

MANCHESTER AREA CROSS COUNTRY LEAGUE

Venue notes

HEATON PARK, PRESTWICH M25

Heaton Park is about 5 Miles from Manchester City Centre. Boundaries include A576 Middleton Road, A6044 Sheepfoot Lane and A665 Bury Old Road

Car Parks:

Lake Car Park - Entrance Gate 6

Sheepfoot Lane, Prestwich, Greater Manchester M25 0DL

St Margaret's Road Car Park - Entrance Gate 15

St Margaret's Road, Prestwich, Greater Manchester M25 2GT

Hall Car Park - Entrance Gate 15

St Margaret's Road, Prestwich, Greater Manchester M25 2GT

Pay & Display is in operation (cash or card); Car parking charges:

First hour - £1; 1-3 hours - £2; 3 hours or more - £3.

The Hall Car Park is the closest to the start/finish area and is accessed via the St Margaret's Road entrance off the A665 Bury Old Road. Enter the Park, pass the St Margaret's Road Car Park on your left (although you may want to use this if you find the "top" car park is full); continue straight on SLOWLY until you reach a large parking area on your right which is clearly signposted. Park up and pay the parking fee. The furthest point brings you out at the Farm Centre and the START/FINISH area is just around the corner. (For those runners bringing young families, there is an excellent play area here.) The Lake Car Park, accessed via Entrance Gate 6 off Sheepfoot Lane, is a 12-minute walk from the start/finish area. Park up and follow the signs for The Hall.

THERE IS DEFINITELY **NO PARKING AT THE START/FINISH AREA**. UNAUTHORISED PARKING PUTS OUR USE OF THE PARK IN JEOPARDY.

TOILETS: THERE ARE EXCELLENT TOILET FACILITIES IN THE MAIN TOILET BLOCK BUT RUNNERS MUST COME READY CHANGED, AS THERE ARE **NO CHANGING FACILITIES**.

PLEASE DO NOT USE THE TOILETS IN THE FARM CENTRE.

TENTS: CLUBS WISHING TO PUT UP TENTS MAY DO SO BUT THERE IS NO VEHICLE ACCESS TO THE START/FINISH AREA TO DROP THEM OFF. TENTS MUST BE PITCHED ON THE SAME SIDE OF THE PATH AS THE START/FINISH AREA ON THE HIGHER GROUND TO AVOID DAMAGING THE GRASSLAND. PLEASE ENSURE YOU ARE NOT IN ANYONE'S WAY, KEEP WELL AWAY FROM THE FINISH FUNNEL AND PLEASE DO NOT LEAVE ANY RUBBISH.

YOU MAY ALSO LIKE TO KNOW...there is a restaurant, The Stables, situated in the Farm Centre; there's a Café, The Hidden Gem, situated at the Garden Centre (St Margaret's Road entrance); there's a Funfair.....!

MANCHESTER AREA CROSS COUNTRY LEAGUE – MATCH 5

Travel details

By Car - Directions from the M60

M60 – come off at Junction 19.

Take the A576 (Middleton Road) heading towards Manchester.

Heaton Park is now on your right, at the end of the Park turn right onto the A6044 (Sheepfoot Lane) where you will find Entrance Gate 6 and the **Lake Car Park**.

If you want to access either of the car parks at Entrance Gate 15:

Continue along Sheepfoot Lane, at the next corner of the Park (Grand Lodge) turn right onto the A665 (Bury Old Road). As you get to the end of the Park, you will pass the Prestwich Prep School on the right followed by Carver Avenue and the front of St Margaret's Church. Just after the Church, turn right into St Margaret's Road. Carry on past the side of the Church and a little further on is the entrance to the Park. Turn right into the Park.

Go past the car park on the left (although you may need to use it if the top car park is full) carry straight on following the signs to the main car park, which you will find on your right.

Park up and proceed by foot: leave the car park at the "top end" passing the children's play area on the right. Follow the path downhill to the Farm Centre. Go through the courtyard and turn right. You should now be able to see the Start/Finish area.

By Bus

You can take the number 135 from Manchester City Centre, which stops at the tram station on Bury Old Road. Many other buses travel to Heaton Park. It takes about 12 - 13 minutes to walk from the Station Gate to the start/finish area (follow signposts to the Hall). Please check with **GMPTE** for the latest travel information.

By Metrolink Tram

Take the Bury Tram to Heaton Park Tram Station. Trams run regularly from the City Centre and other destinations. There is a gate into the park directly opposite the station, and once in the park you should keep walking straight ahead ignoring the paths going off to the left and right. At the 'T-junction' turn left and walk up the hill. You will eventually see the Start/Finish area with Heaton Hall just beyond to your right and the Farm Centre buildings - with the clock tower - to your left. It takes about 12 - 13 minutes to walk from the Station Gate to the start area (follow signposts to the Hall). Please contact **Metrolink** for tram times and service information before travelling.

Manchester Harriers & A.C. (Host Club)