & AC
494	Helen	Todd	64	Senior Women	Stockport H & AC
495	Sue	Waring	54	Senior Women	Stockport H & AC
496	Faye Jasmine	Waterhouse	25	Senior Women	Stockport H & AC
497	Maureen	Wilkins	54	Senior Women	Stockport H & AC
498	Kerry	Wood-Doyle	52	Senior Women	Stockport H & AC
499	Abigail	Wood-Doyle	18	Senior Women	Stockport H & AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
500	Jackie	Blackburn	52	<i>Senior Women</i>	Stockport Tri Club
501	Belinda	Brennan	41	<i>Senior Women</i>	Stockport Tri Club
502	Nicola	Brundrett	42	<i>Senior Women</i>	Stockport Tri Club
705	Laura	Carter	49	<i>Senior Women</i>	Stockport Tri Club
503	Christine	Copson	53	<i>Senior Women</i>	Stockport Tri Club
504	Sandra	Crosbie	47	<i>Senior Women</i>	Stockport Tri Club
505	Christine	Dewsbury	43	<i>Senior Women</i>	Stockport Tri Club
506	Kerry	Doherty	44	<i>Senior Women</i>	Stockport Tri Club
507	Gillian	Doolan	50	<i>Senior Women</i>	Stockport Tri Club
508	Janet	Grint	42	<i>Senior Women</i>	Stockport Tri Club
509	Louise	Harrison	46	<i>Senior Women</i>	Stockport Tri Club
510	Elle	Jordan	40	<i>Senior Women</i>	Stockport Tri Club
511	Fran	Lewis	39	<i>Senior Women</i>	Stockport Tri Club
512	Rachel	McLaughlin	44	<i>Senior Women</i>	Stockport Tri Club
706	Laura	Pinkerton	35	<i>Senior Women</i>	Stockport Tri Club
513	Elizabeth	Sargent	39	<i>Senior Women</i>	Stockport Tri Club
514	Becky	Styles	46	<i>Senior Women</i>	Stockport Tri Club
515	Elizabeth	Underwood	30	<i>Senior Women</i>	Stockport Tri Club

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
516	Kerry	Adamsbaum	41	<i>Senior Women</i>	Swinton Running Club
517	Rhona	Barker	47	<i>Senior Women</i>	Swinton Running Club
518	Mandy	Beard	52	<i>Senior Women</i>	Swinton Running Club
519	Rachel	Billington	38	<i>Senior Women</i>	Swinton Running Club
520	Caroline	Capsey	34	<i>Senior Women</i>	Swinton Running Club
521	Jenny	Castle	42	<i>Senior Women</i>	Swinton Running Club
522	Sara	Das	30	<i>Senior Women</i>	Swinton Running Club
523	Wendy	Doxey	59	<i>Senior Women</i>	Swinton Running Club
524	Kerry	Granger	29	<i>Senior Women</i>	Swinton Running Club
525	Julie	Hamilton	40	<i>Senior Women</i>	Swinton Running Club
526	Andrea	Harrison	48	<i>Senior Women</i>	Swinton Running Club
527	Jacqueline	Higgins	53	<i>Senior Women</i>	Swinton Running Club
528	Julie	Holden	46	<i>Senior Women</i>	Swinton Running Club
529	Cheryl	Honeybourne	42	<i>Senior Women</i>	Swinton Running Club
530	Yvette	Jeal	49	<i>Senior Women</i>	Swinton Running Club
531	Steph	Kay	27	<i>Senior Women</i>	Swinton Running Club
532	Hannah	Lee	32	<i>Senior Women</i>	Swinton Running Club
533	Lauren	Marsden	46	<i>Senior Women</i>	Swinton Running Club
534	Maggie	McClelland	58	<i>Senior Women</i>	Swinton Running Club
535	Sian	McNeil	42	<i>Senior Women</i>	Swinton Running Club
536	Sarah	Mills	32	<i>Senior Women</i>	Swinton Running Club
537	Rebecca	Mills	37	<i>Senior Women</i>	Swinton Running Club
538	Helen	Nation	41	<i>Senior Women</i>	Swinton Running Club
539	Steph	Neild	28	<i>Senior Women</i>	Swinton Running Club
540	Hermione	Oakley	32	<i>Senior Women</i>	Swinton Running Club
541	Brenda	Spotswood	44	<i>Senior Women</i>	Swinton Running Club
542	Nicki	Sullivan	44	<i>Senior Women</i>	Swinton Running Club
543	Rebecca	Thompson	36	<i>Senior Women</i>	Swinton Running Club
707	Maria	Wylenzek	34	<i>Senior Women</i>	Swinton Running Club

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
544	Elizabeth	Austen	36	<i>Senior Women</i>	Trafford AC
545	Ruth	Beresford	30	<i>Senior Women</i>	Trafford AC
546	Amy-rose	Cauley	29	<i>Senior Women</i>	Trafford AC
547	Claire	Chaffer	42	<i>Senior Women</i>	Trafford AC
548	Vicki	Cronin	27	<i>Senior Women</i>	Trafford AC
549	Nicole	Davenport	38	<i>Senior Women</i>	Trafford AC
550	Beth	Donnelly	20	<i>Senior Women</i>	Trafford AC
551	Alison	Drasdo	50	<i>Senior Women</i>	Trafford AC
552	Sue	Exon	65	<i>Senior Women</i>	Trafford AC
553	Alison	Holbrook	46	<i>Senior Women</i>	Trafford AC
554	Sally	Howarth	54	<i>Senior Women</i>	Trafford AC
555	Sarah	Hudak	28	<i>Senior Women</i>	Trafford AC
556	Catherine	Hurst	55	<i>Senior Women</i>	Trafford AC
557	Joanne	Lott	52	<i>Senior Women</i>	Trafford AC
558	Louise	Mangan	47	<i>Senior Women</i>	Trafford AC
559	Melanie	Monks	29	<i>Senior Women</i>	Trafford AC
560	Zoe	Storr	31	<i>Senior Women</i>	Trafford AC
561	Sally	Woolhouse	45	<i>Senior Women</i>	Trafford AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
562	Georgia	Baynes	22	<i>Senior Women</i>	Univ of Manchester A & CCC
563	Elizabeth	Brown	20	<i>Senior Women</i>	Univ of Manchester A & CCC
716	Jade	Brown	19	<i>Senior Women</i>	Univ of Manchester A & CCC
564	Gabrielle	Day	21	<i>Senior Women</i>	Univ of Manchester A & CCC
565	Elizabeth	Elwell	19	<i>Senior Women</i>	Univ of Manchester A & CCC
566	Natasha	Gilmour	25	<i>Senior Women</i>	Univ of Manchester A & CCC
567	Anna	MacKenzie	22	<i>Senior Women</i>	Univ of Manchester A & CCC
568	Amelia	Pagett	18	<i>Senior Women</i>	Univ of Manchester A & CCC
715	Isobel	Parry-Jones	19	<i>Senior Women</i>	Univ of Manchester A & CCC
569	Sophie	Ralston	22	<i>Senior Women</i>	Univ of Manchester A & CCC
708	Victoria	Ramsbottom	19	<i>Senior Women</i>	Univ of Manchester A & CCC
570	Lottie	Siddle	19	<i>Senior Women</i>	Univ of Manchester A & CCC
571	Cachella	Smith	21	<i>Senior Women</i>	Univ of Manchester A & CCC
572	Tania	Spedaliero	24	<i>Senior Women</i>	Univ of Manchester A & CCC
573	Hannah	Stroud	21	<i>Senior Women</i>	Univ of Manchester A & CCC
574	Carys	Thompson	19	<i>Senior Women</i>	Univ of Manchester A & CCC
575	Rebecca	Whalley	22	<i>Senior Women</i>	Univ of Manchester A & CCC
576	Izzy	Wignall	20	<i>Senior Women</i>	Univ of Manchester A & CCC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
578	Chloe	Broad	20	<i>Senior Women</i>	Vale Royal AC
579	Debbie	Broad	51	<i>Senior Women</i>	Vale Royal AC
580	Katie Victoria	Brough	36	<i>Senior Women</i>	Vale Royal AC
729	Holly	Carrington	29	<i>Senior Women</i>	Vale Royal AC
581	Pauline	Davies	67	<i>Senior Women</i>	Vale Royal AC
582	Joanne	Edwards	55	<i>Senior Women</i>	Vale Royal AC
583	Jill	Haines	49	<i>Senior Women</i>	Vale Royal AC
584	Helen	Harrington	38	<i>Senior Women</i>	Vale Royal AC
585	Melanie	Johnson	36	<i>Senior Women</i>	Vale Royal AC
586	Lucy	Knight	30	<i>Senior Women</i>	Vale Royal AC
587	Lisa	Meadows	48	<i>Senior Women</i>	Vale Royal AC
588	Debbie	Moreton	49	<i>Senior Women</i>	Vale Royal AC
589	Jeanette	Pope	41	<i>Senior Women</i>	Vale Royal AC
590	Elizabeth	Renondeau	39	<i>Senior Women</i>	Vale Royal AC
709	Debbie	Richardson	50	<i>Senior Women</i>	Vale Royal AC
577	Julie Ann	Roberts	57	<i>Senior Women</i>	Vale Royal AC
591	Helen	Smith	49	<i>Senior Women</i>	Vale Royal AC
592	Mary	Tavener	56	<i>Senior Women</i>	Vale Royal AC
593	Claire	Thompson	41	<i>Senior Women</i>	Vale Royal AC
594	Jacky	Thorn	60	<i>Senior Women</i>	Vale Royal AC
595	Carole	Williams	66	<i>Senior Women</i>	Vale Royal AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
654	Olivia	Baker	17	<i>Senior Women</i>	Warrington AC
728	Lauren	Ferris	18	<i>Senior Women</i>	Warrington AC
596	Harriet	Knowles-Jones	20	<i>Senior Women</i>	Warrington AC
597	Rachael	McQuillan	18	<i>Senior Women</i>	Warrington AC
710	Emma	Pryor	38	<i>Senior Women</i>	Warrington AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
598	Brygida	Gorecka	27	<i>Senior Women</i>	West Cheshire AC
711	Kay	Hayes	38	<i>Senior Women</i>	West Cheshire AC
599	Joy	Hickman	53	<i>Senior Women</i>	West Cheshire AC
600	Angela	Tegg	46	<i>Senior Women</i>	West Cheshire AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
601	Tracy	Bown	54	<i>Senior Women</i>	Wilmslow RC
602	Amanda	Bradbury	44	<i>Senior Women</i>	Wilmslow RC
603	Diane	Bygrave	44	<i>Senior Women</i>	Wilmslow RC
604	Claire	Clancy	33	<i>Senior Women</i>	Wilmslow RC
605	Chloe	Clarke	37	<i>Senior Women</i>	Wilmslow RC
606	Nicola	Copock	37	<i>Senior Women</i>	Wilmslow RC
607	Janine	Ellis	49	<i>Senior Women</i>	Wilmslow RC
608	Zoe	Eyre	44	<i>Senior Women</i>	Wilmslow RC
730	Laura	Fairhurst <i>for M3,4,5</i>	38	<i>Senior Women</i>	Wilmslow RC
609	Elspeth	Gibson	47	<i>Senior Women</i>	Wilmslow RC
610	Sally	Gilliver	57	<i>Senior Women</i>	Wilmslow RC
611	Katy	Green	45	<i>Senior Women</i>	Wilmslow RC
664	Lynn	Hall	41	<i>Senior Women</i>	Wilmslow RC
612	Louisa	Harrison	44	<i>Senior Women</i>	Wilmslow RC
613	Carolyn	Hirons	52	<i>Senior Women</i>	Wilmslow RC
614	Sharon	Johnstone	45	<i>Senior Women</i>	Wilmslow RC
615	Sharon	Jones	52	<i>Senior Women</i>	Wilmslow RC
616	Julie	Lucas	55	<i>Senior Women</i>	Wilmslow RC
617	Catriona	Marshall	51	<i>Senior Women</i>	Wilmslow RC
618	Angela	McCarthy	57	<i>Senior Women</i>	Wilmslow RC
619	Diane	McVey	41	<i>Senior Women</i>	Wilmslow RC
620	Catherine	Mellor	39	<i>Senior Women</i>	Wilmslow RC
621	Emily	Moss	27	<i>Senior Women</i>	Wilmslow RC
622	Nicky	Mowat	60	<i>Senior Women</i>	Wilmslow RC
623	Rachael	Peers	34	<i>Senior Women</i>	Wilmslow RC
624	Sally	Price	42	<i>Senior Women</i>	Wilmslow RC
625	Sue	Strang	54	<i>Senior Women</i>	Wilmslow RC
626	Kate	Sutton	56	<i>Senior Women</i>	Wilmslow RC
627	Janet	Wyles	51	<i>Senior Women</i>	Wilmslow RC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
628	Vicky	Anderson	48	<i>Senior Women</i>	Wilmslow Striders
712	Beth	Armstrong	43	<i>Senior Women</i>	Wilmslow Striders
629	Sylvia	Brown	40	<i>Senior Women</i>	Wilmslow Striders
630	Sally-ann	Dodd	43	<i>Senior Women</i>	Wilmslow Striders
713	Emily	Marnier	29	<i>Senior Women</i>	Wilmslow Striders
662	Jennifer	Sutton	34	<i>Senior Women</i>	Wilmslow Striders
631	Katie	Thompson	34	<i>Senior Women</i>	Wilmslow Striders

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
632	Susan	Bates	58	<i>Senior Women</i>	Winston Runners
721	Laura	Bell	38	<i>Senior Women</i>	Winston Runners
633	Helen	Blissett	42	<i>Senior Women</i>	Winston Runners
634	Edyta	Burgess	43	<i>Senior Women</i>	Winston Runners
635	Charlotte	Dean	35	<i>Senior Women</i>	Winston Runners
714	Diana	Evans	59	<i>Senior Women</i>	Winston Runners
636	Sarah	Hooks	30	<i>Senior Women</i>	Winston Runners
637	Jana	Julinkova	48	<i>Senior Women</i>	Winston Runners
638	Beata	Knychala	39	<i>Senior Women</i>	Winston Runners
639	Jennifer	Lutton	38	<i>Senior Women</i>	Winston Runners
640	Francesca	Miller	30	<i>Senior Women</i>	Winston Runners
641	Lauren	Reid	27	<i>Senior Women</i>	Winston Runners
642	Kath	Tyms	41	<i>Senior Women</i>	Winston Runners

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2018/2019 – ENTRIES - WOMEN

No.	First Name	Last Name	Age	Race	Club
643	Caroline	Brophy	53	<i>Senior Women</i>	Wirral AC
644	Kelly	Clark	40	<i>Senior Women</i>	Wirral AC
645	Margaret	Cooper	50	<i>Senior Women</i>	Wirral AC
646	Eleanor	Hynes	28	<i>Senior Women</i>	Wirral AC
647	Uyai	Ikpatt	40	<i>Senior Women</i>	Wirral AC
648	Emily	Kearney	22	<i>Senior Women</i>	Wirral AC
649	Sarah	Kearney	44	<i>Senior Women</i>	Wirral AC
650	Yolla	McCoy	48	<i>Senior Women</i>	Wirral AC
651	Anne	Rosbottom	46	<i>Senior Women</i>	Wirral AC
652	Bree	Sutcliffe	42	<i>Senior Women</i>	Wirral AC