In partnership with Run North West *and supported by:* WORSLEY PHYSIO, CITY OF MANCHESTER ATHLETICS *and* COLGATE-PALMOLIVE'S DENTAL HEALTH UNIT

POST MATCH THREE UPDATE

Results for Match 3 have been finalised and can be found on <u>maccl23 (race-results.co.uk)</u>Team/divisional results can be found here: <u>maccldivisions23.xls (race-results.co.uk)</u> Individual standings after 3 matches are here: <u>maccl23pts-3.pdf (race-results.co.uk)</u> For information: OVERALL SNR & VET TEAMS: MEN & WOMEN: Trophies are awarded to the top 3 clubs in Division One (irrespective of the number of qualifying clubs). Trophies are awarded to the top 3 clubs in Divisions Two, Three, 'B' and 'C Plus', depending on the number of complete teams, i.e. 10 or more complete teams 1st, 2nd, 3rd; 6 to 9 complete teams 1st, 2nd; 5 or fewer teams 1st.

Match	Venue	U11	U13-U17	Women	Men	Total	- U11's
Three							
2023/24	Tatton Park	126	317	369	487	1173	1047
2022/23	Tatton Park	113	270	354	447	1184	1071
2021/22	Univ/Kenworthy Woods	98	248	311	387	1044	946
2019/20	Arrowe Park	109	211	179	286	785	676
2018/19	Woodbank Park	123	260	297	434	1114	991
2017/18	Univ/Kenworthy Woods	118	291	298	416	1123	1005
2016/17	Heaton Park	103	221	214	341	879	776
2015/16	Boggart Hole Clough	68	153	175	285	681	613
2014/15	Boggart Hole Clough	64	195	194	300	753	689
2013/14	Sherdley Park	85	215	137	250	687	602
2012/13	Wythenshawe Park	79	217	169	321	786	707
2011/12	Wythenshawe Park	60	162	152	324	698	638
2010/11	Boggart Hole Clough	41	138	111	235	525	484
2009/10	Boggart Hole Clough	68	170	108	198	544	476
2008/09	Sherdley Park	59	176	79	156	470	411
2007/08	Sherdley Park	71	135	84	136	426	355

Match Three: Competitor Numbers

Thanks to our host clubs for Match 3, Sale Harriers and Wilmslow RC, Brian Goulden, Dave Rodgers and Nick Bishop and their teams an excellent and increasingly popular course for a very competitive match. Thanks also go to all of our officials, Crazy Legs (for

> In partnership with Run North West and supported by: WORSLEY PHYSIO, CITY OF MANCHESTER ATHLETICS and COLGATE-PALMOLIVE'S DENTAL HEALTH UNIT

> > UPDDATE POST M3 JAN 2024 [26/1/24] p.1 of 3

the chip timing), Graham Fecitt at SportSoft Entries and Results and our AW reporter Stephen Green, as well as our photographers JP Kearns and Harry Shakeshaft. Thanks to all the clubs which provided volunteers to help with the course set up and those that provided course marshals.

Due to the postponement of the Sherdley Park match in December, the rest of the MACCL season looks like this:

M4: Kenworthy Woods/Uni Playing Fields: Saturday 10 February

M5: Sherdley Park: Saturday 2nd March

Match Four - Saturday 10 February: Kenworthy Woods/Uni Playing Fields (hosted by Chorlton Runners). Entries are now open and will close on **Monday 5 February**. If you did not enter in time for Matches 1 – 3, please get your team manager to enter you before the closing date. The cost will be £6 per runner for the remainder of the season: <u>SportSoft Entries & Results (race-results.co.uk)</u> Numbers can be collected from registration before the start of Match 4.

ENTRIES AFTER THE CLOSING DATE OF 5 FEBRUARY AND ENTRIES ON THE DAY ARE NOT ALLOWED.

Venue details, the course map and updated entry lists will be posted on the MACCL website a week before Match 4.

Referee's Notes from Match 3

- All runners must keep to the marked course.
- The wearing of headphones during the race is not permitted under UKA rules
- All runners must wear club vests or T-Shirts.
- Entries: check that your name is on the entry lists
- Please ensure that you are wearing the correct race number.
- **Do not to go near the finish line** wearing/holding your chip number as this has triggered the chip on a couple of occasions during Matches 1-3.
- If you DNF, please report this to the match referee (not the marshals)

CONTACT DETAILS

Chair: Nick Bishop, tel: 07919 565904; e-mail: nick@nickbishopsolutions.co.uk.

Secretary, Entries & Affiliations & Results Co-coordinator: Val Brennan tel: 07429 579556; email:valerie.brennan.53@btinternet.com

First Aid & Marshal Co-coordinator: Ruth Bardsley tel: 07867 747578 email: ruthfatcow@aol.com

In partnership with Run North West and supported by: WORSLEY PHYSIO, CITY OF MANCHESTER ATHLETICS and COLGATE-PALMOLIVE'S DENTAL HEALTH UNIT <u>WEBSITE & TWITTER</u> website address: www.maccl.co.uk. We are also on Twitter MACCL@ManAreaXC.

In partnership with Run North West and supported by: WORSLEY PHYSIO, CITY OF MANCHESTER ATHLETICS and COLGATE-PALMOLIVE'S DENTAL HEALTH UNIT