

MACCL Xc Junior Divisions

Under 11 Girls

	HP	WYT	TAT	KEN	Total	Best 3
Warriors Pentathlon & AC	10	9	10	9	38	29
Sale Harriers Manchester	9	10	9	10	38	29
Liverpool Harriers & Ac	6	8	8	8	30	24
Warriors Pentathlon & AC 'B'	8	6	7	2	23	21
Sale Harriers Manchester 'B'	2	7	6	7	22	20
Warrington A C	7	1	1	6	15	14
Salford Harriers & AC	4	4	1	5	14	13
Altrincham & District AC	5	3		4	12	12
St Helens Sutton Ac	1	1	4		6	6
Salford Metropolitan Ac	3	1	1	1	6	5
Manchester Harriers & AC	1	1	1	3	6	5
Sale Harriers Manchester 'C'		1	1	1	3	3
Salford Harriers & AC 'B'		1	1	1	3	3
Vale Royal Ac			5		5	
Liverpool Harriers & Ac 'B'		2	3		5	
Wirral Ac		5			5	
West Cheshire AC		1	2		3	
Manchester Harriers & Ac 'B'			1	1	2	
Manchester Harriers & Ac 'C'			1		1	
Horwich R M I Harriers	1				1	
Warriors Pentathlon & AC 'C'	1				1	
Liverpool Harriers & Ac 'C'		1			1	
Warrington A C 'B'				1	1	
Macclesfield Harriers & Ac				1	1	
Sale Harriers Manchester 'D'				1	1	

Under 11 Boys

	HP	WYT	TAT	KEN	Total	Best 3
Warriors Pentathlon & AC	10	10	10	10	40	30
Sale Harriers Manchester	9	9	9	9	36	27
Salford Metropolitan Ac	7	7	7	8	29	22
Sale Harriers Manchester 'B'	8	6	6	5	25	20
Warrington A C	6	8	4	3	21	18
Warriors Pentathlon & AC 'B'	5	5	5		15	15
Trafford Athletic Club		3	1	7	11	11
E Cheshire H & Tameside AC		1	1	6	8	8
Salford Harriers & AC	4	2	1		7	7
Altrincham & District AC	2	1	1		4	4
Liverpool Harriers & Ac		4	8		12	
St Helens Sutton Ac				4	4	
Liverpool Harriers & Ac 'B'			3		3	
Stockport Harriers & Ac	3				3	
Macclesfield Harriers & Ac			2		2	
Sale Harriers Manchester 'C'	1	1			2	
Salford Metropolitan Ac 'B'	1				1	
Horwich R M I Harriers		1			1	
Warrington A C 'B'		1			1	

Under 13 Girls	HP	WYT	TAT	KEN	Total	Best 3
Warriors Pentathlon & AC	10	10	10	9	39	30
Sale Harriers Manchester	9	9	9	10	37	28
Liverpool Harriers & Ac	8	7	8	7	30	23
Sale Harriers Manchester 'B'	7	8	7	8	30	23
Salford Harriers & AC	1	1	6	5	13	12
E Cheshire H & Tameside AC	5	3	3	3	14	11
Horwich R M I Harriers	2	5	4	2	13	11
Sale Harriers Manchester 'C'	4	1	1	6	12	11
Warriors Pentathlon & AC 'B'	1	1	5	4	11	10
Stockport Harriers & Ac	3	4	1	1	9	8
St Helens Sutton Ac	1	1	2		4	4
Horwich R M I Harriers 'B'	1	1	1		3	3
Sale Harriers Manchester 'D'	1	1		1	3	3
Warrington A C	6	6			12	
Warrington A C 'B'	1	1			2	
Horwich R M I Harriers 'C'	1	1			2	
Liverpool Harriers & Ac 'B'		2			2	
Altrincham & District AC			1		1	
Sale Harriers Manchester 'E'	1				1	

Under 13 Boys	HP	WYT	TAT	KEN	Total	Best 3
Liverpool Harriers & Ac	10	9	10	10	39	30
Warriors Pentathlon & AC	9	10	9	9	37	28
Trafford Athletic Club	8	7	8	8	31	24
Sale Harriers Manchester	7	8	5	7	27	22
Warrington A C	5	6	3	6	20	17
Wirral Ac	6	1	7	3	17	16
Trafford Athletic Club 'B'	3	5	1	5	14	13
Salford Harriers & AC	4	1	6		11	11
Stockport Harriers & Ac	1	4	2	1	8	7
E Cheshire H & Tameside AC	1	1	1	4	7	6
Liverpool Harriers & AC 'B'	1	1	4		6	6
Sale Harriers Manchester 'B'	1	3	1	1	6	5
St Helens Sutton Ac	2	2	1		5	5
Altrincham & District AC	1	1	1	2	5	4
Stockport Harriers & Ac 'B'	1	1	1	1	4	3
Salford Metropolitan Ac	1	1	1	1	4	3
Trafford Athletic Club 'C'	1	1	1	1	4	3
Stockport Harriers & Ac 'C'	1	1	1		3	3
Altrincham & District Ac 'B'		1	1		2	
Sale Harriers Manchester 'C'	1	1			2	
Liverpool Harriers & AC 'C'			1		1	
Wirral Ac 'B'			1		1	
Stockport Harriers & Ac 'D'			1		1	
West Cheshire AC			1		1	
Vale Royal Ac		1			1	
Sale Harriers Manchester 'D'		1			1	
Salford Metropolitan Ac 'B'		1			1	

Under 15 Girls	HP	WYT	TAT	KEN	Total	Best 3
Sale Harriers Manchester	10	10	9	10	39	30
Warrington A C	8	8	6	8	30	24
Trafford Athletic Club	7	9	3	7	26	23
Warriors Pentathlon & AC	9	7	7		23	23
Salford Harriers & AC	6	5	8		19	19
Trafford Athletic Club 'B'	2	1		6	9	9
Horwich R M I Harriers	1		1	5	7	7
Stockport Harriers & Ac	3	1	1		5	5
Liverpool Harriers & Ac			10	9	19	
Sale Harriers Manchester 'B'	4	6			10	
E Cheshire H & Tameside AC	5	4			9	
Warrington A C 'B'		2	4		6	
Liverpool Harriers & Ac 'B'			5		5	
Altrincham & District AC		3			3	
Buxton AC			2		2	
Sale Harriers Manchester 'C'		1			1	
Macclesfield Harriers & Ac		1			1	
Stockport Harriers & Ac 'B'		1			1	

Under 15 Boys	HP	WYT	TAT	KEN	Total	Best 3
Trafford Athletic Club	10	10	10	10	40	30
Trafford Athletic Club 'B'	9	9	9	9	36	27
Macclesfield Harriers & Ac	8	8	8	8	32	24
Sale Harriers Manchester	7	7	4	6	24	20
Stockport Harriers & Ac	4	5	6	7	22	18
E Cheshire H & Tameside AC	5	6	5	4	20	16
Trafford Athletic Club 'C'	6	3	7		16	16
West Cheshire AC	3	1	3		7	7
Macclesfield Harriers & Ac 'B'		1	1	5	7	7
St Helens Sutton Ac	1	1	2		4	4
Horwich R M I Harriers	2	1	1		4	4
Vale Royal Ac	1	2	1		4	4
Stockport Harriers & Ac 'B'	1	1	1		3	3
Altrincham & District AC	1	1	1		3	3
Trafford Athletic Club 'D'	1	1	1		3	3
Wirral Ac		4			4	
Warriors Pentathlon & AC				3	3	
Buxton AC		1	1		2	
Warrington A C	1	1			2	
Sale Harriers Manchester 'B'	1	1			2	
E Cheshire H & Tameside AC 'B'			1		1	

Under 17 Women	HP	WYT	TAT	KEN	Total	Best 3
Stockport Harriers & Ac	10		9	10	29	29
Warriors Pentathlon & AC	9	10	8		27	27
E Cheshire H & Tameside AC	8	8	5	9	30	25
Horwich R M I Harriers	6	9	7		22	22
Sale Harriers Manchester	7		4	8	19	19
Trafford Athletic Club	5	7	6		18	18
Salford Harriers & AC			10		10	

Under 17 Men	HP	WYT	TAT	KEN	Total	Best 3
Trafford Athletic Club	9	10	9	10	38	29
Sale Harriers Manchester	10	9	6		25	25
Wirral Ac	8	8	8		24	24
Macclesfield Harriers & Ac	7	7	7	9	30	23
Trafford Athletic Club 'B'	6			7	13	
Salford Harriers & AC		6	5		11	
St Helens Sutton Ac			10		10	
Warriors Pentathlon & AC				8	8	
Warrington A C	5				5	
Horwich R M I Harriers		5			5	

Junior Women	HP	WYT	TAT	KEN	Total	Best 3
Manchester Metropolitan Uni	8	10			18	
St Helens Sutton Ac	10				10	
University Of Manchester	9				9	

Under 20 Women B+	HP	WYT	TAT	KEN	Total	Best 3
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Junior Men	HP	WYT	TAT	KEN	Total	Best 3
Trafford Athletic Club	10	10	10	10	40	30
Liverpool Harriers & Ac			9		9	
University Of Manchester	9				9	
Manchester Metropolitan Uni		9			9	

Junior Men B+	HP	WYT	TAT	KEN	Total	Best 3
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MACCL Xc Senior Women's and Vets' Divisions

Division 1	HP	WYT	TAT	KEN	Total	Best 3
Sale Harriers Manchester	10	10	10	10	40	30
Trafford Athletic Club	9	9	9	7	34	27
Chorlton Runners	7	8	8	8	31	24
Wilmslow Running Club	8	7	7	2	24	22
Manchester Triathlon Club	5	6	5	6	22	17
Salford Metropolitan Ac	4	5	6	5	20	16
Stockport Harriers & Ac	6	4	4	4	18	14
Vale Royal Ac	1	1	2	9	13	12
Altrincham & District AC	3	3	3	3	12	9
Bramhall Runners	2	2	1	1	6	5

Division 2	HP	WYT	TAT	KEN	Total	Best 3
Macclesfield Harriers & Ac	6	8	9	10	33	27
E Cheshire H & Tameside AC	9	9	3	9	30	27
Levenshulme Runners	8	10	2	8	28	26
Horwich R M I Harriers	10	7	8	7	32	25
Didsbury Runners	7	6	7	6	26	20
Swinton Running Club	5	4	6	4	19	15
Buxton AC	4	2	5	3	14	12
Manchester Frontrunners		3	4	5	12	12
West Cheshire AC		5	10		15	

Ladies_div_3	HP	WYT	TAT	KEN	Total	Best 3
Warrington A C	10	10	9	10	39	30
Warriors Pentathlon & AC	6	9	8	9	32	26
Marple Runners	1	6	7	8	22	21
Manchester Metropolitan Uni	7	8		6	21	21
St Helens Sutton Ac	9	7	4	4	24	20
Dragons Running Club (sale)	1	3	5	5	14	13
Glossopdale Harriers	5	5	3		13	13
Knutsford Tri Club	2	4	6	2	14	12
Manchester Ymca Harriers	4	2	2	3	11	9
Manchester Road Runners	1	1	1	7	10	9
Start2jog	1	1	1	1	4	3
Hyde Village Striders	1	1	1	1	4	3
Manchester Harriers & AC	1	1	1	1	4	3
Middleton Harriers Ac	1	1	1	1	4	3
Styal Running Club	1	1	1	1	4	3
Winston Runners	1	1	1	1	4	3
Salford Harriers & AC			10		10	
University of Manchester	8				8	
Running Bear	3	1			4	
Goyt Valley Striders	1		1		2	
Belle Vue Racers		1	1		2	
Stockport Tri Club		1	1		2	
Radcliffe AC			1	1	2	
Saddleworth Runners Club			1		1	

B Teams	HP	WYT	TAT	KEN	Total	Best 3
Sale Harriers Manchester 'B'	9	10	10	10	39	30
Trafford Athletic Club 'B'	10	8	9	9	36	28
Chorlton Runners 'B'	7	9	8	8	32	25
Manchester Triathlon Club 'B'	6	5	6	7	24	19
Salford Metropolitan Ac 'B'	4	7	3		14	14
Stockport Harriers & Ac 'B'	3	6	2	1	12	11
Macclesfield Harriers & Ac 'B'		3	5	3	11	11
Wilmslow Running Club 'B'	2	4	4		10	10
Marple Runners 'B'	1	1	1	6	9	8
Didsbury Runners 'B'	1	2	1	4	8	7
Dragons Running Club (sale 'B')		1	1	5	7	7
Middleton Harriers Ac 'B'	1	1	1	1	4	3
Bramhall Runners 'B'	1	1	1		3	3
Hyde Village Striders 'B'	1	1	1		3	3
University Of Manchester 'B'	8				8	
West Cheshire AC 'B'			7		7	
Warrington A C 'B'	5				5	
Altrincham & District AC 'B'			1	2	3	
Styal Running Club 'B'		1	1		2	
Winston Runners 'B'		1	1		2	
Levenshulme Runners 'B'		1		1	2	
Manchester Harriers & AC 'B'			1		1	
Manchester Road Runners 'B'			1		1	
Swinton Running Club 'B'			1		1	
Start2jog 'B'		1			1	
Vale Royal Ac 'B'				1	1	

C+ Teams	HP	WYT	TAT	KEN	Total	Best 3
Sale Harriers Manchester 'C'	9	10	10	10	39	30
Chorlton Runners 'C'	8	9	8	9	34	26
Trafford Athletic Club 'C'	10	6	9	7	32	26
Chorlton Runners 'D'	6	8	6	8	28	22
Manchester Triathlon Club 'C'	7	3	7	4	21	18
Chorlton Runners 'E'	5	5	2	6	18	16
Marple Runners 'C'		1	4	5	10	10
Manchester Triathlon Club 'D'	4	1	1		6	6
Chorlton Runners 'F'		2	1	3	6	6
Sale Harriers Manchester 'D'		7	5		12	
Macclesfield Harriers & AC 'C'		1	3		4	
Middleton Harriers AC 'C'	3	1			4	
Salford Metropolitan Ac 'C'		4			4	
Chorlton Runners 'G'		1		2	3	
Manchester Triathlon Club 'E'		1	1		2	
Marple Runners 'E'		1	1		2	
Marple Runners 'D'		1	1		2	
Dragons Running Club (sale 'C')			1		1	
Didsbury Runners 'C'		1			1	
Winston Runners 'C'		1			1	
Chorlton Runners 'H'		1			1	
Didsbury Runners 'D'		1			1	
Wilmslow Running Club 'C'		1			1	

Vet Teams Division 1	HP	WYT	TAT	KEN	Total	Best 3
Chorlton Runners	7	10	10	10	37	30
Wilmslow Running Club	10	9	9	1	29	28
Sale Harriers Manchester	9	8	8	8	33	25
Salford Metropolitan Ac	8	6	6	6	26	20
Manchester Triathlon Club	3	7	5	7	22	19
Vale Royal AC	1	2	7	9	19	18
Altrincham & District AC	6	5	4	5	20	16
Stockport Harriers & Ac	5	4	3	4	16	13
Bramhall Runners	4	3	1	2	10	9
Swinton Running Club	2	1	2	3	8	7

Vet Teams Division 2	HP	WYT	TAT	KEN	Total	Best 3
Trafford Athletic Club	10	10	8	10	38	30
Macclesfield Harriers & Ac		9	9	9	27	27
Horwich R M I Harriers	9	7	7	7	30	23
Marple Runners	6	6	6	8	26	20
Dragons Running Club (sale)	8	4	5	6	23	19
E Cheshire H & Tameside AC	7	8	1	4	20	19
Manchester Frontrunners		3	4	5	12	12
Buxton AC	4	1	3	3	11	10
Styal Running Club	5	2	2	2	11	9
Manchester Harriers & AC	3	1	1	1	6	5
West Cheshire AC		5	10		15	

Vet Teams Division 3	HP	WYT	TAT	KEN	Total	Best 3
Knutsford Tri Club	8	10	10	8	36	28
Warrington A C	10	9	8	9	36	28
Didsbury Runners	9	8	9	10	36	28
St Helens Sutton Ac	7		7	7	21	21
Winston Runners	2	7	4	6	19	17
Manchester Ymca Harriers	6	5	3	4	18	15
Middleton Harriers Ac	1	4	1	5	11	10
Belle Vue Racers		3	1	3	7	7
Start2jog	1	2	1	2	6	5
Hyde Village Striders	1	1	1	1	4	3
Glossopdale Harriers	4		6		10	
Stockport Tri Club		6	2		8	
Goyt Valley Striders	5		1		6	
Saddleworth Runners Club			5		5	
Running Bear	3		1		4	
Levenshulme Runners			1		1	

B Teams

	HP	WYT	TAT	KEN	Total	Best 3
Chorlton Runners 'B'	8	10	8	9	35	27
Sale Harriers Manchester 'B'	10	7	7	10	34	27
Trafford Athletic Club 'B'		6	10	8	24	24
Salford Metropolitan Ac 'B'	9	9	3	1	22	21
Manchester Triathlon Club 'B'	7	5	6	6	24	19
Wilmslow Running Club 'B'	6	3	9		18	18
Marple Runners 'B'	1	4	5	7	17	16
Stockport Harriers & Ac 'B'	4	8	1	1	14	13
Dragons Running Club (sale 'B')	3	1	1	5	10	9
Bramhall Runners 'B'	5	1	1		7	7
Macclesfield Harriers & Ac 'B'		2	4	1	7	7
Didsbury Runners 'B'		1	2	3	6	6
Middleton Harriers Ac 'B'	2	1	1	1	5	4
Winston Runners 'B'	1	1	1	1	4	3
Hyde Village Striders 'B'	1	1	1	1	4	3
Manchester Harriers & AC 'B'	1	1	1		3	3
Styal Running Club 'B'		1	1	1	3	3
Altrincham & District AC 'B'			1	4	5	
Manchester Frontrunners 'B'			1	2	3	
Swinton Running Club 'B'	1		1		2	
Buxton AC 'B'			1	1	2	
Vale Royal Ac 'B'			1	1	2	
West Cheshire AC 'B'			1		1	

C+ Teams

	HP	WYT	TAT	KEN	Total	Best 3
Chorlton Runners 'C'	10	10	10	10	40	30
Chorlton Runners 'D'	8	9	8	8	33	25
Sale Harriers Manchester 'C'	9	6	3	9	27	24
Chorlton Runners 'E'	7	8	4	6	25	21
Marple Runners 'C'		5	9	7	21	21
Manchester Triathlon Club 'C'	6	2	7	1	16	15
Chorlton Runners 'F'		7	1	3	11	11
Middleton Harriers Ac 'C'	5	1	1		7	7
Dragons Running Club (sale 'C')		1	1	4	6	6
Chorlton Runners 'G'		3	1	1	5	5
Marple Runners 'D'		1	2	2	5	5
Trafford Athletic Club 'C'			6	5	11	
Altrincham & District Ac 'C'			5		5	
Middleton Harriers AC 'D'	4	1			5	
Bramhall Runners 'C'	3		1		4	
Salford Metropolitan Ac 'C'		4			4	
Wilmslow Running Club 'C'		1	1		2	
Manchester Triathlon Club 'D'		1	1		2	
Marple Runners 'E'		1	1		2	
Marple Runners 'F'		1	1		2	
Macclesfield Harriers & AC 'C'			1		1	
Stockport Harriers & Ac 'C'		1			1	
Winston Runners 'C'		1			1	
Styal Running Club 'C'		1			1	
Chorlton Runners 'H'		1			1	
Chorlton Runners 'I'		1			1	
Winston Runners 'D'		1			1	

MACCL Xc Senior Men's and Vets' Divisions

Division 1	HP	WYT	TAT	KEN	Total	Best 3
Sale Harriers Manchester	9	10	9	10	38	29
Salford Harriers & AC	10	9	10	7	36	29
E Cheshire H & Tameside AC	7	5	8	8	28	23
Chorlton Runners	5	7	7	9	28	23
Horwich R M I Harriers	8	8	2	4	22	20
Stockport Harriers & Ac	6	6	5	5	22	17
Trafford Athletic Club	4	4	6	6	20	16
Altrincham & District AC	3	3	3	3	12	9
Vale Royal AC	2	2	4	2	10	8

Division 2	HP	WYT	TAT	KEN	Total	Best 3
Glossopdale Harriers	10	10	9	10	39	30
Wilmslow Running Club	7	9	10	9	35	28
Manchester Road Runners	9	5	8	8	30	25
Didsbury Runners	4	6	7	7	24	20
Bramhall Runners	6	8	5	5	24	19
Manchester Triathlon Club	8	7	4	2	21	19
Manchester Ymca Harriers	5	4	6	6	21	17
Manchester Frontrunners	2	3	3	4	12	10
Manchester Harriers & AC	3	2	2	3	10	8
Belle Vue Racers	1	1	1	1	4	3

Division 3	HP	WYT	TAT	KEN	Total	Best 3
St Helens Sutton Ac	10	10	10		30	30
Macclesfield Harriers & Ac	6	8	9	8	31	25
Buxton AC	5	3	7	9	24	21
Levenshulme Runners	7	5	8	5	25	20
Swinton Running Club	3	6	5	7	21	18
Dragons Running Club (sale)	1	2	4	4	11	10
Goyt Valley Striders	1	1	2	6	10	9
Salford Metropolitan AC	2	1	3		6	6
Marple Runners	1	1	1	3	6	5
Knutsford Tri Club	1	1	1	2	5	4
Middleton Harriers Ac	1	1	1	1	4	3
University of Manchester	9			10	19	
Warrington A C	8		6		14	
Manchester Metropolitan Uni		9			9	
Warriors Pentathlon & AC		7			7	
Stockport Tri Club	4				4	
Hyde Village Striders		4			4	
Winston Runners	1		1		2	
Oldham & Royton H & Ac		1			1	
Start2jog		1			1	
Styal Running Club		1			1	
Wilmslow Striders		1			1	
West Cheshire AC		1			1	

B Teams

	HP	WYT	TAT	KEN	Total	Best 3
Sale Harriers Manchester 'B'	9	9	10	10	38	29
Salford Harriers & AC 'B'	10	10	9		29	29
Chorlton Runners 'B'	7	8	7	9	31	24
E Cheshire H & Tameside AC 'B'	8	5	6	8	27	22
Stockport Harriers & Ac 'B'	6	6	8	7	27	21
Altrincham & District AC 'B'	1	4	5	6	16	15
Wilmslow Running Club 'B'	1	1	3	5	10	9
Manchester Triathlon Club 'B'	4	2	1		7	7
Glossopdale Harriers 'B'	3	3	1		7	7
Didsbury Runners 'B'		1	1	4	6	6
Manchester Road Runners 'B'	1	1	2		4	4
Bramhall Runners 'B'		1	1	2	4	4
Horwich R M I Harriers 'B'	5	7			12	
Trafford Athletic Club 'B'		1	4		5	
Macclesfield Harriers & Ac 'B'			1	3	4	
St Helens Sutton Ac 'B'	2		1		3	
Levenshulme Runners 'B'	1		1		2	
Manchester Ymca Harriers 'B'		1	1		2	
Vale Royal Ac 'B'			1		1	
Buxton AC 'B'			1		1	
Dragons Running Club (sale 'B'			1		1	
Marple Runners 'B'		1			1	
Manchester Harriers & AC 'B'		1			1	

C= Teams

	HP	WYT	TAT	KEN	Total	Best 3
Sale Harriers Manchester 'C'	9	10	10	10	39	30
Sale Harriers Manchester 'D'		7	9	9	25	25
Chorlton Runners 'C'	8	8	8	8	32	24
Chorlton Runners 'D'	7	6	6	7	26	20
Sale Harriers Manchester 'E'		5	7	5	17	17
Chorlton Runners 'E'	5	3	3	6	17	14
Stockport Harriers & Ac 'C'	6	1	4	2	13	12
Chorlton Runners 'F'		1	1	4	6	6
Didsbury Runners 'C'		1	1	3	5	5
Salford Harriers & AC 'C'	10	9			19	
Sale Harriers Manchester 'F'			5		5	
Horwich R M I Harriers 'C'		4			4	
Wilmslow Running Club 'C'		1	2		3	
Altrincham & District AC 'C'		2	1		3	
Stockport Harriers & Ac 'D'		1	1		2	
Dragons Running Club (sale 'C'			1		1	
Chorlton Runners 'G'		1			1	
Chorlton Runners 'H'		1			1	

Vet Men**Division 1**

	HP	WYT	TAT	KEN	Total	Best 3
Salford Harriers & AC	10	10	9	7	36	29
Sale Harriers Manchester	7	8	10	10	35	28
Chorlton Runners	8	9	5	9	31	26
Altrincham & District AC	9	7	7	8	31	24
Wilmslow Running Club	6	6	8	6	26	20
Glossopdale Harriers	5	5	3	5	18	15
Stockport Harriers & Ac	3	4	6	4	17	14
Bramhall Runners	4	3	2	2	11	9
Vale Royal AC		2	4	3	9	9
Salford Metropolitan AC	2	1	1		4	4

Division 2

	HP	WYT	TAT	KEN	Total	Best 3
E Cheshire H & Tameside AC	9	10	10	10	39	30
Buxton AC	8	7	9	9	33	26
Manchester Triathlon Club	10	9	6		25	25
Dragons Running Club (sale)	5	8	7	6	26	21
Macclesfield Harriers & Ac	6	4	8	7	25	21
Trafford Athletic Club		6	4	8	18	18
Manchester Harriers & AC	7	5	5	5	22	17
Swinton Running Club		3	3		6	

Division 3

	HP	WYT	TAT	KEN	Total	Best 3
Horwich R M I Harriers	10	10	10	10	40	30
Didsbury Runners	5	6	7	9	27	22
Warrington A C	6		8	8	22	22
St Helens Sutton Ac	8	3	9		20	20
Goyt Valley Striders	7	5	4	7	23	19
Hyde Village Striders	4	8	6		18	18
Manchester Ymca Harriers		9	5	4	18	18
Stockport Tri Club	9	2	1		12	12
Marple Runners	1	1	3	6	11	10
Knutsford Tri Club	1	1	2	5	9	8
Middleton Harriers Ac	2	1	1	3	7	6
Levenshulme Runners	3		1	2	6	6
Belle Vue Racers	1	1	1	1	4	3
West Cheshire AC		7			7	
Oldham & Royton H & AC		4			4	
Winston Runners	1		1		2	
Wilmslow Striders		1			1	
Styal Running Club		1			1	
Start2jog		1			1	

B Teams

	HP	WYT	TAT	KEN	Total	Best 3
Sale Harriers Manchester 'B'	8	8	10	10	36	28
Chorlton Runners 'B'	9	9	6	9	33	27
Altrincham & District AC 'B'	4	7	8	8	27	23
Wilmslow Running Club 'B'	3	4	9	6	22	19
Horwich R M I Harriers 'B'	5	5	7		17	17
Stockport Harriers & Ac 'B'	1	3	5	5	14	13
Glossopdale Harriers 'B'	6	1	1	4	12	11
Macclesfield Harriers & Ac 'B'		1	4	3	8	8
Bramhall Runners 'B'	2	1	2	2	7	6
Dragons Running Club (sale 'B'		1	3	1	5	5
Marple Runners 'B'	1	1	1	1	4	3
Manchester Harriers & AC 'B'	1	1	1	1	4	3
Vale Royal Ac 'B'		1	1	1	3	3
Didsbury Runners 'B'		1	1	1	3	3
Salford Harriers & AC 'B'	10	10			20	
E Cheshire H & Tameside AC 'B'		6		7	13	
Manchester Triathlon Club 'B'	7	2			9	
Salford Metropolitan Ac 'B'			1		1	
Knutsford Tri Club 'B'			1		1	
Middleton Harriers Ac 'B'	1				1	
Belle Vue Racers 'B'		1			1	
Hyde Village Striders 'B'		1			1	

C= Teams

	HP	WYT	TAT	KEN	Total	Best 3
Sale Harriers Manchester 'C'		10	10	10	30	30
Chorlton Runners 'C'	9	9	7	9	34	27
Chorlton Runners 'D'	7	7	4	8	26	22
Wilmslow Running Club 'C'	5	4	9	6	24	20
Stockport Harriers & Ac 'C'	6	5	3	4	18	15
Sale Harriers Manchester 'D'			8	7	15	
Altrincham & District AC 'C'		8	6		14	
Chorlton Runners 'E'		6		5	11	
Salford Harriers & AC 'C'	10				10	
Manchester Triathlon Club 'C'	8				8	
Wilmslow Running Club 'D'		1	5			
Didsbury Runners 'C'			1	3		
Horwich R M I Harriers 'C'		3				
Dragons Running Club (sale 'C'			2			
Stockport Harriers & Ac 'D'		1	1		2	
Bramhall Runners 'C'		2			2	
Dragons Running Club (sale 'D'			1			
Chorlton Runners 'F'		1			1	
Manchester Harriers & AC 'C'		1			1	
Marple Runners 'C'		1				