



Time	Event	Approximate Distance	Course
12:00PM	U11 G +U11B	2,550m	Start A B C K L-> A B C K L ->Finish
12:15pm	U13G + U13B	3,200m	Start A B C K L-> A B C J K L ->Finish
12:30pm	U15G + U15B	4,000m	Start A B C D E F G H I J K L ->Finish
12:50pm	U17G + U17B	5,800m	Start A B C J K L-> A B C D E F G H I J K L ->Finish
13:30pm	Sen, U20 + Vet Women	7,900m	Start A B C D E F G H I J K L X2finish
14:30pm	Sen, U20 + Vet Men	9,700m S	Start A B C J K L->A B C D E F G H I J K L->A B C D E F G H I J K L ->Finish

