

MACCL DIVISIONS 2023/2024 SEASON

DIVISIONS – SENIOR WOMEN

DIVISION ONE

Sale Harriers Manchester
Chorlton Runners
Wilmslow RC
Trafford AC
Manchester Tri Club
Stockport Harriers & AC
Bramhall Runners
Altrincham & District & AC (P)
Salford Metropolitan AC (P)
Vale Royal AC (P)

DIVISION TWO

Macclesfield Harriers & AC (R)
Wirral AC (R)
Buxton AC (R)
Swinton RC
Didsbury Runners
Manchester Frontrunners
West Cheshire AC
East Cheshire H & Tameside AC (P)
Horwich RMI Harriers (P)
Levenshulme Runners (P)

DIVISION THREE

Salford Harriers & AC (R)
Saddleworth RC (R)
Stockport Tri Club (R)
Manchester Metropolitan University
Dragons Running Club (Sale)
Start2Jog
Styal Running Club

Marple Runners
Winston Runners
Marple Runners
Start2jog
Belle Vue Racers
Manchester Harriers and AC
Middleton Harriers AC
Hyde Village Striders
St Helens Sutton AC
University of Manchester
Total Run Training
Knutsford Tri Club
Warrington AC
Manchester Road Runners
Glossopdale Harriers
Running Bear
Goyt Valley Striders
Manchester YMCA Harriers
Oldham & Royton H & AC
Quays RC
Radcliffe AC (N)
Warriors Pentathlon & AC (N)

DIVISIONS – VETERAN WOMEN

DIVISION ONE (10)

Wilmslow RC
Sale H Manchester AC
Chorlton Runners
Stockport H & AC
Bramhall Runners
Vale Royal AC
Manchester Triathlon Club
Altrincham & District AC (P)
Salford Metropolitan AC (P)
Swinton RC (P)

DIVISION TWO

Trafford AC (R)
Macclesfield Harriers & AC (R)
Manchester Frontrunners (R)
East Cheshire H & Tameside AC
Buxton AC
Horwich RMI Harriers (P)
Dragons Running Club (Sale) (P)
Didsbury Runners (P)

DIVISION THREE

Marple Runners (R)
Manchester Harriers & AC (R)
West Cheshire AC (R)
Styal Running Club
Winston Runners
Belle Vue Racers
Middleton Harriers AC
Start2Jog
Oldham & Royton H & AC

MACCL 2023/2024 SEASON DIVISIONS – SENIOR MEN

DIVISION ONE

Sale Harriers Manchester
Chorlton Runners
Salford Harriers & AC
Horwich R M I Harriers
Stockport Harriers & AC
Trafford Athletic Club
East Cheshire H & Tameside AC (P)
Altrincham & District AC (P)
Vale Royal AC (P)

DIVISION TWO

Wilmslow RC (R)
Manchester Tri Club (R)
Bramhall Runners (R)
Didsbury Runners
Manchester Harriers & AC
Manchester Frontrunners
Belle Vue Racers
Glossopdale Harriers (P)
Manchester Road Runners (P)
Manchester YMCA Harriers (P)

DIVISION THREE

Middleton Harriers AC (R)
Macclesfield Harriers & AC (R)
Stockport Tri Club (R)
Salford Metropolitan AC
Levenshulme Runners
Swinton RC
Marple Runners
Winston Runners
West Cheshire AC
St Helens Sutton AC
Buxton AC
Oldham & Royton H & AC
University of Manchester
Knutsford Tri Club
Dragons Running Club (Sale)
Goyt Valley Striders
Start2Jog
Hyde Village Striders
Total Run Training
Styal RC
Liverpool H & AC
Warriors Pentathlon & AC (N)
Radcliffe AC (N)

MACCL 2023/2024 SEASON DIVISIONS – VETERAN MEN

DIVISION ONE

Chorlton Runners
Sale Harriers Manchester
Salford Harriers & AC
Altrincham & District AC
Stockport Harriers & AC
Wilmslow Running Club
Bramhall Runners
Glossopdale Harriers (P)
Vale Royal AC (P)
Salford Metropolitan AC (P)

DIVISION TWO

Macclesfield Harriers & AC (R)
Trafford Athletic Club (R)
Man Tri Club (R)
Swinton RC
East Cheshire H & Tameside AC (P)
Buxton AC (P)
Dragons Running Club (Sale) (P)

DIVISION THREE

Middleton H & AC (R)
Horwich RMI (R)
West Cheshire AC (R)
Manchester Harriers & AC
Belle Vue Racers
Didsbury Runners

Marple Runners
Winston Runners
St Helens Sutton AC
Stockport Tri Club
Saddleworth Runners Club
Oldham & Royton H & AC
Goyt Valley Striders
Manchester Frontrunners
Levenshulme Runners
Hyde Village Striders
Knutsford Tri Club
Start2Jog RC
Styal Running Club
Warrington AC
Wirral AC
Liverpool H & AC
Macclesfield H & AC
Manchester Met Univ AC
Manchester YMCA Harriers
Quays RC
Running Bear
Wilmslow Striders
Uni of Manchester AC & CCC
Manchester Road Runners
Total Run Training
Radcliffe AC (N)
Warriors Pentathlon & AC (N)

Notes: P = Promoted R = Relegated N = New Club