

Manchester Area Cross Country League

at Woodbank Park, Stockport on Saturday 1st March 2025

NOTE: The individual results include only runners who have run at least 3 races

Under 11 - Boys — Points after 4 races

1 Isaac Taylor-Unitt	Salford Ha	3	(1, 2, 1, 1)
2 Alex Farrell	WarringtonA	8	(2, 4, 0, 2)
3 Alfie Furnival	WarringtonA	13	(0, 5, 2, 6)
4 Hamish Heginbotham	East Chesh	14	(3, 8, 8, 3)
5 Max Casey	Salford Ha	17	(5, 6, 6, 0)
6 Harry Crowhurst	Salford Ha	18	(6, 7, 9, 5)
7 Oscar Reynolds	Altrincham	20	(0, 9, 7, 4)
8 Lucas Pendlebury	M'chr Harr	21	(9, 0, 5, 7)
9 Mason Fletcher	Salford Ha	22	(11, 0, 3, 8)
10 Aaron Connor	Salford Ha	28	(8, 13, 11, 9)
11 Ben Dunning	Warriors P	31	(10, 15, 10, 11)
12 Noah Hartley	Salford Ha	33	(13, 10, 0, 10)
13 Joshua Leong	SaleHM	36	(12, 12, 12, 13)
14 Samuel Shatwell	StockportH	43	(7, 20, 21, 16)
15 Rohan Dickinson	StHSA	45	(15, 22, 16, 14)
16 James Moran	SaleHM	46	(14, 17, 15, 19)
17 Sebastian O'Hare	SaleHM	54	(20, 0, 13, 21)
18 Aarav Shah	Warriors P	56	(18, 19, 19, 20)
19 Tristan Tickle	WarringtonA	58	(19, 21, 18, 22)
= Zac Holman	Salford Ha	58	(17, 23, 0, 18)
21 Harry Nichol	SaleHM	65	(24, 26, 17, 24)
22 Jed Dunning	Warriors P	70	(23, 29, 22, 25)
23 Alpha Tham	SaleHM	76	(26, 24, 27, 26)
= Kian O'Rourke	LiverpoolH	76	(25, 25, 26, 0)
25 Sebastian White	TraffordAC	88	(0, 38, 23, 27)
26 Alex Almond	M'chr Harr	89	(27, 34, 28, 34)
27 Sidney Charles	East Chesh	92	(32, 50, 30, 30)
28 Leonard Broadhurst	WarringtonA	102	(34, 31, 0, 37)
29 Harry Armer	TraffordAC	103	(47, 0, 24, 32)
30 Sam Dunning	Warriors P	107	(41, 55, 35, 31)
31 Willis Howard	Oldham&RH&	108	(42, 37, 33, 38)
32 Ben Moth	SaleHM	109	(0, 40, 36, 33)
33 Brandon Rodger	M'chr Harr	110	(40, 46, 31, 39)
34 Archie Fletcher	HorwichRMI	126	(46, 49, 39, 41)
35 Harry Hussey	Macclesfie	132	(48, 53, 41, 43)
36 Oliver Hughes	HorwichRMI	139	(50, 57, 44, 45)
37 Maximilian North	SalfordMA	141	(49, 56, 45, 47)
38 Oliver Curvis	SaleHM	145	(45, 54, 46, 0)
= Ernie Coleman	SaleHM	145	(51, 58, 48, 46)

Salford Harriers & AC	3	(1, 1, 1, 1)
Warrington A C	6	(4, 2, 2, 2)
Sale Harriers Manchester	8	(2, 3, 3, 3)
Warriors Pentathlon & AC	11	(3, 4, 4, 4)
Manchester Harriers & AC	16	(5, 5, 6, 6)

Under 11 - Girls — Points after 4 races

1 Jasmine Rogan	Warriors P	3	(0, 1, 1, 1)
2 Jessica Davidson	Warriors P	6	(2, 4, 2, 2)
= Sophia McCready	Wirral Ac	6	(1, 2, 4, 3)
4 Emilia Gandy	WarringtonA	14	(3, 3, 27, 8)
5 Melia Ferendenus	SalfordMA	17	(0, 7, 3, 7)
6 Anna Gately	Wirral Ac	18	(8, 6, 6, 6)
7 Ivy Davidson	WarringtonA	20	(6, 5, 12, 9)
8 Mila Price	Wirral Ac	22	(10, 13, 8, 4)
9 Poppy Dowling	SaleHM	23	(9, 17, 9, 5)
10 Abby Gamble	WestCAC	26	(5, 8, 16, 13)
11 Isla Doyle	Altrincham	29	(13, 15, 5, 11)
12 Faye Johnson	Salford Ha	31	(4, 12, 0, 15)
13 Eliza Corrigan	Salford Ha	40	(7, 0, 14, 19)
14 Caitlin McGuirk	LiverpoolH	41	(11, 19, 11, 20)
15 Orla Coates	ValeRA	45	(12, 23, 10, 0)
16 Rebekah Miller	M'chr Harr	50	(15, 21, 18, 17)
17 Nola Colebrook	Buxton AC	52	(0, 27, 7, 18)
18 Connie Summers	SaleHM	53	(22, 22, 19, 12)
19 Pippa Hunt	SalfordMA	55	(33, 26, 13, 16)
20 Charlotte Hodgkinson	M'chr Harr	62	(20, 24, 21, 21)
21 Florence XBurman	LiverpoolH	69	(14, 41, 0, 14)
= Betsy Widdop	TraffordAC	69	(16, 0, 31, 22)
23 Libby Boyd	SalfordMA	80	(0, 33, 24, 23)
24 Ella-Grace Gosh	M'chr Harr	82	(0, 30, 22, 30)
25 Ada Cameron	LiverpoolH	86	(31, 0, 28, 27)
= Aurelia Williams	Salford Ha	86	(32, 31, 23, 0)
27 Ava Hardman	WarringtonA	87	(0, 28, 30, 29)
= Isobelle Farrelly	SalfordMA	87	(26, 35, 26, 0)
29 Violet Thomas	Salford Ha	88	(35, 32, 32, 24)
30 Ettie Rashud	WarringtonA	95	(28, 36, 0, 31)
31 Eloise Maplesden	SalfordMA	97	(27, 37, 33, 0)
32 Erin Ingham	Salford Ha	110	(34, 42, 0, 34)
33 Edie McArthur	WarringtonA	115	(30, 49, 36, 0)
34 Florence Holden	SaleHM	124	(0, 52, 35, 37)
35 Georgina Cudahy	Buxton AC	126	(37, 51, 0, 38)
36 Esme Fenton	M'chr Harr	129	(41, 58, 44, 44)
37 Lucy Clauge	StHSA	130	(46, 60, 43, 41)
38 Aoife Carthy	Salford Ha	131	(47, 59, 41, 43)
39 Sophia Lamaris	SalfordMA	136	(0, 56, 40, 40)
40 Jennifer Irving	HorwichRMI	155	(48, 62, 0, 45)

Under 13 - Boys — Points after 4 races

1 Alistair Riley	StockportH	7	(0, 4, 2, 1)
2 Harry Redhead	Warriors P	9	(3, 1, 5, 0)
3 Loxley Schofield	SalfordMA	10	(2, 2, 9, 6)
4 Bobby Hughes	Warriors P	18	(5, 3, 10, 0)
= Thomas Daly	TraffordAC	18	(4, 8, 6, 0)
6 Lenny Alves	SaleHM	23	(0, 9, 12, 2)
7 Arthur O'Hare	SaleHM	26	(11, 7, 8, 0)
= Jacob Shearing	East Chesh	26	(12, 11, 0, 3)
9 Zachary Jones	East Chesh	27	(13, 14, 7, 7)
10 Ethan O'Brien	TraffordAC	28	(10, 15, 13, 5)
11 James Walsh	SaleHM	40	(17, 19, 15, 8)
12 Oliver Ball	Buxton AC	46	(33, 20, 16, 10)
13 Ned Farncombe	TraffordAC	53	(20, 24, 0, 9)
14 Patrick Widdop	TraffordAC	56	(23, 23, 17, 16)
15 James Thorpe	ValeRA	58	(0, 22, 24, 12)
16 Max Hornsby	M'chr Harr	60	(19, 28, 26, 15)
17 Jack Procter	StockportH	65	(21, 33, 25, 19)
= Sam Moth	SaleHM	65	(28, 30, 19, 18)
= Arthur Barker	SalfordMA	65	(22, 21, 0, 22)
20 Thomas Fotheringham	TraffordAC	75	(32, 25, 29, 21)
= Dominic Riley	StockportH	75	(0, 18, 30, 27)
22 Daniel White	TraffordAC	76	(29, 35, 18, 29)
23 Quinn McCaul	Warriors P	77	(38, 17, 22, 0)
24 Joseph McGinnis	SalfordMA	81	(34, 34, 23, 24)
= Edward Moran	SaleHM	81	(26, 27, 28, 30)
26 Sammy Cowles	TraffordAC	83	(39, 31, 27, 25)
27 Hadley Lumsden	M'chr Harr	95	(42, 38, 31, 26)
28 Samuel Haskins	SaleHM	97	(31, 26, 40, 0)
29 Woody Deane	StHSA	106	(41, 42, 0, 23)
30 Archie Hennessy	East Chesh	113	(0, 46, 34, 33)
31 Joseph Bowden	TraffordAC	115	(37, 44, 36, 42)
32 Lucas Vine	StHSA	125	(47, 43, 35, 0)
33 James Goddard	StHSA	127	(46, 47, 0, 34)
34 James Nelson	East Chesh	132	(51, 55, 41, 40)
35 Rowan Trollope	StockportH	134	(53, 60, 42, 39)
36 Freddie Marsh	M'chr Tri	144	(50, 56, 0, 38)
37 Samuel Shaw	StockportH	147	(57, 64, 47, 43)
38 Zach Cole	Altrincham	156	(52, 59, 0, 45)

Under 13 - Girls — Points after 4 races

1 Eve Beddow	Warriors P	4	(1, 2, 1, 0)
2 Imogen Weatherhead	Salford Ha	12	(14, 6, 3, 3)
3 Kitty Crossland	HorwichRMI	14	(0, 3, 5, 6)
4 Emme Lowe	Salford Ha	18	(8, 5, 6, 7)
5 Freya Lombard	Salford Ha	24	(0, 12, 7, 5)
6 Eve Dowling	SaleHM	26	(7, 8, 12, 11)
7 Lucy O'Brien	SaleHM	27	(16, 7, 4, 0)
8 Poppy Boden	Warriors P	28	(10, 10, 8, 0)
9 Tolu Adebajo	LiverpoolH	38	(12, 15, 11, 0)
10 Lacey Steele	M'chr Harr	41	(17, 16, 20, 8)
11 Delphine Cross	Warriors P	46	(15, 13, 18, 0)
12 Grace Rashud	WarringtonA	47	(36, 14, 23, 10)
13 Mia Feenan	LiverpoolH	50	(28, 0, 13, 9)
14 Erin McMahon	East Chesh	55	(27, 29, 10, 18)
15 Florence Connolly	SaleHM	56	(24, 23, 9, 0)
16 Gabrielle Baxter	Salford Ha	63	(34, 17, 25, 21)
17 Alice Boothroyd	Altrincham	65	(44, 36, 17, 12)
18 Emily Nicolls	Warriors P	66	(19, 27, 22, 25)
19 Yemi Adebajo	LiverpoolH	68	(35, 28, 14, 26)
20 Sophie Lang	StHSA	71	(25, 34, 30, 16)
21 Willow Fawley	SaleHM	72	(40, 32, 26, 14)
= Cicely Coldwell	SaleHM	72	(33, 21, 24, 27)
23 Amber Khan	SaleHM	76	(30, 26, 0, 20)
24 Nancy Howe	LiverpoolH	86	(41, 30, 0, 15)
25 Isobel Woods	Salford Ha	88	(38, 0, 28, 22)
26 Emilia Darnley	StockportH	89	(43, 37, 35, 17)
27 Ava Feenan	LiverpoolH	92	(29, 0, 33, 30)
28 Isabella Holden	SaleHM	104	(50, 40, 31, 33)
29 Melissa Goddard	StHSA	107	(51, 47, 36, 24)
30 Zoe Dunning	Warriors P	119	(58, 0, 32, 29)
31 Emma Jones	SaleHM	120	(52, 39, 29, 0)
32 Helena Parikh	M'chr Harr	127	(54, 42, 0, 31)
33 Lily McKeegan	StHSA	132	(68, 64, 34, 34)
34 Charlotte Andrew	WarringtonA	134	(70, 55, 42, 37)
35 Phoebe Adams-Mercer	Macclesfie	135	(48, 46, 41, 0)
36 Imogen Meikle	StockportH	142	(57, 49, 0, 36)
37 Grace Haywood	SaleHM	151	(62, 48, 0, 41)
38 Grace Carthy	Salford Ha	153	(66, 62, 44, 47)
39 Caoimhe Finley	M'chr Harr	155	(65, 63, 49, 43)
40 Fleur Lumsden	M'chr Harr	156	(64, 60, 47, 49)
41 Zara Price	M'chr Harr	157	(79, 79, 43, 35)
42 Lily Beevers	ValeRA	163	(60, 58, 45, 0)
43 Alice Sneddon	Salford Ha	169	(0, 72, 51, 46)
44 Libby Holcroft	LiverpoolH	173	(74, 61, 0, 38)
45 Lauren Harper	Macclesfie	176	(67, 67, 0, 42)
46 Scarlet Aspinall	Buxton AC	177	(75, 76, 54, 48)

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 Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

47	Esme Channon	M'chr Harr	183 (71, 68, 0, 44)
48	Anna Allcutt	M'chr Harr	185 (0, 78, 56, 51)
49	Charlotte Cooley	StockportH	190 (69, 71, 50, 0)
50	Hannah Cudahy	Buxton AC	202 (77, 75, 0, 50)
51	Abigail Taylor	HorwichRMI	213 (78, 80, 55, 0)

Under 15 - Boys — Points after 4 races

1	Jake Ireland	Macclesfie	3 (1, 1, 1, 1)
2	Thomas Wood	Macclesfie	10 (4, 4, 2, 7)
3	Harry Shatwell	StockportH	11 (6, 9, 3, 2)
4	Michael Phelan	Warriors P	12 (3, 2, 7, 0)
5	George O'Donnell	Macclesfie	13 (0, 5, 5, 3)
6	Conor McManus	SaleHM	15 (7, 6, 4, 5)
7	Alfie Blizzard	WarringtonA	23 (9, 13, 6, 8)
8	Bobby Birkett	StHSA	24 (8, 8, 8, 0)
9	Euan Lawton	WarringtonA	30 (15, 14, 12, 4)
10	Finlay Carthy	Salford Ha	31 (10, 12, 15, 9)
11	Harvey Brown	ValeRA	33 (12, 7, 14, 0)
12	Ralphie Rome	TraffordAC	34 (18, 0, 10, 6)
=	N Glascott-Tull	Warriors P	34 (13, 10, 17, 11)
14	Max Grabe	Warriors P	36 (0, 11, 13, 12)
15	George Horsfall	SaleHM	37 (16, 16, 11, 10)
16	Harry Yates	HorwichRMI	47 (0, 15, 18, 14)
17	Joel Tidmarsh	Buxton AC	49 (20, 0, 16, 13)
18	William Aspinall	Buxton AC	59 (24, 0, 20, 15)
=	Oliver Howell	SaleHM	59 (19, 20, 0, 20)
20	Finlay Mann	HorwichRMI	65 (21, 18, 26, 0)
21	Matthew Bailey	East Chesh	66 (23, 37, 27, 16)
22	Sam Burton	Salford Ha	67 (31, 19, 0, 17)
23	Alexander Kruithof	ValeRA	75 (33, 21, 21, 0)
24	James Warrington	Altrincham	76 (42, 32, 23, 21)
25	Eli Bissett	StockportH	79 (36, 24, 32, 23)
26	Reuben Dunn	SaleHM	81 (29, 26, 31, 26)
27	Charles Bennett	Altrincham	83 (44, 28, 30, 25)
28	Charlie Millward	StockportH	84 (30, 30, 37, 24)
=	Adam Corry-Wilson	SaleHM	84 (48, 36, 29, 19)
30	Thomas Heap	Wirral Ac	91 (32, 31, 28, 0)
31	Lucas Rhodes	East Chesh	94 (34, 0, 33, 27)
32	William Murphy	Warriors P	96 (35, 27, 34, 0)
33	Nico Sidebottom	Altrincham	110 (49, 41, 39, 30)
=	Max Hill	Altrincham	110 (0, 43, 38, 29)
35	Murphy Midgley	LiverpoolH	113 (38, 34, 41, 0)
36	William McIntyre	SaleHM	115 (0, 44, 40, 31)
=	Ben Jones	SaleHM	115 (46, 33, 36, 0)
38	Alex Cojeen	Altrincham	142 (53, 46, 43, 0)

Under 15 - Girls — Points after 4 races

1	Isla Yorke	Warriors P	3 (1, 1, 1, 0)
2	Robyn Heywood-Young	SaleHM	7 (4, 5, 2, 1)
3	Caitlin Wetters	SaleHM	11 (6, 0, 3, 2)
4	Megan Boyer	SaleHM	14 (0, 6, 4, 4)
5	Poppy Branch	StockportH	17 (8, 10, 6, 3)
6	Isla Anderson	SaleHM	19 (7, 7, 10, 5)
7	Maisie Williams	LiverpoolH	20 (9, 0, 5, 6)
8	Evie May Williams	WarringtonA	26 (11, 14, 7, 8)
9	Grace Veevers	LiverpoolH	29 (10, 0, 9, 10)
10	Sara Smith	TraffordAC	39 (15, 18, 12, 12)
11	Imogen Garnett	StockportH	44 (16, 19, 17, 11)
12	Eliza Doyle	Salford Ha	50 (21, 0, 16, 13)
=	Elizabeth Lees	WarringtonA	50 (32, 30, 11, 9)
14	Savannah Mannhart	Warriors P	59 (22, 23, 22, 15)
15	Isabelle Hope	Salford Ha	68 (35, 28, 24, 16)
16	Katie Merriman	Warriors P	70 (25, 0, 27, 18)
=	Abbie Fitzgerald	StockportH	70 (34, 27, 26, 17)
18	Imogen McBurnie	East Chesh	83 (39, 31, 33, 19)
19	Olivia Kelly	StockportH	91 (36, 32, 0, 23)
20	Emily Pattison	Altrincham	98 (42, 44, 34, 22)
21	Sophie Orrell	HorwichRMI	101 (41, 39, 0, 21)
22	Anna Rooke	East Chesh	104 (31, 33, 40, 0)
23	Chloe Roper	Oldham&RH&	111 (47, 48, 39, 25)
24	Savanna Holcroft	LiverpoolH	115 (52, 46, 43, 26)
25	Olivia Taylor	HorwichRMI	117 (40, 40, 37, 0)
=	Emily Fox	StockportH	117 (50, 49, 41, 27)
27	Genevieve Jackson	TraffordAC	123 (51, 37, 35, 0)
28	Holly Turner	HorwichRMI	142 (48, 52, 42, 0)
29	Chloe Brownbill	StHSA	150 (53, 53, 44, 0)

Under 17 - Men — Points after 4 races

1	Liam Johnson	StHSA	3 (1, 1, 1, 0)
2	Jay Hutchinson	TraffordAC	8 (13, 5, 2, 1)
3	Michael Wood	Macclesfie	10 (7, 4, 3, 3)
4	Tim Ye	TraffordAC	15 (11, 6, 5, 4)
5	Theodor Austin	TraffordAC	20 (4, 0, 4, 12)
6	Evan Lewis	TraffordAC	26 (16, 8, 0, 2)
7	Archie Greenwood	TraffordAC	29 (27, 15, 7, 7)
=	Cian Taylor	Macclesfie	29 (12, 11, 6, 0)
9	Christopher Parikh	M'chr Harr	31 (15, 10, 0, 6)
10	Marshall Fleet	East Chesh	34 (18, 13, 10, 11)
11	Oliver Walker	East Chesh	44 (23, 16, 15, 13)
12	William Vose	StHSA	45 (21, 12, 12, 0)

13	Matthew Cullen-Brown	SaleHM	46 (0, 23, 13, 10)
14	Joe Taylor	East Chesh	49 (28, 18, 17, 14)
=	Evan Horwell	TraffordAC	49 (19, 14, 16, 0)
=	Luke Wilson	StHSA	49 (20, 21, 8, 21)
17	Sam Hill	StockportH	54 (0, 26, 9, 19)
18	Alfie Manser	East Chesh	58 (0, 17, 19, 22)
19	Elliot Taylor	WarringtonA	60 (34, 24, 18, 18)
=	Jared Dickinson	Macclesfie	60 (26, 20, 14, 0)
21	Nathan Dunn	East Chesh	66 (31, 31, 20, 15)
22	Tim Elgar	Salford Ha	67 (25, 25, 0, 17)
23	Mark Titmuss	HorwichRMI	73 (24, 28, 21, 0)
24	Thomas Harris	TraffordAC	82 (30, 29, 24, 29)
25	George Murphy	Warriors P	85 (35, 32, 28, 25)
26	Ryan Potts	StockportH	88 (37, 36, 26, 26)
27	Archie Bennett	East Chesh	90 (38, 39, 29, 23)
=	Ewan Saunders	SaleHM	90 (36, 30, 32, 28)
29	Charlie Bumstead	Altrincham	94 (40, 42, 23, 31)
30	Harvey Howard	WarringtonA	98 (39, 34, 25, 0)
31	Jack Broadhurst	SalfordMA	109 (41, 38, 30, 0)
32	Finnan Docherty	TraffordAC	110 (42, 41, 0, 27)
=	Noah Woolgar	WestCAC	110 (50, 33, 27, 0)
34	Benjamin Genner	StHSA	113 (48, 49, 33, 32)
=	Samuel Bailey	M'chr Harr	113 (45, 37, 31, 0)
36	Charlie Park	StockportH	118 (51, 53, 34, 33)
37	Sebastian Stewart	East Chesh	121 (53, 50, 37, 34)
38	Thomas Turner	Altrincham	131 (49, 47, 35, 0)

Under 17 - Ladies — Points after 4 races

1	Isobel Hall	SaleHM	6 (2, 0, 2, 2)
=	Constance Jenneson	Buxton AC	6 (3, 2, 3, 1)
3	Rosie Philbin	StockportH	10 (4, 3, 4, 3)
4	Lily Birkett	StHSA	21 (11, 5, 5, 0)
5	Isobel Thomas	TraffordAC	22 (13, 6, 9, 7)
6	Clara Galbraith	M'chr Harr	23 (10, 7, 0, 6)
7	Eve Grabe	Warriors P	25 (14, 12, 8, 5)
8	Hannah Robinson	LiverpoolH	29 (17, 11, 10, 8)
9	Harri-Ann Fleet	East Chesh	32 (0, 10, 11, 11)
10	Nailah Christmas	SaleHM	45 (20, 15, 0, 10)
11	Rebecca Cudahy	Buxton AC	55 (0, 22, 16, 17)
12	Isobel Robinson	LiverpoolH	57 (22, 21, 0, 14)
13	Felicity Thelwell	StockportH	60 (27, 19, 14, 0)
14	Sophie Bowman	TraffordAC	63 (28, 18, 17, 0)
15	Nicole Anders	StHSA	64 (23, 25, 0, 16)
16	Tia Harris	HorwichRMI	74 (32, 24, 18, 0)

Senior Ladies under 20 — Points after 4 races

1	Nia Griffin	U20	Start2Jog	6 (2, 2, 2, 2)
2	Sophie Armitage	U20	SaleHM	10 (4, 3, 3, 0)
3	Lucy Henson	U20	University	17 (7, 5, 5, 0)
4	Charlotte Wilkinson	U20	HorwichRMI	22 (0, 11, 7, 4)
5	Maria Rooke	U20	East Chesh	28 (9, 10, 9, 0)
6	Emma Bradley	U20	HorwichRMI	31 (0, 15, 10, 6)
7	Aliesha Smith	U20	East Chesh	36 (0, 17, 11, 8)
8	Charlotte Gee	U20	SalfordMA	40 (0, 19, 12, 9)

Senior Ladies aged 20 to 34 — Points after 4 races

1	K Haggard	Warriors P	3 (1, 1, 1, 1)
2	Vicki Cronin	TraffordAC	8 (0, 4, 2, 2)
3	Heather Hughes	SaleHM	24 (0, 13, 6, 5)
4	Kate Meeson	TraffordAC	27 (13, 11, 0, 3)
5	Ellie Kemp	LevenshulR	34 (11, 18, 5, 0)
6	Emma Nutt	WestCAC	36 (18, 0, 10, 8)
7	Samantha Newbound	Running Be	48 (19, 28, 17, 12)
8	Katie Vann	M'chr Tri	50 (0, 24, 15, 11)
9	Francesca Bale	Chorlton R	58 (22, 23, 13, 0)
10	Lucy Priestner	M'chr RR	66 (0, 34, 16, 16)
11	Megan Lewis	East Chesh	71 (30, 39, 19, 22)
12	Abbie Pickard	Didsbury R	80 (25, 41, 0, 14)
13	Kim Rothwell	Bramhall R	83 (41, 59, 24, 18)
14	M Glenister-Doyle	M'chr RR	85 (26, 38, 21, 0)
15	Yvonne King	Chorlton R	93 (23, 45, 25, 0)
=	Jessica Mohan	Start2Jog	93 (29, 54, 39, 25)
=	Josie Clough	M'chr YMCA	93 (0, 40, 34, 19)
18	Katie Cooper	M'chr Harr	94 (33, 43, 18, 0)
19	Imogen Nutter	StockportH	101 (0, 49, 31, 21)
=	Eloise Billington	Chorlton R	101 (0, 50, 28, 23)
21	Hannah Buckley	Hyde Villa	109 (45, 0, 51, 13)
22	Sarah Foreman	SwintonRC	112 (0, 51, 37, 24)
23	Kate Kinder	Hyde Villa	115 (46, 0, 43, 26)
24	Jade Ong	M'chr Tri	122 (32, 52, 38, 0)
25	Lucy Burch	ValeRA	127 (34, 53, 40, 0)
26	Jennifer Garner	Hyde Villa	128 (50, 0, 47, 31)
27	Briony Fagan	M'chr RR	141 (35, 62, 44, 0)
=	Natasha Bradford	Didsbury R	141 (54, 84, 54, 33)
29	Kaylea Maidstone	Start2Jog	143 (56, 85, 53, 34)
30	Alex Bee	LevenshulR	145 (43, 73, 0, 29)
31	Ellie Griffin	Macclesfie	146 (0, 69, 50, 27)
32	Jenny Woods	LevenshulR	148 (40, 67, 41, 0)

Senior Ladies (Vets) aged 35 to 39 — Points after 4 races

1 K Fitzpatrick	L35	Chorlton R	3 (0, 1, 1, 1)
2 Chloe Elliott	L35	SaleHM	7 (2, 3, 4, 2)
3 Claire Harris	L35	WestCAC	12 (3, 5, 0, 4)
4 Fiona Blagg	L35	M'chr Tri	20 (0, 7, 6, 7)
5 Amy Cauley	L35	TraffordAC	23 (5, 16, 7, 11)
6 Ruth Beresford	L35	TraffordAC	28 (6, 12, 12, 10)
7 Faye Lawton	L35	WarringtonA	36 (10, 19, 13, 13)
8 Hannah Brierley	L35	M'chr YMCA	40 (13, 18, 9, 0)
9 Rebecca Corbett	L35	Buxton AC	42 (11, 20, 14, 17)
10 Sarah Goulden	L35	SaleHM	54 (0, 24, 16, 14)
11 Georgina Sargent	L35	Wilmslow S	61 (0, 25, 21, 15)
12 Katie Baker	L35	M'chr YMCA	65 (0, 27, 22, 16)
13 Christina Hodges	L35	WinstonR	74 (0, 30, 26, 18)
14 Kirsty Powers	L35	M'chr FR	75 (22, 33, 0, 20)

Senior Ladies (Vets) aged 40 to 44 — Points after 4 races

1 Laura Lombard	L40	Salford Ha	3 (1, 1, 1, 1)
2 Laura Baker	L40	Warriors P	7 (2, 3, 0, 2)
3 Jessica Welsh	L40	SaleHM	10 (4, 0, 3, 3)
4 Alina Stepanchuk	L40	SalfordMA	16 (6, 7, 5, 5)
5 Winton Julie De	L40	M'chr Tri	26 (8, 10, 8, 0)
6 Harriet Hamilton	L40	SaleHM	30 (10, 9, 12, 11)
7 Anest Muller	L40	WestCAC	33 (12, 11, 0, 10)
8 Kerry Dunning	L40	Warriors P	38 (16, 0, 13, 9)
9 Stephanie Mallett	L40	Hyde Villa	46 (19, 24, 14, 13)
10 Rebecca Mills	L40	SwintonRC	47 (14, 22, 15, 18)
= Anna Aspinall	L40	GoytVS	47 (9, 29, 23, 15)
12 Laura Bell	L40	WinstonR	48 (11, 23, 21, 16)
13 Sarah Renshaw	L40	Chorlton R	54 (17, 21, 17, 20)
14 Kim Davies	L40	Bramhall R	59 (18, 25, 16, 0)
15 Lisa Costello	L40	BelleVR	63 (20, 32, 22, 21)
16 Charlotte Gilbert	L40	Chorlton R	68 (23, 26, 19, 0)
17 Helen Mutch	L40	MiddletonH	72 (25, 35, 24, 23)
18 Elisabeth Lewis	L40	Chorlton R	87 (34, 42, 28, 25)
19 Nadiyah Laajam	L40	WilmslowRC	94 (0, 37, 31, 26)
20 Aimee Woolley	L40	BelleVR	97 (32, 46, 35, 30)
= Naomi Grabe	L40	Warriors P	97 (29, 40, 0, 28)
= Rachel Billington	L40	SwintonRC	97 (0, 41, 27, 29)
23 Anna Dagnall	L40	StockportT	103 (33, 51, 38, 32)

Senior Ladies (Vets) aged 45 to 49 — Points after 4 races

1 Jo Rosenberg	L45	Altrincham	4 (0, 2, 1, 1)
2 Claire Andrew	L45	WarringtonA	6 (2, 3, 2, 2)
3 Laura Brown	L45	Didsbury R	11 (5, 5, 3, 3)
4 Katie Rolfe	L45	Buxton AC	19 (10, 0, 5, 4)
5 Victoria Jackson	L45	Marple Run	21 (7, 9, 8, 6)
= Amanda Hurndall	L45	SalfordMA	21 (6, 8, 7, 8)
7 Helen Armitage	L45	SaleHM	29 (11, 12, 6, 0)
8 Susan Johnson	L45	StHSA	45 (13, 20, 12, 0)
9 Alice Welch	L45	Altrincham	46 (0, 21, 15, 10)
10 Claire Grimmer	L45	KnutsfordT	47 (22, 0, 13, 12)
11 Helen Nation	L45	SwintonRC	50 (17, 23, 19, 14)
12 Karen Little	L45	Running Be	51 (0, 16, 18, 17)
13 Pamela Thurtle	L45	KnutsfordT	53 (12, 22, 0, 19)
14 Ruth Gowers	L45	Buxton AC	65 (23, 24, 0, 18)
15 Mel Johnson	L45	M'chr FR	75 (0, 40, 20, 15)
16 Caroline Gisby	L45	Macclesfie	86 (28, 34, 0, 24)
17 Rachel Watson	L45	BelleVR	91 (36, 38, 28, 27)
18 Johanne Greenwood	L45	StyalRC	94 (38, 0, 31, 25)
= Edyta Burgess	L45	WinstonR	94 (0, 42, 26, 26)
20 Helen Daly	L45	Chorlton R	96 (29, 35, 32, 0)
21 Alison Barbuti	L45	Chorlton R	99 (37, 39, 33, 29)
22 Colette Goddard	L45	StHSA	100 (33, 43, 35, 32)
23 Nicola Brundrett	L45	StockportT	109 (30, 50, 41, 38)
= Faye Aydin	L45	MiddletonH	109 (0, 46, 30, 33)
25 Jayne Cordingley	L45	WinstonR	117 (0, 49, 37, 31)
26 Gulderen Harwood	L45	StockportH	121 (0, 48, 38, 35)
= Andy Smith	L45	SwintonRC	121 (47, 54, 44, 30)
28 Anna Thurston	L45	Didsbury R	124 (39, 45, 40, 0)
29 Paula Manley	L45	ValeRA	125 (41, 47, 0, 37)
30 Rowena Thomas	L45	Chorlton R	126 (43, 52, 42, 41)

Senior Ladies (Vets) aged 50 to 54 — Points after 4 races

1 Anne Chinoy	L50	SaleHM	5 (0, 2, 1, 2)
2 Michelle Vaughan	L50	East Chesh	7 (3, 1, 0, 3)
3 Anna Woolgar	L50	WestCAC	9 (2, 3, 4, 0)
4 Susan Harrison	L50	WilmslowRC	14 (5, 6, 5, 4)
5 Lauren Marsden	L50	SwintonRC	24 (8, 9, 7, 0)
6 Jennie Pickard	L50	StockportH	25 (0, 10, 9, 6)
7 Sue Stockdale	L50	Macclesfie	27 (10, 13, 10, 7)
8 Jaine Brocklehurst	L50	SalfordMA	28 (6, 14, 8, 0)
9 Madeleine Hill	L50	DragonsRC	32 (9, 12, 11, 14)
10 Tracey Griffin	L50	Start2jog	34 (12, 23, 13, 9)
11 Simone Fisher	L50	Start2jog	39 (0, 17, 12, 10)
= Emma Banister	L50	Chorlton R	39 (13, 20, 14, 12)
13 Sarah Brown	L50	StockportH	43 (0, 15, 15, 13)
14 Victoria Hall	L50	Didsbury R	44 (18, 21, 18, 8)
15 Anne Rosbottom	L50	Wirral Ac	49 (11, 22, 16, 0)
16 Gaynor Williams	L50	WinstonR	69 (22, 33, 25, 22)
17 Mary Jones	L50	GoytVS	72 (0, 30, 23, 19)

18 Catherine Poole	L50	M'chr Harr	76 (25, 38, 26, 25)
19 Joanne Cudahy	L50	Buxton AC	83 (26, 37, 0, 20)
20 Carol Kershaw	L50	Hyde Villa	85 (31, 43, 28, 26)
21 Karen Charters	L50	BelleVR	89 (29, 36, 24, 0)
22 Isabelle Qamar	L50	Didsbury R	90 (17, 41, 32, 0)
23 Melanie Commins	L50	Marple Run	96 (34, 0, 35, 27)
24 Julia Foy	L50	BelleVR	99 (32, 44, 0, 23)
25 Kate Brown	L50	Running Be	110 (43, 52, 37, 30)
26 Gillian Aspin	L50	M'chr Tri	116 (0, 51, 36, 29)

Senior Ladies (Vets) aged 55 to 59 — Points after 4 races

1 Wendy Higginbottom	L55	Buxton AC	3 (1, 1, 1, 1)
2 Kerrie Wood-Doyle	L55	StockportH	6 (3, 2, 2, 2)
3 Philippa Whittingham	L55	Wilmslow S	13 (0, 6, 4, 3)
4 Joanne Lott	L55	TraffordAC	16 (6, 5, 9, 5)
5 Pippa Price	L55	Running Be	18 (0, 7, 7, 4)
6 Catherine Jones	L55	M'chr Harr	28 (10, 11, 13, 7)
7 Janet Screawn	L55	WilmslowRC	33 (12, 0, 15, 6)
8 Clare Leith	L55	Start2jog	38 (13, 0, 14, 11)
9 Jane Stiles	L55	M'chr Harr	41 (14, 19, 18, 9)
10 Lana Milligan	L55	Hyde Villa	47 (21, 16, 0, 10)
11 Jacky Taylor	L55	M'chr Tri	49 (16, 22, 21, 12)
12 Michelle Wilder	L55	M'chr Tri	53 (18, 25, 22, 13)
13 Tracy Gregory	L55	Buxton AC	63 (0, 20, 28, 15)
14 Jeanette Hanley	L55	LevenshulR	64 (24, 0, 26, 14)
15 Catherine Murphy	L55	MiddletonH	69 (22, 24, 23, 0)

Senior Ladies (Vets) aged 60 to 64 — Points after 4 races

1 Linda Rix	L60	M'chr FR	3 (1, 3, 1, 1)
2 Alison Vesey	L60	Altrincham	14 (0, 7, 5, 2)
3 Andrea Marsden	L60	SalfordMA	15 (8, 12, 4, 3)
4 Ann McLaughlin	L60	M'chr Harr	17 (6, 0, 7, 4)
5 Sue Strickland	L60	DragonsRC	18 (7, 11, 6, 5)
6 Karen Hutton	L60	KnutsfordT	23 (5, 10, 8, 0)
7 Jennifer McGuinness	L60	StockportH	24 (9, 13, 9, 6)

Senior Ladies (Vets) aged 65 to 69 — Points after 4 races

1 J Cordingley	L65	SaleHM	3 (1, 0, 1, 1)
2 Anna Ashton	L65	Marple Run	6 (3, 1, 0, 2)
3 Mandy Winckworth	L65	StyalRC	12 (5, 4, 4, 4)

Senior Ladies (Vets) aged 70 to 74 — Points after 4 races

1 Ann-Marie Jones	L70	Macclesfie	3 (1, 1, 0, 1)
2 Helen Todd	L70	StockportH	6 (0, 3, 1, 2)
3 Sue Exon	L70	TraffordAC	7 (2, 4, 2, 3)
4 Carole Williams	L70	ValeRA	17 (0, 8, 5, 4)

Senior Ladies (Vets) over 75 — Points after 4 races

1 Alexis Dinsmor	L75	StockportH	6 (0, 3, 2, 1)
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Senior Ladies — Points after 4 races

1 K Haggard		Warriors P	4 (2, 1, 1, 2)
2 Vicki Cronin		TraffordAC	12 (0, 4, 4, 4)
3 Laura Lombard	L40	Salford Ha	14 (6, 7, 3, 5)
4 K Fitzpatrick	L35	Chorlton R	17 (0, 9, 5, 3)
5 Nia Griffin	U20	Start2jog	22 (11, 8, 7, 7)
6 Chloe Elliott	L35	SaleHM	26 (10, 11, 10, 6)
7 Sophie Armitage	U20	SaleHM	44 (14, 16, 14, 0)
8 Claire Andrew	L45	WarringtonA	48 (18, 25, 17, 13)
= Claire Harris	L35	WestCAC	48 (16, 23, 0, 9)
10 Jo Rosenberg	L45	Altrincham	51 (0, 24, 15, 12)
11 Heather Hughes		SaleHM	61 (0, 26, 18, 17)
12 Kate Meeson		TraffordAC	62 (31, 20, 0, 11)
13 Jessica Welsh	L40	SaleHM	71 (28, 0, 21, 22)
= Laura Baker	L40	Warriors P	71 (24, 32, 0, 15)
15 Wendy Higginbottom	L55	Buxton AC	76 (34, 43, 28, 14)
16 Ellie Kemp		LevenshulR	78 (26, 39, 13, 0)
17 Lucy Henson	U20	University	80 (32, 28, 20, 0)
18 Fiona Blagg	L35	M'chr Tri	93 (0, 35, 27, 31)
19 Emma Nutt		WestCAC	95 (45, 0, 25, 25)
20 Laura Brown	L45	Didsbury R	100 (37, 46, 35, 28)
21 Alina Stepanchuk	L40	SalfordMA	104 (43, 58, 34, 27)
22 Anne Chinoy	L50	SaleHM	107 (0, 57, 26, 24)
23 Charlotte Wilkinson	U20	HorwichRMI	119 (0, 55, 31, 33)
24 Katie Rolfe	L45	Buxton AC	132 (63, 0, 40, 29)
25 Victoria Jackson	L45	Marple Run	139 (53, 77, 51, 35)
26 Amanda Hurndall	L45	SalfordMA	144 (51, 70, 49, 44)
27 Samantha Newbound		Running Be	145 (47, 71, 52, 46)
= Katie Vann		M'chr Tri	145 (0, 61, 44, 40)
29 Michelle Vaughan	L50	East Chesh	148 (52, 54, 0, 42)
30 Susan Harrison	L50	WilmslowRC	151 (60, 75, 46, 45)
31 Amy Cauley	L35	TraffordAC	153 (35, 122, 50, 68)
32 Anna Woolgar	L50	WestCAC	157 (50, 64, 43, 0)
33 Francesca Bale		Chorlton R	158 (58, 59, 41, 0)
34 Maria Rooke	U20	East Chesh	168 (40, 50, 78, 0)
35 Lucy Priestner		M'chr RR	186 (0, 85, 48, 53)
36 Kerrie Wood-Doyle	L55	StockportH	188 (68, 107, 68, 52)
37 Ruth Beresford	L35	TraffordAC	199 (65, 76, 93, 58)
38 Harriet Hamilton	L40	SaleHM	205 (74, 94, 71, 60)
39 Helen Armitage	L45	SaleHM	206 (73, 86, 47, 0)
40 Winton Julie De	L40	M'chr Tri	209 (59, 95, 55, 0)

38	Miles Moran	Didsbury R	210(72,129, 80, 58)	23	Graeme Eddie	V45	Macclesfie	102 (37, 40, 0, 25)	
39	Daniel Bailey	M'chr YMCA	211(0,102, 64, 45)	24	James Wood	V45	Macclesfie	106 (38, 38, 30, 0)	
40	Meng Leong	Didsbury R	212 (66, 84, 62, 0)	25	Matt Farr	V45	Didsbury R	108 (35, 46, 27, 0)	
41	T Boyesen-Corballis	LevenshulR	223 (86, 0, 77, 60)	26	Richard Knight	V45	SalfordMA	110 (40, 42, 28, 0)	
42	Nick Bugler	Altrincham	232(0,100, 78, 54)	=	Matthew Crimes	V45	M'chr Harr	110(42, 35, 41, 34)	
43	Matthew Furniss	MarpleRun	236(0,103, 72, 61)	28	Matthew Herbert	V45	Didsbury R	113 (45, 44, 0, 24)	
44	Dan Martell	Altrincham	242(0,133, 65, 44)	29	Rob Sheldon	V45	Glossopdal	116 (39, 45, 32, 0)	
45	Chris Essex	Didsbury R	248 (96, 0, 81, 71)	30	Chris Sewart	V45	M'chr Harr	122(55, 58, 39, 28)	
46	Doug Webb	LevenshulR	256(0,125, 74, 57)	31	McNally Richard Bond	V45	StyalRC	130 (54, 0, 44, 32)	
47	Louis James	Chorlton R	265(88,107, 70, 0)	32	Steve Billington	V45	SwintonRC	132 (0, 60, 42, 30)	
=	Sam Johnson	StockportH	265(95, 0,100, 70)	33	Duncan Campbell	V45	Buxton AC	136 (52, 57, 0, 27)	
=	Joseph Hayes	M'chr YMCA	265(84,106, 75, 0)	Senior Men (Vets) aged 50 to 54 — Points after 4 races					
50	Jack Miller	Wilmslow S	267(107, 0, 91, 69)	1	Stuart Doyle	V50	ValeRA	5 (1, 3, 3, 1)	
51	Sebastian Bate	Chorlton R	271(103,162, 92, 76)	2	Gareth Raven	V50	Salford Ha	6 (4, 1, 1, 0)	
52	Adam Turner	DragonsRC(277(87,117, 73, 0)	3	Julian Goudge	V50	HorwichRMI	10 (2, 5, 0, 3)	
53	Alexander Ratcliffe	Marple Run	287(118, 0,101, 68)	4	Jeff Prest	V50	TraffordAC	12 (8, 0, 2, 2)	
54	Jamie Soul	Didsbury R	295 (116,163,102,	5	Robert White	V50	Buxton AC	20 (0, 10, 5, 5)	
77)				6	Olivier Gaillemain	V50	SaleHM	21 (10, 11, 7, 4)	
72)	55 William McDonald	Buxton AC	296 (121,171,103,	7	Frank Podd	V50	Bramhall R	36 (14, 17, 14, 8)	
				8	Andrew Wilson	V50	StHSA	37 (15, 14, 8, 0)	
				=	Roger Thomas	V50	M'chr Tri	37 (12, 21, 16, 9)	
				10	John Ash	V50	M'chr FR	40 (19, 20, 11, 10)	
				11	James Corden	V50	StockportH	42 (18, 23, 17, 7)	
				12	Gareth Briggs	V50	Macclesfie	53 (16, 22, 15, 0)	
				13	Steven Gavin	V50	SaleHM	60 (0, 28, 20, 12)	
				=	Jonathan Sewell	V50	Buxton AC	60 (20, 26, 0, 14)	
				15	Andrew Almond	V50	M'chr Harr	64 (26, 33, 23, 15)	
				16	Dennis Thomas	V50	East Chesh	66 (22, 31, 0, 13)	
				17	Michael Bean	V50	Didsbury R	78 (27, 0, 31, 20)	
				18	Mark Day	V50	SaleHM	79 (29, 35, 32, 18)	
				19	Barry Fenton	V50	M'chr Harr	86 (0, 42, 28, 16)	
				=	Mark Smith	V50	StockportH	86 (31, 45, 34, 21)	
				21	Ronan Kearney	V50	Warriors P	91 (35, 0, 37, 19)	
				22	Andrew Vaughan	V50	Didsbury R	95 (33, 48, 39, 23)	
				23	Stephen Greaves	V50	WilmslowRC	104 (39, 36, 29, 0)	
				24	Gavin Nixon	V50	Marple Run	116(45, 56, 44, 27)	
				25	Colin Shore	V50	StockportT	117 (36, 46, 35, 0)	
				26	Dave Gaskell	V50	KnutsfordT	119 (0, 54, 41, 24)	
				27	Geoff Fawkes	V50	ValeRA	129 (40, 49, 40, 0)	
				28	Jonathan Atkinson	V50	Didsbury R	138 (43, 52, 43, 0)	
				Senior Men (Vets) aged 55 to 59 — Points after 4 races					
				1	Tim Shanker	V55	M'chr YMCA	5 (2, 0, 2, 1)	
				2	Richard Johnson	V55	Altrincham	8 (1, 4, 3, 0)	
				3	Jonathan Leslie	V55	Altrincham	15 (8, 8, 4, 3)	
				4	Gareth Williams	V55	ValeRA	20 (5, 7, 0, 8)	
				5	Tim Johns	V55	M'chr Tri	25 (9, 12, 10, 6)	
				6	Craig Leith	V55	Start2jog	27 (7, 13, 11, 9)	
				7	Peter Daly	V55	Glossopdal	42 (13, 24, 0, 5)	
				8	Ian Bowker	V55	Marple Run	43 (11, 22, 0, 10)	
				9	Adam Brown	V55	Bramhall R	55 (21, 25, 15, 19)	
				10	Paul Maybury	V55	DragonsRC(58 (0, 26, 17, 15)	
				=	Stephen Brown	V55	StockportH	58 (0, 31, 14, 13)	
				12	Paul Markall	V55	Buxton AC	65 (29, 34, 19, 17)	
				13	Farouk Vawda	V55	BelleVR	94 (35, 37, 22, 0)	
				14	Nick Roberts	V55	StockportT	102 (32, 44, 26, 0)	
				15	Mark Warner	V55	Marple Run	103 (36, 46, 0, 21)	
				Senior Men (Vets) aged 60 to 64 — Points after 4 races					
				1	Stephen Watmough	V60	WarringtonA	3 (1, 1, 1, 0)	
				2	Paul Oakley	V60	GoytVS	6 (2, 2, 2, 2)	
				3	Richard Evans	V60	Altrincham	10 (3, 0, 4, 3)	
				4	David Soles	V60	Buxton AC	19 (7, 7, 5, 0)	
				=	Roberto Raso	V60	M'chr FR	19 (11, 8, 6, 5)	
				6	Phil Kemp	V60	Didsbury R	20 (8, 5, 8, 7)	
				7	Steven Doxey	V60	SwintonRC	30 (0, 13, 9, 8)	
				8	Paul Beckett	V60	StockportT	36 (12, 9, 0, 15)	
				9	Trevor Rayner	V60	Salford Ha	41 (14, 15, 12, 0)	
				=	Sean Glaister	V60	Chorlton R	41 (19, 16, 15, 10)	
				11	Anthony Harrison	V60	WinstonR	43 (16, 14, 17, 13)	
				12	Frank Cordingley	V60	SaleHM	47 (21, 0, 14, 12)	
				13	Ian Smallwood	V60	WilmslowRC	50 (18, 18, 0, 14)	
				14	Rob Todd	V60	DragonsRC(60 (22, 20, 18, 0)	
				15	Julian Sacofsky	V60	LevenshulR	64 (25, 0, 21, 18)	
				16	Iain Johnson	V60	Start2jog	65 (23, 22, 20, 0)	
				Senior Men (Vets) aged 65 to 69 — Points after 4 races					
				1	Aidan Raftery	V65	SaleHM	3 (1, 1, 1, 1)	
				2	Mike Race	V65	SalfordMA	7 (3, 3, 2, 2)	
				3	David Chrystie-Lowe	V65	Glossopdal	11 (5, 0, 3, 3)	
				=	Tom McGaff	V65	WilmslowRC	11 (2, 2, 11, 7)	
				5	Paul Barber	V65	WinstonR	15 (6, 7, 4, 5)	
				=	Steve Shaughnessy	V65	StockportH	15 (0, 6, 5, 4)	
				7	Pete Stock	V65	WilmslowRC	22 (0, 9, 7, 6)	
				8	Patrick O'Brien	V65	BelleVR	24 (8, 10, 6, 0)	
				Senior Men (Vets) aged 70 to 74 — Points after 4 races					
				1	David Gee	L70	M'chr Harr	3 (0, 1, 1, 1)	
				2	Andy Watts	L70	WilmslowRC	7 (0, 3, 2, 2)	
				=	Tony Archer	V70	ValeRA	7 (1, 2, 4, 0)	

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4 John Clarke V70 ValeRA 9 (3, 4, 3, 3)
5 Alan Garvey V70 MiddletonH 15 (4, 6, 5, 0)
Senior Men (Vets) over 75 — Points after 4 races
1 Michael Curley V75 Chorlton R 3 (1, 1, 1, 0)
2 Michael Cunningham V75 M'chr Harr 5 (2, 2, 2, 1)
3 Robert Taylor V75 StockportH 10 (3, 4, 4, 3)
4 Zcynel Aydin L75 MiddletonH 12 (0, 3, 3, 5, 4)
Senior Men — Points after 4 races
1 Arlo Ludewick SaleHM 6 (2, 3, 1, 0)
2 Nicholas Barry SaleHM 14 (4, 4, 6, 0)
3 Aaron Doyle ValeRA 18 (14, 12, 5, 1)
4 U20 SaleHM 23 (5, 11, 7, 0)
5 Campo Sebastian Del MMU 27 (12, 7, 10, 10)
6 Matthew Cooper Salford Ha 33 (6, 13, 14, 0)
7 Gavin Browne East Chesh 36 (21, 20, 12, 4)
8 Andrew Norman V40 Altrincham 46 (19, 19, 0, 8)
9 Philip Radford Chorlton R 61 (0, 30, 20, 11)
10 Michael Holness V40 East Chesh 70 (10, 0, 43, 17)
11 Doyle Jacob Wood StockportH 80 (0, 42, 26, 12)
12 Richard Coen V45 WilmslowRC 91 (0, 41, 30, 20)
13 Jack Heap U20 Wirral Ac 93 (27, 37, 29, 0)
= Peter Speake V45 WilmslowRC 93 (48, 0, 24, 21)
15 Michael Berks V40 Altrincham 95 (33, 0, 46, 16)
16 Rhys Bowden U20 ValeRA 105 (26, 40, 39, 0)
= David Wyeth V40 Chorlton R 105 (47, 53, 40, 18)
18 Phil Richardson SaleHM 106 (35, 35, 36, 0)
19 Adam Rashud V40 WarringtoA 123 (37, 45, 41, 0)
20 Mark Shatwell V40 StockportH 126 (40, 75, 53, 33)
21 Ben Tettler V45 Glossopdal 127 (42, 51, 0, 34)
22 Jack Catterall U20 StockportH 129 (54, 84, 52, 23)
23 Stuart Doyle V50 ValeRA 133 (49, 57, 58, 27)
24 Gareth Raven V50 Salford Ha 141 (75, 38, 28, 0)
25 Daniel Bird SwintonRC 149 (38, 67, 44, 0)
26 Harry Hind StockportH 153 (39, 80, 64, 50)
27 Jonathan Pickup Didsbury R 159 (56, 0, 66, 37)
28 George Langford Chorlton R 161 (55, 64, 42, 0)
29 Chris Donnelly V45 SaleHM 181 (84, 0, 67, 30)
30 Jeff Prest V50 TraffordAC 182 (104, 0, 49, 29)
31 Julian Goudge V50 HorwichRMI 200 (62, 93, 0, 45)
32 Andrew Curvis SaleHM 203 (0, 101, 63, 39)
33 James Stubbs Glossopdal 204 (68, 104, 0, 32)
= James Titmuss V45 HorwichRMI 204 (76, 100, 74, 54)
35 Damien McHugh Didsbury R 207 (99, 92, 71, 44)
36 Jacob Taylor East Chesh 211 (67, 91, 0, 53)
37 Pierce Lyons M'chrFR 212 (91, 115, 78, 43)
38 Robin Hulme Bramhall R 221 (74, 77, 0, 70)
39 Adam Rosillo Chorlton R 222 (61, 76, 85, 0)
40 Dan Partington U20 TraffordAC 225 (89, 109, 75, 61)
41 Matt Crichton SwintonRC 227 (0, 144, 57, 26)
= Matthew Barker U20 MMU 227 (93, 82, 0, 52)
43 Mark Condon M'chr YMCA 233 (73, 136, 102, 58)
44 Steven Anders V45 StHSA 243 (72, 98, 73, 0)
45 Keir McCulloch U20 University 248 (88, 114, 0, 46)
46 Mark Walker V45 Macclesfie 251 (0, 145, 65, 41)
47 Tim Shanker V55 M'chr YMCA 258 (112, 0, 91, 55)
48 Rob Cleaver LevenshulR 261 (83, 118, 0, 60)
49 Tom McMahon V40 East Chesh 264 (96, 0, 97, 71)
50 Robert White V50 Buxton AC 265 (0, 129, 79, 57)
51 Ben Greene Macclesfie 271 (0, 130, 90, 51)
52 Callum Fricker U20 East Chesh 272 (90, 120, 0, 62)
= Olivier Gaillemie V50 SaleHM 272 (125, 131, 99, 48)
54 Nicholas Jackson M'chr YMCA 282 (0, 122, 84, 76)
55 Peter Williams Wilmslow S 298 (151, 159, 82, 65)
56 Michael Brussels StHSA 306 (139, 142, 25, 0)
57 Martin Dickson LevenshulR 307 (92, 138, 77, 0)
58 Stephen Watmough V60 WarringtoA 311 (100, 128, 83, 0)
59 Vic Walsh V45 BelleVR 313 (120, 162, 113, 80)
60 Darren Smith V45 Hyde Villa 323 (136, 146, 118, 69)
61 Robin Horner V45 East Chesh 325 (126, 113, 86, 0)
= Jonathan Aust V45 East Chesh 325 (137, 198, 116, 72)
63 Philip Tomkinson M'chr YMCA 327 (114, 158, 111, 102)
64 Kitt Garvey LevenshulR 329 (0, 170, 95, 64)
65 Paul Grabe V40 Warriors P 336 (142, 154, 109, 85)
66 Oliver Woodcock Start2jog 338 (103, 0, 148, 87)
67 Richard Dunning V40 Warriors P 339 (127, 121, 131, 91)
= D Harrison-Croft M'chrRR 339 (140, 168, 133, 66)
69 Dan Scotson Didsbury R 342 (0, 139, 120, 83)
70 Dayle Dwyer SalfordMA 347 (153, 0, 105, 89)
71 Toby Robinson U20 TraffordAC 350 (113, 157, 80, 0)
72 Paul Oakley V60 GoytVS 352 (149, 190, 122, 81)
73 Matt Darnley V45 Bramhall R 353 (185, 239, 93, 75)
74 Blair Paterson M'chrFR 356 (0, 155, 108, 93)
75 Richard Johnson V55 Altrincham 358 (94, 164, 100, 0)
76 Colin Latham V40 DragonsRC(361 (119, 125, 117, 0)
77 Tom Stephenson V40 SaleHM 362 (133, 117, 112, 0)
78 Jonathan Knight V45 StockportH 371 (145, 165, 125, 101)
79 Mark Cordiner SwintonRC 378 (164, 186, 140, 74)
80 Benjamin Brown Chorlton R 394 (165, 195, 141, 88)
= Daniel Bailey M'chr YMCA 394 (0, 189, 123, 82)
82 Peter O'Neill V40 SaleHM 396 (0, 171, 121, 104)
83 Roger Thomas V50 M'chr Tri 398 (143, 229, 152, 103)
84 Meng Leong Didsbury R 401 (134, 152, 115, 0)
85 Frank Podd V50 Bramhall R 403 (162, 200, 142, 99)
86 George Steele V40 M'chr Harr 406 (171, 232, 138, 97)
87 Jono Guildford V45 M'chrFR 407 (150, 0, 157, 100)
88 Richard Evans V60 Altrincham 411 (176, 0, 145, 90)
= Richard Jackson V40 SwintonRC 411 (154, 0, 149, 108)
90 Matthew Allen V40 Altrincham 415 (163, 187, 146, 106)
91 Miles Moran Didsbury R 427 (147, 247, 166, 114)
92 John Ash V50 M'chrFR 442 (202, 228, 135, 105)
93 Nick Bugler Altrincham 443 (0, 185, 164, 94)
94 James Corden V50 StockportH 448 (196, 253, 154, 98)
95 Andrew Wilson V50 StHSA 453 (169, 174, 110, 0)
96 T Boyesen-Corballis LevenshulR 460 (179, 0, 163, 118)
97 Matthew Furniss Marple Run 461 (0, 192, 150, 119)
98 Dan Martell Altrincham 465 (0, 256, 130, 79)
99 Paul Connolly V40 SalfordMA 466 (195, 251, 160, 111)
100 Philip Burns V45 StockportH 478 (122, 197, 159, 0)
101 Robert Olliver V45 ValeRA 495 (0, 212, 174, 109)
102 Jonathan Leslie V55 Altrincham 498 (214, 220, 168, 116)
103 Doug Webb LevenshulR 508 (0, 240, 158, 110)
104 Robert Fairbanks V45 SaleHM 516 (203, 288, 183, 130)
105 Louis James Chorlton R 532 (188, 201, 143, 0)
106 Gareth Williams V55 ValeRA 533 (173, 208, 0, 152)
107 Joseph Hayes M'chr YMCA 537 (177, 199, 161, 0)
108 Aidan Rafferty V65 SaleHM 545 (205, 257, 205, 135)
= Harley Milburn U20 MMU 545 (209, 227, 167, 169)
110 Chris Essex Didsbury R 551 (217, 0, 169, 165)
111 Chris Kershaw V45 Bramhall R 554 (216, 0, 196, 142)
112 Adam Turner DragonsRC(555 (183, 217, 155, 0)
113 Gareth Briggs V50 Macclesfie 572 (189, 236, 147, 0)
114 Mark Pagram V45 M'chr Tri 575 (197, 0, 249, 129)
115 Tim Johns V55 M'chr Tri 576 (223, 294, 210, 143)
116 Pete Woodhead V45 GoytVS 585 (243, 281, 211, 131)
117 Steven Gavin V50 SaleHM 595 (0, 275, 192, 128)
118 Craig Leith V55 Start2jog 599 (212, 296, 215, 172)
119 Stephen Kirk V40 Hyde Villa 602 (0, 299, 181, 122)
120 Sebastian Bate Chorlton R 604 (233, 340, 195, 176)
121 Jack Miller Wilmslow S 607 (254, 0, 190, 163)
122 Jonathan Sewell V50 Buxton AC 612 (206, 270, 0, 136)
123 Sam Johnson StockportH 617 (213, 0, 240, 164)
= Dan Levin V40 Didsbury R 617 (0, 279, 188, 150)
125 Andrew Almond V50 M'chr Harr 620 (264, 310, 203, 153)
126 Phil Kemp V60 Didsbury R 622 (241, 282, 220, 161)
127 Guy Weaver V45 Chorlton R 624 (186, 265, 173, 0)
128 Mike Race V65 SalfordMA 629 (269, 323, 213, 147)
129 Roberto Raso V60 M'chrFR 641 (284, 331, 216, 141)
130 Phil Ramsey V45 Bramhall R 649 (218, 285, 0, 146)
131 Daniel Martin SwintonRC 659 (211, 271, 177, 0)
132 Dennis Thomas V50 East Chesh 679 (246, 301, 0, 132)
133 John Weaver V40 MiddletonH 680 (242, 196, 242, 0)
134 Callum D'souza Buxton AC 684 (234, 264, 186, 0)
135 Alexander Ratcliffe Marple Run 686 (282, 0, 244, 160)
136 Andrew Neilson Wilmslow S 692 (255, 292, 0, 145)
137 Graeme Eddie V45 Macclesfie 693 (227, 286, 0, 180)
138 Jamie Soul Didsbury R 699 (273, 345, 245, 181)
139 William McDonald Buxton AC 704 (291, 385, 247, 166)
= Michael Bean V50 Didsbury R 704 (266, 0, 246, 192)
141 Peter Dean V40 StockportH 717 (208, 336, 0, 173)
142 Richard Knight V45 SalfordMA 718 (236, 289, 193, 0)
143 James Wood V45 Macclesfie 719 (228, 284, 207, 0)
= Jordan Baxter LevenshulR 719 (0, 377, 219, 123)
= Dean Barker-Smith SwintonRC 719 (323, 399, 225, 171)
146 Mark Day V50 SaleHM 721 (288, 325, 255, 178)
147 Matthew Herbert V45 Didsbury R 722 (250, 305, 0, 167)
148 Matt Farr V45 Didsbury R 731 (221, 319, 191, 0)
= Matthew Conner V40 Chorlton R 731 (0, 342, 234, 155)
150 Chris Harries V40 BelleVR 736 (311, 344, 266, 159)
151 Neil Ryan V40 M'chr Harr 742 (267, 317, 0, 158)
152 Edward Gough U20 StockportH 745 (336, 97, 312, 0)
153 Matthew Crimes V45 M'chr Harr 746 (239, 272, 285, 235)
154 Michael Donigan V40 SwintonRC 748 (0, 341, 228, 179)
155 David Soles V60 Buxton AC 754 (238, 314, 202, 0)
156 Michael Wilkinson V40 HorwichRMI 759 (0, 361, 241, 157)
157 Malcolm Orrell SalfordMA 760 (258, 316, 0, 186)
158 Rob Sheldon V45 Glossopdal 762 (232, 307, 223, 0)
= Barry Fenton V50 M'chr Harr 762 (0, 374, 226, 162)
160 Mark Smith V50 StockportH 767 (303, 402, 270, 194)
161 David Gee L70 M'chr Harr 777 (0, 368, 235, 174)
162 Tom McGaff V65 WilmslowRC 778 (247, 309, 332, 222)
163 Peter Daly V55 Glossopdal 781 (272, 369, 0, 140)
164 David Chrystie-Lowe V65 Glossopdal 784 (318, 0, 269, 197)
165 Chris Sewart V45 M'chr Harr 790 (330, 405, 265, 195)
166 Ronan Kearney V50 Warriors P 797 (332, 0, 275, 190)
167 Ian Bowker V55 Marple Run 810 (270, 365, 0, 175)
= Martin Forker V40 M'chr Tri 810 (0, 367, 256, 187)
169 Paul Barber V65 WinstonR 812 (324, 412, 283, 205)
170 Alan Beaumont M'chr YMCA 817 (0, 386, 261, 170)
171 Thomas Lewis M'chr RR 819 (240, 290, 289, 0)

172 Adam Brown	V55	BramhallR	829(313,394,288,228)
= Tom Williams		M'chrRR	829(261,318,250, 0)
174 McNally Richard Bond	V45	StyalRC	831(316, 0,296,219)
175 Andrew Vaughan	V50	Didsbury R	843(327,414,292,224)
176 Steven Doxey	V60	SwintonRC	857(0,422,251,184)
177 Michael Curley	V75	Chorlton R	858(287,333,238, 0)
178 Sean Glaister	V60	Chorlton R	866(367,429,291,208)
179 Stephen Brown	V55	StockportH	871(0,413,260,198)
180 Evan Roberts		DragonsRC(872(0,398,267,207)
181 Steven Ward	V40	DragonsRC(874(296,348,230, 0)
182 George Raffle		Altrincham	878(0,401,271,206)
= Anthony Harrison	V60	WinstonR	878(340,427,318,220)
184 Frank Cordingley	V60	SaleHM	881(380, 0,286,215)
185 Paul Beckett	V60	StockportT	882(289,362, 0,231)
186 Duncan Campbell	V45	Buxton AC	884(305,388, 0,191)
187 Jonathan Coulson		M'chrRR	893(348, 0,311,234)
188 Stephen Greaves	V50	WilmslowRC	910(339,334,237, 0)
= Lee Marks	V40	SalfordMA	910(301,378,231, 0)
190 Steve Shaughnessy	V65	StockportH	911(0,408,300,203)
191 Paul Maybury	V55	DragonsRC(912(0,400,299,213)
192 Paul Markall	V55	Buxton AC	913(375,439,320,218)
193 Steve Billington	V45	SwintonRC	914(0,426,287,201)
194 John Clarke	V70	ValeRA	931(378,464,313,240)
195 Nicholas Colwill	V40	Chorlton R	938(304,357,277, 0)
196 Pete Stock	V65	WilmslowRC	947(0,421,309,217)
197 Andy Watts	L70	WilmslowRC	955(0,438,301,216)
198 Gavin Nixon	V50	Marple Run	968(382,482,344,242)
199 Robert Maidstone		Start2jog	975(384, 0,343,248)
200 Dave Gaskell	V50	KnutsfordT	978(0,448,303,227)
201 Julian Sacofsky	V60	LevenshulR	979(393, 0,340,246)
202 Graeme Wilkinson	V40	M'chr YMCA	982(395,490,342,245)
203 Michael Cunningham	V75	M'chr Harr	994(404,486,346,244)
204 William Franks		Chorlton R	1008(335,380,293, 0)
= Colin Shore	V50	StockportT	1008(333,403,272, 0)
206 Robert Taylor	V75	StockportH	1010(410,500,350,250)
207 Trevor Rayner	V60	Salford Ha	1028(321,428,279, 0)
208 Ian Smallwood	V60	WilmslowRC	1052(364,459, 0,229)
209 Geoff Fawkes	V50	ValeRA	1063(341,420,302, 0)
210 Alan Mahoney	V40	StHSA	1077(359,436,282, 0)
211 Tony Archer	V70	ValeRA	1103(353,431,319, 0)
212 Zcyneel Aydin	L75	MiddletonH	1106(0,499,351,256)
= Patrick O'Brien	V65	BelleVR	1106(366,435,305, 0)
214 Jonathan Atkinson	V50	Didsbury R	1143(370,442,331, 0)
215 Mark Warner	V55	Marple Run	1159(409,497, 0,253)
216 Rob Todd	V60	DragonsRC(1185(381,469,335, 0)
217 Farouk Vawda	V55	BelleVR	1188(402,458,328, 0)
218 Iain Johnson	V60	Start2jog	1203(385,479,339, 0)
219 Nick Roberts	V55	StockportT	1211(387,483,341, 0)
220 Alan Garvey	V70	MiddletonH	1230(396,485,349, 0)