

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
-----	------------	-----------	-----	------	------

<b>MEN</b>		<b>Page No.</b>
1	ALTRINCHAM & DISTRICT AC	2
2	BELLE VUE RACERS	3
3	BRAMHALL RUNNERS	4
4	BUXTON AC	5
5	CHORLTON RUNNERS	6-8
6	DIDSBURY RUNNERS ( <i>new</i> )	9
7	DRAGONS RC (SALE)	10
8	EAST CHESHIRE H & TAMESIDE AC	11
9	GLOSSOPDALE HARRIERS	12
10	GOYT VALLEY STRIDERS	13
11	HALTON & FRODSHAM H	14
12	HORWICH RMI HARRIERS	15
13	KNUTSFORD HARRIERS & AC	-
14	KNUTSFORD TRI CLUB	16
15	LIVERPOOL HARRIERS & AC	17
16	MACCLESFIELD H & AC	18
17	MANCHESTER FRONTRUNNERS	19
18	MANCHESTER HARRIERS & AC	20
19	MANCHESTER METROPOLITAN UNIVERSITY AC	21
20	MANCHESTER TRIATHLON CLUB	22
21	MANCHESTER YMCA H	23
22	MARPLE RUNNERS	24
23	MIDDLETON H AC	25
24	OLDHAM & ROYTON HARRIERS & AC	26
25	QUAYS RUNNING CLUB	27
26	SALE H MANCHESTER AC	28+29
27	SALFORD H & AC	30+31
28	SALFORD MET AC	32
29	ST HELENS SUTTON AC	33
30	ST HELENS TRI	34
31	START2JOG ( <i>new</i> )	35
32	STOCKPORT HARRIERS & AC	36
33	STOCKPORT TRIATHLON CLUB	37
34	STYAL RC ( <i>new</i> )	38
35	SWINTON RC	39
36	TRAFFORD AC	40
37	UNIV. OF MANCHESTER CCC	41
38	VALE ROYAL AC	42
39	WARRINGTON AC	43
40	WESPA FIRE ATHLETICS	-
41	WEST CHESHIRE AC	44
42	WILMSLOW RC	45+46
43	WILMSLOW STRIDERS	47
44	WINSTON RUNNERS	48
45	WIRRAL AC	49

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
1	Peter	Abraham	47	Men	Altrincham & District AC
2	David	Ainsworth	60	Men	Altrincham & District AC
3	Hayden	Alcock	33	Men	Altrincham & District AC
4	Michael	Berks	36	Men	Altrincham & District AC
5	Craig	Bradbury	44	Men	Altrincham & District AC
6	Ed	Buckley	44	Men	Altrincham & District AC
7	Nick	Bugler	30	Men	Altrincham & District AC
8	Nick	Burke	51	Men	Altrincham & District AC
9	Sean	Butler	61	Men	Altrincham & District AC
10	Akkeal	Chambers	21	Men	Altrincham & District AC
11	Duncan	Dickinson	54	Men	Altrincham & District AC
12	Mike	Duncombe	63	Men	Altrincham & District AC
13	Nathan	Egan	19	Men	Altrincham & District AC
14	David	Entwistle	56	Men	Altrincham & District AC
15	Richard	Evans	56	Men	Altrincham & District AC
16	Adrian	Fuller	45	Men	Altrincham & District AC
17	Matt	Gawne	29	Men	Altrincham & District AC
18	Adam	Gooch	30	Men	Altrincham & District AC
19	Nick	Hamlin	30	Men	Altrincham & District AC
20	Colin	Hammond	55	Men	Altrincham & District AC
21	Graham	Harrison	59	Men	Altrincham & District AC
22	Jonathan	Hart	29	Men	Altrincham & District AC
23	Adam	Hindmarch	29	Men	Altrincham & District AC
24	Andrew	Holloway	53	Men	Altrincham & District AC
25	Shaun	Jackson	48	Men	Altrincham & District AC
26	Richard	Jellyman	35	Men	Altrincham & District AC
27	Richard	Johnson	53	Men	Altrincham & District AC
28	Richard	Kennaugh	52	Men	Altrincham & District AC
29	Richard	Lane	46	Men	Altrincham & District AC
30	David	Livingstone	49	Men	Altrincham & District AC
31	Dan	Martell	31	Men	Altrincham & District AC
32	Kristan	Matuszczak	34	Men	Altrincham & District AC
33	Hugh	McKenna	70	Men	Altrincham & District AC
34	Rob	Metcalf	39	Men	Altrincham & District AC
35	Tom	Moseley	38	Men	Altrincham & District AC
36	Gordon	Nicoll	57	Men	Altrincham & District AC
37	Andrew	Norman	39	Men	Altrincham & District AC
38	David	Norman	40	Men	Altrincham & District AC
39	Jeff	Norman	74	Men	Altrincham & District AC
40	Malcolm	Orrell	31	Men	Altrincham & District AC
41	Craig	Partridge	51	Men	Altrincham & District AC
42	Andrew	Paton-Crockett	36	Men	Altrincham & District AC
43	James	Pattison	38	Men	Altrincham & District AC
44	Neil	Pendlebury	48	Men	Altrincham & District AC
45	Andy	Pickford	46	Men	Altrincham & District AC
46	Peter	Pickwell	67	Men	Altrincham & District AC
47	George	Raffle	23	Men	Altrincham & District AC
48	Tim	Raffle	56	Men	Altrincham & District AC
49	Steven	Renny	50	Men	Altrincham & District AC
1175	Thomas	Stuart	26	Men	Altrincham & District AC
50	Dave	Telford	71	Men	Altrincham & District AC
51	Gareth	Turner	33	Men	Altrincham & District AC
52	Phil	Vesey	56	Men	Altrincham & District AC
53	Neil	Walker	40	Men	Altrincham & District AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN

No.	First Name	Last Name	Age	Race	Club
<b>54</b>	Dave	Cole	36	Men	Belle Vue Racers
<b>1159</b>	Tony	Coyne	46	Men	Belle Vue Racers
<b>55</b>	James	Corrigan	43	Men	Belle Vue Racers
<b>56</b>	John	Haines	39	Men	Belle Vue Racers
<b>1162</b>	Leo	Loughran	40	Men	Belle Vue Racers
<b>1163</b>	James	Malone	42	Men	Belle Vue Racers
<b>57</b>	Paul	Minton	34	Men	Belle Vue Racers
<b>58</b>	Patrick	O'Brien	63	Men	Belle Vue Racers
<b>59</b>	Ross	Pettigrew	31	Men	Belle Vue Racers
<b>1160</b>	Thomas	Rogers	26	Men	Belle Vue Racers
<b>60</b>	Andrew	Taylor	42	Men	Belle Vue Racers
<b>61</b>	Farouk	Vawda	52	Men	Belle Vue Racers
<b>62</b>	Vic	Walsh	41	Men	Belle Vue Racers
<b>63</b>	Phil	Wilcoxon	60	Men	Belle Vue Racers

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
<b>64</b>	Steve	Aughton	47	Men	Bramhall Runners
<b>65</b>	Nigel	Barratt	57	Men	Bramhall Runners
<b>66</b>	Mike	Barry	47	Men	Bramhall Runners
<b>67</b>	Adam	Bird	42	Men	Bramhall Runners
<b>68</b>	Adam	Brown	51	Men	Bramhall Runners
<b>69</b>	James	Cooper	47	Men	Bramhall Runners
<b>70</b>	Paul	Cowell	51	Men	Bramhall Runners
<b>71</b>	Matt	Darnley	40	Men	Bramhall Runners
<b>72</b>	Matthew	Deschoolmeester	46	Men	Bramhall Runners
<b>1204</b>	Ian	Dixon	46	Men	Bramhall Runners
<b>1208</b>	Sam	Evans	34	Men	Bramhall Runners
<b>73</b>	Steve	Faireclough	54	Men	Bramhall Runners
<b>74</b>	Simon	Fennell	51	Men	Bramhall Runners
<b>75</b>	Simon	Gebbett	48	Men	Bramhall Runners
<b>76</b>	Mark	Grundy	59	Men	Bramhall Runners
<b>77</b>	Mike	Hall	56	Men	Bramhall Runners
<b>78</b>	Richard	Hall	52	Men	Bramhall Runners
<b>79</b>	Barry	Heap	53	Men	Bramhall Runners
<b>80</b>	Nick	Heaton	49	Men	Bramhall Runners
<b>81</b>	Michael	Hodson	48	Men	Bramhall Runners
<b>82</b>	Steve	Hughes	56	Men	Bramhall Runners
<b>83</b>	Damian	Jones	36	Men	Bramhall Runners
<b>84</b>	Lee	Jones	47	Men	Bramhall Runners
<b>85</b>	Ian	Keeling	50	Men	Bramhall Runners
<b>86</b>	Chris	Kershaw	40	Men	Bramhall Runners
<b>87</b>	Lok	Li	49	Men	Bramhall Runners
<b>88</b>	Myles	Mason	44	Men	Bramhall Runners
<b>89</b>	Steve	McGovern	43	Men	Bramhall Runners
<b>90</b>	Matthew	Moran	38	Men	Bramhall Runners
<b>91</b>	Michael	Pease	45	Men	Bramhall Runners
<b>92</b>	Frank	Podd	49	Men	Bramhall Runners
<b>93</b>	Andy	Porter	51	Men	Bramhall Runners
<b>94</b>	Adam	Potts	47	Men	Bramhall Runners
<b>95</b>	Phil	Ramsey	44	Men	Bramhall Runners
<b>96</b>	Russell	Sutton	45	Men	Bramhall Runners
<b>97</b>	John	Temperley	58	Men	Bramhall Runners
<b>98</b>	Chris	Trask	47	Men	Bramhall Runners
<b>99</b>	Mike	Utting	49	Men	Bramhall Runners
<b>100</b>	John	Williams	37	Men	Bramhall Runners
<b>101</b>	John	Williams	44	Men	Bramhall Runners
<b>102</b>	Benjamin	Wolstenholme	34	Men	Bramhall Runners

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

<b>No.</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Race</b>	<b>Club</b>
<b>103</b>	Rick	Aldred	<i>44</i>	Men	Buxton AC
<b>104</b>	Peter	Bailey	<i>58</i>	Men	Buxton AC
<b>105</b>	Jason	Brunnock	<i>33</i>	Men	Buxton AC
<b>106</b>	David	Fryer-Winder	<i>21</i>	Men	Buxton AC
<b>107</b>	Richard	Goff	<i>39</i>	Men	Buxton AC
<b>108</b>	Matt	Hawtin	<i>45</i>	Men	Buxton AC
<b>109</b>	Daniel	Latham	<i>26</i>	Men	Buxton AC
<b>110</b>	Stefan	Ledin	<i>58</i>	Men	Buxton AC
<b>111</b>	Andy	Lidstone	<i>54</i>	Men	Buxton AC
<b>112</b>	Jacob	Miller	<i>18</i>	Men	Buxton AC
<b>113</b>	Tim	Rolfe	<i>46</i>	Men	Buxton AC
<b>1220</b>	Chris	Rushworth	<i>26</i>	Men	Buxton AC
<b>114</b>	Jonathan	Sewell	<i>46</i>	Men	Buxton AC
<b>115</b>	Daniel	Soles	<i>18</i>	Men	Buxton AC
<b>116</b>	Dave	Soles	<i>57</i>	Men	Buxton AC
<b>117</b>	Mark	Thorogood	<i>48</i>	Men	Buxton AC
<b>118</b>	Robert	White	<i>45</i>	Men	Buxton AC
<b>119</b>	Jacob	Winfield	<i>18</i>	Men	Buxton AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
120	Paul	Adams	56	Men	Chorlton Runners
121	Peter	Adams	46	Men	Chorlton Runners
122	Vijay	Aggarwal	43	Men	Chorlton Runners
123	David	Alderson	47	Men	Chorlton Runners
124	John	Atkinson	36	Men	Chorlton Runners
125	James	Atkiss	46	Men	Chorlton Runners
126	Andy	Baguley	41	Men	Chorlton Runners
127	Colin	Banno-Thornton	46	Men	Chorlton Runners
128	Oliver	Bernstein	29	Men	Chorlton Runners
1164	Tim	Blackwell	45	Men	Chorlton Runners
129	Richard	Bond McNally	41	Men	Chorlton Runners
130	Liam	Braby	23	Men	Chorlton Runners
131	Adam	Brant	41	Men	Chorlton Runners
132	Peter	Bray	26	Men	Chorlton Runners
133	Paul	Brown	36	Men	Chorlton Runners
134	James	Bryson	25	Men	Chorlton Runners
135	John	Burgess	52	Men	Chorlton Runners
136	Richard	Burton	40	Men	Chorlton Runners
137	Luke	Carter	31	Men	Chorlton Runners
138	Joseph	Chambers	29	Men	Chorlton Runners
139	Chris	Clarke	33	Men	Chorlton Runners
140	Simon	Clarke	38	Men	Chorlton Runners
141	Justin	Cleary	33	Men	Chorlton Runners
142	Thomas	Clowes	29	Men	Chorlton Runners
143	Peter	Costello	41	Men	Chorlton Runners
144	Samuel	Crawshaw	43	Men	Chorlton Runners
145	Steven	Curley	37	Men	Chorlton Runners
146	Gary	Daniels	41	Men	Chorlton Runners
147	Elliott	Davidson	26	Men	Chorlton Runners
148	Stephen	Davies	46	Men	Chorlton Runners
149	Stephen	Davison	44	Men	Chorlton Runners
150	Alan	De Asha	53	Men	Chorlton Runners
151	Matthew	Devlin	35	Men	Chorlton Runners
1195	Kevin	Duxbury	40	Men	Chorlton Runners
152	Anthony	Everitt	32	Men	Chorlton Runners
153	Tim	Fletcher	42	Men	Chorlton Runners
154	Will	Fossard	26	Men	Chorlton Runners
155	Mark	Gamblin	52	Men	Chorlton Runners
156	John	Gilbert <i>[s-c]</i>	39	Men	Chorlton Runners
157	Ross	Giles	38	Men	Chorlton Runners
158	Mo	Gill	42	Men	Chorlton Runners
159	Jamie	Glover	29	Men	Chorlton Runners
160	Patrick	Goodrich	37	Men	Chorlton Runners
161	Paul	Griffiths	47	Men	Chorlton Runners
162	Andrew	Haney	44	Men	Chorlton Runners
163	David	Hargreaves	33	Men	Chorlton Runners
164	Justin	Hayes	54	Men	Chorlton Runners
165	Simon	Hedges	49	Men	Chorlton Runners
166	Tom	Hindmarch	26	Men	Chorlton Runners
167	Colin	Hines	37	Men	Chorlton Runners
168	Ben	Hobson	32	Men	Chorlton Runners
169	Keith	Holman	36	Men	Chorlton Runners
170	Stephen	Hughes	46	Men	Chorlton Runners
171	Etienne	Humphries	37	Men	Chorlton Runners
172	Christopher	Jackson	59	Men	Chorlton Runners

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
173	Ian	Jameson	45	Men	Chorlton Runners
174	Philip	Jenkinson	40	Men	Chorlton Runners
175	Luke	Kelly	32	Men	Chorlton Runners
176	Eamonn	Keogh	40	Men	Chorlton Runners
177	George	Kirk	25	Men	Chorlton Runners
178	Jonathan	Lancaster	28	Men	Chorlton Runners
179	Anthony	Larkin	39	Men	Chorlton Runners
180	Rob	Lee	29	Men	Chorlton Runners
181	Richard Adrian	Leeming	52	Men	Chorlton Runners
182	Sean	Lord	47	Men	Chorlton Runners
183	Fraser	MacDonald Oulds	28	Men	Chorlton Runners
184	Peter	Mainwaring	46	Men	Chorlton Runners
185	Sam	Mason	27	Men	Chorlton Runners
186	Ben	McCormack	44	Men	Chorlton Runners
187	Paul	Molloy	28	Men	Chorlton Runners
188	Richard	Morris	36	Men	Chorlton Runners
189	Ross	Murdoch	32	Men	Chorlton Runners
190	Mark	Norman	39	Men	Chorlton Runners
191	Matthew	Owens	40	Men	Chorlton Runners
192	Nick	Parrott	41	Men	Chorlton Runners
193	Andrew	Paterson	42	Men	Chorlton Runners
194	Oliver	Patrick	28	Men	Chorlton Runners
195	Alastair	Patrick	33	Men	Chorlton Runners
196	Chris	Peachey	53	Men	Chorlton Runners
197	George	Perez-Luna	50	Men	Chorlton Runners
198	Alexander	Pigott	24	Men	Chorlton Runners
199	Matt	Pilkington	33	Men	Chorlton Runners
200	Chris	Potter	40	Men	Chorlton Runners
201	Russell	Price	34	Men	Chorlton Runners
202	John	Pye	57	Men	Chorlton Runners
203	Christopher	Rayner	46	Men	Chorlton Runners
204	Gary	Richardson	33	Men	Chorlton Runners
205	Gareth	Rustigini	37	Men	Chorlton Runners
206	James	Savage	37	Men	Chorlton Runners
207	Gary	Scott	41	Men	Chorlton Runners
208	Ian	Sharpe	49	Men	Chorlton Runners
209	Matthew	Shaw	41	Men	Chorlton Runners
210	Jerry	Smith	65	Men	Chorlton Runners
211	Stephen	Smith	30	Men	Chorlton Runners
212	Aiden	Spencer	45	Men	Chorlton Runners
213	Jamie	Stewart	33	Men	Chorlton Runners
214	Nick	Syrett	44	Men	Chorlton Runners
215	Michael	Taylor	32	Men	Chorlton Runners
216	Andrew	Tongue	33	Men	Chorlton Runners
217	Jonathan	Tout	25	Men	Chorlton Runners
218	Mark	Turner	52	Men	Chorlton Runners
219	Mark	Valentine	37	Men	Chorlton Runners
220	Daniel	Vasey	31	Men	Chorlton Runners
221	Neal	Wainwright	36	Men	Chorlton Runners
222	Charlie	Walker	24	Men	Chorlton Runners
223	Oliver	Wallace	36	Men	Chorlton Runners
224	Chris	Ward	32	Men	Chorlton Runners
225	Guy	Weaver	41	Men	Chorlton Runners
226	Stephen	Welch	34	Men	Chorlton Runners
227	Francis	Wooff	56	Men	Chorlton Runners

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

<b>No.</b>	<b>First Name</b>	<b>Last Name</b>	<i>Age</i>	<b>Race</b>	<b>Club</b>
<b>228</b>	David	Wyeth	38	Men	Chorlton Runners

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

<b>No.</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Race</b>	<b>Club</b>
<b>229</b>	Callum	Alderton	27	Men	Didsbury Runners
<b>230</b>	Martin	Carolan	30	Men	Didsbury Runners
<b>231</b>	Matt	Farr	40	Men	Didsbury Runners
<b>232</b>	Matthew	Gittins	36	Men	Didsbury Runners
<b>233</b>	Colin	Hill	29	Men	Didsbury Runners
<b>234</b>	Mike	Kelly	61	Men	Didsbury Runners
<b>235</b>	Dan	Levin	38	Men	Didsbury Runners
<b>236</b>	Damien	McHugh	31	Men	Didsbury Runners
<b>237</b>	Mike	Norbury	30	Men	Didsbury Runners
<b>238</b>	Olly	Smith	27	Men	Didsbury Runners
<b>239</b>	James	Stuart	34	Men	Didsbury Runners
<b>240</b>	Nick	Taylor	39	Men	Didsbury Runners
<b>241</b>	Steven	Townley	36	Men	Didsbury Runners

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

<b>No.</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Race</b>	<b>Club</b>
<b>242</b>	Peter	Atkinson	35	Men	Dragons RC (Sale)
<b>243</b>	Brendan	Broderick	50	Men	Dragons RC (Sale)
<b>244</b>	Graham	Brownhill	39	Men	Dragons RC (Sale)
<b>245</b>	Andrew	Chow	53	Men	Dragons RC (Sale)
<b>246</b>	Will	Coombe	46	Men	Dragons RC (Sale)
<b>247</b>	Scott	Damerun	49	Men	Dragons RC (Sale)
<b>1223</b>	John	Gay	41	Men	Dragons RC (Sale)
<b>248</b>	Duncan	Gazeley	41	Men	Dragons RC (Sale)
<b>249</b>	Richard	Healy	45	Men	Dragons RC (Sale)
<b>250</b>	Stuart	Jones	37	Men	Dragons RC (Sale)
<b>251</b>	Alan	Lamb	50	Men	Dragons RC (Sale)
<b>252</b>	Andy	Land	55	Men	Dragons RC (Sale)
<b>253</b>	Paul	Maybury	52	Men	Dragons RC (Sale)
<b>254</b>	Geoff	Paley	41	Men	Dragons RC (Sale)
<b>255</b>	Tristan	Pocock	47	Men	Dragons RC (Sale)
<b>256</b>	Rick	Poole	39	Men	Dragons RC (Sale)
<b>257</b>	Andy	Redford	45	Men	Dragons RC (Sale)
<b>258</b>	Ram	Sundar	54	Men	Dragons RC (Sale)
<b>259</b>	David	Swinburne	32	Men	Dragons RC (Sale)
<b>260</b>	Rob	Todd	58	Men	Dragons RC (Sale)
<b>261</b>	Robert	Wadsworth	37	Men	Dragons RC (Sale)

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
<b>262</b>	David	Barratt <i>[M2]</i>	<i>33</i>	Men	East Cheshire H & TAC <i>[M3 1229 Salf.H]</i>
<b>263</b>	Callum	Brierley	<i>17</i>	Men	East Cheshire H & TAC
<b>264</b>	Gavin	Browne	<i>31</i>	Men	East Cheshire H & TAC
<b>265</b>	Liam	Browne	<i>34</i>	Men	East Cheshire H & TAC
<b>266</b>	Tom	Clarke	<i>49</i>	Men	East Cheshire H & TAC
<b>267</b>	Gary	Coxon	<i>63</i>	Men	East Cheshire H & TAC
<b>268</b>	David	Figgins-Barrett	<i>37</i>	Men	East Cheshire H & TAC
<b>269</b>	Ian	Fraser	<i>54</i>	Men	East Cheshire H & TAC
<b>1176</b>	Tim	Greenald	<i>46</i>	Men	East Cheshire H & TAC
<b>270</b>	Matthew	Gush	<i>40</i>	Men	East Cheshire H & TAC
<b>271</b>	James	Hartshorne	<i>37</i>	Men	East Cheshire H & TAC
<b>272</b>	Robin	Horner	<i>41</i>	Men	East Cheshire H & TAC
<b>273</b>	Joseph	Hudak	<i>25</i>	Men	East Cheshire H & TAC
<b>274</b>	Derek	Hughes	<i>58</i>	Men	East Cheshire H & TAC
<b>275</b>	Gary	Matthews	<i>59</i>	Men	East Cheshire H & TAC
<b>276</b>	Scott	Matthews	<i>29</i>	Men	East Cheshire H & TAC
<b>277</b>	Stephen	Roberts	<i>51</i>	Men	East Cheshire H & TAC
<b>278</b>	Darren	Smith	<i>43</i>	Men	East Cheshire H & TAC
<b>279</b>	Michael	Stansfield	<i>43</i>	Men	East Cheshire H & TAC
<b>280</b>	Dennis	Thomas	<i>45</i>	Men	East Cheshire H & TAC

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

<b>No.</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Race</b>	<b>Club</b>
<b>281</b>	Tim	Budd	39	Men	Glossopdale H
<b>282</b>	Andrew	Burnett	54	Men	Glossopdale H
<b>283</b>	David	Chrystie-Lowe	62	Men	Glossopdale H
<b>284</b>	Alex	Critcher	43	Men	Glossopdale H
<b>285</b>	Matthew	Crompton	42	Men	Glossopdale H
<b>286</b>	Steve	Crossman	52	Men	Glossopdale H
<b>287</b>	Tim	Culshaw	33	Men	Glossopdale H
<b>288</b>	Peter	Daly	51	Men	Glossopdale H
<b>289</b>	Frank	Fielding	68	Men	Glossopdale H
<b>290</b>	Chris	Jackson	33	Men	Glossopdale H
<b>291</b>	Steve	Knowles	48	Men	Glossopdale H
<b>1196</b>	Neil	McGraw	40	Men	Glossopdale H
<b>292</b>	Sean	Phillips	29	Men	Glossopdale H
<b>1232</b>	Ben	Robertson	39	Men	Glossopdale H
<b>293</b>	John	Stephenson	63	Men	Glossopdale H
<b>294</b>	Daniel	Stinton	40	Men	Glossopdale H
<b>295</b>	Simon	Toole	50	Men	Glossopdale H
<b>296</b>	Simon	Watts	34	Men	Glossopdale H
<b>297</b>	Chris	Webb	39	Men	Glossopdale H

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
298	Colin	Allott	38	Men	Goyt Valley Striders
1177	Matt	Biglin	58	Men	Goyt Valley Striders
299	Kevin	Day	54	Men	Goyt Valley Striders
300	Alistair	Fitzgerald	44	Men	Goyt Valley Striders
301	Wayne	Grant	43	Men	Goyt Valley Striders
302	Aidan	Grant	43	Men	Goyt Valley Striders
303	Steve	Hennessey	62	Men	Goyt Valley Striders
304	James	Hobson	39	Men	Goyt Valley Striders
305	Mike	Hudson	61	Men	Goyt Valley Striders
306	Paul	Hunt	55	Men	Goyt Valley Striders
307	Lucas	Jones	45	Men	Goyt Valley Striders
308	Matthew	King	43	Men	Goyt Valley Striders
309	Robin	Leathley	31	Men	Goyt Valley Striders
310	Connor	Lomax	45	Men	Goyt Valley Striders
311	Rob	McNeil	28	Men	Goyt Valley Striders
312	John	Moore	56	Men	Goyt Valley Striders
313	Paul	Oakley	55	Men	Goyt Valley Striders
1178	David	Ormiston	34	Men	Goyt Valley Striders
314	Nathan	Porter	28	Men	Goyt Valley Striders
315	James	Rees	41	Men	Goyt Valley Striders
316	Mark	Ruston	43	Men	Goyt Valley Striders
317	Thomas	Screen	45	Men	Goyt Valley Striders
318	Chris	Tetley	62	Men	Goyt Valley Striders
319	Mark	Whelan	52	Men	Goyt Valley Striders
320	Roy	Whittle	44	Men	Goyt Valley Striders
321	Pete	Woodhead	44	Men	Goyt Valley Striders

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

<b>No.</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Race</b>	<b>Club</b>
<b>322</b>	Matthew	Larkin	47	Men	Halton & Frodsham H

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
323	David	Barnes	61	Men	Horwich RMI H
324	Gareth	Booth	48	Men	Horwich RMI H
325	Jonathan	Bruton	31	Men	Horwich RMI H
326	Michael	Cayton	39	Men	Horwich RMI H
327	Gary	Chadderton	58	Men	Horwich RMI H
328	Michael	Chadderton	29	Men	Horwich RMI H
329	Ian	Conroy	38	Men	Horwich RMI H
330	Andrew	Crickmore	25	Men	Horwich RMI H
331	Christopher	Essex-Crosby	43	Men	Horwich RMI H
332	Douglas	Fleming	60	Men	Horwich RMI H
333	Alex	Fowler	29	Men	Horwich RMI H
334	Daniel	Gilbert	44	Men	Horwich RMI H
335	David	Jackson	49	Men	Horwich RMI H
336	James	Jordan	36	Men	Horwich RMI H
337	Glyn	Kay	45	Men	Horwich RMI H
338	James	Kevan	32	Men	Horwich RMI H
339	Nick	Leigh	43	Men	Horwich RMI H
340	Andrew	Lloyd	49	Men	Horwich RMI H
341	Phil	Marsden	38	Men	Horwich RMI H
342	Paul	Massey	50	Men	Horwich RMI H
343	Joe	Mercer	32	Men	Horwich RMI H
344	Alastair	Murray	44	Men	Horwich RMI H
1234	Richard	O'Reilly	53	Men	Horwich RMI H
345	Lawrence	Pinnell	52	Men	Horwich RMI H
346	David	Purnell	53	Men	Horwich RMI H
347	Colin	Rigby	50	Men	Horwich RMI H
348	James Steven	Scott-Farrington	24	Men	Horwich RMI H
349	Mark	Seddon	57	Men	Horwich RMI H
350	Marcus	Taylor	49	Men	Horwich RMI H
351	James	Titmuss	44	Men	Horwich RMI H
352	Mark	Walsh	51	Men	Horwich RMI H
353	Sam	Wardle	20	Men	Horwich RMI H
354	Matt	Wilson	36	Men	Horwich RMI H

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

<b>No.</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Race</b>	<b>Club</b>
<b>355</b>	Luke	Ainsworth	37	Men	Knutsford Tri Club
<b>356</b>	Richard	Brown	40	Men	Knutsford Tri Club
<b>357</b>	Sean	Connon	31	Men	Knutsford Tri Club
<b>358</b>	Andy	Dines	55	Men	Knutsford Tri Club
<b>359</b>	Neil	Duncombe	33	Men	Knutsford Tri Club
<b>360</b>	Jeff	Fidler	54	Men	Knutsford Tri Club
<b>361</b>	John	Goggins	42	Men	Knutsford Tri Club
<b>362</b>	Ben	Hagger	42	Men	Knutsford Tri Club
<b>363</b>	Ewan	Holton	42	Men	Knutsford Tri Club
<b>364</b>	John	Keegan	37	Men	Knutsford Tri Club
<b>365</b>	William	Keeling	53	Men	Knutsford Tri Club
<b>1129</b>	Arran	McCloskey	23	Men	Knutsford Tri Club
<b>366</b>	Matthew	Mollart	37	Men	Knutsford Tri Club
<b>367</b>	Andrew	Orme	48	Men	Knutsford Tri Club
<b>368</b>	Jose	Perez	48	Men	Knutsford Tri Club
<b>369</b>	Edward	Taylor	50	Men	Knutsford Tri Club
<b>370</b>	James	Upton	45	Men	Knutsford Tri Club
<b>371</b>	Matthew	Wackett	28	Men	Knutsford Tri Club

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN

No.	First Name	Last Name	Age	Race	Club
<b>1211</b>	Max	Brame	<i>18</i>	Men	Liverpool H & AC
<b>1212</b>	Peter	Brame	<i>52</i>	Men	Liverpool H & AC
<b>1213</b>	Thomas	Rogerson	<i>20</i>	Men	Liverpool H & AC
<b>1214</b>	Ryan	Whiston	<i>24</i>	Men	Liverpool H & AC
<b>372</b>	Richard	Burney	<i>43</i>	Men	Liverpool H & AC
<b>373</b>	Laurie	Luscombe	<i>29</i>	Men	Liverpool H & AC
<b>374</b>	Lee	Midghall	<i>45</i>	Men	Liverpool H & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
375	Patrick	Ahern	57	Men	Macclesfield H & AC
376	Richard	Applewhite	44	Men	Macclesfield H & AC
377	Robert	Bailey	52	Men	Macclesfield H & AC
378	Christian	Blackwell	45	Men	Macclesfield H & AC
379	Julian	Brown	54	Men	Macclesfield H & AC
380	Richard	Brown	49	Men	Macclesfield H & AC
381	Mark	Burley	32	Men	Macclesfield H & AC
382	John	Carr	46	Men	Macclesfield H & AC
383	Jeremy	Davies	47	Men	Macclesfield H & AC
1187	Andy	Dykins	49	Men	Macclesfield H & AC
384	Ewan	Edmondson	33	Men	Macclesfield H & AC
1224	Daniel	Gill	38	Men	Macclesfield H & AC
385	Mark	Godden	63	Men	Macclesfield H & AC
386	Chris	Goodfellow	48	Men	Macclesfield H & AC
387	Peter	Goodfellow	17	Men	Macclesfield H & AC
388	Robert	Hasler	38	Men	Macclesfield H & AC
389	Billy	Hicks	28	Men	Macclesfield H & AC
390	Oliver	Higby	35	Men	Macclesfield H & AC
391	David	Larkin	44	Men	Macclesfield H & AC
392	Tim	Marsh	46	Men	Macclesfield H & AC
1225	Robert	Maxwell	48	Men	Macclesfield H & AC
393	Steven	Millar	46	Men	Macclesfield H & AC
394	Jim	Nettle	42	Men	Macclesfield H & AC
395	James	Noakes	52	Men	Macclesfield H & AC
396	Ray	O'Keefe	54	Men	Macclesfield H & AC
397	James	Perry	39	Men	Macclesfield H & AC
398	Neil	Pettie	46	Men	Macclesfield H & AC
399	Francis	Pyatt	39	Men	Macclesfield H & AC
400	Geoff	Sanders	64	Men	Macclesfield H & AC
1226	Paul	Sharp	38	Men	Macclesfield H & AC
401	Ben	Snell	38	Men	Macclesfield H & AC
402	Barrie	Thomason	52	Men	Macclesfield H & AC
403	Oscar	Trevena	29	Men	Macclesfield H & AC
404	Mark	Walker	41	Men	Macclesfield H & AC
405	Michael	Walton	43	Men	Macclesfield H & AC
406	Mark	Wheelton	60	Men	Macclesfield H & AC
407	Brian	Whitlock	46	Men	Macclesfield H & AC
408	Gary	Willcock	57	Men	Macclesfield H & AC
409	Dave	Wilson	52	Men	Macclesfield H & AC
1188	Scott	Wilson	31	Men	Macclesfield H & AC
410	James	Wood	42	Men	Macclesfield H & AC
411	Alex	Wright	41	Men	Macclesfield H & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
412	Tom	Bardwell	33	Men	Manchester Frontrunners
413	Gregory	Beck	34	Men	Manchester Frontrunners
414	Chris	Benn	28	Men	Manchester Frontrunners
415	Dominic	Berry	39	Men	Manchester Frontrunners
416	Thomas	Blackburn	29	Men	Manchester Frontrunners
417	David	Chambers	34	Men	Manchester Frontrunners
418	John	Clark	47	Men	Manchester Frontrunners
419	Paul	Crowe	40	Men	Manchester Frontrunners
420	Darren	De Vally	32	Men	Manchester Frontrunners
421	Martin	Dunn	32	Men	Manchester Frontrunners
422	Andrew	Fergusson	33	Men	Manchester Frontrunners
423	James	Fox	41	Men	Manchester Frontrunners
424	Nico	Gibert	45	Men	Manchester Frontrunners
425	Peter	Greatbanks	37	Men	Manchester Frontrunners
426	Jono	Guildford	42	Men	Manchester Frontrunners
427	Steve	Hatton	40	Men	Manchester Frontrunners
428	Chris	Horkan	37	Men	Manchester Frontrunners
429	Joe	Jarvis	31	Men	Manchester Frontrunners
430	Jonathan	Jones	25	Men	Manchester Frontrunners
431	Carl	Lane	37	Men	Manchester Frontrunners
432	Nick	Markley	38	Men	Manchester Frontrunners
433	Thomas	Marshall	27	Men	Manchester Frontrunners
434	Jordan	Millar	32	Men	Manchester Frontrunners
435	James	Moles	45	Men	Manchester Frontrunners
436	Paul	O'Neill	39	Men	Manchester Frontrunners
437	Blair	Paterson	33	Men	Manchester Frontrunners
438	Matt	Perry	23	Men	Manchester Frontrunners
439	Andrew	Porter	31	Men	Manchester Frontrunners
440	Roberto	Raso	55	Men	Manchester Frontrunners
441	Edward	Roberts	25	Men	Manchester Frontrunners
442	James	Scully	45	Men	Manchester Frontrunners
443	Peter	Symonds	61	Men	Manchester Frontrunners
444	Stephen	Weigh	39	Men	Manchester Frontrunners
445	Dan	Whittaker	47	Men	Manchester Frontrunners
446	Edmund	Woodfield	29	Men	Manchester Frontrunners

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
447	Matt	Atkinson	33	Men	Manchester H & AC
448	Arnold	Bradshaw	72	Men	Manchester H & AC
449	Jason	Brogan	49	Men	Manchester H & AC
450	Darren	Cooper	39	Men	Manchester H & AC
451	Michael	Cunningham	74	Men	Manchester H & AC
452	David	Dyer	48	Men	Manchester H & AC
453	Ed	Fazakerley	50	Men	Manchester H & AC
454	Glen	Gandy	53	Men	Manchester H & AC
455	David	Gee	66	Men	Manchester H & AC
1130	Gwatkin	Chris	21	Men	Manchester H & AC
456	John	Halliwell	56	Men	Manchester H & AC
1227	Andrew	Hartley	37	Men	Manchester H & AC
457	James	Hinde	45	Men	Manchester H & AC
458	Mark	Jones	39	Men	Manchester H & AC
459	Denis	Kelly	52	Men	Manchester H & AC
460	Mike	Long	41	Men	Manchester H & AC
461	Alex	Masidlover	41	Men	Manchester H & AC
462	Andrew	Parsonage	25	Men	Manchester H & AC
463	Neil	Ryan	38	Men	Manchester H & AC
464	Chris	Sewart	44	Men	Manchester H & AC
465	Richard	Skitt	36	Men	Manchester H & AC
466	Jonathon	Stewart	23	Men	Manchester H & AC
467	Craig	Turner	53	Men	Manchester H & AC
468	Marcus	Walker	62	Men	Manchester H & AC
469	Robert	Weston	30	Men	Manchester H & AC
470	Rocco	Zaman Browne	18	Men	Manchester H & AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN

No.	First Name	Last Name	Age	Race	Club
<b>471</b>	Isaac	Blackshaw	22	Men	Manchester Met Univ.
<b>472</b>	Sam	Garratt	21	Men	Manchester Met Univ.
<b>1131</b>	Yassine	Guermoudi	27	Men	Manchester Met Univ.
<b>1165</b>	Owen	Haywood	22	Men	Manchester Met Univ.
<b>1132</b>	Jacob	Hubner	20	Men	Manchester Met Univ.
<b>1166</b>	Jordan	Kenyon	18	Men	Manchester Met Univ.
<b>1179</b>	Jonny	O'Donnell	23	Men	Manchester Met Univ.
<b>1167</b>	Thomas	Summerfield	18	Men	Manchester Met Univ.

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
473	Andy	Adkin	42	Men	Manchester Tri Club
1133	Damian	Aspin	45	Men	Manchester Tri Club
474	Lee	Benson	56	Men	Manchester Tri Club
475	Joseph	Brennan	31	Men	Manchester Tri Club
1134	Ronan	Brennan	50	Men	Manchester Tri Club
476	Tim	Condon	30	Men	Manchester Tri Club
1201	Timothy	Criddle	55	Men	Manchester Tri Club
1202	Andrew	Dow	49	Men	Manchester Tri Club
477	Chris	Evans	41	Men	Manchester Tri Club
478	Dean	Evans	43	Men	Manchester Tri Club
479	Matthew	Evans-Smith	41	Men	Manchester Tri Club
480	Eduardo	Fe	40	Men	Manchester Tri Club
481	Martin	Forker	35	Men	Manchester Tri Club
482	Chris	Garratt	28	Men	Manchester Tri Club
483	Shaun	Gilmour	37	Men	Manchester Tri Club
484	Joseph	Granelli	31	Men	Manchester Tri Club
485	Rob	Harper	42	Men	Manchester Tri Club
486	Tom	Hogan	46	Men	Manchester Tri Club
487	Bryan	Hopwood	54	Men	Manchester Tri Club
488	Scott	Houston	31	Men	Manchester Tri Club
489	Peter	Hulme	48	Men	Manchester Tri Club
490	Richard	Hyder	41	Men	Manchester Tri Club
1203	Tim	Johns	52	Men	Manchester Tri Club
491	Christopher	Jones	42	Men	Manchester Tri Club
492	Brendan	Kennedy	32	Men	Manchester Tri Club
493	Shaun	King	51	Men	Manchester Tri Club
494	Richard	Knox	37	Men	Manchester Tri Club
495	Alex	Lawton	31	Men	Manchester Tri Club
496	Alan	Leonard	46	Men	Manchester Tri Club
497	George	Lipscombe	56	Men	Manchester Tri Club
498	Curtis	Mansbridge	45	Men	Manchester Tri Club
499	Anthony	McGuirk	32	Men	Manchester Tri Club
500	Stewart	Moore	31	Men	Manchester Tri Club
501	Richard	Mungall	39	Men	Manchester Tri Club
1135	John	Murray	47	Men	Manchester Tri Club
502	Mark	Pagram	43	Men	Manchester Tri Club
503	Adrian	Parry-Jones	46	Men	Manchester Tri Club
504	Jamie	Platt	37	Men	Manchester Tri Club
505	Stephen	Pollard	41	Men	Manchester Tri Club
506	Aaron	Saxton	38	Men	Manchester Tri Club
507	Paul	Schofield	52	Men	Manchester Tri Club
508	Pete	Smallwood	29	Men	Manchester Tri Club
509	Ben	Strutt	52	Men	Manchester Tri Club
510	Murray	Taylor	34	Men	Manchester Tri Club
511	Stephen	Taylor	49	Men	Manchester Tri Club
512	Richard	Tennant	24	Men	Manchester Tri Club
513	Stewart	Tennant	55	Men	Manchester Tri Club
514	Roger	Thomas	48	Men	Manchester Tri Club
515	Harry	Vaneris	39	Men	Manchester Tri Club
1136	Cliff	Veighey	45	Men	Manchester Tri Club
516	Chris	Watson	50	Men	Manchester Tri Club
517	James	Willard	34	Men	Manchester Tri Club
1137	Mark	Wodrow	52	Men	Manchester Tri Club

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
<b>518</b>	David	Ashton	70	Men	Manchester YMCA H
<b>519</b>	Andrew	Bowler	31	Men	Manchester YMCA H
<b>520</b>	Richard	Brierley	31	Men	Manchester YMCA H
<b>521</b>	Tony	Brierley	66	Men	Manchester YMCA H
<b>1189</b>	Luke	Burgess	27	Men	Manchester YMCA H
<b>522</b>	Peter	Flew	35	Men	Manchester YMCA H
<b>523</b>	David	Garner	55	Men	Manchester YMCA H
<b>524</b>	Mark	Griffiths	38	Men	Manchester YMCA H
<b>525</b>	Tom	Hampson	30	Men	Manchester YMCA H
<b>526</b>	Joseph	Hayes	31	Men	Manchester YMCA H
<b>527</b>	Stephen	Ingham	61	Men	Manchester YMCA H
<b>528</b>	Nick	Jackson	32	Men	Manchester YMCA H
<b>529</b>	Craig	Jones	40	Men	Manchester YMCA H
<b>530</b>	Chris	March	35	Men	Manchester YMCA H
<b>531</b>	Neil	McGregor	56	Men	Manchester YMCA H
<b>532</b>	Michael	O'Brien	62	Men	Manchester YMCA H
<b>533</b>	Jon	Paramor	68	Men	Manchester YMCA H
<b>534</b>	Martin	Rimmer	26	Men	Manchester YMCA H
<b>535</b>	Tim	Shanker	52	Men	Manchester YMCA H
<b>536</b>	Phil	Tomkinson	32	Men	Manchester YMCA H
<b>537</b>	Ben	Watson	38	Men	Manchester YMCA H
<b>538</b>	Graeme	Wilkinson	37	Men	Manchester YMCA H
<b>539</b>	Matthew	Wright	30	Men	Manchester YMCA H

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
540	Mark	Arden	51	Men	Marple Runners
541	Andrew	Armstrong	39	Men	Marple Runners
542	John	Bailey	39	Men	Marple Runners
543	Chris	Barber	48	Men	Marple Runners
544	Lars	Bevanger	49	Men	Marple Runners
545	Gavin	Bowers	38	Men	Marple Runners
546	Thomas John	Callaghan	49	Men	Marple Runners
547	John	Corbett	31	Men	Marple Runners
548	David	Cracknell	38	Men	Marple Runners
549	James	Deighton	45	Men	Marple Runners
550	Simeon	Farrington-Newman	45	Men	Marple Runners
551	Richard	Furniss	55	Men	Marple Runners
552	Ian	Galloway	48	Men	Marple Runners
553	Andrew	Hodson	48	Men	Marple Runners
554	Simon	Hughes	37	Men	Marple Runners
555	Neil	Hurran	42	Men	Marple Runners
556	Bob	Jones	59	Men	Marple Runners
557	Wayne	Jones	52	Men	Marple Runners
558	Alistair	Jordan	56	Men	Marple Runners
559	Mike	Kelly	49	Men	Marple Runners
560	James	Kemp	51	Men	Marple Runners
561	Graeme	Lawton	38	Men	Marple Runners
562	Lee	Leston-Jones	47	Men	Marple Runners
563	David	Lewin	41	Men	Marple Runners
564	Andrew	Lord	56	Men	Marple Runners
565	Mark	Lynch	51	Men	Marple Runners
566	Graham	Murray	58	Men	Marple Runners
567	Pete	Ogley	46	Men	Marple Runners
568	Darren	Peatfield	49	Men	Marple Runners
569	Tony	Pratt	53	Men	Marple Runners
570	Simon	Rushton	54	Men	Marple Runners
571	David	Shoesmith	66	Men	Marple Runners
572	Mat	Stephenson	51	Men	Marple Runners
573	Rob	Stutchfield	44	Men	Marple Runners
1138	Nigel	Tapp	54	Men	Marple Runners
1168	Adrian	Thomas	54	Men	Marple Runners
574	Martin	Townsend	60	Men	Marple Runners
575	John	Waiting	33	Men	Marple Runners
576	Mark	Warner	53	Men	Marple Runners
577	Richard	Williams	44	Men	Marple Runners
578	Jeremy	Woodham	46	Men	Marple Runners

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

<b>No.</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Race</b>	<b>Club</b>
<b>579</b>	Robert	Ashton	<i>61</i>	Men	Middleton H AC
<b>580</b>	Jorden Lee	Burke	<i>39</i>	Men	Middleton H AC
<b>581</b>	Alan	Garvey	<i>65</i>	Men	Middleton H AC
<b>582</b>	Michael	Griffin	<i>44</i>	Men	Middleton H AC
<b>583</b>	John	Hall	<i>73</i>	Men	Middleton H AC
<b>584</b>	Jason	Harling	<i>33</i>	Men	Middleton H AC
<b>585</b>	Chris	Humble	<i>34</i>	Men	Middleton H AC
<b>586</b>	Graham	Jordan	<i>41</i>	Men	Middleton H AC
<b>587</b>	Steven	Lewis	<i>57</i>	Men	Middleton H AC
<b>588</b>	Stephen	Lowe	<i>40</i>	Men	Middleton H AC
<b>589</b>	Richard	McGrath	<i>40</i>	Men	Middleton H AC
<b>1169</b>	Andrew	Ndlovu	<i>18</i>	Men	Middleton H AC
<b>590</b>	Roland	Robson	<i>62</i>	Men	Middleton H AC
<b>591</b>	Craig	Sutherland	<i>62</i>	Men	Middleton H AC
<b>592</b>	Steve	Vasiliou	<i>60</i>	Men	Middleton H AC
<b>1228</b>	Darren	Wallis	<i>53</i>	Men	Middleton H AC
<b>593</b>	John	Weaver	<i>36</i>	Men	Middleton H AC
<b>594</b>	Paul	Whydall	<i>40</i>	Men	Middleton H AC
<b>595</b>	Leon	Wint	<i>32</i>	Men	Middleton H AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

<b>No.</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Race</b>	<b>Club</b>
<b>596</b>	Paul	Bartholomew	42	Men	Oldham & Royton H & AC
<b>597</b>	David	Carroll	38	Men	Oldham & Royton H & AC
<b>598</b>	John	Hudson	69	Men	Oldham & Royton H & AC
<b>599</b>	Michael	Mannings	30	Men	Oldham & Royton H & AC
<b>600</b>	Lee	Robinson	43	Men	Oldham & Royton H & AC
<b>1180</b>	Daniel	Timperley	31	Men	Oldham & Royton H & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

<b>No.</b>	<b>First Name</b>	<b>Last Name</b>	<i>Age</i>	<b>Race</b>	<b>Club</b>
<b>601</b>	Lee	Dunn	49	Men	Quays RC
<b>602</b>	Stuart	Farmer	46	Men	Quays RC
<b>1206</b>	Mark	Holt	32	Men	Quays RC
<b>603</b>	Phil	Pennill	36	Men	Quays RC
<b>1207</b>	Anoop	Selvin	25	Men	Quays RC
<b>604</b>	Stephen	Symons	53	Men	Quays RC

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
605	Dan	Appleby	39	Men	Sale H Manchester
606	Mike	Ashby	40	Men	Sale H Manchester
607	Sam	Aspinwall	31	Men	Sale H Manchester
608	Nathan	Ball	36	Men	Sale H Manchester
609	Matthew	Barnes	42	Men	Sale H Manchester
610	Paul	Barrett	39	Men	Sale H Manchester
611	Nicholas	Barry	33	Men	Sale H Manchester
612	Gaurav	Batra	48	Men	Sale H Manchester
1209	Matthew	Bell	43	Men	Sale H Manchester
613	Jason	Bowers	45	Men	Sale H Manchester
614	Alex	Bradford	24	Men	Sale H Manchester
1181	Richard	Brown	50	Men	Sale H Manchester
615	Nathan	Cameron	43	Men	Sale H Manchester
616	Andrew	Carlin	33	Men	Sale H Manchester
617	Hector	Chinoy	46	Men	Sale H Manchester
618	David	Connelly	40	Men	Sale H Manchester
619	Frank	Cordingley	58	Men	Sale H Manchester
620	Michael	Curley	70	Men	Sale H Manchester
621	Borys	Darmas	46	Men	Sale H Manchester
622	Elton	Davies	47	Men	Sale H Manchester
623	Ibrahima	Diallo	22	Men	Sale H Manchester
624	Conor	Donaghy	36	Men	Sale H Manchester
625	Chris	Donnelly	41	Men	Sale H Manchester
626	Robert	Dunn	36	Men	Sale H Manchester
627	Richard	Edwards	42	Men	Sale H Manchester
628	Rob	Fairbanks	41	Men	Sale H Manchester
1182	Kevin	Foster	31	Men	Sale H Manchester
629	Olivier	Gaillemin	46	Men	Sale H Manchester
630	Duane	Gaunt	28	Men	Sale H Manchester
631	Steven	Gavin	49	Men	Sale H Manchester
632	Shaun	Gee	19	Men	Sale H Manchester
633	Tom	Gough	27	Men	Sale H Manchester
1139	Daniel	Gray	33	Men	Sale H Manchester
634	Chris	Green	47	Men	Sale H Manchester
635	Paul	Green	47	Men	Sale H Manchester
636	Matthew	Harrison	42	Men	Sale H Manchester
637	Nathan	Harrison	29	Men	Sale H Manchester
1140	Najib	Hassan	18	Men	Sale H Manchester
638	Robert	Heggs	44	Men	Sale H Manchester
639	Steven	Henderson	35	Men	Sale H Manchester
1141	Sam	Heyworth	17	Men	Sale H Manchester
640	Christopher	Heys	43	Men	Sale H Manchester
641	Duncan	Hill	45	Men	Sale H Manchester
642	David	Howlett	31	Men	Sale H Manchester
643	Kenneth	Hunt	34	Men	Sale H Manchester
644	Ken	James	54	Men	Sale H Manchester
645	Damien	Jones	35	Men	Sale H Manchester
646	Dominic	Jones	32	Men	Sale H Manchester
647	Tim	Kennedy	38	Men	Sale H Manchester
648	Alistair	Knockton	52	Men	Sale H Manchester
649	Simon	Latham	34	Men	Sale H Manchester
650	David	Marsh	32	Men	Sale H Manchester
651	Nigel	Martin	32	Men	Sale H Manchester
652	Stephen	McCarron	45	Men	Sale H Manchester
653	Ben	McIntyre	40	Men	Sale H Manchester

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
654	Andrew	Mooney	34	Men	Sale H Manchester
655	John	Morris	38	Men	Sale H Manchester
1238	Tommy	Oladiti	19	Men	Sale H Manchester
656	Matthew	Oldham	41	Men	Sale H Manchester
657	Peter	O'Neill	39	Men	Sale H Manchester
1142	Will	Onek	30	Men	Sale H Manchester
1215	Andrew	Penny	48	Men	Sale H Manchester
658	Timothy	Rainey	54	Men	Sale H Manchester
659	Gareth	Raven	45	Men	Sale H Manchester
1183	David	Rich	25	Men	Sale H Manchester
660	Philip	Robertson	26	Men	Sale H Manchester
661	Paul	Rowley	39	Men	Sale H Manchester
662	David	Safranauskas	52	Men	Sale H Manchester
663	Glen	Savage	57	Men	Sale H Manchester
664	Peter	Shipley	32	Men	Sale H Manchester
665	Matthew	Spragg	45	Men	Sale H Manchester
666	Aaron	Steele	34	Men	Sale H Manchester
667	Tom	Stephenson	37	Men	Sale H Manchester
668	Chris	Tait	27	Men	Sale H Manchester
669	Jon	Terry	48	Men	Sale H Manchester
670	Luke	Townsend	26	Men	Sale H Manchester
671	Nicholas	Tynan	33	Men	Sale H Manchester
672	Gareth	Webb	42	Men	Sale H Manchester
673	Michael	Wharton	43	Men	Sale H Manchester
674	James	Wignall	27	Men	Sale H Manchester
675	Michael	Wymer	47	Men	Sale H Manchester

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
676	Gamar	Adam	19	Men	Salford H & AC
677	Joseph	Bailey	30	Men	Salford H & AC
678	Tommi	Baker	29	Men	Salford H & AC
679	Paul	Bannister	33	Men	Salford H & AC
1229	David	Barratt <i>M3 onwards</i>	28	Men	Salford H & AC <i>[M2 No.262 ECH]</i>
680	Will	Beauchamp	33	Men	Salford H & AC
681	Glyn	Billington	46	Men	Salford H & AC
682	Paul	Birkett	54	Men	Salford H & AC
683	Roland	Bowness	73	Men	Salford H & AC
684	Daniel	Brocklehurst	30	Men	Salford H & AC
685	Matthew	Brocklehurst	37	Men	Salford H & AC
686	Richard	Brook	44	Men	Salford H & AC
687	Shaun	Chambers	53	Men	Salford H & AC
688	Robert	Clarke	27	Men	Salford H & AC
689	Mark	Collier	45	Men	Salford H & AC
690	Paul	Coon	37	Men	Salford H & AC
691	Jeremy	Cosway	35	Men	Salford H & AC
692	Paul	Creighton	40	Men	Salford H & AC
693	Derek	Crewe	58	Men	Salford H & AC
694	Adam	Curtis	18	Men	Salford H & AC
695	Tommy	Daniels	71	Men	Salford H & AC
696	Karl	Darcy	36	Men	Salford H & AC
697	Christopher	Dawson	39	Men	Salford H & AC
698	Mathew	Dickinson	40	Men	Salford H & AC
699	Mark	Egerton	36	Men	Salford H & AC
700	Charles	Foster	48	Men	Salford H & AC
701	Joseph	Foster	17	Men	Salford H & AC
702	Ian	Grime	49	Men	Salford H & AC
703	Grant	Gunn-Anderson	32	Men	Salford H & AC
704	Carl	Hardman	36	Men	Salford H & AC
705	Michael	Heaney	37	Men	Salford H & AC
706	Mathew	Holt	43	Men	Salford H & AC
707	David	Hudson	44	Men	Salford H & AC
708	Carl	Jones	34	Men	Salford H & AC
709	James	Kovacs	45	Men	Salford H & AC
710	Matthew	Latham	31	Men	Salford H & AC
711	Stephen	Lee	51	Men	Salford H & AC
712	Daniel	Lewis	17	Men	Salford H & AC
713	Philip	Leybourne	52	Men	Salford H & AC
714	Bruno	Lima	37	Men	Salford H & AC
715	Chris	Livesey	39	Men	Salford H & AC
716	John	Lloyd	42	Men	Salford H & AC
717	Jack	Luscombe	25	Men	Salford H & AC
718	Andrew	Marsden	40	Men	Salford H & AC
719	Andrew	Martin	38	Men	Salford H & AC
720	Billy	McCartney	43	Men	Salford H & AC
721	David	Milliken	53	Men	Salford H & AC
722	Stanley	Owen	66	Men	Salford H & AC
723	Elliot	Palmer	28	Men	Salford H & AC
724	Trevor	Rayner	56	Men	Salford H & AC
725	David	Rigby	30	Men	Salford H & AC
726	Benjamin	Rix	31	Men	Salford H & AC
727	Stuart	Robinson	39	Men	Salford H & AC
728	Callum	Rowlinson	26	Men	Salford H & AC
729	Mark	Russell	51	Men	Salford H & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

<b>No.</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Race</b>	<b>Club</b>
<b>730</b>	Paul	Sale	<i>40</i>	Men	Salford H & AC
<b>731</b>	John	Seed	<i>27</i>	Men	Salford H & AC
<b>732</b>	Adam	Slodowicz	<i>33</i>	Men	Salford H & AC
<b>733</b>	Robert	Smyk	<i>18</i>	Men	Salford H & AC
<b>734</b>	Paul	Stephens	<i>33</i>	Men	Salford H & AC
<b>735</b>	Tony	Taylor	<i>45</i>	Men	Salford H & AC
<b>736</b>	Thomas	Temple	<i>66</i>	Men	Salford H & AC
<b>737</b>	Charlie	Thomas	<i>17</i>	Men	Salford H & AC
<b>738</b>	Chris	Tully	<i>41</i>	Men	Salford H & AC
<b>739</b>	Philip	West	<i>46</i>	Men	Salford H & AC
<b>740</b>	Glyn	Williams	<i>52</i>	Men	Salford H & AC
<b>741</b>	James	Williams	<i>44</i>	Men	Salford H & AC
<b>742</b>	Luke	Wordsworth	<i>33</i>	Men	Salford H & AC
<b>743</b>	Jacob	Yates	<i>17</i>	Men	Salford H & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
<b>744</b>	Simon	Bond	46	Men	Salford Met AC
<b>1239</b>	David	Broadhurst	46	Men	Salford Met AC
<b>745</b>	Peter	Brown	49	Men	Salford Met AC
<b>1191</b>	Ben	Capsey	42	Men	Salford Met AC
<b>746</b>	Michael	Carney	29	Men	Salford Met AC
<b>747</b>	Paul	Connolly	39	Men	Salford Met AC
<b>748</b>	Dave	Cornes	35	Men	Salford Met AC
<b>749</b>	Ray	Devine	51	Men	Salford Met AC
<b>750</b>	Ben	Farrelly	37	Men	Salford Met AC
<b>751</b>	Patrick	Farrelly	64	Men	Salford Met AC
<b>752</b>	Paul	Gee	48	Men	Salford Met AC
<b>1192</b>	Matthew	Gibbons	45	Men	Salford Met AC
<b>753</b>	Steven	Glynn	48	Men	Salford Met AC
<b>754</b>	Matthew	Hill	28	Men	Salford Met AC
<b>755</b>	David	Hughes	41	Men	Salford Met AC
<b>756</b>	Chris	Jones	53	Men	Salford Met AC
<b>757</b>	Michal	Kaczmarek	29	Men	Salford Met AC
<b>758</b>	Richard	Knight	42	Men	Salford Met AC
<b>759</b>	Stuart	Mairs	41	Men	Salford Met AC
<b>760</b>	Dougal	McDermott	18	Men	Salford Met AC
<b>761</b>	Steve	Mercer	47	Men	Salford Met AC
<b>762</b>	Andrew	O'Connell	28	Men	Salford Met AC
<b>1193</b>	Gary	Oakley	34	Men	Salford Met AC
<b>763</b>	Girish	Patel	52	Men	Salford Met AC
<b>764</b>	Matthew	Pollard	53	Men	Salford Met AC
<b>765</b>	Mike	Race	60	Men	Salford Met AC
<b>766</b>	Paul	Ratan	32	Men	Salford Met AC
<b>767</b>	Anthony	Salih	34	Men	Salford Met AC
<b>768</b>	Daniel	Sate	38	Men	Salford Met AC
<b>769</b>	Mark	Shuttleworth	52	Men	Salford Met AC
<b>1221</b>	Derek	Simpson	35	Men	Salford Met AC
<b>1240</b>	Perry	Stanley	56	Men	Salford Met AC
<b>770</b>	Paul	Stevenson	58	Men	Salford Met AC
<b>771</b>	Connor	Thacker	17	Men	Salford Met AC
<b>772</b>	Andrew	Thomas	51	Men	Salford Met AC
<b>773</b>	Liam	Towers	24	Men	Salford Met AC
<b>774</b>	Chris	Trenchard	51	Men	Salford Met AC
<b>775</b>	Darren	Tyldesley	53	Men	Salford Met AC
<b>776</b>	Kevin	Waterhouse	38	Men	Salford Met AC
<b>777</b>	Shane	Wolstencroft	48	Men	Salford Met AC

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN

No.	First Name	Last Name	Age	Race	Club
<b>778</b>	Steven	Anders	<i>40</i>	Men	St Helens Sutton AC
<b>1190</b>	Chris	Birkett	<i>41</i>	Men	St Helens Sutton AC
<b>779</b>	Thomas	Griffiths	<i>31</i>	Men	St Helens Sutton AC
<b>780</b>	Andrew	Wilson	<i>48</i>	Men	St Helens Sutton AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
781	Mal	Balmer	55	Men	St Helens Tri
782	Terry	Bates	61	Men	St Helens Tri
783	Gary	Birch	41	Men	St Helens Tri
784	Paul	Booth	37	Men	St Helens Tri
785	Andrew	Bridge	55	Men	St Helens Tri
786	Robert	Chesters	34	Men	St Helens Tri
787	Shaun	Dalby	31	Men	St Helens Tri
788	Brian	Diggle	43	Men	St Helens Tri
789	Colin	Dobbs	43	Men	St Helens Tri
790	Kevin	Dudley	33	Men	St Helens Tri
791	Kevin	Dunbar	41	Men	St Helens Tri
792	Mark	Eccleston	40	Men	St Helens Tri
793	Michael	Forber	47	Men	St Helens Tri
794	Andrew	Gaskell	51	Men	St Helens Tri
795	Dave	Gaskell	51	Men	St Helens Tri
796	Steve	Gavin	41	Men	St Helens Tri
797	Mike	Gregory	34	Men	St Helens Tri
798	Chris	Hayes	34	Men	St Helens Tri
799	Eddie	Hirst	44	Men	St Helens Tri
800	David	Isaac	41	Men	St Helens Tri
801	Alan	McKeegan	38	Men	St Helens Tri
802	Chris	Murphy	50	Men	St Helens Tri
803	Patrick	Neill	40	Men	St Helens Tri
804	Ian	Orford	39	Men	St Helens Tri
805	Peter	Rawlinson	49	Men	St Helens Tri
806	Mark	Riley	33	Men	St Helens Tri
807	Dave	Shearman	42	Men	St Helens Tri
808	Lee	Stinch	49	Men	St Helens Tri
809	Mark	Syratt	38	Men	St Helens Tri
810	Azzam	Taktak	53	Men	St Helens Tri
811	Joseph	Weaver	29	Men	St Helens Tri
812	John	Wilson	44	Men	St Helens Tri
813	Ian	Wright	49	Men	St Helens Tri

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

<b>No.</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Race</b>	<b>Club</b>
<b>814</b>	Paul	Berry	38	Men	Start2Jog
<b>815</b>	Kevin	Byrom	57	Men	Start2Jog
<b>816</b>	Tim	Crookes	54	Men	Start2Jog
<b>817</b>	Jason	Gould	44	Men	Start2Jog
<b>818</b>	Nick	Grayson	31	Men	Start2Jog
<b>819</b>	Josiah	Isherwood	17	Men	Start2Jog
<b>820</b>	Robert	Maidstone	29	Men	Start2Jog
<b>821</b>	Aaron	Milne	28	Men	Start2Jog
<b>822</b>	Stuart	Nock	33	Men	Start2Jog
<b>823</b>	Lee	Pitts	44	Men	Start2Jog
<b>824</b>	Thomas	Roberts	28	Men	Start2Jog
<b>825</b>	Barry	Sherwood	39	Men	Start2Jog

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
826	Ben	Batho	17	Men	Stockport H & AC
827	Paul	Beckett	55	Men	Stockport H & AC
828	Paul	Brooks	44	Men	Stockport H & AC
829	Stephen	Brown	50	Men	Stockport H & AC
830	Philip	Burns	40	Men	Stockport H & AC
831	Fabio	Carosi	17	Men	Stockport H & AC
832	Fabio	Carosi	17	Men	Stockport H & AC
833	Andrew	Carpenter	35	Men	Stockport H & AC
834	Phil	Carpenter	35	Men	Stockport H & AC
835	Rob	Cawley	56	Men	Stockport H & AC
1216	Akkeal	Chambers	21	Men	Stockport H & AC
836	Michael	Cooke	28	Men	Stockport H & AC
837	James	Corden	48	Men	Stockport H & AC
838	Paul	Corner	49	Men	Stockport H & AC
839	Ian	Crabtree	38	Men	Stockport H & AC
840	Stephen	Crook	42	Men	Stockport H & AC
841	Ged	Cudahy	47	Men	Stockport H & AC
842	Darren	Donald	42	Men	Stockport H & AC
1230	Thomas	Drabble	21	Men	Stockport H & AC
843	Luke	Farrant	18	Men	Stockport H & AC
844	Alec	Francis	28	Men	Stockport H & AC
845	Bradley	Freeman	18	Men	Stockport H & AC
846	Kevan	Garner	53	Men	Stockport H & AC
1170	Jason	George	47	Men	Stockport H & AC
847	Paul	Haines	48	Men	Stockport H & AC
848	David Graham	Hulley	44	Men	Stockport H & AC
1184	Stephen	Humphries	46	Men	Stockport H & AC
849	Malcolm	Johnson	45	Men	Stockport H & AC
850	Sam	Johnson	18	Men	Stockport H & AC
1217	Jordan	Latimer <i>[s-c]</i>	21	Men	Stockport H & AC
851	David	Maher	45	Men	Stockport H & AC
852	Tom	Marsland	17	Men	Stockport H & AC
853	Nathan	Mayoh	47	Men	Stockport H & AC
854	Ged	McGrath	45	Men	Stockport H & AC
855	Jack	Morris	26	Men	Stockport H & AC
856	Ian	Mulligan	52	Men	Stockport H & AC
857	Ian	Murdoch	45	Men	Stockport H & AC
858	Andrew	Nixon	31	Men	Stockport H & AC
859	Adrian	Nutter	47	Men	Stockport H & AC
860	Lucas	Parker	17	Men	Stockport H & AC
861	Tom	Peers	28	Men	Stockport H & AC
862	Simon	Pickard	48	Men	Stockport H & AC
863	James	Pratt	27	Men	Stockport H & AC
864	Nick	Roberts	52	Men	Stockport H & AC
865	James	Scott-Buccluech	41	Men	Stockport H & AC
866	Steve	Shaughnessy	63	Men	Stockport H & AC
867	Mike	Shaw	55	Men	Stockport H & AC
868	Peter	Sinclair	59	Men	Stockport H & AC
869	Mark	Smith	48	Men	Stockport H & AC
870	Karl	Taylor	18	Men	Stockport H & AC
871	Robert	Taylor	70	Men	Stockport H & AC
872	Chris	Turner	30	Men	Stockport H & AC
873	Steven	Vernon	38	Men	Stockport H & AC
1171	Flynn	Walsh	17	Men	Stockport H & AC
874	Stuart	Watkins	44	Men	Stockport H & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
875	Paul	Adkins	66	Men	Stockport Tri Club
876	Scott	Armstrong	47	Men	Stockport Tri Club
877	Mike	Bevan	51	Men	Stockport Tri Club
878	Craig	Blackburn	53	Men	Stockport Tri Club
879	Paul	Carrington	50	Men	Stockport Tri Club
880	Benjamin	Charles	38	Men	Stockport Tri Club
881	Nick	Chick	46	Men	Stockport Tri Club
882	David	Colley	61	Men	Stockport Tri Club
883	Jonathan	Currie	30	Men	Stockport Tri Club
884	Mike	Dewsbury	47	Men	Stockport Tri Club
885	Paul	Farrington	46	Men	Stockport Tri Club
886	James	Garner	40	Men	Stockport Tri Club
887	Paul	Graveney	46	Men	Stockport Tri Club
888	Phil	Hartley	46	Men	Stockport Tri Club
889	Rob	Heathcote	38	Men	Stockport Tri Club
890	Llyr Loan	Hughes	40	Men	Stockport Tri Club
891	Gareth	Jones	41	Men	Stockport Tri Club
892	Martyn	Jones	40	Men	Stockport Tri Club
893	Carl	Krystek	39	Men	Stockport Tri Club
894	Andrew	Mainwaring	45	Men	Stockport Tri Club
895	Kevin	McCarthy	42	Men	Stockport Tri Club
896	Brett	Moore	43	Men	Stockport Tri Club
897	Simon	Phillips	58	Men	Stockport Tri Club
898	Paul	Plummer	48	Men	Stockport Tri Club
899	Jim	Talbot	37	Men	Stockport Tri Club
900	Michael	Walton	46	Men	Stockport Tri Club
901	Gordon	Wilson	52	Men	Stockport Tri Club

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

<b>No.</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Race</b>	<b>Club</b>
<b>902</b>	James	Bell	52	Men	Styal RC
<b>903</b>	David	Clark	41	Men	Styal RC
<b>904</b>	Jonathan	Clarke	52	Men	Styal RC
<b>905</b>	Anthony	Collier	62	Men	Styal RC
<b>906</b>	Andrew	Dooley	62	Men	Styal RC
<b>907</b>	Martin	Gray	47	Men	Styal RC
<b>908</b>	Matthew	Jackson	53	Men	Styal RC
<b>1172</b>	Alan	Jenkinson	71	Men	Styal RC
<b>1210</b>	Daniel	Malcolm	47	Men	Styal RC
<b>1185</b>	Tangwyn	McCormick	35	Men	Styal RC
<b>909</b>	Michael	McLaughlin	38	Men	Styal RC
<b>910</b>	Ian	Morton	57	Men	Styal RC
<b>911</b>	Barrie	Powers	51	Men	Styal RC
<b>912</b>	Gary	Tait	56	Men	Styal RC
<b>913</b>	Aidan	Thomas	55	Men	Styal RC
<b>914</b>	Simon	Williams	43	Men	Styal RC

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
915	Craig	Ansell	45	Men	Swinton RC
916	Simon	Atkin	44	Men	Swinton RC
917	Mark	Barton	57	Men	Swinton RC
918	David	Batty	55	Men	Swinton RC
919	Daniel	Bird	28	Men	Swinton RC
1231	Mike	Burke	46	Men	Swinton RC
920	Justin	Coleman	48	Men	Swinton RC
921	Paul	Collins	52	Men	Swinton RC
922	Ian	Cronshaw	34	Men	Swinton RC
923	Ian	Cummings	48	Men	Swinton RC
924	Ani	Das	40	Men	Swinton RC
925	Barry	Deakin	47	Men	Swinton RC
926	Mike	Donigan	39	Men	Swinton RC
927	Steven	Doxey	59	Men	Swinton RC
1143	Elliott	Drummond	26	Men	Swinton RC
928	Chris	Edwards	48	Men	Swinton RC
929	Tony	Flanagan	53	Men	Swinton RC
930	Chris	Hamilton-Dardis	32	Men	Swinton RC
931	Mathew	Holland	27	Men	Swinton RC
1194	Richard	Jackson	38	Men	Swinton RC
932	Geoff	Kay	66	Men	Swinton RC
933	Jonathan	Leech	40	Men	Swinton RC
934	Simon	Lobas	40	Men	Swinton RC
935	Chris	Lomax	51	Men	Swinton RC
936	Lee	Marks	39	Men	Swinton RC
937	Jonathon	Mellor	46	Men	Swinton RC
938	Dan	Mullarkey	31	Men	Swinton RC
939	Mario	Santos	34	Men	Swinton RC
940	Andrew	Scialpi - Sullivan	56	Men	Swinton RC
941	Jonathan	Sides	51	Men	Swinton RC
942	Andy	Smith	44	Men	Swinton RC
943	Dan	Sutton	27	Men	Swinton RC
944	Stuart	Tucker	44	Men	Swinton RC
945	Richard	Waring	52	Men	Swinton RC
946	Kevin	Woodward	44	Men	Swinton RC

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

<b>No.</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Race</b>	<b>Club</b>
<b>947</b>	Dan	Atkinson	39	Men	Trafford AC
<b>948</b>	Nicholas	Brown	37	Men	Trafford AC
<b>949</b>	Richard	Byers	55	Men	Trafford AC
<b>950</b>	Jack	Cooper	26	Men	Trafford AC
<b>951</b>	Jay	Ferns	21	Men	Trafford AC
<b>952</b>	Dan	Hill	45	Men	Trafford AC
<b>953</b>	Graham	Holbrook	46	Men	Trafford AC
<b>954</b>	Michael	Hutchinson	54	Men	Trafford AC
<b>955</b>	Alex	Jones	24	Men	Trafford AC
<b>956</b>	Greg	Kelly	35	Men	Trafford AC
<b>957</b>	Matthew	Kotara	24	Men	Trafford AC
<b>958</b>	Christopher	Leigh	48	Men	Trafford AC
<b>959</b>	Paul	Mannion	55	Men	Trafford AC
<b>960</b>	Greg	Marcroft	30	Men	Trafford AC
<b>961</b>	Mac	O'Malley	20	Men	Trafford AC
<b>962</b>	Simon	O'Meara	30	Men	Trafford AC
<b>963</b>	Patrick	Owens	17	Men	Trafford AC
<b>964</b>	Jeff	Prest	46	Men	Trafford AC
<b>965</b>	Darren	Russell	42	Men	Trafford AC
<b>966</b>	Ian	Salisbury	48	Men	Trafford AC
<b>967</b>	Ryan	Sciacca	24	Men	Trafford AC
<b>968</b>	Harry	Sinclair	17	Men	Trafford AC
<b>969</b>	Matthew	Sutton	21	Men	Trafford AC
<b>970</b>	Gavin	Tomlinson	39	Men	Trafford AC
<b>1241</b>	Richard	Turner	54	Men	Trafford AC
<b>971</b>	James	Wall	39	Men	Trafford AC
<b>972</b>	Richard	Wallace	57	Men	Trafford AC
<b>973</b>	Craig	Wheeler	43	Men	Trafford AC
<b>974</b>	Jack	Wilkinson	18	Men	Trafford AC
<b>975</b>	Cynog	Williams	17	Men	Trafford AC
<b>976</b>	Gary	Wolstencroft	48	Men	Trafford AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

<b>No.</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Race</b>	<b>Club</b>
<b>977</b>	Joe	Bridge	20	Men	Univ. of Manchester A&CCC
<b>978</b>	Harry	Brown	19	Men	Univ. of Manchester A&CCC
<b>979</b>	Arun	Dahil	19	Men	Univ. of Manchester A&CCC
<b>980</b>	Ewan	Egan	19	Men	Univ. of Manchester A&CCC
<b>981</b>	Mohammed	Ghayas	24	Men	Univ. of Manchester A&CCC
<b>982</b>	Haithem	Haraga	21	Men	Univ. of Manchester A&CCC
<b>983</b>	Edvard	Holden	23	Men	Univ. of Manchester A&CCC
<b>984</b>	Joseph	Howe	22	Men	Univ. of Manchester A&CCC
<b>985</b>	Charlie	Kershaw	21	Men	Univ. of Manchester A&CCC
<b>1197</b>	Theo	Leadbetter	20	Men	Univ. of Manchester A&CCC
<b>986</b>	Matt	Le Poidevin	21	Men	Univ. of Manchester A&CCC
<b>987</b>	Arlo	Ludewick	19	Men	Univ. of Manchester A&CCC
<b>988</b>	Charlie	McVickers	22	Men	Univ. of Manchester A&CCC
<b>1198</b>	Louis	O'Brien	18	Men	Univ. of Manchester A&CCC
<b>989</b>	Harry	Parker	20	Men	Univ. of Manchester A&CCC
<b>1199</b>	Oliver	Perry	18	Men	Univ. of Manchester A&CCC
<b>990</b>	Marcus	Preedy	21	Men	Univ. of Manchester A&CCC
<b>1200</b>	Elliot	Scott	20	Men	Univ. of Manchester A&CCC
<b>991</b>	Laurence	Skidmore	23	Men	Univ. of Manchester A&CCC
<b>992</b>	Alex	Sutton	20	Men	Univ. of Manchester A&CCC
<b>993</b>	Louis	Wardle	19	Men	Univ. of Manchester A&CCC

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
994	Chris	Beard	51	Men	Vale Royal AC
995	Lee	Carrington	34	Men	Vale Royal AC
996	Barry	Chambers	67	Men	Vale Royal AC
997	John	Clarke	65	Men	Vale Royal AC
998	Bob	Corinaldi	51	Men	Vale Royal AC
999	Darren	Cottier	49	Men	Vale Royal AC
1000	Mark	Crabtree	41	Men	Vale Royal AC
1001	Aaron	Doyle	17	Men	Vale Royal AC
1002	Stuart	Doyle	48	Men	Vale Royal AC
1003	Anthony	Dutton	45	Men	Vale Royal AC
1004	Geoff	Fawkes	48	Men	Vale Royal AC
1005	David	Haines	49	Men	Vale Royal AC
1218	Mike	Harrington	47	Men	Vale Royal AC
1006	Nick	Haywood	39	Men	Vale Royal AC
1007	Matthew	Hough	47	Men	Vale Royal AC
1008	Paul	Hudson	67	Men	Vale Royal AC
1009	Paul	Jackson	37	Men	Vale Royal AC
1010	Rob	McBain	40	Men	Vale Royal AC
1011	Ryan	Moore	24	Men	Vale Royal AC
1012	Nick	Mort	57	Men	Vale Royal AC
1013	Richard	Murray	53	Men	Vale Royal AC
1014	Richard	Pettitt	59	Men	Vale Royal AC
1015	Mark	Pilliner	51	Men	Vale Royal AC
1016	Colin	Rathbone	75	Men	Vale Royal AC
1017	Gary	Richardson	45	Men	Vale Royal AC
1018	Robert	Roe	41	Men	Vale Royal AC
1019	Matt	Rowlinson	21	Men	Vale Royal AC
1020	Matthew	Scott	48	Men	Vale Royal AC
1021	Craig	Sephton	48	Men	Vale Royal AC
1173	Ed	Shepherd <i>[s-c]</i>	25	Men	Vale Royal AC
1022	Stephen	Thompson	56	Men	Vale Royal AC
1222	Chris	Williams	33	Men	Vale Royal AC
1023	Gareth	Williams	51	Men	Vale Royal AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

<b>No.</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Race</b>	<b>Club</b>
<b>1024</b>	Paul	Bagan	<i>41</i>	Men	Warrington A C
<b>1025</b>	Joseph	Buckley	<i>17</i>	Men	Warrington A C
<b>1026</b>	Stephen	Burthem	<i>59</i>	Men	Warrington A C
<b>1027</b>	Daniel	Fox	<i>19</i>	Men	Warrington A C
<b>1028</b>	Luke	Gamble	<i>19</i>	Men	Warrington A C
<b>1029</b>	David	Gill	<i>61</i>	Men	Warrington A C
<b>1030</b>	Tom	Greaves	<i>24</i>	Men	Warrington A C
<b>1031</b>	Andrew	Green	<i>56</i>	Men	Warrington A C
<b>1032</b>	Jordan	Jones	<i>17</i>	Men	Warrington A C
<b>1174</b>	Jonny	Leatherbarrow	<i>29</i>	Men	Warrington AC
<b>1033</b>	Daniel	Newman	<i>52</i>	Men	Warrington A C
<b>1034</b>	David	Norman	<i>59</i>	Men	Warrington A C
<b>1035</b>	Leighton	Sharman	<i>21</i>	Men	Warrington A C
<b>1036</b>	Jack	Stubblings	<i>19</i>	Men	Warrington A C
<b>1037</b>	Charlie	Turnbull	<i>18</i>	Men	Warrington A C
<b>1038</b>	Jack	Wadsworth	<i>18</i>	Men	Warrington A C
<b>1039</b>	Stephen	Watmough	<i>57</i>	Men	Warrington A C
<b>1040</b>	David	Watson	<i>49</i>	Men	Warrington A C
<b>1041</b>	Benjamin	Webb	<i>17</i>	Men	Warrington A C

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN

No.	First Name	Last Name	Age	Race	Club
<b>1042</b>	Dave	Alexander	50	Men	West Cheshire AC
<b>1043</b>	Andrew	Carter	49	Men	West Cheshire AC
<b>1044</b>	Andrew	Clague	51	Men	West Cheshire AC
<b>1144</b>	Mark	Davies	43	Men	West Cheshire AC
<b>1045</b>	Steven	Fernyhough	38	Men	West Cheshire AC
<b>1046</b>	Richard	Hayes	48	Men	West Cheshire AC
<b>1242</b>	Aiden	Heap	23	Men	West Cheshire AC
<b>1205</b>	Phil	Howe	50	Men	West Cheshire AC
<b>1047</b>	Sion	Roberts	17	Men	West Cheshire AC
<b>1243</b>	Julian	Tegg	48	Men	West Cheshire AC
<b>1048</b>	Anthony	Woodall	47	Men	West Cheshire AC
<b>1145</b>	Phillip	Woodley	32	Men	West Cheshire AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

No.	First Name	Last Name	Age	Race	Club
1049	Barry	Archbold	46	Men	Wilmslow RC
1050	Ian	Ashcroft	73	Men	Wilmslow RC
1051	Samuel	Bailey	17	Men	Wilmslow RC
1052	Jon	Bale	57	Men	Wilmslow RC
1053	Mark	Bale	44	Men	Wilmslow RC
1054	Tim	Billington	56	Men	Wilmslow RC
1055	Vincent	Booth	56	Men	Wilmslow RC
1056	William	Booth	23	Men	Wilmslow RC
1057	Don	Bullough	62	Men	Wilmslow RC
1186	Daniel	Bundred	19	Men	Wilmslow RC
1058	Jeremy	Bygrave	46	Men	Wilmslow RC
1059	Colin	Caisley	46	Men	Wilmslow RC
1060	Chris	Cannon	63	Men	Wilmslow RC
1061	Jonathan	Cheshire	38	Men	Wilmslow RC
1062	Andrew	Cleal	39	Men	Wilmslow RC
1063	Richard	Coen	41	Men	Wilmslow RC
1064	Mark	Crossland	51	Men	Wilmslow RC
1065	Markus	Dalgaard	22	Men	Wilmslow RC
1066	Rob	Downs	55	Men	Wilmslow RC
1067	Graham	Duce	47	Men	Wilmslow RC
1068	Rob	Dunkley	67	Men	Wilmslow RC
1069	James	Eyre	43	Men	Wilmslow RC
1070	Michael	Fairs	71	Men	Wilmslow RC
1071	Paul	Garnett	57	Men	Wilmslow RC
1072	Patrick	Grannan	68	Men	Wilmslow RC
1073	Robin	Hall	41	Men	Wilmslow RC
1074	Richard	Harrison	47	Men	Wilmslow RC
1075	Paul	Hawkins	38	Men	Wilmslow RC
1076	Bill	Heaton	55	Men	Wilmslow RC
1077	Mike	Hill	53	Men	Wilmslow RC
1078	Richard	Hirons	55	Men	Wilmslow RC
1079	Jarrold	Homer	52	Men	Wilmslow RC
1080	Craig	Hunt	49	Men	Wilmslow RC
1081	Qes	Hussain	23	Men	Wilmslow RC
1082	Nick	Jackson	52	Men	Wilmslow RC
1083	Robert	Jackson	34	Men	Wilmslow RC
1084	Oliver	Johnstone	50	Men	Wilmslow RC
1085	Richard	Lawson	47	Men	Wilmslow RC
1086	James	MacDonald	49	Men	Wilmslow RC
1087	Tom	McGaff	64	Men	Wilmslow RC
1088	Trevor	Morris	58	Men	Wilmslow RC
1089	Adam	Neale	47	Men	Wilmslow RC
1090	Damian	Nicholls	38	Men	Wilmslow RC
1091	Paul	Norris	62	Men	Wilmslow RC
1092	Stuart	Parrott	56	Men	Wilmslow RC
1093	Jim	Pendrill	49	Men	Wilmslow RC
1094	John	Porteous	66	Men	Wilmslow RC
1095	Roy	Pownall	70	Men	Wilmslow RC
1096	Gareth	Read	37	Men	Wilmslow RC
1097	Ian	Roberts	56	Men	Wilmslow RC
1233	Ian	Royle	48	Men	Wilmslow RC
1098	Graham	Screawn	52	Men	Wilmslow RC
1099	Ian	Smallwood	56	Men	Wilmslow RC
1100	Peter	Speake	43	Men	Wilmslow RC
1101	James	Speedie	36	Men	Wilmslow RC

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

<b>No.</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Race</b>	<b>Club</b>
<b>1102</b>	Pete	Stock	63	Men	Wilmslow RC
<b>1103</b>	Julian	Stott	39	Men	Wilmslow RC
<b>1104</b>	Matt	Taylor	45	Men	Wilmslow RC
<b>1105</b>	Gareth	Trimble	47	Men	Wilmslow RC
<b>1106</b>	Alan	Turner	54	Men	Wilmslow RC
<b>1107</b>	Ivan	Vukomanovic	37	Men	Wilmslow RC
<b>1108</b>	Colin	Walton	57	Men	Wilmslow RC
<b>1109</b>	Andy	Watts	69	Men	Wilmslow RC
<b>1110</b>	Andrew	Whittingham	50	Men	Wilmslow RC

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

<b>No.</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Race</b>	<b>Club</b>
<b>1111</b>	Andrew	Dodd	48	Men	Wilmslow Striders
<b>1112</b>	Paul	Doyle	43	Men	Wilmslow Striders
<b>1113</b>	Phil	Gartell	52	Men	Wilmslow Striders
<b>1114</b>	Alex	Manchester	44	Men	Wilmslow Striders
<b>1115</b>	Aron	Myers	39	Men	Wilmslow Striders
<b>1116</b>	Gary	Myers	43	Men	Wilmslow Striders
<b>1117</b>	Jonathan	Nicholls	34	Men	Wilmslow Striders
<b>1118</b>	Jason	Stott	50	Men	Wilmslow Striders
<b>1119</b>	Ben	Thompson	35	Men	Wilmslow Striders
<b>1120</b>	Peter	Williams	27	Men	Wilmslow Striders

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN

No.	First Name	Last Name	Age	Race	Club
<b>1146</b>	James	Golden	54	Men	Winston Runners
<b>1147</b>	Anthony	Harrison	57	Men	Winston Runners
<b>1148</b>	Mark	Jones	53	Men	Winston Runners
<b>1149</b>	Paul	Lockett	43	Men	Winston Runners
<b>1150</b>	Paul	Muldoon	33	Men	Winston Runners
<b>1151</b>	Colm	Mulhern	44	Men	Winston Runners
<b>1152</b>	David	Phillips	54	Men	Winston Runners
<b>1153</b>	Mark	Ratcliffe	57	Men	Winston Runners
<b>1154</b>	Jordan	Smith	34	Men	Winston Runners
<b>1155</b>	Peter	Walters	63	Men	Winston Runners
<b>1156</b>	Jason	Wood	48	Men	Winston Runners

**MANCHESTER AREA CROSS COUNTRY LEAGUE – 2019/2020 – ENTRIES MEN**

<b>No.</b>	<b>First Name</b>	<b>Last Name</b>	<b>Age</b>	<b>Race</b>	<b>Club</b>
<b>1219</b>	Richard	Bargh	33	Men	Wirral AC
<b>1235</b>	Richard	Davies	36	Men	Wirral AC
<b>1244</b>	Tony	Devoy	62	Men	Wirral AC
<b>1121</b>	Simon	Dunk	34	Men	Wirral AC
<b>1236</b>	Andy	Fraser	44	Men	Wirral AC
<b>1122</b>	Rob	Grantham	46	Men	Wirral AC
<b>1123</b>	John	Heap	48	Men	Wirral AC
<b>1124</b>	Arran	Kearney	18	Men	Wirral AC
<b>1125</b>	Ronan	Kearney	48	Men	Wirral AC
<b>1126</b>	James	MacKie	44	Men	Wirral AC
<b>1127</b>	Connor	O Hagan	23	Men	Wirral AC
<b>1245</b>	Christopher	Prout	50	Men	Wirral AC
<b>1237</b>	Nestor	Salazar Vallejo	34	Men	Wirral AC
<b>1128</b>	Tom	Williams	40	Men	Wirral AC
<b>1246</b>	Michael	Wilkinson	32	Men	Wirral AC
<b>1247</b>	Nick	Wilson	48	Men	Wirral AC