

**Manchester Area Cross Country League
Individual Awards for the 2022/2023 Season**

**Girls - Under 11, Under 13, Under 15, Under
17**

**Boys - Under 11, Under 13, Under 15, Under
17**

Women - Top Three, Under 20, Senior

Veteran Women - 35, 40, 45, 50, 55, 60, 65, 70

Men - Top Three, Under 20, Senior

Veteran Men - 40, 45, 50, 55, 60, 65, 70, 75

JUNIOR GIRLS

UNDER 11 GIRLS *50 finishers (2021/2022 =38)*

FIRST	EVE BEDDOW	WIRRAL A.C.	3
SECOND	ISOBEL BEDDOW	WIRRAL A.C.	6
THIRD	BEAU RAWCLIFFE	LIVERPOOL HARRIERS & AC	10

UNDER 13 GIRLS *25 finishers (2021/2022=29)*

FIRST	OONAGH McMANUS	SALE HARRIERS MANCHESTER AC	6
SECOND	CAITLIN WETTERS	SALE HARRIERS MANCHESTER AC	12
THIRD	MAISY McQUIRK	LIVERPOOL HARRIERS & AC	21

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2022/2023 – INDIVIDUAL AWARDS

UNDER 15 GIRLS *27 finishers (2021/2022=27)*

FIRST	ESME HEAVY	WARRINGTON AC	5
SECOND	ELLA BUCKLEY	STOCKPORT HARRIERS & AC	17
THIRD	ROSIE PHILBIN	STOCKPORT HARRIERS & AC	22

UNDER 17 GIRLS *15 finishers (2021/2022 =16)*

FIRST	FREYA GRIFFITHS	TRAFFORD AC	5
SECOND	NIA GRIFFIN	START2JOG	12
THIRD	EMMA JOHNSON	MACCLESFIELD HARRIERS	30

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2022/2023 – INDIVIDUAL AWARDS

JUNIOR BOYS

UNDER 11 BOYS *30 finishers (2021/2022=37)*

FIRST	BOBBY McEVOY	LIVERPOOL HARRIERS	5
SECOND	THOMAS SMOUT	WIRRAL AC	10
= THIRD	THOMAS DALY	TRAFFORD AC	13
	MATTHEW ARON	TRAFFORD AC	13

UNDER 13 BOYS *38 finishers (2021/2022=42)*

FIRST	ADRIAN WHITE	TRAFFORD AC	4
SECOND	JAKE IRELAND	MACCLESFIELD HARRIERS	9
THIRD	THOMAS RIMMER	WEST CHESHIRE AC	18

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2022/2023 – INDIVIDUAL AWARDS

UNDER 15 BOYS <i>18 finishers (2021/2022 =34)</i>			
FIRST	JACK MARWOOD	WARRINGTON AC	4
SECOND	PIO ARAN	TRAFFORD AC	10
THIRD	JAY HUTCHINSON	TRAFFORD AC	11

UNDER 17 BOYS <i>15 finishers (2021/2022=10)</i>			
FIRST	JACK HEAP	WIRRAL AC	18
=SECOND	JOSEPH DEIGHTON	TRAFFORD AC	22
	RHYS BOWDEN	VALE ROYAL AC	22
THIRD	JACK HOWARTH	TRAFFORD AC	25

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2022/2023 – INDIVIDUAL AWARDS

TOP THREE WOMEN <i>[146 finishers] (2021/2022 =174)</i>			
FIRST	NAOMI KINGSTON	ALTRINCHAM & DISTRICT AC	12
SECOND	LAURA LOMBARD (L40)	SALFORD HARRIERS & AC	16
THIRD	BEATRICE CORDINGLEY	SALE HARRIERS MANCHESTER AC	16

UNDER 20 WOMEN <i>4 finishers (2021/2022 =9)</i>			
FIRST	LUCY ARMITAGE	SALE HARRIERS MANCHESTER AC	5
SECOND	BETHANY REID	MAN MET UNI	8
THIRD	GRACE TOBIN	LIVERPOOL HARRIERS	14

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2022/2023 – INDIVIDUAL AWARDS

SENIOR WOMEN 20-34 <i>31 finishers (2021/2022=47)</i>		
NAOMI KINGSTON (1 ST OVERALL)	ALTRINCHAM & DISTRICT AC	10
BEATRICE CORDINGLEY (3 RD OVERALL)	SALE HARRIERS MANCHESTER AC	12
REBECCA JACKSON	WILMSLOW RC	23

VET 35 WOMEN <i>12 finishers (2021/2022 =16)</i>			
FIRST	KATHERINE FITZPATRICK	CHORLTON RUNNERS	4
SECOND	CHLOE ELLIOTT	SALFORD METROPOLITAN AC	10
THIRD	SAMANTHA JONES	BRAMHALL RUNNERS	13

VET 40 WOMEN <i>19 finishers (2021/2022=28)</i>			
FIRST	LAURA LOMBARD	SALFORD HARRIERS & AC	4
SECOND	NICOLA REECE	WILMSLOW RC	9
THIRD	KATIE KAY	EAST CHESHIRE H & TAMESIDE AC	13

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2022/2023 – INDIVIDUAL AWARDS

VET 45 WOMEN <i>23 finishers (2021/2022 =26)</i>			
FIRST	DIANE McVEY	WILMSLOW RC	5
SECOND	BELINDA BRENNAN	BRAMHALL RUNNERS	11
THIRD	ANNE CHINOY	SALE HARRIERS MANCHESTER AC	14

VET 50 WOMEN <i>28 finishers (2021/2022 =24)</i>			
FIRST	PHILIPPA CAMERON	ALTRINCHAM & DISTRICT AC	4
SECOND	HELEN SMITH	VALE ROYAL AC	8
THIRD	JENNIE PICKARD	STOCKPORT HARRIERS & AC	13

VET 55 WOMEN <i>19 finishers (2021/2022=19)</i>			
FIRST	JENNY YATES	OLDHAM & ROYTON HARRIERS & AC	7
SECOND	TANIA WILSON	BUXTON AC	9
THIRD	KERRY WOOD-DOYLE	STOCKPORT HARRIERS & AC	14

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2022/2023 – INDIVIDUAL AWARDS

VET 60 WOMEN <i>5 finishers (2021/2022=7)</i>			
FIRST	JANET RASHLEIGH	HORWICH RMI HARRIERS	4
SECOND	JACKIE CORDINGLEY	SALE HARRIERS MANCHESTER AC	7
THIRD	SALLYANN HALES	MACCLESFIELD HARRIERS	13

VET 65 WOMEN <i>2 finishers (2021/2022=5)</i>			
FIRST	ANN-MARIE JONES	MACCLESFIELD HARRIERS	6
SECOND	SUE EXON	TRAFFORD AC	15

VET 70 WOMEN <i>3 finishers(2021/2022=3)</i>			
	ANGELA OLDHAM	EAST CHESHIRE H & TAMESIDE AC	4
	ALEXIS DINSMOR	STOCKPORT HARRIERS & AC	9
	CAROLE WILLIAMS	VALE ROYAL AC	11

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2022/2023 – INDIVIDUAL AWARDS

TOP THREE MEN <i>[185 finishers] (2021/2022 x195)</i>			
FIRST	NICHOLAS BARRY	SALE HARRIERS MANCHESTER AC	10
SECOND	JOE MERCER	HORWICH RMI HARRIERS	23
THIRD	STEVEN CURLEY (V40)	CHORLTON RUNNERS	27

U20 MEN <i>7 finishers (2021/2022 =7)</i>			
FIRST	SAMMY HOLLINS	WEST CHESHIRE AC	36
SECOND	JACK CATERALL	STOCKPORT HARRIERS & AC	45
THIRD	MICHAEL OBI	EAST CHESHIRE H & TAMESIDE AC	46

SENIOR MEN 20-39 <i>58 finishers (2021/2022=47)</i>			
FIRST	NICHOLAS BARRY(1st OVERALL)	SALE HARRIERS MANCHESTER AC	7
SECOND	JOE MERCER (2 nd OVERALL)	HORWICH RMI HARRIERS	19
THIRD	LUKE FOLEY	HORWICH RMI HARRIERS	32

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2022/2023 – INDIVIDUAL AWARDS

VET 40 MEN <i>25 finishers (2021/2022 =38)</i>			
FIRST	STEVEN CURLEY	CHORLTON RUNNERS	7
SECOND	JAMES SAVAGE	CHORLTON RUNNERS	12
THIRD	DAVID NORMAN	ALTRINCHAM & DISTRICT AC	15

VET 45 MEN <i>29 finishers (2021/2022=40)</i>			
FIRST	PETER SPEAKE	WILMSLOW RC	6
SECOND	MARK BURTON	STOCKPORT HARRIERS & AC	15
THIRD	JEFF PREST	TRAFFORD AC	34

VET 50 MEN <i>22 finishers (2021/2022=29)</i>			
FIRST	JULIAN GOUDGE	HORWICH RMI HARRIERS	4
SECOND	STUART DOYLE	VALE ROYAL AC	8
THIRD	STEFAN BRAMWELL	GLOSSOPDALE HARRIERS	17

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2022/2023 – INDIVIDUAL AWARDS

VET 55 MEN *19 finishers (2021/2022=18)*

FIRST	RICHARD JOHNSON	ALTRINCHAM & DISTRICT AC	11
SECOND	RICHARD TURNER	TRAFFORD AC	37
THIRD	STEPHEN BRUNDRETT	BRAMHALL RUNNERS	41

VET 60 MEN *11 finishers (2021/2022=7)*

FIRST	DAVID CLARKE	HYDE VILLAGE STRIDERS	8
SECOND	STEVEN DOXEY	SWINTON RC	12
THIRD	DAVID SOLES	GLOSSOPDALE HARRIERS	14

VET 65 MEN *12 finishers (2021/2022=4)*

FIRST	STANLEY OWEN	SALFORD HARRIERS & AC	5
=SECOND	PAUL BARBER	WINSTON RUNNERS	16
	TONY ARCHER	VALE ROYAL AC	16
THIRD	DAVID CHRYSTIE-LOWE	GLOSSOPDALE HARRIERS	17

MANCHESTER AREA CROSS COUNTRY LEAGUE – 2022/2023 – INDIVIDUAL AWARDS

VET 70 MEN <i>1 finisher (2021/2022=4)</i>			
FIRST	ANDY WATTS	WILMSLOW RC	6

VET 75 MEN <i>1 finisher (2021/2022=1)</i>			
FIRST	MICHAEL CUNNINGHAM	MANCHESTER HARRIERS & AC	6

Manchester Area Cross Country League

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