

MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2019/2020 - ROLL OF HONOUR

2006/2007 - 2019/2020
14 Seasons

Roll of Honour

<i>TEAMS:</i>	<i>page</i>
<i>Senior Men</i>	<i>2+3</i>
<i>U20 Men</i>	<i>3</i>
<i>Senior Women</i>	<i>3+4</i>
<i>Vet Men</i>	<i>4+5</i>
<i>Vet Women</i>	<i>5+6</i>
<i>U20 Women</i>	<i>6</i>
<i>Juniors</i>	<i>6-9</i>
<i>INDIVIDUALS:</i>	
<i>Men</i>	<i>9-12</i>
<i>Junior Boys</i>	<i>13+14</i>
<i>Women</i>	<i>14-18</i>
<i>Junior Girls</i>	<i>18+19</i>
<i>MERIT AWARD</i>	<i>20</i>

Manchester Area
Cross Country League

**MANCHESTER AREA CROSS COUNTRY LEAGUE
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SENIOR TEAMS - MEN

2019/2020	SENIOR MEN – DIV 1	SALFORD HARRIERS & AC
2018/2019		SALE HARRIERS MANCHESTER AC
2017/2018		SALE HARRIERS MANCHESTER AC
2016/2017		SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC
2014/2015		SALE HARRIERS MANCHESTER AC
2013/2014		SALFORD HARRIERS & AC
2012/2013		SALE HARRIERS MANCHESTER AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		TRAFFORD AC
2009/2010		TRAFFORD AC
2008/2009	<i>no divisions</i>	TRAFFORD AC
2007/2008	<i>no divisions</i>	TRAFFORD AC
2006/2007	<i>no divisions</i>	SALE HARRIERS MANCHESTER AC

2019/2020	SENIOR MEN – DIV 2	MACCLESFIELD HARRIERS & AC
2018/2019		ALTRINCHAM & DISTRICT AC
2017/2018		EAST CHESHIRE H & TAMESIDE AC
2016/2017		MANCHESTER TRIATHLON
2015/2016		EAST CHESHIRE H & TAMESIDE AC
2014/2015		SALE HARRIERS MANCHESTER AC
2013/2014		EAST CHESHIRE H & TAMESIDE AC
2012/2013		SWINTON RC
2011/2012		EAST CHESHIRE H & TAMESIDE AC
2010/2011		SALFORD HARRIERS & AC
2009/2010		TRAFFORD AC - B

2019/2020	SENIOR MEN – DIV 3	DIDSBURY RUNNERS
2018/2019		SALFORD METROPOLITAN AC
2017/2018		SWINTON RC
2016/2017		ST HELENS TRI
2015/2016		HORWICH RMI

2019/2020	SENIOR MEN – B	CHORLTON RUNNRS
		SALE HARRIERS MANCHESTER AC
		SALFORD HARRIERS & AC
2018/2019		SALE HARRIERS MANCHESTER AC
2017/2018		SALE HARRIERS MANCHESTER AC
2016/2017		SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
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2019/2020	<i>SENIOR MEN - C+</i>	SALE HARRIERS MANCHESTER AC
2018/2019		SALE HARRIERS MANCHESTER AC
2017/2018		SALE HARRIERS MANCHESTER AC
2016/2017		SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC

UNDER 20 TEAMS

2019/2020	<i>UNDER 20 MEN</i>	SALFORD HARRIERS & AC
2018/2019		STOCKPORT HARRIERS & AC
2013/2014- 2017/2018		<i>no qualifying teams</i>
2012/2013		SALE HARRIERS MANCHESTER AC
2009-2012		<i>no qualifying teams</i>
2008/2009		WEST CHESHIRE AC
2007/2008		<i>no qualifying teams</i>
2006/2007		SALE HARRIERS MANCHESTER AC

SENIOR TEAMS - WOMEN

2019/2020	<i>SENIOR WOMEN - DIV 1</i>	SALE HARRIERS MANCHESTER AC
2018/2019		UNIVERSITY OF MANCHESTER A & CCC
2017/2018		UNIVERSITY OF MANCHESTER A & CCC
2016/2017		SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC
2014/2015		SALE HARRIERS MANCHESTER AC
2013/2014		WILMSLOW RC
2012/2013		WILMSLOW RC
2011/2012		TRAFFORD AC
2010/2011		WILMSLOW RC
2009/2010		TRAFFORD AC
2008/2009	<i>no divisions</i>	TRAFFORD AC
2007/2008	<i>no divisions</i>	MACCLESFIELD HARRIERS & AC
2006/2007	<i>no divisions</i>	MACCLESFIELD HARRIERS & AC

2019/2020	<i>SENIOR WOMEN - DIV 2</i>	WIRRAL AC
2018/2019		CHORLTON RUNNERS
2017/2018		WIRRAL AC
2016/2017		SALFORD H & AC
2015/2016		UNIVERSITY OF MANCHESTER A & CCC
2014/2015		SALFORD HARRIERS & AC
2013/2014		WIRRAL AC
2012/2013		WILMSLOW RC - B
2011/2012		MANCHESTER TRIATHLON
2010/2011		SALE HARRIERS MANCHESTER AC
		WILMSLOW RC - B
2009/2010		TRAFFORD AC - B

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2019/2020	<i>SENIOR WOMEN - DIV 3</i>	KNUTSFORD TRI CLUB
2018/2019		STOCKPORT TRI CLUB
2017/2018		SALFORD METROPOLITAN AC
2016/2017		GOYT VALLEY STRIDERS
2015/2016		WIRRAL AC

2019/2020	<i>SENIOR WOMEN - B</i>	SALE HARRIERS MANCHESTER AC
2018/2019		SALE HARRIERS MANCHESTER AC
2017/2018		TRAFFORD AC
2016/2017		SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC

2019/2020	<i>SENIOR WOMEN - C+</i>	SALE HARRIERS MANCHESTER AC
2018/2019		SALE HARRIERS MANCHESTER AC
2017/2018		CHORLTON RUNNERS
2016/2017		SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC

VETERAN TEAMS – MEN

2019/2020	<i>VETERAN MEN – DIV 1</i>	CHORLTON RUNNERS
2018/2019		SALFORD HARRIERS & AC
2017/2018		SALFORD HARRIERS & AC
2016/2017		WILMSLOW RC
2015/2016		TRAFFORD AC
2014/2015		SALE HARRIERS MANCHESTER AC
2013/2014		WILMSLOW RC
2012/2013		WILMSLOW RC
2011/2012		WILMSLOW RC
2010/2011		WILMSLOW RC
2009/2010		WILMSLOW RC
2008/2009	<i>no divisions</i>	WILMSLOW RC
2007/2008	<i>no divisions</i>	WILMSLOW RC
2006/2007	<i>no divisions</i>	WILMSLOW RC

2019/2020	<i>VETERAN MEN – DIV 2</i>	MACCLESFIELD HARRIERS & AC
2018/2019		HORWICH RMI HARRIERS
2017/2018		SWINTON RC
2016/2017		HORWICH RMI
2015/2016		MANCHESTER TRI
2014/2015		ALTRINCHAM & DISTRICT AC
2013/2014		ST HELENS SUTTON AC
2012/2013		ALTRINCHAM & DISTRICT AC
2011/2012		MACCLESFIELD HARRIERS & AC
2010/2011		SALFORD HARRIERS & AC
2009/2010		WILMSLOW RC - B

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2019/2020	<i>VETERAN MEN – DIV 3</i>	BRAMHALL RUNNERS
2018/2019		MANCHESTER HARRIERS & AC
2017/2018		ST HELENS TRI
2016/2017		MARPLE RUNNERS
2015/2016		HORWICH RMI

2019/2020	<i>VETERAN MEN – B</i>	STOCKPORT HARRIERS & AC
2018/2019		SALFORD HARRIERS & AC
2017/2018		SALFORD HARRIERS & AC
2016/2017		SALE H MANCHESTER AC
2015/2016		STOCKPORT HARRIERS & AC

2019/2020	<i>VETERAN MEN – C+</i>	STOCKPORT HARRIERS & AC
2018/2019		SALE HARRIERS MANCHESTER AC
2017/2018		SALE HARRIERS MANCHESTER AC
2016/2017		SALE HARRIERS MANCHESTER AC
2015/2016		STOCKPORT HARRIERS & AC

VETERAN TEAMS – WOMEN

2019/2020	<i>VETERAN WOMEN – DIV 1</i>	SALE HARRIERS MANCHESTER AC
2018/2019		SALE HARRIERS MANCHESTER AC
2017/2018		WILMSLOW RC
2016/2017		SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC
2014/2015		WILMSLOW RC
2013/2014		WILMSLOW RC
2012/2013		WILMSLOW RC
2011/2012		WILMSLOW RC
2010/2011		WILMSLOW RC
2009/2010		STOCKPORT HARRIERS & AC
2008/2009	<i>no divisions</i>	STOCKPORT HARRIERS & AC
2007/2008	<i>no divisions</i>	MACCLESFIELD HARRIERS & AC
2006/2007	<i>no divisions</i>	MACCLESFIELD HARRIERS & AC

2019/2020	<i>VETERAN WOMEN – DIV 2</i>	MANCHESTER TRIATHLON CLUB
2018/2019		STOCKPORT HARRIERS & AC
2017/2018		MANCHESTER FRONTRUNNERS
2016/2017		WIRRAL AC
2015/2016		ALTRINCHAM & DISTRICT AC
2014/2015		STOCKPORT HARRIERS & AC
2013/2014		WIRRAL AC
2012/2013		VALE ROYAL AC
2011/2012		MACCLESFIELD HARRIERS & AC
2010/2011		WILMSLOW RC – B
2009/2010		STOCKPORT HARRIERS & AC - B

MANCHESTER AREA CROSS COUNTRY LEAGUE 2006/2007 TO 2019/2020 - ROLL OF HONOUR

2019/2020	<i>VETERAN WOMEN - DIV 3</i>	BRAMHALL RUNNERS
2018/2019		EAST CHESHIRE H & TAMESIDE AC
2017/2018		MANCHESTER YMCA HARRIERS
2016/2017		VALE ROYAL AC
2015/2016		WIRRAL AC

2019/2020	<i>VETERAN WOMEN - B</i>	SALE HARRIERS MANCHESTER AC
2018/2019		SALE HARRIERS MANCHESTER AC
2017/2018		ALTRINCHAM & DISTRICT AC
2016/2017		SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC

2019/2020	<i>VETERAN WOMEN - C+</i>	STOCKPORT HARRIERS & AC
2018/2019		SALE HARRIERS MANCHESTER AC
2017/2018		MANCHESTER TRIATHLON
2016/2017		SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC

2019/2020	<i>UNDER 20 WOMEN</i>	<i>no qualifying teams</i>
2018/2019		
2016/2017		
2015/2016		UNIVERSITY OF MANCHESTER A & CCC
2007-2015		<i>no qualifying teams</i>

JUNIOR TEAMS

2019/2020	<i>UNDER 17 BOYS</i>	STOCKPORT HARRIERS & AC
2018/2019		TRAFFORD AC
2017/2018		WARRINGTON AC
2016/2017		MANCHESTER HARRIERS & AC
2015/2016		EAST CHESHIRE H & TAMESIDE AC
2014/2015		STOCKPORT HARRIERS & AC
2013/2014		SALE HARRIERS MANCHESTER AC
2012/2013		LIVERPOOL HARRIERS & AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		SALE HARRIERS MANCHESTER AC
2009/2010		ST HELENS SUTTON AC
2008/2009		SALE HARRIERS MANCHESTER AC
2007/2008		SALE HARRIERS MANCHESTER AC
2006/2007		STOCKPORT HARRIERS & AC

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2019/2020	<i>UNDER 17 GIRLS</i>	SALE HARRIERS MANCHESTER AC
2018/2019		SALFORD HARRIERS & AC
2017/2018		LIVERPOOL HARRIERS & AC
2016/2017		STOCKPORT HARRIERS & AC
2015/2016		STOCKPORT HARRIERS & AC
2014/2015		SALE HARRIERS MANCHESTER AC
2013/2014		RIBBLE VALLEY AC
2012/2013		STOCKPORT HARRIERS & AC
2011/2012		WIRRAL AC
2010/2011		STOCKPORT HARRIERS & AC
2009/2010		SALE HARRIERS MANCHESTER AC
2008/2009		ST HELENS SUTTON AC
2007/2008		<i>no qualifying teams</i>
2006/2007		SALE HARRIERS MANCHESTER AC

2019/2020	<i>UNDER 15 BOYS</i>	WIRRAL AC
2018/2019		WIRRAL AC
2017/2018		TRAFFORD AC
2016/2017		WARRINGTON AC
2015/2016		SALE HARRIERS MANCHESTER AC
2014/2015		MANCHESTER HARRIERS & AC
2013/2014		LIVERPOOL HARRIERS & AC
2012/2013		MANCHESTER HARRIERS & AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		EAST CHESHIRE H & TAMESIDE AC
2009/2010		SALE HARRIERS MANCHESTER AC
2008/2009		WARRINGTON AC
2007/2008		ST HELENS SUTTON AC
2006/2007		SALE HARRIERS MANCHESTER AC

2019/2020	<i>UNDER 15 GIRLS</i>	SALE HARRIERS MANCHESTER AC
2018/2019		SALE HARRIERS MANCHESTER AC
2017/2018		STOCKPORT HARRIERS & AC
2016/2017		MACCLESFIELD HARRIERS & AC
2015/2016		LIVERPOOL HARRIERS & AC
2014/2015		STOCKPORT HARRIERS & AC
2013/2014		STOCKPORT HARRIERS & AC
2012/2013		STOCKPORT HARRIERS & AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		STOCKPORT HARRIERS & AC
2009/2010		STOCKPORT HARRIERS & AC
2008/2009		ALTRINCHAM & DISTRICT AC
2007/2008		ALTRINCHAM & DISTRICT AC
2006/2007		SALE HARRIERS MANCHESTER AC

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2019/2020	<i>UNDER 13 BOYS</i>	WIRRAL AC
2018/2019		SALE HARRIERS MANCHESTER AC
2017/2018		STOCKPORT HARRIERS & AC
2016/2017		SALFORD HARRIERS & AC
2015/2016		SALFORD HARRIERS & AC
2014/2015		STOCKPORT HARRIERS & AC
2013/2014		WIRRAL AC
2012/2013		MANCHESTER HARRIERS & AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		SALE HARRIERS MANCHESTER AC
2009/2010		STOCKPORT HARRIERS & AC
2008/2009		EAST CHESHIRE H & TAMESIDE AC
2007/2008		WARRINGTON AC
2006/2007		STOCKPORT HARRIERS & AC

2019/2020	<i>UNDER 13 GIRLS</i>	STOCKPORT HARRIERS & AC
2018/2019		SALE HARRIERS MANCHESTER AC
2017/2018		SALE HARRIERS MANCHESTER AC
2016/2017		SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC
2014/2015		SALE HARRIERS MANCHESTER AC
2013/2014		LIVERPOOL HARRIERS & AC
2012/2013		SALE HARRIERS MANCHESTER AC
2011/2012		SALE HARRIERS MANCHESTER AC
2010/2011		STOCKPORT HARRIERS & AC
2009/2010		EAST CHESHIRE H & TAMESIDE AC
2008/2009		STOCKPORT HARRIERS & AC
2007/2008		STOCKPORT HARRIERS & AC
2006/2007		SALE HARRIERS MANCHESTER AC

2019/2020	<i>UNDER 11 BOYS</i>	SALE HARRIERS MANCHESTER AC
2018/2019		WIRRAL AC
2017/2018		STOCKPORT HARRIERS & AC
2016/2017		SALFORD HARRIERS & AC
2015/2016		SALE HARRIERS MANCHESTER AC
2014/2015		SALFORD HARRIERS & AC
2013/2014		SALFORD HARRIERS & AC
2012/2013		STOCKPORT HARRIERS & AC
2011/2012		WIRRAL AC
2010/2011		WIRRAL AC
2009/2010		SALE HARRIERS MANCHESTER AC
2008/2009		SALE HARRIERS MANCHESTER AC
2007/2008		MACCLESFIELD HARRIERS & AC
2006/2007		STOCKPORT HARRIERS & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
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2019/2020	<i>UNDER 11 GIRLS</i>	WESPA FIRE ATHLETICS
2018/2019		STOCKPORT HARRIERS & AC
2017/2018		STOCKPORT HARRIERS & AC
2016/2017		SALE HARRIERS MANCHESTER AC
2015/2016		SALE HARRIERS MANCHESTER AC
2014/2015		SALFORD HARRIERS & AC
2013/2014		SALE HARRIERS MANCHESTER AC
2012/2013		LIVERPOOL HARRIERS & AC
2011/2012		MANCHESTER HARRIERS & AC
2010/2011		SALE HARRIERS MANCHESTER AC
2009/2010		STOCKPORT HARRIERS & AC
2008/2009		WARRINGTON AC
2007/2008		MANCHESTER HARRIERS & AC
2006/2007		STOCKPORT HARRIERS & AC

INDIVIDUAL WINNERS - MALES

2019/2020	<i>OVERALL CHAMPION</i>	CALLUM ROWLINSON – SALFORD H & AC
2018/2019		JAMES KEVAN – HORWICH RMI HARRIERS
2017/2018		ANDY NORMAN – ALTRINCHAM & DISTRICT
2016/2017		JACK MORRIS – STOCKPORT H & AC
2015/2016		DAVE NORMAN – ALTRINCHAM & DISTRICT AC
2014/2015		DAVE NORMAN – ALTRINCHAM & DISTRICT AC
2013/2014		JACK MORRIS – STOCKPORT HARRERS & AC
2012/2013		ALEX LAWTON – MANCHESTER TRIATHLON
2011/2012		DAVE NORMAN – ALTRINCHAM & DISTRICT AC
2010/2011		DAVE NORMAN – ALTRINCHAM & DISTRICT AC
2009/2010		DAVE NORMAN – ALTRINCHAM & DISTRICT AC
2008/2009		IAN SALISBURY – TRAFFORD AC
2007/2008		IAN SALISBURY – TRAFFORD AC
2006/2007		CARL HARDMAN – SALFORD H & AC

2019/2020	<i>SENIOR CHAMPION</i>	JACK MORRIS – STOCKPORT HARRIERS & AC
2018/2019		JAMES KEVAN – HORWICH RMI HARRIERS
2017/2018		ANDY NORMAN – ALTRINCHAM & DISTRICT
2016/2017		JACK MORRIS – STOCKPORT H & AC
2015/2016		DAVE NORMAN – ALTRINCHAM & DISTRICT AC
2014/2015		DAVE NORMAN – ALTRINCHAM & DISTRICT AC
2013/2014		JACK MORRIS – STOCKPORT HARRIERS & AC
2012/2013		ALEX LAWTON – MANCHESTER TRIATHLON
2011/2012		DAVE NORMAN – ALTRINCHAM & DISTRICT AC
2010/2011		DAVE NORMAN – ALTRINCHAM & DISTRICT AC
2009/2010		DAVE NORMAN – ALTRINCHAM & DISTRICT AC
2008/2009		IAN SALISBURY – TRAFFORD AC
2007/2008		IAN SALISBURY – TRAFFORD AC
2006/2007		CARL HARDMAN – SALFORD H & AC

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2019/2020	<i>VETERAN CHAMPION</i>	MATTHEW SHAW – CHORLTON RUNNERS
2018/2019		MATT BARNES – SALE H MANCHESTER AC
2017/2018		ROB DOWNS – WILMSLOW RC
2016/2017		PAUL GREEN – SALE H MANCHESTER AC
2015/2016		CHRIS LEIGH – TRAFFORD AC
2014/2015		PAUL GREEN – SALE H MANCHESTER AC
2013/2014		ROB DOWNS – WILMSLOW RC
2012/2013		ROB DOWNS – WILMSLOW RC
2011/2012		ROB DOWNS – WILMSLOW RC
2010/2011		MARK RUSSELL – SALFORD H & AC
2009/2010		WILLIAM CROWTHER – ALTRINCHAM&DISTRICT
2008/2009		MALCOLM FOWLER – WILMSLOW RC
2007/2008		MALCOLM FOWLER – WILMSLOW RC
2006/2007		MALCOLM FOWLER – WILMSLOW RC

2019/2020	<i>UNDER 20</i>	HARRY SINCLAIR – TRAFFORD AC
2018/2019		SHAUN GEE – SALE H MANHESTER AC
2017/2018		DANIEL RACLE – ALTRINCHAM & DISTRICT AC
2016/2017		DONNACHA MAGUIRE – MANCHESTER H&AC
2015/2016		TOM McGUINNESS – E CHESHIRE H&TAMESIDE
2014/2015		RICHARD McGEACHIE – HALTON&FRODSHAM
2013/2014		JACK NIXON – STOCKPORT HARRIERS & AC
2012/2013		RICHARD POWELL – TRAFFORD AC
2011/2012		JACK MORRIS – STOCKPORT H & AC
2010/2011		JOHN ASHCROFT – ST HELENS SUTTON AC
2009/2010		RYAN WORLAND - SALE H MANCHESTER AC
2008/2009		ALEC BEANEY WEST CHESHIRE AC
2007/2008		DANIEL BROCKLEHURST – TRAFFORD AC
2006/2007		DAVID MARSH - SALE H MANCHESTER AC

2019/2020	<i>VETERAN 40</i>	MATTHEW SHAW – CHORLTON RUNNERS
2018/2019		MATT BARNES – SALE H MANCHESTER AC
2017/2018		JEFF PREST – TRAFFORD AC
2016/2017		PAUL GREEN – SALE H MANCHESTER AC
2015/2016		CHRIS LEIGH – TRAFFORD AC
2014/2015		PAUL GREEN – SALE H MANCHESTER AC
2013/2014		IAN SALISBURY - TRAFFORD AC
2012/2013		ED FAZAKERLEY – MANCHESTER H & AC
2011/2012		CHRIS LEIGH – TRAFFORD AC
2010/2011		MARK RUSSELL – SALFORD H & AC
2009/2010		WILLIAM CROWTHER – ALTRINCHAM&DISTRICT
2008/2009		ROB DOWNS – WILMSLOW RC
2007/2008		MALCOLM FOWLER – WILMSLOW RC
2006/2007		MALCOLM FOWLER – WILMSLOW RC

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2019/2020	<i>VETERAN 45</i>	DAVID WATSON – WARRINGTON AC
2018/2019		JEFF PREST – TRAFFORD AC
2017/2018		MARK RUSSELL – SALFORD HARRIERS & AC
2016/2017		DAVID JACKSON – HORWICH RMI
2015/2016		IAN GRIME – SALFORD HARRIERS & AC
2014/2015		IAN WETHERALL – SALE H MANCHESTER AC
2013/2014		ROB DOWNS – WILMSLOW RC
2012/2013		ROB DOWNS – WILMSLOW RC
2011/2012		ROB DOWNS – WILMSLOW RC
2010/2011		MALCOLM FOWLER – WILMSLOW RC
2009/2010		MALCOLM FOWLER – WILMSLOW RC
2008/2009		MALCOLM FOWLER – WILMSLOW RC
2007/2008		GARY MATTHEWS – EAST CHESHIRE&TAMESIDE
2006/2007		STEVE HAYLOCK – STOCKPORT H & AC

2019/2020	<i>VETERAN 50</i>	PHILIP LEYBOURNE – SALFORD H & AC
2018/2019		MARK RUSSELL – SALFORD HARRIERS & AC
2017/2018		ROB DOWNS – WILMSLOW RC
2016/2017		RICHARD JOHNSON – ALTRINCHAM & DISTRICT
2015/2016		ROB DOWNS – WILMSLOW RC
2014/2015		ROB DOWNS – WILMSLOW RC
2013/2014		DEREK CREWE – SALFORD HARRIERS & AC
2012/2013		GRAHAM MacNEILL – WILMSLOW RC
2011/2012		STEPHEN ROBINSON – EAST CHESHIRE&TAMESIDE
2010/2011		CARL PRICE – SWINTON RC
2009/2010		TOM McGAFF – WILMSLOW RC
2008/2009		TOM McGAFF – WILMSLOW RC
2007/2008		TOM McGAFF – WILMSLOW RC
2006/2007		DAVE GEE – MANCHESTER H & AC

2019/2020	<i>VETERAN 55</i>	ROB DOWNS – WILMSLOW RC
2018/2019		DEREK CREWE – SALFORD HARRIERS & AC
2017/2018		GRAHAM MACNEILL – WILMSLOW RC
2016/2017		TREVOR MORRIS – WILMSLOW RC
2015/2016		GARY MATTHEWS – EAST CHESHIRE H&TAMESIDE
2014/2015		TOM McGAFF – WILMSLOW RC
2013/2014		TOM McGAFF – WILMSLOW RC
2012/2013		TOM McGAFF – WILMSLOW RC
2011/2012		TOM McGAFF – WILMSLOW RC
2010/2011		TOM McGAFF – WILMSLOW RC
2009/2010		LEN BEST – STOCKPORT H & AC
2008/2009		LEN BEST – STOCKPORT H & AC
2007/2008		LEN BEST – STOCKPORT H & AC
2006/2007		GAVIN MENDHAM – WILMSLOW RC

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2019/2020	<i>VETERAN 60</i>	STEVE SHAUGHNESSY – STOCKPORT H & AC
2018/2019		SEAN BUTLER – ALTRINCHAM & DISTRICT AC
2017/2018		STANLEY OWEN – SALFORD H & AC
2016/2017		STANLEY OWEN – SALFORD H & AC
2015/2016		TOM McGAFF – WILMSLOW RC
2014/2015		STANLEY OWEN – SALFORD H & AC
2013/2014		ROB TAYLOR – STOCKPORT H & AC
2012/2013		ROB TAYLOR – STOCKPORT H & AC
2011/2012		ROB TAYLOR – STOCKPORT H & AC
2010/2011		ROB TAYLOR – STOCKPORT H & AC
2009/2010		ROB TAYLOR – STOCKPORT H & AC
2008/2009		BARRY BLYTH – MACCLESFIELD H & AC
2007/2008		BARRY BLYTH – MACCLESFIELD H & AC
2006/2007		MICHAEL CUNNINGHAM – MANCHESTER H&AC

2019/2020	<i>VETERAN 65</i>	STANLEY OWEN – SALFORD H & AC
2018/2019		STANLEY OWEN – SALFORD H & AC
2017/2018		PETER PICKWELL – ALTRINCHAM&DISTRICT AC
2016/2017		MIKE CURLEY – SALE H MANCHESTER AC
2015/2016		ROB TAYLOR – STOCKPORT H & AC
2014/2015		ROB TAYLOR – STOCKPORT H & AC
2013/2014		MICHAEL CUNNINGHAM – MANCHESTER H&AC
2012/2013		TONY HULME – WILMSLOW RC
2011/2012		MICHAEL CUNNINGHAM – MANCHESTER H&AC
2010/2011		MICHAEL CUNNINGHAM – MANCHESTER H&AC
2009/2010		DAVID GREGORY – MANCHESTER H & AC
2008/2009		TREVOR FAULKNER – WILMSLOW RC
2007/2008		TREVOR FAULKNER – WILMSLOW RC

2019/2020	<i>VETERAN 70</i>	MICHAEL CURLEY – SALE H MANCHESTER AC
2018/2019		JOHN WRIGHT – CHORLTON RUNNERS
2017/2018		COLIN RATHBONE – VALE ROYAL AC
2016/2017		MICHAEL CUNNINGHAM – MANCHESTER H&AC
2015/2016		JEFF NORMAN – ALTRINCHAM & DISTRICT AC
2014/2015		COLIN RATHBONE – VALE ROYAL AC
2013/2014		VINCENT MURPHY – SALFORD HARRIERS & AC
2012/2013		TREVOR FAULKNER – WILMSLOW RC
2011/2012		CHRIS BRYANS – STOCKPORT H & AC

2019/2020	<i>VETERAN 75</i>	<i>no qualifier</i>
2018/2019		<i>no qualifier</i>
2017/2018		TREVOR FAULKNER – WILMSLOW RC
2016/2017		<i>no qualifier</i>
2015/2016		CHRIS BRYANS – STOCKPORT H & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2019/2020 - ROLL OF HONOUR**

INDIVIDUAL WINNERS – JUNIOR BOYS

2019/2020	UNDER 17 BOYS	FINLEY PROFFITT – MACCLESFIELD H & AC
2018/2019		JOSEPH BUCKLEY – WARRINGTON AC
2017/2018		JOSEPH BUCKLEY – WARRINGTON AC
2016/2017		KEENAN OWEN – EAST CHESHIRE H & TAMESIDE AC
2015/2016		CHRIS LARKIN – HALTON & FRODSHAM AC
2014/2015		LUKE PIPER – EAST CHESHIRE H & TAMESIDE AC
2013/2014		TOM McGUINNESS – EAST CHESHIRE H&TAMESIDE AC
2012/2013		DANIEL JARVIS – LIVERPOOL H & AC
2011/2012		HENRY BUTTRESS – WARRINGTON AC
2010/2011		JAMES BUNDRED – TRAFFORD AC
2009/2010		JOHN ASHCROFT – ST HELENS SUTTON AC
2008/2009		RYAN WORLAND – SALE H MANCHESTER AC
2007/2008		NIALL BROOKE – SALE H MANCHESTER AC
2006/2007		MATTHEW JACKSON – WARRINGTON AC

2019/2020	UNDER 15 BOYS	TJ JONES – WIRRAL AC
2018/2019		JACK McNICOL – TRAFFORD AC
2017/2018		FINLEY PROFFITT – MACCLESFIELD H & AC
2016/2017		LUCAS PARKER – MACCLESFIELD H & AC
2015/2016		KEENAN OWEN – EAST CHESHIRE H & TAMESIDE
2014/2015		JOSEPH FORD – LIVERPOOL HARRIERS & AC
2013/2014		JOSEPH FORD – LIVERPOOL HARRIERS & AC
2012/2013		DONNACHA MAGUIRE – MANCHESTER H&AC
2011/2012		SAM MAYON – SALE H MANCHESTER AC
2010/2011		MAT'T SHIRLING – ST HELENS SUTTON AC
2009/2010		LEON GREGORY – EAST CHESHIRE H & TAMESIDE
2008/2009		LIAM RENTON – WEST CHESHIRE AC
2007/2008		JACK MORRIS – STOCKPORT H & AC
2006/2007		MICHAEL LOGUE – STOCKPORT H & AC

2019/2020	UNDER 13 BOYS	LUKE CARRINGTON – SALE H MANCHESTER AC
2018/2019		JACK SPARK – SALE H MANCHESTER AC
2017/2018		FINLEY MAYOH – STOCKPORT H & AC
2016/2017		ALEX JAMES – SALE H MANCHESTER AC
2015/2016		SAM HOPKINS – SALFORD HARRIERS & AC
2014/2015		JORDAN JONES – WARRINGTON AC
2013/2014		SAM EVANS – WARRINGTON AC
2012/2013		CONNOR FAZAKERLEY – MANCHESTER H&AC
2011/2012		GEORGE LEWIS – EAST CHESHIRE & TAMESIDE
2010/2011		CHRISTOPHER WILSON – MOSTON&DISTRICT

U13 Boys continued

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2019/2020 - ROLL OF HONOUR**

<i>U13 Boys continued.....</i>		
2009/2010		CHRISTY O'BRIEN – SALE H MANCHESTER AC
2008/2009		JOE STEWARD – EAST CHESHIRE & TAMESIDE
2007/2008		ADAM SIXSMITH – TRAFFORD AC
2006/2007		BRADLEY EDWARDS – WEST CHESHIRE AC

2019/2020	<i>UNDER 11 BOYS</i>	EVAN GRIME – SALFORD HARRIERS & AC DOMINIC POULSTON – WIRRAL AC
2018/2019		OBERON KEARNEY – WIRRAL AC
2017/2018		LUKE CARRINGTON – EAST CHESHIRE H&TAMESIDE
2016/2017		ALEX POULSTON – WIRRAL AC
2015/2016		LOUIE McCORMACK – TRAFFORD AC
2014/2015		SAM HOPKINS – SALFORD HARRIERS & AC
2013/2014		SAM HOPKINS – SALFORD HARRIERS & AC
2012/2013		SAM EVANS – WARRINGTON AC
2011/2012		SAM EVANS – WARRINGTON AC
2010/2011		JOSH HINCHLY – WEST CHESHIRE AC
2009/2010		MICHAEL QUINN – SALE H MANCHESTER AC
2008/2009		CHRISTY O'BRIEN – SALE H MANCHESTER AC
2007/2008		DANIEL LAWTON – STOCKPORT H & AC
2006/2007		LIAM BURTHEM – WARRINGTON AC

INDIVIDUAL WINNERS – WOMEN

2019/2020	<i>OVERALL CHAMPION</i>	EMILY BULLIS – MANCHESTER METROPOLITAN UNIV
2018/2019		HANNAH STROUD – UNIVERSITY OF M/CR
2017/2018		GEMMA CONNOLLY – ST HELENS SUTTON AC
2016/2017		RUTH JONES – SALFORD H & AC
2015/2016		ANN KENCHINGTON – UNIVERSITY OF M/CR
2014/2015		ELIZABETH APSLEY – STOCKPORT H & AC
2013/2014		DIANE McVEY – WILMSLOW RC
2012/2013		BEV JENKINS – SALFORD H & AC
2011/2012		GEMMA CONNOLLY – ST HELENS SUTTON AC
2010/2011		OLIVIA WALWYN – ALTRINCHAM&DISTRICT AC
2009/2010		SAMANTHA BRIGGS – SALFORD H & AC
2008/2009		CLAIRE STEVINSON – WILMSLOW RC
2007/2008		ANNE FARMER – MACCLESFIELD H & AC
2006/2007		BRIGIT COOKE – SALE H MANCHESTER AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2019/2020 - ROLL OF HONOUR**

2019/2020	SENIOR CHAMPION	EMILY BULLIS – MANCHESTER METROPOLITAN UNIV
2018/2019		HANNAH STROUD – UNIVERSITY OF M/CR
2017/2018		SINEAD BENT – SALFORD H & AC
2016/2017		RUTH JONES – SALFORD H & AC
2015/2016		CAITLIN RICE – GLOSSOPDALE HARRIERS
2014/2015		GEMMA CONNOLLY – ST HELENS SUTTON AC
2013/2014		GEMMA CONNOLLY – ST HELENS SUTTON AC
2012/2013		BEV JENKINS – SALFORD H & AC
2011/2012		GEMMA CONNOLLY – ST HELENS SUTTON AC
2010/2011		OLIVIA WALWYN – ALTRINCHAM&DISTRICT AC
2009/2010		SAMANTHA BRIGGS – SALFORD H & AC
2008/2009		CLAIRE STEVINSON – WILMSLOW RC
2007/2008		ANNE FARMER – MACCLESFIELD H & AC
2006/2007		BRIGIT COOKE – SALE H MANCHESTER AC

2019/2020	VETERAN CHAMPION	SARAH KEARNEY – WIRRAL AC
2018/2019		RACHEL HALL – MACCLESFIELD H & AC
2017/2018		GEMMA CONNOLLY – ST HELENS SUTTON AC
2016/2017		DIANE McVEY – WILMSLOW RC
2015/2016		SARAH KEARNEY – WIRRAL AC
2014/2015		BEV SIMONS – SALFORD H & AC
2013/2014		DIANE McVEY – WILMSLOW RC
2012/2013		BEV JENKINS – SALFORD H & AC
2011/2012		CLAIRE STEVINSON – WILMSLOW RC
2010/2011		SARAH KEARNEY – WIRRAL AC
2009/2010		ALISON DRASDO – TRAFFORD AC
2008/2009		ALISON DRASDO – TRAFFORD AC
2007/2008		RACHEL CHATWIN – STOCKPORT H & AC
2006/2007		ANNA VERGES – TRAFFORD AC

2019/2020	UNDER 20	ALICE STILES – MANCHESTER HARRIERS & AC
2018/2019		MILLIE RAINE – LIVERPOOL HARRIERS & AC
2017/2018		ELEANOR ROBINSON – MANCHESTR METRO UNIV
2016/2017		LOUISE WHITTINGHAM – MACCLESFIELD H&AC
2015/2016		ANN KENCHINGTON – UNIVERSITY OF M/CR
2014/2015		ELIZABETH APSLEY – STOCKPORT H & AC
2013/2014		EMILY KEARNEY – WIRRAL AC
2012/2013		KATE MOULDS – VALE ROYAL AC
2011/2012		OLIVIA McDERMOTT – SALFORD MET AC
2010/2011		OLIVIA McDERMOTT – SALFORD MET AC
2009/2010		RUTH JENYON – STOCKPORT H & AC
2008/2009		AMY TALBOT – WARRINGTON AC
2007/2008		<i>no qualifiers</i>
2006/2007		CARLA STANSFIELD – STOCKPORT H & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2019/2020 - ROLL OF HONOUR**

2019/2020	<i>VETERAN 35</i>	INGRID STORM – CHORLTON RUNNERS
2018/2019		RACHEL HALL – MACCLESFIELD H & AC
2017/2018		GEMMA CONNOLLY – ST HELENS SUTTON AC
2016/2017		DIANE McVEY – WILMSLOW RC
2015/2016		KATHY WELLAM – SALE H MANCHESTER AC
2014/2015		KRISTY GILL – MACCLESFIELD H & AC
2013/2014		DIANE McVEY – WILMSLOW RC
2012/2013		SARAH KEARNEY – WIRRAL AC
2011/2012		CLAIRE STEVINSON – WILMSLOW RC
2010/2011		SARAH KEARNEY – WIRRAL AC
2009/2010		ANNA VERGES – TRAFFORD AC
2008/2009		CATH CARNEY – BELLE VUE RACERS
2007/2008		RACHEL CHATWIN – STOCKPORT H & AC
2006/2007		ANNA VERGES – TRAFFORD AC

2019/2020	<i>VETERAN 40</i>	BELINDA BRENNAN – STOCKPORT TRI CLUB
2018/2019		SARAH KEARNEY – WIRRAL AC
2017/2018		DIANE McVEY – WILMSLOW RC
2016/2017		HELEN ARMITAGE – SALE H MANCHESTER AC
2015/2016		SARAH KEARNEY – WIRRAL AC
2014/2015		BEV SIMONS – SALFORD H & AC
2013/2014		SHARON JOHNSTONE – WILMSLOW RC
2012/2013		BEV JENKINS – SALFORD H & AC
2011/2012		ALISON DRASDO – TRAFFORD AC
2010/2011		ALISON DRASDO – TRAFFORD AC
2009/2010		ALISON DRASDO – TRAFFORD AC
2008/2009		ALISON DRASDO – TRAFFORD AC
2007/2008		ALISON HARTOPP – MACCLESFIELD H & AC
2006/2007		JANET HATTON – MACCLESFIELD H & AC

2019/2020	<i>VETERAN 45</i>	SARAH KEARNEY – WIRRAL AC
2018/2019		SHARON JOHNSTONE – WILMSLOW RC
2017/2018		ALISON DRASDO – TRAFFORD AC
2016/2017		HELEN SMITH – VALE ROYAL AC
2015/2016		MICHELLE HUSHION – MIDDLETON H AC
2014/2015		ALISON DRASDO – TRAFFORD AC
2013/2014		ALISON DRASDO – TRAFFORD AC
2012/2013		HELEN WALCH – STOCKPORT H & AC
2011/2012		KERRIE WOOD-DOYLE – STOCKPORT H & AC
2010/2011		HELEN WALCH – STOCKPORT H & AC
2009/2010		HELEN WALCH – STOCKPORT H & AC
2008/2009		ALISON VESEY – ALTRINCHAM & DISTRICT AC
2007/2008		ALISON VESEY – ALTRINCHAM & DISTRICT AC
2006/2007		KATHERINE HARVEY – ALTRINCHAM&DISTRICT

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2019/2020 - ROLL OF HONOUR**

2019/2020	VETERAN 50	STEPHANIE STEVENS – CHORLTON RUNNERS
2018/2019		MARGARET COOPER – WIRRAL AC
2017/2018		BEV JACKSON – ALTRINCHAM & DISTRICT AC
2016/2017		LESLEY SINCLAIR – STOCKPORT H & AC
2015/2016		BEV GANOSE – ALTRINCHAM & DISTRICT AC
2014/2015		JANINE RIDGARD – EAST CHESHIRE H&TAMESIDE AC
2013/2014		ALISON VESEY – ALTRINCHAM & DISTRICT AC
2012/2013		JACKY THORN – VALE ROYAL AC
2011/2012		JACKIE CORDINGLEY – SALE H MANCHESTER
2010/2011		KATHERINE HARVEY – ALTRINCHAM&DISTRICT
2009/2010		KATHERINE HARVEY – ALTRINCHAM&DISTRICT
2008/2009		JACKIE CORDINGLEY – SALE H MANCHESTER
2007/2008		JOAN HOWE – TRAFFORD AC
2006/2007		ANNIE HIRSCH – BELLE VUE RACERS

2019/2020	VETERAN 55	JANET RASHLEIGH – HORWICH RMI H
2018/2019		SALLY GILLIVER – WILMSLOW RC
2017/2018		ALISON VESEY – ALTRINCHAM & DISTRICT AC
2016/2017		JACKIE CORDINGLEY – SALE H MANCHESTER AC
2015/2016		ANNIE HIRSCH – BELLE VUE RACERS
2014/2015		JACKIE CORDINGLEY – SALE H MANCHESTER AC
2013/2014		NICKY MOWAT – WILMSLOW RC
2012/2013		ANN-MARIE JONES – ALTRINCHAM & DISTRICT
2011/2012		ANNIE HIRSCH – BELLE VUE RACERS
2010/2011		PAULINE DAVIES – VALE ROYAL AC
2009/2010		SUE EXON – TRAFFORD AC
2008/2009		ALEXIS DINSMOR – STOCKPORT H & AC
2007/2008		ALEXIS DINSMOR – STOCKPORT H & AC
2006/2007		LYNDA CHEETHAM – BELLE VUE RACERS

2019/2020	VETERAN 60	GLENNIS RICHARDSON – STOCKPORT H & AC
2018/2019		ANNIE HIRSCH – BELLE VUE RACERS
2017/2018		ANNIE HIRSCH – BELLE VUE RACERS
2016/2017		ANN-MARIE JONES – ALTRINCHAM&DISTRICT AC
2015/2016		ANN-MARIE JONES – ALTRINCHAM&DISTRICT AC
2014/2015		ANN-MARIE JONES – ALTRINCHAM&DISTRICT AC
2013/2014		ANN-MARIE JONES – ALTRINCHAM&DISTRICT AC
2012/2013		ANGELA OLDHAM – E.CHESHIRE H & TAMESIDE
2011/2012		ALEXIS DINSMOR – STOCKPORT H & AC
2010/2011		ALEXIS DINSMOR – STOCKPORT H & AC
2009/2010		ALEXIS DINSMOR – STOCKPORT H & AC
2008/2009		JEAN SKITT – MANCHESTER H & AC
2007/2008		JEAN SKITT – MANCHESTER H & AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2019/2020 - ROLL OF HONOUR**

2019/2020	VETERAN 65	HELEN TODD - STOCKPORT H & AC
2018/2019		ANGELA OLDHAM - E.CHESHIRE H & TAMESIDE
2017/2018		ANGELA OLDHAM - E.CHESHIRE H & TAMESIDE
2016/2017		ALEXIS DINSMOR - STOCKPORT H & AC
2015/2016		ALEXIS DINSMOR - STOCKPORT H & AC
2014/2015		ALEXIS DINSMOR - STOCKPORT H & AC
2013/2014		CHRISTINE ECKERSLEY - MIDDLETON H AC
2012/2013		PAULINE LYNCH - MACCLESFIELD H & AC
2011/2012		MAVIS GREGORY - MANCHESTER H & AC
2010/2011		PAULINE LYNCH - MACCLESFIELD H & AC
2009/2010		JEAN SKITT - MANCHESTER H & AC

2019/2020	VETERAN 70	<i>no qualifiers</i>
2018/2019		LIZ SPENSLEY - ST HELENS TRI
2017/2018		CHRISTINE ECKERSLEY - MIDDLETON H AC
2016/2017		LIZ SPENSLEY - ST HELENS TRI
2015/2016		LIZ SPENSLEY - ST HELENS TRI

INDIVIDUALS – JUNIOR GIRLS

2019/2020	UNDER 17 GIRLS	ELLEN KEARNEY - WIRRAL AC
2018/2019		ELEANOR WILSON - BUXTON AC
2017/2018		JESS COOK - LIVERPOOL H & AC
2016/2017		LAUREN FERRIS - WARRINGTON AC
2015/2016		KATY WHITEOAK - STOCKPORT H & AC
2014/2015		ALICE BRUCE - SALE H MANCHESTER AC
2013/2014		ELLEN DOWNS - STOCKPORT H & AC
2012/2013		ELIZABETH APSLEY - STOCKPORT H & AC
2011/2012		DANIELLE WALLIS - MACCLESFIELD H & AC
2010/2011		DANIELLE WALLIS - MACCLESFIELD H & AC
2009/2010		LUCY SMITH - ALTRINCHAM & DISTRICT AC
2008/2009		SARAH GRIFFITHS - WARRINGTON AC
2007/2008		LEAH KAY - STOCKPORT H & AC
2006/2007		LEAH KAY - STOCKPORT H & AC

2019/2020	UNDER 15 GIRLS	ORLA GREGORY - WARRINGTON AC
2018/2019		ORLA GREGORY - WARRINGTON AC
2017/2018		AMY WEST - STOCKPORT H & AC
2016/2017		SIAN HESLOP - MACCLESFIELD H & AC
2015/2016		ELLA McNIVEN - LIVERPOOL H & AC
2014/2015		JESSICA COOK - LIVERPOOL H & AC
2013/2014		KATIE LOWERY - MACCLESFIELD H & AC
<i>U15 Girls continued</i>		

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2019/2020 - ROLL OF HONOUR**

<i>.....U15 Girls continued</i>		
2012/2013		KATIE WHITEOAK – STOCKPORT H & AC
2011/2012		MEGAN ASHELBY – EAST CHESHIRE&TAMESIDE
2010/2011		MOLLIE WILLIAMS – STOCKPORT H & AC
2009/2010		DANIELLE WALLIS – MACCLESFIELD H & AC
2008/2009		DANIELLE WALLIS – MACCLESFIELD H & AC
2007/2008		LUCY SMITH – ALTRINCHAM & DISTRICT AC
2006/2007		HANNAH PETHO – MACCLESFIELD H & AC

2019/2020	UNDER 13 GIRLS	FREYA MURDOCH – STOCKPORT H & AC
2018/2019		FREYA MURDOCH – STOCKPORT H & AC
2017/2018		ORLA GREGORY – WARRINGTON AC
2016/2017		ISABELLE BURKE – SALE H MANCHESTER AC
2015/2016		LARA CRAWFORD – SALE H MANCHESTER AC
2014/2015		ELLA McNIVEN – LIVERPOOL H & AC
2013/2014		LUCY MILLER – LIVERPOOL H & AC
2012/2013		AINE CUNNINGHAM – SALE H MANCHESTER
2011/2012		DANIELLE STRINGER – MANCHESTER H&AC
2010/2011		BETH DONNELLY – EAST CHESHIRE&TAMESIDE
2009/2010		BETH DONNELLY – EAST CHESHIRE&TAMESIDE
2008/2009		CHELSEA JARVIS – ST HELENS SUTTON AC
2007/2008		DANIELLE WALLIS – MACCLESFIELD H & AC
2006/2007		LUCY SMITH – ALTRINCHAM & DISTRICT AC

2019/2020	UNDER 11 GIRLS	MOLLY CARVELL – WESPA FIRE ATHLETICS
2018/2019		EMILY BOWKER - EAST CHESHIRE&TAMESIDE
2017/2018		FREYA MURDOCH – STOCKPORT H & AC
2016/2017		JASMINE REED – STOCKPORT H & AC
2015/2016		HOLLY WEEDALL – VALE ROYAL AC
2014/2015		ASHLEY NEMITS – WARRINGTON AC
2013/2014		CHLOE ROGERS – STOCKPORT H & AC
2012/2013		KATIE MILLER – LIVERPOOL H & AC
2011/2012		ELEANOR KENNY – MANCHESTER H & AC
2010/2011		ELLIE TWITE – SALE H MANCHESTER AC
2009/2010		LUCY DONAGHY – STOCKPORT H & AC
2008/2009		LUCY DONAGHY – MANCHESTER H & AC
2007/2008		MOLLIE WILLIAMS – MANCHESTER H & AC
2006/2007		CHELSEA JARVIS – ST HELENS SUTTON AC

**MANCHESTER AREA CROSS COUNTRY LEAGUE
2006/2007 TO 2019/2020 - ROLL OF HONOUR**

SPECIAL MERIT AWARD

2019/2020	MATT GITTENS	DIDSBURY RUNNERS
2018/2019	DAVE RODGERS	SALE HARRIERS MANCHESTER AC
2017/2018	SONIA HARRIS	MANCHESTER TRIATHLON CLUB
2016/2017	LYNDA GUY	BELLE VUE RACERS
2015/2016	DEBBIE BERESFORD	MANCHESTER HARRIERS & AC
2014/2015	BOB TOWELL	SALFORD HARRIERS & AC
2013/2014	JONO GUILDFORD	MANCHESTER FRONTRUNNERS

Manchester Area Cross Country League

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