

Manchester Area Cross Country League Saturday 11TH March 2023 – Heaton Park

No entries taken on the day at this event (incl Guests)
Please check entry lists on website before travelling to event (www.maccl.co.uk)



Time	Event	Approx Dist	Course
12:00pm	U11G + U11B	2830m	A B C D F G H I J K -> Finish
12:15pm	U13G + U13B	3280m	A B C D E F G H I J K -> Finish
12:30pm	U15G + U15B	4970m	A B C D F G H I J ->via cut off -> B C D F G H I J K -> Finish
12:50pm	U17G + U17B	6110m	A B C D F G H I J K -> B C D E F G H I J K -> Finish
13:30pm	Sen, U20 + Vet Women	8490m	A B C D F G H I J K -> B C D F G H I J K -> B C D F G H I J K -> Finish
14:30pm	Sen, U20 + Vet Men	9840m	A B C D E F G H I J K -> B C D E F G H I J K -> B C D E F G H I J K -> Finish