

Manchester Area Cross Country League at Woodbank Park on Saturday 11th October 2025

Under 11 - Boys — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	997	Lucas Pendlebury	Manchester Harriers & AC	9:11	37	2288	Oliver Platts	Warriors Pentathlon & AC	10:44
2	1345	Joshua Leong	Sale Harriers Manchester	9:16	38	2284	Jedidiah Dunning	Warriors Pentathlon & AC	10:46
3	1349	Jacob Renshaw	Sale Harriers Manchester	9:18	39	2147	Henry Pickles	Vale Royal Ac	10:49
4	4	Oscar Reynolds	Altrincham & District Ac	9:28	40	598	Finlay Stokes	Horwich R M I Harriers	10:49
5	1348	Sebastian O'Hare	Sale Harriers Manchester	9:35	41	1	Samuel Boothroyd	Altrincham & District Ac	10:52
6	782	Alex Bailey-Hall	Liverpool Harriers & Ac	9:37	42	2146	Harvey McNamara	Vale Royal Ac	10:54
7	882	Jax Tomlinson	Macclesfield Harriers & Ac	9:38	43	201	Jasper Stott	Buxton AC	10:57
8	1662	Freddie Lyons	Salford Metropolitan Ac	9:40	44	2285	Sam Dunning	Warriors Pentathlon & AC	10:58
9	2504	Jacob Leeming-Nelson	Wirral Ac	9:42	45	2023	Henry Ball	Trafford Athletic Club	10:58
10	1738	Rohan Dickinson	St Helens Sutton Ac	9:42	46	1741	Austin Murphy	St Helens Sutton Ac	11:02
11	1737	Max Andres	St Helens Sutton Ac	9:43	47	1666	Wilfred Wright	Salford Metropolitan Ac	11:04
12	1346	James Moran	Sale Harriers Manchester	9:49	48	1558	Oakley Baker	Salford Harriers & AC	11:05
13	2502	Freddie Jackson	Wirral Ac	9:54	49	2505	Sasha Mamedov	Wirral Ac	11:06
14	2025	Odhran Nash	Trafford Athletic Club	9:55	50	783	Max Baker	Liverpool Harriers & AC	11:10
15	999	Martin Svacna	Manchester Harriers & AC	9:59	51	1347	Ben Moth	Sale Harriers Manchester	11:15
16	466	James McMahon	E Cheshire H & Tameside AC	10:01	52	2283	Oliver Bromley-Walsh	Warriors Pentathlon & AC	11:19
17	1823	Harry Woodhead	Stockport Harriers & Ac	10:07	53	2372	Sam Arnold	West Cheshire AC	11:20
18	1559	Ellis Breukers	Salford Harriers & AC	10:07	54	1743	Matthew Wilson	St Helens Sutton Ac	11:21
19	2212	Leonard Broadhurst	Warrington A C	10:07	55	784	Emrys Care	Liverpool Harriers & AC	11:22
20	2282	Ralph Abdulla	Warriors Pentathlon & AC	10:08	56	1344	Matthew Leak	Sale Harriers Manchester	11:24
21	2214	Daniel Lancaster	Warrington A C	10:14	57	1822	Solomon Thompson	Stockport Harriers & AC	11:27
22	2499	Luke English	Wirral Ac	10:17	58	993	Alex Almond	Manchester Harriers & AC	11:29
23	1665	Sammy Williamson	Salford Metropolitan Ac	10:18	59	2289	Joseph Potter	Warriors Pentathlon & AC	11:33
24	1353	Alpha Tham	Sale Harriers Manchester	10:19	60	998	Brandon Rodger	Manchester Harriers & AC	11:34
25	1563	Freddie Pollock	Salford Harriers & AC	10:22	61	2287	Jacob Platts	Warriors Pentathlon & AC	11:43
26	1341	Ollie Hutton	Sale Harriers Manchester	10:29	62	996	Arthur Nicholson	Manchester Harriers & AC	11:46
27	2290	James Weinberger	Warriors Pentathlon & AC	10:30	63	2148	Samual Reynolds	Vale Royal Ac	11:46
28	2503	Artur Karpov	Wirral Ac	10:35	64	1561	Albie Goodwin	Salford Harriers & AC	11:49
29	2024	Henry Hooper-Loudon	Trafford Athletic Club	10:35	65	1000	Alex Tevlin	Manchester Harriers & AC	11:50
30	468	Oliver Shearing	E Cheshire H & Tameside AC	10:37	66	1821	Jonah Thompson	Stockport Harriers & AC	11:54
31	1740	Laurie Jones	St Helens Sutton Ac	10:37	67	2143	Joshua Evans	Vale Royal Ac	11:57
32	1664	George Walker	Salford Metropolitan Ac	10:38	68	597	Archie Fletcher	Horwich R M I Harriers	11:59
33	1742	Milo Powell	St Helens Sutton Ac	10:39	69	1350	Jacob Richardson	Sale Harriers Manchester	11:59
34	786	Joshua Stilwell	Liverpool Harriers & Ac	10:41	70	178	Harry Sample	Bury Athletic Club	12:01
35	467	Charlie Royle	E Cheshire H & Tameside AC	10:41	71	994	Harry Broadbent	Manchester Harriers & AC	13:30
36	465	Stanley Alderson	E Cheshire H & Tameside AC	10:41					

Under 11 - Boys — TEAM RESULTS

1 Sale Harriers Manchester	10 —	2 Joshua Leong	3 Jacob Renshaw	5 Sebastian O'Hare
2 Wirral Ac	44 —	9 Jacob Leeming-Nelson	13 Freddie Jackson	22 Luke English
3 St Helens Sutton Ac	52 —	10 Rohan Dickinson	11 Max Andres	31 Laurie Jones
4 Sale Harriers Manchester 'B'	62 —	12 James Moran	24 Alpha Tham	26 Ollie Hutton
5 Salford Metropolitan Ac	63 —	8 Freddie Lyons	23 Sammy Williamson	32 George Walker
6 Manchester Harriers & AC	74 —	1 Lucas Pendlebury	15 Martin Svacna	58 Alex Almond
7 E Cheshire H & Tameside AC	81 —	16 James McMahon	30 Oliver Shearing	35 Charlie Royle
8 Warriors Pentathlon & AC	84 —	20 Ralph Abdulla	27 James Weinberger	37 Oliver Platts
9 Trafford Athletic Club	88 —	14 Odhran Nash	29 Henry Hooper-Loudon	45 Henry Ball
10 Liverpool Harriers & Ac	90 —	6 Alex Bailey-Hall	34 Joshua Stilwell	50 Max Baker
11 Salford Harriers & AC	91 —	18 Ellis Breukers	25 Freddie Pollock	48 Oakley Baker
12 St Helens Sutton Ac 'B'	133 —	33 Milo Powell	46 Austin Murphy	54 Matthew Wilson
13 Warriors Pentathlon & AC 'B'	134 —	38 Jedidiah Dunning	44 Sam Dunning	52 Oliver Bromley-Walsh
14 Stockport Harriers & Ac	140 —	17 Harry Woodhead	57 Solomon Thompson	66 Jonah Thompson
15 Vale Royal Ac	144 —	39 Henry Pickles	42 Harvey McNamara	63 Samual Reynolds
16 Sale Harriers Manchester 'C'	176 —	51 Ben Moth	56 Matthew Leak	69 Jacob Richardson
17 Manchester Harriers & AC 'B'	187 —	60 Brandon Rodger	62 Arthur Nicholson	65 Alex Tevlin

Manchester Area Cross Country League at Woodbank Park on Saturday 11th October 2025

Under 11 - Girls — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	1668	Melia Ferendenus	Salford Metropolitan Ac	9:46	23	2292	Milly Airey	Warriors Pentathlon & AC	11:49
2	2511	Sophia McCready	Wirral Ac	9:59	24	600	Polly Parker	Horwich R M I Harriers	11:53
3	1667	Georgiana Beech	Salford Metropolitan Ac	10:00	25	2293	Amelia Draper	Warriors Pentathlon & AC	11:58
4	2216	Ivy Davidson	Warrington A C	10:08	26	1358	Molly Hounslow	Sale Harriers Manchester	12:11
5	1567	Sorcha Torhill	Salford Harriers & AC	10:16	27	1670	Pearl Hunt	Salford Metropolitan Ac	12:12
6	1356	Poppy Dowling	Sale Harriers Manchester	10:19	28	2377	Arianwen Setters	West Cheshire AC	12:16
7	2512	Mila Price	Wirral Ac	10:20	29	2294	Isabelle Mackie	Warriors Pentathlon & AC	12:23
8	1362	Connie Summers	Sale Harriers Manchester	10:24	30	1568	Harlow Young	Salford Harriers & AC	12:24
9	1003	Charlotte Hodgkinson	Manchester Harriers & AC	10:25	31	2221	Ettie Rashud	Warrington A C	12:26
10	2376	Abby Gamble	West Cheshire AC	10:37	32	2218	Autumn Illingworth	Warrington A C	12:34
11	794	Isla McEvoy	Liverpool Harriers & Ac	10:42	33	2296	Megan Roberts	Warriors Pentathlon & AC	12:35
12	1361	Alice Scholfield	Sale Harriers Manchester	10:58	34	1825	Eleanor Wakely	Stockport Harriers & Ac	12:35
13	1360	Isabelle Neesam	Sale Harriers Manchester	10:59	35	1357	Florence Holden	Sale Harriers Manchester	12:36
14	2513	Ziva Timson	Wirral Ac	11:11	36	2291	Lillia Agent	Warriors Pentathlon & AC	12:42
15	2510	Sienna Jones	Wirral Ac	11:15	37	1744	Iona Donald	St Helens Sutton Ac	12:43
16	789	Ada Cameron	Liverpool Harriers & Ac	11:21	38	1564	Aoife Carthy	Salford Harriers & AC	12:43
17	1002	Maddison Entwistle	Manchester Harriers & AC	11:25	39	2295	Amaia Pickering	Warriors Pentathlon & AC	12:44
18	2371	Heidi Anstey	West Cheshire AC	11:33	40	1566	Harriet Monaghan	Salford Harriers & AC	12:47
19	2217	Ava Hardman	Warrington A C	11:34	41	121	Robyn Jones	Bramhall Runners	12:50
20	1826	Molly Woolley	Stockport Harriers & Ac	11:43	42	1296	Erika Buchan	Oldham & Royton H & Ac	13:10
21	1355	Darcey Davenport	Sale Harriers Manchester	11:45	43	1746	Maya Radcliffe	St Helens Sutton Ac	16:28
22	793	Sienna Hughes	Liverpool Harriers & Ac	11:47					

Under 11 - Girls — TEAM RESULTS

1 Wirral Ac	23 —	2 Sophia McCready	7 Mila Price	14 Ziva Timson
2 Sale Harriers Manchester	26 —	6 Poppy Dowling	8 Connie Summers	12 Alice Scholfield
3 Salford Metropolitan Ac	31 —	1 Melia Ferendenus	3 Georgiana Beech	27 Pearl Hunt
4 Liverpool Harriers & Ac	49 —	11 Isla McEvoy	16 Ada Cameron	22 Sienna Hughes
5 Warrington A C	54 —	4 Ivy Davidson	19 Ava Hardman	31 Ettie Rashud
6 West Cheshire AC	56 —	10 Abby Gamble	18 Heidi Anstey	28 Arianwen Setters
7 Sale Harriers Manchester 'B'	60 —	13 Isabelle Neesam	21 Darcey Davenport	26 Molly Hounslow
8 Salford Harriers & AC	73 —	5 Sorcha Torhill	30 Harlow Young	38 Aoife Carthy
9 Warriors Pentathlon & AC	77 —	23 Milly Airey	25 Amelia Draper	29 Isabelle Mackie
10 Warriors Pentathlon & AC 'B'	108 —	33 Megan Roberts	36 Lillia Agent	39 Amaia Pickering

Manchester Area Cross Country League at Woodbank Park on Saturday 11th October 2025

Under 13 - Boys — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	1680	Loxley Schofield	Salford Metropolitan Ac	11:42	34	1009	Joseph Haigh	Manchester Harriers & AC	14:04
2	1375	Arthur O'Hare	Sale Harriers Manchester	11:47	35	1750	Woody Kelly	St Helens Sutton Ac	14:05
3	1575	Isaac Taylor-Unitt	Salford Harriers & AC	12:01	36	2226	Luke Horman	Warrington A C	14:11
4	477	Jacob Shearing	E Cheshire H & Tameside AC	12:11	37	1012	Rocco Pearson	Manchester Harriers & AC	14:13
5	1676	Leo Ferendenus	Salford Metropolitan Ac	12:15	38	472	Sidney Charles	E Cheshire H & Tameside AC	14:18
6	1368	Toby Harrison	Sale Harriers Manchester	12:25	39	1373	Billy Morgan	Sale Harriers Manchester	14:21
7	1572	Noah Hartley	Salford Harriers & AC	12:28	40	1374	Harry Nichol	Sale Harriers Manchester	14:31
8	1570	Harry Crowhurst	Salford Harriers & AC	12:28	41	2222	Ethan Barratt	Warrington A C	14:34
9	2302	Quinn McCaul	Warriors Pentathlon & AC	12:29	42	1006	Isaac Bailey	Manchester Harriers & AC	14:36
10	1827	Dominic Riley	Stockport Harriers & Ac	12:40	43	801	Forrest Hopley	Liverpool Harriers & Ac	14:46
11	1571	Mason Fletcher	Salford Harriers & AC	12:42	44	1830	Leo Stevens	Stockport Harriers & Ac	14:48
12	203	Oliver Ball	Buxton AC	12:43	45	1297	Willis Howard	Oldham & Royton H & Ac	14:55
13	2031	Thomas Fotheringham	Trafford Athletic Club	12:47	46	1576	Scott Wright	Salford Harriers & AC	15:06
14	1377	James Walsh	Sale Harriers Manchester	12:52	47	473	Jack Chorley	E Cheshire H & Tameside AC	15:07
15	2153	Max Roberts	Vale Royal Ac	12:54	48	471	Harry Bird	E Cheshire H & Tameside AC	15:09
16	2223	William Cartledge	Warrington A C	12:56	49	470	Jacob Bailey	E Cheshire H & Tameside AC	15:10
17	1569	Aaron Connor	Salford Harriers & AC	13:04	50	205	Charles Stott	Buxton AC	15:16
18	2028	Stanley Barber	Trafford Athletic Club	13:11	51	1008	Matthew Finnigan	Manchester Harriers & AC	15:17
19	2299	Joseph Havey	Warriors Pentathlon & AC	13:13	52	1007	Charlie Coombes	Manchester Harriers & AC	15:19
20	2378	Jack Arnold	West Cheshire AC	13:14	53	2034	Sebastian White	Trafford Athletic Club	15:28
21	799	Poppy Baker	Liverpool Harriers & Ac	13:15	54	8	Ben Tempest	Altrincham & District Ac	15:30
22	475	Hamish Heginbotham	E Cheshire H & Tameside AC	13:20	55	204	Alfred Pritchard	Buxton AC	15:35
23	2225	Alfie Furnival	Warrington A C	13:21	56	800	Joseph Cornall	Liverpool Harriers & Ac	15:36
24	2298	Ben Dunning	Warriors Pentathlon & AC	13:22	57	1015	Maximilian Svoboda	Manchester Harriers & AC	15:37
25	1748	James Goddard	St Helens Sutton Ac	13:35	58	474	Kyle Davidson	E Cheshire H & Tameside AC	15:38
26	1679	Joseph McGinnis	Salford Metropolitan Ac	13:39	59	2380	Finley Edwards	West Cheshire AC	15:42
27	2301	Benjamin Kohring	Warriors Pentathlon & AC	13:43	60	7	Ugo Obianyor	Altrincham & District Ac	15:44
28	1747	Woody Deane	St Helens Sutton Ac	13:47	61	2227	Aiden Losty	Warrington A C	16:29
29	805	Kian O'Rourke	Liverpool Harriers & Ac	13:51	62	2032	Henry Jones	Trafford Athletic Club	16:32
30	469	Harry Alderson	E Cheshire H & Tameside AC	13:52	63	601	Oliver Hughes	Horwich R M I Harriers	16:33
31	1010	Max Hornsby	Manchester Harriers & AC	13:55	64	2154	Aiden Worrall	Vale Royal Ac	17:08
32	476	Josh Rothwell	E Cheshire H & Tameside AC	13:57	65	1016	Marios Triamatakis	Manchester Harriers & AC	17:53
33	2155	George Wright	Vale Royal Ac	14:01	66	1749	Harry Jackson	St Helens Sutton Ac	19:36

Under 13 - Boys — TEAM RESULTS

1	Salford Harriers & AC	18	—	3	Isaac Taylor-Unitt	7	Noah Hartley	8	Harry Crowhurst
2	Sale Harriers Manchester	22	—	2	Arthur O'Hare	6	Toby Harrison	14	James Walsh
3	Salford Metropolitan Ac	32	—	1	Loxley Schofield	5	Leo Ferendenus	26	Joseph McGinnis
4	Warriors Pentathlon & AC	52	—	9	Quinn McCaul	19	Joseph Havey	24	Ben Dunning
5	E Cheshire H & Tameside AC	56	—	4	Jacob Shearing	22	Hamish Heginbotham	30	Harry Alderson
6	Salford Harriers & AC 'B'	74	—	11	Mason Fletcher	17	Aaron Connor	46	Scott Wright
7	Warrington A C	75	—	16	William Cartledge	23	Alfie Furnival	36	Luke Horman
8	Trafford Athletic Club	84	—	13	Thomas Fotheringham	18	Stanley Barber	53	Sebastian White
9	St Helens Sutton Ac	88	—	25	James Goddard	28	Woody Deane	35	Woody Kelly
10	Liverpool Harriers & Ac	93	—	21	Poppy Baker	29	Kian O'Rourke	43	Forrest Hopley
11	Manchester Harriers & AC	102	—	31	Max Hornsby	34	Joseph Haigh	37	Rocco Pearson
12	Vale Royal Ac	112	—	15	Max Roberts	33	George Wright	64	Aiden Worrall
13	E Cheshire H & Tameside AC 'B'	117	—	32	Josh Rothwell	38	Sidney Charles	47	Jack Chorley
14	Buxton AC	117	—	12	Oliver Ball	50	Charles Stott	55	Alfred Pritchard
15	Manchester Harriers & AC 'B'	145	—	42	Isaac Bailey	51	Matthew Finnigan	52	Charlie Coombes
16	E Cheshire H & Tameside AC 'C'	155	—	48	Harry Bird	49	Jacob Bailey	58	Kyle Davidson

Manchester Area Cross Country League at Woodbank Park on Saturday 11th October 2025

Under 13 - Girls — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	2311	Roni Kohring	Warriors Pentathlon & AC	12:15	42	820	Mia Feenan	Liverpool Harriers & Ac	15:11
2	2313	Daisy McVicar	Warriors Pentathlon & AC	12:15	43	1024	Helena Parikh	Manchester Harriers & AC	15:16
3	830	Tillie Wright	Liverpool Harriers & Ac	13:02	44	815	Edith Bridge	Liverpool Harriers & Ac	15:16
4	1385	Lucy O'Brien	Sale Harriers Manchester	13:15	45	1683	Florence Barker	Salford Metropolitan Ac	15:19
5	2316	Jasmine Rogan	Warriors Pentathlon & AC	13:21	46	821	Libby Holcroft	Liverpool Harriers & Ac	15:23
6	810	Tolu Adebajo	Liverpool Harriers & Ac	13:22	47	1838	Lucy Woodhead	Stockport Harriers & Ac	15:24
7	2308	Poppy Boden	Warriors Pentathlon & AC	13:30	48	2383	Florence Hain	West Cheshire AC	15:24
8	1381	Florence Connolly	Sale Harriers Manchester	13:30	49	1387	Aoife Wilson	Sale Harriers Manchester	15:28
9	813	Alicia Baranowska	Liverpool Harriers & Ac	13:36	50	11	Ruby Jellyman	Altrincham & District Ac	15:33
10	1384	Imogen Moran	Sale Harriers Manchester	13:38	51	2037	Betsy Widdop	Trafford Athletic Club	15:33
11	2519	Elsie Jones	Wirral Ac	13:39	52	2160	Emily Milner	Vale Royal Ac	15:36
12	822	Sophia Hunter	Liverpool Harriers & Ac	13:41	53	479	Amelie O'Connor	E Cheshire H & Tameside AC	15:37
13	817	Holly Coombe	Liverpool Harriers & Ac	13:51	54	1688	Eloise Maplesden	Salford Metropolitan Ac	15:38
14	2309	Zoe Dunning	Warriors Pentathlon & AC	13:54	55	1579	Penelope Hilton	Salford Harriers & AC	15:44
15	2521	Isla Salisbury	Wirral Ac	13:57	56	1685	Isabelle Farrelly	Salford Metropolitan Ac	15:45
16	811	Yemi Adebajo	Liverpool Harriers & Ac	13:57	57	2307	Rosanna Abdulla	Warriors Pentathlon & AC	15:47
17	1382	Willow Fawley	Sale Harriers Manchester	14:01	58	2229	Charlotte Andrew	Warrington A C	15:54
18	826	Sarah Roberts	Liverpool Harriers & Ac	14:02	59	819	Ava Feenan	Liverpool Harriers & Ac	15:54
19	2385	Poppy McKenna	West Cheshire AC	14:06	60	2036	Isolde Powell	Trafford Athletic Club	16:02
20	1017	Natalie Almond	Manchester Harriers & AC	14:11	61	2235	Aideen Noble	Warrington A C	16:04
21	2035	Cora Black	Trafford Athletic Club	14:15	62	481	Annabelle Smith	E Cheshire H & Tameside AC	16:05
22	1380	Cicely Coldwell	Sale Harriers Manchester	14:15	63	208	Penelope Curzon	Buxton AC	16:09
23	1689	Megan Williamson	Salford Metropolitan Ac	14:21	64	1834	Ella Garrod	Stockport Harriers & Ac	16:36
24	2236	Bella Parkinson	Warrington A C	14:22	65	825	Nancy Polhill	Liverpool Harriers & Ac	16:51
25	1833	Emilia Darnley	Stockport Harriers & Ac	14:24	66	1379	Abbie Brocklebank	Sale Harriers Manchester	17:08
26	2310	Norah Kohring	Warriors Pentathlon & AC	14:27	67	1684	Libby Boyd	Salford Metropolitan Ac	17:16
27	824	Scarlett Miller	Liverpool Harriers & Ac	14:29	68	1022	Fleur Lumsden	Manchester Harriers & AC	17:17
28	1577	Gabrielle Baxter	Salford Harriers & AC	14:31	69	2234	Edie McArthur	Warrington A C	17:22
29	2520	Marie-Ange Robson	Wirral Ac	14:33	70	2386	Heidi Wetherall	West Cheshire AC	17:30
30	823	Caitlin McGuirk	Liverpool Harriers & Ac	14:33	71	607	Abigail Taylor	Horwich R M I Harriers	17:48
31	827	Katy Smith	Liverpool Harriers & Ac	14:38	72	1582	Alice Sneddon	Salford Harriers & AC	17:48
32	478	Seren Gush	E Cheshire H & Tameside AC	14:39	73	1298	Anyia Buchan	Oldham & Royton H & Ac	17:48
33	482	Nell Wilson	E Cheshire H & Tameside AC	14:39	74	1836	Odellia Maluleka	Stockport Harriers & Ac	17:51
34	1578	Eliza Corrigan	Salford Harriers & AC	14:40	75	605	Florence Simm	Horwich R M I Harriers	18:08
35	1386	Erin Sowerby-Cross	Sale Harriers Manchester	14:44	76	2232	Serena Law	Warrington A C	18:29
36	1686	Pippa Hunt	Salford Metropolitan Ac	14:47	77	2315	Autumn Pickering	Warriors Pentathlon & AC	18:41
37	1021	Ella Gash	Manchester Harriers & AC	14:49	78	2384	Isla Lambert	West Cheshire AC	18:44
38	1581	India Saunders	Salford Harriers & AC	14:50	79	1019	Esme Fenton	Manchester Harriers & AC	19:00
39	1682	Florence Bailey	Salford Metropolitan Ac	14:51	80	1751	Lucy Clague	St Helens Sutton Ac	21:15
40	10	Isla Doyle	Altrincham & District Ac	15:00	81	1835	Annabella Heap	Stockport Harriers & Ac	21:44
41	209	Alyssa Winfield	Buxton AC	15:11					

Under 13 - Girls — TEAM RESULTS

1	Warriors Pentathlon & AC	8 —	1	Roni Kohring	2	Daisy McVicar	5	Jasmine Rogan
2	Liverpool Harriers & Ac	18 —	3	Tillie Wright	6	Tolu Adebajo	9	Alicia Baranowska
3	Sale Harriers Manchester	22 —	4	Lucy O'Brien	8	Florence Connolly	10	Imogen Moran
4	Liverpool Harriers & Ac 'B'	41 —	12	Sophia Hunter	13	Holly Coombe	16	Yemi Adebajo
5	Warriors Pentathlon & AC 'B'	47 —	7	Poppy Boden	14	Zoe Dunning	26	Norah Kohring
6	Wirral Ac	55 —	11	Elsie Jones	15	Isla Salisbury	29	Marie-Ange Robson
7	Sale Harriers Manchester 'B'	74 —	17	Willow Fawley	22	Cicely Coldwell	35	Erin Sowerby-Cross
8	Liverpool Harriers & Ac 'C'	75 —	18	Sarah Roberts	27	Scarlett Miller	30	Caitlin McGuirk
9	Salford Metropolitan Ac	98 —	23	Megan Williamson	36	Pippa Hunt	39	Florence Bailey
10	Salford Harriers & AC	100 —	28	Gabrielle Baxter	34	Eliza Corrigan	38	India Saunders
11	Manchester Harriers & AC	100 —	20	Natalie Almond	37	Ella Gash	43	Helena Parikh
12	Liverpool Harriers & Ac 'D'	117 —	31	Katy Smith	42	Mia Feenan	44	Edith Bridge
13	E Cheshire H & Tameside AC	118 —	32	Seren Gush	33	Nell Wilson	53	Amelie O'Connor
14	Trafford Athletic Club	132 —	21	Cora Black	51	Betsy Widdop	60	Isolde Powell
15	Stockport Harriers & Ac	136 —	25	Emilia Darnley	47	Lucy Woodhead	64	Ella Garrod
16	West Cheshire AC	137 —	19	Poppy McKenna	48	Florence Hain	70	Heidi Wetherall
17	Warrington A C	143 —	24	Bella Parkinson	58	Charlotte Andrew	61	Aideen Noble
18	Salford Metropolitan Ac 'B'	155 —	45	Florence Barker	54	Eloise Maplesden	56	Isabelle Farrelly
19	Liverpool Harriers & Ac 'E'	170 —	46	Libby Holcroft	59	Ava Feenan	65	Nancy Polhill

Manchester Area Cross Country League at Woodbank Park on Saturday 11th October 2025

Under 15 - Boys — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	1842	Alistair Riley	Stockport Harriers & Ac	15:17	41	2055	Patrick Widdop	Trafford Athletic Club	18:36
2	1843	Harry Shatwell	Stockport Harriers & Ac	15:19	42	1399	Ben Jones	Sale Harriers Manchester	18:38
3	1401	Noah Phillips	Sale Harriers Manchester	15:36	43	1027	Hadley Lumsden	Manchester Harriers & AC	18:42
4	2044	Oliver Davenport	Trafford Athletic Club	15:50	44	24	James Warrington	Altrincham & District Ac	18:44
5	833	Max Myles	Liverpool Harriers & Ac	15:57	45	1839	Aidan Greenfield	Stockport Harriers & Ac	18:47
6	1397	George Horsfall	Sale Harriers Manchester	16:00	46	834	Elis Thomas	Liverpool Harriers & Ac	18:48
7	2320	Finley Potter	Warriors Pentathlon & AC	16:00	47	2239	Joseph Barratt	Warrington A C	18:48
8	2318	Owen Oswick	Warriors Pentathlon & AC	16:02	48	16	Charles Bennett	Altrincham & District Ac	18:52
9	486	Oliver Mannion	E Cheshire H & Tameside AC	16:13	49	609	Charlie Cowburn	Horwich R M I Harriers	18:55
10	2242	Euan Lawton	Warrington A C	16:16	50	608	William Birkin	Horwich R M I Harriers	18:57
11	2043	Thomas Daly	Trafford Athletic Club	16:21	51	1402	Daniel Swinden	Sale Harriers Manchester	18:57
12	2317	N Glascott-Tull	Warriors Pentathlon & AC	16:27	52	1395	Samuel Haskins	Sale Harriers Manchester	18:57
13	2389	Max Henderson	West Cheshire AC	16:33	53	2319	Jonah Pickering	Warriors Pentathlon & AC	19:01
14	2049	Tullius Arlo Mander	Trafford Athletic Club	16:37	54	1400	Sam Moth	Sale Harriers Manchester	19:14
15	831	Callum Finch	Liverpool Harriers & Ac	16:41	55	1757	Lucas Vine	St Helens Sutton Ac	19:22
16	2321	Harry Redhead	Warriors Pentathlon & AC	16:46	56	2054	Daniel White	Trafford Athletic Club	19:22
17	2241	Ashton Illingworth	Warrington A C	16:46	57	2052	Charlie Congdon	Trafford Athletic Club	19:24
18	1029	Alfie Taylor-Wark	Manchester Harriers & AC	16:49	58	23	Max Tempest	Altrincham & District Ac	19:24
19	1840	Charlie Millward	Stockport Harriers & Ac	16:51	59	836	Eric Wykes	Liverpool Harriers & Ac	19:24
20	2163	Harvey Brown	Vale Royal Ac	16:54	60	2165	James Reynolds	Vale Royal Ac	19:29
21	2047	S Ingleby-Castleton	Trafford Athletic Club	17:05	61	1393	Harley Froggatt	Sale Harriers Manchester	19:30
22	1394	Jake Harrison	Sale Harriers Manchester	17:06	62	1841	Jack Proctor	Stockport Harriers & Ac	19:38
23	2050	Ethan O'Brien	Trafford Athletic Club	17:07	63	1588	Flynn Slattery	Salford Harriers & AC	19:48
24	2522	Rory Boyd	Wirral Ac	17:07	64	1755	Josh Ryan	St Helens Sutton Ac	19:52
25	2166	Isaac Roe	Vale Royal Ac	17:08	65	2169	George Williams	Vale Royal Ac	20:06
26	2053	Joseph Thomas	Trafford Athletic Club	17:12	66	1845	Evan Thomas	Stockport Harriers & Ac	20:06
27	1585	Sam Burton	Salford Harriers & AC	17:14	67	1756	Finley Swift	St Helens Sutton Ac	20:06
28	2167	Billy Spann	Vale Royal Ac	17:16	68	19	Max Hill	Altrincham & District Ac	20:18
29	483	Matthew Bailey	E Cheshire H & Tameside AC	17:16	69	22	Nico Sidebottom	Altrincham & District Ac	20:26
30	2039	Oscar Bundy	Trafford Athletic Club	17:19	70	17	Dominic Brown	Altrincham & District Ac	20:29
31	2164	Alexander Kruithof	Vale Royal Ac	17:27	71	1025	Finley Hornsby	Manchester Harriers & AC	20:31
32	889	Alex Irvine	Macclesfield Harriers & Ac	17:39	72	21	Callum Roberts	Altrincham & District Ac	20:38
33	485	Micah Kenyon-Betts	E Cheshire H & Tameside AC	17:39	73	2048	Edward Jones	Trafford Athletic Club	21:06
34	1391	Reuben Dunn	Sale Harriers Manchester	17:40	74	613	Leo Orrell	Horwich R M I Harriers	21:21
35	2526	Thomas Heap	Wirral Ac	17:53	75	1396	William Haskins	Sale Harriers Manchester	21:24
36	1028	Lewis Miles	Manchester Harriers & AC	17:58	76	1844	Noah Shirres	Stockport Harriers & Ac	21:34
37	2168	James Thorpe	Vale Royal Ac	18:00	77	1846	Rowan Trollope	Stockport Harriers & Ac	22:18
38	2046	Logan Grocott	Trafford Athletic Club	18:09	78	1754	Jayden Hughes	St Helens Sutton Ac	22:31
39	18	Oscar Curran	Altrincham & District Ac	18:12	79	2038	Joseph Bowden	Trafford Athletic Club	22:34
40	1753	Bobby Birkett	St Helens Sutton Ac	18:35	80	1026	Thomas Keogh	Manchester Harriers & AC	23:16

Under 15 - Boys — TEAM RESULTS

1	Stockport Harriers & Ac	22	—	1	Alistair Riley	2	Harry Shatwell	19	Charlie Millward
2	Warriors Pentathlon & AC	27	—	7	Finley Potter	8	Owen Oswick	12	N Glascott-Tull
3	Trafford Athletic Club	29	—	4	Oliver Davenport	11	Thomas Daly	14	Tullius Arlo Mander
4	Sale Harriers Manchester	31	—	3	Noah Phillips	6	George Horsfall	22	Jake Harrison
5	Liverpool Harriers & Ac	66	—	5	Max Myles	15	Callum Finch	46	Elis Thomas
6	Trafford Athletic Club 'B'	70	—	21	S Ingleby-Castleton	23	Ethan O'Brien	26	Joseph Thomas
7	E Cheshire H & Tameside AC	71	—	9	Oliver Mannion	29	Matthew Bailey	33	Micah Kenyon-Betts
8	Vale Royal Ac	73	—	20	Harvey Brown	25	Isaac Roe	28	Billy Spann
9	Warrington A C	74	—	10	Euan Lawton	17	Ashton Illingworth	47	Joseph Barratt
10	Manchester Harriers & AC	97	—	18	Alfie Taylor-Wark	36	Lewis Miles	43	Hadley Lumsden
11	Trafford Athletic Club 'C'	109	—	30	Oscar Bundy	38	Logan Grocott	41	Patrick Widdop
12	Sale Harriers Manchester 'B'	127	—	34	Reuben Dunn	42	Ben Jones	51	Daniel Swinden
13	Vale Royal Ac 'B'	128	—	31	Alexander Kruithof	37	James Thorpe	60	James Reynolds
14	Altrincham & District Ac	131	—	39	Oscar Curran	44	James Warrington	48	Charles Bennett
15	St Helens Sutton Ac	159	—	40	Bobby Birkett	55	Lucas Vine	64	Josh Ryan
16	Sale Harriers Manchester 'C'	167	—	52	Samuel Haskins	54	Sam Moth	61	Harley Froggatt
17	Stockport Harriers & Ac 'B'	173	—	45	Aidan Greenfield	62	Jack Proctor	66	Evan Thomas
18	Horwich R M I Harriers	173	—	49	Charlie Cowburn	50	William Birkin	74	Leo Orrell
19	Trafford Athletic Club 'D'	186	—	56	Daniel White	57	Charlie Congdon	73	Edward Jones
20	Altrincham & District Ac 'B'	195	—	58	Max Tempest	68	Max Hill	69	Nico Sidebottom

Manchester Area Cross Country League at Woodbank Park on Saturday 11th October 2025

Under 15 - Girls — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time					
1	2328	Isla Yorke	Warriors Pentathlon & AC	16:29	29	2056	Mya Black	Trafford Athletic Club	20:41
2	2323	Isobel Beddow	Warriors Pentathlon & AC	17:19	30	618	Millie Reid	Horwich R M I Harriers	20:42
3	1594	Imogen Weatherhead	Salford Harriers & AC	17:29	31	617	Isobel Reid	Horwich R M I Harriers	20:44
4	1407	Megan Boyer	Sale Harriers Manchester	17:35	32	890	Annaleigh Harrison	Macclesfield Harriers & Ac	20:49
5	849	Beau Rawcliffe	Liverpool Harriers & Ac	17:52	33	1762	Sophia Richardson	St Helens Sutton Ac	20:59
6	2170	Lily Coates	Vale Royal Ac	18:33	34	1412	Alesha Gubas	Sale Harriers Manchester	21:11
7	2392	Nia Manson	West Cheshire AC	18:38	35	1760	Lily McKeegan	St Helens Sutton Ac	21:31
8	1416	Grace Hill	Sale Harriers Manchester	18:39	36	1413	Grace Haywood	Sale Harriers Manchester	21:36
9	839	Esme Cameron	Liverpool Harriers & Ac	18:45	37	1758	Melissa Goddard	St Helens Sutton Ac	21:36
10	1403	Isla Anderson	Sale Harriers Manchester	18:52	38	489	Imogen McBurnie	E Cheshire H & Tameside AC	21:40
11	1033	Lacey Steele	Manchester Harriers & AC	19:05	39	1417	Isabella Holden	Sale Harriers Manchester	21:45
12	1595	Isobel Woods	Salford Harriers & AC	19:08	40	615	Charlotte Lightbrown	Horwich R M I Harriers	21:54
13	846	Maisie McGuirk	Liverpool Harriers & Ac	19:11	41	1850	Imogen Meikle	Stockport Harriers & Ac	22:00
14	1418	Amber Khan	Sale Harriers Manchester	19:24	42	1299	Roisin Jordan	Oldham & Royton H & Ac	22:07
15	2564	Katie-Louise Malley	Wigan & District H & Ac	19:32	43	2326	Florence Massey	Warriors Pentathlon & AC	22:11
16	2247	Grace Rashud	Warrington A C	19:39	44	2325	Esme Joynson	Warriors Pentathlon & AC	22:39
17	490	Erin McMahon	E Cheshire H & Tameside AC	19:51	45	1414	Emily Heys	Sale Harriers Manchester	23:03
18	844	Nancy Howe	Liverpool Harriers & Ac	19:55	46	2246	Molly Price	Warrington A C	23:31
19	213	Kitty Harrison	Buxton AC	20:02	47	616	Sophie Orrell	Horwich R M I Harriers	23:45
20	1410	Bridget Flynn	Sale Harriers Manchester	20:04	48	851	Eva Townend	Liverpool Harriers & Ac	24:16
21	2057	Daisy Heap	Trafford Athletic Club	20:06	49	1032	Zara Price	Manchester Harriers & AC	24:24
22	1591	Freya Lombard	Salford Harriers & AC	20:07	50	211	Scarlet Aspinall	Buxton AC	24:35
23	2324	Delphine Cross	Warriors Pentathlon & AC	20:09	51	214	Evelyn Throssel	Buxton AC	24:35
24	1759	Sophie Lang	St Helens Sutton Ac	20:14	52	1847	Bessie Coulson	Stockport Harriers & Ac	25:13
25	1409	Eve Dowling	Sale Harriers Manchester	20:16	53	1590	Gracie Carthy	Salford Harriers & AC	25:43
26	215	Evie Willis	Buxton AC	20:27	54	1030	Sophie Finnigan	Manchester Harriers & AC	26:06
27	1408	Isabelle Connolly	Sale Harriers Manchester	20:32	55	1593	Holly Olabode	Salford Harriers & AC	26:10
28	1848	Abbie Fitzgerald	Stockport Harriers & Ac	20:39					

Under 15 - Girls — TEAM RESULTS

1 Sale Harriers Manchester	22 —	4 Megan Boyer	8 Grace Hill	10 Isla Anderson
2 Warriors Pentathlon & AC	26 —	1 Isla Yorke	2 Isobel Beddow	23 Delphine Cross
3 Liverpool Harriers & Ac	27 —	5 Beau Rawcliffe	9 Esme Cameron	13 Maisie McGuirk
4 Salford Harriers & AC	37 —	3 Imogen Weatherhead	12 Isobel Woods	22 Freya Lombard
5 Sale Harriers Manchester 'B'	59 —	14 Amber Khan	20 Bridget Flynn	25 Eve Dowling
6 St Helens Sutton Ac	92 —	24 Sophie Lang	33 Sophia Richardson	35 Lily McKeegan
7 Buxton AC	95 —	19 Kitty Harrison	26 Evie Willis	50 Scarlet Aspinall
8 Sale Harriers Manchester 'C'	97 —	27 Isabelle Connolly	34 Alesha Gubas	36 Grace Haywood
9 Horwich R M I Harriers	101 —	30 Millie Reid	31 Isobel Reid	40 Charlotte Lightbrown
10 Manchester Harriers & AC	114 —	11 Lacey Steele	49 Zara Price	54 Sophie Finnigan
11 Stockport Harriers & Ac	121 —	28 Abbie Fitzgerald	41 Imogen Meikle	52 Bessie Coulson

Manchester Area Cross Country League at Woodbank Park on Saturday 11th October 2025

Under 17 - Men — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time			
1	2067	Emmas Finlay Dobson	Trafford Athletic Club	21:54	30	1854	George Cope
2	2077	Adrian White	Trafford Athletic Club	22:09	31	2074	Rowan Leeming
3	2076	Zach Rose	Trafford Athletic Club	22:18	32	2255	Sebastian Hampson
4	2065	Theodor Austin	Trafford Athletic Club	22:23	33	2537	Luke Fisher
5	1855	Sam Hill	Stockport Harriers & Ac	22:32	34	2254	Alfie Blizzard
6	2172	Samuel Conkie	Vale Royal Ac	22:50	35	498	James Rook
7	2069	Archie Greenwood	Trafford Athletic Club	23:06	36	2336	Max Grabe
8	1429	Matthew Cullen-Brown	Sale Harriers Manchester	23:10	37	2544	Toby Stobbert
9	1434	Liam O'Brien	Sale Harriers Manchester	23:14	38	219	Jonty Brown
10	892	Jared Dickinson	Macclesfield Harriers & Ac	23:15	39	217	William Aspinall
11	500	Oliver Walker	E Cheshire H & Tameside AC	23:24	40	2534	Joshua Bendrey
12	2540	Malachi Harty	Wirral Ac	23:30	41	1853	Joe Ashton
13	894	George O'Donnell	Macclesfield Harriers & Ac	23:30	42	492	Archie Bennett
14	2257	Elliot Taylor	Warrington A C	23:38	43	2339	George Murphy
15	495	Marshall Fleet	E Cheshire H & Tameside AC	23:41	44	496	Samuel Horner
16	218	Alfie Branch	Buxton AC	23:41	45	2535	James Binks
17	1600	Finlay Carthy	Salford Harriers & AC	23:45	46	221	Jasper Reeves
18	2542	Theo Kaye	Wirral Ac	23:51	47	2256	Harvey Howard
19	1769	Riley Underhill	St Helens Sutton Ac	23:52	48	28	Max McFarland
20	1433	Conor McManus	Sale Harriers Manchester	24:01	49	493	Ben Dale
21	1035	Christopher Parikh	Manchester Harriers & AC	24:18	50	1693	Jack Broadhurst
22	494	Nathan Dunn	E Cheshire H & Tameside AC	24:30	51	2072	William Jones
23	2070	Evan Horwell	Trafford Athletic Club	24:39	52	2539	Cian Halpenny
24	623	Mark Titmuss	Horwich R M I Harriers	24:39	53	1767	Benjamin Genner
25	1428	Archer Blann	Sale Harriers Manchester	24:45	54	2337	Jenson Jones
26	1435	Ayaan Siddiqui	Sale Harriers Manchester	24:52	55	1432	William McIntyre
27	1770	Luke Wilson	St Helens Sutton Ac	24:56	56	499	Sebastian Stewart
28	497	Alfie Manser	E Cheshire H & Tameside AC	25:12	57	2066	Samuel Chant
29	2173	Ethan Price	Vale Royal Ac	25:12			

Under 17 - Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Trafford Athletic Club	6 —	1	Emmas Finlay Dobson	2	Adrian White	3	Zach Rose
2	Trafford Athletic Club 'B'	34 —	4	Theodor Austin	7	Archie Greenwood	23	Evan Horwell
3	Sale Harriers Manchester	37 —	8	Matthew Cullen-Brown	9	Liam O'Brien	20	Conor McManus
4	E Cheshire H & Tameside AC	48 —	11	Oliver Walker	15	Marshall Fleet	22	Nathan Dunn
5	Wirral Ac	63 —	12	Malachi Harty	18	Theo Kaye	33	Luke Fisher
6	Stockport Harriers & Ac	76 —	5	Sam Hill	30	George Cope	41	Joe Ashton
7	Warrington A C	80 —	14	Elliot Taylor	32	Sebastian Hampson	34	Alfie Blizzard
8	Buxton AC	93 —	16	Alfie Branch	38	Jonty Brown	39	William Aspinall
9	St Helens Sutton Ac	99 —	19	Riley Underhill	27	Luke Wilson	53	Benjamin Genner
10	E Cheshire H & Tameside AC 'B'	105 —	28	Alfie Manser	35	James Rook	42	Archie Bennett
11	Sale Harriers Manchester 'B'	106 —	25	Archer Blann	26	Ayaan Siddiqui	55	William McIntyre
12	Wirral Ac 'B'	122 —	37	Toby Stobbert	40	Joshua Bendrey	45	James Binks
13	Warriors Pentathlon & AC	133 —	36	Max Grabe	43	George Murphy	54	Jenson Jones
14	Trafford Athletic Club 'C'	139 —	31	Rowan Leeming	51	William Jones	57	Samuel Chant
15	E Cheshire H & Tameside AC 'C'	149 —	44	Samuel Horner	49	Ben Dale	56	Sebastian Stewart

Under 17 - Ladies — PROVISIONAL RESULTS

Pos	Num	Name	Club	Time			
1	2334	Isla Pastor	Warriors Pentathlon & AC	25:38	13	1301	Chloe Roper
2	1852	Poppy Branch	Stockport Harriers & Ac	25:50	14	2335	Annabelle Rogan
3	2331	Imogen Dunning	Warriors Pentathlon & AC	27:24	15	2061	Sophia Mayer-Ward
4	621	Emily Hyder	Horwich R M I Harriers	27:59	16	859	Isobel Robinson
5	891	Eva Mion	Macclesfield Harriers & Ac	28:38	17	1763	Nicole Anders
6	2332	Savannah Mannhart	Warriors Pentathlon & AC	29:28	18	1300	Charlotte Green
7	858	Hannah Robinson	Liverpool Harriers & Ac	29:32	19	2059	Genevieve Jackson
8	2062	Sarah Smith	Trafford Athletic Club	29:44	20	2333	Lucy Mercer
9	2251	Cara Gregory	Warrington A C	30:06	21	2249	Jessica Andrew
10	1422	Phoebe Carroll	Sale Harriers Manchester	30:23	22	1764	Grace Nicholas
11	1425	Ruby Langford	Sale Harriers Manchester	30:47	23	1765	Nina Nicholas
12	1596	Eliza Doyle	Salford Harriers & AC	31:10			

Under 17 - Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Warriors Pentathlon & AC	10 —	1	Isla Pastor	3	Imogen Dunning	6	Savannah Mannhart
2	Trafford Athletic Club	42 —	8	Sarah Smith	15	Sophia Mayer-Ward	19	Genevieve Jackson
3	St Helens Sutton Ac	62 —	17	Nicole Anders	22	Grace Nicholas	23	Nina Nicholas

Senior Ladies aged 17 to 19 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1	Stockport Harriers & Ac	10 —	1	Rosie Philbin	3	Rosie Bradshaw	6	Emma Wood-Doyle
2	University Of Manchester	37 —	8	Hannah Taylor	14	Lola Gunn	15	Emma Zini

Manchester Area Cross Country League at Woodbank Park on Saturday 11th October 2025

Senior Ladies aged 20 to 34

Pos	Num	Name	Cat/Pos	Club	Time				
1	234	K Haggard		Warriors Pentathlon & AC	33:09	28	628	Milly Lever	Horwich R M I Harriers
2	209	Bethany Reid		Trafford Athletic Club	34:06	29	400	Molly Curzon	Didsbury Runners
3	255	Katriona Brown		Aldershot Farnham & District	36:14	30	1995	Jessica Carey	Swinton Running Club
4	913	Alicia Roberts		Macclesfield Harriers & Ac	36:32	31	1795	Marie Godward	Start2jog
5	148	Megan Tucker		Sale Harriers Manchester	36:52	32	312	Alice Woodbridge	Chorlton Runners
6	147	Laura Martin		Sale Harriers Manchester	37:40	33	689	Grainne Bennett	Hyde Village Striders
7	279	L Gallyer-Barnett		Chorlton Runners	37:40	34	302	Charlotte Smith	Chorlton Runners
8	917	Jenna Williams		Macclesfield Harriers & Ac	37:51	35	1163	Josie Clough	Manchester Ymca Harriers
9	104	Alice Stiles		Manchester Harriers & AC	37:57	36	402	Evie Greateorex	Didsbury Runners
10	300	Isobel Robinson		Chorlton Runners	38:06	37	145	Kim Rothwell	Bramhall Runners
11	211	Tess Graham		University Of Manchester	38:21	38	2113	Lydia Elliot	University Of Manchester
12	303	Heather Statham		Chorlton Runners	38:45	39	1997	Jane Goslin	Swinton Running Club
13	242	Rebecca Jackson		Wilmslow Running Club	39:05	40	271	MenaKarla Corral	Chorlton Runners
14	226	Ellen Turnbull		Warrington A C	39:33	41	449	Ruby Riley	Dragons Running Club (sale)
15	132	Samantha Newbound		Running Bear	40:02	42	228	Charlotte Curzon	Buxton AC
16	171	Bethany Vella		Salford Metropolitan Ac	40:31	43	762	Jenny Woods	Levenshulme Runners
17	277	Rebecca Fitzsimmons		Chorlton Runners	40:39	44	697	Kate Kinder	Hyde Village Striders
18	107	Amelia Corke		Manchester Metropolitan Uni	40:53	45	636	Sophie Walton	Horwich R M I Harriers
19	107	Scarlett Liddy		Manchester Metropolitan Uni	41:07	46	1311	Darcy Davies	Running Bear
20	240	Emma Nutt		West Cheshire AC	41:46	47	275	Megan Druce	Chorlton Runners
21	286	Elizabeth Heslop		Chorlton Runners	41:58	48	304	Batya Stimler	Chorlton Runners
22	109	Lucy Priestner		Manchester Road Runners	42:18	49	30	Hannah Daniel	Altrincham & District Ac
23	146	Georgia Heath		Sale Harriers Manchester	42:30	50	2120	Ellie Hall	University Of Manchester
24	409	Molly Perkins		Didsbury Runners	42:49	51	959	Neve Keable	Manchester Frontrunners
25	287	Suzy Hill		Chorlton Runners	43:08	52	543	Jane Scanlon	Glossopdale Harriers
26	688	Sarah Beever		Hyde Village Striders	43:15	53	396	Natasha Bradford	Didsbury Runners
27	411	Abbie Pickard		Didsbury Runners	43:15				1:00:14

Senior Ladies (Vets) aged 35 to 39

Pos	Num	Name	Cat/Pos	Club	Time				
1	208	Jacqui Fairchild	L35	1 Trafford Athletic Club	35:19	18	2178	Victoria Gilbody	L35 18 Vale Royal Ac
2	276	K Fitzpatrick	L35	2 Chorlton Runners	35:42	19	1169	Emma Mochan	L35 19 Manchester Ymca Harriers
3	208	Sarah Hudak	L35	3 Trafford Athletic Club	36:25	20	1463	Sarah Goulden	L35 20 Sale Harriers Manchester
4	145	Chloe Elliott	L35	4 Sale Harriers Manchester	36:48	21	2264	Faye Lawton	L35 21 Warrington A C
5	256	Rachel Humphreys	L35	5 Unattached	37:04	22	1996	Sarah Foreman	L35 22 Swinton Running Club
6	177	Siobhan Massey	L35	6 St Helens Sutton Ac	38:08	23	1926	Anna Senuita	L35 23 Stockport Tri Club
7	240	Julie Douzant	L35	7 West Cheshire AC	39:03	24	225	Rebecca Corbett	L35 24 Buxton AC
8	731	Natalie Duncombe	L35	8 Knutsford Tri Club	40:11	25	1312	Marion Davies	L35 25 Running Bear
9	242	Stacy Macpherson	L35	9 Wilmslow Running Club	40:47	26	1792	Helen Fairie	L35 26 Start2jog
10	534	Aimee Baines	L35	10 Glossopdale Harriers	42:04	27	2005	Joanna Turner	L35 27 Swinton Running Club
11	209	Mel Monks	L35	11 Trafford Athletic Club	43:12	28	1802	Kaylea Maidstone	L35 28 Start2jog
12	112	Fiona Blagg	L35	12 Manchester Triathlon Club	43:15	29	1965	Louisa McNair	L35 29 Styal Running Club
13	305	Naomi Stones	L35	13 Chorlton Runners	43:44	30	1998	Kirsty Johnson	L35 30 Swinton Running Club
14	132	Tine Johnson	L35	14 Running Bear	44:00	31	1173	Sally Wood	L35 31 Manchester Ymca Harriers
15	208	Amy Cauley	L35	15 Trafford Athletic Club	44:08	32	963	Kirsty Powers	L35 32 Manchester Frontrunners
16	208	Ruth Beresford	L35	16 Trafford Athletic Club	44:25	33	2355	Claire Platts	L35 33 Warriors Pentathlon & AC
17	296	Emma Parratt	L35	17 Chorlton Runners	44:49	34	756	Nazia Parveen	L35 34 Levenshulme Runners
									1:24:30

Senior Ladies (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time				
1	148	Jessica Welsh	L40	1 Sale Harriers Manchester	39:16	22	1710	Rachel Thomas	L40 22 Salford Metropolitan Ac
2	502	Katie Kay	L40	2 E Cheshire H & Tameside AC	39:34	23	1712	Holly Wright	L40 23 Salford Metropolitan Ac
3	187	Holly Martin	L40	3 Stockport Harriers & Ac	39:50	24	570	Anna Aspinall	L40 24 Goyt Valley Striders
4	226	Alison Roberts	L40	4 Warrington A C	40:00	25	730	Katy Barnes	L40 25 Knutsford Tri Club
5	960	Rachel Kenyon	L40	5 Manchester Frontrunners	41:04	26	1272	Helen Mutch	L40 26 Middleton Harriers Ac
6	234	Kerry Dunning	L40	6 Warriors Pentathlon & AC	41:24	27	307	Lois Preston	L40 27 Chorlton Runners
7	138	Amy McConville	L40	7 Bramhall Runners	41:49	28	1302	Jodie Tinker	L40 28 Oldham & Royton H & Ac
8	217	Anna Begbie	L40	8 Vale Royal Ac	41:53	29	541	Wendy McMahon	L40 29 Glossopdale Harriers
9	698	Stephanie Mallett	L40	9 Hyde Village Striders	43:47	30	706	Rachel Sharples	L40 30 Hyde Village Striders
10	2400	Anest Muller	L40	10 West Cheshire AC	44:02	31	1199	Lyndsey Brandwood	L40 31 Marple Runners
11	112	Winton Julie De	L40	11 Manchester Triathlon Club	44:04	32	125	Jen Bulman	L40 32 Bramhall Runners
12	232	Anna Pritchard	L40	12 Buxton AC	44:14	33	1205	Kathryn Cooper	L40 33 Marple Runners
13	195	Adelle Holt	L40	13 Styal Running Club	44:31	34	1269	Janine Jordan	L40 34 Middleton Harriers Ac
14	629	Helen Macdonald	L40	14 Horwich R M I Harriers	44:51	35	103	Philippa Robinson	L40 35 Belle Vue Racers
15	195	Lexy Denton	L40	15 Styal Running Club	44:54	36	105	Aimee Woolley	L40 36 Belle Vue Racers
16	299	Sarah Renshaw	L40	16 Chorlton Runners	45:00	37	1212	Emma Loveridge	L40 37 Marple Runners
17	177	Sarah Birkett	L40	17 St Helens Sutton Ac	45:14	38	144	Katie Roberts	L40 38 Bramhall Runners
18	200	Rebecca Mills	L40	18 Swinton Running Club	45:26	39	1309	Alison Bembenek	L40 39 Running Bear
19	143	Helen Rennie	L40	19 Bramhall Runners	46:14	40	1788	Jenna Bardsley	L40 40 Start2jog
20	93	Lisa Costello	L40	20 Belle Vue Racers	46:45	41	450	W Selby	L40 41 Dragons Running Club (sale)
21	280	Charlotte Gilbert	L40	21 Chorlton Runners	46:48	42	1270	Jennifer Laptew	L40 42 Middleton Harriers Ac
									1:02:26

Senior Ladies (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time				
1	397	Laura Brown	L45	1 Didsbury Runners	37:34	19	224	Kate Brown	L45 19 Buxton AC
2	2258	Claire Andrew	L45	2 Warrington A C	38:41	20	444	Hollie Francis	L45 20 Dragons Running Club (sale)
3	29	Lora Blann	L45	3 Altrincham & District Ac	39:51	21	1993	Rachel Billington	L45 21 Swinton Running Club
4	233	Samantha Willis	L45	4 Buxton AC	40:09	22	151	Karen Wileman	L45 22 Bramhall Runners
5	2352	Dianna Mannhart	L45	5 Warriors Pentathlon & AC	40:48	23	1866	Gulderen Harwood	L45 23 Stockport Harriers & Ac
6	1313	Joanne Ellis	L45	6 Running Bear	40:56	24	264	Amy Berrisford	L45 24 Chorlton Runners
7	535	Zoe Barton	L45	7 Glossopdale Harriers	41:22	25	2347	Naomi Grabe	L45 25 Warriors Pentathlon & AC
8	1213	Angela McDonald	L45	8 Marple Runners	43:17	26	263	Alison Barbuti	L45 26 Chorlton Runners
9	2483	Laura Bell	L45	9 Winston Runners	45:01	27	1215	Emma Mooney	L45 27 Marple Runners
10	1325	Karen Oldland	L45	10 Running Bear	45:09	28	759	Gemma Sutherland	L45 28 Levenshulme Runners
11	1465	Harriet Hamilton	L45	11 Sale Harriers Manchester	45:19	29	1924	Anna Dagnall	L45 29 Stockport Tri Club
12	306	Katie Syrett	L45	12 Chorlton Runners	45:32	30	1798	Helen Holmes	L45 30 Start2jog
13	1863	Lisa Davies	L45	13 Stockport Harriers & Ac	46:23	31	2179	Paula Manley	L45 31 Vale Royal Ac
14	1466	Belinda Hammond	L45	14 Sale Harriers Manchester	46:42	32	1206	Michelle Davies	L45 32 Marple Runners
15	533	Liz Bailey	L45	15 Glossopdale Harriers	47:16	33	1994	Sarah Borkin	L45 33 Swinton Running Club
16	1219	Wendy Rimmer	L45	16 Marple Runners	47:17	34	135	Kata Kolozsvary	L45 34 Bramhall Runners
17	1858	Amy Billing	L45	17 Stockport Harriers & Ac	47:42	35	137	Rosemarie McArdle	L45 35 Bramhall Runners
18	446	Wendy Kelly	L45	18 Dragons Running Club (sale)	48:18	36	1131	Kathryn Quinn	L45 36 Manchester Triathlon Club

Senior Ladies (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time				
1	1437	Helen Armitage	L50	1 Sale Harriers Manchester	40:29	27	91	Karen Charters	L50 27 Belle Vue Racers
2	1700	Amanda Hurdall	L50	2 Salford Metropolitan Ac	40:49	28	2398	Debra Bemand	L50 28 West Cheshire AC
3	1878	Jennie Pickard	L50	3 Stockport Harriers & Ac	41:31	29	571	Julia Carter	L50 29 Goyt Valley Striders
4	1883	Fiona Walton	L50	4 Stockport Harriers & Ac	43:07	30	2003	Lisa Ottiwell	L50 30 Swinton Running Club
5	443	Vicki Cleall	L50	5 Dragons Running Club (sale)	43:26	31	104	Rachel Watson	L50 31 Belle Vue Racers
6	915	Sue Stockdale	L50	6 Macclesfield Harriers & Ac	43:30	32	1773	Colette Goddard	L50 32 St Helens Sutton Ac
7	2419	Katy Green	L50	7 Wilmslow Running Club	44:17	33	95	Lisa Donnelly	L50 33 Belle Vue Racers
8	1793	Simone Fisher	L50	8 Start2jog	44:37	34	226	Joanne Cudahy	L50 34 Buxton AC
9	2000	Lauren Marsden	L50	9 Swinton Running Club	45:19	35	575	Clare Griffin	L50 35 Goyt Valley Striders
10	445	Madeleine Hill	L50	10 Dragons Running Club (sale)	45:49	36	1208	Elise Evans	L50 36 Marple Runners
11	1137	Jude Wall	L50	11 Manchester Triathlon Club	46:09	37	1705	Laura Mercer	L50 37 Salford Metropolitan Ac
12	2088	Louise Mangan	L50	12 Trafford Athletic Club	46:16	38	1314	Jacqui Faulder	L50 38 Running Bear
13	403	Victoria Hall	L50	13 Didsbury Runners	46:20	39	1880	Arabella Stevens	L50 39 Stockport Harriers & Ac
14	1322	Karen Little	L50	14 Running Bear	46:37	40	1201	Amanda Collinge	L50 40 Marple Runners
15	2351	Sarah Kearney	L50	15 Warriors Pentathlon & AC	46:40	41	100	Catherine McKenna	L50 41 Belle Vue Racers
16	448	Ciara Miles	L50	16 Dragons Running Club (sale)	46:44	42	965	Ruth Travis	L50 42 Manchester Frontrunners
17	1224	Sarah Stutchfield	L50	17 Marple Runners	47:03	43	141	Shirley Ralph	L50 43 Bramhall Runners
18	262	Emma Banister	L50	18 Chorlton Runners	47:47	44	1202	Melanie Commins	L50 44 Marple Runners
19	2467	Anne Thomas	L50	19 Wilmslow Striders	48:17	45	1970	Kay Shaw	L50 45 Styal Running Club
20	1869	Jennifer Hulley	L50	20 Stockport Harriers & Ac	48:30	46	132	Jill Harrison	L50 46 Bramhall Runners
21	1875	Sally Meats	L50	21 Stockport Harriers & Ac	48:58	47	703	Sarah Pressdee	L50 47 Hyde Village Striders
22	1961	Victoria Lunn	L50	22 Styal Running Club	49:18	48	707	Shameem Younis	L50 48 Hyde Village Striders
23	1217	Kylie Nixon	L50	23 Marple Runners	49:24	49	1127	Elizabeth King	L50 49 Manchester Triathlon Club
24	2404	Angela Tegg	L50	24 West Cheshire AC	49:36	50	695	Rachael Horrocks	L50 50 Hyde Village Striders
25	2463	Sarah Daly	L50	25 Wilmslow Striders	49:37	51	1121	Gillian Aspin	L50 51 Manchester Triathlon Club
26	2491	Gaynor Williams	L50	26 Winston Runners	49:51				

Senior Ladies (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time				
1	1696	Jaine Brocklehurst	L55	1 Salford Metropolitan Ac	43:01	17	2432	Janet Screawn	L55 17 Wilmslow Running Club
2	140	Vikki Murphy	L55	2 Bramhall Runners	44:28	18	1043	Catherine Jones	L55 18 Manchester Harriers & AC
3	901	Joanne Hackett	L55	3 Macclesfield Harriers & Ac	44:47	19	1801	Clare Leith	L55 19 Start2jog
4	1885	Kerrie Wood-Doyle	L55	4 Stockport Harriers & Ac	45:14	20	2004	Amanda Rafferty	L55 20 Swinton Running Club
5	702	Samantha Millns	L55	5 Hyde Village Striders	45:27	21	537	Joanne Brack	L55 21 Glossopdale Harriers
6	906	Andrea Lynes	L55	6 Macclesfield Harriers & Ac	45:53	22	538	Charmayne Brierley	L55 22 Glossopdale Harriers
7	2430	Huma Rahman	L55	7 Wilmslow Running Club	46:17	23	149	Paula Stevens	L55 23 Bramhall Runners
8	1328	Yvonne Williams	L55	8 Running Bear	46:46	24	1804	Kate Pusey	L55 24 Start2jog
9	99	Emma Hurst	L55	9 Belle Vue Racers	47:15	25	701	Lana Milligan	L55 25 Hyde Village Striders
10	577	Mary Jones	L55	10 Goyt Valley Striders	47:16	26	442	Rachel Bell	L55 26 Dragons Running Club (sale)
11	1329	Vicki Wilson	L55	11 Running Bear	47:21	27	696	Carol Kershaw	L55 27 Hyde Village Striders
12	2087	Joanne Lott	L55	12 Trafford Athletic Club	47:29	28	147	Julie Shortt	L55 28 Bramhall Runners
13	2468	Philippa Whittingham	L55	13 Wilmslow Striders	47:38	29	406	Rebecca Meeten	L55 29 Didsbury Runners
14	1959	Catherine Jackson	L55	14 Styal Running Club	48:31	30	752	Jeanette Hanley	L55 30 Levenshulme Runners
15	2261	Anne Gregory	L55	15 Warrington A C	49:23	31	136	Melanie Li	L55 31 Bramhall Runners
16	1960	Allison Kirkbride	L55	16 Styal Running Club	50:55				

Senior Ladies (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time				
1	36	Beverley Jackson	L60	1 Altrincham & District Ac	45:24	9	229	Heather Fryer-Winder	L60 9 Buxton AC
2	1317	Sally Gilliver	L60	2 Running Bear	45:58	10	293	Sue McGuinness	L60 10 Chorlton Runners
3	539	Ro Cole	L60	3 Glossopdale Harriers	47:11	11	2433	Kate Sutton	L60 11 Wilmslow Running Club
4	908	Jo Miles	L60	4 Macclesfield Harriers & Ac	47:54	12	451	Sue Strickland	L60 12 Dragons Running Club (sale)
5	1326	Pippa Price	L60	5 Running Bear	48:13	13	1316	Christine Gilligan	L60 13 Running Bear
6	124	Andrea Buckingham	L60	6 Bramhall Runners	48:47	14	1776	Helena McGoldrick	L60 14 St Helens Sutton Ac
7	691	Diane Clarke	L60	7 Hyde Village Striders	51:40	15	1268	Janet Hunt	L60 15 Middleton Harriers Ac
8	142	Michele Readitt	L60	8 Bramhall Runners	52:07	16	133	Catherine Jones	L60 16 Bramhall Runners
						17	699	Elizabeth Mason	L60 17 Hyde Village Striders

Senior Ladies (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	1955	G Holland-Jones	L65	1 Styal Running Club	46:50
2	576	Moiria Hunt	L65	2 Goyt Valley Striders	52:39
3	128	Rowena Curley	L65	3 Bramhall Runners	59:28
4	1927	Sue Watts	L65	4 Stockport Tri Club	1:01:32
5	139	Marian Morrison	L65	5 Bramhall Runners	1:04:28
6	1972	Mandy Winckworth	L65	6 Styal Running Club	1:10:01
7	1969	Celia Reed	L65	7 Styal Running Club	1:10:33

Senior Ladies (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time
1	503	Angela Oldham	L70	1 E Cheshire H & Tameside AC	49:43
2	1263	Fiona Bolton	L70	2 Middleton Harriers Ac	54:12
3	2083	Sue Exon	L70	3 Trafford Athletic Club	59:05
4	1864	Alexis Dinsmor	L75	1 Stockport Harriers & Ac	1:04:20
5	1266	Ruth Hare	L70	4 Middleton Harriers Ac	1:14:49

169 2261 Anne Gregory	L55 15 Warrington A C	49:23	231 1212 Emma Loveridge	L40 37 Marple Runners	54:36
170 1272 Helen Mutch	L40 26 Middleton Harriers Ac	49:23	232 537 Joanne Brack	L55 21 Glossopdale Harriers	54:38
171 1217 Kylie Nixon	L50 23 Marple Runners	49:24	233 538 Charmayne Brierley	L55 22 Glossopdale Harriers	54:39
172 307 Lois Preston	L40 27 Chorlton Runners	49:30	234 149 Paula Stevens	L55 23 Bramhall Runners	54:41
173 762 Jenny Woods	Levenshulme Runners	49:32	235 2120 Ellie Hall	University Of Manchester	54:42
174 2404 Angela Tegg	L50 24 West Cheshire AC	49:36	236 293 Sue McGuinness	L60 10 Chorlton Runners	54:44
175 2463 Sarah Daly	L50 25 Wilmslow Striders	49:37	237 2433 Kate Sutton	L60 11 Wilmslow Running Club	54:54
176 503 Angela Oldham	L70 1 E Cheshire H & Tameside AC	49:43	238 451 Sue Strickland	L60 12 Dragons Running Club (sale)	55:00
177 151 Karen Wileman	L45 22 Bramhall Runners	49:49	239 1924 Anna Dagnall	L45 29 Stockport Tri Club	55:18
178 2491 Gaynor Williams	L50 26 Winstan Runners	49:51	240 2124 Emma Zini	L20 15 University Of Manchester	55:50
179 1302 Jodie Tinker	L40 28 Oldham & Royton H & Ac	50:04	241 144 Katie Roberts	L40 38 Bramhall Runners	55:54
180 91 Karen Charters	L50 27 Belle Vue Racers	50:06	242 1798 Helen Holmes	L45 30 Start2jog	56:00
181 697 Kate Kinder	Hyde Village Striders	50:11	243 1316 Christine Gilligan	L60 13 Running Bear	56:16
182 636 Sophie Walton	Horwich R M I Harriers	50:15	244 1804 Kate Pusey	L55 24 Start2jog	56:18
183 1311 Darcy Davies	Running Bear	50:23	245 1776 Helena McGoldrick	L60 14 St Helens Sutton Ac	56:21
184 1866 Gulderen Harwood	L45 23 Stockport Harriers & Ac	50:28	246 1965 Louisa McNair	L35 29 Styal Running Club	56:21
185 275 Megan Druce	Chorlton Runners	50:30	247 141 Shirley Ralph	L50 43 Bramhall Runners	56:25
186 2398 Debra Bemand	L50 28 West Cheshire AC	50:34	248 2179 Paula Manley	L45 31 Vale Royal Ac	56:27
187 571 Julia Carter	L50 29 Goyt Valley Striders	50:35	249 1206 Michelle Davies	L45 32 Marple Runners	56:30
188 2003 Lisa Ottiwell	L50 30 Swinton Running Club	50:40	250 1202 Melanie Commings	L50 44 Marple Runners	56:30
189 1312 Marion Davies	L35 25 Running Bear	50:42	251 701 Lana Milligan	L55 25 Hyde Village Striders	56:45
190 541 Wendy McMahon	L40 29 Glossopdale Harriers	50:49	252 1309 Alison Bembeneck	L40 39 Running Bear	56:56
191 104 Rachel Watson	L50 31 Belle Vue Racers	50:49	253 959 Neve Keable	Manchester Frontrunners	56:57
192 264 Amy Berrisford	L45 24 Chorlton Runners	50:51	254 1998 Kirsty Johnson	L35 30 Swinton Running Club	57:03
193 304 Batya Stimler	Chorlton Runners	50:52	255 1994 Sarah Borkin	L45 33 Swinton Running Club	57:04
194 1960 Allison Kirkbride	L55 16 Styal Running Club	50:55	256 135 Kata Kolozsvary	L45 34 Bramhall Runners	57:07
195 1792 Helen Fairie	L35 26 Start2jog	51:06	257 442 Rachel Bell	L55 26 Dragons Running Club (sale)	57:11
196 1773 Colette Goddard	L50 32 St Helens Sutton Ac	51:07	258 1173 Sally Wood	L35 31 Manchester Ymca Harriers	57:41
197 2347 Naomi Grabe	L45 25 Warriors Pentathlon & AC	51:10	259 137 Rosemarie McArdle	L45 35 Bramhall Runners	58:16
198 95 Lisa Donnelly	L50 33 Belle Vue Racers	51:29	260 1131 Kathryn Quinn	L45 36 Manchester Triathlon Club	58:16
199 2005 Joanna Turner	L35 27 Swinton Running Club	51:30	261 696 Carol Kershaw	L55 27 Hyde Village Striders	58:17
200 706 Rachel Sharples	L40 30 Hyde Village Striders	51:33	262 543 Jane Scanlon	Glossopdale Harriers	58:24
201 691 Diane Clarke	L60 7 Hyde Village Striders	51:40	263 1268 Janet Hunt	L60 15 Middleton Harriers Ac	58:33
202 2432 Janet Screawn	L55 17 Wilmslow Running Club	51:47	264 133 Catherine Jones	L60 16 Bramhall Runners	58:50
203 226 Joanne Cudahy	L50 34 Buxton AC	51:54	265 963 Kirsty Powers	L35 32 Manchester Frontrunners	58:54
204 575 Clare Griffin	L50 35 Goyt Valley Striders	51:55	266 2083 Sue Exon	L70 3 Trafford Athletic Club	59:05
205 1208 Elise Evans	L50 36 Marple Runners	51:59	267 147 Julie Shortt	L55 28 Bramhall Runners	59:09
206 1043 Catherine Jones	L55 18 Manchester Harriers & AC	52:04	268 128 Rowena Curley	L65 3 Bramhall Runners	59:28
207 142 Michele Readitt	L60 8 Bramhall Runners	52:07	269 2355 Claire Platts	L35 33 Warriors Pentathlon & AC	59:41
208 30 Hannah Daniel	Altrincham & District Ac	52:16	270 1970 Kay Shaw	L50 45 Styal Running Club	59:54
209 1705 Laura Mercer	L50 37 Salford Metropolitan Ac	52:22	271 132 Jill Harrison	L50 46 Bramhall Runners	1:00:04
210 1802 Kaylea Maidstone	L35 28 Start2jog	52:36	272 1788 Jenna Bardsley	L40 40 Start2jog	1:00:09
211 576 Moira Hunt	L65 2 Goyt Valley Striders	52:39	273 396 Natasha Bradford	Didsbury Runners	1:00:14
212 1199 Lyndsey Brandwood	L40 31 Marple Runners	52:46	274 450 W Selby	L40 41 Dragons Running Club (sale)	1:00:18
213 1314 Jacqui Faulder	L50 38 Running Bear	52:55	275 406 Rebecca Meeten	L55 29 Didsbury Runners	1:00:21
214 125 Jen Bulman	L40 32 Bramhall Runners	53:03	276 703 Sarah Pressdee	L50 47 Hyde Village Striders	1:00:35
215 1880 Arabella Stevens	L50 39 Stockport Harriers & Ac	53:07	277 699 Elizabeth Mason	L60 17 Hyde Village Striders	1:00:36
216 1201 Amanda Collinge	L50 40 Marple Runners	53:18	278 707 Shameem Younis	L50 48 Hyde Village Striders	1:00:36
217 1205 Kathryn Cooper	L40 33 Marple Runners	53:19	279 1927 Sue Watts	L65 4 Stockport Tri Club	1:01:32
218 263 Alison Barbuti	L45 26 Chorlton Runners	53:26	280 1270 Jennifer Laptew	L40 42 Middleton Harriers Ac	1:02:26
219 1215 Emma Mooney	L45 27 Marple Runners	53:27	281 1127 Elizabeth King	L50 49 Manchester Triathlon Club	1:03:15
220 1801 Clare Leith	L55 19 Start2jog	53:37	282 695 Rachael Horrocks	L50 50 Hyde Village Striders	1:03:21
221 1269 Janine Jordan	L40 34 Middleton Harriers Ac	53:39	283 1121 Gillian Aspin	L50 51 Manchester Triathlon Club	1:04:15
222 2004 Amanda Rafferty	L55 20 Swinton Running Club	53:41	284 752 Jeanette Hanley	L55 30 Levenshulme Runners	1:04:19
223 100 Catherine McKenna	L50 41 Belle Vue Racers	53:44	285 1864 Alexis Dinsmor	L75 1 Stockport Harriers & Ac	1:04:20
224 103 Philippa Robinson	L40 35 Belle Vue Racers	54:00	286 139 Marian Morrison	L65 5 Bramhall Runners	1:04:28
225 1263 Fiona Bolton	L70 2 Middleton Harriers Ac	54:12	287 136 Melanie Li	L55 31 Bramhall Runners	1:06:42
226 105 Aimee Woolley	L40 36 Belle Vue Racers	54:13	288 1972 Mandy Winckworth	L65 6 Styal Running Club	1:10:01
227 2118 Lola Gunn	L20 14 University Of Manchester	54:21	289 1969 Celia Reed	L65 7 Styal Running Club	1:10:33
228 759 Gemma Sutherland	L45 28 Levenshulme Runners	54:22	290 1266 Ruth Hare	L70 4 Middleton Harriers Ac	1:14:49
229 965 Ruth Travis	L50 42 Manchester Frontrunners	54:27	291 756 Nazia Parveen	L35 34 Levenshulme Runners	1:24:30
230 229 Heather Fryer-Winder	L60 9 Buxton AC	54:31			

Senior Ladies — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Chorlton Runners	53	—	4 K Fitzpatrick	12 L Gallyer-Barnett	16 Isobel Robinson	21 Heather Statham
2 Sale Harriers Manchester	53	—	8 Chloe Elliott	9 Megan Tucker	11 Laura Martin	25 Jessica Welsh
3 Trafford Athletic Club	73	—	2 Bethany Reid	3 Jacqui Fairchild	6 Sarah Hudak	62 Mel Monks
4 Stockport Harriers & Ac	114	—	15 Rosie Philbin	22 Rosie Bradshaw	29 Holly Martin	48 Jennie Pickard
5 Warriors Pentathlon & AC	116	—	1 K Haggard	28 Eve Grabe	40 Dianna Mannhart	47 Kerry Dunning
6 Macclesfield Harriers & Ac	174	—	7 Alicia Roberts	13 Jenna Williams	68 Sue Stockdale	86 Joanne Hackett
7 Warrington A C	195	—	20 Claire Andrew	26 Ellen Turnbull	31 Alison Roberts	118 Faye Lawton
8 Didsbury Runners	210	—	10 Laura Brown	58 Molly Perkins	64 Abbie Pickard	78 Molly Curzon
9 Chorlton Runners 'B'	221	—	38 Rebecca Fitzsimmons	53 Elizabeth Heslop	61 Suzy Hill	69 Naomi Stones
10 Salford Metropolitan Ac	222	—	37 Bethany Vella	41 Amanda Hurdall	59 Jaine Brocklehurst	85 Esme Sly
11 Sale Harriers Manchester 'B'	222	—	32 Sophie Armitage	36 Helen Armitage	56 Georgia Heath	98 Sarah Goulden
12 Running Bear	241	—	33 Samantha Newbound	43 Joanne Ellis	71 Tine Johnson	94 Karen Oldland
13 Wilmslow Running Club	255	—	24 Rebecca Jackson	39 Stacy Macpherson	77 Katy Green	115 Huma Rahman
14 Stockport Harriers & Ac 'B'	262	—	49 Emma Wood-Doyle	57 Caitlin Hill	60 Fiona Walton	96 Kerrie Wood-Doyle
15 West Cheshire AC	319	—	23 Julie Douzant	50 Emma Nutt	73 Anest Muller	173 Angela Tegg
16 St Helens Sutton Ac	327	—	17 Siobhan Massey	18 Lily Birkett	97 Sarah Birkett	195 Colette Goddard
17 Hyde Village Striders	342	—	63 Sarah Beever	70 Stephanie Mallett	104 Samantha Millns	105 Grainne Bennett
18 Glossopdale Harriers	366	—	46 Zoe Barton	54 Aimee Baines	132 Ro Cole	134 Liz Bailey
19 Buxton AC	372	—	34 Samantha Willis	76 Anna Pritchard	108 Rebecca Cudahy	154 Rebecca Corbett
20 Bramhall Runners	384	—	51 Amy McConville	81 Vikki Murphy	113 Helen Rennie	139 Kim Rothwell
21 Chorlton Runners 'C'	385	—	87 Emma Parratt	90 Sarah Renshaw	102 Alice Woodbridge	106 Katie Syrett
22 Trafford Athletic Club 'B'	410	—	75 Amy Cauley	80 Ruth Beresford	114 Louise Mangan	141 Joanne Lott
23 Swinton Running Club	417	—	83 Jessica Carey	100 Lauren Marsden	103 Rebecca Mills	131 Sarah Foreman
24 Dragons Running Club (sale)	452	—	67 Vicki Cleall	107 Madeleine Hill	123 Ciara Miles	155 Wendy Kelly
25 Horwich R M I Harriers	452	—	72 Milly Lever	88 Helen Macdonald	111 Alice Tucker	181 Sophie Walton
26 Styling Running Club	459	—	82 Adelle Holt	89 Lexy Denton	128 G Holland-Jones	160 Catherine Jackson
27 University Of Manchester	474	—	19 Tess Graham	79 Hannah Taylor	150 Lydia Elliot	226 Lola Gunn
28 E Cheshire H & Tameside AC	483	—	27 Katie Kay	136 Maria Rooke	145 Harri-Ann Fleet	175 Angela Oldham
29 Running Bear 'B'	495	—	110 Sally Gilliver	119 Karen Little	126 Yvonne Williams	140 Vicki Wilson
30 Marple Runners	503	—	66 Angela McDonald	130 Sarah Stutchfield	137 Wendy Rimmer	170 Kylie Nixon
31 Manchester Triathlon Club	510	—	65 Fiona Blagg	74 Winton Julie De	112 Jude Wall	259 Kathryn Quinn
32 Chorlton Runners 'D'	553	—	121 Charlotte Smith	127 Charlotte Gilbert	147 Emma Banister	158 Mena Karla Corral
33 Start2jog	582	—	84 Simone Fisher	95 Marie Godward	194 Helen Fairie	209 Kaylea Maidstone
34 Stockport Harriers & Ac 'C'	585	—	117 Lisa Davies	144 Amy Billing	159 Jennifer Hulley	165 Sally Meats
35 Belle Vue Racers	627	—	125 Lisa Costello	133 Emma Hurst	179 Karen Charters	190 Rachel Watson
36 Goyt Valley Striders	672	—	135 Mary Jones	148 Anna Aspinall	186 Julia Carter	203 Clare Griffin
37 Swinton Running Club 'B'	708	—	157 Jane Goslin	166 Rachel Billington	187 Lisa Ottiwell	198 Joanna Turner
38 Running Bear 'C'	733	—	151 Pippa Price	182 Darcy Davies	188 Marion Davies	212 Jacqui Faulder
39 Chorlton Runners 'E'	738	—	171 Lois Preston	184 Megan Druce	191 Amy Berrisford	192 Batya Stimler
40 Buxton AC 'B'	751	—	156 Kate Brown	164 Charlotte Curzon	202 Joanne Cudahy	229 Heather Fryer-Winder
41 Bramhall Runners 'B'	757	—	162 Andrea Buckingham	176 Karen Wileman	206 Michele Readitt	213 Jen Bulman
42 Manchester Frontrunners	788	—	44 Rachel Kenyon	228 Ruth Travis	252 Neve Keable	264 Kirsty Powers
43 Didsbury Runners 'B'	800	—	116 Victoria Hall	138 Evie Greatorex	272 Natasha Bradford	274 Rebecca Meeten
44 Dragons Running Club (sale 'B')	817	—	161 Ruby Riley	163 Hollie Francis	237 Sue Strickland	256 Rachel Bell
45 Hyde Village Striders 'B'	829	—	180 Kate Kinder	199 Rachel Sharples	200 Diane Clarke	250 Lana Milligan
46 Marple Runners 'B'	846	—	204 Elise Evans	211 Lyndsey Brandwood	215 Amanda Collinge	216 Kathryn Cooper
47 Belle Vue Racers 'B'	867	—	197 Lisa Donnelly	222 Catherine McKenna	223 Philippa Robinson	225 Aimee Woolley
48 Styling Running Club 'B'	874	—	167 Victoria Lunn	193 Allison Kirkbride	245 Louisa McNair	269 Kay Shaw
49 Middleton Harriers Ac	875	—	169 Helen Mutch	220 Janine Jordan	224 Fiona Bolton	262 Janet Hunt
50 Glossopdale Harriers 'B'	913	—	189 Wendy McMahon	231 Joanne Brack	232 Charmayne Brierley	261 Jane Scanlon
51 Marple Runners 'C'	945	—	218 Emma Mooney	230 Emma Loveridge	248 Michelle Davies	249 Melanie Commins
52 Levenshulme Runners	972	—	172 Jenny Woods	227 Gemma Sutherland	283 Jeanette Hanley	290 Nazia Parveen
53 Bramhall Runners 'C'	974	—	233 Paula Stevens	240 Katie Roberts	246 Shirley Ralph	255 Kata Kolozsvary
54 Start2jog 'B'	974	—	219 Clare Leith	241 Helen Holmes	243 Kate Pusey	271 Jenna Bardsley
55 Bramhall Runners 'D'	1054	—	258 Rosemarie McArdle	263 Catherine Jones	266 Julie Shortt	267 Rowena Curley
56 Hyde Village Striders 'C'	1088	—	260 Carol Kershaw	275 Sarah Pressdee	276 Elizabeth Mason	277 Shameem Younis

Senior Ladies (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale Harriers Manchester	29	—	4 Chloe Elliott	9 Jessica Welsh	16 Helen Armitage
2 Trafford Athletic Club	34	—	1 Jacqui Fairchild	3 Sarah Hudak	30 Mel Monks
3 Stockport Harriers & Ac	64	—	11 Holly Martin	24 Jennie Pickard	29 Fiona Walton
4 Chorlton Runners	85	—	2 K Fitzpatrick	35 Naomi Stones	48 Emma Parratt
5 Warrington A C	94	—	7 Claire Andrew	13 Alison Roberts	74 Faye Lawton
6 Running Bear	112	—	20 Joanne Ellis	37 Tine Johnson	55 Karen Oldland
7 Warriors Pentathlon & AC	117	—	18 Dianna Mannhart	23 Kerry Dunning	76 Sarah Kearney
8 Wilmslow Running Club	130	—	17 Stacy Macpherson	42 Katy Green	71 Huma Rahman
9 Salford Metropolitan Ac	130	—	19 Amanda Hurndall	28 Jaime Brocklehurst	83 Rachel Thomas
10 Glossopdale Harriers	135	—	22 Zoe Barton	27 Aimee Baines	86 Ro Cole
11 Manchester Triathlon Club	138	—	31 Fiona Blagg	39 Winton Julie De	68 Jude Wall
12 Bramhall Runners	138	—	25 Amy McConville	44 Vikki Murphy	69 Helen Rennie
13 Macclesfield Harriers & Ac	147	—	34 Sue Stockdale	47 Joanne Hackett	66 Andrea Lynes
14 Trafford Athletic Club 'B'	153	—	40 Amy Cauley	43 Ruth Beresford	70 Louise Mangan
15 Buxton AC	158	—	14 Samantha Willis	41 Anna Pritchard	103 Rebecca Corbett
16 West Cheshire AC	163	—	8 Julie Douzant	38 Anest Muller	117 Angela Tegg
17 Dragons Running Club (sale)	176	—	33 Vicki Cleall	65 Madeleine Hill	78 Ciara Miles
18 Styal Running Club	177	—	45 Adelle Holt	50 Lexy Denton	82 G Holland-Jones
19 Sale Harriers Manchester 'B'	194	—	58 Sarah Goulden	59 Harriet Hamilton	77 Belinda Hammond
20 Chorlton Runners 'B'	196	—	51 Sarah Renshaw	64 Katie Syrett	81 Charlotte Gilbert
21 St Helens Sutton Ac	197	—	6 Siobhan Massey	57 Sarah Birkett	134 Colette Goddard
22 Marple Runners	206	—	32 Angela McDonald	84 Sarah Stutchfield	90 Wendy Rimmer
23 Swinton Running Club	207	—	60 Lauren Marsden	62 Rebecca Mills	85 Sarah Foreman
24 Running Bear 'B'	222	—	67 Sally Gilliver	75 Karen Little	80 Yvonne Williams
25 Stockport Harriers & Ac 'B'	224	—	56 Kerrie Wood-Doyle	73 Lisa Davies	95 Amy Billing
26 Hyde Village Striders	237	—	36 Stephanie Mallett	63 Samantha Millns	138 Rachel Sharples
27 Vale Royal Ac	261	—	26 Anna Begbie	53 Victoria Gilbody	182 Paula Manley
28 Didsbury Runners	283	—	5 Laura Brown	72 Victoria Hall	206 Rebecca Meeten
29 Belle Vue Racers	289	—	79 Lisa Costello	87 Emma Hurst	123 Karen Charters
30 Goyt Valley Striders	313	—	89 Mary Jones	98 Anna Aspinall	126 Julia Carter
31 Wilmslow Striders	314	—	94 Philippa Whittingham	102 Anne Thomas	118 Sarah Daly
32 Running Bear 'C'	319	—	91 Vicki Wilson	100 Pippa Price	128 Marion Davies
33 Start2jog	326	—	46 Simone Fisher	133 Helen Fairie	147 Kaylea Maidstone
34 Stockport Harriers & Ac 'C'	340	—	106 Jennifer Hulley	110 Sally Meats	124 Gulderen Harwood
35 Chorlton Runners 'C'	344	—	97 Emma Banister	116 Lois Preston	131 Amy Berrisford
36 Styal Running Club 'B'	351	—	107 Catherine Jackson	112 Victoria Lunn	132 Allison Kirkbride
37 Bramhall Runners 'B'	373	—	108 Andrea Buckingham	120 Karen Wileman	145 Michele Readitt
38 Swinton Running Club 'B'	375	—	111 Rachel Billington	127 Lisa Ottiwell	137 Joanna Turner
39 Manchester Frontrunners	383	—	21 Rachel Kenyon	165 Ruth Travis	197 Kirsty Powers
40 Glossopdale Harriers 'B'	385	—	88 Liz Bailey	129 Wendy McMahon	168 Joanne Brack
41 Dragons Running Club (sale 'B')	386	—	104 Wendy Kelly	109 Hollie Francis	173 Sue Strickland
42 Marple Runners 'B'	407	—	115 Kylie Nixon	143 Elise Evans	149 Lyndsey Brandwood
43 Buxton AC 'B'	412	—	105 Kate Brown	141 Joanne Cudahy	166 Heather Fryer-Winder
44 Belle Vue Racers 'B'	426	—	130 Rachel Watson	136 Lisa Donnelly	160 Catherine McKenna
45 Middleton Harriers Ac	434	—	114 Helen Mutch	158 Janine Jordan	162 Fiona Bolton
46 Marple Runners 'C'	463	—	153 Amanda Collinge	154 Kathryn Cooper	156 Emma Mooney
47 Stockport Tri Club	480	—	96 Anna Senuita	174 Anna Dagnall	210 Sue Watts
48 Bramhall Runners 'C'	496	—	151 Jen Bulman	170 Paula Stevens	175 Katie Roberts
49 Start2jog 'B'	511	—	157 Clare Leith	176 Helen Holmes	178 Kate Pusey
50 Running Bear 'D'	513	—	150 Jacqui Faulder	177 Christine Gilligan	186 Alison Bembenek
51 Hyde Village Striders 'B'	518	—	139 Diane Clarke	185 Lana Milligan	194 Carol Kershaw
52 Marple Runners 'D'	534	—	167 Emma Loveridge	183 Michelle Davies	184 Melanie Commins
53 Swinton Running Club 'C'	534	—	159 Amanda Rafferty	187 Kirsty Johnson	188 Sarah Borkin
54 Bramhall Runners 'D'	562	—	181 Shirley Ralph	189 Kata Kolozsvary	192 Rosemarie McArdle
55 Bramhall Runners 'E'	595	—	196 Catherine Jones	199 Julie Shortt	200 Rowena Curley
56 Styal Running Club 'C'	601	—	180 Louisa McNair	202 Kay Shaw	219 Mandy Winckworth
57 Levenshulme Runners	601	—	164 Gemma Sutherland	215 Jeanette Hanley	222 Nazia Parveen
58 Manchester Triathlon Club 'B'	619	—	193 Kathryn Quinn	212 Elizabeth King	214 Gillian Aspin
59 Hyde Village Striders 'C'	624	—	207 Sarah Pressdee	208 Elizabeth Mason	209 Shameem Younis
60 Middleton Harriers Ac 'B'	627	—	195 Janet Hunt	211 Jennifer Laptew	221 Ruth Hare
61 Bramhall Runners 'F'	638	—	203 Jill Harrison	217 Marian Morrison	218 Melanie Li

Senior Men aged 17 to 19

Pos	Num	Name	Cat/Pos	Club	Time				
1	2363	Oberon Kearney	U20	1 Warriors Pentathlon & AC	34:58	12	2139	Kiran Shah	U2012 University Of Manchester 42:54
2	2553	Jack Heap	U20	2 Wirral Ac	35:10	13	2097	Finnan Docherty	U2013 Trafford Athletic Club 44:37
3	521	Brandon Kenyon-Betts	U203	E Cheshire H & Tameside AC	35:46	14	2140	Jasper Travis	U2014 University Of Manchester 44:55
4	953	Matthew Walker	U20	4 Macclesfield Harriers & Ac	36:14	15	718	Kairan Mallett	U2015 Hyde Village Striders 46:01
5	919	Joseph Allen	U20	5 Macclesfield Harriers & Ac	36:24	16	2079	Ceri Basi	U2016 Trafford Athletic Club 47:02
6	947	Cian Taylor	U20	6 Macclesfield Harriers & Ac	36:31	17	1086	Harley Milburn	U2017 Manchester Metropolitan Uni 47:26
7	2096	Luke Carrington	U20	7 Trafford Athletic Club	36:49	18	2126	Isaac East	U2018 University Of Manchester 48:04
8	2360	Noel Ford	U20	8 Warriors Pentathlon & AC	37:26	19	1717	Hayden Cooper	U2019 Salford Metropolitan Ac 49:50
9	2094	Alfie Bundy	U20	9 Trafford Athletic Club	39:04	20	666	Aidan McKenna	U2020 Horwich R M I Harriers 49:50
10	2358	Jack Berry	U2010	Warriors Pentathlon & AC	39:51	21	1084	Aidan Liddle	U2021 Manchester Metropolitan Uni 1:02:23
11	1060	Isaac Ismail-Speake	U2011	Manchester Harriers & AC	42:19				

Senior Men aged 17 to 19 — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Macclesfield Harriers & Ac	15 —	4 Matthew Walker	5 Joseph Allen	6 Cian Taylor
2 Warriors Pentathlon & AC	19 —	1 Oberon Kearney	8 Noel Ford	10 Jack Berry
3 Trafford Athletic Club	29 —	7 Luke Carrington	9 Alfie Bundy	13 Finnan Docherty
4 University Of Manchester	44 —	12 Kiran Shah	14 Jasper Travis	18 Isaac East

Senior Men aged 20 to 39

Pos	Num	Name	Cat/Pos	Club	Time					
1	2132	Arlo Ludewick		University Of Manchester	32:48	69	937	Owen Mitchell	Macclesfield Harriers & Ac	41:26
2	1528	Nigel Martin		Sale Harriers Manchester	32:54	70	1733	Josh Vella	Salford Metropolitan Ac	41:27
3	1627	Alex Ediker		Salford Harriers & AC	33:08	71	1898	Adam Green	Stockport Harriers & Ac	41:29
4	2191	Aaron Doyle		Vale Royal Ac	33:40	72	1142	Joseph Elmes	Manchester Triathlon Club	41:32
5	1660	Jacob Wood-Doyle		Salford Harriers & AC	33:50	73	2482	Peter Williams	Wilmslow Striders	41:43
6	1661	Ryan Worland		Salford Harriers & AC	33:56	74	329L	Carter-Brzezinski	Chorlton Runners	41:53
7	2138	Fredrick Roden		University Of Manchester	34:06	75	519	Daniel Kavanagh	E Cheshire H & Tameside AC	41:55
8	668	Joe Mercer		Horwich R M I Harriers	34:49	76	1189	Philip Tomkinson	Manchester Ymca Harriers	42:03
9	2208	Nathan Williams		Vale Royal Ac	34:50	77	1720	Dayle Dwyer	Salford Metropolitan Ac	42:08
10	660	James Kevan		Horwich R M I Harriers	34:57	78	2412	Paul Morrison	West Cheshire AC	42:12
11	2561	Joshua Wragg		Rotherham Harriers And AC	35:08	79	659	Andrew Kelly	Horwich R M I Harriers	42:20
12	2206	Samuel Whitehead		Vale Royal Ac	35:09	80	1555	James Walsh	Sale Harriers Manchester	42:21
13	2188	Jacob Brown		Vale Royal Ac	35:18	81	554	David Curington	Glossopdale Harriers	42:21
14	1540	Paul Peters		Sale Harriers Manchester	35:21	82	1103	Teifion Best	Manchester Road Runners	42:28
15	1543	Phil Richardson		Sale Harriers Manchester	35:59	83	648	Matthew Dewhurst	Horwich R M I Harriers	42:46
16	1892	Jack Catterall		Stockport Harriers & Ac	36:03	84	2011	Mark Cordiner	Swinton Running Club	42:51
17	2106	Simon O'Meara		Trafford Athletic Club	36:04	85	520	Michael Kennedy	E Cheshire H & Tameside AC	42:51
18	1539	Sam Pendlill		Sale Harriers Manchester	36:07	86	2142	H York	University Of Manchester	42:55
19	2278	Joe Roberts		Warrington A C	36:11	87	1819	Christopher Whyte	Start2jog	43:22
20	2098	J Evans-Rodriguez		Trafford Athletic Club	36:25	88	161	Zain Karim	Bramhall Runners	43:24
21	1554	Nicholas Tynan		Sale Harriers Manchester	36:27	89	339	Luke Donnelly	Chorlton Runners	43:39
22	1638	Matthew Latham		Salford Harriers & AC	36:32	90	356	Louis James	Chorlton Runners	43:41
23	437	Jonathan Pickup		Didsbury Runners	36:39	91	1928	Oliver Abbott	Stockport Tri Club	43:47
24	1620	Kieran Cann		Salford Harriers & AC	36:44	92	1890	George Butt	Stockport Harriers & Ac	43:51
25	525	Howard Oldham		E Cheshire H & Tameside AC	36:45	93	1496	Mark Brown	Sale Harriers Manchester	43:55
26	1653	Christian Smith		Salford Harriers & AC	36:46	94	2137	Thomas Partridge	University Of Manchester	44:01
27	649	Sam Fairhurst		Horwich R M I Harriers	36:52	95	1648	Benjamin Rix	Salford Harriers & AC	44:18
28	434	Damien McHugh		Didsbury Runners	36:59	96	2368	Will Platts	Warriors Pentathlon & AC	44:22
29	684	Brandon Whitehead		Horwich R M I Harriers	37:12	97	2273	Jonny Leatherbarrow	Warrington A C	44:28
30	681	Ryan Snee		Horwich R M I Harriers	37:15	98	1905	Rob McMurdo	Stockport Harriers & Ac	44:29
31	1647	David Rigby		Salford Harriers & AC	37:22	99	2111	George Wright	Trafford Athletic Club	44:36
32	1106	Stephen Cockram		Manchester Road Runners	37:44	100	2473	Bill Green	Wilmslow Striders	44:44
33	1525	Pierce Lyons		Sale Harriers Manchester	38:03	101	115	Ben Moriarty	Belle Vue Racers	45:07
34	921	Nathanael Booker		Macclesfield Harriers & Ac	38:05	102	422	Evan Davies	Didsbury Runners	46:37
35	1102	Luke Asante		Manchester Road Runners	38:08	103	238	Callum D'souza	Buxton AC	46:43
36	335	Sean Connon		Chorlton Runners	38:22	104	1247	Alexander Ratcliffe	Marple Runners	46:54
37	727	Matt Snowden		Hyde Village Striders	38:23	105	2475	Alex Keen	Wilmslow Striders	46:58
38	663	Alex Lowe		Horwich R M I Harriers	38:43	106	1939	David Roberts	Stockport Tri Club	47:02
39	2136	A Nithianantharajah		University Of Manchester	38:47	107	2477	Andrew Neilson	Wilmslow Striders	47:04
40	567	James Stubbs		Glossopdale Harriers	38:48	108	1145	Scott Houston	Manchester Triathlon Club	47:04
41	373	Alister Pearson		Chorlton Runners	38:55	109	989	Matt Titterington	Manchester Frontrunners	47:18
42	680	Matthew Smith		Horwich R M I Harriers	38:59	110	687	Stephen Winrow	Horwich R M I Harriers	47:36
43	665	Thomas McKee		Horwich R M I Harriers	39:01	111	237	Gary Donaldson	Buxton AC	47:50
44	1900	Ryan Harrison		Stockport Harriers & Ac	39:11	112	1082	Nathan Green	Manchester Metropolitan Uni	47:51
45	771	Martin Dickson		Levenshulme Runners	39:14	113	340	Josh Draper	Chorlton Runners	49:08
46	2009	Daniel Bird		Swinton Running Club	39:16	114	2135	Nicholas Mitchiner	University Of Manchester	49:18
47	866	Stuart Berry		Lymm Runners	39:27	115	1335	William Mitchell	Running Bear	49:29
48	160	Robin Hulme		Bramhall Runners	39:29	116	2205	Jack Whalley	Vale Royal Ac	49:49
49	2560	Alistair Allen		Exeter Harriers	39:31	117	1811	Nick Grayson	Start2jog	50:07
50	243	Ben Light		Buxton AC	39:47	118	1236	Matthew Furniss	Marple Runners	50:22
51	657	Joe Horrocks		Horwich R M I Harriers	40:01	119	1108	Jonathan Coulson	Manchester Road Runners	50:44
52	1079	Matthew Barker		Manchester Metropolitan Uni	40:08	120	81	George Raffle	Altrincham & District Ac	51:08
53	347	Joseph Guntrip		Chorlton Runners	40:13	121	990	Alexander Vdovin	Manchester Frontrunners	51:16
54	2128	Daniel Groves		University Of Manchester	40:15	122	440	Jamie Soul	Didsbury Runners	51:27
55	926	Ewan Edmondson		Macclesfield Harriers & Ac	40:16	123	781	Tom Woods	Levenshulme Runners	53:09
56	338	Luke Donald		Chorlton Runners	40:16	124	374	Mike Peter	Chorlton Runners	53:33
57	1104	Grant Boyne		Manchester Road Runners	40:17	125	1943	Richard Underwood	Stockport Tri Club	53:33
58	2437	Robert Armstrong		Wilmslow Running Club	40:22	126	1937	Charlie Podolanski	Stockport Tri Club	54:03
59	327	Benjamin Brown		Chorlton Runners	40:23	127	1941	Jonnie Scott	Stockport Tri Club	54:18
60	248	C Rushworth		Buxton AC	40:25	128	172	Sam Turton	Bramhall Runners	55:08
61	658	Philip Johnson		Horwich R M I Harriers	40:30	129	738	Neil Duncombe	Knutsford Tri Club	55:32
62	46	Nick Bugler		Altrincham & District Ac	40:34	130	944	Shane Skillin	Macclesfield Harriers & Ac	56:34
63	2133	Oakley Machon		University Of Manchester	40:38	131	1514	Christopher Hertzog	Sale Harriers Manchester	58:44
64	389	Daniel Vasey		Chorlton Runners	40:40	132	1815	Robert Maidstone	Start2jog	59:56
65	1497	George Carley		Sale Harriers Manchester	41:03	133	1064	Andrew Parsonage	Manchester Harriers & AC	1:00:51
66	1113	D Harrison-Croft		Manchester Road Runners	41:03					
67	591	Sam Rodger		Goyt Valley Striders	41:23					
68	331	Thomas Clowes		Chorlton Runners	41:25					

Senior Men (Vets) aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time						
1	1625	Karl Darcy	V40 1	Salford Harriers & AC	34:19	29	84	Dominic Renshaw	V4029	Altrincham & District Ac	44:39
2	861	Hywel Care	V40 2	Liverpool Harriers & Ac	36:29	30	167	Matthew Neilson	V4030	Bramhall Runners	45:08
3	1506	Robert Dunn	V40 3	Sale Harriers Manchester	36:32	31	1174	Daniel Bailey	V4031	Manchester Ymca Harriers	45:16
4	675	Tom Rigby	V40 4	Horwich R M I Harriers	36:47	32	2194	Daniel Gilbody	V4032	Vale Royal Ac	45:41
5	1500	Andrew Curvis	V40 5	Sale Harriers Manchester	37:22	33	1989	Chris Turner	V4033	Styal Running Club	46:06
6	395	David Wyeth	V40 6	Chorlton Runners	37:29	34	643	Simon Bruton	V4034	Horwich R M I Harriers	46:17
7	1917	Adam Thompson	V40 7	Stockport Harriers & Ac	37:47	35	581	Neil Colquhoun	V4035	Goyt Valley Striders	46:21
8	1891	Phil Carpenter	V40 8	Stockport Harriers & Ac	38:14	36	717	Stephen Kirk	V4036	Hyde Village Striders	46:23
9	1621	David Carroll	V40 9	Salford Harriers & AC	38:28	37	2495	James Phillips	V4037	Winston Runners	47:05
10	2359	Richard Dunning	V4010	Warriors Pentathlon & AC	39:19	38	1938	Brett Rafferty	V4038	Stockport Tri Club	47:39
11	1062	Michael Merchant	V4011	Manchester Harriers & AC	39:45	39	1144	Martin Forker	V4039	Manchester Triathlon Club	47:45
12	1521	Tim Kennedy	V4012	Sale Harriers Manchester	40:15	40	432	Dan Levin	V4040	Didsbury Runners	47:50
13	686	Matthew Wilson	V4013	Horwich R M I Harriers	40:34	41	1065	Neil Ryan	V4041	Manchester Harriers & AC	48:04
14	2189	Lee Carrington	V4014	Vale Royal Ac	40:53	42	2481	Andrew Tomlinson	V4042	Wilmslow Striders	48:18
15	1522	Philip Lorgan	V4015	Sale Harriers Manchester	41:30	43	1784	Alan McKeegan	V4043	St Helens Sutton Ac	48:31
16	712	Craig Hirst	V4016	Hyde Village Striders	41:42	44	1934	Robert Heathcote	V4044	Stockport Tri Club	48:41
17	1068	George Steele	V4017	Manchester Harriers & AC	41:48	45	778	Russell Scott	V4045	Levenshulme Runners	49:25
18	565	Rick Steckles	V4018	Glossopdale Harriers	41:51	46	1244	James Nuttall	V4046	Marple Runners	50:11
19	425	Matthew Gittins	V4019	Didsbury Runners	42:22	47	365	Ryan McCue	V4047	Chorlton Runners	50:37
20	1551	Tom Stephenson	V4020	Sale Harriers Manchester	42:26	48	1909	William Pritchard	V4048	Stockport Harriers & Ac	51:33
21	54	Craig Foster	V4021	Altrincham & District Ac	42:32	49	1330	Jim Anthony	V4049	Running Bear	51:51
22	77	James Pattison	V4022	Altrincham & District Ac	42:39	50	1235	Joe Fenton	V4050	Marple Runners	51:59
23	527	Haco Santana	V4023	E Cheshire H & Tameside AC	43:00	51	1983	Russell Jones	V4051	Styal Running Club	52:24
24	742	Adam Horrocks	V4024	Knutsford Tri Club	43:08	52	463	Steven Ward	V4052	Dragons Running Club (sale)	52:51
25	1148	Luke Kiernan	V4025	Manchester Triathlon Club	43:11	53	719	Michael Mallett	V4053	Hyde Village Striders	53:23
26	253	William Throssel	V4026	Buxton AC	43:51	54	330	Simon Clarke	V4054	Chorlton Runners	54:34
27	1654	Paul Stephens	V4027	Salford Harriers & AC	44:09	55	865	Andrew Barton	V4055	Lymm Runners	1:00:15
28	1518	Mark Johnson	V4028	Sale Harriers Manchester	44:32	56	1193	Graeme Wilkinson	V4056	Manchester Ymca Harriers	1:02:51

Senior Men (Vets) aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time						
1	1491	Matthew Barnes	V45 1	Sale Harriers Manchester	35:48	29	736	Paul Brocklehurst	V4529	Knutsford Tri Club	45:52
2	2454	Peter Speake	V45 2	Wilmslow Running Club	36:55	30	1725	Lee Marks	V4530	Salford Metropolitan Ac	47:21
3	932	Luke Humphreys	V45 3	Macclesfield Harriers & Ac	37:14	31	428	Matthew Herbert	V4531	Didsbury Runners	47:55
4	2190	Mark Crabtree	V45 4	Vale Royal Ac	37:20	32	722	James Newton	V4532	Hyde Village Striders	48:42
5	952	Mark Walker	V45 5	Macclesfield Harriers & Ac	38:40	33	1492	Paul Barrett	V4533	Sale Harriers Manchester	48:57
6	1777	Steven Anders	V45 6	St Helens Sutton Ac	39:25	34	925	Graeme Eddie	V4534	Macclesfield Harriers & Ac	48:58
7	661	Nick Leigh	V45 7	Horwich R M I Harriers	39:26	35	358	Eamonn Keogh	V4535	Chorlton Runners	49:19
8	523	Tom McMahon	V45 8	E Cheshire H & Tameside AC	39:40	36	453	Graham Brownhill	V4536	Dragons Running Club (sale)	49:23
9	1888	Philip Burns	V45 9	Stockport Harriers & Ac	40:20	37	236	Duncan Campbell	V4537	Buxton AC	49:37
10	739	Ian Elsby	V4510	Knutsford Tri Club	40:46	38	2357	Hareth Abdulla	V4538	Warriors Pentathlon & AC	49:51
11	516	Robin Horner	V4511	E Cheshire H & Tameside AC	41:04	39	1974	McNally Richard Bond	V4539	Styal Running Club	49:58
12	42	Simon Bareford	V4512	Altrincham & District Ac	41:11	40	315	Andy Adkin	V4540	Chorlton Runners	50:03
13	564	Paul Skuse	V4513	Glossopdale Harriers	41:26	41	165	Steve McGovern	V4541	Bramhall Runners	50:31
14	119	Vic Walsh	V4514	Belle Vue Racers	41:27	42	1232	Nick Cochrane	V4542	Marple Runners	50:36
15	44	Ian Blann	V4515	Altrincham & District Ac	41:33	43	240	Chris Greenwood	V4543	Buxton AC	50:38
16	155	Matt Darnley	V4516	Bramhall Runners	41:38	44	779	Robert Taylor	V4544	Levenshulme Runners	50:42
17	2361	Paul Grabe	V4517	Warriors Pentathlon & AC	41:41	45	1055	Matthew Crimes	V4545	Manchester Harriers & AC	51:39
18	1778	Chris Birkett	V4518	St Helens Sutton Ac	41:45	46	1519	Ian Jones	V4546	Sale Harriers Manchester	52:06
19	1936	Carl Krystek	V4519	Stockport Tri Club	41:50	47	1333	Richard Hadley	V4547	Running Bear	52:47
20	726	Darren Smith	V4520	Hyde Village Striders	41:56	48	1723	David Hughes	V4548	Salford Metropolitan Ac	53:09
21	1305	Lee Robinson	V4521	Oldham & Royton H & Ac	42:35	49	1250	Chris Smith	V4549	Marple Runners	53:38
22	507	Jonathan Aust	V4522	E Cheshire H & Tameside AC	42:40	50	355	Ehab Ibrahim	V4550	Chorlton Runners	54:07
23	457	Tom Magdzinski	V4523	Dragons Running Club (sale)	43:14	51	459	Geoff Paley	V4551	Dragons Running Club (sale)	54:18
24	568	Ben Tetler	V4524	Glossopdale Harriers	44:25	52	1154	Stephen Pollard	V4552	Manchester Triathlon Club	54:19
25	424	Matt Farr	V4525	Didsbury Runners	44:40	53	326	David Brocklebank	V4553	Chorlton Runners	1:05:34
26	162	Chris Kershaw	V4526	Bramhall Runners	44:46	54	1818	Barry Sherwood	V4554	Start2jog	1:06:09
27	1716	Paul Connolly	V4527	Salford Metropolitan Ac	44:51	55	117	Ben Rainey	V4555	Belle Vue Racers	1:08:22
28	249	Mark Shorter	V4528	Buxton AC	45:47						

Senior Men (Vets) aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time				
1	1529	Stephen McCarron	V50 1	Sale Harriers Manchester	37:16	29	1051	Andrew Almond	V5029 Manchester Harriers & AC 47:07
2	653	Julian Goudge	V50 2	Horwich R M I Harriers	37:18	30	1902	David Hope	V5030 Stockport Harriers & Ac 47:21
3	348	Andrew Haney	V50 3	Chorlton Runners	37:55	31	2452	Rana Rajan	V5031 Wilmslow Running Club 47:35
4	2108	Jeff Prest	V50 4	Trafford Athletic Club	38:06	32	370	Andy Nicol	V5032 Chorlton Runners 48:25
5	1889	Mark Burton	V50 5	Stockport Harriers & Ac	38:19	33	1248	Chris Robinson	V5033 Marple Runners 48:39
6	2192	Stuart Doyle	V50 6	Vale Royal Ac	38:45	34	2364	Ronan Kearney	V5034 Warriors Pentathlon & AC 49:35
7	364	Ben McCormack	V50 7	Chorlton Runners	38:49	35	1503	Mark Day	V5035 Sale Harriers Manchester 49:45
8	2449	Luke Mendham	V50 8	Wilmslow Running Club	39:38	36	420	Michael Bean	V5036 Didsbury Runners 49:53
9	878	Thomas Store	V50 9	Lymm Runners	40:15	37	946	Gareth Stockdale	V5037 Macclesfield Harriers & Ac 50:18
10	876	Phil Rowen	V5010	Lymm Runners	40:46	38	1915	Mark Smith	V5038 Stockport Harriers & Ac 51:14
11	1619	Richard Brook	V5011	Salford Harriers & AC	41:00	39	1255	Rob Stutchfield	V5039 Marple Runners 51:37
12	255	Robert White	V5012	Buxton AC	42:02	40	746	James Upton	V5040 Knutsford Tri Club 52:37
13	1509	Olivier Gaillemain	V5013	Sale Harriers Manchester	42:15	41	110	Craig Horsfield	V5041 Belle Vue Racers 53:37
14	1908	Simon Pickard	V5014	Stockport Harriers & Ac	42:26	42	458	Steven Miles	V5042 Dragons Running Club (sale) 53:59
15	1550	Matthew Spragg	V5015	Sale Harriers Manchester	42:43	43	1153	Toby Pogson	V5043 Manchester Triathlon Club 54:08
16	1534	Paul Noble	V5016	Sale Harriers Manchester	43:01	44	1239	Nicholas Gudegast	V5044 Marple Runners 54:30
17	922	Gareth Briggs	V5017	Macclesfield Harriers & Ac	43:03	45	1066	Chris Sewart	V5045 Manchester Harriers & AC 54:41
18	1786	Andrew Wilson	V5018	St Helens Sutton Ac	43:18	46	774	Kev Lucas	V5046 Levenshulme Runners 54:48
19	549	Stefan Bramwell	V5019	Glossopdale Harriers	44:15	47	1233	Neil Commins	V5047 Marple Runners 55:03
20	1894	James Corden	V5020	Stockport Harriers & Ac	44:52	48	2415	Julian Tegg	V5048 West Cheshire AC 55:20
21	1158	Roger Thomas	V5021	Manchester Triathlon Club	44:55	49	2563	Mike Bundy	V5049 Unattached 55:24
22	1932	Nick Chick	V5022	Stockport Tri Club	45:11	50	1714	David Broadhurst	V5050 Salford Metropolitan Ac 55:27
23	351	Daniel Hill	V5023	Chorlton Runners	45:36	51	991	Dan Whittaker	V5051 Manchester Frontrunners 55:52
24	1901	Oliver Hill	V5024	Stockport Harriers & Ac	45:57	52	1243	Gavin Nixon	V5052 Marple Runners 56:06
25	78	Neil Pendlebury	V5025	Altrincham & District Ac	46:28	53	1780	Jim Goddard	V5053 St Helens Sutton Ac 56:54
26	1735	Shane Wolstencroft	V5026	Salford Metropolitan Ac	46:50	54	934	David Larkin	V5054 Macclesfield Harriers & Ac 57:15
27	530	Dennis Thomas	V5027	E Cheshire H & Tameside AC	47:04	55	158	Paul Haines	V5055 Bramhall Runners 58:00
28	927	Chris Goodfellow	V5028	Macclesfield Harriers & Ac	47:04	56	1973	Paul Arrowsmith	V5056 Styal Running Club 59:44
						57	1810	Jason Gould	V5057 Start2jog 1:02:34

Senior Men (Vets) aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time				
1	1188	Tim Shanker	V55 1	Manchester Ymca Harriers	40:54	17	924	Dan Croft	V5517 Macclesfield Harriers & Ac 50:35
2	63	Richard Johnson	V55 2	Altrincham & District Ac	41:28	18	1332	Edward Davies	V5518 Running Bear 50:40
3	682	Marcus Taylor	V55 3	Horwich R M I Harriers	41:39	19	1240	Andrew Hodson	V5519 Marple Runners 51:41
4	553	Steve Crossman	V55 4	Glossopdale Harriers	41:58	20	244	Paul Markall	V5520 Buxton AC 52:25
5	2407	Andrew Clague	V55 5	West Cheshire AC	44:32	21	1156	Andrew Slaughter	V5521 Manchester Triathlon Club 53:30
6	1059	Glen Gandy	V55 6	Manchester Harriers & AC	44:32	22	2272	Mark Gregory	V5522 Warrington A C 54:07
7	169	Andy Porter	V55 7	Bramhall Runners	44:45	23	551	Sean Caldwell	V5523 Glossopdale Harriers 54:16
8	168	Frank Podd	V55 8	Bramhall Runners	45:13	24	1279	Dean Clapworthy	V5524 Middleton Harriers Ac 54:41
9	669	Layne Mercer	V55 9	Horwich R M I Harriers	45:51	25	418	Jonathan Atkinson	V5525 Didsbury Runners 54:42
10	83	Steven Renny	V5510	Altrincham & District Ac	46:07	26	154	Andy Cordes	V5526 Bramhall Runners 56:41
11	2444	Mike Hill	V5511	Wilmslow Running Club	46:32	27	1719	Ray Devine	V5527 Salford Metropolitan Ac 57:45
12	1984	Robert Kirkbride	V5512	Styal Running Club	47:11	28	118	Farouk Vawda	V5528 Belle Vue Racers 57:46
13	153	Stephen Brundrett	V5513	Bramhall Runners	47:21	29	1242	Mike Kelly	V5529 Marple Runners 1:01:00
14	2195	David Haines	V5514	Vale Royal Ac	47:35	30	2015	Stuart Ellis	V5530 Swinton Running Club 1:01:40
15	2445	Jarrod Homer	V5515	Wilmslow Running Club	47:59	31	1069	Craig Turner	V5531 Manchester Harriers & AC 1:09:04
16	1229	Ian Bowker	V5516	Marple Runners	49:26				

Senior Men (Vets) aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time				
1	641	Adrian Bramham	V60 1	Horwich R M I Harriers	41:51	15	257	Vincent Booth	V6015 Cheshire Hill Racers 51:21
2	589	Paul Oakley	V60 2	Goyt Valley Striders	42:07	16	1141	Lee Benson	V6016 Manchester Triathlon Club 51:23
3	388	Richard Turner	V60 3	Chorlton Runners	43:09	17	1252	Paul Smith	V6017 Marple Runners 51:59
4	512	Ian Fraser	V60 4	E Cheshire H & Tameside AC	43:58	18	258	Paul Garnett	V6018 Cheshire Hill Racers 52:28
5	53	Richard Evans	V60 5	Altrincham & District Ac	44:03	19	421	Dave Bradford	V6019 Didsbury Runners 52:58
6	235	Robert Burn	V60 6	Buxton AC	45:16	20	1334	Antonio Mion	V6020 Running Bear 53:03
7	531	Alan Wardle	V60 7	E Cheshire H & Tameside AC	45:55	21	2494	Anthony Harrison	V6021 Winston Runners 54:21
8	82	Tim Raffle	V60 8	Altrincham & District Ac	46:24	22	737	Andy Dines	V6022 Knutsford Tri Club 55:13
9	923	Julian Brown	V60 9	Macclesfield Harriers & Ac	46:36	23	1813	Iain Johnson	V6023 Start2jog 58:22
10	588	John Moore	V6010	Goyt Valley Striders	46:42	24	584	Paul Hunt	V6024 Goyt Valley Striders 58:57
11	871	John Howarth	V6011	Lymm Runners	47:06	25	1337	David Wilson	V6025 Running Bear 1:00:45
12	346	Sean Glaister	V6012	Chorlton Runners	50:41	26	1249	Gordon Rogan	V6026 Marple Runners 1:04:19
13	1284	Ian Ireland	V6013	Middleton Harriers Ac	50:44	27	1988	Simon Spavin	V6027 Styal Running Club 1:14:55
14	1237	Richard Furniss	V6014	Marple Runners	51:10				

Senior Men (Vets) aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time				
1	1541	Aidan Raftery	V65 1	Sale Harriers Manchester	46:03	7	2559	Dave Watson	V65 7 Cheshire Dragons 53:19
2	710	David Clarke	V65 2	Hyde Village Striders	48:17	8	552	David Chrystie-Lowe	V65 8 Glossopdale Harriers 54:10
3	1730	Mike Race	V65 3	Salford Metropolitan Ac	49:15	9	116	Patrick O'Brien	V65 9 Belle Vue Racers 54:12
4	59	Graham Harrison	V65 4	Altrincham & District Ac	51:07	10	776	Victor Ridding	V6510 Levenshulme Runners 54:41
5	2456	Pete Stock	V65 5	Wilmslow Running Club	51:31	11	777	Julian Sacofsky	V6511 Levenshulme Runners 59:57
6	2492	Paul Barber	V65 6	Winston Runners	52:25				

Senior Men (Vets) over 70

Pos	Num	Name	Cat/Pos	Club	Time				
1	1071	David Gee	L70 1	Manchester Harriers & AC	47:28	7	1294	Alan Garvey	L70 5 Middleton Harriers Ac 1:01:20
2	2462	Andy Watts	L75 1	Wilmslow Running Club	52:55	8	1070	Michael Cunningham	L80 1 Manchester Harriers & AC 1:02:55
3	1308	John Hudson	L75 2	Oldham & Royton H & Ac	54:58	9	2021	Glyn Davies	L70 6 Swinton Running Club 1:03:15
4	1557	John Archer	L70 2	Sale Harriers Manchester	56:02	10	1920	Robert Taylor	L75 3 Stockport Harriers & Ac 1:05:25
5	2211	John Clarke	L70 3	Vale Royal Ac	57:32	11	1259	David Shoesmith	L70 7 Marple Runners 1:05:45
6	1194	Jon Paramor	L70 4	Manchester Ymca Harriers	58:29				

Manchester Area Cross Country League at Woodbank Park on Saturday 11th October 2025

Senior Men — PROVISIONAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time						
1	2132	Arlo Ludewick		University Of Manchester	32:48	85	1062	Michael Merchant	V4011	Manchester Harriers & AC	39:45
2	1528	Nigel Martin		Sale Harriers Manchester	32:54	86	243	Ben Light		Buxton AC	39:47
3	1627	Alex Ediker		Salford Harriers & AC	33:08	87	2358	Jack Berry	U2010	Warriors Pentathlon & AC	39:51
4	2191	Aaron Doyle		Vale Royal Ac	33:40	88	657	Joe Horrocks		Horwich R M I Harriers	40:01
5	1660	Jacob Wood-Doyle		Salford Harriers & AC	33:50	89	1079	Matthew Barker		Manchester Metropolitan Uni	40:08
6	1661	Ryan Worland		Salford Harriers & AC	33:56	90	347	Joseph Guntrip		Chorlton Runners	40:13
7	2138	Fredrick Roden		University Of Manchester	34:06	91	2128	Daniel Groves		University Of Manchester	40:15
8	1625	Karl Darcy	V40 1	Salford Harriers & AC	34:19	92	878	Thomas Store	V50 9	Lymm Runners	40:15
9	668	Joe Mercer		Horwich R M I Harriers	34:49	93	1521	Tim Kennedy	V4012	Sale Harriers Manchester	40:15
10	2208	Nathan Williams		Vale Royal Ac	34:50	94	926	Ewan Edmondson		Macclesfield Harriers & Ac	40:16
11	660	James Kevan		Horwich R M I Harriers	34:57	95	338	Luke Donald		Chorlton Runners	40:16
12	2363	Oberon Kearney	U20 1	Warriors Pentathlon & AC	34:58	96	1104	Grant Boyne		Manchester Road Runners	40:17
13	2561	Joshua Wragg		Rotherham Harriers And AC	35:08	97	1888	Philip Burns	V45 9	Stockport Harriers & Ac	40:20
14	2206	Samuel Whitehead		Vale Royal Ac	35:09	98	2437	Robert Armstrong		Wilmslow Running Club	40:22
15	2553	Jack Heap	U20 2	Wirral Ac	35:10	99	327	Benjamin Brown		Chorlton Runners	40:23
16	2188	Jacob Brown		Vale Royal Ac	35:18	100	248	C Rushworth		Buxton AC	40:25
17	1540	Paul Peters		Sale Harriers Manchester	35:21	101	658	Philip Johnson		Horwich R M I Harriers	40:30
18	521	Brandon Kenyon-Betts	U20 3	E Cheshire H & Tameside AC	35:46	102	46	Nick Bugler		Altrincham & District Ac	40:34
19	1491	Matthew Barnes	V45 1	Sale Harriers Manchester	35:48	103	686	Matthew Wilson	V4013	Horwich R M I Harriers	40:34
20	1543	Phil Richardson		Sale Harriers Manchester	35:59	104	2133	Oakley Machon		University Of Manchester	40:38
21	1892	Jack Catterall		Stockport Harriers & Ac	36:03	105	389	Daniel Vasey		Chorlton Runners	40:40
22	2106	Simon O'Meara		Trafford Athletic Club	36:04	106	876	Phil Rowen	V5010	Lymm Runners	40:46
23	1539	Sam Pendrill		Sale Harriers Manchester	36:07	107	739	Ian Elsbey	V4510	Knutsford Tri Club	40:46
24	2278	Joe Roberts		Warrington A C	36:11	108	2189	Lee Carrington	V4014	Vale Royal Ac	40:53
25	953	Matthew Walker	U20 4	Macclesfield Harriers & Ac	36:14	109	1188	Tim Shanker	V55 1	Manchester Ymca Harriers	40:54
26	919	Joseph Allen	U20 5	Macclesfield Harriers & Ac	36:24	110	1619	Richard Brook	V5011	Salford Harriers & AC	41:00
27	2098	J Evans-Rodriguez		Trafford Athletic Club	36:25	111	1497	George Carley		Sale Harriers Manchester	41:03
28	1554	Nicholas Tynan		Sale Harriers Manchester	36:27	112	1113	D Harrison-Croft		Manchester Road Runners	41:03
29	861	Hywel Care	V40 2	Liverpool Harriers & Ac	36:29	113	516	Robin Horner	V4511	E Cheshire H & Tameside AC	41:04
30	947	Cian Taylor	U20 6	Macclesfield Harriers & Ac	36:31	114	42	Simon Bareford	V4512	Altrincham & District Ac	41:11
31	1638	Matthew Latham		Salford Harriers & AC	36:32	115	591	Sam Rodger		Goyt Valley Striders	41:23
32	1506	Robert Dunn	V40 3	Sale Harriers Manchester	36:32	116	331	Thomas Clowes		Chorlton Runners	41:25
33	437	Jonathan Pickup		Didsbury Runners	36:39	117	937	Owen Mitchell		Macclesfield Harriers & Ac	41:26
34	1620	Kieran Cann		Salford Harriers & AC	36:44	118	564	Paul Skuse	V4513	Glossopdale Harriers	41:26
35	525	Howard Oldham		E Cheshire H & Tameside AC	36:45	119	119	Vic Walsh	V4514	Belle Vue Racers	41:27
36	1653	Christian Smith		Salford Harriers & AC	36:46	120	1733	Josh Vella		Salford Metropolitan Ac	41:27
37	675	Tom Rigby	V40 4	Horwich R M I Harriers	36:47	121	63	Richard Johnson	V55 2	Altrincham & District Ac	41:28
38	2096	Luke Carrington	U20 7	Trafford Athletic Club	36:49	122	1898	Adam Green		Stockport Harriers & Ac	41:29
39	649	Sam Fairhurst		Horwich R M I Harriers	36:52	123	1522	Philip Largan	V4015	Sale Harriers Manchester	41:30
40	2454	Peter Speake	V45 2	Wilmslow Running Club	36:55	124	1142	Joseph Elmes		Manchester Triathlon Club	41:32
41	434	Damien McHugh		Didsbury Runners	36:59	125	44	Ian Blann	V4515	Altrincham & District Ac	41:33
42	684	Brandon Whitehead		Horwich R M I Harriers	37:12	126	155	Matt Darnley	V4516	Bramhall Runners	41:38
43	932	Luke Humphreys	V45 3	Macclesfield Harriers & Ac	37:14	127	682	Marcus Taylor	V55 3	Horwich R M I Harriers	41:39
44	681	Ryan Snee		Horwich R M I Harriers	37:15	128	2361	Paul Grabe	V4517	Warriors Pentathlon & AC	41:41
45	1529	Stephen McCarron	V50 1	Sale Harriers Manchester	37:16	129	712	Craig Hirst	V4016	Hyde Village Striders	41:42
46	653	Julian Goudge	V50 2	Horwich R M I Harriers	37:18	130	2482	Peter Williams		Wilmslow Striders	41:43
47	2190	Mark Crabtree	V45 4	Vale Royal Ac	37:20	131	1778	Chris Birkett	V4518	St Helens Sutton Ac	41:45
48	1647	David Rigby		Salford Harriers & AC	37:22	132	1068	George Steele	V4017	Manchester Harriers & AC	41:48
49	1500	Andrew Curvis	V40 5	Sale Harriers Manchester	37:22	133	1936	Carl Krystek	V4519	Stockport Tri Club	41:50
50	2360	Noel Ford	U20 8	Warriors Pentathlon & AC	37:26	134	641	Adrian Bramham	V60 1	Horwich R M I Harriers	41:51
51	395	David Wyeth	V40 6	Chorlton Runners	37:29	135	565	Rick Steckles	V4018	Glossopdale Harriers	41:51
52	1106	Stephen Cockram		Manchester Road Runners	37:44	136	329	L Carter-Brzezinski		Chorlton Runners	41:53
53	1917	Adam Thompson	V40 7	Stockport Harriers & Ac	37:47	137	519	Daniel Kavanagh		E Cheshire H & Tameside AC	41:55
54	348	Andrew Haney	V50 3	Chorlton Runners	37:55	138	726	Darren Smith	V4520	Hyde Village Striders	41:56
55	1525	Pierce Lyons		Sale Harriers Manchester	38:03	139	553	Steve Crossman	V55 4	Glossopdale Harriers	41:58
56	921	Nathanael Booker		Macclesfield Harriers & Ac	38:05	140	255	Robert White	V5012	Buxton AC	42:02
57	2108	Jeff Prest	V50 4	Trafford Athletic Club	38:06	141	1189	Philip Tomkinson		Manchester Ymca Harriers	42:03
58	1102	Luke Asante		Manchester Road Runners	38:08	142	589	Paul Oakley	V60 2	Goyt Valley Striders	42:07
59	1891	Phil Carpenter	V40 8	Stockport Harriers & Ac	38:14	143	1720	Dayle Dwyer		Salford Metropolitan Ac	42:08
60	1889	Mark Burton	V50 5	Stockport Harriers & Ac	38:19	144	2412	Paul Morrison		West Cheshire AC	42:12
61	335	Sean Connon		Chorlton Runners	38:22	145	1509	Olivier Gaillemain	V5013	Sale Harriers Manchester	42:15
62	727	Matt Snowdon		Hyde Village Striders	38:23	146	1060	Isaac Ismail-Speake	U2011	Manchester Harriers & AC	42:19
63	1621	David Carroll	V40 9	Salford Harriers & AC	38:28	147	659	Andrew Kelly		Horwich R M I Harriers	42:20
64	952	Mark Walker	V45 5	Macclesfield Harriers & Ac	38:40	148	1555	James Walsh		Sale Harriers Manchester	42:21
65	663	Alex Lowe		Horwich R M I Harriers	38:43	149	554	David Curington		Glossopdale Harriers	42:21
66	2192	Stuart Doyle	V50 6	Vale Royal Ac	38:45	150	425	Matthew Gittins	V4019	Didsbury Runners	42:22
67	2136	A Nithianantharajah		University Of Manchester	38:47	151	1908	Simon Pickard	V5014	Stockport Harriers & Ac	42:26
68	567	James Stubbs		Glossopdale Harriers	38:48	152	1551	Tom Stephenson	V4020	Sale Harriers Manchester	42:26
69	364	Ben McCormack	V50 7	Chorlton Runners	38:49	153	1103	Teifion Best		Manchester Road Runners	42:28
70	373	Alister Pearson		Chorlton Runners	38:55	154	54	Craig Foster	V4021	Altrincham & District Ac	42:32
71	680	Matthew Smith		Horwich R M I Harriers	38:59	155	1305	Lee Robinson	V4521	Oldham & Royton H & Ac	42:35
72	665	Thomas McKee		Horwich R M I Harriers	39:01	156	77	James Pattison	V4022	Altrincham & District Ac	42:39
73	2094	Alfie Bundy	U20 9	Trafford Athletic Club	39:04	157	507	Jonathan Aust	V4522	E Cheshire H & Tameside AC	42:40
74	1900	Ryan Harrison		Stockport Harriers & Ac	39:11	158	1550	Matthew Spragg	V5015	Sale Harriers Manchester	42:43
75	771	Martin Dickson		Levenshulme Runners	39:14	159	648	Matthew Dewhurst		Horwich R M I Harriers	42:46
76	2009	Daniel Bird		Swinton Running Club	39:16	160	2011	Mark Cordiner		Swinton Running Club	42:51
77	2359	Richard Dunning	V4010	Warriors Pentathlon & AC	39:19	161	520	Michael Kennedy		E Cheshire H & Tameside AC	42:51
78	1777	Steven Anders	V45 6	St Helens Sutton Ac	39:25	162	2139	Kiran Shah	U2012	University Of Manchester	42:54
79	661	Nick Leigh	V45 7	Horwich R M I Harriers	39:26	163	2142	H York		University Of Manchester	42:55
80	866	Stuart Berry		Lymm Runners	39:27	164	527	Haco Santana	V4023	E Cheshire H & Tameside AC	43:00
81	160	Robin Hulme		Bramhall Runners	39:29	165	1534	Paul Noble	V5016	Sale Harriers Manchester	43:01
82	2560	Alistair Allen		Exeter Harriers	39:31	166	922	Gareth Briggs	V5017	Macclesfield Harriers & Ac	43:03
83	2449	Luke Mendham	V50 8	Wilmslow Running Club	39:38	167	742	Adam Horrocks	V4024	Knutsford Tri Club	43:08
84	523	Tom McMahon	V45 8	E Cheshire H & Tameside AC	39:40	168	388	Richard Turner	V60 3	Chorlton Runners	43:09

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

351 1239	Nicholas Gudegast	V5044	Marple Runners	54:30	377 1813	Iain Johnson	V6023	Start2jog	58:22
352 330	Simon Clarke	V4054	Chorlton Runners	54:34	378 1194	Jon Paramor	L70 4	Manchester Ymca Harriers	58:29
353 776	Victor Ridding	V6510	Levenshulme Runners	54:41	379 1514	Christopher Hertzog		Sale Harriers Manchester	58:44
354 1279	Dean Clapworthy	V5524	Middleton Harriers Ac	54:41	380 584	Paul Hunt	V6024	Goyt Valley Striders	58:57
355 1066	Chris Sewart	V5045	Manchester Harriers & AC	54:41	381 1973	Paul Arrowsmith	V5056	Styal Running Club	59:44
356 418	Jonathan Atkinson	V5525	Didsbury Runners	54:42	382 1815	Robert Maidstone		Start2jog	59:56
357 774	Kev Lucas	V5046	Levenshulme Runners	54:48	383 777	Julian Sacofsky	V6511	Levenshulme Runners	59:57
358 1308	John Hudson	L75 2	Oldham & Royton H & Ac	54:58	384 865	Andrew Barton	V4055	Lymm Runners	1:00:15
359 1233	Neil Commins	V5047	Marple Runners	55:03	385 1337	David Wilson	V6025	Running Bear	1:00:45
360 172	Sam Turton		Bramhall Runners	55:08	386 1064	Andrew Parsonage		Manchester Harriers & AC	1:00:51
361 737	Andy Dines	V6022	Knutsford Tri Club	55:13	387 1242	Mike Kelly	V5529	Marple Runners	1:01:00
362 2415	Julian Tegg	V5048	West Cheshire AC	55:20	388 1294	Alan Garvey	L70 5	Middleton Harriers Ac	1:01:20
363 2563	Mike Bundy	V5049	Unattached	55:24	389 2015	Stuart Ellis	V5530	Swinton Running Club	1:01:40
364 1714	David Broadhurst	V5050	Salford Metropolitan Ac	55:27	390 1084	Aidan Liddle	U2021	Manchester Metropolitan Uni	1:02:23
365 738	Neil Duncombe		Knutsford Tri Club	55:32	391 1810	Jason Gould	V5057	Start2jog	1:02:34
366 991	Dan Whittaker	V5051	Manchester Frontrunners	55:52	392 1193	Graeme Wilkinson	V4056	Manchester Ymca Harriers	1:02:51
367 1557	John Archer	L70 2	Sale Harriers Manchester	56:02	393 1070	Michael Cunningham	L80 1	Manchester Harriers & AC	1:02:55
368 1243	Gavin Nixon	V5052	Marple Runners	56:06	394 2021	Glyn Davies	L70 6	Swinton Running Club	1:03:15
369 944	Shane Skillin		Macclesfield Harriers & Ac	56:34	395 1249	Gordon Rogan	V6026	Marple Runners	1:04:19
370 154	Andy Cordes	V5526	Bramhall Runners	56:41	396 1920	Robert Taylor	L75 3	Stockport Harriers & Ac	1:05:25
371 1780	Jim Goddard	V5053	St Helens Sutton Ac	56:54	397 326	David Brocklebank	V4553	Chorlton Runners	1:05:34
372 934	David Larkin	V5054	Macclesfield Harriers & Ac	57:15	398 1259	David Shoesmith	L70 7	Marple Runners	1:05:45
373 2211	John Clarke	L70 3	Vale Royal Ac	57:32	399 1818	Barry Sherwood	V4554	Start2jog	1:06:09
374 1719	Ray Devine	V5527	Salford Metropolitan Ac	57:45	400 117	Ben Rainey	V4555	Belle Vue Racers	1:08:22
375 118	Farouk Vawda	V5528	Belle Vue Racers	57:46	401 1069	Craig Turner	V5531	Manchester Harriers & AC	1:09:04
376 158	Paul Haines	V5055	Bramhall Runners	58:00	402 1988	Simon Spavin	V6027	Styal Running Club	1:14:55

Senior Men — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Salford Harriers & AC	87 —	3 Alex Ediker	5 Jacob Wood-Doyle	6 Ryan Worland	8 Karl Darcy	31 Matthew Latham	34 Kieran Cann
2 Sale Harriers Manchester	109 —	2 Nigel Martin	17 Paul Peters	19 Matthew Barnes	20 Phil Richardson	23 Sam Pendrill	28 Nicholas Tynan
3 Vale Royal Ac	157 —	4 Aaron Doyle	10 Nathan Williams	14 Samuel Whitehead	16 Jacob Brown	47 Mark Crabtree	66 Stuart Doyle
4 Horwich R M I Harriers	182 —	9 Joe Mercer	11 James Kevan	37 Tom Rigby	39 Sam Fairhurst	42 Brandon Whitehead	44 Ryan Snee
5 Macclesfield Harriers & Ac	244 —	25 Matthew Walker	26 Joseph Allen	30 Cian Taylor	43 Luke Humphreys	56 Nathanael Booker	64 Mark Walker
6 Stockport Harriers & Ac	364 —	21 Jack Catterall	53 Adam Thompson	59 Phil Carpenter	60 Mark Burton	74 Ryan Harrison	97 Philip Burns
7 Sale Harriers Manchester 'B'	385 —	32 Robert Dunn	45 Stephen McCarron	49 Andrew Curvis	55 Pierce Lyons	93 Tim Kennedy	111 George Carley
8 Chorlton Runners	395 —	51 David Wyeth	54 Andrew Haney	61 Sean Connon	69 Ben McCormack	70 Alister Pearson	90 Joseph Guntrip
9 Trafford Athletic Club	410 —	22 Simon O'Meara	27 J Evans-Rodriguez	38 Luke Carrington	57 Jeff Prest	73 Alfie Bundy	193 George Wright
10 Horwich R M I Harriers 'B'	421 —	46 Julian Goudge	65 Alex Lowe	71 Matthew Smith	72 Thomas McKee	79 Nick Leigh	88 Joe Horrocks
11 University Of Manchester	432 —	1 Arlo Ludewick	7 Fredrick Roden	67 A Nithianantharajah	91 Daniel Groves	104 Oakley Machon	162 Kiran Shah
12 Warriors Pentathlon & AC	540 —	12 Oberon Kearney	50 Noel Ford	77 Richard Dunning	87 Jack Berry	128 Paul Grabe	186 Will Platts
13 E Cheshire H & Tameside AC	544 —	18 Brandon Kenyon-Betts	35 Howard Oldham	84 Tom McMahon	113 Robin Horner	137 Daniel Kavanagh	157 Jonathan Aust
14 Salford Harriers & AC 'B'	625 —	36 Christian Smith	48 David Rigby	63 David Carroll	110 Richard Brook	183 Paul Stephens	185 Benjamin Rix
15 Chorlton Runners 'B'	719 —	95 Luke Donald	99 Benjamin Brown	105 Daniel Vasey	116 Thomas Clowes	136 L Carter-Brzezinski	168 Richard Turner
16 Horwich R M I Harriers 'C'	771 —	101 Philip Johnson	103 Matthew Wilson	127 Marcus Taylor	134 Adrian Bramham	147 Andrew Kelly	159 Matthew Dewhurst
17 Altrincham & District Ac	772 —	102 Nick Bugler	114 Simon Bareford	121 Richard Johnson	125 Ian Blann	154 Craig Foster	156 James Pattison
18 Manchester Road Runners	773 —	52 Stephen Cockram	58 Luke Asante	96 Grant Boyne	112 D Harrison-Croft	153 Telfon Best	302 Jonathan Coulson
19 Glossopdale Harriers	793 —	68 James Stubbs	118 Paul Skuse	135 Rick Steckles	139 Steve Crossman	149 David Curington	184 Stefan Bramwell
20 Sale Harriers Manchester 'C'	891 —	123 Philip Largan	145 Olivier Gaillemine	148 James Walsh	152 Tom Stephenson	158 Matthew Spragg	165 Paul Noble
21 Didsbury Runners	904 —	33 Jonathan Pickup	41 Damien McHugh	150 Matthew Gittins	196 Matt Farr	228 Evan Davies	256 Dan Levin
22 Buxton AC	924 —	86 Ben Light	100 C Rushworth	140 Robert White	178 William Throssel	208 Robert Burn	212 Mark Shorter
23 Wilmslow Running Club	956 —	40 Peter Speake	83 Luke Mendham	98 Robert Armstrong	226 Mike Hill	250 Rana Rajan	259 Jarrod Homer
24 Bramhall Runners	982 —	81 Robin Hulme	126 Matt Damley	173 Zain Karim	198 Andy Porter	199 Chris Kershaw	205 Matthew Neilson
25 Hyde Village Striders	1031 —	62 Matt Snowdon	129 Craig Hirst	138 Darren Smith	217 Kairan Mallett	223 Stephen Kirk	262 David Clarke
26 Manchester Harriers & AC	1046 —	85 Michael Merchant	132 George Steele	146 Isaac Ismail-Speake	192 Glen Gandy	242 Andrew Almond	249 David Gee
27 Stockport Harriers & Ac 'B'	1056 —	122 Adam Green	151 Simon Pickard	177 George Butt	189 Rob McMurdo	201 James Corden	216 Oliver Hill
28 Macclesfield Harriers & Ac 'B'	1113 —	94 Ewan Edmondson	117 Owen Mitchell	166 Gareth Briggs	227 Julian Brown	239 Chris Goodfellow	270 Graeme Eddie
29 Salford Metropolitan Ac	1212 —	120 Josh Vella	143 Dayle Dwyer	200 Paul Connolly	231 Shane Wolstencroft	246 Lee Marks	272 Mike Race
30 Stockport Tri Club	1270 —	133 Carl Krystek	176 Oliver Abbott	206 Nick Chick	235 David Roberts	253 Brett Rafferty	267 Robert Heathcote
31 Manchester Triathlon Club	1297 —	124 Joseph Elmes	169 Luke Kiernan	203 Roger Thomas	238 Scott Houston	254 Martin Forker	309 Lee Benson
32 Altrincham & District Ac 'B'	1349 —	182 Richard Evans	195 Dominic Renshaw	220 Steven Renny	224 Tim Raffle	225 Neil Pendlebury	303 Graham Harrison
33 Chorlton Runners 'C'	1368 —	174 Luke Donnelly	175 Louis James	210 Daniel Hill	264 Andy Nicol	271 Josh Draper	274 Eamonn Keogh
34 Sale Harriers Manchester 'D'	1456 —	179 Mark Brown	190 Mark Johnson	218 Aidan Rafferty	269 Paul Barrett	281 Mark Day	319 Ian Jones
35 Knutsford Tri Club	1537 —	107 Ian Elsyby	167 Adam Horrocks	214 Paul Brocklehurst	324 James Upton	361 Andy Dines	364 Neil Duncombe
36 Marple Runners	1652 —	232 Alexander Ratcliffe	266 Chris Robinson	277 Ian Bowker	290 James Nuttall	292 Matthew Furniss	295 Nick Cochrane
37 Levenshulme Runners	1692 —	75 Martin Dickson	276 Russell Scott	300 Robert Taylor	331 Tom Woods	353 Victor Ridding	357 Kev Lucas
38 Belle Vue Racers	1778 —	119 Vic Walsh	204 Ben Moriarty	337 Craig Horsfield	345 Patrick O'Brien	374 Farouk Vawda	399 Ben Rainey
39 Styal Running Club	1850 —	219 Chris Turner	243 Robert Kirkbride	287 McNally Richard Bond	320 Russell Jones	380 Paul Arrowsmith	401 Simon Spavin
40 Bramhall Runners 'B'	1851 —	207 Frank Podd	247 Stephen Brundrett	293 Steve McGovern	360 Sam Turton	369 Andy Cordes	375 Paul Haines
41 Marple Runners 'B'	1906 —	305 Richard Furniss	313 Rob Stutchfield	315 Andrew Hodson	317 Joe Fenton	318 Paul Smith	338 Chris Smith
42 Chorlton Runners 'D'	1912 —	288 Andy Adkin	296 Ryan McCue	299 Sean Glaister	335 Mike Peter	342 Ehab Ibrahim	352 Simon Clarke
43 Running Bear	1930 —	278 William Mitchell	298 Edward Davies	316 Jim Anthony	325 Richard Hadley	329 Antonio Mion	384 David Wilson
44 Start2 Jog	2006 —	172 Christopher Whyte	289 Nick Grayson	376 Iain Johnson	381 Robert Maidstone	390 Jason Gould	398 Barry Sherwood
45 Manchester Harriers & AC 'B'	2107 —	261 Neil Ryan	314 Matthew Crimes	355 Chris Sewart	385 Andrew Parsonage	392 Michael Cunningham	400 Craig Turner
46 Marple Runners 'C'	2254 —	351 Nicholas Gudegast	359 Neil Commins	367 Gavin Nixon	386 Mike Kelly	394 Gordon Rogan	397 David Shoesmith

Senior Men (Vets) — TEAM RESULTS

NOTE: Unattached and non-counters are DELETED before teams are calculated

1 Sale Harriers Manchester	25	—	2 Matthew Barnes	4 Robert Dunn	8 Stephen McCarron	11 Andrew Curvis
2 Horwich R M I Harriers	69	—	5 Tom Rigby	9 Julian Goudge	24 Nick Leigh	31 Matthew Wilson
3 Stockport Harriers & Ac	76	—	13 Adam Thompson	16 Phil Carpenter	17 Mark Burton	30 Philip Burns
4 Chorlton Runners	117	—	12 David Wyeth	14 Andrew Haney	21 Ben McCormack	70 Richard Turner
5 Salford Harriers & AC	132	—	1 Karl Darcy	18 David Carroll	36 Richard Brook	77 Paul Stephens
6 Vale Royal Ac	160	—	10 Mark Crabtree	20 Stuart Doyle	34 Lee Carrington	96 Daniel Gilbody
7 Altrincham & District Ac	183	—	38 Simon Bareford	41 Richard Johnson	43 Ian Blann	61 Craig Foster
8 Sale Harriers Manchester 'B'	188	—	29 Tim Kennedy	42 Philip Lorgan	57 Olivier Gaillemine	60 Tom Stephenson
9 E Cheshire H & Tameside AC	193	—	26 Tom McMahon	37 Robin Horner	64 Jonathan Aust	66 Haco Santana
10 Macclesfield Harriers & Ac	205	—	7 Luke Humphreys	19 Mark Walker	68 Gareth Briggs	111 Julian Brown
11 Glossopdale Harriers	223	—	39 Paul Skuse	52 Rick Steckles	54 Steve Crossman	78 Stefan Bramwell
12 Wilmslow Running Club	265	—	6 Peter Speake	25 Luke Mendham	110 Mike Hill	124 Rana Rajan
13 Manchester Harriers & AC	276	—	27 Michael Merchant	49 George Steele	82 Glen Gandy	118 Andrew Almond
14 St Helens Sutton Ac	279	—	23 Steven Anders	48 Chris Birkett	73 Andrew Wilson	135 Alan McKeegan
15 Horwich R M I Harriers 'B'	299	—	45 Marcus Taylor	51 Adrian Bramham	98 Layne Mercer	105 Simon Bruton
16 Bramhall Runners	305	—	44 Matt Darnley	85 Andy Porter	86 Chris Kershaw	90 Matthew Neilson
17 Sale Harriers Manchester 'C'	314	—	65 Matthew Spragg	67 Paul Noble	80 Mark Johnson	102 Aidan Raftery
18 Buxton AC	319	—	55 Robert White	74 William Throssel	93 Robert Burn	97 Mark Shorter
19 Altrincham & District Ac 'B'	326	—	63 James Pattison	76 Richard Evans	83 Dominic Renshaw	104 Steven Renny
20 Hyde Village Striders	339	—	47 Craig Hirst	53 Darren Smith	107 Stephen Kirk	132 David Clarke
21 Warriors Pentathlon & AC	363	—	22 Richard Dunning	46 Paul Grabe	146 Ronan Kearney	149 Hareth Abdulla
22 Stockport Harriers & Ac 'B'	368	—	59 Simon Pickard	88 James Corden	101 Oliver Hill	120 David Hope
23 Knutsford Tri Club	383	—	33 Ian Elsby	69 Adam Horrocks	99 Paul Brocklehurst	182 James Upton
24 Didsbury Runners	399	—	58 Matthew Gittins	84 Matt Farr	128 Dan Levin	129 Matthew Herbert
25 Stockport Tri Club	404	—	50 Carl Krystek	91 Nick Chick	126 Brett Rafferty	137 Robert Heathcote
26 Lymm Runners	408	—	28 Thomas Store	32 Phil Rowen	117 John Howarth	231 Andrew Barton
27 Manchester Triathlon Club	455	—	71 Luke Kiernan	89 Roger Thomas	127 Martin Forker	168 Lee Benson
28 Salford Metropolitan Ac	462	—	87 Paul Connolly	113 Shane Wolstencroft	121 Lee Marks	141 Mike Race
29 Goyt Valley Striders	502	—	56 Paul Oakley	106 Neil Colquhoun	112 John Moore	228 Paul Hunt
30 Chorlton Runners 'B'	523	—	95 Daniel Hill	134 Andy Nicol	142 Eamonn Keogh	152 Andy Adkin
31 Styal Running Club	551	—	103 Chris Turner	119 Robert Kirkbride	151 McNally Richard Bond	178 Russell Jones
32 Macclesfield Harriers & Ac 'B'	565	—	115 Chris Goodfellow	140 Graeme Eddie	154 Gareth Stockdale	156 Dan Croft
33 Bramhall Runners 'B'	588	—	92 Frank Podd	122 Stephen Brundrett	155 Steve McGovern	219 Andy Cordes
34 Marple Runners	591	—	136 Chris Robinson	145 Ian Bowker	153 James Nuttall	157 Nick Cochrane
35 Dragons Running Club (sale)	593	—	72 Tom Magdzinski	143 Graham Brownhill	184 Steven Ward	194 Steven Miles
36 Manchester Ymca Harriers	593	—	35 Tim Shanker	94 Daniel Bailey	227 Jon Paramor	237 Graeme Wilkinson
37 Manchester Harriers & AC 'B'	634	—	123 David Gee	131 Neil Ryan	172 Matthew Crimes	208 Chris Sewart
38 Belle Vue Racers	655	—	40 Vic Walsh	192 Craig Horsfield	199 Patrick O'Brien	224 Farouk Vawda
39 Sale Harriers Manchester 'D'	681	—	139 Paul Barrett	148 Mark Day	177 Ian Jones	217 John Archer
40 Marple Runners 'B'	684	—	165 Richard Furniss	171 Rob Stutchfield	173 Andrew Hodson	175 Joe Fenton
41 Running Bear	704	—	160 Edward Davies	174 Jim Anthony	183 Richard Hadley	187 Antonio Mion
42 Chorlton Runners 'C'	720	—	158 Ryan McCue	161 Sean Glaister	196 Ehab Ibrahim	205 Simon Clarke
43 Levenshulme Runners	722	—	144 Russell Scott	162 Robert Taylor	206 Victor Ridding	210 Kev Lucas
44 Marple Runners 'C'	785	—	176 Paul Smith	193 Chris Smith	204 Nicholas Gudogast	212 Neil Commins
45 Marple Runners 'D'	934	—	218 Gavin Nixon	233 Mike Kelly	240 Gordon Rogan	243 David Shoesmith