

COVID 19 STATEMENT FROM ST HELENS COUNCIL
MATCH 2 SHERDLEY PARK – SAT 13TH NOVEMBER 2021
TO ALL ATHLETES

1. Take a lateral flow test prior to attending the event to check that you are not Covid positive. (Tests are available free of charge from Lloyds Pharmacies and online via the NHS App). Anyone testing positive must stay at home and self-isolate.
2. Take a lateral flow test 3-5 days after the event to check that you did not become Covid positive whilst attending the event.
3. Arrive in time to warm up for the specific race; details of individual race start times have been publicised.
4. Depart as soon as possible after you have completed competing and warming down. Those athletes that finish in the first three in each race are asked to wait for the presentation prior to departure.
5. Maintain social distancing wherever possible throughout the event.
6. Wear a facemask if in a confined space (such as a tent or marquee) for any length of time.
7. Ensure that you sanitise your hands regularly, particularly when using the toilet facilities.