Reactions to 8k for men and women at Kenworthy from various members of local clubs.

Sale H: Why not make it a 1500?!

Sale H: Stick to the full distance - courses are soft enough these days without turning it into a middle distance event

Sale H: The men need to run 10k. That’s a proper distance and 8k would be too short. The issue for the equality brigade is that the men nearly all want to run 10k but the vast majority of women don’t, they think that’s too far. Sometimes we just have to accept our differences.

Altrincham: If the Northern and National are to continue at 12k (which they should) then 8k isn’t far enough to prepare you for those races, it’s too big a jump.

Sale H: Also if the men go back to 10k and you bump up the women to 10k there is also the issue of timings in that we may have to start later otherwise it’s getting dark. Plus the officials don’t want the day to be any longer than it already is.

CR: If both my National top 20 finishes had been over 8K I would’ve finished well outside the top 50

Altrincham: There was some lapping on Saturday (although minimal) on a very narrow (at times) course which could be a bigger problem with the current timetable if we both ended up doing 9k or 10k

Sale H: For what it's worth, I think 10k is a good middle between those who are speedsters and those who are distance runners. I also see it as ideal prep for racing on the roads. If it was permanently changed to 8k I think there may be many who wouldn't consider it worthwhile.

CR: Not sure I would bother if it stayed at 8