

Manchester Area Cross Country League

at Wythenshawe Park on Saturday 15th October 2022

Under 13 - Boys -- FINAL RESULTS

Pos	Num	Name	Club	Time
1	1984	Adrian White	Trafford Athletic Club	11:19
2	841	Jake Ireland	Macclesfield Harriers & AC	11:27
3	1394	Daniel Oakes	Sale Harriers Manchester	11:32
4	2201	Thomas Rimmer	West Cheshire Athletic Club	11:35
5	1597	Bobby Birkett	St Helens Sutton AC	11:43
6	2146	Oliver Davenport	Warrington A C	11:47
7	751	Ryan French	Liverpool Harriers & AC	11:49
8	753	Peter Herring	Liverpool Harriers & AC	11:56
9	2147	Euan Lawton	Warrington A C	11:59
10	632	Harry Yates	Horwich R M I Harriers	12:05
11	1752	Dylan Hodgson	Stockport Harriers & Ac	12:06
12	1757	Harry Sharwell	Stockport Harriers & Ac	12:08
13	1511	Flynn Slattey	Salford Harriers & AC	12:14
14	1573	Harry Skeer	Salford Metropolitan AC	12:14
15	1508	E Figgins-Barrett	Salford Harriers & AC	12:14
16	1390	Oliver Howell	Sale Harriers Manchester	12:15
17	2104	Harvey Brown	Vale Royal Ac	12:15
18	57	Alexander Edwards	Altrincham & District AC	12:18
19	1388	Jake Harrison	Sale Harriers Manchester	12:19
20	1747	George Benson	Stockport Harriers & Ac	12:25
21	56	Archer Blann	Altrincham & District AC	12:26
22	1389	George Horsfall	Sale Harriers Manchester	12:27
23	757	Sebastian Wheatcroft	Liverpool Harriers & AC	12:28
24	629	Charlie Cowburn	Horwich R M I Harriers	12:29
25	750	Callum Finch	Liverpool Harriers & AC	12:35
26	1215	Otis Kershaw	Oldham & Royton H & AC	12:37
27	1601	Dylan Roberts	St Helens Sutton AC	12:39
28	927	Harry Webley	Manchester Harriers & AC	12:43
29	197	Joel Tidmarsh	Buxton AC	12:43
30	1393	Conor McManus	Sale Harriers Manchester	12:46
31	754	Murphy Midgley	Liverpool Harriers & AC	12:53
32	1754	Charlie Millward	Stockport Harriers & Ac	12:53
33	1571	Noah Cronshaw	Salford Metropolitan AC	12:54
34	1507	Sam Burton	Salford Harriers & AC	13:00
35	1753	Campbell Johnson	Stockport Harriers & Ac	13:01
36	1978	Thomas Aron	Trafford Athletic Club	13:11
37	1748	Dillon Blackhurst	Stockport Harriers & Ac	13:12
38	1751	Oliver Hodgson	Stockport Harriers & Ac	13:15
39	1983	Joseph Thomas	Trafford Athletic Club	13:16
40	1510	Archie Simons	Salford Harriers & AC	13:20
41	2342	James Binks	Wirral Ac	13:21
42	1598	Sam Callaghan	St Helens Sutton AC	13:25
43	1600	Jamie Hughes	St Helens Sutton AC	13:30
44	1509	Ryley Holden	Salford Harriers & AC	13:37
45	1397	Daniel Wells	Sale Harriers Manchester	13:39
46	1979	Joe Cowles	Trafford Athletic Club	13:42
47	842	Alex McLaren	Macclesfield Harriers & AC	13:51
48	752	Cian Hambleton	Liverpool Harriers & AC	14:02
49	1668	Finlay Smith	Start2jog	14:03
50	925	Finley Hornsby	Manchester Harriers & AC	14:16
51	2200	Harry McKenna	West Cheshire Athletic Club	14:25
52	1982	Henry Sainsbury	Trafford Athletic Club	14:31
53	1572	Alfie Lavelle	Salford Metropolitan AC	14:34

54	839	Eric Dickinson	Macclesfield Harriers & AC	14:43
55	1392	William McIntyre	Sale Harriers Manchester	15:00
56	1384	William Allen	Sale Harriers Manchester	15:02
57	1985	James Wilson	Trafford Athletic Club	15:04
58	2348	Thomas Heap	Wirral Ac	15:19
59	1981	Joel George	Trafford Athletic Club	15:31
60	926	Tomek Kinder	Manchester Harriers & AC	15:41
61	1750	Will Edwards	Stockport Harriers & Ac	15:42
62	1391	James Lucas	Sale Harriers Manchester	16:13

Under 13 - Boys -- TEAM RESULTS

1	Sale Harriers Manchester	38	3 Daniel Oakes
			16 Oliver Howell
			19 Jake Harrison
2	Liverpool Harriers & AC	38	7 Ryan French
			8 Peter Herring
			23 Sebastian Wheatcroft
3	Stockport Harriers & Ac	43	11 Dylan Hodgson
			12 Harry Sharwell
			20 George Benson
4	Salford Harriers & AC	62	13 Flynn Slattery
			15 E Figgins-Barrett
			34 Sam Burton
5	St Helens Sutton AC	74	5 Bobby Birkett
			27 Dylan Roberts
			42 Sam Callaghan
6	Trafford Athletic Club	76	1 Adrian White
			36 Thomas Aron
			39 Joseph Thomas
7	Sale Harriers Manchester	'B' 97	22 George Horsfall
			30 Conor McManus
			45 Daniel Wells
8	Salford Metropolitan AC	100	14 Harry Skeer
			33 Noah Cronshaw
			53 Alfie Lavelle
9	Macclesfield Harriers & AC	103	2 Jake Ireland
			47 Alex McLaren
			54 Eric Dickinson
10	Stockport Harriers & Ac	'B' 104	32 Charlie Millward
			35 Campbell Johnson
			37 Dillon Blackhurst
11	Liverpool Harriers & AC	'B' 104	25 Callum Finch
			31 Murphy Midgley
			48 Cian Hambleton
12	Manchester Harriers & AC	138	28 Harry Webley
			50 Finley Hornsby
			60 Tomek Kinder
13	Trafford Athletic Club	'B' 155	46 Joe Cowles
			52 Henry Sainsbury
			57 James Wilson
14	Sale Harriers Manchester	'C' 173	55 William McIntyre
			56 William Allen

Under 13 - Girls -- FINAL RESULTS

Pos	Num	Name	Club	Time
1	2352	Isla Pastor	Wirral Ac	11:50
2	1416	Beatrix Soper	Sale Harriers Manchester	12:02
3	1412	Oonagh McManus	Sale Harriers Manchester	12:11
4	1417	Caitlin Wetters	Sale Harriers Manchester	12:35
5	766	Maisie McGuirk	Liverpool Harriers & AC	12:38
6	1414	Lola Richardson	Sale Harriers Manchester	12:40
7	2118	Imogen Ward	Vale Royal Ac	12:52
8	1415	Maya Ross	Sale Harriers Manchester	12:55
9	2158	Evie-May Williams	Warrington A C	12:55
10	1512	Harriet Byrnes	Salford Harriers & AC	12:55
11	775	Evie Worrall	Liverpool Harriers & AC	12:57
12	774	Maisie Williams	Liverpool Harriers & AC	12:57
13	490	Demi Baxter	East Cheshire Harriers & Tames	13:02
14	1406	Grace Hill	Sale Harriers Manchester	13:02
15	2353	Holly Webster	Wirral Ac	13:11
16	2153	Emily Kinsey	Warrington A C	13:17
17	1513	Eliza Doyle	Salford Harriers & AC	13:19
18	763	Isobel Kavanagh	Liverpool Harriers & AC	13:21
19	491	Molly Holness	East Cheshire Harriers & Tames	13:23
20	634	Gracie Sherbourne	Horwich R M I Harriers	13:24
21	2354	Isla Yorke	Wirral Ac	13:27
22	1404	Isabelle Connolly	Sale Harriers Manchester	13:31
23	1986	Megan Boyer	Trafford Athletic Club	13:32
24	1400	Maddy Appleby	Sale Harriers Manchester	13:35
25	1991	Anna Thomas	Trafford Athletic Club	13:44
26	758	Grace Bomba	Liverpool Harriers & AC	13:47
27	1403	Manaal Christmas	Sale Harriers Manchester	13:48
28	1760	Rebecca Knight	Stockport Harriers & Ac	13:51
29	1763	Eva Yuill	Stockport Harriers & Ac	13:52
30	2115	Lily Coates	Vale Royal Ac	13:53
31	769	Marissa Phillips	Liverpool Harriers & AC	13:54
32	1606	Lois Wilson	St Helens Sutton AC	14:01
33	2151	Orlaith Clarke	Warrington A C	14:04
34	2117	Olivia Proudlove	Vale Royal Ac	14:09
35	2351	Ellie Fraser	Wirral Ac	14:11
36	1402	Phoebe Carroll	Sale Harriers Manchester	14:11
37	1408	Ruby Langford	Sale Harriers Manchester	14:12
38	492	Imogen McBurnie	East Cheshire Harriers & Tames	14:19
39	1514	Isabelle Hope	Salford Harriers & AC	14:21
40	1398	Annabel Lama	Sale Harriers Manchester	14:23
41	2155	Annie Noone	Warrington A C	14:26
42	493	Anna Rooke	East Cheshire Harriers & Tames	14:31
43	2202	Megan Hughes	West Cheshire Athletic Club	14:33
44	1987	Ciara Carruthers	Trafford Athletic Club	14:35
45	1603	Chloe Brownbill	St Helens Sutton AC	14:44
46	2157	Ellie-Grace Stuart	Warrington A C	14:48
47	1405	Eddie Friend	Sale Harriers Manchester	14:56
48	1758	Abbie Fitzgerald	Stockport Harriers & Ac	14:56
49	768	Maggie Nisbet	Liverpool Harriers & AC	14:57
50	759	Hattie Cadwallader	Liverpool Harriers & AC	15:00
51	1990	Serena Omeje	Trafford Athletic Club	15:22
52	1759	Emily Fox	Stockport Harriers & Ac	15:36
53	1762	Imogen Millington	Stockport Harriers & Ac	15:37
54	1410	Lily Loynd	Sale Harriers Manchester	15:44
55	765	Faye Lalley	Liverpool Harriers & AC	15:44
56	2355	Maisie Yorke	Wirral Ac	15:45
57	771	Eva Spink	Liverpool Harriers & AC	15:46
58	1413	Genevieve Moore	Sale Harriers Manchester	15:46
59	2150	Ruby Brazier-Kobus	Warrington A C	15:46
60	1409	Heloise Latham	Sale Harriers Manchester	15:47
61	1217	Roisin Jordan	Oldham & Royton H & AC	15:54

62	1604	Sophie Quaranta	St Helens Sutton AC	16:13
63	635	Holly Turner	Horwich R M I Harriers	16:28
64	1411	Olivia Manson	Sale Harriers Manchester	16:29
65	1669	Megan Barker	Start2jog	16:30
66	636	Melissa Walker	Horwich R M I Harriers	16:30

Under 13 - Girls -- TEAM RESULTS

1	Sale Harriers Manchester	9
	2	Beatrix Soper
	3	Oonagh McManus
	4	Caitlin Wetters
2	Liverpool Harriers & AC	28
	5	Maisie McGuirk
	11	Evie Worrall
	12	Maisie Williams
3	Sale Harriers Manchester	'B' 28
	6	Lola Richardson
	8	Maya Ross
	14	Grace Hill
4	Wirral Ac	37
	1	Isla Pastor
	15	Holly Webster
	21	Isla Yorke
5	Warrington A C	58
	9	Evie-May Williams
	16	Emily Kinsey
	33	Orlaith Clarke
6	Salford Harriers & AC	66
	10	Harriet Byrnes
	17	Eliza Doyle
	39	Isabelle Hope
7	East Cheshire Harriers & Tames	70
	13	Demi Baxter
	19	Molly Holness
	38	Imogen McBurnie
8	Vale Royal Ac	71
	7	Imogen Ward
	30	Lily Coates
	34	Olivia Proudlove
9	Sale Harriers Manchester	'C' 73
	22	Isabelle Connolly
	24	Maddy Appleby
	27	Manaal Christmas
10	Liverpool Harriers & AC	'B' 75
	18	Isobel Kavanagh
	26	Grace Bomba
	31	Marissa Phillips
11	Trafford Athletic Club	92
	23	Megan Boyer
	25	Anna Thomas
	44	Ciara Carruthers
12	Stockport Harriers & Ac	105
	28	Rebecca Knight
	29	Eva Yuill
	48	Abbie Fitzgerald
13	Sale Harriers Manchester	'D' 113
	36	Phoebe Carroll
	37	Ruby Langford
	40	Annabel Lama
14	St Helens Sutton AC	139
	32	Lois Wilson
	45	Chloe Brownbill
	62	Sophie Quaranta
15	Warrington A C	'B' 146
	41	Annie Noone
	46	Ellie-Grace Stuart
	59	Ruby Brazier-Kobus

16	Horwich R M I Harriers	149	20	Gracie Sherbourne
			63	Holly Turner
			66	Melissa Walker
17	Liverpool Harriers & AC	'C' 154	49	Maggie Nisbet
			50	Hattie Cadwallader
			55	Faye Lalley
18	Sale Harriers Manchester	'E' 159	47	Eddie Friend
			54	Lily Loynd
			58	Genevieve Moore

Under 15 - Boys -- FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	2159	Jack Marwood	Warrington A C	16:13
2	1992	Pio Aron	Trafford Athletic Club	16:27
3	2361	Ben Williams	Wirral Ac	16:36
4	2001	Jay Hutchinson	Trafford Athletic Club	16:43
5	1422	Alex Fraser	Sale Harriers Manchester	16:45
6	1608	Liam Johnson	St Helens Sutton AC	16:49
7	1995	Finlay Dobson	Trafford Athletic Club	16:50
8	1515	Jamie Barber	Salford Harriers & AC	16:50
9	1423	Finlay Goddard	Sale Harriers Manchester	17:05
10	2006	Tim Ye	Trafford Athletic Club	17:05
11	1764	William Bailey	Stockport Harriers & Ac	17:11
12	1609	William Vose	St Helens Sutton AC	17:14
13	1518	Bobby Burton	Salford Harriers & AC	17:16
14	846	Jared Dickinson	Macclesfield Harriers & AC	17:17
15	1765	Felix Benson	Stockport Harriers & Ac	17:17
16	2357	Sam Clarke	Wirral Ac	17:27
17	2004	Evan Lewis	Trafford Athletic Club	17:31
18	1517	Alfie Bundy	Salford Harriers & AC	17:31
19	495	Marshall Fleet	East Cheshire Harriers & Tames	17:33
20	2358	Noel Ford	Wirral Ac	17:34
21	1773	Zach Rose	Stockport Harriers & Ac	17:37
22	1997	Archie Greenwood	Trafford Athletic Club	17:41
23	1419	Alfie Clare	Sale Harriers Manchester	17:41
24	928	Christopher Parikh	Manchester Harriers & AC	17:49
25	1776	Arthur Wolstenholme	Stockport Harriers & Ac	17:55
26	1516	Samuel Barlow	Salford Harriers & AC	17:59
27	1425	James O'Brien	Sale Harriers Manchester	18:00
28	847	Hugh Noden	Macclesfield Harriers & AC	18:03
29	499	Joe Taylor	East Cheshire Harriers & Tames	18:07
30	1996	Oscar Gascoine	Trafford Athletic Club	18:15
31	1774	Cian Taylor	Stockport Harriers & Ac	18:20
32	1768	Sam Hill	Stockport Harriers & Ac	18:23
33	496	Alfie Manser	East Cheshire Harriers & Tames	18:23
34	1993	Theodor Austin	Trafford Athletic Club	18:28
35	2205	Daniel Walker	West Cheshire Athletic Club	18:34
36	2119	Noah Simpson	Vale Royal Ac	18:42
37	2206	Noah Woolgar	West Cheshire Athletic Club	18:47
38	1575	Benjamin Waterhouse	Salford Metropolitan AC	18:49
39	1775	Will Walton	Stockport Harriers & Ac	19:00
40	1219	Charles Lees	Oldham & Royton H & AC	19:08
41	1427	Joshua Rogers	Sale Harriers Manchester	19:11
42	500	Oliver Walker	East Cheshire Harriers & Tames	19:13
43	1421	Matthew Cullen	Sale Harriers Manchester	19:20
44	639	Mark Titmuss	Horwich R M I Harriers	19:23
45	1771	William Jones	Stockport Harriers & Ac	19:25
46	3005	\$Ben Betson	Unattached	19:39
47	1610	Luke Wilson	St Helens Sutton AC	19:48
48	1769	Charlie Hodgson	Stockport Harriers & Ac	20:00
49	494	Cody Felton	East Cheshire Harriers & Tames	20:28
50	1772	Elliot Jones	Stockport Harriers & Ac	20:38

51	3008	\$George Grindrod	Unattached	20:40
52	637	Aidan McKenna	Horwich R M I Harriers	20:54
53	2002	Atticus Jones	Trafford Athletic Club	21:10
54	845	Adam McLaren	Macclesfield Harriers & AC	21:14
55	2204	Ben Newall	West Cheshire Athletic Club	21:24
56	1574	Jack Broadhurst	Salford Metropolitan AC	21:25
57	497	Maxwell Ormston	East Cheshire Harriers & Tames	21:55
58	1146	\$Kieran Peatfield	Marple Runners	22:38
59	1607	Benjamin Genner	St Helens Sutton AC	22:41
60	498	Sebastian Stewart	East Cheshire Harriers & Tames	22:52
61	1767	J Harwood-Bretnall	Stockport Harriers & Ac	23:24

Under 15 - Boys -- TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Trafford Athletic Club	13
		2 Pio Aron
		4 Jay Hutchinson
		7 Finlay DobsonEmmas
2	Sale Harriers Manchester	37
		5 Alex Fraser
		9 Finlay Goddard
		23 Alfie Clare
3	Salford Harriers & AC	39
		8 Jamie Barber
		13 Bobby Burton
		18 Alfie Bundy
4	Wirral Ac	39
		3 Ben Williams
		16 Sam Clarke
		20 Noel Ford
5	Stockport Harriers & Ac	47
		11 William Bailey
		15 Felix Benson
		21 Zach Rose
6	Trafford Athletic Club	'B' 49
		10 Tim Ye
		17 Evan Lewis
		22 Archie Greenwood
7	St Helens Sutton AC	64
		6 Liam Johnson
		12 William Vose
		46 Luke Wilson
8	East Cheshire Harriers & Tames	81
		19 Marshall Fleet
		29 Joe Taylor
		33 Alfie Manser
9	Stockport Harriers & Ac	'B' 88
		25 Arthur Wolstenholme
		31 Cian Taylor
		32 Sam Hill
10	Macclesfield Harriers & AC	94
		14 Jared Dickinson
		28 Hugh Noden
		52 Adam McLaren
11	Sale Harriers Manchester	'B' 111
		27 James O'Brien
		41 Joshua Rogers
		43 Matthew CullenBrown
12	Trafford Athletic Club	'C' 115
		30 Oscar Gascoine
		34 Theodor Austin
		51 Atticus Jones
13	West Cheshire Athletic Club	125
		35 Daniel Walker
		37 Noah Woolgar
		53 Ben Newall

14	Stockport Harriers & Ac	'C'	131
			39 Will Walton
			45 William Jones
			47 Charlie Hodgson
15	East Cheshire Harriers & T	'B'	145
			42 Oliver Walker
			48 Cody Felton
			55 Maxwell Ormston

Under 15 - Girls -- FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Club	Time
1	2168	Imogen Wharton	Warrington A C	17:22
2	2166	Esme Heavey	Warrington A C	18:02
3	1434	Isobel Hall	Sale Harriers Manchester	18:04
4	1522	T Hutchinson	Salford Harriers & AC	18:54
5	2362	Hannah Brearton	Wirral Ac	19:10
6	1778	Ella Buckley	Stockport Harriers & Ac	19:14
7	1523	Sophia Nation	Salford Harriers & AC	19:16
8	1784	Rosie Philbin	Stockport Harriers & Ac	19:19
9	1782	Niamh Mackintosh	Stockport Harriers & Ac	19:32
10	851	Eva Mion	Macclesfield Harriers & AC	19:41
11	1435	Imogen Hill	Sale Harriers Manchester	19:45
12	1576	Esme Sly	Salford Metropolitan AC	19:50
13	644	Grace Mort	Horwich R M I Harriers	19:50
14	2366	Leila Vesey	Wirral Ac	19:55
15	1440	Hannah Squibbs	Sale Harriers Manchester	19:59
16	1520	Isabella Backhouse	Salford Harriers & AC	20:02
17	1436	Madison Holt	Sale Harriers Manchester	20:07
18	58	Anna Taylor	Altrincham & District AC	20:16
19	2163	Ellie Barker	Warrington A C	20:24
20	2167	Hannah Hull	Warrington A C	20:28
21	2009	Rachel Bowden	Trafford Athletic Club	20:29
22	1612	Lily Birkett	St Helens Sutton AC	20:40
23	2208	Jessica Watts	West Cheshire Athletic Club	21:09
24	1611	Nicole Anders	St Helens Sutton AC	21:19
25	501	Kayla Corbett	East Cheshire Harriers & Tames	21:29
26	2207	Ruby Phillips	West Cheshire Athletic Club	21:35
27	2007	Daisy Atkiss	Trafford Athletic Club	21:35
28	2008	Ursula Bailey	Trafford Athletic Club	21:40
29	2162	Sarah Ashcroft	Warrington A C	21:47
30	1432	Niamh Cope	Sale Harriers Manchester	21:53
31	2169	Emma Whiston	Warrington A C	21:57
32	503	Ava Royle	East Cheshire Harriers & Tames	21:57
33	1430	Hannah Beaver	Sale Harriers Manchester	21:58
34	1613	Harriet George	St Helens Sutton AC	22:08
35	1438	Holly Nolan	Sale Harriers Manchester	22:09
36	1429	Isabelle Auden	Sale Harriers Manchester	22:11
37	1785	Felicity Thelwell	Stockport Harriers & Ac	22:13
38	1441	Erin Terry	Sale Harriers Manchester	22:15
39	1524	Imogen Pattison	Salford Harriers & AC	22:30
40	1431	Nailah Christmas	Sale Harriers Manchester	22:34
41	200	Rachel Cudahy	Buxton AC	22:34
42	502	Harri-Ann Fleet	East Cheshire Harriers & Tames	22:35
43	1442	Amber Webb	Sale Harriers Manchester	22:37
44	504	Cecilia Smylie	East Cheshire Harriers & Tames	22:50
45	1521	Isla Cammish	Salford Harriers & AC	22:54
46	201	Rebecca Cudahy	Buxton AC	22:55
47	1614	Isabelle George	St Helens Sutton AC	23:04
48	1670	Elin Griffin	Start2jog	23:06
49	642	Courtney Iredale	Horwich R M I Harriers	23:08
50	850	Martha Ireland	Macclesfield Harriers & AC	23:10
51	1433	Madeline Gillam	Sale Harriers Manchester	23:47
52	1437	Molly Irwin	Sale Harriers Manchester	24:13
53	1220	Charlotte Green	Oldham & Royton H & AC	24:27
54	643	Emma Lucey	Horwich R M I Harriers	24:40

55	783	Miriam Wilson	Liverpool Harriers & AC	24:46
56	1780	Georgia Garside	Stockport Harriers & Ac	25:36
57	1616	Niamh Waring	St Helens Sutton AC	28:15

Under 15 - Girls -- TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Warrington A C	22	1 Imogen Wharton
			2 Esme Heavey
			19 Ellie Barker
2	Stockport Harriers & Ac	23	6 Ella Buckley
			8 Rosie Philbin
			9 Niamh Mackintosh
3	Salford Harriers & AC	27	4 T Hutchinson
			7 Sophia Nation
			16 Isabella Backhouse
4	Sale Harriers Manchester	29	3 Isobel Hall
			11 Imogen Hill
			15 Hannah Squibbs
5	Trafford Athletic Club	76	21 Rachel Bowden
			27 Daisy Atkiss
			28 Ursula Bailey
6	Warrington A C	'B' 80	20 Hannah Hull
			29 Sarah Ashcroft
			31 Emma Whiston
7	Sale Harriers Manchester	'B' 80	17 Madison Holt
			30 Niamh Cope
			33 Hannah Beaver
8	St Helens Sutton AC	80	22 Lily Birkett
			24 Nicole Anders
			34 Harriet George
9	East Cheshire Harriers & Tames	99	25 Kayla Corbett
			32 Ava Royle
			42 Harri-Ann Fleet
10	Sale Harriers Manchester	'C' 109	35 Holly Nolan
			36 Isabelle Auden
			38 Erin Terry
11	Horwich R M I Harriers	116	13 Grace Mort
			49 Courtney Iredale
			54 Emma Lucey
12	Sale Harriers Manchester	'D' 134	40 Nailah Christmas
			43 Amber Webb
			51 Madeline Gillam

Under 17 - Men -- FINAL RESULTS

Pos	Num	Name	Club	Time
1	2369	Alex Poulston	Wirral Ac	20:59
2	2027	Freddie Meredith	Trafford Athletic Club	21:19
3	1531	Matthew Russell	Salford Harriers & AC	21:23
4	2367	Louis Hatton	Wirral Ac	21:36
5	2368	Jack Heap	Wirral Ac	21:46

6	2121	Rhys Bowden	Vale Royal Ac	22:17
7	2032	James Walton	Trafford Athletic Club	22:26
8	1445	George Noble	Sale Harriers Manchester	22:30
9	2020	Luke Carrington	Trafford Athletic Club	22:36
10	2026	Jack Haworth	Trafford Athletic Club	22:37
11	647	Benjamin Hall	Horwich R M I Harriers	22:40
12	1443	J Colquhoun-Lynn	Sale Harriers Manchester	22:52
13	1527	Fintan Kehoe	Salford Harriers & AC	23:00
14	2023	Joseph Deighton	Trafford Athletic Club	23:13
15	1444	Finlay Day	Sale Harriers Manchester	23:18
16	2033	Josh Watson	Trafford Athletic Club	23:23
17	929	Tom Farrelly	Manchester Harriers & AC	23:48
18	2021	Joseph Daly	Trafford Athletic Club	24:12
19	1526	Joseph Cammish	Salford Harriers & AC	24:22
20	1577	Benjamin Knight	Salford Metropolitan AC	24:35
21	2209	Ellis Hancock	West Cheshire Athletic Club	24:35
22	2028	Benjy Metcalf	Trafford Athletic Club	24:36
23	1446	Samuel Pearce	Sale Harriers Manchester	24:50
24	2018	Francis Atkinson	Trafford Athletic Club	24:56
25	2210	Matthew McCreddie	West Cheshire Athletic Club	25:37
26	2022	Jamie Deighton	Trafford Athletic Club	25:45
27	2034	Zack Watson	Trafford Athletic Club	25:54
28	646	Ted Billington	Horwich R M I Harriers	26:10
29	1790	Oliver Thornhill	Stockport Harriers & Ac	26:11
30	2029	Edwyn Robinson	Trafford Athletic Club	28:53
31	2017	Jamie Anderton	Trafford Athletic Club	28:58
32	1789	Edward Gough	Stockport Harriers & Ac	32:21
33	1062	Aidan Pagram	Manchester Triathlon Club	33:02

Under 17 - Men -- TEAM RESULTS

1	Wirral Ac	10
		1 Alex Poulston
		4 Louis Hatton
		5 Jack Heap
2	Trafford Athletic Club	18
		2 Freddie Meredith
		7 James Walton
		9 Luke Carrington
3	Sale Harriers Manchester	35
		8 George Noble
		12 J Colquhoun-Lynn
		15 Finlay Day
4	Salford Harriers & AC	35
		3 Matthew Russell
		13 Fintan Kehoe
		19 Joseph Cammish
5	Trafford Athletic Club	'B' 40
		10 Jack Haworth
		14 Joseph Deighton
		16 Josh Watson
6	Trafford Athletic Club	'C' 64
		18 Joseph Daly
		22 Benjy Metcalf
		24 Francis Atkinson
7	Trafford Athletic Club	'D' 83
		26 Jamie Deighton
		27 Zack Watson
		30 Edwyn Robinson

Under 17 - Ladies -- FINAL RESULTS

Pos	Num	Name	Club	Time
1	2039	Freya Griffiths	Trafford Athletic Club	23:57
2	2212	Jessica Lark	West Cheshire Athletic Club	24:54

3	2373	Gabrielle Phelan	Wirral Ac	24:57
4	1671	Nia Griffin	Start2jog	25:09
5	2172	Lucie Davies	Warrington A C	25:15
6	788	Beatrix Cole	Liverpool Harriers & AC	25:17
7	59	Eleanor Nicholson	Altrincham & District AC	25:27
8	1448	Isabella Appleby	Sale Harriers Manchester	25:40
9	2374	Evie Smith	Wirral Ac	25:45
10	1535	Matilda Byrnes	Salford Harriers & AC	25:48
11	2214	Isabella Rimmer	West Cheshire Athletic Club	25:50
12	2377	Sarah Theobald	Wirral Ac	25:58
13	2375	Sarah Smith	Wirral Ac	26:02
14	853	Emma Johnson	Macclesfield Harriers & AC	26:27
15	1537	Amber Davidson	Salford Harriers & AC	27:31
16	1791	Rosie Bradshaw	Stockport Harriers & Ac	27:57
17	505	Alice Cunningham	East Cheshire Harriers & Tames	28:08
18	1452	Carmen Safranauskas	Sale Harriers Manchester	28:13
19	1449	Sophie Armitage	Sale Harriers Manchester	28:23
20	789	Emma Gittens	Liverpool Harriers & AC	28:28
21	650	Charlotte Wilkinson	Horwich R M I Harriers	28:45
22	2041	Rosa Morrello	Trafford Athletic Club	29:28
23	507	Maria Rooke	East Cheshire Harriers & Tames	30:13
24	1672	Poppy Mohan	Start2jog	30:20
25	794	Emelia Smith	Liverpool Harriers & AC	30:38
26	790	Sian Guy	Liverpool Harriers & AC	31:02
27	2042	Diana Talib	Trafford Athletic Club	31:17
28	792	McMutrie Megan	Liverpool Harriers & AC	31:36
29	649	Alice Tucker	Horwich R M I Harriers	31:48
30	1578	Charlotte Gee	Salford Metropolitan AC	32:58
31	2040	Fay Lewis	Trafford Athletic Club	34:11
32	2173	Molly Wormald	Warrington A C	35:48

Under 17 - Ladies -- TEAM RESULTS

1	Wirral Ac	24
		3 Gabrielle Phelan
		9 Evie Smith
		12 Sarah Theobald
2	Sale Harriers Manchester	45
		8 Isabella Appleby
		18 Carmen Safranauskas
		19 Sophie Armitage
3	Trafford Athletic Club	50
		1 Freya Griffiths
		22 Rosa Morrello
		27 Diana Talib
4	Liverpool Harriers & AC	51
		6 Beatrix Cole
		20 Emma Gittens
		25 Emelia Smith

Senior Ladies aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time
1	1456	Lucy Armitage	L20	1 Sale Harriers Manchester	31:49
2	959	Bethany Reid	L20	2 Manchester Metropolitan Uni	31:55
3	2382	Keira Brady-Jones	L20	3 Wirral Ac	32:49
4	797	Grace Tobin	L20	4 Liverpool Harriers & AC	33:15
5	1622	Taylor Massey	L20	5 St Helens Sutton AC	35:34
6	2218	Jodi Bemand	L20	6 West Cheshire Athletic Club	35:52
7	513	Aliesha Smith	L20	7 East Cheshire Harriers & Tames	36:30
8	2066	Lydia Throssell	L20	8 University Of Manchester	37:06
9	653	Milly Lever	L20	9 Horwich R M I Harriers	37:18
10	2384	Emma Theobald	L20	10 Wirral Ac	37:20
11	956	Scarlett Cotton	L20	11 Manchester Metropolitan Uni	39:29
12	2383	Ella Heap	L20	12 Wirral Ac	40:05

Senior Ladies aged 17 to 19 -- TEAM RESULTS

1	Wirral Ac	25
3	Keira Brady-Jones	
10	Emma Theobald	
12	Ella Heap	

Senior Ladies aged 20 to 34

Pos	Num	Name	Cat/Pos Club	Time
1	2096	Kate Moulds	Vale Royal Ac	30:49
2	1330	Beatrice Cordingley	Sale Harriers Manchester	32:02
3	2251	Rebecca Jackson	Wilmslow Running Club	33:00
4	1912	Georgia Armitage	Total Run Training	33:18
5	1961	Sarah Hudak	Trafford Athletic Club	33:26
6	1041	Emma Lally	Manchester Triathlon Club	33:29
7	1323	Laura Barber	Sale Harriers Manchester	33:36
8	322	Marta Cosp	Chorlton Runners	33:48
9	717	F Gilham	Levenshulme Runners	33:50
10	1336	Heather Hughes	Sale Harriers Manchester	34:03
11	1505	Katie Reynolds	Salford Harriers & AC	34:10
12	320	Jenny Clarke	Chorlton Runners	34:53
13	314	Rachel Brown	Chorlton Runners	34:59
14	1969	Bethany Thornton	Trafford Athletic Club	35:09
15	2190	Claire Harris	West Cheshire Athletic Club	35:16
16	1967	Sophie Ralston	Trafford Athletic Club	35:28
17	1966	Melanie Monks	Trafford Athletic Club	35:32
18	307	Francesca Bale	Chorlton Runners	35:41
19	817	Alannah Birtwistle	Macclesfield Harriers & AC	35:44
20	1227	Lucy Gleave	Running Bear	36:18
21	720	Ellie Kemp	Levenshulme Runners	36:24
22	328	Rebecca Fitzsimmons	Chorlton Runners	36:29
23	1053	Heather Statham	Manchester Triathlon Club	36:35
24	1030	Emily Coffey	Manchester Triathlon Club	36:48
25	2054	Anna Nicod	University Of Manchester	36:51
26	1334	Sarah Goulden	Sale Harriers Manchester	36:51
27	1061	Amelia Williams	Manchester Triathlon Club	37:17
28	336	Laura Jarman	Chorlton Runners	37:22
29	949	Danielle Sullivan	Manchester Metropolitan Uni	37:22
30	1056	Arame Tall-Delgado	Manchester Triathlon Club	37:23
31	1965	Kate Meeson	Trafford Athletic Club	37:31
32	1342	Catraoine McDonnell	Sale Harriers Manchester	37:34
33	718	Naomi Gray	Levenshulme Runners	37:47
34	2090	Lucy Burch	Vale Royal Ac	37:52
35	2047	Isobel Robinson	University Of Manchester	37:54
36	1956	Amy Cauley	Trafford Athletic Club	37:56
37	1891	Paris Potts	Swinton Running Club	38:03
38	980	M Glenister-Doyle	Manchester Road Runners	38:07
39	404	Rebecca Hall	Didsbury Runners	38:09
40	315	Alex Buckley	Chorlton Runners	38:13
41	1589	Siobhan Massey	St Helens Sutton AC	38:28
42	1657	Jessica Mohan	Start2jog	38:36
43	695	Kerrie Greenall	Knutsford Tri Club	38:37
44	978	Eily Donnelly	Manchester Road Runners	38:40
45	831	Shan Preece	Macclesfield Harriers & AC	38:56
46	93	Emma Kerwin	Belle Vue Racers	39:11
47	2052	Elizabeth Heslop	University Of Manchester	39:12
48	2191	Emma Nutt	West Cheshire Athletic Club	39:15
49	945	Sarah Goldswain	Manchester Metropolitan Uni	39:30
50	2143	Faith Roberts	Warrington A C	39:35
51	1928	Kelsie Johnson	Total Run Training	39:36
52	715	Anya Dreiling	Levenshulme Runners	40:13
53	1245	Olivia Tanner	Saddleworth Runners Club	40:21
54	400	Abby Edwards-Hughes	Didsbury Runners	40:29
55	1955	Ruth Beresford	Trafford Athletic Club	40:40
56	714	Nikita Berry	Levenshulme Runners	40:46

57	1091	Clara Ville	Manchester Ymca Harriers	40:48
58	1930	Laura Oldroyd	Total Run Training	40:58
59	2055	Alice Woodbridge	University Of Manchester	41:00
60	312	Eloise Billington	Chorlton Runners	41:07
61	449	Holly Waddell	Dragons Running Club (sale)	41:08
62	1054	Natasha Sutherland	Manchester Triathlon Club	41:25
63	1243	Emily Harvey	Saddleworth Runners Club	42:09
64	402	Georgina Gillot	Didsbury Runners	42:36
65	335	Tamara Hughes	Chorlton Runners	42:44
66	727	Lianne Williams	Levenshulme Runners	43:27
67	947	Charlotte Millington	Manchester Metropolitan Uni	44:30
68	324	Alys Davies	Chorlton Runners	44:33
69	2298	Christina Hodges	Winston Runners	44:45
70	1644	Helen Fairie	Start2jog	44:52
71	1050	Sarah Roberts	Manchester Triathlon Club	45:11
72	1724	Lydia Hulley	Stockport Harriers & Ac	45:23
73	2276	Emma Smith	Wilmslow Striders	45:31
74	713	Grace Bennett	Levenshulme Runners	45:35
75	725	Alice Thornton	Levenshulme Runners	45:37
76	1124	Lea Carruthers	Marple Runners	45:55
77	2299	Sarah Hooks	Winston Runners	45:57
78	1648	Kaylea Haynes	Start2jog	46:37
79	979	Briony Fagan	Manchester Road Runners	48:11
80	579	Kirsty Lang	Goyt Valley Striders	49:08
81	1567	Amy Stanley	Salford Metropolitan AC	49:10
82	1881	Fignola Alexandre	Swinton Running Club	51:30
83	96	Ellie Tee	Belle Vue Racers	57:20
84	2301	Emma Marsh	Winston Runners	1:03:33

Senior Ladies (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time
1	327	K Fitzpatrick	L35	1 Chorlton Runners	32:22
2	1559	Chloe Elliott	L35	2 Salford Metropolitan AC	33:14
3	152	Samantha Jones	L35	3 Bramhall Runners	33:16
4	1349	Sarah Saxton	L35	4 Sale Harriers Manchester	34:13
5	1968	Zoe Storr	L35	5 Trafford Athletic Club	35:24
6	1089	Rowena Leary	L35	6 Manchester Ymca Harriers	35:53
7	311	Alexa Besnard	L35	7 Chorlton Runners	37:09
8	1241	Rebecca Canaway	L35	8 Saddleworth Runners Club	38:18
9	573	Anna Aspinall	L35	9 Goyt Valley Striders	38:19
10	1027	Rachel Bowden	L35	10 Manchester Triathlon Club	38:19
11	1332	V Cordingley-Gaunt	L35	11 Sale Harriers Manchester	38:37
12	356	Roz Webster	L35	12 Chorlton Runners	38:37
13	347	Sarah Renshaw	L35	13 Chorlton Runners	38:52
14	885	Claire Naylor	L35	14 Manchester Frontrunners	39:08
15	1557	Carolyn Bradshaw	L35	15 Salford Metropolitan AC	39:51
16	2250	Frances Jackson	L35	16 Wilmslow Running Club	40:05
17	158	Laura Murphy	L35	17 Bramhall Runners	40:26
18	1588	Sarah Birkett	L35	18 St Helens Sutton AC	40:27
19	1051	Katherine Shinwell	L35	19 Manchester Triathlon Club	40:52
20	1136	Chelsea Mears-Graham	L35	20 Marple Runners	40:59
21	445	Jennifer Simpson	L35	21 Dragons Running Club (sale)	41:23
22	1210	Jodie Tinker	L35	22 Oldham & Royton H & AC	41:41
23	1032	Winton Julie De	L35	23 Manchester Triathlon Club	41:55
24	2300	Lauren Iredale	L35	24 Winston Runners	42:25
25	360	Denise Yarrow	L35	25 Chorlton Runners	42:45
26	391	Rohini Bajaj	L35	26 Didsbury Runners	43:28
27	401	Amy Franks	L35	27 Didsbury Runners	43:50
28	163	Jen Richardson	L35	28 Bramhall Runners	43:52
29	1892	Linda Wilson	L35	29 Swinton Running Club	43:56
30	394	Hanna Burgess	L35	30 Didsbury Runners	45:07
31	333	Claire Heron	L35	31 Chorlton Runners	45:32
32	1926	Shelly Hignett	L35	32 Total Run Training	46:25
33	1662	Kizzy Nitzani	L35	33 Start2jog	47:09
34	1140	Ann Richardson	L35	34 Marple Runners	48:15
35	2296	Charlotte Dean	L35	35 Winston Runners	48:21

36	340	Carly Lyes	L35	36 Chorlton Runners	49:47
37	1852	Louisa McNair	L35	37 Styal Running Club	50:18
38	1119	Laura Ahearn	L35	38 Marple Runners	50:30
39	1055	Danielle Sutton	L35	39 Manchester Triathlon Club	52:06
40	51	Claire Irons	L35	40 Altrincham & District AC	54:06
41	716	Amy Dutton	L35	41 Levenshulme Runners	54:17
42	398	Hollie Collins	L35	42 Didsbury Runners	57:15
43	2297	Hayley Evans	L35	43 Winston Runners	57:22
44	1186	Jennifer Laptew	L35	44 Middleton Harriers AC	59:15

Senior Ladies (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time
1	1504	Laura Lombard	L40	1 Salford Harriers & AC	31:34
2	2259	Nicola Reece	L40	2 Wilmslow Running Club	32:39
3	2137	Claire Andrew	L40	3 Warrington A C	33:12
4	46	Lora Blann	L40	4 Altrincham & District AC	34:43
5	481	Katie Kay	L40	5 East Cheshire Harriers & Tames	35:06
6	694	Jenny Graham	L40	6 Knutsford Tri Club	35:15
7	1927	Bethan Hughes	L40	7 Total Run Training	35:28
8	1959	Elizabeth Ellyard	L40	8 Trafford Athletic Club	35:38
9	1043	Deirdre McCarthy	L40	9 Manchester Triathlon Club	35:49
10	1562	Rebecca Lovegrove	L40	10 Salford Metropolitan AC	35:51
11	393	Laura Brown	L40	11 Didsbury Runners	35:55
12	611	Lindsey Brindle	L40	12 Horwich R M I Harriers	36:18
13	2325	Helen Kini	L40	13 Wirral Ac	36:29
14	883	Rachel Kenyon	L40	14 Manchester Frontrunners	36:31
15	1569	Alina Stepanchuk	L40	15 Salford Metropolitan AC	36:36
16	2102	Claire Thompson	L40	16 Vale Royal Ac	37:06
17	2253	Frances Kenney	L40	17 Wilmslow Running Club	37:07
18	2292	Laura Bell	L40	18 Winston Runners	37:09
19	614	Alison Mort	L40	19 Horwich R M I Harriers	38:37
20	1888	Rebecca Mills	L40	20 Swinton Running Club	38:39
21	190	Gemma Tredwell	L40	21 Buxton AC	39:41
22	906	Caroline Baba	L40	22 Manchester Harriers & AC	39:50
23	613	Helen Macdonald	L40	23 Horwich R M I Harriers	40:18
24	1339	Amelie Latham	L40	24 Sale Harriers Manchester	40:27
25	408	Helen Morgan	L40	25 Didsbury Runners	40:44
26	1142	Katrina Stephens	L40	26 Marple Runners	40:46
27	1825	Dawn Fenton	L40	27 Stockport Tri Club	40:57
28	1023	Sophie Barnett	L40	28 Manchester Triathlon Club	41:01
29	354	Alison Wainwright	L40	29 Chorlton Runners	41:17
30	146	Kim Davies	L40	30 Bramhall Runners	41:17
31	173	Karen Wileman	L40	31 Bramhall Runners	41:37
32	1851	Amy McConville	L40	32 Styal Running Club	41:43
33	918	Wendy Woodhead	L40	33 Manchester Harriers & AC	42:03
34	1134	Emma Loveridge	L40	34 Marple Runners	42:42
35	323	Ruth Cousin	L40	35 Chorlton Runners	42:45
36	412	S Williams-Maskrey	L40	36 Didsbury Runners	42:59
37	1039	Helen Hyder	L40	37 Manchester Triathlon Club	43:02
38	1885	Julie Hamilton	L40	38 Swinton Running Club	43:07
39	2306	Steph Towers	L40	39 Winston Runners	43:10
40	2309	S Woodworth-Shaw	L40	40 Winston Runners	43:50
41	1209	Elizabeth Thompson	L40	41 Oldham & Royton H & AC	44:12
42	2304	Hayley O'Hare	L40	42 Winston Runners	45:34
43	1185	Janine Jordan	L40	43 Middleton Harriers AC	45:41
44	884	Paula Medley	L40	44 Manchester Frontrunners	46:28
45	1132	Ali Holmes	L40	45 Marple Runners	46:41
46	548	Rachel Boorer	L40	46 Glossopdale Harriers	46:43
47	1203	Gail Corrigan	L40	47 Oldham & Royton H & AC	47:23
48	339	Elisabeth Lewis	L40	48 Chorlton Runners	48:07
49	319	Emma Carter	L40	49 Chorlton Runners	49:21
50	349	Jo Shuttleworth	L40	50 Chorlton Runners	49:23
51	1850	Lily Kwok	L40	51 Styal Running Club	49:59
52	86	Jennifer Crocker	L40	52 Belle Vue Racers	1:01:03
53	1638	Jennie Bradshaw	L40	53 Start2jog	1:02:01

Senior Ladies (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time
1	2257	Diane McVey	L45	1 Wilmslow Running Club	32:59
2	140	Belinda Brennan	L45	2 Bramhall Runners	34:56
3	1328	Anne Chinoy	L45	3 Sale Harriers Manchester	35:05
4	2248	Louisa Harrison	L45	4 Wilmslow Running Club	35:40
5	88	Michelle Dodds	L45	5 Belle Vue Racers	35:47
6	1341	Clare McCarron	L45	6 Sale Harriers Manchester	35:50
7	2196	Anna Woolgar	L45	7 West Cheshire Athletic Club	36:06
8	1059	Jude Wall	L45	8 Manchester Triathlon Club	36:41
9	55	Alice Welch	L45	9 Altrincham & District AC	36:44
10	2252	Sharon Johnstone	L45	10 Wilmslow Running Club	36:59
11	821	Karen Heppenstall	L45	11 Macclesfield Harriers & AC	37:04
12	618	Hayley Winder	L45	12 Horwich R M I Harriers	37:15
13	189	Katie Rolfe	L45	13 Buxton AC	37:22
14	1560	Amanda Hurndall	L45	14 Salford Metropolitan AC	37:25
15	1171	Joanna Adamson	L45	15 Middleton Harriers AC	37:35
16	49	Zoe Gmerek	L45	16 Altrincham & District AC	37:56
17	1957	Claire Chaffer	L45	17 Trafford Athletic Club	37:59
18	1889	Helen Nation	L45	18 Swinton Running Club	38:21
19	480	Karen Fleming	L45	19 East Cheshire Harriers & Tames	38:38
20	697	Pamela Thurtle	L45	20 Knutsford Tri Club	39:00
21	1735	Harriet Rimington	L45	21 Stockport Harriers & Ac	39:15
22	432	Melanie Barber	L45	22 Dragons Running Club (sale)	39:16
23	1564	Belinda Neild	L45	23 Salford Metropolitan AC	39:20
24	2247	Katy Green	L45	24 Wilmslow Running Club	39:47
25	576	Rebecca Glen	L45	25 Goyt Valley Striders	41:04
26	443	Ciara Miles	L45	26 Dragons Running Club (sale)	41:09
27	185	Joanne Cudahy	L45	27 Buxton AC	41:11
28	350	Katie Syrett	L45	28 Chorlton Runners	41:18
29	1125	Amanda Collinge	L45	29 Marple Runners	42:12
30	1914	Gaynor Beckett	L45	30 Total Run Training	42:32
31	692	Sarah Eglin	L45	31 Knutsford Tri Club	42:44
32	1337	Catherine Jones	L45	32 Sale Harriers Manchester	42:44
33	85	Karen Charters	L45	33 Belle Vue Racers	43:22
34	406	Victoria Hall	L45	34 Didsbury Runners	43:30
35	89	Lisa Donnelly	L45	35 Belle Vue Racers	43:45
36	1563	Laura Mercer	L45	36 Salford Metropolitan AC	43:49
37	405	Miranda Hall	L45	37 Didsbury Runners	43:58
38	98	Rachel Watson	L45	38 Belle Vue Racers	44:23
39	2294	Edyta Burgess	L45	39 Winston Runners	44:41
40	438	Claire Gwyer	L45	40 Dragons Running Club (sale)	44:58
41	313	Stephanie Bird	L45	41 Chorlton Runners	45:05
42	574	Julia Carter	L45	42 Goyt Valley Striders	45:14
43	887	Ruth Travis	L45	43 Manchester Frontrunners	45:25
44	358	Marlena White	L45	44 Chorlton Runners	45:50
45	1855	Caroline Stonier	L45	45 Styal Running Club	46:41
46	1650	Helen Holmes	L45	46 Start2jog	46:55
47	580	Linette Ruston	L45	47 Goyt Valley Striders	47:30
48	1639	Melanie Bullough	L45	48 Start2jog	47:47
49	444	Ceri Murray	L45	49 Dragons Running Club (sale)	48:16
50	139	Sarah Beattie	L45	50 Bramhall Runners	48:44
51	437	Jane Damerum	L45	51 Dragons Running Club (sale)	48:48
52	1021	Gillian Aspin	L45	52 Manchester Triathlon Club	49:10
53	479	Catherine Daly	L45	53 East Cheshire Harriers & Tames	49:20
54	882	Mel Johnson	L45	54 Manchester Frontrunners	49:29
55	410	Anna Thurston	L45	55 Didsbury Runners	50:15
56	2388	Joanne Egerton	L45	56 Saddleworth Runners Club	50:19
57	670	Sarah Bowman	L45	57 Hyde Village Striders	51:03
58	1135	Sarah Mears	L45	58 Marple Runners	54:15
59	2307	Kathleen Tyms	L45	59 Winston Runners	1:06:25
60	1344	Carla Ousey	L45	60 Sale Harriers Manchester	
61	2274	Jo Platt	L45	61 Wilmslow Striders	

Senior Ladies (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time
1	47	Philippa Cameron	L50	1 Altrincham & District AC	34:20
2	484	Michelle Vaughan	L50	2 East Cheshire Harriers & Tames	34:22
3	1887	Lauren Marsden	L50	3 Swinton Running Club	37:37
4	1958	Alison Drasdo	L50	4 Trafford Athletic Club	37:47
5	1558	Jaine Brocklehurst	L50	5 Salford Metropolitan AC	37:51
6	1022	Cathy Atkinson	L50	6 Manchester Triathlon Club	38:12
7	2249	Susan Harrison	L50	7 Wilmslow Running Club	38:25
8	1184	Michelle Hushion	L50	8 Middleton Harriers AC	38:31
9	2192	Eleanor Robinson	L50	9 West Cheshire Athletic Club	38:42
10	2246	Janine Ellis	L50	10 Wilmslow Running Club	38:45
11	436	Vicki Cleall	L50	11 Dragons Running Club (sale)	39:22
12	2279	Philippa Whittingham	L50	12 Wilmslow Striders	39:26
13	1141	Sandra Smith	L50	13 Marple Runners	39:36
14	1964	Rachel McDonnell	L50	14 Trafford Athletic Club	39:55
15	1730	Melanie Mather	L50	15 Stockport Harriers & Ac	40:08
16	2327	Anne Rosbottom	L50	16 Wirral Ac	40:56
17	308	Emma Banister	L50	17 Chorlton Runners	41:13
18	1128	Elise Evans	L50	18 Marple Runners	41:28
19	1719	Sarah Brown	L50	19 Stockport Harriers & Ac	42:34
20	1963	Louise Mangan	L50	20 Trafford Athletic Club	42:34
21	2194	Angela Tegg	L50	21 West Cheshire Athletic Club	42:38
22	912	Catherine Jones	L50	22 Manchester Harriers & AC	43:43
23	1180	Karen Hallett	L50	23 Middleton Harriers AC	43:54
24	321	Rachael Clegg	L50	24 Chorlton Runners	44:10
25	550	Melanie Bray	L50	25 Glossopdale Harriers	44:48
26	1561	Sharon Lightfoot	L50	26 Salford Metropolitan AC	44:55
27	915	Catherine Poole	L50	27 Manchester Harriers & AC	45:14
28	2188	Debra Bemand	L50	28 West Cheshire Athletic Club	45:21
29	409	Isabelle Qamar	L50	29 Didsbury Runners	45:40
30	90	Julia Foy	L50	30 Belle Vue Racers	46:02
31	334	Joanne Hill	L50	31 Chorlton Runners	46:13
32	2144	Sharon Taylor	L50	32 Warrington A C	46:43
33	1665	Jayne Sidebottom	L50	33 Start2jog	47:16
34	1126	Melanie Commins	L50	34 Marple Runners	48:25
35	1635	Debbie Barker	L50	35 Start2jog	49:15
36	442	Cathy McCabe	L50	36 Dragons Running Club (sale)	50:17
37	160	Diane Owens	L50	37 Bramhall Runners	53:27
38	674	Carol Kershaw	L50	38 Hyde Village Striders	54:09
39	1565	Joanna Nixon	L50	39 Salford Metropolitan AC	54:57
40	170	Helen White	L50	40 Bramhall Runners	56:33
41	155	Melanie Li	L50	41 Bramhall Runners	56:59
42	1031	Judith Coker	L50	42 Manchester Triathlon Club	57:18
43	719	Jeanette Hanley	L50	43 Levenshulme Runners	1:03:43

Senior Ladies (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	2089	Debbie Broad	L55	1 Vale Royal Ac	35:57
2	192	Tania Wilson	L55	2 Buxton AC	37:28
3	1242	Fiona Dyson	L55	3 Saddleworth Runners Club	39:28
4	886	Linda Rix	L55	4 Manchester Frontrunners	39:30
5	2193	Traci Shipley	L55	5 West Cheshire Athletic Club	39:53
6	338	Fiona Leslie	L55	6 Chorlton Runners	41:07
7	141	Andrea Buckingham	L55	7 Bramhall Runners	41:24
8	165	Breeshey Smith	L55	8 Bramhall Runners	42:36
9	671	Diane Clarke	L55	9 Hyde Village Striders	42:37
10	549	Joanne Brack	L55	10 Glossopdale Harriers	43:34
11	143	Fiona Cooke	L55	11 Bramhall Runners	44:39
12	1893	Ann Wright	L55	12 Swinton Running Club	44:44
13	343	Anne Morgan	L55	13 Chorlton Runners	44:47
14	1087	Stephanie Goodchild	L55	14 Manchester Ymca Harriers	45:03
15	551	Charmayne Brierley	L55	15 Glossopdale Harriers	45:34
16	1183	Janet Hunt	L55	16 Middleton Harriers AC	45:59
17	186	Heather Fryer-Winder	L55	17 Buxton AC	46:17
18	1188	Sandra McGrail	L55	18 Middleton Harriers AC	46:35

19	911	Helen Holme	L55	19 Manchester Harriers & AC	46:37
20	1190	Catherine Murphy	L55	20 Middleton Harriers AC	47:50
21	913	Ann McLaughlin	L55	21 Manchester Harriers & AC	47:51
22	188	Tracy Gregory	L55	22 Buxton AC	48:39
23	676	Lana Milligan	L55	23 Hyde Village Striders	49:57
24	1060	Michelle Wilder	L55	24 Manchester Triathlon Club	50:03
25	1044	Kim O'Neill	L55	25 Manchester Triathlon Club	50:21
26	909	Linda Cross	L55	26 Manchester Harriers & AC	51:14
27	1176	Kyrinda Carter-Moore	L55	27 Middleton Harriers AC	51:21
28	164	Emma Roberts	L55	28 Bramhall Runners	52:06
29	434	Deborah Barnby	L55	29 Dragons Running Club (sale)	53:36
30	448	Lucinda Summers	L55	30 Dragons Running Club (sale)	53:37
31	147	Bev Denby	L55	31 Bramhall Runners	54:47
32	1568	Amanda Stanley	L55	32 Salford Metropolitan AC	54:57
33	148	Julie Evans	L55	33 Bramhall Runners	55:06

Senior Ladies (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	615	Janet Rashleigh	L60	1 Horwich R M I Harriers	36:14
2	1331	J Cordingley	L60	2 Sale Harriers Manchester	37:17
3	827	Joanna Miles	L60	3 Macclesfield Harriers & AC	40:48
4	1120	Anna Ashton	L60	4 Marple Runners	42:28
5	54	Alison Vesey	L60	5 Altrincham & District AC	42:34
6	318	Ann Carney	L60	6 Chorlton Runners	44:34
7	171	Pauline White	L60	7 Bramhall Runners	55:35
8	1640	Diana Burns	L60	8 Start2jog	1:02:01

Senior Ladies (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	92	Annie Hirsch	L65	1 Belle Vue Racers	39:38
2	822	Ann-Marie Jones	L65	2 Macclesfield Harriers & AC	40:29
3	482	Angela Oldham	L65	3 East Cheshire Harriers & Tames	41:14
4	184	Sheila Bradley	L65	4 Buxton AC	42:40
5	1737	Helen Todd	L65	5 Stockport Harriers & Ac	42:42
6	1086	Gail Brierley	L65	6 Manchester Ymca Harriers	42:42
7	1174	Fiona Bolton	L65	7 Middleton Harriers AC	44:33
8	1960	Sue Exon	L65	8 Trafford Athletic Club	47:31
9	1655	Deborah Marchlewski	L65	9 Start2jog	55:00
10	138	Christine Adkins	L65	10 Bramhall Runners	56:59

Senior Ladies (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	1722	Alexis Dinsmor	L70	1 Stockport Harriers & Ac	50:43
2	1179	Christine Eckersley	L75	1 Middleton Harriers AC	51:26
3	2103	Carole Williams	L70	2 Vale Royal Ac	57:50
4	2261	Trevor Faulkner	L80	1 Wilmslow Running Club	1:00:06
5	1182	Ruth Hare	L70	3 Middleton Harriers AC	1:00:52

Senior Ladies -- FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	2096	Kate Moulds		Vale Royal Ac	30:49
2	1504	Laura Lombard	L40	1 Salford Harriers & AC	31:34
3	1456	Lucy Armitage	L20	1 Sale Harriers Manchester	31:49
4	959	Bethany Reid	L20	2 Manchester Metropolitan Uni	31:55
5	1330	Beatrice Cordingley		Sale Harriers Manchester	32:02
6	327	K Fitzpatrick	L35	1 Chorlton Runners	32:22
7	2259	Nicola Reece	L40	2 Wilmslow Running Club	32:39

8	2382	Keira Brady-Jones	L20	3 Wirral Ac	32:49
9	2257	Diane McVey	L45	1 Wilmslow Running Club	32:59
10	2251	Rebecca Jackson		Wilmslow Running Club	33:00
11	2137	Claire Andrew	L40	3 Warrington A C	33:12
12	1559	Chloe Elliott	L35	2 Salford Metropolitan AC	33:14
13	797	Grace Tobin	L20	4 Liverpool Harriers & AC	33:15
14	152	Samantha Jones	L35	3 Bramhall Runners	33:16
15	1912	Georgia Armitage		Total Run Training	33:18
16	1961	Sarah Hudak		Trafford Athletic Club	33:26
17	1041	Emma Lally		Manchester Triathlon Club	33:29
18	1323	Laura Barber		Sale Harriers Manchester	33:36
19	322	Marta Cosp		Chorlton Runners	33:48
20	717	F Gilham		Levenshulme Runners	33:50
21	1336	Heather Hughes		Sale Harriers Manchester	34:03
22	1505	Katie Reynolds		Salford Harriers & AC	34:10
23	1349	Sarah Saxton	L35	4 Sale Harriers Manchester	34:13
24	47	Philippa Cameron	L50	1 Altrincham & District AC	34:20
25	484	Michelle Vaughan	L50	2 East Cheshire Harriers & Tames	34:22
26	46	Lora Blann	L40	4 Altrincham & District AC	34:43
27	320	Jenny Clarke		Chorlton Runners	34:53
28	140	Belinda Brennan	L45	2 Bramhall Runners	34:56
29	314	Rachel Brown		Chorlton Runners	34:59
30	1328	Anne Chinoy	L45	3 Sale Harriers Manchester	35:05
31	481	Katie Kay	L40	5 East Cheshire Harriers & Tames	35:06
32	1969	Bethany Thornton		Trafford Athletic Club	35:09
33	694	Jenny Graham	L40	6 Knutsford Tri Club	35:15
34	2190	Claire Harris		West Cheshire Athletic Club	35:16
35	1968	Zoe Storr	L35	5 Trafford Athletic Club	35:24
36	1927	Bethan Hughes	L40	7 Total Run Training	35:28
37	1967	Sophie Ralston		Trafford Athletic Club	35:28
38	1966	Melanie Monks		Trafford Athletic Club	35:32
39	1622	Taylor Massey	L20	5 St Helens Sutton AC	35:34
40	1959	Elizabeth Ellyard	L40	8 Trafford Athletic Club	35:38
41	2248	Louisa Harrison	L45	4 Wilmslow Running Club	35:40
42	307	Francesca Bale		Chorlton Runners	35:41
43	817	Alannah Birtwistle		Macclesfield Harriers & AC	35:44
44	88	Michelle Dodds	L45	5 Belle Vue Racers	35:47
45	1043	Deirdre McCarthy	L40	9 Manchester Triathlon Club	35:49
46	1341	Clare McCarron	L45	6 Sale Harriers Manchester	35:50
47	1562	Rebecca Lovegrove	L40	10 Salford Metropolitan AC	35:51
48	2218	Jodi Bemand	L20	6 West Cheshire Athletic Club	35:52
49	1089	Rowena Leary	L35	6 Manchester Ymca Harriers	35:53
50	393	Laura Brown	L40	11 Didsbury Runners	35:55
51	2089	Debbie Broad	L55	1 Vale Royal Ac	35:57
52	2196	Anna Woolgar	L45	7 West Cheshire Athletic Club	36:06
53	615	Janet Rashleigh	L60	1 Horwich R M I Harriers	36:14
54	1227	Lucy Gleave		Running Bear	36:18
55	611	Lindsey Brindle	L40	12 Horwich R M I Harriers	36:18
56	720	Ellie Kemp		Levenshulme Runners	36:24
57	328	Rebecca Fitzsimmons		Chorlton Runners	36:29
58	2325	Helen Kini	L40	13 Wirral Ac	36:29
59	513	Aliesha Smith	L20	7 East Cheshire Harriers & Tames	36:30
60	883	Rachel Kenyon	L40	14 Manchester Frontrunners	36:31
61	1053	Heather Statham		Manchester Triathlon Club	36:35
62	1569	Alina Stepanchuk	L40	15 Salford Metropolitan AC	36:36
63	1059	Jude Wall	L45	8 Manchester Triathlon Club	36:41
64	55	Alice Welch	L45	9 Altrincham & District AC	36:44
65	1030	Emily Coffey		Manchester Triathlon Club	36:48
66	2054	Anna Nicod		University Of Manchester	36:51
67	1334	Sarah Goulden		Sale Harriers Manchester	36:51
68	2252	Sharon Johnstone	L45	10 Wilmslow Running Club	36:59
69	821	Karen Heppenstall	L45	11 Macclesfield Harriers & AC	37:04
70	2102	Claire Thompson	L40	16 Vale Royal Ac	37:06
71	2066	Lydia Throssell	L20	8 University Of Manchester	37:06
72	2253	Frances Kenney	L40	17 Wilmslow Running Club	37:07
73	2292	Laura Bell	L40	18 Winston Runners	37:09
74	311	Alexa Besnard	L35	7 Chorlton Runners	37:09
75	618	Hayley Winder	L45	12 Horwich R M I Harriers	37:15
76	1061	Amelia Williams		Manchester Triathlon Club	37:17

77	1331	J Cordingley	L60	2	Sale Harriers Manchester	37:17
78	653	Milly Lever	L20	9	Horwich R M I Harriers	37:18
79	2384	Emma Theobald	L20	10	Wirral Ac	37:20
80	336	Laura Jarman			Chorlton Runners	37:22
81	949	Danielle Sullivan			Manchester Metropolitan Uni	37:22
82	189	Katie Rolfe	L45	13	Buxton AC	37:22
83	1056	Arame Tall-Delgado			Manchester Triathlon Club	37:23
84	1560	Amanda Hurndall	L45	14	Salford Metropolitan AC	37:25
85	192	Tania Wilson	L55	2	Buxton AC	37:28
86	1965	Kate Meeson			Trafford Athletic Club	37:31
87	1342	Catraoine McDonnell			Sale Harriers Manchester	37:34
88	1171	Joanna Adamson	L45	15	Middleton Harriers AC	37:35
89	1887	Lauren Marsden	L50	3	Swinton Running Club	37:37
90	718	Naomi Gray			Levenshulme Runners	37:47
91	1958	Alison Drasdo	L50	4	Trafford Athletic Club	37:47
92	1558	Jaine Brocklehurst	L50	5	Salford Metropolitan AC	37:51
93	2090	Lucy Burch			Vale Royal Ac	37:52
94	2047	Isobel Robinson			University Of Manchester	37:54
95	49	Zoe Gmerek	L45	16	Altrincham & District AC	37:56
96	1956	Amy Cauley			Trafford Athletic Club	37:56
97	1957	Claire Chaffer	L45	17	Trafford Athletic Club	37:59
98	1891	Paris Potts			Swinton Running Club	38:03
99	980	M Glenister-Doyle			Manchester Road Runners	38:07
100	404	Rebecca Hall			Didsbury Runners	38:09
101	1022	Cathy Atkinson	L50	6	Manchester Triathlon Club	38:12
102	315	Alex Buckley			Chorlton Runners	38:13
103	1241	Rebecca Canaway	L35	8	Saddleworth Runners Club	38:18
104	573	Anna Aspinall	L35	9	Goyt Valley Striders	38:19
105	1027	Rachel Bowden	L35	10	Manchester Triathlon Club	38:19
106	1889	Helen Nation	L45	18	Swinton Running Club	38:21
107	2249	Susan Harrison	L50	7	Wilmslow Running Club	38:25
108	1589	Siobhan Massey			St Helens Sutton AC	38:28
109	1184	Michelle Hushion	L50	8	Middleton Harriers AC	38:31
110	1657	Jessica Mohan			Start2jog	38:36
111	614	Alison Mort	L40	19	Horwich R M I Harriers	38:37
112	695	Kerrie Greenall			Knutsford Tri Club	38:37
113	1332	V Cordingley-Gaunt	L35	11	Sale Harriers Manchester	38:37
114	356	Roz Webster	L35	12	Chorlton Runners	38:37
115	480	Karen Fleming	L45	19	East Cheshire Harriers & Tames	38:38
116	1888	Rebecca Mills	L40	20	Swinton Running Club	38:39
117	978	Eily Donnelly			Manchester Road Runners	38:40
118	2192	Eleanor Robinson	L50	9	West Cheshire Athletic Club	38:42
119	2246	Janine Ellis	L50	10	Wilmslow Running Club	38:45
120	347	Sarah Renshaw	L35	13	Chorlton Runners	38:52
121	831	Shan Preece			Macclesfield Harriers & AC	38:56
122	697	Pamela Thurtle	L45	20	Knutsford Tri Club	39:00
123	885	Claire Naylor	L35	14	Manchester Frontrunners	39:08
124	93	Emma Kerwin			Belle Vue Racers	39:11
125	2052	Elizabeth Heslop			University Of Manchester	39:12
126	1735	Harriet Rimington	L45	21	Stockport Harriers & Ac	39:15
127	2191	Emma Nutt			West Cheshire Athletic Club	39:15
128	432	Melanie Barber	L45	22	Dragons Running Club (sale)	39:16
129	1564	Belinda Neild	L45	23	Salford Metropolitan AC	39:20
130	436	Vicki Cleall	L50	11	Dragons Running Club (sale)	39:22
131	2279	Philippa Whittingham	L50	12	Wilmslow Striders	39:26
132	1242	Fiona Dyson	L55	3	Saddleworth Runners Club	39:28
133	956	Scarlett Cotton	L20	11	Manchester Metropolitan Uni	39:29
134	945	Sarah Goldswain			Manchester Metropolitan Uni	39:30
135	886	Linda Rix	L55	4	Manchester Frontrunners	39:30
136	2143	Faith Roberts			Warrington A C	39:35
137	1141	Sandra Smith	L50	13	Marple Runners	39:36
138	1928	Kelsie Johnson			Total Run Training	39:36
139	92	Annie Hirsch	L65	1	Belle Vue Racers	39:38
140	190	Gemma Tredwell	L40	21	Buxton AC	39:41
141	2247	Katy Green	L45	24	Wilmslow Running Club	39:47
142	906	Caroline Baba	L40	22	Manchester Harriers & AC	39:50
143	1557	Carolyn Bradshaw	L35	15	Salford Metropolitan AC	39:51
144	2193	Traci Shipley	L55	5	West Cheshire Athletic Club	39:53
145	1964	Rachel McDonnell	L50	14	Trafford Athletic Club	39:55

146	2383	Ella Heap	L20	12	Wirral Ac	40:05
147	2250	Frances Jackson	L35	16	Wilmslow Running Club	40:05
148	1730	Melanie Mather	L50	15	Stockport Harriers & Ac	40:08
149	715	Anya Dreiling			Levenshulme Runners	40:13
150	613	Helen Macdonald	L40	23	Horwich R M I Harriers	40:18
151	1245	Olivia Tanner			Saddleworth Runners Club	40:21
152	158	Laura Murphy	L35	17	Bramhall Runners	40:26
153	1339	Amelie Latham	L40	24	Sale Harriers Manchester	40:27
154	1588	Sarah Birkett	L35	18	St Helens Sutton AC	40:27
155	822	Ann-Marie Jones	L65	2	Macclesfield Harriers & AC	40:29
156	400	Abby Edwards-Hughes			Didsbury Runners	40:29
157	1955	Ruth Beresford			Trafford Athletic Club	40:40
158	408	Helen Morgan	L40	25	Didsbury Runners	40:44
159	714	Nikita Berry			Levenshulme Runners	40:46
160	1142	Katrina Stephens	L40	26	Marple Runners	40:46
161	827	Joanna Miles	L60	3	Macclesfield Harriers & AC	40:48
162	1091	Clara Ville			Manchester Ymca Harriers	40:48
163	1051	Katherine Shinwell	L35	19	Manchester Triathlon Club	40:52
164	2327	Anne Rosbottom	L50	16	Wirral Ac	40:56
165	1825	Dawn Fenton	L40	27	Stockport Tri Club	40:57
166	1930	Laura Oldroyd			Total Run Training	40:58
167	1136	Chelsea Mears-Graham	L35	20	Marple Runners	40:59
168	2055	Alice Woodbridge			University Of Manchester	41:00
169	1023	Sophie Barnett	L40	28	Manchester Triathlon Club	41:01
170	576	Rebecca Glen	L45	25	Goyt Valley Striders	41:04
171	338	Fiona Leslie	L55	6	Chorlton Runners	41:07
172	312	Eloise Billington			Chorlton Runners	41:07
173	449	Holly Waddell			Dragons Running Club (sale)	41:08
174	443	Ciara Miles	L45	26	Dragons Running Club (sale)	41:09
175	185	Joanne Cudahy	L45	27	Buxton AC	41:11
176	308	Emma Banister	L50	17	Chorlton Runners	41:13
177	482	Angela Oldham	L65	3	East Cheshire Harriers & Tames	41:14
178	354	Alison Wainwright	L40	29	Chorlton Runners	41:17
179	146	Kim Davies	L40	30	Bramhall Runners	41:17
180	350	Katie Syrett	L45	28	Chorlton Runners	41:18
181	445	Jennifer Simpson	L35	21	Dragons Running Club (sale)	41:23
182	141	Andrea Buckingham	L55	7	Bramhall Runners	41:24
183	1054	Natasha Sutherland			Manchester Triathlon Club	41:25
184	1128	Elise Evans	L50	18	Marple Runners	41:28
185	173	Karen Wileman	L40	31	Bramhall Runners	41:37
186	1210	Jodie Tinker	L35	22	Oldham & Royton H & AC	41:41
187	1851	Amy McConville	L40	32	Styal Running Club	41:43
188	1032	Winton Julie De	L35	23	Manchester Triathlon Club	41:55
189	918	Wendy Woodhead	L40	33	Manchester Harriers & AC	42:03
190	1243	Emily Harvey			Saddleworth Runners Club	42:09
191	1125	Amanda Collinge	L45	29	Marple Runners	42:12
192	2300	Lauren Iredale	L35	24	Winston Runners	42:25
193	1120	Anna Ashton	L60	4	Marple Runners	42:28
194	1914	Gaynor Beckett	L45	30	Total Run Training	42:32
195	1719	Sarah Brown	L50	19	Stockport Harriers & Ac	42:34
196	54	Alison Vesey	L60	5	Altrincham & District AC	42:34
197	1963	Louise Mangan	L50	20	Trafford Athletic Club	42:34
198	402	Georgina Gillot			Didsbury Runners	42:36
199	165	Breeshey Smith	L55	8	Bramhall Runners	42:36
200	671	Diane Clarke	L55	9	Hyde Village Striders	42:37
201	2194	Angela Tegg	L50	21	West Cheshire Athletic Club	42:38
202	184	Sheila Bradley	L65	4	Buxton AC	42:40
203	1737	Helen Todd	L65	5	Stockport Harriers & Ac	42:42
204	1134	Emma Loveridge	L40	34	Marple Runners	42:42
205	1086	Gail Brierley	L65	6	Manchester Ymca Harriers	42:42
206	692	Sarah Eglin	L45	31	Knutsford Tri Club	42:44
207	1337	Catherine Jones	L45	32	Sale Harriers Manchester	42:44
208	335	Tamara Hughes			Chorlton Runners	42:44
209	323	Ruth Cousin	L40	35	Chorlton Runners	42:45
210	360	Denise Yarrow	L35	25	Chorlton Runners	42:45
211	412	S Williams-Maskrey	L40	36	Didsbury Runners	42:59
212	1039	Helen Hyder	L40	37	Manchester Triathlon Club	43:02
213	1885	Julie Hamilton	L40	38	Swinton Running Club	43:07
214	2306	Steph Towers	L40	39	Winston Runners	43:10

215	85	Karen Charters	L45	33	Belle Vue Racers	43:22
216	727	Lianne Williams			Levenshulme Runners	43:27
217	391	Rohini Bajaj	L35	26	Didsbury Runners	43:28
218	406	Victoria Hall	L45	34	Didsbury Runners	43:30
219	549	Joanne Brack	L55	10	Glossopdale Harriers	43:34
220	912	Catherine Jones	L50	22	Manchester Harriers & AC	43:43
221	89	Lisa Donnelly	L45	35	Belle Vue Racers	43:45
222	1563	Laura Mercer	L45	36	Salford Metropolitan AC	43:49
223	2309	S Woodworth-Shaw	L40	40	Winston Runners	43:50
224	401	Amy Franks	L35	27	Didsbury Runners	43:50
225	163	Jen Richardson	L35	28	Bramhall Runners	43:52
226	1180	Karen Hallett	L50	23	Middleton Harriers AC	43:54
227	1892	Linda Wilson	L35	29	Swinton Running Club	43:56
228	405	Miranda Hall	L45	37	Didsbury Runners	43:58
229	321	Rachael Clegg	L50	24	Chorlton Runners	44:10
230	1209	Elizabeth Thompson	L40	41	Oldham & Royton H & AC	44:12
231	98	Rachel Watson	L45	38	Belle Vue Racers	44:23
232	947	Charlotte Millington			Manchester Metropolitan Uni	44:30
233	324	Alys Davies			Chorlton Runners	44:33
234	1174	Fiona Bolton	L65	7	Middleton Harriers AC	44:33
235	318	Ann Carney	L60	6	Chorlton Runners	44:34
236	143	Fiona Cooke	L55	11	Bramhall Runners	44:39
237	2294	Edyta Burgess	L45	39	Winston Runners	44:41
238	1893	Ann Wright	L55	12	Swinton Running Club	44:44
239	2298	Christina Hodges			Winston Runners	44:45
240	343	Anne Morgan	L55	13	Chorlton Runners	44:47
241	550	Melanie Bray	L50	25	Glossopdale Harriers	44:48
242	1644	Helen Fairie			Start2jog	44:52
243	1561	Sharon Lightfoot	L50	26	Salford Metropolitan AC	44:55
244	438	Claire Gwyer	L45	40	Dragons Running Club (sale)	44:58
245	1087	Stephanie Goodchild	L55	14	Manchester Ymca Harriers	45:03
246	313	Stephanie Bird	L45	41	Chorlton Runners	45:05
247	394	Hanna Burgess	L35	30	Didsbury Runners	45:07
248	1050	Sarah Roberts			Manchester Triathlon Club	45:11
249	915	Catherine Poole	L50	27	Manchester Harriers & AC	45:14
250	574	Julia Carter	L45	42	Goyt Valley Striders	45:14
251	2188	Debra Bemand	L50	28	West Cheshire Athletic Club	45:21
252	1724	Lydia Hulley			Stockport Harriers & Ac	45:23
253	887	Ruth Travis	L45	43	Manchester Frontrunners	45:25
254	2276	Emma Smith			Wilmslow Striders	45:31
255	333	Claire Heron	L35	31	Chorlton Runners	45:32
256	551	Charmayne Brierley	L55	15	Glossopdale Harriers	45:34
257	2304	Hayley O'Hare	L40	42	Winston Runners	45:34
258	713	Grace Bennett			Levenshulme Runners	45:35
259	725	Alice Thornton			Levenshulme Runners	45:37
260	409	Isabelle Qamar	L50	29	Didsbury Runners	45:40
261	1185	Janine Jordan	L40	43	Middleton Harriers AC	45:41
262	358	Marlena White	L45	44	Chorlton Runners	45:50
263	1124	Lea Carruthers			Marple Runners	45:55
264	2299	Sarah Hooks			Winston Runners	45:57
265	1183	Janet Hunt	L55	16	Middleton Harriers AC	45:59
266	90	Julia Foy	L50	30	Belle Vue Racers	46:02
267	334	Joanne Hill	L50	31	Chorlton Runners	46:13
268	186	Heather Fryer-Winder	L55	17	Buxton AC	46:17
269	1926	Shelly Hignett	L35	32	Total Run Training	46:25
270	884	Paula Medley	L40	44	Manchester Frontrunners	46:28
271	1188	Sandra McGrail	L55	18	Middleton Harriers AC	46:35
272	1648	Kaylea Haynes			Start2jog	46:37
273	911	Helen Holme	L55	19	Manchester Harriers & AC	46:37
274	1132	Ali Holmes	L40	45	Marple Runners	46:41
275	1855	Caroline Stonier	L45	45	Styal Running Club	46:41
276	2144	Sharon Taylor	L50	32	Warrington A C	46:43
277	548	Rachel Boorer	L40	46	Glossopdale Harriers	46:43
278	1650	Helen Holmes	L45	46	Start2jog	46:55
279	1662	Kizzy Nitzani	L35	33	Start2jog	47:09
280	1665	Jayne Sidebottom	L50	33	Start2jog	47:16
281	1203	Gail Corrigan	L40	47	Oldham & Royton H & AC	47:23
282	580	Linette Ruston	L45	47	Goyt Valley Striders	47:30
283	1960	Sue Exon	L65	8	Trafford Athletic Club	47:31

284	1639	Melanie Bullough	L45	48	Start2jog	47:47
285	1190	Catherine Murphy	L55	20	Middleton Harriers AC	47:50
286	913	Ann McLaughlin	L55	21	Manchester Harriers & AC	47:51
287	339	Elisabeth Lewis	L40	48	Chorlton Runners	48:07
288	979	Briony Fagan			Manchester Road Runners	48:11
289	1140	Ann Richardson	L35	34	Marple Runners	48:15
290	444	Ceri Murray	L45	49	Dragons Running Club (sale)	48:16
291	2296	Charlotte Dean	L35	35	Winston Runners	48:21
292	1126	Melanie Commins	L50	34	Marple Runners	48:25
293	188	Tracy Gregory	L55	22	Buxton AC	48:39
294	139	Sarah Beattie	L45	50	Bramhall Runners	48:44
295	437	Jane Damerum	L45	51	Dragons Running Club (sale)	48:48
296	579	Kirsty Lang			Goyt Valley Striders	49:08
297	1021	Gillian Aspin	L45	52	Manchester Triathlon Club	49:10
298	1567	Amy Stanley			Salford Metropolitan AC	49:10
299	1635	Debbie Barker	L50	35	Start2jog	49:15
300	479	Catherine Daly	L45	53	East Cheshire Harriers & Tames	49:20
301	319	Emma Carter	L40	49	Chorlton Runners	49:21
302	349	Jo Shuttleworth	L40	50	Chorlton Runners	49:23
303	882	Mel Johnson	L45	54	Manchester Frontrunners	49:29
304	340	Carly Lyes	L35	36	Chorlton Runners	49:47
305	676	Lana Milligan	L55	23	Hyde Village Striders	49:57
306	1850	Lily Kwok	L40	51	Styal Running Club	49:59
307	1060	Michelle Wilder	L55	24	Manchester Triathlon Club	50:03
308	410	Anna Thurston	L45	55	Didsbury Runners	50:15
309	442	Cathy McCabe	L50	36	Dragons Running Club (sale)	50:17
310	1852	Louisa McNair	L35	37	Styal Running Club	50:18
311	2388	Joanne Egerton	L45	56	Saddleworth Runners Club	50:19
312	1044	Kim O'Neill	L55	25	Manchester Triathlon Club	50:21
313	1119	Laura Ahearn	L35	38	Marple Runners	50:30
314	1722	Alexis Dinsmor	L70	1	Stockport Harriers & Ac	50:43
315	670	Sarah Bowman	L45	57	Hyde Village Striders	51:03
316	909	Linda Cross	L55	26	Manchester Harriers & AC	51:14
317	1176	Kyrinda Carter-Moore	L55	27	Middleton Harriers AC	51:21
318	1179	Christine Eckersley	L75	1	Middleton Harriers AC	51:26
319	1881	Fignola Alexandre			Swinton Running Club	51:30
320	164	Emma Roberts	L55	28	Bramhall Runners	52:06
321	1055	Danielle Sutton	L35	39	Manchester Triathlon Club	52:06
322	160	Diane Owens	L50	37	Bramhall Runners	53:27
323	434	Deborah Barnby	L55	29	Dragons Running Club (sale)	53:36
324	448	Lucinda Summers	L55	30	Dragons Running Club (sale)	53:37
325	51	Claire Irons	L35	40	Altrincham & District AC	54:06
326	674	Carol Kershaw	L50	38	Hyde Village Striders	54:09
327	1135	Sarah Mears	L45	58	Marple Runners	54:15
328	716	Amy Dutton	L35	41	Levenshulme Runners	54:17
329	147	Bev Denby	L55	31	Bramhall Runners	54:47
330	1565	Joanna Nixon	L50	39	Salford Metropolitan AC	54:57
331	1568	Amanda Stanley	L55	32	Salford Metropolitan AC	54:57
332	1655	Deborah Marchlewski	L65	9	Start2jog	55:00
333	148	Julie Evans	L55	33	Bramhall Runners	55:06
334	171	Pauline White	L60	7	Bramhall Runners	55:35
335	170	Helen White	L50	40	Bramhall Runners	56:33
336	155	Melanie Li	L50	41	Bramhall Runners	56:59
337	138	Christine Adkins	L65	10	Bramhall Runners	56:59
338	398	Hollie Collins	L35	42	Didsbury Runners	57:15
339	1031	Judith Coker	L50	42	Manchester Triathlon Club	57:18
340	96	Ellie Tee			Belle Vue Racers	57:20
341	2297	Hayley Evans	L35	43	Winston Runners	57:22
342	2103	Carole Williams	L70	2	Vale Royal Ac	57:50
343	1186	Jennifer Laptew	L35	44	Middleton Harriers AC	59:15
344	2261	Trevor Faulkner	L80	1	Wilmslow Running Club	1:00:06
345	1182	Ruth Hare	L70	3	Middleton Harriers AC	1:00:52
346	86	Jennifer Crocker	L40	52	Belle Vue Racers	1:01:03
347	1638	Jennie Bradshaw	L40	53	Start2jog	1:02:01
348	1640	Diana Burns	L60	8	Start2jog	1:02:01
349	2301	Emma Marsh			Winston Runners	1:03:33
350	719	Jeanette Hanley	L50	43	Levenshulme Runners	1:03:43
351	2307	Kathleen Tyms	L45	59	Winston Runners	1:06:25

352 1344 Carla Ousey
353 2274 Jo Platt

L45 60 Sale Harriers Manchester
L45 61 Wilmslow Striders

Senior Ladies -- TEAM RESULTS

1	Sale Harriers Manchester	47
	3	Lucy Armitage
	5	Beatrice Cordingley
	18	Laura Barber
	21	Heather Hughes
2	Wilmslow Running Club	67
	7	Nicola Reece
	9	Diane McVey
	10	Rebecca Jackson
	41	Louisa Harrison
3	Chorlton Runners	81
	6	K Fitzpatrick
	19	Marta Cosp
	27	Jenny Clarke
	29	Rachel Brown
4	Trafford Athletic Club	120
	16	Sarah Hudak
	32	Bethany Thornton
	35	Zoe Storr
	37	Sophie Ralston
5	Sale Harriers Manchester	'B' 166
	23	Sarah Saxton
	30	Anne Chinoy
	46	Clare McCarron
	67	Sarah Goulden
6	Manchester Triathlon Club	186
	17	Emma Lally
	45	Deirdre McCarthy
	61	Heather Statham
	63	Jude Wall
7	Salford Metropolitan AC	205
	12	Chloe Elliott
	47	Rebecca Lovegrove
	62	Alina Stepanchuk
	84	Amanda Hurndall
8	Altrincham & District AC	209
	24	Philippa Cameron
	26	Lora Blann
	64	Alice Welch
	95	Zoe Gmerek
9	Vale Royal Ac	215
	1	Kate Moulds
	51	Debbie Broad
	70	Claire Thompson
	93	Lucy Burch
10	East Cheshire Harriers & Tames	230
	25	Michelle Vaughan
	31	Katie Kay
	59	Aliesha Smith
	115	Karen Fleming
11	West Cheshire Athletic Club	252
	34	Claire Harris
	48	Jodi Bemand
	52	Anna Woolgar
	118	Eleanor Robinson
12	Chorlton Runners	'B' 253
	42	Francesca Bale
	57	Rebecca Fitzsimmons
	74	Alexa Besnard
	80	Laura Jarman
13	Trafford Athletic Club	'B' 255
	38	Melanie Monks
	40	Elizabeth Ellyard

	86	Kate Meeson
	91	Alison Drasdo
14		261
	53	Janet Rashleigh
	55	Lindsey Brindle
	75	Hayley Winder
	78	Milly Lever
15		291
	8	Keira Brady-Jones
	58	Helen Kini
	79	Emma Theobald
	146	Ella Heap
16		315
	20	F Gilham
	56	Ellie Kemp
	90	Naomi Gray
	149	Anya Dreiling
17	'B'	325
	65	Emily Coffey
	76	Amelia Williams
	83	Arame Tall-Delgado
	101	Cathy Atkinson
18		352
	4	Bethany Reid
	81	Danielle Sullivan
	133	Scarlett Cotton
	134	Sarah Goldswain
19		355
	15	Georgia Armitage
	36	Bethan Hughes
	138	Kelsie Johnson
	166	Laura Oldroyd
20		356
	66	Anna Nicod
	71	Lydia Throssell
	94	Isobel Robinson
	125	Elizabeth Heslop
21	'B'	366
	68	Sharon Johnstone
	72	Frances Kenney
	107	Susan Harrison
	119	Janine Ellis
22		373
	14	Samantha Jones
	28	Belinda Brennan
	152	Laura Murphy
	179	Kim Davies
23		388
	43	Alannah Birtwistle
	69	Karen Heppenstall
	121	Shan Preece
	155	Ann-Marie Jones
24		409
	89	Lauren Marsden
	98	Paris Potts
	106	Helen Nation
	116	Rebecca Mills
25	'C'	430
	77	J Cordingley
	87	Catraoine McDonnell
	113	V Cordingley-Gaunt
	153	Amelie Latham
26		464
	50	Laura Brown
	100	Rebecca Hall
	156	Abby Edwards-Hughes
	158	Helen Morgan
27		473
	33	Jenny Graham

		112	Kerrie Greenall
		122	Pamela Thurtle
		206	Sarah Eglin
28	Buxton AC	482	
		82	Katie Rolfe
		85	Tania Wilson
		140	Gemma Tredwell
		175	Joanne Cudahy
29	Trafford Athletic Club	'C'	495
		96	Amy Cauley
		97	Claire Chaffer
		145	Rachel McDonnell
		157	Ruth Beresford
30	Chorlton Runners	'C'	507
		102	Alex Buckley
		114	Roz Webster
		120	Sarah Renshaw
		171	Fiona Leslie
31	Belle Vue Racers	522	
		44	Michelle Dodds
		124	Emma Kerwin
		139	Annie Hirsch
		215	Karen Charters
32	Manchester Frontrunners	571	
		60	Rachel Kenyon
		123	Claire Naylor
		135	Linda Rix
		253	Ruth Travis
33	Saddleworth Runners Club	576	
		103	Rebecca Canaway
		132	Fiona Dyson
		151	Olivia Tanner
		190	Emily Harvey
34	Salford Metropolitan AC	'B'	586
		92	Jaine Brocklehurst
		129	Belinda Neild
		143	Carolyn Bradshaw
		222	Laura Mercer
35	Dragons Running Club (sale)	605	
		128	Melanie Barber
		130	Vicki Cleall
		173	Holly Waddell
		174	Ciara Miles
36	Manchester Triathlon Club	'C'	620
		105	Rachel Bowden
		163	Katherine Shinwell
		169	Sophie Barnett
		183	Natasha Sutherland
37	Marple Runners	648	
		137	Sandra Smith
		160	Katrina Stephens
		167	Chelsea Mears-Graham
		184	Elise Evans
38	Middleton Harriers AC	657	
		88	Joanna Adamson
		109	Michelle Hushion
		226	Karen Hallett
		234	Fiona Bolton
39	Manchester Ymca Harriers	661	
		49	Rowena Leary
		162	Clara Ville
		205	Gail Brierley
		245	Stephanie Goodchild
40	Stockport Harriers & Ac	672	
		126	Harriet Rimington
		148	Melanie Mather
		195	Sarah Brown
		203	Helen Todd
41	Winston Runners	702	

		73	Laura Bell
		192	Lauren Iredale
		214	Steph Towers
		223	S Woodworth-Shaw
42	Chorlton Runners	'D'	706
		172	Eloise Billington
		176	Emma Banister
		178	Alison Wainwright
		180	Katie Syrett
43	West Cheshire Athletic Clu	'B'	723
		127	Emma Nutt
		144	Traci Shipley
		201	Angela Tegg
		251	Debra Bemand
44	Bramhall Runners	'B'	791
		182	Andrea Buckingham
		185	Karen Wileman
		199	Breeshey Smith
		225	Jen Richardson
45	Manchester Harriers & AC		800
		142	Caroline Baba
		189	Wendy Woodhead
		220	Catherine Jones
		249	Catherine Poole
46	Goyt Valley Striders		806
		104	Anna Aspinall
		170	Rebecca Glen
		250	Julia Carter
		282	Linette Ruston
47	Didsbury Runners	'B'	844
		198	Georgina Gillot
		211	S Williams-Maskrey
		217	Rohini Bajaj
		218	Victoria Hall
48	Marple Runners	'B'	851
		191	Amanda Collinge
		193	Anna Ashton
		204	Emma Loveridge
		263	Lea Carruthers
49	Chorlton Runners	'E'	856
		208	Tamara Hughes
		209	Ruth Cousin
		210	Denise Yarrow
		229	Rachael Clegg
50	Levenshulme Runners	'B'	892
		159	Nikita Berry
		216	Lianne Williams
		258	Grace Bennett
		259	Alice Thornton
51	Start2jog		902
		110	Jessica Mohan
		242	Helen Fairie
		272	Kaylea Haynes
		278	Helen Holmes
52	Manchester Triathlon Club	'D'	945
		188	Winton Julie De
		212	Helen Hyder
		248	Sarah Roberts
		297	Gillian Aspin
53	Chorlton Runners	'F'	954
		233	Alys Davies
		235	Ann Carney
		240	Anne Morgan
		246	Stephanie Bird
54	Didsbury Runners	'C'	959
		224	Amy Franks
		228	Miranda Hall
		247	Hanna Burgess
		260	Isabelle Qamar

55	Glossopdale Harriers	993	
		219	Joanne Brack
		241	Melanie Bray
		256	Charmayne Brierley
		277	Rachel Boorer
56	Winston Runners	'B'	997
		237	Edyta Burgess
		239	Christina Hodges
		257	Hayley O'Hare
		264	Sarah Hooks
57	Swinton Running Club	'B'	997
		213	Julie Hamilton
		227	Linda Wilson
		238	Ann Wright
		319	Fignola Alexandre
58	Dragons Running Club (sale	'B'	1010
		181	Jennifer Simpson
		244	Claire Gwyer
		290	Ceri Murray
		295	Jane Damerum
59	Belle Vue Racers	'B'	1058
		221	Lisa Donnelly
		231	Rachel Watson
		266	Julia Foy
		340	Ellie Tee
60	Chorlton Runners	'G'	1071
		255	Claire Heron
		262	Marlena White
		267	Joanne Hill
		287	Elisabeth Lewis
61	Styal Running Club		1078
		187	Amy McConville
		275	Caroline Stonier
		306	Lily Kwok
		310	Louisa McNair
62	Middleton Harriers AC	'B'	1082
		261	Janine Jordan
		265	Janet Hunt
		271	Sandra McGrail
		285	Catherine Murphy
63	Start2jog	'B'	1142
		279	Kizzy Nitzani
		280	Jayne Sidebottom
		284	Melanie Bullough
		299	Debbie Barker
64	Hyde Village Striders		1146
		200	Diane Clarke
		305	Lana Milligan
		315	Sarah Bowman
		326	Carol Kershaw
65	Marple Runners	'C'	1168
		274	Ali Holmes
		289	Ann Richardson
		292	Melanie Commins
		313	Laura Ahearn
66	Bramhall Runners	'C'	1172
		236	Fiona Cooke
		294	Sarah Beattie
		320	Emma Roberts
		322	Diane Owens
67	Salford Metropolitan AC	'C'	1202
		243	Sharon Lightfoot
		298	Amy Stanley
		330	Joanna Nixon
		331	Amanda Stanley
68	Manchester Triathlon Club	'E'	1279
		307	Michelle Wilder
		312	Kim O'Neill
		321	Danielle Sutton

	339	Judith Coker
69 Middleton Harriers AC	'C'	1323
	317	Kyrinda Carter-Moore
	318	Christine Eckersley
	343	Jennifer Laptew
	345	Ruth Hare
70 Bramhall Runners	'D'	1331
	329	Bev Denby
	333	Julie Evans
	334	Pauline White
	335	Helen White
71 Winston Runners	'C'	1332
	291	Charlotte Dean
	341	Hayley Evans
	349	Emma Marsh
	351	Kathleen Tyms

Senior Ladies (Vets) -- TEAM RESULTS

1	Wilmslow Running Club	26
	3	Nicola Reece
	4	Diane McVey
2	Sale Harriers Manchester	43
	8	Sarah Saxton
	13	Anne Chinoy
	22	Clare McCarron
3	Altrincham & District AC	54
	9	Philippa Cameron
	11	Lora Blann
	34	Alice Welch
4	Salford Metropolitan AC	61
	6	Chloe Elliott
	23	Rebecca Lovegrove
	32	Alina Stepanchuk
5	Trafford Athletic Club	82
	16	Zoe Storr
	18	Elizabeth Ellyard
	48	Alison Drasdo
6	East Cheshire Harriers & Tames	86
	10	Michelle Vaughan
	14	Katie Kay
	62	Karen Fleming
7	Horwich R M I Harriers	98
	28	Janet Rashleigh
	29	Lindsey Brindle
	41	Hayley Winder
8	Chorlton Runners	103
	2	K Fitzpatrick
	40	Alexa Besnard
	61	Roz Webster
9	Manchester Triathlon Club	106
	21	Deirdre McCarthy
	33	Jude Wall
	52	Cathy Atkinson
10	Bramhall Runners	106
	7	Samantha Jones
	12	Belinda Brennan
	87	Laura Murphy
11	Wilmslow Running Club	'B'
		130
	35	Sharon Johnstone
	38	Frances Kenney
	57	Susan Harrison
12	Salford Metropolitan AC	'B'
		164
	44	Amanda Hurndall
	49	Jaine Brocklehurst
	71	Belinda Neild

13	Swinton Running Club	166
		47 Lauren Marsden
		56 Helen Nation
		63 Rebecca Mills
14	Buxton AC	166
		43 Katie Rolfe
		45 Tania Wilson
		78 Gemma Tredwell
15	West Cheshire Athletic Club	173
		27 Anna Woolgar
		64 Eleanor Robinson
		82 Traci Shipley
16	Manchester Frontrunners	174
		31 Rachel Kenyon
		68 Claire Naylor
		75 Linda Rix
17	Sale Harriers Manchester	'B' 190
		42 J Cordingley
		60 V Cordingley-Gaunt
		88 Amelie Latham
18	Knutsford Tri Club	212
		15 Jenny Graham
		67 Pamela Thurtle
		130 Sarah Eglin
19	Macclesfield Harriers & AC	219
		36 Karen Heppenstall
		90 Ann-Marie Jones
		93 Joanna Miles
20	Wilmslow Running Club	'C' 228
		65 Janine Ellis
		79 Katy Green
		84 Frances Jackson
21	Belle Vue Racers	235
		20 Michelle Dodds
		77 Annie Hirsch
		138 Karen Charters
22	Dragons Running Club (sale)	243
		70 Melanie Barber
		72 Vicki Cleall
		101 Ciara Miles
23	Manchester Triathlon Club	'B' 247
		55 Rachel Bowden
		94 Katherine Shinwell
		98 Sophie Barnett
24	Didsbury Runners	250
		25 Laura Brown
		91 Helen Morgan
		134 S Williams-Maskrey
25	Middleton Harriers AC	252
		46 Joanna Adamson
		58 Michelle Hushion
		148 Karen Hallett
26	Trafford Athletic Club	'B' 256
		51 Claire Chaffer
		83 Rachel McDonnell
		122 Louise Mangan
27	Marple Runners	265
		76 Sandra Smith
		92 Katrina Stephens
		97 Chelsea Mears-Graham
28	Chorlton Runners	'B' 269
		66 Sarah Renshaw
		100 Fiona Leslie
		103 Emma Banister
29	Stockport Harriers & Ac	274
		69 Harriet Rimington
		85 Melanie Mather
		120 Sarah Brown
30	Winston Runners	293

	39	Laura Bell
	117	Lauren Iredale
	137	Steph Towers
31		Vale Royal Ac 310
	26	Debbie Broad
	37	Claire Thompson
	247	Carole Williams
32		Manchester Ymca Harriers 316
	24	Rowena Leary
	129	Gail Brierley
	163	Stephanie Goodchild
33		Total Run Training 316
	17	Bethan Hughes
	119	Gaynor Beckett
	180	Shelly Hignett
34		Goyt Valley Striders 320
	54	Anna Aspinall
	99	Rebecca Glen
	167	Julia Carter
35		Bramhall Runners 'B' 326
	106	Kim Davies
	109	Andrea Buckingham
	111	Karen Wileman
36		Manchester Harriers & AC 337
	80	Caroline Baba
	115	Wendy Woodhead
	142	Catherine Jones
37		Marple Runners 'B' 344
	110	Elise Evans
	116	Amanda Collinge
	118	Anna Ashton
38		Chorlton Runners 'C' 344
	105	Alison Wainwright
	107	Katie Syrett
	132	Ruth Cousin
39		Saddleworth Runners Club 345
	53	Rebecca Canaway
	74	Fiona Dyson
	218	Joanne Egerton
40		Salford Metropolitan AC 'C' 386
	81	Carolyn Bradshaw
	144	Laura Mercer
	161	Sharon Lightfoot
41		Altrincham & District AC 'B' 402
	50	Zoe Gmerek
	121	Alison Vesey
	231	Claire Irons
42		Buxton AC 'B' 407
	102	Joanne Cudahy
	126	Sheila Bradley
	179	Heather Fryer-Winder
43		Didsbury Runners 'B' 425
	139	Rohini Bajaj
	140	Victoria Hall
	146	Amy Franks
44		Bramhall Runners 'C' 426
	123	Breeshey Smith
	147	Jen Richardson
	156	Fiona Cooke
45		Chorlton Runners 'D' 439
	133	Denise Yarrow
	151	Rachael Clegg
	155	Ann Carney
46		Swinton Running Club 'B' 443
	136	Julie Hamilton
	149	Linda Wilson
	158	Ann Wright
47		Manchester Triathlon Club 'C' 454
	114	Winton Julie De

	135	Helen Hyder
	205	Gillian Aspin
48 Oldham & Royton H & AC	455	
	112	Jodie Tinker
	152	Elizabeth Thompson
	191	Gail Corrigan
49 Dragons Running Club (sale 'B')	469	
	108	Jennifer Simpson
	162	Claire Gwyer
	199	Ceri Murray
50 Glossopdale Harriers	472	
	141	Joanne Brack
	160	Melanie Bray
	171	Charmayne Brierley
51 Belle Vue Racers	'B' 473	
	143	Lisa Donnelly
	153	Rachel Watson
	177	Julia Foy
52 Winston Runners	'B' 474	
	145	S Woodworth-Shaw
	157	Edyta Burgess
	172	Hayley O'Hare
53 Didsbury Runners	'C' 488	
	150	Miranda Hall
	165	Hanna Burgess
	173	Isabelle Qamar
54 Chorlton Runners	'E' 493	
	159	Anne Morgan
	164	Stephanie Bird
	170	Claire Heron
55 Middleton Harriers AC	'B' 504	
	154	Fiona Bolton
	174	Janine Jordan
	176	Janet Hunt
56 Marple Runners	'C' 510	
	128	Emma Loveridge
	184	Ali Holmes
	198	Ann Richardson
57 Styal Running Club	511	
	113	Amy McConville
	185	Caroline Stonier
	213	Lily Kwok
58 Manchester Harriers & AC	'B' 545	
	166	Catherine Poole
	183	Helen Holme
	196	Ann McLaughlin
59 Chorlton Runners	'F' 550	
	175	Marlena White
	178	Joanne Hill
	197	Elisabeth Lewis
60 Hyde Village Striders	558	
	124	Diane Clarke
	212	Lana Milligan
	222	Sarah Bowman
61 Manchester Frontrunners	'B' 560	
	169	Ruth Travis
	181	Paula Medley
	210	Mel Johnson
62 Start2jog	567	
	188	Helen Holmes
	189	Kizzy Nitzani
	190	Jayne Sidebottom
63 Middleton Harriers AC	'C' 601	
	182	Sandra McGrail
	195	Catherine Murphy
	224	Kyrinda Carter-Moore
64 Chorlton Runners	'G' 628	
	208	Emma Carter
	209	Jo Shuttleworth

		211	Carly Lyes
65	Start2jog	'B'	638
		194	Melanie Bullough
		206	Debbie Barker
		238	Deborah Marchlewski
66	Dragons Running Club (sale	'C'	649
		204	Jane Damerum
		216	Cathy McCabe
		229	Deborah Barnby
67	Marple Runners	'D'	654
		201	Melanie Commins
		220	Laura Ahearn
		233	Sarah Mears
68	Bramhall Runners	'D'	657
		203	Sarah Beattie
		226	Emma Roberts
		228	Diane Owens
69	Manchester Triathlon Club	'D'	660
		214	Michelle Wilder
		219	Kim O'Neill
		227	Danielle Sutton
70	Winston Runners	'C'	701
		200	Charlotte Dean
		246	Hayley Evans
		255	Kathleen Tyms
71	Bramhall Runners	'E'	714
		235	Bev Denby
		239	Julie Evans
		240	Pauline White
72	Middleton Harriers AC	'D'	723
		225	Christine Eckersley
		248	Jennifer Laptew
		250	Ruth Hare
73	Bramhall Runners	'F'	726
		241	Helen White
		242	Melanie Li
		243	Christine Adkins

Senior Ladies - Men over 70 (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
	1	2261	Trevor Faulkner	L80 1 Wilmslow Running Club	1:00:06

Senior Ladies - Men over 70 -- TEAM RESULTS

No complete teams

Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time
	1	2378	Ethan Brady-Jones	U20 1 Wirral Ac	33:14
	2	3006	\$Sam Gilson	U20 2 Rotherham Harriers And AC	33:25
	3	2057	Callum Broadbent	U20 3 University Of Manchester	34:21
	4	651	Isaac Battye	U20 4 Horwich R M I Harriers	34:25
	5	930	Joseph Farrelly	U20 5 Manchester Harriers & AC	34:37
	6	2060	Louis Hudson	U20 6 University Of Manchester	35:01
	7	2056	Hamish Barry	U20 7 University Of Manchester	35:27
	8	3004	\$R Evans	U20 8 Windsor Slough Eton & Hounslow	35:44
	9	2381	William Sutcliffe	U20 9 Wirral Ac	35:46
	10	2215	Sammy Hollins	U20 10 West Cheshire Athletic Club	35:57
	11	509	Michael Obi	U20 11 East Cheshire Harriers & Thames	36:28
	12	1796	Jack Catterall	U20 12 Stockport Harriers & Ac	37:47
	13	2043	Matthew Bawtree	U20 13 Trafford Athletic Club	38:11

14	1223	Connor Walsh	U20	14 Oldham & Royton H & AC	38:29
15	953	Martin Lacan	U20	15 Manchester Metropolitan Uni	38:31
16	2061	Josh Morgan	U20	16 University Of Manchester	39:22
17	2058	Harvey Drew	U20	17 University Of Manchester	39:36
18	1618	Michael Brussels	U20	18 St Helens Sutton AC	40:05
19	1147	Matthew Furniss	U20	19 Marple Runners	40:49
20	2059	Benjamin Hopkinson	U20	20 University Of Manchester	41:47
21	1619	Joseph Byrne	U20	21 St Helens Sutton AC	43:19
22	2046	George Wright	U20	22 Trafford Athletic Club	43:52
23	510	Tobias Walsh	U20	23 East Cheshire Harriers & Tames	46:16
24	954	Tobias Sze	U20	24 Manchester Metropolitan Uni	47:22

Senior Men aged 17 to 19 -- TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	University Of Manchester	13
		2 Callum Broadbent
		5 Louis Hudson
		6 Hamish Barry
2	University Of Manchester	'B' 47
		14 Josh Morgan
		15 Harvey Drew
		18 Benjamin Hopkinson

Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time	
	1	1494		Callum Rowlinson	Salford Harriers & AC	31:56
	2	1253		Nicholas Barry	Sale Harriers Manchester	32:24
	3	599		Joe Mercer	Horwich R M I Harriers	32:41
	4	1502		Ryan Worland	Salford Harriers & AC	32:55
	5	467		Joseph Hudak	East Cheshire Harriers & Tames	33:30
	6	1470		Will Beauchamp	Salford Harriers & AC	33:31
	7	590		Luke Foley	Horwich R M I Harriers	33:33
	8	1945		Harry Sinclair	Trafford Athletic Club	33:38
	9	456		Gavin Browne	East Cheshire Harriers & Tames	33:38
	10	1280		Joseph Godwood	Sale Harriers Manchester	33:51
	11	728		Tamim Alkuwari	Liverpool Harriers & AC	33:58
	12	1257		Alex Bradford	Sale Harriers Manchester	34:42
	13	234		Matthew Devlin	Chorlton Runners	34:44
	14	1690		Ciaran Ferris	Stockport Harriers & Ac	34:45
	15	1940		Stephen Lunn	Trafford Athletic Club	34:48
	16	1249		Sam Aspinwall	Sale Harriers Manchester	34:57
	17	230		Sean Cannon	Chorlton Runners	35:16
	18	1941		Michael Melarkey	Trafford Athletic Club	35:16
	19	1466		Scott Matthews	Salford Harriers & AC	35:18
	20	259		Jonathan Lancaster	Chorlton Runners	35:19
	21	296		Gareth Turner	Chorlton Runners	35:20
	22	1938		Alex Jones	Trafford Athletic Club	35:24
	23	1485		Callum Jones	Salford Harriers & AC	35:29
	24	2048		William Burton	University Of Manchester	35:32
	25	585		Simon Bruton	Horwich R M I Harriers	35:33
	26	1318		Nicholas Tynan	Sale Harriers Manchester	35:35
	27	117		Robin Hulme	Bramhall Runners	35:51
	28	1497		Adam Slodowicz	Salford Harriers & AC	36:09
	29	1701		Greg Kelly	Stockport Harriers & Ac	36:10
	30	686		Dan Harbridge	Knutsford Tri Club	36:11
	31	212		Oliver Bernstein	Chorlton Runners	36:12
	32	4		Michael Berks	Altrincham & District AC	36:18
	33	1717		Adam Thompson	Stockport Harriers & Ac	36:23
	34	457		Liam Browne	East Cheshire Harriers & Tames	36:25
	35	660		Michael Harris	Hyde Village Striders	36:25
	36	584		Jonathan Bruton	Horwich R M I Harriers	36:37
	37	13		Adam Gooch	Altrincham & District AC	36:38

38	1479	Grant Gunn-Anderson	Salford Harriers & AC	36:46
39	465	Michael Holness	East Cheshire Harriers & Tames	36:48
40	374	Meng Leong	Didsbury Runners	36:54
41	1543	Khaleb Djesa	Salford Metropolitan AC	37:00
42	1911	Richard Williams	Total Run Training	37:00
43	1272	Robert Dunn	Sale Harriers Manchester	37:01
44	3	Matthew Beacock	Altrincham & District AC	37:07
45	1544	Ben Farrelly	Salford Metropolitan AC	37:11
46	1287	Ken Hunt	Sale Harriers Manchester	37:20
47	1948	Matthew Sutton	Trafford Athletic Club	37:20
48	962	Nicholas Crisp	Manchester Road Runners	37:21
49	1267	Andrew Curvis	Sale Harriers Manchester	37:24
50	369	Matthew Gittins	Didsbury Runners	37:28
51	235	Martin Dickson	Chorlton Runners	37:35
52	1266	D Cordingley-Gaunt	Sale Harriers Manchester	37:37
53	274	Jonathan O'Donnell	Chorlton Runners	37:38
54	984	Sam Barratt	Manchester Triathlon Club	37:40
55	1306	Ben Rees	Sale Harriers Manchester	37:45
56	941	Harry Read	Manchester Metropolitan Uni	37:46
57	1897	David Burgess	Total Run Training	37:48
58	996	Nikolas Heinloth	Manchester Triathlon Club	37:50
59	476	Jacob Taylor	East Cheshire Harriers & Tames	37:53
60	299	Chris Ward	Chorlton Runners	37:54
61	279	Russell Price	Chorlton Runners	37:56
62	2185	Paul Morrison	West Cheshire Athletic Club	38:03
63	1082	Philip Tomkinson	Manchester Ymca Harriers	38:09
64	460	James Fishlock	East Cheshire Harriers & Tames	38:14
65	225	Luke Carter	Chorlton Runners	38:17
66	2130	Daniel Schofield	Warrington A C	38:19
67	77	Thomas Rogers	Belle Vue Racers	38:28
68	1315	Chris Tait	Sale Harriers Manchester	38:28
69	2239	James Speedie	Wilmslow Running Club	38:38
70	940	Mark Lioyd	Manchester Metropolitan Uni	38:38
71	701	Rob Cleaver	Levenshulme Runners	38:39
72	1474	Robert Clarke	Salford Harriers & AC	38:45
73	2049	Jude Bush	University Of Manchester	38:49
74	1486	Archie Jones	Salford Harriers & AC	39:09
75	211	Tom Beasant	Chorlton Runners	39:17
76	965	Thomas Grime	Manchester Road Runners	39:18
77	968	Thomas Lewis	Manchester Road Runners	39:20
78	1692	Alec Francis	Stockport Harriers & Ac	39:21
79	806	Daniel Leng	Macclesfield Harriers & AC	39:52
80	1498	Paul Stephens	Salford Harriers & AC	39:57
81	2311	William Ferguson	Wirral Ac	40:08
82	1255	Torrin Blazeby	Sale Harriers Manchester	40:09
83	1864	Edmund Bishanga	Swinton Running Club	40:13
84	873	Blair Paterson	Manchester Frontrunners	40:15
85	691	Chris Walton	Knutsford Tri Club	40:18
86	963	Sam Dawes	Manchester Road Runners	40:18
87	2050	Joe Knox	University Of Manchester	40:22
88	711	Thomas Worthington	Levenshulme Runners	40:23
89	2270	Peter Williams	Wilmslow Striders	40:28
90	76	Ross Pettigrew	Belle Vue Racers	40:29
91	961	Robert Cook	Manchester Road Runners	40:30
92	964	Steven Duckett	Manchester Road Runners	40:41
93	2226	Markus Dalgaard	Wilmslow Running Club	40:42
94	385	Daniel Scotson	Didsbury Runners	40:46
95	471	Daniel Kenny	East Cheshire Harriers & Tames	40:50
96	966	D Harrison-Croft	Manchester Road Runners	41:08
97	2051	Dam George Van	University Of Manchester	41:08
98	227	Justin Cleary	Chorlton Runners	41:10
99	79	Tom Saunders	Belle Vue Racers	41:16
100	387	Olly Smith	Didsbury Runners	41:17
101	283	Andrew Robertson	Chorlton Runners	41:36
102	1542	David Cornes	Salford Metropolitan AC	41:38
103	1196	Sam Davies	Oldham & Royton H & AC	41:42
104	1063	Daniel Bailey	Manchester Ymca Harriers	41:53
105	1161	Andrew Ndlovu	Middleton Harriers AC	41:58
106	1291	Simon Latham	Sale Harriers Manchester	42:03

107	1064	Andrew Bowler	Manchester Ymca Harriers	42:04
108	1707	Rob McMurdo	Stockport Harriers & Ac	42:20
109	698	Nicholas Barton	Levenshulme Runners	42:24
110	994	Greg Godley	Manchester Triathlon Club	42:25
111	1065	Richard Brierley	Manchester Ymca Harriers	42:35
112	35	A Paton-Crockett	Altrincham & District AC	42:36
113	1170	Leon Wint	Middleton Harriers AC	42:41
114	1254	George Birss	Sale Harriers Manchester	42:43
115	223	Adam Burnett	Chorlton Runners	42:49
116	967	Ryan Lench	Manchester Road Runners	42:57
117	527	Alex Hill	Glossopdale Harriers	43:13
118	206	Tom Almond	Chorlton Runners	43:20
119	295	Andrew Tongue	Chorlton Runners	43:22
120	705	Russell Scott	Levenshulme Runners	43:24
121	252	Ben Hobson	Chorlton Runners	43:26
122	253	Keith Holman	Chorlton Runners	43:26
123	995	Chris Hay	Manchester Triathlon Club	43:33
124	987	Kenny Cliffe	Manchester Triathlon Club	43:34
125	710	William White	Levenshulme Runners	43:35
126	368	H Galletta-Williams	Didsbury Runners	43:43
127	65	Matthew Coyne	Belle Vue Racers	43:44
128	1697	Ronan Harkin	Stockport Harriers & Ac	44:07
129	1019	Peter Traynor	Manchester Triathlon Club	44:24
130	665	Michael Monaghan	Hyde Village Striders	44:35
131	1903	Ed Keany	Total Run Training	44:38
132	879	Alastair Woodford	Manchester Frontrunners	44:39
133	382	Richard Norris	Didsbury Runners	45:00
134	1264	Jason Chu	Sale Harriers Manchester	45:03
135	986	Thomas Cassidy	Manchester Triathlon Club	45:18
136	418	Phill Edwards	Dragons Running Club (sale)	45:20
137	396	Martin Carolan	Didsbury Runners	45:30
138	224	Andrew Carlson	Chorlton Runners	45:31
139	1070	Samuel Gilmore	Manchester Ymca Harriers	45:35
140	229	Nicholas Colwill	Chorlton Runners	45:45
141	1879	Stephen Thorpe	Swinton Running Club	46:11
142	1169	John Weaver	Middleton Harriers AC	46:13
143	699	T Boyesen-Corballis	Levenshulme Runners	46:37
144	872	Jordan Millar	Manchester Frontrunners	46:49
145	376	Mike Lloyd	Didsbury Runners	46:55
146	1702	Jonathan Laver	Stockport Harriers & Ac	46:55
147	876	Liam Spencer	Manchester Frontrunners	47:40
148	1083	Liam Ward	Manchester Ymca Harriers	47:41
149	875	Edward Roberts	Manchester Frontrunners	47:42
150	974	Ben Turner	Manchester Road Runners	47:55
151	1624	Nick Grayson	Start2jog	48:11
152	107	Benjamin Edmonds	Bramhall Runners	48:50
153	242	William Franks	Chorlton Runners	49:04
154	1554	Ryan Skeer	Salford Metropolitan AC	49:33
155	237	Rob Donald	Chorlton Runners	50:04
156	384	Hilmi Paksoy	Didsbury Runners	50:12
157	543	Pete Tomlin	Glossopdale Harriers	50:36
158	2284	Paul Muldoon	Winston Runners	51:30
159	2267	Matthew Hetherington	Wilmslow Striders	54:25
160	1627	Robert Maidstone	Start2jog	55:14

Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time
1	232	Steven Curley	V40	1 Chorlton Runners	32:49
2	254	Dean Hughes	V40	2 Chorlton Runners	33:50
3	32	David Norman	V40	3 Altrincham & District AC	34:02
4	284	James Savage	V40	4 Chorlton Runners	34:05
5	2225	Richard Coen	V40	5 Wilmslow Running Club	34:15
6	288	Matthew Shaw	V40	6 Chorlton Runners	34:22
7	1487	Bruno Lima	V40	7 Salford Harriers & AC	34:36
8	1194	David Carroll	V40	8 Oldham & Royton H & AC	35:05
9	1237	Vincent Jubbs	V40	9 Saddleworth Runners Club	35:13

10	1501	Chris Webb	V40	10 Salford Harriers & AC	35:23
11	466	Robin Horner	V40	11 East Cheshire Harriers & Tames	35:59
12	888	Simon Bareford	V40	12 Manchester Harriers & AC	36:26
13	1813	Carl Krystek	V40	13 Stockport Tri Club	36:27
14	2071	Mark Crabtree	V40	14 Vale Royal Ac	36:51
15	28	Tom Moseley	V40	15 Altrincham & District AC	36:52
16	1012	Aaron Saxton	V40	16 Manchester Triathlon Club	36:59
17	105	Matt Darnley	V40	17 Bramhall Runners	37:17
18	1808	James Garner	V40	18 Stockport Tri Club	37:31
19	1151	Jorden Burke	V40	19 Middleton Harriers AC	37:52
20	1314	Tom Stephenson	V40	20 Sale Harriers Manchester	37:52
21	245	Patrick Goodrich	V40	21 Chorlton Runners	38:13
22	424	Colin Latham	V40	22 Dragons Running Club (sale)	38:34
23	1288	Tim Kennedy	V40	23 Sale Harriers Manchester	38:43
24	1581	Chris Birkett	V40	24 St Helens Sutton AC	38:44
25	81	Vic Walsh	V40	25 Belle Vue Racers	38:46
26	36	James Pattison	V40	26 Altrincham & District AC	38:51
27	1312	Jon Smalley	V40	27 Sale Harriers Manchester	39:04
28	523	Frank Hamilton	V40	28 Glossopdale Harriers	39:30
29	1011	Graham Rands	V40	29 Manchester Triathlon Club	39:32
30	540	Rick Steckles	V40	30 Glossopdale Harriers	39:58
31	708	Steve Tappenden	V40	31 Levenshulme Runners	40:18
32	120	Chris Kershaw	V40	32 Bramhall Runners	40:34
33	2233	Mark Kirkby	V40	33 Wilmslow Running Club	40:40
34	44	Neil Walker	V40	34 Altrincham & District AC	41:00
35	415	Graham Brownhill	V40	35 Dragons Running Club (sale)	41:03
36	300	Guy Weaver	V40	36 Chorlton Runners	41:13
37	1252	Paul Barrett	V40	37 Sale Harriers Manchester	41:25
38	25	Stephane Laffly	V40	38 Altrincham & District AC	41:31
39	258	Eamonn Keogh	V40	39 Chorlton Runners	41:46
40	1872	Richard Jackson	V40	40 Swinton Running Club	41:51
41	898	Alex Masidlover	V40	41 Manchester Harriers & AC	41:55
42	541	Daniel Stinton	V40	42 Glossopdale Harriers	42:07
43	1687	Peter Dean	V40	43 Stockport Harriers & Ac	42:17
44	866	Steve Hatton	V40	44 Manchester Frontrunners	42:53
45	462	James Hartshorne	V40	45 East Cheshire Harriers & Tames	43:12
46	1682	Ambrose Choy	V40	46 Stockport Harriers & Ac	43:23
47	999	Richard Hyder	V40	47 Manchester Triathlon Club	43:29
48	1159	Stephen Lowe	V40	48 Middleton Harriers AC	43:29
49	1810	Robert Heathcote	V40	49 Stockport Tri Club	43:29
50	1838	Michael McLaughlin	V40	50 Styal Running Club	43:31
51	1546	David Hughes	V40	51 Salford Metropolitan AC	43:39
52	375	Dan Levin	V40	52 Didsbury Runners	44:01
53	684	John Goggins	V40	53 Knutsford Tri Club	44:06
54	367	Matt Farr	V40	54 Didsbury Runners	44:13
55	373	Andrew Knox	V40	55 Didsbury Runners	44:57
56	1000	Abraham Ingersoll	V40	56 Manchester Triathlon Club	44:57
57	388	Ben Stredder	V40	57 Didsbury Runners	45:38
58	1868	Michael Donigan	V40	58 Swinton Running Club	45:39
59	991	Chris Evans	V40	59 Manchester Triathlon Club	45:56
60	2287	Michael Thompstone	V40	60 Winston Runners	46:31
61	2269	Andrew Tomlinson	V40	61 Wilmslow Striders	46:46
62	221	David Brocklebank	V40	62 Chorlton Runners	47:02
63	255	Etienne Humphries	V40	63 Chorlton Runners	47:44
64	1812	Martyn Jones	V40	64 Stockport Tri Club	47:45
65	1585	Martin Johnson	V40	65 St Helens Sutton AC	48:01
66	897	Casey Longden	V40	66 Manchester Harriers & AC	48:20
67	68	Sam Hutchinson	V40	67 Belle Vue Racers	50:04
68	78	Ian Rowbottom	V40	68 Belle Vue Racers	51:47

Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time
1	2238	Peter Speake	V45	1 Wilmslow Running Club	33:53
2	2316	James Mackie	V45	2 Wirral Ac	35:28
3	1678	Mark Burton	V45	3 Stockport Harriers & Ac	35:31
4	247	Andrew Haney	V45	4 Chorlton Runners	35:32

5	1297	Stephen McCarron	V45	5 Sale Harriers Manchester	35:39
6	2220	Barry Archbold	V45	6 Wilmslow Running Club	35:59
7	474	Gareth Raven	V45	7 East Cheshire Harriers & Tames	36:04
8	2183	Neil Finegan	V45	8 West Cheshire Athletic Club	36:39
9	1704	David Maher	V45	9 Stockport Harriers & Ac	36:45
10	1313	Matthew Spragg	V45	10 Sale Harriers Manchester	36:58
11	608	James Titmuss	V45	11 Horwich R M I Harriers	37:01
12	1943	Jeff Prest	V45	12 Trafford Athletic Club	37:01
13	240	Tim Fletcher	V45	13 Chorlton Runners	37:07
14	26	Richard Lane	V45	14 Altrincham & District AC	37:23
15	667	Nathan Poulton	V45	15 Hyde Village Striders	37:56
16	865	Jono Guildford	V45	16 Manchester Frontrunners	37:56
17	1200	Lee Robinson	V45	17 Oldham & Royton H & AC	38:03
18	1278	Olivier Gaillemain	V45	18 Sale Harriers Manchester	38:05
19	1276	Tom Fordyce	V45	19 Sale Harriers Manchester	38:18
20	1803	Nicholas Chick	V45	20 Stockport Tri Club	38:34
21	452	Jonathan Aust	V45	21 East Cheshire Harriers & Tames	38:41
22	14	Tim Greenald	V45	22 Altrincham & District AC	38:51
23	475	Darren Smith	V45	23 East Cheshire Harriers & Tames	38:53
24	1256	Jason Bowers	V45	24 Sale Harriers Manchester	38:55
25	2187	Dave Sutton	V45	25 West Cheshire Athletic Club	39:22
26	588	Chris Essex-Crosby	V45	26 Horwich R M I Harriers	39:26
27	1268	Elton Davies	V45	27 Sale Harriers Manchester	39:37
28	183	Robert White	V45	28 Buxton AC	39:45
29	1936	Daniel Hill	V45	29 Trafford Athletic Club	39:49
30	464	Carl Hodskinson	V45	30 East Cheshire Harriers & Tames	39:56
31	1110	Pete Ogley	V45	31 Marple Runners	40:40
32	1699	David Hulley	V45	32 Stockport Harriers & Ac	40:45
33	204	Andy Adkin	V45	33 Chorlton Runners	41:19
34	1017	Roger Thomas	V45	34 Manchester Triathlon Club	41:32
35	477	Dennis Thomas	V45	35 East Cheshire Harriers & Tames	41:43
36	583	Paul Battye	V45	36 Horwich R M I Harriers	41:49
37	1706	Ged McGrath	V45	37 Stockport Harriers & Ac	41:50
38	1880	Kevin Woodward	V45	38 Swinton Running Club	41:52
39	2181	Mark Davies	V45	39 West Cheshire Athletic Club	41:55
40	250	Robert Heggs	V45	40 Chorlton Runners	42:22
41	134	Christopher Trask	V45	41 Bramhall Runners	42:25
42	370	Simon Greenhalgh	V45	42 Didsbury Runners	42:28
43	680	Andrew Booth	V45	43 Knutsford Tri Club	42:48
44	372	Mark Keatley	V45	44 Didsbury Runners	42:54
45	1008	Mark Pagram	V45	45 Manchester Triathlon Club	42:55
46	419	Richard Healy	V45	46 Dragons Running Club (sale)	43:04
47	33	Matt Page	V45	47 Altrincham & District AC	43:11
48	537	Rob Sheldon	V45	48 Glossopdale Harriers	43:15
49	1691	Christian Fox	V45	49 Stockport Harriers & Ac	43:25
50	1548	Richard Knight	V45	50 Salford Metropolitan AC	43:25
51	802	Graeme Eddie	V45	51 Macclesfield Harriers & AC	43:27
52	176	Neil Evans	V45	52 Buxton AC	43:36
53	709	Rob Taylor	V45	53 Levenshulme Runners	43:36
54	1809	Paul Graveney	V45	54 Stockport Tri Club	43:37
55	2182	Neil Field	V45	55 West Cheshire Athletic Club	43:58
56	983	Damian Aspin	V45	56 Manchester Triathlon Club	44:04
57	273	Andy Nicol	V45	57 Chorlton Runners	44:10
58	1069	Phil Facey	V45	58 Manchester Ymca Harriers	44:15
59	233	Stephen Davison	V45	59 Chorlton Runners	44:16
60	1863	Steve Billington	V45	60 Swinton Running Club	44:37
61	106	Ian Dixon	V45	61 Bramhall Runners	44:56
62	263	Michael Lim	V45	62 Chorlton Runners	45:05
63	2224	Colin Caisley	V45	63 Wilmslow Running Club	45:07
64	903	Chris Sewart	V45	64 Manchester Harriers & AC	45:44
65	854	P Anderson-Xuereb	V45	65 Manchester Frontrunners	45:57
66	685	Andy Gray	V45	66 Knutsford Tri Club	46:22
67	704	Kev Lucas	V45	67 Levenshulme Runners	46:25
68	428	Andy Redford	V45	68 Dragons Running Club (sale)	46:26
69	3001	Mike Bundy	V45	69 Unattached	47:29
70	702	Samuel Crawshaw	V45	70 Levenshulme Runners	47:46
71	2283	Paul Lockett	V45	71 Winston Runners	47:56
72	1118	Jeremy Woodham	V45	72 Marple Runners	48:26
73	1866	Matthew Condron	V45	73 Swinton Running Club	48:49

74	100	Richard Adams	V45	74	Bramhall Runners	49:05
75	1807	Paul Farrington	V45	75	Stockport Tri Club	49:20
76	904	Andy Tulip	V45	76	Manchester Harriers & AC	49:52
77	805	David Larkin	V45	77	Macclesfield Harriers & AC	50:43
78	1630	Matthew Savory	V45	78	Start2jog	50:48
79	528	Kevin Ingham	V45	79	Glossopdale Harriers	51:19
80	1876	Leighton Medley	V45	80	Swinton Running Club	52:14
81	1625	Jared Greenhalgh	V45	81	Start2jog	54:05
82	73	Daniel Moody	V45	82	Belle Vue Racers	54:32
83	1871	Jude Ibodje	V45	83	Swinton Running Club	57:18
84	2387	Matt Hanson	V45	84	Manchester Harriers & AC	1:00:25

Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time
1	592	Julian Goudge	V50	1 Horwich R M I Harriers	35:18
2	2073	Stuart Doyle	V50	2 Vale Royal Ac	35:53
3	2135	David Watson	V50	3 Warrington A C	36:43
4	1478	Ian Grime	V50	4 Salford Harriers & AC	36:52
5	1495	Mark Russell	V50	5 Salford Harriers & AC	36:56
6	1939	Christopher Leigh	V50	6 Trafford Athletic Club	38:24
7	2180	Andrew Clague	V50	7 West Cheshire Athletic Club	39:13
8	1286	Peter Hulme	V50	8 Sale Harriers Manchester	39:14
9	3003	\$Paul Atack	V50	9 Unattached	39:29
10	1684	James Corden	V50	10 Stockport Harriers & Ac	40:04
11	1587	Andrew Wilson	V50	11 St Helens Sutton AC	40:16
12	1300	Paul Noble	V50	12 Sale Harriers Manchester	40:17
13	21	Shaun Jackson	V50	13 Altrincham & District AC	40:27
14	1710	Adrian Nutter	V50	14 Stockport Harriers & Ac	40:35
15	2084	Ian Simpson	V50	15 Vale Royal Ac	40:43
16	1316	Jon Terry	V50	16 Sale Harriers Manchester	40:47
17	2222	David Baxter	V50	17 Wilmslow Running Club	40:48
18	246	Paul Griffiths	V50	18 Chorlton Runners	40:58
19	126	Frank Podd	V50	19 Bramhall Runners	41:13
20	41	Steven Renny	V50	20 Altrincham & District AC	41:36
21	2184	Richard Hayes	V50	21 West Cheshire Athletic Club	41:41
22	1545	Paul Gee	V50	22 Salford Metropolitan AC	42:00
23	1904	Mark Livingston	V50	23 Total Run Training	42:03
24	478	Keith Usher	V50	24 East Cheshire Harriers & Tames	42:32
25	1271	Chris Downs	V50	25 Sale Harriers Manchester	42:35
26	1100	Neil Commins	V50	26 Marple Runners	44:11
27	110	Simon Fennell	V50	27 Bramhall Runners	44:14
28	34	Craig Partridge	V50	28 Altrincham & District AC	45:27
29	1238	Simon Jump	V50	29 Saddleworth Runners Club	45:49
30	1096	Ian Bowker	V50	30 Marple Runners	45:50
31	1293	Ashley Lindsey	V50	31 Sale Harriers Manchester	46:15
32	1815	Mark Pickles	V50	32 Stockport Tri Club	46:28
33	1676	Stephen Brown	V50	33 Stockport Harriers & Ac	46:30
34	1197	John Felton	V50	34 Oldham & Royton H & AC	46:36
35	2081	Mark Pilliner	V50	35 Vale Royal Ac	46:45
36	679	Matthew Azakli	V50	36 Knutsford Tri Club	46:52
37	425	Paul Maybury	V50	37 Dragons Running Club (sale)	46:52
38	1099	Thomas Callaghan	V50	38 Marple Runners	46:54
39	1716	Mark Smith	V50	39 Stockport Harriers & Ac	47:06
40	1111	Darren Peatfield	V50	40 Marple Runners	47:26
41	1114	Lewis Smith	V50	41 Marple Runners	47:49
42	990	Andrew Dow	V50	42 Manchester Triathlon Club	48:03
43	1629	Andy Mohan	V50	43 Start2jog	48:42
44	416	Alan Cleall	V50	44 Dragons Running Club (sale)	48:48
45	1865	Paul Black	V50	45 Swinton Running Club	48:49
46	1818	Maxwell Thickett	V50	46 Stockport Tri Club	49:19
47	116	Nicholas Heaton	V50	47 Bramhall Runners	49:34
48	101	Michael Barry	V50	48 Bramhall Runners	49:57
49	681	Alex Connell	V50	49 Knutsford Tri Club	50:00
50	989	Simon Davidson	V50	50 Manchester Triathlon Club	50:19
51	379	Nick Maskrey	V50	51 Didsbury Runners	52:08
52	386	Robert Skilbeck	V50	52 Didsbury Runners	52:42

53	800	Richard Brown	V50	53 Macclesfield Harriers & AC	53:07
54	1198	Ian Longmuir	V50	54 Oldham & Royton H & AC	53:21
55	420	Stephen Jewell	V50	55 Dragons Running Club (sale)	55:37
56	1555	Andrew Thomas	V50	56 Salford Metropolitan AC	55:49

Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time
1	23	Richard Johnson	V55	1 Altrincham & District AC	38:21
2	461	Ian Fraser	V55	2 East Cheshire Harriers & Tames	38:48
3	103	Stephen Brundrett	V55	3 Bramhall Runners	40:41
4	1236	Kevin Jones	V55	4 Saddleworth Runners Club	40:50
5	1949	Richard Turner	V55	5 Trafford Athletic Club	41:15
6	1840	Gary Tait	V55	6 Styal Running Club	41:23
7	895	Glen Gandy	V55	7 Manchester Harriers & AC	42:01
8	1937	Michael Hutchinson	V55	8 Trafford Athletic Club	42:35
9	801	Julian Brown	V55	9 Macclesfield Harriers & AC	42:55
10	810	Ray O'Keefe	V55	10 Macclesfield Harriers & AC	42:59
11	180	Neil Pearsons	V55	11 Buxton AC	43:39
12	874	Roberto Raso	V55	12 Manchester Frontrunners	44:00
13	985	Lee Benson	V55	13 Manchester Triathlon Club	44:12
14	249	Justin Hayes	V55	14 Chorlton Runners	44:26
15	216	Warren Bowden	V55	15 Chorlton Runners	44:28
16	2281	James Golden	V55	16 Winston Runners	44:47
17	1708	Ian Mulligan	V55	17 Stockport Harriers & Ac	45:14
18	1239	Andy Poole	V55	18 Saddleworth Runners Club	45:15
19	1673	Andrew Bell	V55	19 Stockport Harriers & Ac	45:16
20	1551	Girish Patel	V55	20 Salford Metropolitan AC	45:19
21	683	Jeff Fidler	V55	21 Knutsford Tri Club	45:22
22	2288	Mike Walsh	V55	22 Winston Runners	45:55
23	1693	Kevan Garner	V55	23 Stockport Harriers & Ac	46:02
24	112	Richard Hall	V55	24 Bramhall Runners	47:13
25	1167	Darren Wallis	V55	25 Middleton Harriers AC	47:15
26	2237	Ian Smallwood	V55	26 Wilmslow Running Club	47:46
27	113	Mike Hall	V55	27 Bramhall Runners	48:18
28	243	Mark Gamblin	V55	28 Chorlton Runners	48:22
29	24	Richard Kennaugh	V55	29 Altrincham & District AC	48:34
30	109	Steve Fairclough	V55	30 Bramhall Runners	48:39
31	1168	Anthony Walsh	V55	31 Middleton Harriers AC	48:42
32	83	Andy Wood	V55	32 Belle Vue Racers	48:52
33	2223	Nic Bown	V55	33 Wilmslow Running Club	51:07
34	1552	Matthew Pollard	V55	34 Salford Metropolitan AC	51:10
35	266	Alastair Maclean	V55	35 Chorlton Runners	51:10
36	364	Jeff Blackford	V55	36 Didsbury Runners	51:59
37	1018	Ady Tonge	V55	37 Manchester Triathlon Club	52:06
38	430	Dennis Yarwood	V55	38 Dragons Running Club (sale)	54:15
39	277	Chris Peachey	V55	39 Chorlton Runners	54:59
40	1816	Nick Roberts	V55	40 Stockport Tri Club	55:13
41	905	Craig Turner	V55	41 Manchester Harriers & AC	57:42
42	1095	Alan Barker	V55	42 Marple Runners	59:01

Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time
1	1475	Derek Crewe	V60	1 Salford Harriers & AC	38:17
2	658	David Clarke	V60	2 Hyde Village Striders	41:22
3	1305	Aidan Raftery	V60	3 Sale Harriers Manchester	43:02
4	463	Barry Hirst	V60	4 East Cheshire Harriers & Tames	43:14
5	1160	Anthony Lowe	V60	5 Middleton Harriers AC	43:52
6	1869	Steven Doxey	V60	6 Swinton Running Club	44:02
7	1553	Mike Race	V60	7 Salford Metropolitan AC	45:11
8	2221	Jon Bale	V60	8 Wilmslow Running Club	46:19
9	365	Dave Bradford	V60	9 Didsbury Runners	46:30
10	1303	Stephen Parry	V60	10 Sale Harriers Manchester	47:07
11	2282	Anthony Harrison	V60	11 Winston Runners	47:18

12	2280	Paul Barber	V60	12	Winston Runners	47:42
13	2242	Colin Walton	V60	13	Wilmslow Running Club	48:16
14	468	Derek Hughes	V60	14	East Cheshire Harriers & Tames	48:17
15	1804	David Colley	V60	15	Stockport Tri Club	49:02
16	2227	Klaus Dalgaard	V60	16	Wilmslow Running Club	50:18
17	518	Alan Byrne	V60	17	Glossopdale Harriers	50:38
18	2080	Richard Pettitt	V60	18	Vale Royal Ac	54:22
19	2285	Cary O'Donnell	V60	19	Winston Runners	57:27

Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	896	David Gee	V65	1 Manchester Harriers & AC	41:46
2	2136	David Watson	V65	2 Warrington A C	43:32
3	519	David Chrystie-Lowe	V65	3 Glossopdale Harriers	45:22
4	2067	Tony Archer	V65	4 Vale Royal Ac	46:07
5	2235	Tom McGaff	V65	5 Wilmslow Running Club	46:58
6	1714	Steve Shaughnessy	V65	6 Stockport Harriers & Ac	47:36
7	2069	John Clarke	V65	7 Vale Royal Ac	48:21
8	74	Patrick O'Brien	V65	8 Belle Vue Racers	49:11
9	9	Mike Duncombe	V65	9 Altrincham & District AC	51:50
10	1154	Alan Garvey	V65	10 Middleton Harriers AC	52:10
11	1800	Paul Adkins	V65	11 Stockport Tri Club	52:18
12	2386	Marcus ScottWalker	V65	12 Manchester Harriers & AC	55:41
13	1166	Craig Sutherland	V65	13 Middleton Harriers AC	55:56
14	1867	Glyn Davies	V65	14 Swinton Running Club	56:13

Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	2262	Andy Watts	V70	1 Wilmslow Running Club	45:27
2	62	Peter Pickwell	V70	2 Altrincham & District AC	45:39
3	1226	John Hudson	V70	3 Oldham & Royton H & AC	48:27
4	563	Frank Fielding	V70	4 Glossopdale Harriers	48:31
5	1799	Robert Taylor	V70	5 Stockport Harriers & Ac	49:42
6	1579	Joseph Sate	V70	6 Salford Metropolitan AC	50:09
7	655	Anthony Hesketh	V70	7 Horwich R M I Harriers	52:15
8	61	Jeff Norman	V75	1 Altrincham & District AC	52:47
9	936	Michael Cunningham	V75	2 Manchester Harriers & AC	53:10
10	2125	Colin Rathbone	V75	3 Vale Royal Ac	1:01:06

Senior Men -- FINAL RESULTS (\$=non-counter)

Pos	Num	Name	Cat/Pos	Club	Time
1	1494	Callum Rowlinson		Salford Harriers & AC	31:56
2	1253	Nicholas Barry		Sale Harriers Manchester	32:24
3	599	Joe Mercer		Horwich R M I Harriers	32:41
4	232	Steven Curley	V40	1 Chorlton Runners	32:49
5	1502	Ryan Worland		Salford Harriers & AC	32:55
6	2378	Ethan Brady-Jones	U20	1 Wirral Ac	33:14
7	3006	\$Sam Gilson	U20	2 Rotherham Harriers And AC	33:25
8	467	Joseph Hudak		East Cheshire Harriers & Tames	33:30
9	1470	Will Beauchamp		Salford Harriers & AC	33:31
10	590	Luke Foley		Horwich R M I Harriers	33:33
11	1945	Harry Sinclair		Trafford Athletic Club	33:38
12	456	Gavin Browne		East Cheshire Harriers & Tames	33:38
13	254	Dean Hughes	V40	2 Chorlton Runners	33:50
14	1280	Joseph Godwood		Sale Harriers Manchester	33:51
15	2238	Peter Speake	V45	1 Wilmslow Running Club	33:53
16	728	Tamim Alkuwari		Liverpool Harriers & AC	33:58
17	32	David Norman	V40	3 Altrincham & District AC	34:02
18	284	James Savage	V40	4 Chorlton Runners	34:05
19	2225	Richard Coen	V40	5 Wilmslow Running Club	34:15

20	2057	Callum Broadbent	U20	3	University Of Manchester	34:21
21	288	Matthew Shaw	V40	6	Chorlton Runners	34:22
22	651	Isaac Battye	U20	4	Horwich R M I Harriers	34:25
23	1487	Bruno Lima	V40	7	Salford Harriers & AC	34:36
24	930	Joseph Farrelly	U20	5	Manchester Harriers & AC	34:37
25	1257	Alex Bradford			Sale Harriers Manchester	34:42
26	234	Matthew Devlin			Chorlton Runners	34:44
27	1690	Ciaran Ferris			Stockport Harriers & Ac	34:45
28	1940	Stephen Lunn			Trafford Athletic Club	34:48
29	1249	Sam Aspinwall			Sale Harriers Manchester	34:57
30	2060	Louis Hudson	U20	6	University Of Manchester	35:01
31	1194	David Carroll	V40	8	Oldham & Royton H & AC	35:05
32	1237	Vincent Jubbs	V40	9	Saddleworth Runners Club	35:13
33	230	Sean Connon			Chorlton Runners	35:16
34	1941	Michael Melarkey			Trafford Athletic Club	35:16
35	592	Julian Goudge	V50	1	Horwich R M I Harriers	35:18
36	1466	Scott Matthews			Salford Harriers & AC	35:18
37	259	Jonathan Lancaster			Chorlton Runners	35:19
38	296	Gareth Turner			Chorlton Runners	35:20
39	1501	Chris Webb	V40	10	Salford Harriers & AC	35:23
40	1938	Alex Jones			Trafford Athletic Club	35:24
41	2056	Hamish Barry	U20	7	University Of Manchester	35:27
42	2316	James Mackie	V45	2	Wirral Ac	35:28
43	1485	Callum Jones			Salford Harriers & AC	35:29
44	1678	Mark Burton	V45	3	Stockport Harriers & Ac	35:31
45	2048	William Burton			University Of Manchester	35:32
46	247	Andrew Haney	V45	4	Chorlton Runners	35:32
47	585	Simon Bruton			Horwich R M I Harriers	35:33
48	1318	Nicholas Tynan			Sale Harriers Manchester	35:35
49	1297	Stephen McCarron	V45	5	Sale Harriers Manchester	35:39
50	3004	\$R Evans	U20	8	Windsor Slough Eton & Hounslow	35:44
51	2381	William Sutcliffe	U20	9	Wirral Ac	35:46
52	117	Robin Hulme			Bramhall Runners	35:51
53	2073	Stuart Doyle	V50	2	Vale Royal Ac	35:53
54	2215	Sammy Hollins	U20	10	West Cheshire Athletic Club	35:57
55	2220	Barry Archbold	V45	6	Wilmslow Running Club	35:59
56	466	Robin Horner	V40	11	East Cheshire Harriers & Tames	35:59
57	474	Gareth Raven	V45	7	East Cheshire Harriers & Tames	36:04
58	1497	Adam Slodowicz			Salford Harriers & AC	36:09
59	1701	Greg Kelly			Stockport Harriers & Ac	36:10
60	686	Dan Harbridge			Knutsford Tri Club	36:11
61	212	Oliver Bernstein			Chorlton Runners	36:12
62	4	Michael Berks			Altrincham & District AC	36:18
63	1717	Adam Thompson			Stockport Harriers & Ac	36:23
64	457	Liam Browne			East Cheshire Harriers & Tames	36:25
65	660	Michael Harris			Hyde Village Striders	36:25
66	888	Simon Bareford	V40	12	Manchester Harriers & AC	36:26
67	1813	Carl Krystek	V40	13	Stockport Tri Club	36:27
68	509	Michael Obi	U20	11	East Cheshire Harriers & Tames	36:28
69	584	Jonathan Bruton			Horwich R M I Harriers	36:37
70	13	Adam Gooch			Altrincham & District AC	36:38
71	2183	Neil Finegan	V45	8	West Cheshire Athletic Club	36:39
72	2135	David Watson	V50	3	Warrington A C	36:43
73	1704	David Maher	V45	9	Stockport Harriers & Ac	36:45
74	1479	Grant Gunn-Anderson			Salford Harriers & AC	36:46
75	465	Michael Holness			East Cheshire Harriers & Tames	36:48
76	2071	Mark Crabtree	V40	14	Vale Royal Ac	36:51
77	28	Tom Moseley	V40	15	Altrincham & District AC	36:52
78	1478	Ian Grime	V50	4	Salford Harriers & AC	36:52
79	374	Meng Leong			Didsbury Runners	36:54
80	1495	Mark Russell	V50	5	Salford Harriers & AC	36:56
81	1313	Matthew Spragg	V45	10	Sale Harriers Manchester	36:58
82	1012	Aaron Saxton	V40	16	Manchester Triathlon Club	36:59
83	1543	Khaleb Djesa			Salford Metropolitan AC	37:00
84	1911	Richard Williams			Total Run Training	37:00
85	1272	Robert Dunn			Sale Harriers Manchester	37:01
86	608	James Titmuss	V45	11	Horwich R M I Harriers	37:01
87	1943	Jeff Prest	V45	12	Trafford Athletic Club	37:01
88	240	Tim Fletcher	V45	13	Chorlton Runners	37:07

89	3	Matthew Beacock		Altrincham & District AC	37:07
90	1544	Ben Farrelly		Salford Metropolitan AC	37:11
91	105	Matt Darnley	V40	17 Bramhall Runners	37:17
92	1287	Ken Hunt		Sale Harriers Manchester	37:20
93	1948	Matthew Sutton		Trafford Athletic Club	37:20
94	962	Nicholas Crisp		Manchester Road Runners	37:21
95	26	Richard Lane	V45	14 Altrincham & District AC	37:23
96	1267	Andrew Curvis		Sale Harriers Manchester	37:24
97	369	Matthew Gittins		Didsbury Runners	37:28
98	1808	James Garner	V40	18 Stockport Tri Club	37:31
99	235	Martin Dickson		Chorlton Runners	37:35
100	1266	D Cordingley-Gaunt		Sale Harriers Manchester	37:37
101	274	Jonathan O'Donnell		Chorlton Runners	37:38
102	984	Sam Barratt		Manchester Triathlon Club	37:40
103	1306	Ben Rees		Sale Harriers Manchester	37:45
104	941	Harry Read		Manchester Metropolitan Uni	37:46
105	1796	Jack Catterall	U20	12 Stockport Harriers & Ac	37:47
106	1897	David Burgess		Total Run Training	37:48
107	996	Nikolas Heinloth		Manchester Triathlon Club	37:50
108	1151	Jorden Burke	V40	19 Middleton Harriers AC	37:52
109	1314	Tom Stephenson	V40	20 Sale Harriers Manchester	37:52
110	476	Jacob Taylor		East Cheshire Harriers & Tames	37:53
111	299	Chris Ward		Chorlton Runners	37:54
112	667	Nathan Poulton	V45	15 Hyde Village Striders	37:56
113	865	Jono Guildford	V45	16 Manchester Frontrunners	37:56
114	279	Russell Price		Chorlton Runners	37:56
115	2185	Paul Morrison		West Cheshire Athletic Club	38:03
116	1200	Lee Robinson	V45	17 Oldham & Royton H & AC	38:03
117	1278	Olivier Gaillemin	V45	18 Sale Harriers Manchester	38:05
118	1082	Philip Tomkinson		Manchester Ymca Harriers	38:09
119	2043	Matthew Bawtree	U20	13 Trafford Athletic Club	38:11
120	245	Patrick Goodrich	V40	21 Chorlton Runners	38:13
121	460	James Fishlock		East Cheshire Harriers & Tames	38:14
122	225	Luke Carter		Chorlton Runners	38:17
123	1475	Derek Crewe	V60	1 Salford Harriers & AC	38:17
124	1276	Tom Fordyce	V45	19 Sale Harriers Manchester	38:18
125	2130	Daniel Schofield		Warrington A C	38:19
126	23	Richard Johnson	V55	1 Altrincham & District AC	38:21
127	1939	Christopher Leigh	V50	6 Trafford Athletic Club	38:24
128	77	Thomas Rogers		Belle Vue Racers	38:28
129	1315	Chris Tait		Sale Harriers Manchester	38:28
130	1223	Connor Walsh	U20	14 Oldham & Royton H & AC	38:29
131	953	Martin Lacan	U20	15 Manchester Metropolitan Uni	38:31
132	1803	Nicholas Chick	V45	20 Stockport Tri Club	38:34
133	424	Colin Latham	V40	22 Dragons Running Club (sale)	38:34
134	2239	James Speedie		Wilmslow Running Club	38:38
135	940	Mark Liloyd		Manchester Metropolitan Uni	38:38
136	701	Rob Cleaver		Levenshulme Runners	38:39
137	452	Jonathan Aust	V45	21 East Cheshire Harriers & Tames	38:41
138	1288	Tim Kennedy	V40	23 Sale Harriers Manchester	38:43
139	1581	Chris Birkett	V40	24 St Helens Sutton AC	38:44
140	1474	Robert Clarke		Salford Harriers & AC	38:45
141	81	Vic Walsh	V40	25 Belle Vue Racers	38:46
142	461	Ian Fraser	V55	2 East Cheshire Harriers & Tames	38:48
143	2049	Jude Bush		University Of Manchester	38:49
144	36	James Pattison	V40	26 Altrincham & District AC	38:51
145	14	Tim Greenald	V45	22 Altrincham & District AC	38:51
146	475	Darren Smith	V45	23 East Cheshire Harriers & Tames	38:53
147	1256	Jason Bowers	V45	24 Sale Harriers Manchester	38:55
148	1312	Jon Smalley	V40	27 Sale Harriers Manchester	39:04
149	1486	Archie Jones		Salford Harriers & AC	39:09
150	2180	Andrew Clague	V50	7 West Cheshire Athletic Club	39:13
151	1286	Peter Hulme	V50	8 Sale Harriers Manchester	39:14
152	211	Tom Beasant		Chorlton Runners	39:17
153	965	Thomas Grime		Manchester Road Runners	39:18
154	968	Thomas Lewis		Manchester Road Runners	39:20
155	1692	Alec Francis		Stockport Harriers & Ac	39:21
156	2061	Josh Morgan	U20	16 University Of Manchester	39:22
157	2187	Dave Sutton	V45	25 West Cheshire Athletic Club	39:22

158	588	Chris Essex-Crosby	V45	26	Horwich R M I Harriers	39:26
159	3003	\$Paul Atack	V50	9	Unattached	39:29
160	523	Frank Hamilton	V40	28	Glossopdale Harriers	39:30
161	1011	Graham Rands	V40	29	Manchester Triathlon Club	39:32
162	2058	Harvey Drew	U20	17	University Of Manchester	39:36
163	1268	Elton Davies	V45	27	Sale Harriers Manchester	39:37
164	183	Robert White	V45	28	Buxton AC	39:45
165	1936	Daniel Hill	V45	29	Trafford Athletic Club	39:49
166	806	Daniel Leng			Macclesfield Harriers & AC	39:52
167	464	Carl Hodskinson	V45	30	East Cheshire Harriers & Tames	39:56
168	1498	Paul Stephens			Salford Harriers & AC	39:57
169	540	Rick Steckles	V40	30	Glossopdale Harriers	39:58
170	1684	James Corden	V50	10	Stockport Harriers & Ac	40:04
171	1618	Michael Brussels	U20	18	St Helens Sutton AC	40:05
172	2311	William Ferguson			Wirral Ac	40:08
173	1255	Torrin Blazeby			Sale Harriers Manchester	40:09
174	1864	Edmund Bishanga			Swinton Running Club	40:13
175	873	Blair Paterson			Manchester Frontrunners	40:15
176	1587	Andrew Wilson	V50	11	St Helens Sutton AC	40:16
177	1300	Paul Noble	V50	12	Sale Harriers Manchester	40:17
178	708	Steve Tappenden	V40	31	Levenshulme Runners	40:18
179	691	Chris Walton			Knutsford Tri Club	40:18
180	963	Sam Dawes			Manchester Road Runners	40:18
181	2050	Joe Knox			University Of Manchester	40:22
182	711	Thomas Worthington			Levenshulme Runners	40:23
183	21	Shaun Jackson	V50	13	Altrincham & District AC	40:27
184	2270	Peter Williams			Wilmslow Striders	40:28
185	76	Ross Pettigrew			Belle Vue Racers	40:29
186	961	Robert Cook			Manchester Road Runners	40:30
187	120	Chris Kershaw	V40	32	Bramhall Runners	40:34
188	1710	Adrian Nutter	V50	14	Stockport Harriers & Ac	40:35
189	2233	Mark Kirkby	V40	33	Wilmslow Running Club	40:40
190	1110	Pete Ogley	V45	31	Marple Runners	40:40
191	964	Steven Duckett			Manchester Road Runners	40:41
192	103	Stephen Brundrett	V55	3	Bramhall Runners	40:41
193	2226	Markus Dalgaard			Wilmslow Running Club	40:42
194	2084	Ian Simpson	V50	15	Vale Royal Ac	40:43
195	1699	David Hulley	V45	32	Stockport Harriers & Ac	40:45
196	385	Daniel Scotson			Didsbury Runners	40:46
197	1316	Jon Terry	V50	16	Sale Harriers Manchester	40:47
198	2222	David Baxter	V50	17	Wilmslow Running Club	40:48
199	1147	Matthew Furniss	U20	19	Marple Runners	40:49
200	471	Daniel Kenny			East Cheshire Harriers & Tames	40:50
201	1236	Kevin Jones	V55	4	Saddleworth Runners Club	40:50
202	246	Paul Griffiths	V50	18	Chorlton Runners	40:58
203	44	Neil Walker	V40	34	Altrincham & District AC	41:00
204	415	Graham Brownhill	V40	35	Dragons Running Club (sale)	41:03
205	966	D Harrison-Croft			Manchester Road Runners	41:08
206	2051	Dam George Van			University Of Manchester	41:08
207	227	Justin Cleary			Chorlton Runners	41:10
208	300	Guy Weaver	V40	36	Chorlton Runners	41:13
209	126	Frank Podd	V50	19	Bramhall Runners	41:13
210	1949	Richard Turner	V55	5	Trafford Athletic Club	41:15
211	79	Tom Saunders			Belle Vue Racers	41:16
212	387	Olly Smith			Didsbury Runners	41:17
213	204	Andy Adkin	V45	33	Chorlton Runners	41:19
214	658	David Clarke	V60	2	Hyde Village Striders	41:22
215	1840	Gary Tait	V55	6	Styal Running Club	41:23
216	1252	Paul Barrett	V40	37	Sale Harriers Manchester	41:25
217	25	Stephane Laffly	V40	38	Altrincham & District AC	41:31
218	1017	Roger Thomas	V45	34	Manchester Triathlon Club	41:32
219	41	Steven Renny	V50	20	Altrincham & District AC	41:36
220	283	Andrew Robertson			Chorlton Runners	41:36
221	1542	David Cornes			Salford Metropolitan AC	41:38
222	2184	Richard Hayes	V50	21	West Cheshire Athletic Club	41:41
223	1196	Sam Davies			Oldham & Royton H & AC	41:42
224	477	Dennis Thomas	V45	35	East Cheshire Harriers & Tames	41:43
225	258	Eamonn Keogh	V40	39	Chorlton Runners	41:46
226	896	David Gee	V65	1	Manchester Harriers & AC	41:46

227	2059	Benjamin Hopkinson	U20	20	University Of Manchester	41:47
228	583	Paul Battye	V45	36	Horwich R M I Harriers	41:49
229	1706	Ged McGrath	V45	37	Stockport Harriers & Ac	41:50
230	1872	Richard Jackson	V40	40	Swinton Running Club	41:51
231	1880	Kevin Woodward	V45	38	Swinton Running Club	41:52
232	1063	Daniel Bailey			Manchester Ymca Harriers	41:53
233	2181	Mark Davies	V45	39	West Cheshire Athletic Club	41:55
234	898	Alex Masidlover	V40	41	Manchester Harriers & AC	41:55
235	1161	Andrew Ndlovu			Middleton Harriers AC	41:58
236	1545	Paul Gee	V50	22	Salford Metropolitan AC	42:00
237	895	Glen Gandy	V55	7	Manchester Harriers & AC	42:01
238	1904	Mark Livingston	V50	23	Total Run Training	42:03
239	1291	Simon Latham			Sale Harriers Manchester	42:03
240	1064	Andrew Bowler			Manchester Ymca Harriers	42:04
241	541	Daniel Stinton	V40	42	Glossopdale Harriers	42:07
242	1687	Peter Dean	V40	43	Stockport Harriers & Ac	42:17
243	1707	Rob McMurdo			Stockport Harriers & Ac	42:20
244	250	Robert Heggs	V45	40	Chorlton Runners	42:22
245	698	Nicholas Barton			Levenshulme Runners	42:24
246	994	Greg Godley			Manchester Triathlon Club	42:25
247	134	Christopher Trask	V45	41	Bramhall Runners	42:25
248	370	Simon Greenhalgh	V45	42	Didsbury Runners	42:28
249	478	Keith Usher	V50	24	East Cheshire Harriers & Tames	42:32
250	1065	Richard Brierley			Manchester Ymca Harriers	42:35
251	1271	Chris Downs	V50	25	Sale Harriers Manchester	42:35
252	1937	Michael Hutchinson	V55	8	Trafford Athletic Club	42:35
253	35	A Paton-Crockett			Altrincham & District AC	42:36
254	1170	Leon Wint			Middleton Harriers AC	42:41
255	1254	George Birss			Sale Harriers Manchester	42:43
256	680	Andrew Booth	V45	43	Knutsford Tri Club	42:48
257	223	Adam Burnett			Chorlton Runners	42:49
258	866	Steve Hatton	V40	44	Manchester Frontrunners	42:53
259	372	Mark Keatley	V45	44	Didsbury Runners	42:54
260	801	Julian Brown	V55	9	Macclesfield Harriers & AC	42:55
261	1008	Mark Pagram	V45	45	Manchester Triathlon Club	42:55
262	967	Ryan Lench			Manchester Road Runners	42:57
263	810	Ray O'Keefe	V55	10	Macclesfield Harriers & AC	42:59
264	1305	Aidan Raftery	V60	3	Sale Harriers Manchester	43:02
265	419	Richard Healy	V45	46	Dragons Running Club (sale)	43:04
266	33	Matt Page	V45	47	Altrincham & District AC	43:11
267	462	James Hartshorne	V40	45	East Cheshire Harriers & Tames	43:12
268	527	Alex Hill			Glossopdale Harriers	43:13
269	463	Barry Hirst	V60	4	East Cheshire Harriers & Tames	43:14
270	537	Rob Sheldon	V45	48	Glossopdale Harriers	43:15
271	1619	Joseph Byrne	U20	21	St Helens Sutton AC	43:19
272	206	Tom Almond			Chorlton Runners	43:20
273	295	Andrew Tongue			Chorlton Runners	43:22
274	1682	Ambrose Choy	V40	46	Stockport Harriers & Ac	43:23
275	705	Russell Scott			Levenshulme Runners	43:24
276	1691	Christian Fox	V45	49	Stockport Harriers & Ac	43:25
277	1548	Richard Knight	V45	50	Salford Metropolitan AC	43:25
278	252	Ben Hobson			Chorlton Runners	43:26
279	253	Keith Holman			Chorlton Runners	43:26
280	802	Graeme Eddie	V45	51	Macclesfield Harriers & AC	43:27
281	999	Richard Hyder	V40	47	Manchester Triathlon Club	43:29
282	1159	Stephen Lowe	V40	48	Middleton Harriers AC	43:29
283	1810	Robert Heathcote	V40	49	Stockport Tri Club	43:29
284	1838	Michael McLaughlin	V40	50	Styal Running Club	43:31
285	2136	David Watson	V65	2	Warrington A C	43:32
286	995	Chris Hay			Manchester Triathlon Club	43:33
287	987	Kenny Cliffe			Manchester Triathlon Club	43:34
288	710	William White			Levenshulme Runners	43:35
289	176	Neil Evans	V45	52	Buxton AC	43:36
290	709	Rob Taylor	V45	53	Levenshulme Runners	43:36
291	1809	Paul Graveney	V45	54	Stockport Tri Club	43:37
292	180	Neil Pearsons	V55	11	Buxton AC	43:39
293	1546	David Hughes	V40	51	Salford Metropolitan AC	43:39
294	368	H Galletta-Williams			Didsbury Runners	43:43
295	65	Matthew Coyne			Belle Vue Racers	43:44

296	2046	George Wright	U20	22	Trafford Athletic Club	43:52
297	1160	Anthony Lowe	V60	5	Middleton Harriers AC	43:52
298	2182	Neil Field	V45	55	West Cheshire Athletic Club	43:58
299	874	Roberto Raso	V55	12	Manchester Frontrunners	44:00
300	375	Dan Levin	V40	52	Didsbury Runners	44:01
301	1869	Steven Doxey	V60	6	Swinton Running Club	44:02
302	983	Damian Aspin	V45	56	Manchester Triathlon Club	44:04
303	684	John Goggins	V40	53	Knutsford Tri Club	44:06
304	1697	Ronan Harkin			Stockport Harriers & Ac	44:07
305	273	Andy Nicol	V45	57	Chorlton Runners	44:10
306	1100	Neil Commins	V50	26	Marple Runners	44:11
307	985	Lee Benson	V55	13	Manchester Triathlon Club	44:12
308	367	Matt Farr	V40	54	Didsbury Runners	44:13
309	110	Simon Fennell	V50	27	Bramhall Runners	44:14
310	1069	Phil Facey	V45	58	Manchester Ymca Harriers	44:15
311	233	Stephen Davison	V45	59	Chorlton Runners	44:16
312	1019	Peter Traynor			Manchester Triathlon Club	44:24
313	249	Justin Hayes	V55	14	Chorlton Runners	44:26
314	216	Warren Bowden	V55	15	Chorlton Runners	44:28
315	665	Michael Monaghan			Hyde Village Striders	44:35
316	1863	Steve Billington	V45	60	Swinton Running Club	44:37
317	1903	Ed Keany			Total Run Training	44:38
318	879	Alastair Woodford			Manchester Frontrunners	44:39
319	2281	James Golden	V55	16	Winston Runners	44:47
320	106	Ian Dixon	V45	61	Bramhall Runners	44:56
321	373	Andrew Knox	V40	55	Didsbury Runners	44:57
322	1000	Abraham Ingersoll	V40	56	Manchester Triathlon Club	44:57
323	382	Richard Norris			Didsbury Runners	45:00
324	1264	Jason Chu			Sale Harriers Manchester	45:03
325	263	Michael Lim	V45	62	Chorlton Runners	45:05
326	2224	Colin Caisley	V45	63	Wilmslow Running Club	45:07
327	1553	Mike Race	V60	7	Salford Metropolitan AC	45:11
328	1708	Ian Mulligan	V55	17	Stockport Harriers & Ac	45:14
329	1239	Andy Poole	V55	18	Saddleworth Runners Club	45:15
330	1673	Andrew Bell	V55	19	Stockport Harriers & Ac	45:16
331	986	Thomas Cassidy			Manchester Triathlon Club	45:18
332	1551	Girish Patel	V55	20	Salford Metropolitan AC	45:19
333	418	Phill Edwards			Dragons Running Club (sale)	45:20
334	519	David Chrystie-Lowe	V65	3	Glossopdale Harriers	45:22
335	683	Jeff Fidler	V55	21	Knutsford Tri Club	45:22
336	34	Craig Partridge	V50	28	Altrincham & District AC	45:27
337	2262	Andy Watts	V70	1	Wilmslow Running Club	45:27
338	396	Martin Carolan			Didsbury Runners	45:30
339	224	Andrew Carlson			Chorlton Runners	45:31
340	1070	Samuel Gilmore			Manchester Ymca Harriers	45:35
341	388	Ben Stredder	V40	57	Didsbury Runners	45:38
342	1868	Michael Donigan	V40	58	Swinton Running Club	45:39
343	62	Peter Pickwell	V70	2	Altrincham & District AC	45:39
344	903	Chris Stewart	V45	64	Manchester Harriers & AC	45:44
345	229	Nicholas Colwill			Chorlton Runners	45:45
346	1238	Simon Jump	V50	29	Saddleworth Runners Club	45:49
347	1096	Ian Bowker	V50	30	Marple Runners	45:50
348	2288	Mike Walsh	V55	22	Winston Runners	45:55
349	991	Chris Evans	V40	59	Manchester Triathlon Club	45:56
350	854	P Anderson-Xuereb	V45	65	Manchester Frontrunners	45:57
351	1693	Kevan Garner	V55	23	Stockport Harriers & Ac	46:02
352	2067	Tony Archer	V65	4	Vale Royal Ac	46:07
353	1879	Stephen Thorpe			Swinton Running Club	46:11
354	1169	John Weaver			Middleton Harriers AC	46:13
355	1293	Ashley Lindsey	V50	31	Sale Harriers Manchester	46:15
356	510	Tobias Walsh	U20	23	East Cheshire Harriers & Tames	46:16
357	2221	Jon Bale	V60	8	Wilmslow Running Club	46:19
358	685	Andy Gray	V45	66	Knutsford Tri Club	46:22
359	704	Kev Lucas	V45	67	Levenshulme Runners	46:25
360	428	Andy Redford	V45	68	Dragons Running Club (sale)	46:26
361	1815	Mark Pickles	V50	32	Stockport Tri Club	46:28
362	1676	Stephen Brown	V50	33	Stockport Harriers & Ac	46:30
363	365	Dave Bradford	V60	9	Didsbury Runners	46:30
364	2287	Michael Thompstone	V40	60	Winston Runners	46:31

365	1197	John Felton	V50	34	Oldham & Royton H & AC	46:36
366	699	T Boyesen-Corballis			Levenshulme Runners	46:37
367	2081	Mark Pilliner	V50	35	Vale Royal Ac	46:45
368	2269	Andrew Tomlinson	V40	61	Wilmslow Striders	46:46
369	872	Jordan Millar			Manchester Frontrunners	46:49
370	679	Matthew Azakli	V50	36	Knutsford Tri Club	46:52
371	425	Paul Maybury	V50	37	Dragons Running Club (sale)	46:52
372	1099	Thomas Callaghan	V50	38	Marple Runners	46:54
373	376	Mike Lloyd			Didsbury Runners	46:55
374	1702	Jonathan Laver			Stockport Harriers & Ac	46:55
375	2235	Tom McGaff	V65	5	Wilmslow Running Club	46:58
376	221	David Brocklebank	V40	62	Chorlton Runners	47:02
377	1716	Mark Smith	V50	39	Stockport Harriers & Ac	47:06
378	1303	Stephen Parry	V60	10	Sale Harriers Manchester	47:07
379	112	Richard Hall	V55	24	Bramhall Runners	47:13
380	1167	Darren Wallis	V55	25	Middleton Harriers AC	47:15
381	2282	Anthony Harrison	V60	11	Winston Runners	47:18
382	954	Tobias Sze	U20	24	Manchester Metropolitan Uni	47:22
383	1111	Darren Peatfield	V50	40	Marple Runners	47:26
384	3001	Mike Bundy	V45	69	Unattached	47:29
385	1714	Steve Shaughnessy	V65	6	Stockport Harriers & Ac	47:36
386	876	Liam Spencer			Manchester Frontrunners	47:40
387	1083	Liam Ward			Manchester Ymca Harriers	47:41
388	2280	Paul Barber	V60	12	Winston Runners	47:42
389	875	Edward Roberts			Manchester Frontrunners	47:42
390	255	Etienne Humphries	V40	63	Chorlton Runners	47:44
391	1812	Martyn Jones	V40	64	Stockport Tri Club	47:45
392	702	Samuel Crawshaw	V45	70	Levenshulme Runners	47:46
393	2237	Ian Smallwood	V55	26	Wilmslow Running Club	47:46
394	1114	Lewis Smith	V50	41	Marple Runners	47:49
395	974	Ben Turner			Manchester Road Runners	47:55
396	2283	Paul Lockett	V45	71	Winston Runners	47:56
397	1585	Martin Johnson	V40	65	St Helens Sutton AC	48:01
398	990	Andrew Dow	V50	42	Manchester Triathlon Club	48:03
399	1624	Nick Grayson			Start2jog	48:11
400	2242	Colin Walton	V60	13	Wilmslow Running Club	48:16
401	468	Derek Hughes	V60	14	East Cheshire Harriers & Tames	48:17
402	113	Mike Hall	V55	27	Bramhall Runners	48:18
403	897	Casey Longden	V40	66	Manchester Harriers & AC	48:20
404	2069	John Clarke	V65	7	Vale Royal Ac	48:21
405	243	Mark Gamblin	V55	28	Chorlton Runners	48:22
406	1118	Jeremy Woodham	V45	72	Marple Runners	48:26
407	1226	John Hudson	V70	3	Oldham & Royton H & AC	48:27
408	563	Frank Fielding	V70	4	Glossopdale Harriers	48:31
409	24	Richard Kennaugh	V55	29	Altrincham & District AC	48:34
410	109	Steve Fairclough	V55	30	Bramhall Runners	48:39
411	1168	Anthony Walsh	V55	31	Middleton Harriers AC	48:42
412	1629	Andy Mohan	V50	43	Start2jog	48:42
413	416	Alan Cleall	V50	44	Dragons Running Club (sale)	48:48
414	1865	Paul Black	V50	45	Swinton Running Club	48:49
415	1866	Matthew Condron	V45	73	Swinton Running Club	48:49
416	107	Benjamin Edmonds			Bramhall Runners	48:50
417	83	Andy Wood	V55	32	Belle Vue Racers	48:52
418	1804	David Colley	V60	15	Stockport Tri Club	49:02
419	242	William Franks			Chorlton Runners	49:04
420	100	Richard Adams	V45	74	Bramhall Runners	49:05
421	74	Patrick O'Brien	V65	8	Belle Vue Racers	49:11
422	1818	Maxwell Thickett	V50	46	Stockport Tri Club	49:19
423	1807	Paul Farrington	V45	75	Stockport Tri Club	49:20
424	1554	Ryan Skeer			Salford Metropolitan AC	49:33
425	116	Nicholas Heaton	V50	47	Bramhall Runners	49:34
426	1799	Robert Taylor	V70	5	Stockport Harriers & Ac	49:42
427	904	Andy Tulip	V45	76	Manchester Harriers & AC	49:52
428	101	Michael Barry	V50	48	Bramhall Runners	49:57
429	681	Alex Connell	V50	49	Knutsford Tri Club	50:00
430	68	Sam Hutchinson	V40	67	Belle Vue Racers	50:04
431	237	Rob Donald			Chorlton Runners	50:04
432	1579	Joseph Sate	V70	6	Salford Metropolitan AC	50:09
433	384	Hilmi Paksoy			Didsbury Runners	50:12

434	2227	Klaus Dalgaard	V60	16	Wilmslow Running Club	50:18
435	989	Simon Davidson	V50	50	Manchester Triathlon Club	50:19
436	543	Pete Tomlin			Glossopdale Harriers	50:36
437	518	Alan Byrne	V60	17	Glossopdale Harriers	50:38
438	805	David Larkin	V45	77	Macclesfield Harriers & AC	50:43
439	1630	Matthew Savory	V45	78	Start2jog	50:48
440	2223	Nic Bown	V55	33	Wilmslow Running Club	51:07
441	1552	Matthew Pollard	V55	34	Salford Metropolitan AC	51:10
442	266	Alastair Maclean	V55	35	Chorlton Runners	51:10
443	528	Kevin Ingham	V45	79	Glossopdale Harriers	51:19
444	2284	Paul Muldoon			Winston Runners	51:30
445	78	Ian Rowbottom	V40	68	Belle Vue Racers	51:47
446	9	Mike Duncombe	V65	9	Altrincham & District AC	51:50
447	364	Jeff Blackford	V55	36	Didsbury Runners	51:59
448	1018	Ady Tonge	V55	37	Manchester Triathlon Club	52:06
449	379	Nick Maskrey	V50	51	Didsbury Runners	52:08
450	1154	Alan Garvey	V65	10	Middleton Harriers AC	52:10
451	1876	Leighton Medley	V45	80	Swinton Running Club	52:14
452	655	Anthony Hesketh	V70	7	Horwich R M I Harriers	52:15
453	1800	Paul Adkins	V65	11	Stockport Tri Club	52:18
454	386	Robert Skilbeck	V50	52	Didsbury Runners	52:42
455	61	Jeff Norman	V75	1	Altrincham & District AC	52:47
456	800	Richard Brown	V50	53	Macclesfield Harriers & AC	53:07
457	936	Michael Cunningham	V75	2	Manchester Harriers & AC	53:10
458	1198	Ian Longmuir	V50	54	Oldham & Royton H & AC	53:21
459	1625	Jared Greenhalgh	V45	81	Start2jog	54:05
460	430	Dennis Yarwood	V55	38	Dragons Running Club (sale)	54:15
461	2080	Richard Pettitt	V60	18	Vale Royal Ac	54:22
462	2267	Matthew Hetherington			Wilmslow Striders	54:25
463	73	Daniel Moody	V45	82	Belle Vue Racers	54:32
464	277	Chris Peachey	V55	39	Chorlton Runners	54:59
465	1816	Nick Roberts	V55	40	Stockport Tri Club	55:13
466	1627	Robert Maidstone			Start2jog	55:14
467	420	Stephen Jewell	V50	55	Dragons Running Club (sale)	55:37
468	2386	Marcus ScottWalker	V65	12	Manchester Harriers & AC	55:41
469	1555	Andrew Thomas	V50	56	Salford Metropolitan AC	55:49
470	1166	Craig Sutherland	V65	13	Middleton Harriers AC	55:56
471	1867	Glyn Davies	V65	14	Swinton Running Club	56:13
472	1871	Jude Ibodje	V45	83	Swinton Running Club	57:18
473	2285	Cary O'Donnell	V60	19	Winston Runners	57:27
474	905	Craig Turner	V55	41	Manchester Harriers & AC	57:42
475	1095	Alan Barker	V55	42	Marple Runners	59:01
476	2387	Matt Hanson	V45	84	Manchester Harriers & AC	1:00:25
477	2125	Colin Rathbone	V75	3	Vale Royal Ac	1:01:06
478	0	???			???	

Senior Men -- TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Salford Harriers & AC	109	
		1	Callum Rowlinson
		5	Ryan Worland
		8	Will Beauchamp
		22	Bruno Lima
		35	Scott Matthews
		38	Chris Webb
2	Chorlton Runners	110	
		4	Steven Curley
		12	Dean Hughes
		17	James Savage
		20	Matthew Shaw
		25	Matthew Devlin
		32	Sean Connon
3	Sale Harriers Manchester	162	
		2	Nicholas Barry
		13	Joseph Godwood
		24	Alex Bradford

	28	Sam Aspinwall
	47	Nicholas Tynan
	48	Stephen McCarron
4		180
	3	Joe Mercer
	9	Luke Foley
	21	Isaac Battye
	34	Julian Goudge
	46	Simon Bruton
	67	Jonathan Bruton
5		255
	7	Joseph Hudak
	11	Gavin Browne
	54	Robin Horner
	55	Gareth Raven
	62	Liam Browne
	66	Michael Obi
6		285
	10	Harry Sinclair
	27	Stephen Lunn
	33	Michael Melarkey
	39	Alex Jones
	85	Jeff Prest
	91	Matthew Sutton
7		'B' 360
	36	Jonathan Lancaster
	37	Gareth Turner
	45	Andrew Haney
	59	Oliver Bernstein
	86	Tim Fletcher
	97	Martin Dickson
8		361
	26	Ciaran Ferris
	43	Mark Burton
	57	Greg Kelly
	61	Adam Thompson
	71	David Maher
	103	Jack Catterall
9		399
	16	David Norman
	60	Michael Berks
	68	Adam Gooch
	75	Tom Moseley
	87	Matthew Beacock
	93	Richard Lane
10		427
	19	Callum Broadbent
	29	Louis Hudson
	40	Hamish Barry
	44	William Burton
	141	Jude Bush
	154	Josh Morgan
11		'B' 445
	42	Callum Jones
	56	Adam Slodowicz
	72	Grant Gunn-Anderson
	76	Ian Grime
	78	Mark Russell
	121	Derek Crewe
12		'B' 545
	79	Matthew Spragg
	83	Robert Dunn
	90	Ken Hunt
	94	Andrew Curvis
	98	D Cordingley-Gaunt
	101	Ben Rees
13		593
	14	Peter Speake
	18	Richard Coen

	53	Barry Archbold
	132	James Speedie
	186	Mark Kirkby
	190	Markus Dalgaard
14	'C'	708
	99	Jonathan O'Donnell
	109	Chris Ward
	112	Russell Price
	118	Patrick Goodrich
	120	Luke Carter
	150	Tom Beasant
15	'B'	719
	73	Michael Holness
	108	Jacob Taylor
	119	James Fishlock
	135	Jonathan Aust
	140	Ian Fraser
	144	Darren Smith
16	'C'	752
	107	Tom Stephenson
	115	Olivier Gaillemin
	122	Tom Fordyce
	127	Chris Tait
	136	Tim Kennedy
	145	Jason Bowers
17		756
	52	Sammy Hollins
	69	Neil Finegan
	113	Paul Morrison
	148	Andrew Clague
	155	Dave Sutton
	219	Richard Hayes
18		901
	80	Aaron Saxton
	100	Sam Barratt
	105	Nikolas Heinloth
	158	Graham Rands
	215	Roger Thomas
	243	Greg Godley
19		943
	92	Nicholas Crisp
	151	Thomas Grime
	152	Thomas Lewis
	177	Sam Dawes
	183	Robert Cook
	188	Steven Duckett
20		962
	50	Robin Hulme
	89	Matt Darnley
	184	Chris Kershaw
	189	Stephen Brundrett
	206	Frank Podd
	244	Christopher Trask
21	'D'	993
	146	Jon Smalley
	149	Peter Hulme
	160	Elton Davies
	170	Torrin Blazeby
	174	Paul Noble
	194	Jon Terry
22	'B'	1003
	124	Richard Johnson
	142	James Pattison
	143	Tim Greenald
	180	Shaun Jackson
	200	Neil Walker
	214	Stephane Laffly
23		1075
	77	Meng Leong

	95	Matthew Gittins
	193	Daniel Scotson
	209	Olly Smith
	245	Simon Greenhalgh
	256	Mark Keatley
24		Manchester Harriers & AC
		1116
	23	Joseph Farrelly
	64	Simon Bareford
	223	David Gee
	231	Alex Masidlover
	234	Glen Gandy
	341	Chris Sewart
25		Trafford Athletic Club
		'B' 1153
	117	Matthew Bawtree
	125	Christopher Leigh
	162	Daniel Hill
	207	Richard Turner
	249	Michael Hutchinson
	293	George Wright
26		Stockport Harriers & Ac
		'B' 1162
	153	Alec Francis
	167	James Corden
	185	Adrian Nutter
	192	David Hulley
	226	Ged McGrath
	239	Peter Dean
27		Salford Metropolitan AC
		1184
	81	Khaleb Djesa
	88	Ben Farrelly
	218	David Cornes
	233	Paul Gee
	274	Richard Knight
	290	David Hughes
28		Stockport Tri Club
		1217
	65	Carl Krystek
	96	James Garner
	130	Nicholas Chick
	280	Robert Heathcote
	288	Paul Graveney
	358	Mark Pickles
29		Chorlton Runners
		'D' 1257
	199	Paul Griffiths
	204	Justin Cleary
	205	Guy Weaver
	210	Andy Adkin
	217	Andrew Robertson
	222	Eamonn Keogh
30		Oldham & Royton H & AC
		1257
	30	David Carroll
	114	Lee Robinson
	128	Connor Walsh
	220	Sam Davies
	362	John Felton
	403	John Hudson
31		Levenshulme Runners
		1287
	134	Rob Cleaver
	175	Steve Tappenden
	179	Thomas Worthington
	242	Nicholas Barton
	272	Russell Scott
	285	William White
32		East Cheshire Harriers & T
		'C' 1358
	164	Carl Hodskinson
	197	Daniel Kenny
	221	Dennis Thomas
	246	Keith Usher
	264	James Hartshorne
	266	Barry Hirst
33		Belle Vue Racers
		1360

	126	Thomas Rogers
	139	Vic Walsh
	182	Ross Pettigrew
	208	Tom Saunders
	292	Matthew Coyne
	413	Andy Wood
34		Glossopdale Harriers
		1424
	157	Frank Hamilton
	166	Rick Steckles
	238	Daniel Stinton
	265	Alex Hill
	267	Rob Sheldon
	331	David Chrystie-Lowe
35		Vale Royal Ac
		1429
	51	Stuart Doyle
	74	Mark Crabtree
	191	Ian Simpson
	349	Tony Archer
	364	Mark Pilliner
	400	John Clarke
36		Manchester Ymca Harriers
		1473
	116	Philip Tomkinson
	229	Daniel Bailey
	237	Andrew Bowler
	247	Richard Brierley
	307	Phil Facey
	337	Samuel Gilmore
37		Knutsford Tri Club
		1474
	58	Dan Harbridge
	176	Chris Walton
	253	Andrew Booth
	300	John Goggins
	332	Jeff Fidler
	355	Andy Gray
38		Manchester Frontrunners
		1496
	111	Jono Guildford
	172	Blair Paterson
	255	Steve Hatton
	296	Roberto Raso
	315	Alastair Woodford
	347	P Anderson-Xuereb
39		Middleton Harriers AC
		1513
	106	Jorden Burke
	232	Andrew Ndlovu
	251	Leon Wint
	279	Stephen Lowe
	294	Anthony Lowe
	351	John Weaver
40		Sale Harriers Manchester
		'E' 1531
	213	Paul Barrett
	236	Simon Latham
	248	Chris Downs
	252	George Birss
	261	Aidan Raftery
	321	Jason Chu
41		Swinton Running Club
		1576
	171	Edmund Bishanga
	227	Richard Jackson
	228	Kevin Woodward
	298	Steven Doxey
	313	Steve Billington
	339	Michael Donigan
42		Chorlton Runners
		'E' 1585
	241	Robert Heggs
	254	Adam Burnett
	269	Tom Almond
	270	Andrew Tongue
	275	Ben Hobson
	276	Keith Holman

43	Dragons Running Club (sale)	1649	
		131	Colin Latham
		201	Graham Brownhill
		262	Richard Healy
		330	Phill Edwards
		357	Andy Redford
		368	Paul Maybury
44	Manchester Triathlon Club	'B'	1706
		258	Mark Pagram
		278	Richard Hyder
		283	Chris Hay
		284	Kenny Cliffe
		299	Damian Aspin
		304	Lee Benson
45	Stockport Harriers & Ac	'C'	1737
		240	Rob McMurdo
		271	Ambrose Choy
		273	Christian Fox
		301	Ronan Harkin
		325	Ian Mulligan
		327	Andrew Bell
46	Marple Runners		1779
		187	Pete Ogley
		196	Matthew Furniss
		303	Neil Commins
		344	Ian Bowker
		369	Thomas Callaghan
		380	Darren Peatfield
47	Altrincham & District AC	'C'	1807
		216	Steven Renny
		250	A Paton-Crockett
		263	Matt Page
		333	Craig Partridge
		340	Peter Pickwell
		405	Richard Kennaugh
48	Macclesfield Harriers & AC		1843
		163	Daniel Leng
		257	Julian Brown
		260	Ray O'Keefe
		277	Graeme Eddie
		434	David Larkin
		452	Richard Brown
49	Didsbury Runners	'B'	1866
		291	H Galletta-Williams
		297	Dan Levin
		305	Matt Farr
		318	Andrew Knox
		320	Richard Norris
		335	Martin Carolan
50	Chorlton Runners	'F'	1889
		302	Andy Nicol
		308	Stephen Davison
		310	Justin Hayes
		311	Warren Bowden
		322	Michael Lim
		336	Andrew Carlson
51	Wilmslow Running Club	'B'	1967
		195	David Baxter
		323	Colin Caisley
		334	Andy Watts
		354	Jon Bale
		372	Tom McGaff
		389	Ian Smallwood
52	Manchester Triathlon Club	'C'	2127
		309	Peter Traynor
		319	Abraham Ingersoll
		328	Thomas Cassidy
		346	Chris Evans
		394	Andrew Dow

	431	Simon Davidson
53	Winston Runners	2176
	316	James Golden
	345	Mike Walsh
	361	Michael Thompstone
	378	Anthony Harrison
	384	Paul Barber
	392	Paul Lockett
54	Bramhall Runners	'B' 2215
	306	Simon Fennell
	317	Ian Dixon
	376	Richard Hall
	398	Mike Hall
	406	Steve Fairclough
	412	Benjamin Edmonds
55	Stockport Harriers & Ac	'D' 2255
	348	Kevan Garner
	359	Stephen Brown
	371	Jonathan Laver
	374	Mark Smith
	381	Steve Shaughnessy
	422	Robert Taylor
56	Chorlton Runners	'G' 2344
	342	Nicholas Colwill
	373	David Brocklebank
	386	Etienne Humphries
	401	Mark Gamblin
	415	William Franks
	427	Rob Donald
57	Didsbury Runners	'C' 2385
	338	Ben Stredder
	360	Dave Bradford
	370	Mike Lloyd
	429	Hilmi Paksoy
	443	Jeff Blackford
	445	Nick Maskrey
58	Salford Metropolitan AC	'B' 2403
	324	Mike Race
	329	Girish Patel
	420	Ryan Skeer
	428	Joseph Sate
	437	Matthew Pollard
	465	Andrew Thomas
59	Stockport Tri Club	'B' 2548
	387	Martyn Jones
	414	David Colley
	418	Maxwell Thickett
	419	Paul Farrington
	449	Paul Adkins
	461	Nick Roberts
60	Swinton Running Club	'B' 2553
	350	Stephen Thorpe
	410	Paul Black
	411	Matthew Condron
	447	Leighton Medley
	467	Glyn Davies
	468	Jude Ibodje
61	Manchester Harriers & AC	'B' 2681
	399	Casey Longden
	423	Andy Tulip
	453	Michael Cunningham
	464	Marcus ScottWalker
	470	Craig Turner
	472	Matt Hanson

Senior Men (Vets) -- TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Chorlton Runners	15
	1	Steven Curley
	2	Dean Hughes
	5	James Savage
	7	Matthew Shaw
2	Salford Harriers & AC	77
	8	Bruno Lima
	12	Chris Webb
	28	Ian Grime
	29	Mark Russell
3	Wilmslow Running Club	106
	3	Peter Speake
	6	Richard Coen
	18	Barry Archbold
	79	Mark Kirkby
4	Altrincham & District AC	114
	4	David Norman
	27	Tom Moseley
	36	Richard Lane
	47	Richard Johnson
5	Sale Harriers Manchester	128
	16	Stephen McCarron
	30	Matthew Spragg
	39	Tom Stephenson
	43	Olivier Gaillemin
6	East Cheshire Harriers & Tames	145
	19	Robin Horner
	20	Gareth Raven
	51	Jonathan Aust
	55	Ian Fraser
7	Chorlton Runners	'B' 180
	15	Andrew Haney
	34	Tim Fletcher
	44	Patrick Goodrich
	87	Paul Griffiths
8	Stockport Harriers & Ac	189
	14	Mark Burton
	25	David Maher
	72	James Corden
	78	Adrian Nutter
9	Horwich R M I Harriers	211
	11	Julian Goudge
	32	James Titmuss
	64	Chris Essex-Crosby
	104	Paul Battye
10	Sale Harriers Manchester	'B' 217
	46	Tom Fordyce
	52	Tim Kennedy
	59	Jason Bowers
	60	Jon Smalley
11	Trafford Athletic Club	242
	33	Jeff Prest
	48	Christopher Leigh
	69	Daniel Hill
	92	Richard Turner
12	West Cheshire Athletic Club	247
	23	Neil Finegan
	61	Andrew Clague
	63	Dave Sutton
	100	Richard Hayes
13	Stockport Tri Club	247
	22	Carl Krystek
	37	James Garner
	49	Nicholas Chick
	139	Robert Heathcote
14	Altrincham & District AC	'B' 277
	56	James Pattison

		57	Tim Greenald
		76	Shaun Jackson
		88	Neil Walker
15	Bramhall Runners		284
		35	Matt Darnley
		77	Chris Kershaw
		81	Stephen Brundrett
		91	Frank Podd
16	Sale Harriers Manchester	'C'	287
		62	Peter Hulme
		67	Elton Davies
		74	Paul Noble
		84	Jon Terry
17	Vale Royal Ac		314
		17	Stuart Doyle
		26	Mark Crabtree
		82	Ian Simpson
		189	Tony Archer
18	Manchester Triathlon Club		320
		31	Aaron Saxton
		66	Graham Rands
		98	Roger Thomas
		125	Mark Pagram
19	Manchester Harriers & AC		344
		21	Simon Bareford
		103	David Gee
		109	Alex Masidlover
		111	Glen Gandy
20	East Cheshire Harriers & T	'B'	347
		58	Darren Smith
		70	Carl Hodskinson
		101	Dennis Thomas
		118	Keith Usher
21	Glossopdale Harriers		381
		65	Frank Hamilton
		71	Rick Steckles
		113	Daniel Stinton
		132	Rob Sheldon
22	Chorlton Runners	'C'	400
		90	Guy Weaver
		93	Andy Adkin
		102	Eamonn Keogh
		115	Robert Heggs
23	Stockport Harriers & Ac	'B'	435
		83	David Hulley
		105	Ged McGrath
		114	Peter Dean
		133	Ambrose Choy
24	Saddleworth Runners Club		451
		10	Vincent Jubbs
		86	Kevin Jones
		172	Andy Poole
		183	Simon Jump
25	Dragons Running Club (sale)		461
		50	Colin Latham
		89	Graham Brownhill
		128	Richard Healy
		194	Andy Redford
26	Oldham & Royton H & AC		480
		9	David Carroll
		42	Lee Robinson
		199	John Felton
		230	John Hudson
27	Manchester Frontrunners		499
		41	Jono Guildford
		122	Steve Hatton
		149	Roberto Raso
		187	P Anderson-Xuereb
28	Altrincham & District AC	'C'	502

	97	Stephane Laffly
	99	Steven Renny
	129	Matt Page
	177	Craig Partridge
29 Swinton Running Club	527	
	106	Richard Jackson
	107	Kevin Woodward
	151	Steven Doxey
	163	Steve Billington
30 Sale Harriers Manchester	'D'	532
	96	Paul Barrett
	119	Chris Downs
	127	Aidan Raftery
	190	Ashley Lindsey
31 Middleton Harriers AC	533	
	38	Jorden Burke
	138	Stephen Lowe
	147	Anthony Lowe
	210	Darren Wallis
32 Didsbury Runners	547	
	117	Simon Greenhalgh
	123	Mark Keatley
	150	Dan Levin
	157	Matt Farr
33 Salford Metropolitan AC	561	
	110	Paul Gee
	135	Richard Knight
	146	David Hughes
	170	Mike Race
34 Manchester Triathlon Club	'B'	612
	137	Richard Hyder
	152	Damian Aspin
	156	Lee Benson
	167	Abraham Ingersoll
35 Wilmslow Running Club	'B'	623
	85	David Baxter
	169	Colin Caisley
	178	Andy Watts
	191	Jon Bale
36 Marple Runners	623	
	80	Pete Ogley
	155	Neil Commins
	184	Ian Bowker
	204	Thomas Callaghan
37 Levenshulme Runners	628	
	75	Steve Tappenden
	143	Rob Taylor
	193	Kev Lucas
	217	Samuel Crawshaw
38 Chorlton Runners	'D'	637
	154	Andy Nicol
	160	Stephen Davison
	161	Justin Hayes
	162	Warren Bowden
39 Macclesfield Harriers & AC	641	
	124	Julian Brown
	126	Ray O'Keefe
	136	Graeme Eddie
	255	David Larkin
40 Knutsford Tri Club	642	
	121	Andrew Booth
	153	John Goggins
	176	Jeff Fidler
	192	Andy Gray
41 Bramhall Runners	'B'	648
	116	Christopher Trask
	158	Simon Fennell
	165	Ian Dixon
	209	Richard Hall

42	Stockport Harriers & Ac	'C'	666
		134	Christian Fox
		171	Ian Mulligan
		173	Andrew Bell
		188	Kevan Garner
43	Winston Runners		758
		164	James Golden
		185	Mike Walsh
		198	Michael Thompstone
		211	Anthony Harrison
44	Belle Vue Racers		785
		54	Vic Walsh
		239	Andy Wood
		242	Patrick O'Brien
		250	Sam Hutchinson
45	Stockport Tri Club	'B'	795
		144	Paul Graveney
		195	Mark Pickles
		216	Martyn Jones
		240	David Colley
46	Didsbury Runners	'B'	805
		166	Andrew Knox
		179	Ben Stredder
		197	Dave Bradford
		263	Jeff Blackford
47	Chorlton Runners	'E'	817
		168	Michael Lim
		206	David Brocklebank
		215	Etienne Humphries
		228	Mark Gamblin
48	Stockport Harriers & Ac	'D'	862
		196	Stephen Brown
		207	Mark Smith
		213	Steve Shaughnessy
		246	Robert Taylor
49	Wilmslow Running Club	'C'	898
		205	Tom McGaff
		218	Ian Smallwood
		223	Colin Walton
		252	Klaus Dalgaard
50	Glossopdale Harriers	'B'	920
		175	David Chrystie-Lowe
		231	Frank Fielding
		254	Alan Byrne
		260	Kevin Ingham
51	Swinton Running Club	'B'	922
		180	Michael Donigan
		237	Paul Black
		238	Matthew Condron
		267	Leighton Medley
52	Manchester Triathlon Club	'C'	925
		186	Chris Evans
		222	Andrew Dow
		253	Simon Davidson
		264	Ady Tonge
53	Manchester Harriers & AC	'B'	928
		182	Chris Sewart
		226	Casey Longden
		247	Andy Tulip
		273	Michael Cunningham
54	Bramhall Runners	'C'	944
		225	Mike Hall
		233	Steve Fairclough
		241	Richard Adams
		245	Nicholas Heaton
55	Altrincham & District AC	'D'	946
		181	Peter Pickwell
		232	Richard Kennaugh
		262	Mike Duncombe

56	Marple Runners	271	Jeff Norman
		'B'	949
		212	Darren Peatfield
		219	Lewis Smith
		229	Jeremy Woodham
57	Salford Metropolitan AC	289	Alan Barker
		'B'	966
		174	Girish Patel
		251	Joseph Sate
		258	Matthew Pollard
58	Vale Royal Ac	283	Andrew Thomas
		'B'	995
		200	Mark Pilliner
		227	John Clarke
		277	Richard Pettitt
59	Dragons Running Club (sale	291	Colin Rathbone
		'B'	996
		203	Paul Maybury
		236	Alan Cleall
		276	Dennis Yarwood
60	Stockport Tri Club	281	Stephen Jewell
		'C'	1036
		243	Maxwell Thickett
		244	Paul Farrington
		269	Paul Adkins
		280	Nick Roberts

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