

Time	Event	Approx Dist	Course
12:00pm	U11G + U11B	2300m	A B C -> A B D F I C A -> Finish (1 loop, 1 short lap, finish)
12:15pm	U13G + U13B	3000m	A B C -> A B D F G H I C A -> Finish (1 loop, 1 medium lap, finish)
12:30pm	U15G + U15B	4500m	A B C -> A B C -> A B D E F G H I C A -> Finish (2 loops, 1 large lap, finish)
12:50pm	U17G + U17B	5800m	A B C -> A B D E F G H I C -> A B D E F G H I C A -> Finish (1 loop, 2 large laps, finish)
13:30pm	Sen, U20 + Vet Women	8000m	A B C -> A B D E F G H I C -> A B D E F G H I C -> A B D E F G H I C A -> Finish (1 loop, 3 large laps, finish)
14:30pm	Sen, U20 + Vet Men	8000m	A B C -> A B D E F G H I C -> A B D E F G H I C -> A B D E F G H I C A -> Finish (1 loop, 3 large laps, finish)

Manchester Area Cross Country League

Sat 10th Feb 2024 – Univ Playing

Fields/Kenworthy Woods

**No entries taken on the day at this event
(incl Guests)**

Please check entry lists on website before travelling to event

